

3,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M20/1	[72] BOROŃ, Dariusz	ASICS FrontRunner Poland	Kraków	0:14:26.80 (03:54min/km)	0:14:27.80	+0:00:00.00
2 - M/2	M30/1	[73] BRZYSKI, Maciej	BrzyskiTriTeam	Kraków	0:14:39.62 (03:57min/km)	0:14:39.89	+0:00:12.09
3 - M/3	M16/1	[153] SZWAJA, Mateusz	UKS Kometa Gliwice	Gliwice	0:14:47.45 (03:59min/km)	0:14:47.68	+0:00:19.88
4 - M/4	M20/2	[2186] PIJANOVSKY, Martin	Chochla Racing Bronowice	Wien	0:15:04.25 (04:04min/km)	0:15:04.47	+0:00:36.67
5 - M/5	M30/2	[120] MIODOŃSKI, Robert		Kraków	0:15:18.59 (04:08min/km)	0:15:18.59	+0:00:50.79
6 - M/6	M16/2	[104] KUCHARCZYK, Jakub	UKS Kometa Gliwice	Gliwice	0:15:21.59 (04:09min/km)	0:15:21.81	+0:00:54.01
7 - M/7	M20/3	[66] BARWA, Wojciech		Spytkowice	0:15:31.80 (04:11min/km)	0:15:32.44	+0:01:04.64
8 - M/8	M20/4	[87] GAJDA, Kamil		Kraków	0:15:33.08 (04:12min/km)	0:15:34.62	+0:01:06.82
9 - M/9	M30/3	[157] TARGOSZ, Michał	ITMBW Kraków	Krakow Roma	0:15:34.83 (04:12min/km)	0:15:34.83	+0:01:07.03
10 - M/10	M20/5	[2180] ŁASKI, Mateusz		Lanckorona	0:16:25.51 (04:26min/km)	0:16:27.17	+0:01:59.37
11 - M/11	M16/3	[2016] BARWA, Jakub		Spytkowice	0:16:28.27 (04:27min/km)	0:16:28.27	+0:02:00.47
12 - M/12	M40/1	[130] PIÓRKOWSKI, Tomek	#AdamCzerwińskiTeam	Wieliczka	0:16:46.08 (04:31min/km)	0:16:47.01	+0:02:19.21
13 - M/13	M30/4	[1013] MOŃ, Bartosz			0:16:47.04 (04:32min/km)	0:16:48.09	+0:02:20.29
14 - M/14	M30/5	[2184] OŹÓG, Mirosław	Skawina Biega	Skawina	0:16:53.75 (04:33min/km)	0:16:54.79	+0:02:26.99
15 - M/15	M16/4	[2189] WOJDYŁA, Dawid	Cracovia	Kraków	0:16:54.14 (04:34min/km)	0:16:56.24	+0:02:28.44
16 - M/16	M13/1	[145] SIENCZYŁO, Jan	Niepołomice Biegają	Niepołomice	0:16:58.95 (04:35min/km)	0:16:59.27	+0:02:31.47
17 - K/1	K13/1	[124] NIESSNER, Pola	WKS Wawel BnO	Kraków	0:17:07.81 (04:37min/km)	0:17:09.44	+0:02:41.64
18 - M/17	M40/2	[70] BŁASZCZAK, Jarosław	Go Aptiv!	Kraków	0:17:10.56 (04:38min/km)	0:17:11.22	+0:02:43.42
19 - K/2	K13/2	[12] WAŚIK, Maja	TriWise	Kraków	0:17:23.46 (04:42min/km)	0:17:24.91	+0:02:57.11
20 - M/18	M13/2	[160] TOWAREK, Michał	UKS Kometa Gliwice	Gliwice	0:17:37.44 (04:45min/km)	0:17:38.91	+0:03:11.11
21 - M/19	M13/3	[142] RYCHLIK, Patryk	Lisy Pustyni	Klucze	0:17:49.51 (04:49min/km)	0:17:50.73	+0:03:22.93
22 - M/20	M13/4	[2015] BARWA, Bartłomiej		Spytkowice	0:17:55.63 (04:50min/km)	0:17:56.13	+0:03:28.33
23 - M/21	M40/3	[152] SZAWUL, Piotr	ITMBW Kraków	KRAKÓW	0:17:56.43 (04:50min/km)	0:17:57.47	+0:03:29.67
24 - M/22	M13/5	[158] TARNAWSKI, Jan	WKS Wawel BnO	Kraków	0:18:07.31 (04:53min/km)	0:18:11.27	+0:03:43.47
25 - M/23	M13/6	[74] BUBLIK, Piotr	WKS Wawel BnO	Kraków	0:18:17.29 (04:56min/km)	0:18:19.93	+0:03:52.13
26 - M/24	M20/6	[151] STUGLIK, Krzysztof		Targanice	0:18:19.50 (04:57min/km)	0:18:22.96	+0:03:55.16
27 - M/25	M13/7	[170] WYPYCH, Hubert	3TRITEAM	Krakow	0:18:21.31 (04:57min/km)	0:18:23.31	+0:03:55.51
28 - M/26	M13/8	[167] WÓJCIK, Paweł	WKS Wawel BnO	Kraków	0:18:25.72 (04:58min/km)	0:18:29.12	+0:04:01.32
29 - M/27	M13/9	[85] FIREK, Grzegorz	2xWK	Kraków	0:18:39.80 (05:02min/km)	0:18:41.41	+0:04:13.61
30 - M/28	M13/10	[116] MARZEC, Maciej		Wieliczka	0:18:48.25 (05:04min/km)	0:18:55.51	+0:04:27.71

31 - K /3	K13/3	[2194]	LAMPARSKA, Maja			0:18:57.81 (05:07min/km)	0:18:59.23	+0:04:31.43
32 - K /4	K20/1	[2021]	GRZESIEK, Anna		Babica	0:19:16.08 (05:12min/km)	0:19:17.74	+0:04:49.94
33 - K /5	K13/4	[89]	GRUSZKA, Dominika	Niepołomice Biegają	Niepołomice	0:19:33.05 (05:17min/km)	0:19:33.36	+0:05:05.56
34 - M /29	M40/4	[148]	SŁOŃSKI , Marek	WKS Wawel BnO	Kraków	0:19:48.13 (05:21min/km)	0:19:50.72	+0:05:22.92
35 - K /6	K13/5	[147]	SŁOŃSKA , Antonina	WKS Wawel BnO	Kraków	0:19:49.69 (05:21min/km)	0:19:53.29	+0:05:25.49
36 - K /7	K13/6	[126]	OLEJNIK, Jaśmina	WKS Wawel BnO	Kraków	0:19:49.96 (05:21min/km)	0:19:53.39	+0:05:25.59
37 - M /30	M13/11	[2192]	PIÓRKOWSKI, Jakub			0:20:08.69 (05:26min/km)	0:20:10.80	+0:05:43.00
38 - M /31	M20/7	[80]	ĆWIECZEK, Łukasz	AZS CMUJ KRAKÓW	Kraków	0:20:17.88 (05:29min/km)	0:20:18.98	+0:05:51.18
39 - K /8	K16/1	[133]	POLEWKA, Aleksandra	UKS Kometa Gliwice	Gliwice	0:20:21.06 (05:30min/km)	0:20:21.06	+0:05:53.26
40 - K /9	K13/7	[69]	BISKUPSKA, Julia	WKS Wawel BnO	KRAKÓW	0:20:27.21 (05:31min/km)	0:20:28.38	+0:06:00.58
41 - K /10	K13/8	[1025]	DANIELAK, Hanna	WKS Wawel	Zielonki	0:20:33.57 (05:33min/km)	0:20:35.55	+0:06:07.75
42 - M /32	M13/12	[2188]	TOKARSKI, Tomasz		KRAKÓW	0:20:38.44 (05:34min/km)	0:20:41.82	+0:06:14.02
43 - K /11	K20/2	[118]	MEŻYK, Aleksandra	#AdamCzerwińskiTeam	Kraków	0:20:47.36 (05:37min/km)	0:20:50.60	+0:06:22.80
44 - M /33	M13/13	[159]	TARNOWSKI, Przemysław	WKS Wawel BnO	Zabierzów	0:20:50.35 (05:37min/km)	0:20:52.92	+0:06:25.12
45 - M /34	M13/14	[161]	TYLIBA, Karol	MIKI	Przegonia	0:20:57.86 (05:39min/km)	0:21:00.40	+0:06:32.60
46 - M /35	M13/15	[103]	KRZYŻAN, Stanisław		Jerzmanowice	0:21:07.65 (05:42min/km)	0:21:09.02	+0:06:41.22
47 - M /36	M13/16	[173]	ZADARNOWSKI, Marek		Kraków	0:21:10.09 (05:43min/km)	0:21:11.01	+0:06:43.21
48 - M /37	M40/5	[67]	BAK , Artur	FC po 40tce	Kraków	0:21:21.49 (05:46min/km)	0:21:26.22	+0:06:58.42
49 - M /38	M13/17	[68]	BAK , Szymon		Kraków	0:21:22.27 (05:46min/km)	0:21:26.65	+0:06:58.85
50 - M /39	M13/18	[150]	STACHURA, Jan	WKS Wawel BnO	Burów	0:22:23.88 (06:03min/km)	0:22:28.86	+0:08:01.06
51 - M /40	M40/6	[83]	DUBIEL, Piotr	2xWK	Kraków	0:22:39.18 (06:07min/km)	0:22:42.72	+0:08:14.92
52 - M /41	M13/19	[96]	KLAKLA, Kacper	KS Kościelec Chrzanów	Chrzanów	0:22:42.60 (06:08min/km)	0:22:48.27	+0:08:20.47
53 - M /42	M40/7	[2196]	WOSZCZYŃSKI, Paweł			0:22:45.08 (06:08min/km)	0:22:50.49	+0:08:22.69
54 - M /43	M13/20	[113]	LUDWIN, Jakub	KS Kościelec Chrzanów	Chrzanów	0:22:48.60 (06:09min/km)	0:22:53.48	+0:08:25.68
55 - K /12	K13/9	[92]	JANAS, Amelia		Kraków	0:23:00.39 (06:13min/km)	0:23:02.29	+0:08:34.49
56 - M /44	M13/21	[84]	FILICIAK, Antoni	CAFFETTIERA	Kraków	0:23:02.38 (06:13min/km)	0:23:08.40	+0:08:40.60
57 - K /13	K13/10	[144]	SIEK, Barbara	WKS Wawel BnO	Kraków	0:23:04.58 (06:14min/km)	0:23:09.62	+0:08:41.82
58 - K /14	K13/11	[71]	BŁYSKOSZ, Magda	WKS Wawel BnO	Kraków	0:23:20.09 (06:18min/km)	0:23:23.48	+0:08:55.68
59 - K /15	K13/12	[91]	HAŁUCHA, Martyna	WKS Wawel BnO	Kraków	0:23:22.18 (06:18min/km)	0:23:25.13	+0:08:57.33
60 - M /45	M16/5	[105]	KUKLA, Bartosz	UKS Kometa Gliwice	Gliwice	0:23:29.89 (06:21min/km)	0:23:31.81	+0:09:04.01
61 - K /16	K40/1	[134]	POLEWKA, Beata	UKS Kometa Gliwice	Gliwice	0:23:30.18 (06:21min/km)	0:23:32.52	+0:09:04.72
62 - M /46	M70/1	[123]	NAZIM, Tadeusz	Skawina Biega	Skawina	0:23:34.30 (06:22min/km)	0:23:40.90	+0:09:13.10
63 - M /47	M40/8	[2018]	DUDA, Wojciech		Kraków	0:23:42.08 (06:24min/km)	0:23:48.30	+0:09:20.50
64 - K /17	K13/13	[141]	RAJCA, Luiza	KS Kościelec Chrzanów	Trzebinia	0:23:41.72 (06:24min/km)	0:23:48.90	+0:09:21.10
65 - K /18	K13/14	[99]	KOCHONĀ, Julia	UKS Kometa Gliwice	Gliwice	0:23:51.11 (06:26min/km)	0:23:52.18	+0:09:24.38
66 - K /19	K40/2	[2193]	CZAPCZYŃSKA, Małgorzata			0:24:28.52 (06:36min/km)	0:24:32.43	+0:10:04.63
67 - K /20	K13/15	[102]	KRZYŻAN, Alina		Jerzmanowice	0:24:44.51 (06:41min/km)	0:24:45.79	+0:10:17.99
68 - M /48	M40/9	[77]	BUŁAWA, Grzegorz	UKS Kometa Gliwice	Gliwice	0:24:44.95 (06:41min/km)	0:24:49.26	+0:10:21.46

69 - K /21	K13/16	[106]	KURTYCZ, Natalka	WKS Wawel BnO	kraków	0:24:50.62 (06:42min/km)	0:24:54.75	+0:10:26.95
70 - M /49	M20/8	[2017]	DRAŻYK, Ryszard		Kraków	0:24:55.76 (06:44min/km)	0:25:02.92	+0:10:35.12
71 - K /22	K40/3	[162]	TYLIBA, Magdalena	MIKI	Przegonia	0:25:07.37 (06:47min/km)	0:25:10.39	+0:10:42.59
72 - M /50	M13/22	[95]	KĘSEK, Bartek	CSK Brzezcie	Brzezcie	0:25:18.72 (06:50min/km)	0:25:24.36	+0:10:56.56
73 - M /51	M20/9	[2182]	MILNER, Tomasz		Kraków	0:25:30.06 (06:53min/km)	0:25:32.12	+0:11:04.32
74 - K /23	K40/4	[138]	PUDEŁEK, Małgorzata	LKS Górzanka Nawojowa Góra		0:25:43.17 (06:57min/km)	0:25:45.21	+0:11:17.41
75 - K /24	K13/17	[137]	PUDEŁEK, Jowita	LKS Górzanka Nawojowa Góra		0:25:43.25 (06:57min/km)	0:25:45.28	+0:11:17.48
76 - M /52	M13/23	[90]	GRZEGORCZYK, Borys	WKS Wawel BnO	Kraków	0:25:44.63 (06:57min/km)	0:25:47.29	+0:11:19.49
77 - K /25	K13/18	[119]	MICHNO, Marta	WKS Wawel BnO	Kraków	0:25:51.30 (06:59min/km)	0:25:54.91	+0:11:27.11
78 - K /26	K13/19	[168]	WRONA, Oliwia	#AdamCzerwińskiTeam	Kraków	0:25:47.18 (06:58min/km)	0:25:59.54	+0:11:31.74
79 - K /27	K13/20	[121]	MOSZKOWICZ, Anna	WKS Wawel BnO	Kraków	0:26:13.41 (07:05min/km)	0:26:15.86	+0:11:48.06
80 - M /53	M40/10	[171]	WYPYCH, Marek	3TRITEAM	Kraków	0:26:18.18 (07:06min/km)	0:26:18.18	+0:11:50.38
81 - K /28	K40/5	[94]	KĘSEK, Anna	CSK Brzezcie	Brzezcie	0:26:21.35 (07:07min/km)	0:26:25.51	+0:11:57.71
82 - K /29	K40/6	[2181]	MAZUR OTRĘBSKA, Anna	MIGA PIGA ŚMIGA	Kraków	0:26:20.87 (07:07min/km)	0:26:26.28	+0:11:58.48
83 - K /30	K40/7	[2020]	FILICIAK, Justyna	CAFFETTIERA	Kraków	0:26:23.26 (07:07min/km)	0:26:29.36	+0:12:01.56
84 - K /31	K13/21	[1014]	PAWŁOWSKA, Anna			0:26:37.31 (07:11min/km)	0:26:39.95	+0:12:12.15
85 - K /32	K40/8	[79]	CZEPIEL, Monika	CSK Brzezcie	Kraków	0:26:39.73 (07:12min/km)	0:26:44.97	+0:12:17.17
86 - K /33	K40/9	[2175]	KRZYWDA, Monika		Kraków	0:26:49.06 (07:14min/km)	0:26:52.23	+0:12:24.43
87 - K /34	K13/22	[2178]	KSIĄŻEK, Janina		Kraków	0:27:26.48 (07:25min/km)	0:27:32.88	+0:13:05.08
88 - M /54	M40/11	[2179]	KSIĄŻEK, Maciej		Kraków	0:27:29.25 (07:25min/km)	0:27:34.11	+0:13:06.31
89 - K /35	K13/23	[2177]	KSIĄŻEK, Alina		Kraków	0:27:27.16 (07:25min/km)	0:27:34.17	+0:13:06.37
90 - M /55	M13/24	[110]	LIGĘZA, Jan	Smashing PApkins	Kraków	0:27:34.59 (07:27min/km)	0:27:36.41	+0:13:08.61
91 - M /56	M60/1	[117]	MASŁYK, Jan	TIMmaslyk	Kraków	0:27:30.24 (07:26min/km)	0:27:37.21	+0:13:09.41
92 - K /36	K13/24	[143]	RYCHŁOWSKA, Julia	KS Kościelec Chrzanów	Chrzanów	0:27:57.55 (07:33min/km)	0:28:03.91	+0:13:36.11
93 - M /57	M30/6	[2197]	RYCHŁOWSKI, Tomasz			0:27:58.03 (07:33min/km)	0:28:04.30	+0:13:36.50
94 - K /37	K13/25	[122]	MOSZKOWICZ, Julia	WKS Wawel BnO	Kraków	0:28:12.34 (07:37min/km)	0:28:15.32	+0:13:47.52
95 - M /58	M40/12	[82]	DEC, Jacek Dec		Kraków	0:28:38.62 (07:44min/km)	0:28:41.21	+0:14:13.41
96 - K /38	K13/26	[75]	BUDZIŃSKA, Julia		Kraków	0:29:11.93 (07:53min/km)	0:29:13.65	+0:14:45.85
97 - K /39	K13/27	[93]	JANAS, Natalia		Kraków	0:29:14.53 (07:54min/km)	0:29:19.37	+0:14:51.57
98 - K /40	K20/3	[2014]	BARWA, Barbara		Spytkowice	0:29:40.22 (08:01min/km)	0:29:44.44	+0:15:16.64
99 - K /41	K16/2	[2013]	BARWA, Anna		Spytkowice	0:29:42.00 (08:01min/km)	0:29:44.53	+0:15:16.73
100 - M /59	M13/25	[86]	FIREK, Jakub	2xWK	Kraków	0:30:12.56 (08:09min/km)	0:30:14.46	+0:15:46.66
101 - K /42	K20/4	[164]	WAĆŁAWSKA, Anita		Trzyciąż	0:31:14.94 (08:26min/km)	0:31:23.94	+0:16:56.14
102 - K /43	K40/10	[165]	WIERZBICKA, Dominika	Goń się!	Kraków	0:31:17.77 (08:27min/km)	0:31:24.33	+0:16:56.53
103 - K /44	K20/5	[2171]	KŁAPA, Patrycja	Decathlon	Kraków	0:31:57.44 (08:38min/km)	0:32:05.38	+0:17:37.58
104 - K /45	K40/11	[136]	POMIERNIA, Elżbieta	Suchary z Sachary	Olkusz	0:32:04.07 (08:40min/km)	0:32:11.67	+0:17:43.87
105 - K /46	K40/12	[163]	URBAŃSKA, Ewa	Suchary z Sahary	Bukowno	0:32:03.42 (08:39min/km)	0:32:11.77	+0:17:43.97
106 - K /47	K16/3	[81]	DANIELAK, Alicja		Zielonki	0:32:57.66 (08:54min/km)	0:33:00.90	+0:18:33.10

107 - K /48	K30/1	[111]	LIRO, Justyna	Liro	Kraków	0:35:26.16 (09:34min/km)	0:35:30.82	+0:21:03.02
108 - K /49	K40/13	[98]	KŁECZEK-WRONA, Ewa	#AdamCzerwińskiTeam	Kraków	0:35:31.20 (09:36min/km)	0:35:40.93	+0:21:13.13
109 - M /60	M40/13	[169]	WRONA, Tymoteusz	#AdamCzerwińskiTeam	Kraków	0:35:30.57 (09:35min/km)	0:35:42.97	+0:21:15.17

Nordic Walking

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	OPEN-M/1	[53] ORDZOWIAŁY, Piotr	UKS ZAWOJAK	OSIELEC	0:23:39.94 (06:23min/km)	0:23:47.23	+0:00:00.00
2 - M/2	OPEN-M/2	[2190] GRATKA, Mirosław			0:24:34.68 (06:38min/km)	0:24:41.91	+0:00:54.68
3 - M/3	OPEN-M/3	[2006] PAŹDZIORA, Mariusz	Wadowickie Nordic Walking	WADOWICE	0:26:03.42 (07:02min/km)	0:26:08.04	+0:02:20.81
4 - M/4	OPEN-M/4	[47] ELŻBIECIAK, Łukasz	Mocni Pomocni	Lachowice	0:26:43.56 (07:13min/km)	0:26:52.71	+0:03:05.48
5 - M/5	OPEN-M/5	[58] SUSKI, Daniel	Wadowickie Nordic Walking	Wadowice	0:27:02.75 (07:18min/km)	0:27:09.49	+0:03:22.26
6 - K/1	OPEN-K/1	[2191] REJMAN, Dorota			0:28:08.02 (07:36min/km)	0:28:17.68	+0:04:30.45
7 - M/6	OPEN-M/6	[2009] TYCZEWSKI, Jacek		Gliwice	0:28:30.58 (07:42min/km)	0:28:36.82	+0:04:49.59
8 - K/2	OPEN-K/2	[54] PASIŃSKA - SKOWRON, Sylwia	Pruszyński Sport Team	Kraków	0:28:45.36 (07:46min/km)	0:28:52.67	+0:05:05.44
9 - K/3	OPEN-K/3	[2004] KORDOWSKA, Bogusława	Lux Torpeda Małopolska	Kraków	0:29:58.62 (08:06min/km)	0:30:08.86	+0:06:21.63
10 - K/4	OPEN-K/4	[2008] SZOT, Magdalena	Luxtorpeda Małopolska	Radawnica	0:30:29.96 (08:14min/km)	0:30:37.72	+0:06:50.49
11 - K/5	OPEN-K/5	[60] TYCZEWSKA, Paulina	Lux Torpeda Małopolska	Kraków	0:31:16.53 (08:27min/km)	0:31:27.75	+0:07:40.52
12 - K/6	OPEN-K/6	[2005] NATORSKA, Beata		Kraków	0:32:26.89 (08:46min/km)	0:32:35.67	+0:08:48.44
13 - M/7	OPEN-M/7	[51] MALINOWSKI, Paweł		Kraków	0:32:39.79 (08:49min/km)	0:32:47.00	+0:08:59.77
14 - K/7	OPEN-K/7	[59] SZKODZIŃSKA, Klaudia		Kraków	0:33:21.54 (09:00min/km)	0:33:29.16	+0:09:41.93
15 - K/8	OPEN-K/8	[63] WERCHOWIECKA-PARDYGAL, Karolina		Kraków	0:33:26.94 (09:02min/km)	0:33:34.86	+0:09:47.63
16 - K/9	OPEN-K/9	[46] CICHON, Miriana		Kraków	0:36:03.13 (09:44min/km)	0:36:15.00	+0:12:27.77
17 - M/8	OPEN-M/8	[49] JANICKI, Ryszard	Poranny Patrol	Kraków	0:37:10.28 (10:02min/km)	0:37:20.81	+0:13:33.58
18 - K/10	OPEN-K/10	[48] JANICKA, Barbara Janicka	Poranny Patrol	Kraków	0:37:09.98 (10:02min/km)	0:37:20.90	+0:13:33.67
19 - K/11	OPEN-K/11	[61] WĄCŁAWSKA, Małgorzata		Trzyciąż	0:43:36.30 (11:47min/km)	0:43:45.10	+0:19:57.87
20 - K/12	OPEN-K/12	[64] WOŹNICZKA, Małgorzata		Sieciechowice	0:46:23.73 (12:32min/km)	0:46:30.27	+0:22:43.04
21 - M/9	OPEN-M/9	[65] WOŹNICZKA, Tadeusz		Sieciechowice	0:46:25.89 (12:32min/km)	0:46:32.95	+0:22:45.72
22 - K/13	OPEN-K/13	[50] KUŚMIERSKA, Agnieszka		Kraków	0:49:37.56 (13:24min/km)	0:49:47.15	+0:25:59.92
23 - K/14	OPEN-K/14	[2195] PANAETOVA, Kseniia			0:49:44.76 (13:26min/km)	0:49:57.90	+0:26:10.67

5,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M20/1	[180] BIEDERMAN, Marcin	WKS Wawel BnO	Kraków	0:23:06.01 (04:03min/km)	0:23:06.01	+0:00:00.00
2 - M/2	M20/2	[2332] TABOR, Dominik	Centrum Zdrowia Biegacza	Kraków	0:24:32.93 (04:18min/km)	0:24:32.93	+0:01:26.92
3 - M/3	M20/3	[11] BABULA, Przemysław	GKS Piast Gliwice	Gliwice	0:25:34.51 (04:29min/km)	0:25:35.45	+0:02:29.44
4 - M/4	M40/1	[366] ZAJĄC, Piotr	Bieniasz Bike Ekipa z Tarnowa BikersTarnów	Tarnów	0:25:58.74 (04:33min/km)	0:25:58.74	+0:02:52.73
5 - M/5	M20/4	[2032] HOŁOWNIA, Bartłomiej		Złocieniec	0:26:02.99 (04:34min/km)	0:26:03.40	+0:02:57.39
6 - M/6	M16/1	[1062] KOŁODZIEJCZYK, Łukasz			0:26:19.61 (04:37min/km)	0:26:26.06	+0:03:20.05
7 - M/7	M16/2	[231] KIJAK, Jakub	WKS Wawel BnO	Kraków	0:26:44.22 (04:41min/km)	0:26:44.22	+0:03:38.21
8 - M/8	M16/3	[1068] BYRCZEK, Jan			0:27:09.99 (04:45min/km)	0:27:10.28	+0:04:04.27
9 - M/9	M20/5	[2336] WRONA, Daniel		Kraków	0:27:12.20 (04:46min/km)	0:27:13.41	+0:04:07.40
10 - M/10	M30/1	[2344] TARGOSZ, Michał			0:27:31.46 (04:49min/km)	0:27:31.46	+0:04:25.45
11 - M/11	M20/6	[334] SUŁEK, Adam	AZS UJ	Krakow	0:27:39.75 (04:51min/km)	0:27:39.75	+0:04:33.74
12 - M/12	M16/4	[249] KUNZ, Marcin	Lacho Team	Kraków	0:27:46.17 (04:52min/km)	0:27:46.17	+0:04:40.16
13 - K/1	K30/1	[291] PIĄTEK, Karolina	nogamidogóry.pl	Kraków	0:28:12.47 (04:56min/km)	0:28:16.94	+0:05:10.93
14 - M/13	M40/2	[358] WÓJCİK, Grzegorz	WKS Wawel BnO	Kraków	0:28:34.91 (05:00min/km)	0:28:34.98	+0:05:28.97
15 - K/2	K16/1	[8] BIEDERMAN, Adrianna	WKS Wawel BnO	Kraków	0:29:00.85 (05:05min/km)	0:29:00.85	+0:05:54.84
16 - M/14	M16/5	[1063] BUŁAWA, Filip			0:28:59.48 (05:05min/km)	0:29:03.11	+0:05:57.10
17 - M/15	M30/2	[284] OSIADACZ, Jakub	Novomatic Technologies Poland	Kraków	0:29:49.62 (05:13min/km)	0:29:53.54	+0:06:47.53
18 - M/16	M20/7	[265] MACHALICA, Jan		Kraków	0:30:16.08 (05:18min/km)	0:30:38.32	+0:07:32.31
19 - M/17	M30/3	[375] ŻOŁNIEREK, Robert		Kraków	0:30:20.03 (05:19min/km)	0:30:43.88	+0:07:37.87
20 - M/18	M30/4	[193] CIEŚLA, Krzysztof		Kraków	0:30:45.50 (05:23min/km)	0:30:46.48	+0:07:40.47
21 - M/19	M30/5	[2326] ROJEK, Maciej	AT	Kraków	0:30:46.43 (05:23min/km)	0:30:46.54	+0:07:40.53
22 - M/20	M20/8	[261] ŁABĘDŹ, Artur	ITMBW Kraków	Kraków	0:30:35.42 (05:22min/km)	0:30:47.03	+0:07:41.02
23 - K/3	K20/1	[2023] BAZUŁKA, Aleksandra	AZS UJ	Katowice	0:30:52.66 (05:25min/km)	0:30:52.66	+0:07:46.65
24 - M/21	M20/9	[179] BARTYZEL, Krzysztof	Młode Wilki	Krakow	0:30:49.26 (05:24min/km)	0:30:56.50	+0:07:50.49
25 - M/22	M16/6	[373] ŻESŁAWSKI, Mateusz	WKS Wawel BnO	Kraków	0:30:57.02 (05:25min/km)	0:30:57.02	+0:07:51.01
26 - M/23	M30/6	[2022] BACHNIAK, Daniel		Kraków	0:31:16.76 (05:29min/km)	0:31:19.95	+0:08:13.94
27 - M/24	M20/10	[262] ŁACNY, Łukasz		Nowy Sącz	0:31:11.32 (05:28min/km)	0:31:22.16	+0:08:16.15
28 - M/25	M20/11	[341] ŚLĘZAK, Bartosz	LubelskiBiegacz	Kraków	0:31:19.79 (05:29min/km)	0:31:22.78	+0:08:16.77
29 - K/4	K16/2	[4] GARBACIK, Maja	WKS Wawel BnO	Kraków	0:31:23.81 (05:30min/km)	0:31:24.16	+0:08:18.15

30 - M /26	M40/3	[2334]	TRACZ, Sławomir		Myślenice	0:31:28.18 (05:31min/km)	0:31:29.08	+0:08:23.07
31 - K /5	K20/2	[2028]	EL MELIGY, Susan		Kraków	0:31:19.51 (05:29min/km)	0:31:29.68	+0:08:23.67
32 - M /27	M40/4	[1064]	KOWALCZYK, Rafał			0:31:29.60 (05:31min/km)	0:31:30.65	+0:08:24.64
33 - K /6	K16/3	[345]	TOPÓR, Magdalena	WKS Wawel BnO	Kraków	0:31:30.32 (05:31min/km)	0:31:31.71	+0:08:25.70
34 - M /28	M20/12	[2025]	BODURKA, Tomasz	Decathlon	Kraków	0:31:35.81 (05:32min/km)	0:31:35.81	+0:08:29.80
35 - M /29	M30/7	[365]	ZAJĄC, Piotr		Kraków	0:31:26.90 (05:31min/km)	0:31:38.36	+0:08:32.35
36 - M /30	M30/8	[227]	KASPRZYK, Marcin	WKS Wawel BnO	SOBOLÓW	0:31:27.95 (05:31min/km)	0:31:46.81	+0:08:40.80
37 - K /7	K20/3	[355]	WICHA, Małgorzata	WKS Wawel BnO	Kraków	0:31:52.09 (05:35min/km)	0:31:54.39	+0:08:48.38
38 - M /31	M40/5	[346]	TOPÓR, Marek	WKS Wawel BnO	Kraków	0:31:51.87 (05:35min/km)	0:32:01.67	+0:08:55.66
39 - M /32	M50/1	[267]	MACHLOWSKI, Ryszard	KKB DYSTANS	KRAKÓW	0:31:58.79 (05:36min/km)	0:32:05.92	+0:08:59.91
40 - M /33	M40/6	[206]	GEDL, Przemysław		Kraków	0:32:10.74 (05:38min/km)	0:32:10.74	+0:09:04.73
41 - M /34	M40/7	[324]	SROKA, Wojciech	Wiolinka i Bemol	Kraków	0:32:14.77 (05:39min/km)	0:32:18.34	+0:09:12.33
42 - K /8	K20/4	[215]	HRUBY, Anna	AZS AWF Kraków	Rozkochów	0:32:26.62 (05:41min/km)	0:32:26.62	+0:09:20.61
43 - K /9	K30/2	[298]	PRZYWARA, Katarzyna	Skawina Biega	Skawina	0:32:28.34 (05:41min/km)	0:32:28.34	+0:09:22.33
44 - M /35	M20/13	[177]	BARGIEŁ, Marcin	Go Aptiv!	Kraków	0:33:06.73 (05:48min/km)	0:33:18.83	+0:10:12.82
45 - M /36	M30/9	[323]	SROKA, Sylwester		Wieliczka	0:33:29.57 (05:52min/km)	0:33:35.35	+0:10:29.34
46 - M /37	M30/10	[319]	SMOLIŃSKI, Dominik		Kraków	0:33:19.89 (05:50min/km)	0:33:36.07	+0:10:30.06
47 - M /38	M50/2	[2346]	GAŁ, Wojciech			0:33:31.47 (05:52min/km)	0:33:38.02	+0:10:32.01
48 - M /39	M40/8	[2036]	KARŁOWSKI, Wojciech		Szyce	0:33:47.09 (05:55min/km)	0:33:47.09	+0:10:41.08
49 - M /40	M50/3	[280]	NIESSNER, Piotr	WKS Wawel BnO	Kraków	0:33:51.23 (05:56min/km)	0:33:54.64	+0:10:48.63
50 - M /41	M30/11	[2331]	SZELA, Tomasz	Nankatsu Szupinators	Kraków	0:33:37.37 (05:53min/km)	0:33:59.08	+0:10:53.07
51 - M /42	M30/12	[196]	DURBAS, Maciej		Kraków	0:33:38.05 (05:54min/km)	0:33:59.60	+0:10:53.59
52 - M /43	M40/9	[335]	SYRYŃSKI-GIRO, Sebastian	MJMETALOŚWIĘCIM	OŚWIĘCIM	0:34:08.00 (05:59min/km)	0:34:09.82	+0:11:03.81
53 - M /44	M30/13	[312]	SIKORA, Łukasz		Kraków	0:34:10.63 (05:59min/km)	0:34:13.24	+0:11:07.23
54 - M /45	M16/7	[313]	SIWIECKI, Maciej		Kraków	0:34:22.07 (06:01min/km)	0:34:30.40	+0:11:24.39
55 - K /10	K20/5	[203]	GAWŁOWSKA, Anna		Kraków	0:34:53.56 (06:07min/km)	0:35:07.61	+0:12:01.60
56 - M /46	M30/14	[297]	POTASIEWICZ, Paweł	Novomatic Technologies Poland	Kraków	0:34:59.89 (06:08min/km)	0:35:13.66	+0:12:07.65
57 - M /47	M30/15	[245]	KUBLIN, Przemysław	Novomatic Technologies Poland	Kraków	0:35:02.98 (06:08min/km)	0:35:17.61	+0:12:11.60
58 - M /48	M16/8	[288]	PARDYGAŁ, Michał		Kraków	0:35:12.38 (06:10min/km)	0:35:18.30	+0:12:12.29
59 - M /49	M40/10	[263]	ŁAKOMSKI, Łukasz	rowerowanie.pl	KRAKÓW	0:35:04.99 (06:09min/km)	0:35:18.61	+0:12:12.60
60 - M /50	M40/11	[2327]	RZENNO , Łukasz	G.O.A.T. Team Michałowice	Kraków	0:35:17.96 (06:11min/km)	0:35:18.68	+0:12:12.67
61 - K /11	K16/4	[317]	SŁOŃSKA , Zofia	WKS Wawel BnO	Kraków	0:35:17.69 (06:11min/km)	0:35:19.14	+0:12:13.13
62 - M /51	M16/9	[371]	ŻESLAWSKI, Jakub	WKS Wawel BnO	Kraków	0:35:25.23 (06:12min/km)	0:35:25.23	+0:12:19.22
63 - M /52	M40/12	[301]	PUDEŁEK, Paweł	LKS Górzanka Nawojowa Góra		0:35:17.17 (06:11min/km)	0:35:33.29	+0:12:27.28
64 - M /53	M30/16	[212]	GUT, Krzysztof		Kraków	0:35:27.00 (06:13min/km)	0:35:36.43	+0:12:30.42
65 - M /54	M16/10	[314]	SKONIECZNY, Marcel	WKS Wawel BnO	Goszcza	0:35:37.21 (06:14min/km)	0:35:38.79	+0:12:32.78
66 - M /55	M30/17	[300]	PTASZNIK, Przemysław	WM Triself	Wieliczka	0:35:35.20 (06:14min/km)	0:35:39.83	+0:12:33.82
67 - M /56	M40/13	[306]	RAJ, Tomasz	Husaria Race Team	Kraków	0:35:45.26 (06:16min/km)	0:35:47.12	+0:12:41.11

68 - K /12	K16/5	[302]	PUDEŁEK, Michalina	LKS Górzanka Nawojowa Góra		0:35:33.06 (06:14min/km)	0:35:52.31	+0:12:46.30
69 - M /57	M40/14	[1061]	KUDELA, Damian			0:35:42.09 (06:15min/km)	0:35:56.32	+0:12:50.31
70 - M /58	M40/15	[282]	NOWOROLNIK, Dawid	Pink Dragon	Kraków	0:35:32.82 (06:14min/km)	0:36:04.80	+0:12:58.79
71 - M /59	M60/1	[292]	PIĄTEK, Stanisław	ITMBW Kraków	Kraków	0:35:56.79 (06:18min/km)	0:36:08.96	+0:13:02.95
72 - M /60	M30/18	[236]	KORBAS, Marcin Korbas	www.XRUN.io Nietuzinkowe Biegi Górskie	Dobczyce	0:35:52.88 (06:17min/km)	0:36:16.18	+0:13:10.17
73 - M /61	M30/19	[283]	ORTMAN, Marcin		Kraków	0:35:50.31 (06:17min/km)	0:36:16.73	+0:13:10.72
74 - M /62	M40/16	[210]	GRATKA, Mirosław	1973	Kojszówka	0:35:53.64 (06:17min/km)	0:36:23.09	+0:13:17.08
75 - M /63	M16/11	[1069]	LACHOWICZ, Kuba			0:36:31.91 (06:24min/km)	0:36:33.47	+0:13:27.46
76 - M /64	M50/4	[372]	ŻESLAWSKI, Wojciech	WKS Wawel BnO	Kraków	0:36:34.97 (06:25min/km)	0:36:35.29	+0:13:29.28
77 - M /65	M30/20	[2329]	SMEREKA, Krzysztof		Kraków	0:36:30.45 (06:24min/km)	0:36:39.36	+0:13:33.35
78 - M /66	M50/5	[259]	LIS, Jacek	G.O.A.T. Team Michałowice	Kończyce	0:36:23.36 (06:23min/km)	0:36:42.21	+0:13:36.20
79 - M /67	M40/17	[238]	KOŚCIELNICKI, Maciej	Didusie Racing	Rusocice	0:36:45.48 (06:26min/km)	0:36:53.65	+0:13:47.64
80 - M /68	M30/21	[286]	OŻÓG, Robert	Skawina Biega	SKAWINA	0:36:42.15 (06:26min/km)	0:37:02.64	+0:13:56.63
81 - M /69	M50/6	[208]	GRABOWSKI, Jan	Skawina Biega	Gołuchowice	0:36:59.56 (06:29min/km)	0:37:09.17	+0:14:03.16
82 - K /13	K16/6	[1067]	NYGA, Julia			0:37:03.69 (06:30min/km)	0:37:13.33	+0:14:07.32
83 - M /70	M30/22	[308]	ROMANOWSKI, Łukasz	Husaria Race Team	Kraków	0:36:50.47 (06:27min/km)	0:37:17.45	+0:14:11.44
84 - M /71	M40/18	[230]	KIEŁB, Grzegorz	G.O.A.T. Team Michałowice	Zagórzycze Stare	0:37:08.57 (06:30min/km)	0:37:20.74	+0:14:14.73
85 - M /72	M50/7	[237]	KOSOWSKI, Adam	Adamex Podolsze	Podolsze	0:37:24.10 (06:33min/km)	0:37:24.10	+0:14:18.09
86 - M /73	M40/19	[290]	PATER, Janusz	MJMETAL OŚWIĘCIM	OŚWIĘCIM	0:37:22.41 (06:33min/km)	0:37:24.30	+0:14:18.29
87 - M /74	M16/12	[289]	PASIEKA, Antoni		Kraków	0:37:25.85 (06:34min/km)	0:37:26.24	+0:14:20.23
88 - K /14	K16/7	[360]	WYPYCH, Urszula		Kraków	0:37:15.81 (06:32min/km)	0:37:30.92	+0:14:24.91
89 - K /15	K30/3	[178]	BARTUŚ, Joanna	G.O.A.T. Team Michałowice	Michałowice	0:37:21.03 (06:33min/km)	0:37:31.22	+0:14:25.21
90 - M /75	M40/20	[181]	BIEDERMAN, Paweł	WKS Wawel BnO	Iwanowice Włociańskie	0:37:20.29 (06:33min/km)	0:37:41.44	+0:14:35.43
91 - M /76	M40/21	[2029]	GARSTECKI, Michał	Skawina Biega	Skawina	0:37:31.87 (06:35min/km)	0:37:44.27	+0:14:38.26
92 - M /77	M30/23	[296]	POCIEGIEL, Michał	Skawina Biega	Radziszów	0:37:32.36 (06:35min/km)	0:37:48.73	+0:14:42.72
93 - M /78	M30/24	[220]	JANIAK, Mariusz		Kraków	0:37:35.07 (06:35min/km)	0:37:50.46	+0:14:44.45
94 - K /16	K30/4	[1065]	MAROŃSKA, Monika			0:37:26.21 (06:34min/km)	0:37:50.75	+0:14:44.74
95 - K /17	K50/1	[294]	PLATA, Agnieszka	Dzieło Pomocy św Ojca Pio	Kraków	0:37:57.03 (06:39min/km)	0:37:57.03	+0:14:51.02
96 - K /18	K30/5	[232]	KŁAPUT, Dorota	Endorfiny	Wadowice	0:37:25.84 (06:34min/km)	0:37:59.90	+0:14:53.89
97 - K /19	K40/1	[361]	ZABOROWSKA, Małgorzata		Liszki	0:37:54.22 (06:38min/km)	0:38:03.91	+0:14:57.90
98 - K /20	K40/2	[2337]	ZAJĄCZKOWSKA- ORŁOWSKA, Katarzyna		Kraków	0:37:48.82 (06:38min/km)	0:38:05.20	+0:14:59.19
99 - M /79	M16/13	[276]	MIŚKÓW, Krzysztof	KS Kościelec Chrzanów	Chrzanów	0:36:28.68 (06:23min/km)	0:38:09.47	+0:15:03.46
100 - K /21	K40/3	[199]	ETTERLE-BIEDERMAN, Lilianna	WKS Wawel BnO	IWANOWICE WŁOŚCIAŃSKIE	0:38:02.31 (06:40min/km)	0:38:09.48	+0:15:03.47
101 - M /80	M50/8	[201]	FORYTEK, Józef	WKS Wawel BnO	Kraków	0:38:06.99 (06:41min/km)	0:38:16.11	+0:15:10.10
102 - M /81	M20/14	[211]	GRUSZKA, Karol	Bizonmotorsport	Kraków	0:37:52.01 (06:38min/km)	0:38:16.39	+0:15:10.38
103 - M /82	M30/25	[354]	WAŹRÓBSKI, Mirosław		Kraków	0:37:50.58 (06:38min/km)	0:38:18.02	+0:15:12.01
104 - K /22	K30/6	[184]	BIŁOCHA, Ewa		Kraków	0:38:00.89 (06:40min/km)	0:38:26.78	+0:15:20.77
105 - K /23	K40/4	[305]	RAJ, Iwona	Eskadra Kraków	Krakow	0:37:56.34 (06:39min/km)	0:38:28.61	+0:15:22.60

106 - K /24	K30/7	[311]	SIEMIŃSKA, Natalia		Kraków	0:38:02.47 (06:40min/km)	0:38:29.66	+0:15:23.65
107 - M /83	M30/26	[258]	LIRO, Maciej		Kraków	0:38:25.79 (06:44min/km)	0:38:31.46	+0:15:25.45
108 - K /25	K30/8	[1059]	WÓJTOWICZ, Magdalena			0:38:16.02 (06:42min/km)	0:38:46.25	+0:15:40.24
109 - K /26	K30/9	[350]	TYLEK, Agata	Skawina Biega	Brzyczyna	0:38:32.36 (06:45min/km)	0:38:46.50	+0:15:40.49
110 - K /27	K20/6	[318]	SMEĎA, Agnieszka	Bochnia Biega	Kraków	0:38:43.92 (06:47min/km)	0:38:50.92	+0:15:44.91
111 - M /84	M40/22	[330]	STĘŻOWSKI, Dariusz	Krówka Team	Kraków	0:38:22.67 (06:43min/km)	0:38:56.51	+0:15:50.50
112 - K /28	K30/10	[352]	WARSZAWSKA, Agnieszka		Kraków	0:38:24.70 (06:44min/km)	0:38:57.24	+0:15:51.23
113 - K /29	K40/5	[356]	WITEK, Aneta	SolarWinds	Wieliczka	0:38:58.65 (06:50min/km)	0:38:58.65	+0:15:52.64
114 - M /85	M30/27	[274]	MICHAŁEK, Łukasz	GT Alex	Kraków	0:38:23.00 (06:44min/km)	0:39:00.59	+0:15:54.58
115 - K /30	K40/6	[342]	ŚLIWA, Anna	Skawina Biega	Skawina	0:39:06.67 (06:51min/km)	0:39:20.33	+0:16:14.32
116 - M /86	M60/2	[2345]	FAJTO, Maciej			0:39:24.35 (06:54min/km)	0:39:36.01	+0:16:30.00
117 - M /87	M40/23	[270]	MACINA, Dariusz		Podłęże	0:39:01.39 (06:50min/km)	0:39:36.56	+0:16:30.55
118 - K /31	K20/7	[197]	DYLAĞ, Marlena	G.O.A.T. Team Michałowice	Michałowice	0:39:39.75 (06:57min/km)	0:39:51.93	+0:16:45.92
119 - M /88	M30/28	[2321]	ŁABUZ, Przemysław		Kraków	0:40:04.67 (07:01min/km)	0:40:10.74	+0:17:04.73
120 - M /89	M20/15	[2324]	MARKOWSKI, Krzysztof		Częstochowa	0:39:49.87 (06:59min/km)	0:40:17.28	+0:17:11.27
121 - M /90	M40/24	[2330]	SZAJEWSKI, Arkadiusz	O TAK ŁO	KRAKÓW	0:39:45.18 (06:58min/km)	0:40:20.22	+0:17:14.21
122 - K /32	K30/11	[226]	KAPOŁKA, Agata	Skawina Biega	Skawina	0:40:08.87 (07:02min/km)	0:40:21.86	+0:17:15.85
123 - K /33	K20/8	[228]	KEMPA, Ewelina	ASICS FrontRunner Poland	Kraków	0:40:20.62 (07:04min/km)	0:40:23.49	+0:17:17.48
124 - M /91	M40/25	[272]	MARZEC, Artur		Wieliczka	0:40:12.27 (07:03min/km)	0:40:24.72	+0:17:18.71
125 - M /92	M20/16	[254]	KUTYBA, Marek		Kraków	0:40:09.07 (07:02min/km)	0:40:33.78	+0:17:27.77
126 - K /34	K20/9	[183]	BIELECKA, Ewa		Kraków	0:39:57.83 (07:00min/km)	0:40:36.11	+0:17:30.10
127 - M /93	M20/17	[187]	BOVSUNIVSKYI, Sergii	Heineken Krakow Running Club	Krakow	0:40:39.83 (07:08min/km)	0:40:46.63	+0:17:40.62
128 - K /35	K16/8	[325]	SROKA, Zuzanna		Kraków	0:40:19.36 (07:04min/km)	0:40:52.17	+0:17:46.16
129 - K /36	K30/12	[340]	SZWEJ, Joanna	Pogoria Biega	Kraków	0:40:15.80 (07:03min/km)	0:40:54.96	+0:17:48.95
130 - M /94	M30/29	[293]	PILCH, Łukasz	Probalans.pl	Kraków	0:40:45.55 (07:09min/km)	0:40:58.58	+0:17:52.57
131 - M /95	M30/30	[251]	KURLETO, Kamil	Młode Wilki	Kraków	0:40:52.11 (07:10min/km)	0:40:59.82	+0:17:53.81
132 - M /96	M30/31	[225]	KACZOR, Łukasz		Kraków	0:40:50.80 (07:09min/km)	0:41:25.06	+0:18:19.05
133 - M /97	M30/32	[329]	STEFANČZYK, Marek	BeFit24Team	Kraków	0:41:27.90 (07:16min/km)	0:41:32.14	+0:18:26.13
134 - M /98	M30/33	[1055]	JUDASZ, Rafał		Rudnik	0:41:10.40 (07:13min/km)	0:41:38.42	+0:18:32.41
135 - M /99	M30/34	[1058]	RYTOV, Oleksi			0:41:45.04 (07:19min/km)	0:41:56.30	+0:18:50.29
136 - M /100	M30/35	[205]	GAŚIOR, Marcin		Kraków	0:41:20.92 (07:15min/km)	0:41:58.34	+0:18:52.33
137 - K /37	K20/10	[2339]	ZAWIŚLAK , Agata		Kraków	0:41:56.75 (07:21min/km)	0:42:09.74	+0:19:03.73
138 - M /101	M40/26	[275]	MIKUŁA, Grzegorz	I like Monday morning	Kraków	0:41:54.33 (07:21min/km)	0:42:17.07	+0:19:11.06
139 - M /102	M40/27	[234]	KOFIN, Maciej Kofin	#AdamCzerwińskiTeam	Kraków	0:41:55.51 (07:21min/km)	0:42:20.83	+0:19:14.82
140 - K /38	K40/7	[209]	GRATKA, Beata	1974	Kojszówka	0:41:50.47 (07:20min/km)	0:42:20.93	+0:19:14.92
141 - M /103	M30/36	[295]	PŁONKA, Daniel	CAFFETTIERA	Krakow	0:41:53.58 (07:20min/km)	0:42:21.63	+0:19:15.62
142 - M /104	M40/28	[186]	BOUFRAHI, Rysiek		Krakow	0:41:44.33 (07:19min/km)	0:42:22.08	+0:19:16.07
143 - K /39	K30/13	[338]	SZNAJDER, Joanna Sznajder	G.O.A.T. Team Michałowice	Michałowice	0:42:13.67 (07:24min/km)	0:42:26.37	+0:19:20.36

144 - K /40	K40/8	[239]	KOZIOŁ, Agnieszka	Night Runners	Kraków	0:41:55.27 (07:21min/km)	0:42:30.85	+0:19:24.84
145 - K /41	K50/2	[266]	MACHLOWSKA, Grażyna	KKB DYSTANS	KRAKÓW	0:42:10.01 (07:23min/km)	0:42:35.47	+0:19:29.46
146 - M /105	M30/37	[246]	KUKLA, Daniel		Bochnia	0:42:18.66 (07:25min/km)	0:42:37.72	+0:19:31.71
147 - M /106	M40/29	[344]	TICHORUK, Rafał Tichoruk	Poranny Patrol	Kraków	0:42:06.68 (07:23min/km)	0:42:45.56	+0:19:39.55
148 - M /107	M40/30	[321]	SOWA, Grzegorz	ITMBW Kraków	Kraków	0:42:20.45 (07:25min/km)	0:42:52.04	+0:19:46.03
149 - K /42	K40/9	[221]	JAROSZ-SIEMBIOT, Anna		Kraków	0:42:18.62 (07:25min/km)	0:42:53.46	+0:19:47.45
150 - K /43	K40/10	[2338]	ZAWADA, Magdalena		Kraków	0:42:41.82 (07:29min/km)	0:42:58.39	+0:19:52.38
151 - K /44	K30/14	[363]	ZAJĄC, Ilona	Skawina Biega	SKAWINA	0:42:45.84 (07:30min/km)	0:42:59.13	+0:19:53.12
152 - K /45	K40/11	[320]	SOŁTYS, Alicja	Skawina Biega	Kraków	0:42:41.94 (07:29min/km)	0:43:02.36	+0:19:56.35
153 - K /46	K30/15	[2341]	WAŚOWICZ, Katarzyna		Niepołomice	0:42:57.73 (07:32min/km)	0:43:25.42	+0:20:19.41
154 - M /108	M30/38	[243]	KRZYWDA, Hubert	Cały Czas Do Przodu	nowy wiśnicz	0:43:22.69 (07:36min/km)	0:43:31.92	+0:20:25.91
155 - M /109	M30/39	[2328]	SAŁACH, Krzysztof	Decathlon	Kraków	0:43:34.48 (07:38min/km)	0:43:38.31	+0:20:32.30
156 - K /47	K30/16	[2026]	BURNUS, Beata	Night Runners	Kraków	0:43:15.56 (07:35min/km)	0:43:48.95	+0:20:42.94
157 - M /110	M16/14	[326]	STACH, Franciszek		KRZESZOWICE	0:43:12.82 (07:34min/km)	0:43:49.26	+0:20:43.25
158 - M /111	M40/31	[2347]	SUROWIAK, Tomasz			0:43:41.12 (07:39min/km)	0:43:52.46	+0:20:46.45
159 - K /48	K20/11	[2038]	KRUK, Paulina	Night Runners	Kraków	0:43:22.24 (07:36min/km)	0:43:55.45	+0:20:49.44
160 - K /49	K30/17	[190]	BUGAJSKA, Katarzyna		Kraków	0:43:19.44 (07:36min/km)	0:43:58.68	+0:20:52.67
161 - M /112	M30/40	[195]	DĄBROWSKI, Marek	G.O.A.T. Team Michałowice	Więclawice Stare	0:43:27.34 (07:37min/km)	0:43:59.39	+0:20:53.38
162 - M /113	M30/41	[241]	KRAWCZYK, Wojciech		Kraków	0:43:20.76 (07:36min/km)	0:43:59.41	+0:20:53.40
163 - K /50	K20/12	[268]	MACIASZ, Sylwia		Połom Mały	0:43:38.17 (07:39min/km)	0:44:00.34	+0:20:54.33
164 - M /114	M30/42	[269]	MACIEJAS, Marcin		Proszowice	0:43:54.74 (07:42min/km)	0:44:11.93	+0:21:05.92
165 - M /115	M60/3	[192]	CEKIERA, Antoni	combex	Kraków	0:43:33.01 (07:38min/km)	0:44:16.31	+0:21:10.30
166 - M /116	M30/43	[332]	STRUZIK, Bartłomiej		Kraków	0:44:12.51 (07:45min/km)	0:44:30.78	+0:21:24.77
167 - K /51	K16/9	[2031]	GNIEWEK, Julia		Bochnia	0:44:08.94 (07:44min/km)	0:44:33.89	+0:21:27.88
168 - K /52	K40/12	[191]	BURDA, Monika	#AdamCzerwińskiTeam	Kraków	0:44:16.92 (07:46min/km)	0:44:43.15	+0:21:37.14
169 - K /53	K30/18	[287]	PAJOR-LESZCZYŃSKA, Aleksandra		KRAKOW	0:44:48.57 (07:51min/km)	0:44:50.85	+0:21:44.84
170 - K /54	K30/19	[364]	ZAJĄC, Monika		Kraków	0:44:19.54 (07:46min/km)	0:44:55.25	+0:21:49.24
171 - K /55	K20/13	[2027]	DZIEGIEĆ, Ewa		Kraków	0:45:05.57 (07:54min/km)	0:45:05.57	+0:21:59.56
172 - K /56	K20/14	[2037]	KOCUR, Agata		Kraków	0:45:09.38 (07:55min/km)	0:45:14.59	+0:22:08.58
173 - K /57	K30/20	[176]	BARAŃSKA, Maria		KRAKÓW	0:45:01.56 (07:53min/km)	0:45:15.08	+0:22:09.07
174 - K /58	K60/1	[331]	STOCHEL, Teresa	AKPT Krakow	Kraków	0:45:53.76 (08:03min/km)	0:45:54.61	+0:22:48.60
175 - K /59	K20/15	[175]	ASSELMAN, Angela		Krakow	0:46:15.24 (08:06min/km)	0:46:38.62	+0:23:32.61
176 - K /60	K20/16	[2034]	JASZCZ, Maria		Kraków	0:46:49.03 (08:12min/km)	0:46:49.03	+0:23:43.02
177 - M /117	M30/44	[2024]	BIELIK, Radosław	WKURW_TEAM	Kraków	0:46:39.02 (08:11min/km)	0:47:02.95	+0:23:56.94
178 - K /61	K16/10	[315]	SKORUPA, Maja	LKS Górzanka Nawojowa Góra	Kraków	0:46:51.11 (08:13min/km)	0:47:17.70	+0:24:11.69
179 - M /118	M40/32	[370]	ZWONEK, Paweł Zwonek		Kraków	0:46:47.75 (08:12min/km)	0:47:28.38	+0:24:22.37
180 - M /119	M16/15	[2343]	BASTA, Jakub			0:47:15.15 (08:17min/km)	0:47:47.08	+0:24:41.07
181 - M /120	M30/45	[2342]	BASTA, Przemysław			0:47:15.92 (08:17min/km)	0:47:47.67	+0:24:41.66

182 - M /121	M20/18	[253]	KURUS, Tomasz	KATO	Kraków	0:47:17.57 (08:17min/km)	0:47:49.66	+0:24:43.65
183 - K /62	K20/17	[229]	KHVAINITSKAYA-KURUS, Katsiaryna	KATO	Krakow	0:47:18.34 (08:17min/km)	0:47:50.06	+0:24:44.05
184 - K /63	K30/21	[182]	BIEDROŃ, Monika	WM Triself	Kraków	0:47:18.52 (08:17min/km)	0:47:59.98	+0:24:53.97
185 - K /64	K30/22	[244]	KUBIESA, Patrycja	Husaria Race Team	Kraków	0:48:07.46 (08:26min/km)	0:48:07.99	+0:25:01.98
186 - M /122	M40/33	[310]	SERWATKA, Szymon		Zielonki	0:47:40.30 (08:21min/km)	0:48:13.47	+0:25:07.46
187 - K /65	K20/18	[349]	TWARDOWSKA, Kornelia		Kraków	0:47:49.63 (08:23min/km)	0:48:17.89	+0:25:11.88
188 - M /123	M16/16	[343]	TALAGA, Patryk	Skawina Biega	Gaj	0:48:02.99 (08:25min/km)	0:48:27.85	+0:25:21.84
189 - K /66	K20/19	[2325]	POPEK, Paulina		Kraków	0:48:52.69 (08:34min/km)	0:49:09.11	+0:26:03.10
190 - M /124	M30/46	[235]	KOMISARCZUK, Arkadiusz	Medius Runners	Kraków	0:48:38.16 (08:31min/km)	0:49:17.68	+0:26:11.67
191 - M /125	M16/17	[194]	CZAPLA, Tadeusz	WKS Wawel BnO	Kraków	0:48:59.60 (08:35min/km)	0:49:41.30	+0:26:35.29
192 - M /126	M20/19	[279]	NIEDBACH, Marek		Nowe Rybie	0:49:57.79 (08:45min/km)	0:50:35.02	+0:27:29.01
193 - K /67	K30/23	[247]	KUKLEWICZ, Barbara		Kraków	0:50:22.59 (08:50min/km)	0:50:50.31	+0:27:44.30
194 - M /127	M30/47	[339]	SZPOTON, Artur		Kraków	0:50:42.90 (08:53min/km)	0:51:05.15	+0:27:59.14
195 - M /128	M30/48	[309]	RUSINEK, Michał	CAFFETTIERA	Kraków	0:50:39.80 (08:53min/km)	0:51:10.26	+0:28:04.25
196 - M /129	M60/4	[248]	KULA, Tadeusz	KKB DYSTANS	Kraków	0:50:59.53 (08:56min/km)	0:51:15.90	+0:28:09.89
197 - K /68	K30/24	[307]	RAMOTOWSKA, Dominika	SolarWinds	Krakow	0:51:07.57 (08:58min/km)	0:51:19.68	+0:28:13.67
198 - K /69	K40/13	[2030]	GAWĘDA , Beata	Małokoźmiccy Biegacze	Wieliczka	0:51:34.71 (09:02min/km)	0:51:48.73	+0:28:42.72
199 - K /70	K16/11	[322]	SROKA, Joanna		Kraków	0:51:14.49 (08:59min/km)	0:51:48.93	+0:28:42.92
200 - K /71	K30/25	[374]	ŻOŁNIEREK, Renata		Kraków	0:51:31.59 (09:02min/km)	0:51:53.48	+0:28:47.47
201 - M /130	M30/49	[2035]	KAMIŃSKI, Karol		Kraków	0:51:25.98 (09:01min/km)	0:52:00.38	+0:28:54.37
202 - K /72	K30/26	[2322]	ŁUKASIAK, Izabela		Kraków	0:51:45.26 (09:04min/km)	0:52:06.32	+0:29:00.31
203 - K /73	K50/3	[218]	JAKUBEK, Hanna	Skawina Biega	Skawina	0:51:44.16 (09:04min/km)	0:52:10.68	+0:29:04.67
204 - K /74	K40/14	[250]	ORLIŃSKA, Joanna	Skawina Biega	Gaj	0:52:32.69 (09:13min/km)	0:52:56.24	+0:29:50.23
205 - K /75	K30/27	[351]	TYLISZCZAK, Bożena		Kraków	0:57:17.27 (10:03min/km)	0:57:52.91	+0:34:46.90
206 - K /76	K40/15	[304]	PYCHOWSKA-SROKA, Justyna		Kraków	0:58:57.14 (10:20min/km)	0:59:31.14	+0:36:25.13
207 - K /77	K60/2	[357]	WOŹNIAK, Barbara	Ambasador Grand Prix Krakowa	Limanowa	1:03:45.85 (11:11min/km)	1:04:06.26	+0:41:00.25
208 - K /78	K40/16	[198]	DYRDA, Justyna	MirMark	Kraków	1:12:03.45 (12:38min/km)	1:12:29.15	+0:49:23.14

11,6km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M20/1	[1] BODURKA, Krzysztof	Alpin Sport AZS AWF Kraków	Nielepice	0:45:11.65 (03:53min/km)	0:45:11.65	+0:00:00.00
2 - M/2	M20/2	[1140] PAWLICA, Józef			0:48:38.22 (04:11min/km)	0:48:38.22	+0:03:26.57
3 - M/3	M40/1	[1143] GRZYWA, Grzegorz			0:48:54.99 (04:13min/km)	0:48:54.99	+0:03:43.34
4 - M/4	M30/1	[630] OGORZAŁY, Tomasz		KRAKÓW	0:50:08.02 (04:19min/km)	0:50:08.38	+0:04:56.73
5 - M/5	M30/2	[2050] KACZMAREK, Michał	Centrum Zdrowia Biegacza	Kraków	0:50:08.48 (04:19min/km)	0:50:08.48	+0:04:56.83
6 - M/6	M30/3	[586] ŁUKASIK, Andrzej	Polar Polska Team	Janów Lubelski	0:50:29.90 (04:21min/km)	0:50:29.90	+0:05:18.25
7 - M/7	M30/4	[786] ŻUCHOWSKI, Daniel	MUAY RUNNING TEAM	Kraków	0:52:17.37 (04:30min/km)	0:52:17.37	+0:07:05.72
8 - M/8	M40/2	[651] PIETRZYK, Mariusz		Kraków	0:52:22.76 (04:30min/km)	0:52:24.26	+0:07:12.61
9 - M/9	M30/5	[609] MIKA, Artur	Miki Team	Kraków	0:52:36.88 (04:32min/km)	0:52:36.88	+0:07:25.23
10 - M/10	M40/3	[425] CZECH, Robert		Krakow	0:52:41.53 (04:32min/km)	0:52:41.87	+0:07:30.22
11 - M/11	M40/4	[608] MIGACZ, Jacek	Trailrun	ZIELONKI K. KRAKOWA	0:52:55.50 (04:33min/km)	0:52:56.24	+0:07:44.59
12 - M/12	M20/3	[543] KOZIOŁ, Kamil	G.O.A.T. Team Michałowice	Michałowice	0:52:56.37 (04:33min/km)	0:52:56.37	+0:07:44.72
13 - M/13	M30/6	[471] GRAJDURA, Robert	Grupa Azoty KOLTAR	Tarnów	0:53:15.94 (04:35min/km)	0:53:17.60	+0:08:05.95
14 - M/14	M30/7	[438] DUDZIAK, Tomasz		Kraków	0:53:31.74 (04:36min/km)	0:53:34.90	+0:08:23.25
15 - M/15	M30/8	[552] KRUSZEC, Andrzej	Augusta Restauracja kraków	Kraków	0:53:35.06 (04:37min/km)	0:53:35.30	+0:08:23.65
16 - M/16	M20/4	[496] JURA, Maciej	ITMBW Kraków	Nowy Sącz	0:53:34.09 (04:37min/km)	0:53:36.77	+0:08:25.12
17 - M/17	M30/9	[745] WĄTROBA, Tomasz		Tarnów	0:54:10.40 (04:40min/km)	0:54:11.83	+0:09:00.18
18 - M/18	M20/5	[522] KLUSEK, Mateusz	Sklep Biegacza Kraków	Kraków	0:54:32.66 (04:42min/km)	0:54:32.66	+0:09:21.01
19 - M/19	M30/10	[572] LATAŁA, Krzysztof	Go Aktiv!	Pawłów	0:54:32.96 (04:42min/km)	0:54:35.85	+0:09:24.20
20 - M/20	M50/1	[2544] MOSZKOWICZ, Paweł			0:54:44.07 (04:43min/km)	0:54:48.53	+0:09:36.88
21 - M/21	M30/11	[1108] CIEŚLIK, Sebastian	Progres Judo	Stomniki	0:54:49.83 (04:43min/km)	0:55:12.22	+0:10:00.57
22 - M/22	M30/12	[601] MIAGKYJ, Artem		Jaworze	0:55:09.66 (04:45min/km)	0:55:18.89	+0:10:07.24
23 - M/23	M30/13	[409] BUL, Dominik	PDK	Kraków	0:55:24.51 (04:46min/km)	0:55:28.02	+0:10:16.37
24 - M/24	M30/14	[481] HYŻY, Piotr	Bonnie & Clyde	Tarnowiec	0:55:31.14 (04:47min/km)	0:55:33.05	+0:10:21.40
25 - M/25	M40/5	[1144] CZAPCZYŃSKI, Cezary			0:55:34.92 (04:47min/km)	0:55:43.02	+0:10:31.37
26 - M/26	M30/15	[617] MORMUL, Przemek	Panalpina	Krakow	0:55:50.72 (04:48min/km)	0:55:50.72	+0:10:39.07
27 - M/27	M40/6	[699] SŁOWIKOWSKI, Paweł	Kosovo	Krakó	0:55:54.56 (04:49min/km)	0:55:55.80	+0:10:44.15
28 - M/28	M40/7	[619] MULDNER, Rafał		Kraków	0:56:15.46 (04:50min/km)	0:56:16.96	+0:11:05.31
29 - M/29	M40/8	[453] FRANCUZ, Konrad	Vege Runners	MOGILANY	0:56:50.70 (04:54min/km)	0:56:55.89	+0:11:44.24
30 - M/30	M40/9	[767] ZADARNOWSKI, Dariusz		Kraków	0:56:57.02 (04:54min/km)	0:56:57.21	+0:11:45.56
31 - M/31	M20/6	[693] SIWEK, Michał	Niepotomice Biegają	Niepotomice	0:57:10.31 (04:55min/km)	0:57:21.34	+0:12:09.69
32 - M/32	M30/16	[662] POPIEL, Andrzej	popsmart.pl	Kraków	0:57:21.13 (04:56min/km)	0:57:22.18	+0:12:10.53
33 - M/33	M40/10	[671] RAJTAR, Krzysztof	Way2champ	Liszki	0:57:32.53 (04:57min/km)	0:57:37.78	+0:12:26.13
34 - M/34	M30/17	[489] JANKOWSKI, Łukasz	Schibsted Runners	Kraków	0:57:47.83 (04:58min/km)	0:57:48.02	+0:12:36.37

35 - M /35	M40/11	[442]	DYRGA, Sebastian	Muay Running Team	Krakow	0:57:54.27 (04:59min/km)	0:57:54.29	+0:12:42.64
36 - M /36	M30/18	[726]	SZKODZIŃSKI, Tomasz	Novomatic Technologies Poland	Kraków	0:58:24.52 (05:02min/km)	0:58:29.06	+0:13:17.41
37 - M /37	M30/19	[536]	KOWALCZYK, Roman	Klub Biegacza AZS UEK	Kraków	0:58:37.82 (05:03min/km)	0:58:44.22	+0:13:32.57
38 - M /38	M30/20	[613]	MIZERA, Krzysztof		Kraków	0:58:40.66 (05:03min/km)	0:58:48.03	+0:13:36.38
39 - M /39	M30/21	[701]	SMOLEŃ, Tomasz	Monar Kraków	Nowy Sącz	0:58:56.46 (05:04min/km)	0:58:56.46	+0:13:44.81
40 - K /1	K30/1	[781]	ZYCH, Katarzyna	Bonnie & Clyde	Tarnów	0:59:01.36 (05:05min/km)	0:59:03.29	+0:13:51.64
41 - M /40	M30/22	[478]	HASS, Artur	Night Runners	Kraków	0:58:44.67 (05:03min/km)	0:59:05.15	+0:13:53.50
42 - M /41	M50/2	[507]	KARNIA, Tomasz	G.O.A.T. Team Michałowice	Węgrzce	0:58:58.91 (05:05min/km)	0:59:05.29	+0:13:53.64
43 - M /42	M20/7	[2043]	BAREJ, Michał	Maratony Kresowe	Białystok	0:59:02.92 (05:05min/km)	0:59:05.83	+0:13:54.18
44 - M /43	M30/23	[459]	GAWIN, Krzysiek	BeFit24Team	Kraków	0:59:04.27 (05:05min/km)	0:59:07.86	+0:13:56.21
45 - M /44	M30/24	[449]	FILICIAK, Michał	CAFFETTIERA	Kraków	0:58:45.16 (05:03min/km)	0:59:13.32	+0:14:01.67
46 - M /45	M20/8	[751]	WILCZEK, Tomasz		Kraków	0:59:14.03 (05:06min/km)	0:59:14.03	+0:14:02.38
47 - K /2	K20/1	[381]	BALUTA, Edyta		Kraków	0:59:12.52 (05:06min/km)	0:59:15.77	+0:14:04.12
48 - M /46	M30/25	[468]	GÓRKA, Marcin	UNLIMITED TRIATHLON KRAKÓW	KRAKÓW	0:59:22.27 (05:07min/km)	0:59:31.75	+0:14:20.10
49 - M /47	M30/26	[476]	GUZIK, Tomasz	DZIKI TIM	Kraków	1:00:04.74 (05:10min/km)	1:00:09.69	+0:14:58.04
50 - M /48	M30/27	[475]	GUZIK, Łukasz	Go Aktiv!	Łysokanie	1:00:12.73 (05:11min/km)	1:00:17.28	+0:15:05.63
51 - M /49	M30/28	[512]	KĄCIK, Mariusz	OSP MORAWICA	Morawica	1:00:10.20 (05:11min/km)	1:00:17.72	+0:15:06.07
52 - K /3	K30/2	[704]	SOLAKIEWICZ, Anna	BeFit24Team	Kraków	1:00:22.78 (05:12min/km)	1:00:25.99	+0:15:14.34
53 - M /50	M40/12	[599]	MARS, Maksymilian	Trailrun	Kraków	1:00:29.64 (05:12min/km)	1:00:29.64	+0:15:17.99
54 - M /51	M20/9	[526]	KOPIEĆ, Kamil	Jaja Na Bok RunningTeam	Kraków	1:00:45.95 (05:14min/km)	1:00:56.62	+0:15:44.97
55 - M /52	M40/13	[444]	DZIEDZIC, Krzysztof		Kraków	1:01:00.78 (05:15min/km)	1:01:02.62	+0:15:50.97
56 - M /53	M40/14	[705]	SROKA, Marcin		Kraków	1:00:58.13 (05:15min/km)	1:01:11.61	+0:15:59.96
57 - M /54	M40/15	[387]	BARZYK, Karol		Mogilany	1:01:08.92 (05:16min/km)	1:01:13.95	+0:16:02.30
58 - M /55	M40/16	[379]	ARCHAMOWICZ, Krzysztof	Skawina Biega	Skawina	1:01:22.18 (05:17min/km)	1:01:22.28	+0:16:10.63
59 - M /56	M30/29	[555]	KRYNICKI, Maciej	KRYNIO TEAM	Kraków	1:01:13.09 (05:16min/km)	1:01:28.56	+0:16:16.91
60 - M /57	M40/17	[776]	ZIĘBA, Marcin	Poranny Patrol	Kraków	1:01:36.89 (05:18min/km)	1:01:38.19	+0:16:26.54
61 - M /58	M30/30	[1138]	JAKUBOWSKI , Piotr			1:01:37.94 (05:18min/km)	1:01:48.86	+0:16:37.21
62 - M /59	M40/18	[376]	ADAMEK, Dariusz	#AdamCzerwińskiTeam	Kraków	1:01:42.40 (05:19min/km)	1:01:50.35	+0:16:38.70
63 - M /60	M40/19	[721]	SZAKIEL, Jerzy	Klub Biegacza AZS UEK	Kraków	1:01:45.61 (05:19min/km)	1:01:53.22	+0:16:41.57
64 - M /61	M30/31	[450]	FLOREK, Paweł	Kosovo	Krakow	1:01:59.13 (05:20min/km)	1:02:02.85	+0:16:51.20
65 - M /62	M30/32	[2529]	SOWA, Sebastian	Decathlon	Kraków	1:02:08.65 (05:21min/km)	1:02:11.69	+0:17:00.04
66 - M /63	M30/33	[616]	MORDARSKI, Michał		Kraków	1:02:11.83 (05:21min/km)	1:02:11.98	+0:17:00.33
67 - M /64	M40/20	[708]	STACH, Paweł	SIWEJKA	Ropki	1:02:11.28 (05:21min/km)	1:02:14.44	+0:17:02.79
68 - M /65	M40/21	[730]	ŚLIWA, Henryk	Skawina Biega	Skawina	1:02:02.43 (05:20min/km)	1:02:16.85	+0:17:05.20
69 - M /66	M40/22	[567]	KUNZ, Tomasz		Kraków	1:02:16.88 (05:22min/km)	1:02:26.00	+0:17:14.35
70 - M /67	M20/10	[596]	MAREK, Bartłomiej	42 DO SZCZĘŚCIA	Mielec	1:02:29.16 (05:23min/km)	1:02:29.16	+0:17:17.51
71 - K /4	K20/2	[583]	LORENS, Magdalena	G.O.A.T. Team Michałowice	Kraków	1:02:29.25 (05:23min/km)	1:02:30.13	+0:17:18.48
72 - K /5	K40/1	[463]	GĘÇA, Ewa	Sokół Sanok	Sanok	1:02:36.39 (05:23min/km)	1:02:38.80	+0:17:27.15
73 - M /68	M40/23	[461]	GAŚIOR, Krzysztof	Klub Biegacza AZS UEK	Psary	1:02:31.96 (05:23min/km)	1:02:39.09	+0:17:27.44
74 - M /69	M30/34	[585]	ŁASKOWSKI, Piotr	BeFit24Team	Kraków	1:02:38.00 (05:23min/km)	1:02:41.88	+0:17:30.23
75 - K /6	K30/3	[1112]	JABŁOŃSKA, Sylwia			1:02:32.80 (05:23min/km)	1:02:44.16	+0:17:32.51
76 - M /70	M20/11	[624]	NIEWCZAS, Paweł		kraków	1:02:24.71 (05:22min/km)	1:02:47.91	+0:17:36.26
77 - M /71	M40/24	[734]	ŚWIDZIŃSKI, Tomasz	Vege Runners	Kraków	1:02:50.75 (05:25min/km)	1:02:54.93	+0:17:43.28

78 - M /72	M40/25	[424]	CZAPLA, Przemysław	WKS Wawel BnO	Kraków	1:02:57.27 (05:25min/km)	1:03:04.38	+0:17:52.73
79 - M /73	M30/35	[386]	BARTOSZ, Marek		Kraków	1:03:11.62 (05:26min/km)	1:03:14.17	+0:18:02.52
80 - K /7	K30/4	[670]	RADCZUK, Daria		Krakow	1:03:30.37 (05:28min/km)	1:03:39.34	+0:18:27.69
81 - M /74	M40/26	[432]	DEPTUCH, Łukasz		Wieliczka	1:03:34.31 (05:28min/km)	1:03:46.66	+0:18:35.01
82 - M /75	M30/36	[515]	KIEŁT, Andrzej		Kraków	1:03:29.99 (05:28min/km)	1:03:47.43	+0:18:35.78
83 - M /76	M30/37	[2053]	KUZERA, Łukasz		Łukowa	1:03:37.62 (05:29min/km)	1:03:52.19	+0:18:40.54
84 - M /77	M30/38	[647]	PIĄTEK , Rafał	BeFit24Team	Kraków	1:03:45.62 (05:29min/km)	1:03:56.34	+0:18:44.69
85 - K /8	K30/5	[404]	BRZYSKA, Karolina	BrzyskiTriTeam	Kraków	1:04:03.89 (05:31min/km)	1:04:06.28	+0:18:54.63
86 - M /78	M30/39	[758]	WOŹNIAK, Grzegorz		Chelm	1:04:12.99 (05:32min/km)	1:04:18.83	+0:19:07.18
87 - M /79	M30/40	[2549]	SARZYŃSKI, Wojciech			1:04:12.11 (05:32min/km)	1:04:22.26	+0:19:10.61
88 - M /80	M30/41	[755]	WITEK, Grzegorz		Krakow	1:03:50.25 (05:30min/km)	1:04:24.01	+0:19:12.36
89 - M /81	M40/27	[518]	KISIELEWSKI , Piotr	Compass bikeBoard	Kraków	1:04:19.49 (05:32min/km)	1:04:27.73	+0:19:16.08
90 - M /82	M30/42	[622]	NIEMCZYK, Dominik	Euroclear Running Team	Kraków	1:04:26.62 (05:33min/km)	1:04:30.50	+0:19:18.85
91 - M /83	M20/12	[725]	SZKLARZ, Mariusz	Męska Strona Rzeczywistości	Kraków	1:04:43.51 (05:34min/km)	1:04:46.00	+0:19:34.35
92 - M /84	M30/43	[493]	JAWOREK, Grzegorz		Węgrzce	1:04:33.97 (05:33min/km)	1:04:49.33	+0:19:37.68
93 - K /9	K30/6	[524]	KOŁCZYŃ, Magdalena	BeFit24Team	Kraków	1:04:46.83 (05:35min/km)	1:04:50.46	+0:19:38.81
94 - M /85	M40/28	[430]	DARCHUK, Oleksandr		Krakow	1:04:44.85 (05:34min/km)	1:04:53.71	+0:19:42.06
95 - M /86	M30/44	[634]	ORNATOWSKI, Dariusz	Poranny Patrol	Kraków	1:04:31.60 (05:33min/km)	1:04:58.78	+0:19:47.13
96 - M /87	M30/45	[673]	REICHEL, Marcin		Kraków	1:04:58.12 (05:36min/km)	1:05:02.03	+0:19:50.38
97 - M /88	M40/29	[620]	MYSZKA, Bartłomiej		Kraków	1:04:51.92 (05:35min/km)	1:05:16.84	+0:20:05.19
98 - M /89	M30/46	[477]	HABAŁO, Wojciech	Night Runners	Kraków	1:04:57.86 (05:36min/km)	1:05:18.43	+0:20:06.78
99 - M /90	M30/47	[663]	POPIELARCZYK, Łukasz	Vege Runners	Kraków	1:05:16.74 (05:37min/km)	1:05:19.72	+0:20:08.07
100 - M /91	M30/48	[2553]	KALIA, Tomasz			1:05:17.41 (05:37min/km)	1:05:21.35	+0:20:09.70
101 - M /92	M40/30	[395]	BIERNAT, Jakub	Wiselka	Kraków	1:05:27.45 (05:38min/km)	1:05:35.54	+0:20:23.89
102 - K /10	K20/3	[448]	FIJAŁKOWSKA, Ewa	Nowa Huta Team	Krakow	1:05:30.33 (05:38min/km)	1:05:37.38	+0:20:25.73
103 - M /93	M50/3	[676]	ROGASCH, Stanisław Rogasch	Lacho Team	Kraków	1:05:12.86 (05:37min/km)	1:05:44.08	+0:20:32.43
104 - M /94	M30/49	[681]	RUMIŃSKI, Piotr		Wieliczka	1:05:44.43 (05:40min/km)	1:05:49.01	+0:20:37.36
105 - M /95	M40/31	[716]	STEC, Paweł		Kraków	1:05:56.57 (05:41min/km)	1:05:58.18	+0:20:46.53
106 - M /96	M30/50	[558]	KUBIESA, Jakub	Husaria Race Team	Kraków	1:06:02.32 (05:41min/km)	1:06:03.10	+0:20:51.45
107 - M /97	M30/51	[516]	KISIAŁA, Filip	Lacho Team	Kraków	1:06:06.97 (05:41min/km)	1:06:12.13	+0:21:00.48
108 - K /11	K20/4	[523]	KOŁACKA, Martyna	Go Aktiv!	Wodzisław Śląski	1:06:10.72 (05:42min/km)	1:06:16.77	+0:21:05.12
109 - M /98	M20/13	[606]	MICHNA, Paweł		Kraków	1:06:08.73 (05:42min/km)	1:06:23.03	+0:21:11.38
110 - M /99	M30/52	[2535]	ZASTAWNY, Tomasz	AZS AWF KRAKÓW MASTERS	Kraków	1:06:35.43 (05:44min/km)	1:06:35.43	+0:21:23.78
111 - M /100	M20/14	[547]	KRAWCZYK, Jakub		Kraków	1:06:40.33 (05:44min/km)	1:06:41.29	+0:21:29.64
112 - M /101	M30/53	[421]	CUDEK, Jacek	brak	Wieliczka	1:06:35.11 (05:44min/km)	1:06:46.92	+0:21:35.27
113 - K /12	K40/2	[635]	PACHURA, Kinga		Mszana Dolna	1:06:45.09 (05:45min/km)	1:06:47.07	+0:21:35.42
114 - M /102	M60/1	[553]	KRYJOMSKI, Jerzy	KS Kościelec Chrzanów	Chrzanów	1:05:21.59 (05:38min/km)	1:07:00.88	+0:21:49.23
115 - M /103	M40/32	[1106]	CEKIERA, Marcin	Iron Dragon Triathlon	Zielonki	1:06:53.67 (05:46min/km)	1:07:02.81	+0:21:51.16
116 - M /104	M40/33	[612]	MISIUK, Marek	Trailrun	Kraków	1:06:59.60 (05:46min/km)	1:07:03.89	+0:21:52.24
117 - M /105	M30/54	[1118]	SIEMIŃSKI, Radosław			1:06:52.38 (05:45min/km)	1:07:19.13	+0:22:07.48
118 - M /106	M30/55	[415]	CHOLEWCZUK, Piotr	Wild Dogs Team	Kraków	1:07:15.45 (05:47min/km)	1:07:19.39	+0:22:07.74
119 - K /13	K30/7	[392]	BIELEC, Kinga	Husaria Race Team	Kraków	1:07:32.40 (05:49min/km)	1:07:39.64	+0:22:27.99

120 - M /107	M30/56	[689]	SĘK, Marek	WM Triself	Kraków	1:07:43.66 (05:50min/km)	1:07:44.84	+0:22:33.19
121 - M /108	M40/34	[740]	TWORZYDŁO, Paweł		Kraków	1:07:27.30 (05:48min/km)	1:07:46.85	+0:22:35.20
122 - M /109	M40/35	[646]	PIASECKI, Rafał		Wieliczka	1:07:28.07 (05:48min/km)	1:07:47.83	+0:22:36.18
123 - K /14	K20/5	[435]	DUBIENKO, Joanna	UNLIMITED TRIATHLON KRAKÓW	KRAKÓW	1:07:44.72 (05:50min/km)	1:07:55.50	+0:22:43.85
124 - K /15	K30/8	[2531]	TUSIŃSKA, Aleksandra		Kraków	1:07:52.62 (05:51min/km)	1:08:01.01	+0:22:49.36
125 - M /110	M30/57	[556]	KRYSA, Roman		Kraków	1:07:41.17 (05:50min/km)	1:08:11.24	+0:22:59.59
126 - M /111	M40/36	[688]	SEWERYN, Robert		Kraków	1:08:03.52 (05:52min/km)	1:08:13.13	+0:23:01.48
127 - M /112	M20/15	[2551]	MARCOL, Mateusz			1:08:13.71 (05:52min/km)	1:08:13.71	+0:23:02.06
128 - M /113	M30/58	[739]	TRYBULEC, Daniel	Poranny Patrol	Tarnów	1:07:59.81 (05:51min/km)	1:08:14.80	+0:23:03.15
129 - M /114	M40/37	[639]	PASELA, Jerzy Pasela		Kraków	1:07:33.71 (05:49min/km)	1:08:16.02	+0:23:04.37
130 - M /115	OPEN-M/1	[667]	PUDEŁEK, Błażej	LKS Górzanka Nawojowa Góra		1:07:43.88 (05:50min/km)	1:08:16.33	+0:23:04.68
131 - M /116	M30/59	[396]	BIGAJ, Sebastian	Iron Dragon Triathlon	Kraków	1:08:21.08 (05:53min/km)	1:08:21.77	+0:23:10.12
132 - M /117	M20/16	[452]	FRACH, Dominik	Sigma Pizza & Bar	Kraków	1:08:10.83 (05:52min/km)	1:08:22.12	+0:23:10.47
133 - M /118	M50/4	[621]	NAZIM, Adam		Kraków	1:07:50.46 (05:50min/km)	1:08:31.62	+0:23:19.97
134 - M /119	M30/60	[614]	MOCNY, Michał		Kraków	1:08:23.70 (05:53min/km)	1:08:35.80	+0:23:24.15
135 - M /120	M40/38	[2545]	DUDA, Paweł			1:08:30.25 (05:54min/km)	1:08:37.54	+0:23:25.89
136 - M /121	M30/61	[733]	ŚWIDNIEWICZ, Paweł	PIWOJAD	Kraków	1:08:35.99 (05:54min/km)	1:08:40.45	+0:23:28.80
137 - K /16	K20/6	[399]	BLICHARZ, Ewelina	Nie ma letko	Krakow	1:08:35.12 (05:54min/km)	1:08:40.72	+0:23:29.07
138 - M /122	M40/39	[2542]	KONIK, Jarosław			1:08:16.54 (05:53min/km)	1:08:41.51	+0:23:29.86
139 - M /123	M40/40	[1139]	OBARZANOWSKI, Michał			1:08:16.68 (05:53min/km)	1:08:43.76	+0:23:32.11
140 - K /17	K30/9	[401]	BOCHENSKA, Katarzyna		Kraków	1:08:44.08 (05:55min/km)	1:08:44.08	+0:23:32.43
141 - M /124	M30/62	[469]	GÓRKA, Piotr		Zasań	1:08:20.39 (05:53min/km)	1:08:44.84	+0:23:33.19
142 - M /125	M30/63	[633]	ORAMUS, Paweł	Skawina Biega	Gołuchowice	1:08:31.31 (05:54min/km)	1:08:45.38	+0:23:33.73
143 - M /126	M40/41	[559]	KUCIA, Sebastian		Młoszowa	1:08:20.53 (05:53min/km)	1:08:48.45	+0:23:36.80
144 - M /127	M20/17	[658]	PLUCIŃSKI, Jakub	Husaria Race Team	Kraków	1:08:53.89 (05:56min/km)	1:08:53.89	+0:23:42.24
145 - M /128	M30/64	[743]	WALCZAK, Waldemar		Krakow	1:08:57.22 (05:56min/km)	1:08:57.22	+0:23:45.57
146 - K /18	K40/3	[554]	KRYNICKA-PAŁKA, Monika		Krzyszowice	1:08:42.18 (05:55min/km)	1:08:57.32	+0:23:45.67
147 - M /129	M20/18	[780]	ZWIERZYK, Maciej		Kraków	1:08:47.11 (05:55min/km)	1:09:02.48	+0:23:50.83
148 - M /130	M30/65	[742]	URIBE ABARCA, Juan Manuel	Trailrun	Krakow	1:08:54.62 (05:56min/km)	1:09:05.36	+0:23:53.71
149 - M /131	M40/42	[466]	GONDOR, Jarosław Gondor		Libertów	1:08:49.99 (05:56min/km)	1:09:07.22	+0:23:55.57
150 - M /132	M40/43	[494]	JAWORSKI, Piotr		Kraków	1:08:59.69 (05:56min/km)	1:09:09.92	+0:23:58.27
151 - M /133	M30/66	[747]	WEGRZYŃSKI, Paweł	ITMBW Kraków	Kraków	1:08:43.28 (05:55min/km)	1:09:10.21	+0:23:58.56
152 - M /134	M30/67	[498]	KACZMARCZYK, Tomasz	Husaria Race Team	Giebułtów	1:09:03.08 (05:57min/km)	1:09:10.42	+0:23:58.77
153 - M /135	M30/68	[682]	RYBAK, Bartłomiej		Kraków	1:09:01.92 (05:57min/km)	1:09:16.04	+0:24:04.39
154 - K /19	K40/4	[411]	BYDÓN, Agnieszka	Niepołomice Biegają #Adam CzerwińskiTeam	Kokotów	1:09:06.23 (05:57min/km)	1:09:17.17	+0:24:05.52
155 - M /136	M40/44	[2527]	SKOWRONEK, Robert		Kraków	1:09:10.60 (05:57min/km)	1:09:21.64	+0:24:09.99
156 - K /20	K30/10	[660]	PLAZIAK-KOWALSKA, Magdalena	2k	Libertow	1:09:25.33 (05:59min/km)	1:09:31.74	+0:24:20.09
157 - M /137	M40/45	[698]	SŁONINA, Artur	running.krakow.pl	Kraków	1:09:20.11 (05:58min/km)	1:09:36.21	+0:24:24.56
158 - M /138	M50/5	[640]	PASŁAWSKI, Maciej		Kraków	1:09:32.85 (05:59min/km)	1:09:39.78	+0:24:28.13
159 - M /139	M40/46	[638]	PARDYGAŁ, Tomasz	WM Triself	Kraków	1:09:35.46 (05:59min/km)	1:09:41.16	+0:24:29.51
160 - M /140	M30/69	[661]	PODCZASZY, Tomasz		Kraków	1:09:42.42 (06:00min/km)	1:09:42.42	+0:24:30.77
161 - K /21	K30/11	[589]	MAHER, Bernadette	Wimbledon Windmilers	London	1:09:31.06 (05:59min/km)	1:09:46.87	+0:24:35.22

162 - M /141	M40/47	[431]	DABKOWSKI, Leszek	G.O.A.T. Team Michałowice	Więclawice Stare	1:09:19.74 (05:58min/km)	1:09:49.28	+0:24:37.63
163 - M /142	M40/48	[440]	DURON, Marcin	BeFit24Team	Kraków	1:09:49.11 (06:01min/km)	1:09:53.63	+0:24:41.98
164 - M /143	M40/49	[732]	ŚWIĄDER, Andrzej	BeFit24Team	Wieliczka	1:09:44.07 (06:00min/km)	1:09:54.21	+0:24:42.56
165 - M /144	M20/19	[771]	ZAWROTNIAK, Paweł		Kraków	1:09:23.70 (05:58min/km)	1:09:59.94	+0:24:48.29
166 - K /22	K30/12	[2552]	ARTER, Angelika			1:09:44.54 (06:00min/km)	1:10:03.23	+0:24:51.58
167 - M /145	M40/50	[666]	PRECIKOWSKI, Rysiek		Wieliczka	1:09:38.51 (06:00min/km)	1:10:06.61	+0:24:54.96
168 - M /146	M30/70	[618]	MROWIEC, Paweł	Heineken Kraków Running Club	Bibice	1:10:07.87 (06:02min/km)	1:10:12.46	+0:25:00.81
169 - M /147	M40/51	[784]	ŻAK, Paweł	Niepołomice Biegają	Podłęże	1:09:41.43 (06:00min/km)	1:10:14.54	+0:25:02.89
170 - M /148	M30/71	[539]	KOWALEWSKI, Łukasz	UBS Kraków Running Team	Kraków	1:09:51.19 (06:01min/km)	1:10:17.30	+0:25:05.65
171 - M /149	M30/72	[1111]	CHMIELEWSKI, Witold			1:10:11.78 (06:03min/km)	1:10:21.55	+0:25:09.90
172 - K /23	K30/13	[465]	GOMÓŁKA, Agata	MOK Mszana Dolna	Kraków	1:10:31.96 (06:04min/km)	1:10:35.03	+0:25:23.38
173 - M /150	M40/52	[467]	GORSZKO, Adam	Trailrun	Kraków	1:10:21.26 (06:03min/km)	1:10:38.07	+0:25:26.42
174 - M /151	M40/53	[750]	WIETRZNY, Kacper	Trailrun	Kraków	1:10:09.93 (06:02min/km)	1:10:38.58	+0:25:26.93
175 - M /152	M30/73	[677]	ROJEWSKI, Michał	Biegnę Bo Mama Kazała	Kraków	1:10:09.76 (06:02min/km)	1:10:39.54	+0:25:27.89
176 - M /153	M30/74	[678]	ROSA, Bartłomiej	Bartko Biega!	Myslenice	1:10:21.65 (06:03min/km)	1:10:46.41	+0:25:34.76
177 - K /24	K30/14	[757]	WOJTASZEK, Malwina		Kraków	1:10:30.72 (06:04min/km)	1:10:48.17	+0:25:36.52
178 - M /154	M40/54	[562]	KUKLA, Grzegorz	Kolibier Team	Kraków	1:10:42.42 (06:05min/km)	1:10:52.17	+0:25:40.52
179 - M /155	M30/75	[2522]	PIOTROWSKI, Przemysław	Nowa Huta Team	Kraków	1:10:23.75 (06:04min/km)	1:10:54.58	+0:25:42.93
180 - K /25	K30/15	[643]	PAWŁOWICZ, Anna	OKNOPLAST RUNNING TEAM	Wieliczka	1:10:51.62 (06:06min/km)	1:10:56.29	+0:25:44.64
181 - M /156	M30/76	[434]	DRZYSGIEWICZ, Michal	kwitnaca.com	Krakow	1:11:00.80 (06:07min/km)	1:11:05.06	+0:25:53.41
182 - M /157	M30/77	[2049]	HATALA, Grzegorz		Kraków	1:11:02.15 (06:07min/km)	1:11:13.85	+0:26:02.20
183 - M /158	M40/55	[644]	PETER, Lesław	Vege Runners	Kraków	1:10:53.53 (06:06min/km)	1:11:21.99	+0:26:10.34
184 - M /159	M20/20	[686]	SĄSIADK, Grzegorz		Szczucin	1:11:03.71 (06:07min/km)	1:11:23.85	+0:26:12.20
185 - M /160	M50/6	[2055]	ORŁOWSKI, Paweł		Kraków	1:11:08.13 (06:07min/km)	1:11:25.98	+0:26:14.33
186 - M /161	M30/78	[439]	DURLAK, Błażej		Bobowa	1:11:13.72 (06:08min/km)	1:11:30.33	+0:26:18.68
187 - M /162	M40/56	[2543]	BIAŁKA, Rafał			1:11:38.11 (06:10min/km)	1:11:44.13	+0:26:32.48
188 - M /163	M40/57	[753]	WILK, Krzysztof	Udo Grubbe	Kraków	1:11:42.89 (06:10min/km)	1:11:59.42	+0:26:47.77
189 - M /164	M30/79	[744]	WAW, Grzegorz	DZIKI TIM	Kraków	1:12:05.87 (06:12min/km)	1:12:13.78	+0:27:02.13
190 - M /165	M60/2	[628]	NOWOTNY, Marian	Niepołomice Biegają	Damienice	1:12:14.47 (06:13min/km)	1:12:24.62	+0:27:12.97
191 - M /166	M40/58	[1141]	LIPIEŃ, Jakub			1:12:18.64 (06:14min/km)	1:12:27.30	+0:27:15.65
192 - M /167	M30/80	[668]	PUTAJ, Rafał	Night Runners	Kraków	1:11:55.60 (06:12min/km)	1:12:30.35	+0:27:18.70
193 - M /168	M40/59	[593]	MALINOWSKI, Marek		Kraków	1:12:10.40 (06:13min/km)	1:12:34.95	+0:27:23.30
194 - M /169	M30/81	[717]	STOCKI, Tomasz	Novomatic Technologies Poland	Kraków	1:12:20.97 (06:14min/km)	1:12:35.77	+0:27:24.12
195 - M /170	M30/82	[1109]	WÓJCIC, Mateusz	Skawina Biega	Skawina	1:12:35.15 (06:15min/km)	1:12:48.20	+0:27:36.55
196 - M /171	M40/60	[487]	JANICKI, Tomasz		Kraków	1:12:28.29 (06:14min/km)	1:12:48.58	+0:27:36.93
197 - M /172	M30/83	[446]	DŻWIGULSKI, Łukasz		Kraków	1:12:37.92 (06:15min/km)	1:12:57.51	+0:27:45.86
198 - M /173	M40/61	[497]	JURCZAK, Tomek		Krakow	1:12:58.09 (06:17min/km)	1:12:58.09	+0:27:46.44
199 - M /174	M30/84	[527]	KOPIEĆ, Rafał		kraków	1:12:50.28 (06:16min/km)	1:13:01.81	+0:27:50.16
200 - M /175	M40/62	[569]	KURKIEWICZ, Grzegorz	BeFit24Team	Kraków	1:12:55.97 (06:17min/km)	1:13:02.36	+0:27:50.71
201 - M /176	M30/85	[548]	KRAWCZYK, Marek		Kraków	1:12:44.06 (06:16min/km)	1:13:06.68	+0:27:55.03
202 - M /177	M30/86	[627]	NOWAK, Krzysztof		Kraków	1:12:31.79 (06:15min/km)	1:13:09.76	+0:27:58.11
203 - M /178	M40/63	[426]	CZEPIEL, Paweł	CSK Brzezine	Kraków	1:13:10.99 (06:18min/km)	1:13:10.99	+0:27:59.34
204 - M /179	M40/64	[729]	ŚLEDZIOWSKI, Andrzej	Lacho Team	Kraków	1:13:05.39 (06:18min/km)	1:13:13.07	+0:28:01.42

205 - M /180	M50/7	[736]	TARNAWSKI, Jakub	KKB DYSTANS	Kraków	1:12:52.84 (06:16min/km)	1:13:19.89	+0:28:08.24
206 - M /181	M30/87	[672]	RAKOWSKI, Paweł		Kraków	1:12:43.52 (06:16min/km)	1:13:20.47	+0:28:08.82
207 - M /182	M30/88	[2046]	ĆWIKŁA, Paweł		Kraków	1:12:59.00 (06:17min/km)	1:13:22.66	+0:28:11.01
208 - M /183	M40/65	[514]	KĘSEK, Maciej	CSK Brzezcie	Brzezcie	1:13:07.00 (06:18min/km)	1:13:27.11	+0:28:15.46
209 - M /184	M30/89	[2537]	STACH, Dariusz			1:13:21.66 (06:19min/km)	1:13:42.85	+0:28:31.20
210 - M /185	M40/66	[541]	KOZIOŁ, Artur	Koziołki	Kraków	1:13:30.52 (06:20min/km)	1:13:43.87	+0:28:32.22
211 - M /186	M40/67	[637]	PAPUGA, Krzysztof		Kraków	1:13:36.11 (06:20min/km)	1:13:54.22	+0:28:42.57
212 - K /26	K40/5	[2554]	LIGĘZA, Joasia			1:13:44.21 (06:21min/km)	1:13:55.40	+0:28:43.75
213 - M /187	M30/90	[405]	BUDKOWSKI, Mateusz		Kraków	1:13:22.80 (06:19min/km)	1:13:56.46	+0:28:44.81
214 - K /27	K40/6	[764]	WYPYCH, Agnieszka		Kraków	1:13:43.27 (06:21min/km)	1:13:59.20	+0:28:47.55
215 - M /188	M30/91	[394]	BIERNAT, Bartłomiej		Kraków	1:13:39.61 (06:21min/km)	1:14:08.08	+0:28:56.43
216 - M /189	M20/21	[574]	LEGENC, Łukasz	Wędruj z Oczkami	Kraków	1:13:48.56 (06:21min/km)	1:14:15.67	+0:29:04.02
217 - M /190	M40/68	[575]	LESIAK, Filip	Skawina Biega	Skawina	1:13:59.93 (06:22min/km)	1:14:18.90	+0:29:07.25
218 - M /191	M30/92	[501]	KAJZEREK, Arek		Kraków	1:13:44.67 (06:21min/km)	1:14:20.61	+0:29:08.96
219 - M /192	M40/69	[457]	GARBACIK, Wojciech	WYMARŁY GATUNEK	Kraków	1:14:14.74 (06:24min/km)	1:14:22.25	+0:29:10.60
220 - M /193	M40/70	[724]	SZEWCZYK, Mariusz		Kraków	1:14:09.69 (06:23min/km)	1:14:27.59	+0:29:15.94
221 - M /194	M20/22	[679]	ROSIEK, Bartosz		Kraków	1:14:02.90 (06:23min/km)	1:14:32.97	+0:29:21.32
222 - K /28	K30/16	[1113]	ŚWIERC, Barbara			1:14:32.47 (06:25min/km)	1:14:42.77	+0:29:31.12
223 - M /195	M30/93	[483]	INDYKA, Maciej	WKS Wawel BnO	Kraków	1:14:40.48 (06:26min/km)	1:14:45.59	+0:29:33.94
224 - M /196	M30/94	[441]	DYREK, Marcin		Kraków	1:14:57.14 (06:27min/km)	1:15:00.19	+0:29:48.54
225 - M /197	M30/95	[768]	ZAWACKI, Marcin		Kraków	1:14:34.24 (06:25min/km)	1:15:03.33	+0:29:51.68
226 - M /198	M20/23	[756]	WOJTAS, Kamil	KKB DYSTANS	Kraków	1:14:40.66 (06:26min/km)	1:15:05.75	+0:29:54.10
227 - M /199	M30/96	[544]	KOZIOŁ, Paweł	Poranny Patrol	Kraków	1:14:56.64 (06:27min/km)	1:15:13.34	+0:30:01.69
228 - K /29	K40/7	[600]	MASZCZYK, Dorota		Kraków	1:14:59.03 (06:27min/km)	1:15:20.97	+0:30:09.32
229 - K /30	K30/17	[735]	ŚWIERCZYŃSKA, Gabriela		Kraków	1:14:45.75 (06:26min/km)	1:15:21.31	+0:30:09.66
230 - K /31	K30/18	[2541]	KOROSIEWICZ, Karolina			1:15:03.99 (06:28min/km)	1:15:26.63	+0:30:14.98
231 - M /200	M30/97	[695]	SKIBA, Marcin	WM Triself	Kraków	1:14:46.95 (06:26min/km)	1:15:27.31	+0:30:15.66
232 - K /32	K30/19	[1119]	STEFANCZYK, Monika			1:14:55.42 (06:27min/km)	1:15:30.20	+0:30:18.55
233 - K /33	K20/7	[595]	MARCHEWKA, Klaudia		Kraków	1:15:00.73 (06:28min/km)	1:15:36.99	+0:30:25.34
234 - M /201	M30/98	[2523]	POLESELLO, Maxime		kraków	1:15:28.04 (06:30min/km)	1:15:44.52	+0:30:32.87
235 - M /202	M30/99	[754]	WINCENCIAK, Jarosław	Kulfon	Myślenice	1:15:26.37 (06:30min/km)	1:15:48.62	+0:30:36.97
236 - M /203	M30/100	[592]	MALINA, Michał	Kulfon	Zasań	1:15:26.79 (06:30min/km)	1:15:49.32	+0:30:37.67
237 - K /34	K30/20	[774]	ZIĘBA, Anna Zięba	Poranny Patrol	Kraków	1:15:38.88 (06:31min/km)	1:15:53.40	+0:30:41.75
238 - M /204	M30/101	[2056]	PEŁKA, Michał		Kraków	1:15:54.96 (06:32min/km)	1:15:58.28	+0:30:46.63
239 - K /35	K40/8	[582]	LOKAJEWSKA, Justyna	Eskadra Kraków	Kraków	1:15:27.20 (06:30min/km)	1:15:58.68	+0:30:47.03
240 - K /36	K20/8	[2052]	KUSZTAL, Justyna			1:15:32.11 (06:30min/km)	1:16:01.46	+0:30:49.81
241 - M /205	M30/102	[718]	STRAŻ, Maciej	Kraków Airport Running Team	Kraków	1:15:41.81 (06:31min/km)	1:16:04.47	+0:30:52.82
242 - K /37	K40/9	[598]	MARKS, Eliza		Bibice	1:15:57.72 (06:32min/km)	1:16:15.30	+0:31:03.65
243 - M /206	M40/71	[775]	ZIĘBA, Artur	Poranny Patrol	Kraków	1:16:11.31 (06:34min/km)	1:16:24.57	+0:31:12.92
244 - K /38	K40/10	[655]	PIÓRKOWSKA, Ola	#AdamCzerwińskiTeam	Wieliczka	1:16:23.96 (06:35min/km)	1:16:26.89	+0:31:15.24
245 - M /207	M30/103	[480]	HORODECKI, Łukasz		Kraków	1:15:58.12 (06:32min/km)	1:16:31.38	+0:31:19.73
246 - M /208	M40/72	[632]	OLSZA, Paweł		Kraków	1:16:22.39 (06:35min/km)	1:16:40.84	+0:31:29.19
247 - M /209	M40/73	[579]	LIGĘZA, Wittek	Smashing PApkins	Kraków	1:16:21.27 (06:34min/km)	1:16:42.34	+0:31:30.69

			Unlimited					
248 - M /210	M50/8	[513]	KĘDZIOR, Tomasz	onkologiaprywatnie.pl	Kraków	1:16:18.54 (06:34min/km)	1:16:46.38	+0:31:34.73
249 - M /211	M30/104	[719]	STYRNA, Tomasz		Kraków	1:16:43.39 (06:36min/km)	1:16:49.78	+0:31:38.13
250 - M /212	M40/74	[650]	PIENIAŹEK, Mariusz		Kraków	1:16:25.83 (06:35min/km)	1:16:57.35	+0:31:45.70
251 - K /39	K20/9	[1107]	GŁÓD, Izabela	tastyrun.pl	Kraków	1:17:02.50 (06:38min/km)	1:17:12.61	+0:32:00.96
252 - M /213	M30/105	[2540]	GINTER, Grzegorz			1:17:07.54 (06:38min/km)	1:17:20.25	+0:32:08.60
253 - M /214	M30/106	[378]	ANDY, Allan	Wimbledon Windmilers	Krakow	1:17:01.94 (06:38min/km)	1:17:20.78	+0:32:09.13
254 - K /40	K20/10	[540]	KOWALSKA, Paulina	POLKAS	Kraków	1:16:49.05 (06:37min/km)	1:17:21.80	+0:32:10.15
255 - M /215	M20/24	[2546]	SZEMCZYK, Michał			1:17:12.55 (06:39min/km)	1:17:27.29	+0:32:15.64
256 - K /41	K20/11	[746]	WĘGRZYN, Katarzyna	Oknoplast Running Team Bochnia Biega	Bochnia	1:17:24.86 (06:40min/km)	1:17:33.63	+0:32:21.98
257 - K /42	K40/11	[713]	STASIK, Beata	BeFit24Team	Kraków	1:17:31.95 (06:41min/km)	1:17:35.60	+0:32:23.95
258 - M /216	M40/75	[657]	PITUCH, Przemysław			1:17:22.22 (06:40min/km)	1:17:41.20	+0:32:29.55
259 - M /217	M20/25	[1117]	KASPERCZYK, Michał			1:17:15.32 (06:39min/km)	1:17:43.73	+0:32:32.08
260 - K /43	K20/12	[610]	MIKULKA-MOŚ, Katarzyna		Kraków	1:17:18.90 (06:39min/km)	1:17:44.17	+0:32:32.52
261 - M /218	M40/76	[675]	RICOUR, Patrice		Kraków	1:17:38.11 (06:41min/km)	1:17:48.76	+0:32:37.11
262 - M /219	M30/107	[456]	GAJDA, Mateusz	Skawina Biega	Skawina	1:17:30.81 (06:40min/km)	1:17:48.76	+0:32:37.11
263 - M /220	M30/108	[2548]	MAMICA, Andrzej			1:17:25.18 (06:40min/km)	1:17:50.26	+0:32:38.61
264 - M /221	M40/77	[2044]	BUTRYN, Wojciech		Kraków	1:17:36.31 (06:41min/km)	1:18:05.74	+0:32:54.09
265 - M /222	M50/9	[571]	LASKOWSKI, Dariusz	Niepołomice Biegają	Mała Wieś	1:17:44.58 (06:42min/km)	1:18:08.47	+0:32:56.82
266 - K /44	K30/21	[659]	PŁAWECKA, Barbara		Żegocina	1:18:09.21 (06:44min/km)	1:18:15.97	+0:33:04.32
267 - M /223	M40/78	[785]	ŻOŁĄDŹ, Jurek	Go Aktiv!	Kraków	1:17:42.86 (06:41min/km)	1:18:19.26	+0:33:07.61
268 - K /45	K30/22	[1116]	WENECKA-FLIS, Anna			1:18:04.29 (06:43min/km)	1:18:22.36	+0:33:10.71
269 - M /224	M40/79	[783]	ŻAK, Krzysztof	Klub Biegacza AZS UEK	Kraków	1:18:04.33 (06:43min/km)	1:18:24.65	+0:33:13.00
270 - K /46	K20/13	[2550]	SZCZEPAŃSKA, Edyta			1:18:22.64 (06:45min/km)	1:18:40.57	+0:33:28.92
271 - K /47	K40/12	[1124]	OLEJNIK, Ewa			1:18:42.49 (06:47min/km)	1:18:50.63	+0:33:38.98
272 - M /225	M50/10	[397]	BLADY, Bogdan		Kraków	1:18:22.23 (06:45min/km)	1:18:57.48	+0:33:45.83
273 - M /226	M40/80	[741]	TYLIBA, Ireneusz	MIKI	Przeginia	1:18:32.14 (06:46min/km)	1:18:59.80	+0:33:48.15
274 - M /227	M30/109	[530]	KORN, Michał	MTJS	Krakow	1:18:33.58 (06:46min/km)	1:19:00.18	+0:33:48.53
275 - K /48	K40/13	[486]	JANAS, Ewa		Kraków	1:18:54.26 (06:48min/km)	1:19:06.21	+0:33:54.56
276 - M /228	M30/110	[2524]	ROCZNIK, Grzegorz	Centrum Zdrowia Biegacza	Kraków	1:18:54.43 (06:48min/km)	1:19:13.88	+0:34:02.23
277 - K /49	K50/1	[383]	BARAN-GADEK, Ewa		Kraków	1:19:05.60 (06:49min/km)	1:19:14.62	+0:34:02.97
278 - K /50	K30/23	[603]	MICHALIK, Magdalena Michalik	Helpiness	Kraków	1:18:56.32 (06:48min/km)	1:19:23.96	+0:34:12.31
279 - M /229	M40/81	[1105]	KAMISIŃSKI, Marek			1:19:25.57 (06:50min/km)	1:19:29.88	+0:34:18.23
280 - M /230	M30/111	[511]	KAWKA , Paweł		Kraków	1:19:14.09 (06:49min/km)	1:19:46.70	+0:34:35.05
281 - K /51	K30/24	[752]	WILK, Katarzyna	BeFit24Team	Kraków	1:19:44.39 (06:52min/km)	1:19:52.64	+0:34:40.99
282 - M /231	M30/112	[485]	JAKUBIŃSKI, Jakub	Solne Miasto Wieliczka	Wieliczka	1:19:53.06 (06:53min/km)	1:19:53.06	+0:34:41.41
283 - K /52	K40/14	[460]	GADEK, Agata		Kraków	1:20:13.58 (06:54min/km)	1:20:16.67	+0:35:05.02
284 - K /53	K30/25	[777]	ZIÓŁKOWSKA , Monika	Kolorowa Drużyna Nessi	Kraków	1:20:17.89 (06:55min/km)	1:20:30.45	+0:35:18.80
285 - K /54	K40/15	[447]	ETTERLE-GARBACIK, Katarzyna	Wolves Running Team	Kraków	1:20:36.89 (06:56min/km)	1:20:45.32	+0:35:33.67
286 - M /232	M60/3	[529]	KORDOS, Jan	KKB Dystan	Kraków	1:20:31.47 (06:56min/km)	1:20:47.22	+0:35:35.57
287 - M /233	M30/113	[711]	STANISŁAWSKI, Bartosz		Kraków	1:20:36.31 (06:56min/km)	1:20:52.27	+0:35:40.62
288 - K /55	K20/14	[2533]	WIS, Modesta		Kraków	1:20:26.43 (06:56min/km)	1:20:56.05	+0:35:44.40

289 - K /56	K20/15	[2532]	WIERZBANOWSKA, Marta		Zakopane	1:20:29.88 (06:56min/km)	1:21:01.22	+0:35:49.57
290 - K /57	K30/26	[505]	KAMISIŃSKA, Dorota	BeFit24Team	Krakow	1:20:57.47 (06:58min/km)	1:21:02.08	+0:35:50.43
291 - M /234	M40/82	[703]	SOCZYŃSKI, Sebastian		kraków	1:20:42.90 (06:57min/km)	1:21:05.85	+0:35:54.20
292 - K /58	K30/27	[779]	ZOŃ, Olga		Wieliczka	1:20:34.98 (06:56min/km)	1:21:08.51	+0:35:56.86
293 - K /59	K40/16	[769]	ZAWISZA, Joanna	Vege Runners	Kraków	1:20:44.22 (06:57min/km)	1:21:12.50	+0:36:00.85
294 - M /235	M30/114	[520]	KITKA, Mateusz		Kraków	1:20:43.26 (06:57min/km)	1:21:12.59	+0:36:00.94
295 - K /60	K40/17	[502]	KALETA, Magdalena		KOZIERÓW	1:20:49.72 (06:58min/km)	1:21:19.30	+0:36:07.65
296 - M /236	M40/83	[533]	KOSZAŁKA, Marcin	Klub Wysokogórski Kraków	Kraków	1:20:54.15 (06:58min/km)	1:21:21.03	+0:36:09.38
297 - M /237	M40/84	[549]	KRAWCZYK, Paweł	Klub Sportowy Hajime	Kraków	1:20:49.91 (06:58min/km)	1:21:21.96	+0:36:10.31
298 - K /61	K40/18	[499]	KACZMAREK, Katarzyna	#AdamCzerwińskiTeam	Sułków	1:21:11.07 (06:59min/km)	1:21:23.06	+0:36:11.41
299 - M /238	M20/26	[428]	CZYŻOWICZ, Michał		Kraków	1:21:15.20 (07:00min/km)	1:21:32.58	+0:36:20.93
300 - K /62	K30/28	[584]	LORENZ, Anna	#AdamCzerwińskiTeam	Wieliczka	1:21:23.66 (07:01min/km)	1:21:35.34	+0:36:23.69
301 - K /63	K30/29	[2538]	CIEŚLA, Magda			1:21:18.44 (07:00min/km)	1:21:44.26	+0:36:32.61
302 - K /64	K20/16	[538]	KOWALEWSKA, Claudia	UBS Kraków Running Team	Kraków	1:21:24.17 (07:01min/km)	1:21:50.88	+0:36:39.23
303 - K /65	K50/2	[380]	BAJOŁEK, Aleksandra	Night Runners	KRAKÓW	1:21:30.07 (07:01min/km)	1:21:53.83	+0:36:42.18
304 - M /239	M30/115	[473]	GRZEBYK, Michał		Kraków	1:21:55.82 (07:03min/km)	1:21:55.82	+0:36:44.17
305 - M /240	M30/116	[560]	KUCZ, Dariusz		Olszowice	1:21:47.65 (07:03min/km)	1:22:00.46	+0:36:48.81
306 - M /241	M40/85	[561]	KUDŁA, Grzegorz		Wieliczka	1:21:57.68 (07:03min/km)	1:22:02.18	+0:36:50.53
307 - M /242	M40/86	[683]	RYCHLIK, Sebastian	Lisy Pustyni	Klucze	1:22:20.24 (07:05min/km)	1:22:26.65	+0:37:15.00
308 - M /243	M30/117	[545]	KOZŁOWSKI, Janusz	Novomatic Technologies Poland	Kraków	1:22:33.28 (07:07min/km)	1:22:51.99	+0:37:40.34
309 - M /244	M20/27	[488]	JANKOWSKI, Kamil		Kraków	1:22:53.51 (07:08min/km)	1:22:53.51	+0:37:41.86
310 - M /245	M30/118	[645]	PIASECKI, Michał		Kraków	1:22:47.50 (07:08min/km)	1:23:07.62	+0:37:55.97
311 - M /246	M40/87	[492]	JARZYNA, Andrzej	running.krakow.pl	Kraków	1:22:46.12 (07:08min/km)	1:23:07.86	+0:37:56.21
312 - M /247	M30/119	[722]	SZCZERBA, Błażej		Kraków	1:22:37.99 (07:07min/km)	1:23:08.53	+0:37:56.88
313 - K /66	K40/19	[674]	REPLIŃSKA, Magdalena	Parkrun Chrzanów	TRZEBINIA	1:23:02.08 (07:09min/km)	1:23:11.47	+0:37:59.82
314 - M /248	M30/120	[532]	KOSMAŁA, Przemek		Krakow	1:23:09.89 (07:10min/km)	1:23:13.49	+0:38:01.84
315 - K /67	K30/30	[700]	SŁUPIŃSKA, Ewa		Kraków	1:23:13.69 (07:10min/km)	1:23:13.69	+0:38:02.04
316 - M /249	M40/88	[707]	STACH, Paweł	#ambasadorzyFB	Krzyszowice	1:22:40.33 (07:07min/km)	1:23:16.94	+0:38:05.29
317 - K /68	K40/20	[706]	STACH, Aneta		Krzyszowice	1:22:41.00 (07:07min/km)	1:23:18.25	+0:38:06.60
318 - M /250	M20/28	[680]	ROSÓŁ, Mateusz	iGNAtanium	Kraków	1:23:18.70 (07:10min/km)	1:23:18.70	+0:38:07.05
319 - M /251	M30/121	[687]	SERWIN, Łukasz	BeFit24Team	Kraków	1:22:51.80 (07:08min/km)	1:23:26.76	+0:38:15.11
320 - M /252	M30/122	[422]	CYGAN, Tomasz	SolarWinds	Krakow	1:22:57.96 (07:09min/km)	1:23:37.74	+0:38:26.09
321 - K /69	K40/21	[472]	GROS, Anna	Skawina Biega	Skawina	1:23:42.77 (07:13min/km)	1:24:00.07	+0:38:48.42
322 - K /70	K20/17	[433]	DRAĞ, Justyna		Proszowice	1:23:28.60 (07:11min/km)	1:24:03.38	+0:38:51.73
323 - M /253	M20/29	[385]	BARAŃSKI, Jakub	Los Trepos Companeros	Kraków	1:23:35.46 (07:12min/km)	1:24:07.98	+0:38:56.33
324 - K /71	K20/18	[451]	FOLTA, Katarzyna		Kraków	1:23:48.88 (07:13min/km)	1:24:09.40	+0:38:57.75
325 - M /254	M20/30	[2042]	ARCISZEWSKI, Mateusz		Kraków	1:23:56.47 (07:14min/km)	1:24:14.27	+0:39:02.62
326 - M /255	M30/123	[519]	KITA , Krzysztof		Bochnia	1:23:57.97 (07:14min/km)	1:24:26.81	+0:39:15.16
327 - K /72	K30/31	[443]	DZIEDZIC, Joanna		Kraków	1:24:03.99 (07:14min/km)	1:24:38.10	+0:39:26.45
328 - K /73	K40/22	[281]	NIZIURSKA, Marzanna	Husaria Race Team	Kraków	1:24:20.34 (07:16min/km)	1:24:45.68	+0:39:34.03
329 - M /256	M40/89	[406]	BUDZIŃSKI, Maciej		Kraków	1:24:19.43 (07:16min/km)	1:24:59.11	+0:39:47.46
330 - K /74	K30/32	[413]	CAPIŃSKA, Anna	Night Runners	Stróża	1:24:36.34 (07:17min/km)	1:25:00.13	+0:39:48.48
331 - M /257	M30/124	[462]	GEDLICZKA, Tymoteusz		Kraków	1:24:22.94 (07:16min/km)	1:25:04.17	+0:39:52.52

332 - K /75	K30/33	[588]	MAGOCSY, Justyna		Kraków	1:24:47.22 (07:18min/km)	1:25:08.30	+0:39:56.65
333 - M /258	M30/125	[420]	CIUŁA, Tomasz	Rebellion of Free Runners	Kraków	1:25:04.80 (07:20min/km)	1:25:11.26	+0:39:59.61
334 - M /259	M40/90	[761]	WRONA, Sylwester		Krakow	1:24:48.49 (07:18min/km)	1:25:15.76	+0:40:04.11
335 - M /260	M40/91	[641]	PAWEŁCZUK, Piotr	runningperformance.pl	Zabierzów	1:25:19.22 (07:21min/km)	1:25:19.22	+0:40:07.57
336 - K /76	K30/34	[581]	LIPSKA, Anna	BeFit24Team	Kraków	1:25:10.42 (07:20min/km)	1:25:21.83	+0:40:10.18
337 - K /77	K40/23	[770]	ZAWODNY, Monika Zawodny	BeFit24Team	krakow	1:25:14.20 (07:20min/km)	1:25:22.64	+0:40:10.99
338 - K /78	K20/19	[389]	BĄCZEK, Natalia	AROMAT NÓG	Kraków	1:25:08.99 (07:20min/km)	1:25:29.00	+0:40:17.35
339 - K /79	K50/3	[648]	PIECUCH, Małgorzata Piecuch	Przeworska Grupa Biegowa	Przeworsk	1:25:11.04 (07:20min/km)	1:25:30.61	+0:40:18.96
340 - K /80	K30/35	[653]	PILCH, Anna	Probalans	Kraków	1:25:40.35 (07:23min/km)	1:25:53.62	+0:40:41.97
341 - K /81	K30/36	[412]	CAPAC, Emilia		Constanta	1:25:39.85 (07:23min/km)	1:26:03.88	+0:40:52.23
342 - M /261	M40/92	[490]	JANKOWSKI, Mateusz	Vege Runners	Kraków	1:26:33.01 (07:27min/km)	1:26:54.46	+0:41:42.81
343 - K /82	K30/37	[400]	BLUJ, Dagmara		Kraków	1:26:26.39 (07:27min/km)	1:26:56.57	+0:41:44.92
344 - K /83	K20/20	[509]	KARPIEL, Magdalena	Trailrun	Kraków	1:26:30.24 (07:27min/km)	1:27:01.06	+0:41:49.41
345 - M /262	M20/31	[669]	PYPŁACZ, Szymon	Novomatic Technologies Poland	Młoszowa	1:26:49.77 (07:29min/km)	1:27:09.59	+0:41:57.94
346 - M /263	M30/126	[604]	MICHAŁKÓW, Michał	4M Runners Club	Kraków	1:27:09.88 (07:30min/km)	1:27:42.49	+0:42:30.84
347 - M /264	M50/11	[506]	KANIA, Robert		Kraków	1:27:18.55 (07:31min/km)	1:27:55.31	+0:42:43.66
348 - M /265	M20/32	[763]	WYKURZ, Tomasz	Wkurw_ Team	Podłęże	1:27:36.15 (07:33min/km)	1:27:56.64	+0:42:44.99
349 - K /84	K60/1	[765]	WYSOCKA, Jolanta	UKS Kometa Gliwice	Gliwice	1:28:15.51 (07:36min/km)	1:28:42.89	+0:43:31.24
350 - M /266	M40/93	[709]	STACHECKI, Maciej	Trailrun	Kozierow	1:28:50.71 (07:39min/km)	1:29:21.66	+0:44:10.01
351 - K /85	K60/2	[390]	BEMBEN, Anna		Nowa Sarzyna	1:29:22.96 (07:42min/km)	1:29:22.96	+0:44:11.31
352 - M /267	M40/94	[437]	DUDA, Krzysztof	Nowa Huta Team	Kraków	1:28:50.93 (07:39min/km)	1:29:27.69	+0:44:16.04
353 - M /268	M50/12	[2525]	ROIK, Tomasz	biegam dla basi	Szczucin	1:29:16.57 (07:41min/km)	1:29:42.29	+0:44:30.64
354 - M /269	M30/127	[1142]	SZCZYREK, Marcin			1:29:37.17 (07:43min/km)	1:29:54.07	+0:44:42.42
355 - M /270	M40/95	[565]	KULCZYCKI, Sebastian	KW Kraków Chrzanów Parkrun	Chrzanów	1:29:39.85 (07:43min/km)	1:30:03.92	+0:44:52.27
356 - K /86	K40/24	[508]	KAROLAK, Magda		Kraków	1:29:43.45 (07:44min/km)	1:30:06.25	+0:44:54.60
357 - M /271	M30/128	[611]	MIROCHA, Michał	heavyweightrunningteam Potrzyjmaj mi piwo	Wieliczka	1:30:03.74 (07:45min/km)	1:30:22.22	+0:45:10.57
358 - M /272	M40/96	[587]	MACIEJAS, Daniel Maciej	Husaria Race Team	Kraków	1:30:33.97 (07:48min/km)	1:30:50.14	+0:45:38.49
359 - M /273	M40/97	[566]	KUMOREK, Zbigniew		Kraków	1:30:43.14 (07:49min/km)	1:30:55.63	+0:45:43.98
360 - K /87	K30/38	[2047]	DANEL, Magdalena	Need For Speed	Kraków	1:31:23.87 (07:52min/km)	1:31:53.31	+0:46:41.66
361 - K /88	K30/39	[2539]	GINTER, Katarzyna			1:32:01.93 (07:56min/km)	1:32:15.74	+0:47:04.09
362 - K /89	K50/4	[684]	SANECKA, Katarzyna	BeFit24Team	Kraków	1:32:31.56 (07:58min/km)	1:32:41.12	+0:47:29.47
363 - K /90	K20/21	[773]	ZIELIŃSKA, Agata	BeFit24Team	Kraków	1:32:43.48 (07:59min/km)	1:32:50.50	+0:47:38.85
364 - K /91	K30/40	[782]	ŻAK, Elżbieta	BeFit24Team	Kraków	1:32:45.93 (07:59min/km)	1:32:51.13	+0:47:39.48
365 - K /92	K30/41	[525]	KOŁODZIEJ, Ewelina		Rzeszów	1:32:26.19 (07:58min/km)	1:32:51.93	+0:47:40.28
366 - K /93	K20/22	[594]	MAŁECKA, Anna		Kraków	1:32:43.91 (07:59min/km)	1:33:16.92	+0:48:05.27
367 - K /94	K60/3	[504]	KAMIŃSKA, Halina		Kraków	1:33:15.16 (08:02min/km)	1:33:20.48	+0:48:08.83
368 - M /274	M70/1	[528]	KOPTA, Jerzy Kopta	Cwałujące Dziadki	Kraków	1:32:58.82 (08:00min/km)	1:33:46.28	+0:48:34.63
369 - K /95	K30/42	[550]	KRAWCZYK - KUBOWICZ, Gabriela	Nowohucki Kombinat Sportowy	Kraków	1:33:37.24 (08:04min/km)	1:34:08.35	+0:48:56.70
370 - K /96	K40/25	[2054]	MAZUREK, Monika		Kraków	1:33:43.06 (08:04min/km)	1:34:12.01	+0:49:00.36
371 - K /97	K30/43	[568]	KUREK, Anna		Kraków	1:34:05.65 (08:06min/km)	1:34:28.58	+0:49:16.93
372 - M /275	M30/129	[710]	STACHURA, Piotr	Go Aktiv!	Kraków	1:34:16.39 (08:07min/km)	1:34:40.07	+0:49:28.42

373 - K /98	K40/26	[534]	KOWALCZYK, Joanna		Kraków	1:34:33.41 (08:09min/km)	1:34:48.24	+0:49:36.59
374 - K /99	K40/27	[1114]	SKRZYPEK-GAWOR, Patrycja			1:34:32.65 (08:09min/km)	1:35:02.91	+0:49:51.26
375 - M /276	M40/98	[1115]	GAWOR, Ireneusz			1:34:29.86 (08:08min/km)	1:35:03.19	+0:49:51.54
376 - M /277	M30/130	[576]	LESZCZYŃSKI, Aleksander		KRAKÓW	1:35:09.59 (08:12min/km)	1:35:45.72	+0:50:34.07
377 - M /278	M60/4	[537]	KOWALCZYK, Tadeusz		Kraków	1:35:57.49 (08:16min/km)	1:36:15.83	+0:51:04.18
378 - K /100	K40/28	[542]	KOZIOŁ, Ewa	Koziołki	Kraków	1:36:30.52 (08:19min/km)	1:36:45.91	+0:51:34.26
379 - K /101	K40/29	[720]	SUROWIAK, Olga	NIEZRZESZONY	Trzebinia	1:36:59.98 (08:21min/km)	1:37:09.25	+0:51:57.60
380 - M /279	M40/99	[664]	POZNANSKI, Tomasz	happy TRI friends	Kraków	1:37:49.99 (08:26min/km)	1:39:08.70	+0:53:57.05
381 - K /102	K40/30	[665]	POZNAŃSKA, Magdalena	happy TRI friends	Kraków	1:37:50.28 (08:26min/km)	1:39:09.63	+0:53:57.98
382 - M /280	M40/100	[521]	KLASA, Tomasz	onkologiaprywatnie.pl	Kraków	1:40:00.58 (08:37min/km)	1:40:25.92	+0:55:14.27
383 - K /103	K40/31	[436]	DUDA, Lucyna		Mogilany	1:40:09.16 (08:38min/km)	1:40:28.10	+0:55:16.45
384 - K /104	K40/32	[408]	BUJAS, Monika		Kraków	1:40:25.19 (08:39min/km)	1:40:47.54	+0:55:35.89
385 - K /105	K30/44	[2536]	ŻYGADŁO, Agnieszka		Kraków	1:40:23.38 (08:39min/km)	1:40:53.61	+0:55:41.96
386 - K /106	K30/45	[636]	PACULA-LEŚNIAK, Beata	Wkurw_Team	Kraków	1:42:36.59 (08:50min/km)	1:42:50.58	+0:57:38.93
387 - K /107	K30/46	[727]	SZOSTAK, Agnieszka		Kraków	1:42:51.06 (08:51min/km)	1:43:21.16	+0:58:09.51
388 - K /108	K40/33	[384]	BARAŃSKA, Wanda	Los Trepos Companieros	Kraków	1:49:57.00 (09:28min/km)	1:50:28.28	+1:05:16.63
389 - K /109	K30/47	[2547]	OBIERAK, Kamila			1:49:56.37 (09:28min/km)	1:50:28.28	+1:05:16.63
390 - K /110	K30/48	[597]	MARK, Julia		Kraków	1:53:21.42 (09:46min/km)	1:53:34.49	+1:08:22.84
391 - K /111	K40/34	[445]	DZIUZYŃSKA, Ulka	Cross Heroes Ogień!	Kraków	1:57:14.68 (10:06min/km)	1:57:48.53	+1:12:36.88

23,2km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M /1	M40/1	[846] KOCZWARA, Tomasz	Willow Batony	Radomyśl Wielki	1:38:54.44 (04:15min/km)	1:38:54.44	+0:00:00.00
2 - M /2	M40/2	[801] BORYCKI, Mirosław	Twomark	Libertów	1:48:35.35 (04:40min/km)	1:48:35.35	+0:09:40.91
3 - M /3	M40/3	[867] MAJCHER, Piotr	Eskadra Kraków	Kraków	1:50:07.46 (04:44min/km)	1:50:07.46	+0:11:13.02
4 - M /4	M20/1	[2762] KUJAWSKI, Bartosz			1:50:54.41 (04:46min/km)	1:50:54.67	+0:12:00.23
5 - M /5	M30/1	[934] SWAŁDEK, Konrad	Trailrun	Kraków	1:53:01.93 (04:52min/km)	1:53:01.93	+0:14:07.49
6 - M /6	M30/2	[945] URBAN, Mirosław	ITMBW Kraków	Kraków	1:53:47.86 (04:54min/km)	1:53:47.86	+0:14:53.42
7 - M /7	M40/4	[944] TYLEK, Rafał	FLEXISTAV SPORT	KRAKÓW	1:57:04.62 (05:02min/km)	1:57:29.92	+0:18:35.48
8 - M /8	M30/3	[919] SENDOR, Piotr		Krakow	1:57:44.09 (05:04min/km)	1:57:44.09	+0:18:49.65
9 - M /9	M30/4	[864] MACIĄG, Grzegorz	Dabex-Bolt	Kraków	1:57:53.41 (05:04min/km)	1:57:58.20	+0:19:03.76
10 - M /10	M30/5	[890] NYCZ, Marek		Kraków Nowy Targ	1:58:03.77 (05:05min/km)	1:58:06.87	+0:19:12.43
11 - M /11	M30/6	[855] KWIATKOWSKI, Michael		Kraków	1:59:06.90 (05:08min/km)	1:59:06.90	+0:20:12.46
12 - M /12	M30/7	[803] CHADAJ, Krzysztof		Kraków	1:59:33.21 (05:09min/km)	1:59:34.46	+0:20:40.02
13 - M /13	M30/8	[956] WOŹNIAK, Radosław Woźniak	Skawina Biega	Skawina	1:59:44.45 (05:09min/km)	1:59:44.45	+0:20:50.01
14 - M /14	M20/2	[909] PRZYWÓZKI, Rafał	Biegam Bo Kocham Ten Stan	Sokołów Podlaski	1:59:47.10 (05:09min/km)	1:59:48.71	+0:20:54.27
15 - M /15	M40/5	[791] BANIAK, Marcin	G.O.A.T. Team Michałowice	Zerwana	2:01:48.12 (05:15min/km)	2:01:48.12	+0:22:53.68
16 - M /16	M30/9	[800] BORSZOWSKI, Zbigniew	Zabierzów Biega	Łazy	2:01:49.27 (05:15min/km)	2:01:52.57	+0:22:58.13
17 - M /17	M30/10	[1250] DUDZIK, Łukasz			2:01:53.12 (05:15min/km)	2:01:53.12	+0:22:58.68
18 - M /18	M20/3	[872] MARC, Marcin		Kraków	2:02:28.64 (05:16min/km)	2:02:29.64	+0:23:35.20
19 - M /19	M40/6	[826] GRYGIEL, Marek	JACEKBIEGA RUNNING TEAM	Kraków	2:03:01.28 (05:18min/km)	2:03:02.95	+0:24:08.51
20 - M /20	M30/11	[863] MACHLOWSKI, Lukasz	KKB DYSTANS	Kraków	2:03:29.47 (05:19min/km)	2:03:29.47	+0:24:35.03
21 - M /21	M20/4	[857] LACHOR, Krzysztof	ARMIA LACHORÓW	Kłodne	2:04:19.98 (05:21min/km)	2:04:21.02	+0:25:26.58
22 - M /22	M30/12	[883] MIREK, Grzegorz	MOVE STUDIO	KRAKÓW	2:07:05.20 (05:28min/km)	2:07:06.88	+0:28:12.44
23 - M /23	M30/13	[2058] GRADZI, Dariusz	Krakowska Izba Adwokacka	kraków	2:07:46.92 (05:30min/km)	2:07:50.53	+0:28:56.09
24 - M /24	M50/1	[844] KIJANKA, Artur		Zielonki	2:09:02.43 (05:33min/km)	2:09:02.43	+0:30:07.99
25 - M /25	M30/14	[799] BORCZYŃSKI, Michał		Kraków	2:09:37.93 (05:35min/km)	2:09:37.93	+0:30:43.49
26 - M /26	M40/7	[853] KURYJ, Marek	WKS Wawel BnO	Kraków	2:09:59.90 (05:36min/km)	2:09:59.90	+0:31:05.46

27 - M /27	M30/15	[938]	SZYDŁOWSKI, Bartek	Skawina Biega	Skawina	2:10:29.89 (05:37min/km)	2:10:30.52	+0:31:36.08
28 - K /1	K20/1	[2761]	STĘPIEŃ, Małgorzata			2:12:14.90 (05:42min/km)	2:12:16.02	+0:33:21.58
29 - M /28	M30/16	[946]	URYGA, Jakub	KingRunner	Kraków	2:13:46.21 (05:45min/km)	2:13:46.66	+0:34:52.22
30 - M /29	M20/5	[926]	SPRUTTA, Mateusz		Mysłowice	2:14:26.77 (05:47min/km)	2:14:26.77	+0:35:32.33
31 - M /30	M40/8	[847]	KOPEĆ, Mirosław	MirMark	Kraków	2:14:35.78 (05:48min/km)	2:14:38.57	+0:35:44.13
32 - M /31	M40/9	[856]	KWIECIEŃ, Arek	Vege Runners, Skundlony.pl	Kraków	2:15:29.85 (05:50min/km)	2:15:32.04	+0:36:37.60
33 - K /2	K40/1	[813]	GALEWICZ, Katarzyna	TWOMARK SPECIALZED	Libertów	2:15:47.46 (05:51min/km)	2:15:47.46	+0:36:53.02
34 - M /32	M30/17	[2759]	GOC, Paweł			2:15:49.92 (05:51min/km)	2:15:57.90	+0:37:03.46
35 - M /33	M30/18	[1211]	BOROWIK, Tomasz			2:16:21.45 (05:52min/km)	2:16:25.67	+0:37:31.23
36 - M /34	M30/19	[921]	SIENCZYŁO, Marcin	Niepołomice Biegają	Niepołomice	2:17:35.84 (05:55min/km)	2:17:40.44	+0:38:46.00
37 - M /35	M40/10	[1214]	ŚMIŁKOWSKI, Fabian			2:18:08.36 (05:57min/km)	2:18:10.16	+0:39:15.72
38 - M /36	M40/11	[915]	SADOWSKI, Tomasz	Kossmate Żuki	Kraków	2:18:57.32 (05:59min/km)	2:19:02.60	+0:40:08.16
39 - M /37	M40/12	[810]	DUC-SYPOSZ, Aureliusz		Wieliczka	2:19:17.57 (06:00min/km)	2:19:23.35	+0:40:28.91
40 - M /38	M40/13	[823]	GRADEK, Dariusz		krakow	2:19:43.15 (06:01min/km)	2:19:44.40	+0:40:49.96
41 - M /39	M30/20	[910]	PYTEL, Miłosz		Kraków	2:20:00.24 (06:02min/km)	2:20:00.95	+0:41:06.51
42 - M /40	M30/21	[904]	PASZTALENIEC, Dariusz	Unlimited	Krakow	2:20:03.39 (06:02min/km)	2:20:10.46	+0:41:16.02
43 - M /41	M40/14	[887]	NIEDŹWIADEK, Piotr	Solne Miasto	Kraków	2:20:10.56 (06:02min/km)	2:20:16.87	+0:41:22.43
44 - M /42	M30/22	[2758]	ZIELEZIECKI, Wojciech		Kraków	2:20:23.45 (06:03min/km)	2:20:26.75	+0:41:32.31
45 - M /43	M20/6	[888]	NISZCZOT, Dariusz		Gorlice	2:20:32.99 (06:03min/km)	2:20:41.64	+0:41:47.20
46 - M /44	M20/7	[849]	KOWALSKI, Michał	POLKAS	Kraków	2:21:04.62 (06:04min/km)	2:21:12.62	+0:42:18.18
47 - M /45	M30/23	[839]	KALITA, Damian		Kraków	2:21:07.13 (06:04min/km)	2:21:13.91	+0:42:19.47
48 - K /3	K40/2	[2064]	KUPIEC, Urszula		Kraków	2:21:28.36 (06:05min/km)	2:21:30.81	+0:42:36.37
49 - K /4	K30/1	[851]	KUREK, Marta	Decathlon	Kraków	2:22:20.71 (06:08min/km)	2:22:29.82	+0:43:35.38
50 - M /46	M40/15	[889]	NOWACKI, Paweł		Kraków	2:22:28.30 (06:08min/km)	2:22:34.42	+0:43:39.98
51 - M /47	M30/24	[932]	STEFANOWSKI, Dominik	Eskadra Kraków	Kraków	2:22:37.95 (06:08min/km)	2:22:40.59	+0:43:46.15
52 - M /48	M40/16	[807]	CHROMNIAK, Marcin	Lusina Projekt	Lusina	2:22:39.40 (06:08min/km)	2:22:52.52	+0:43:58.08
53 - M /49	M40/17	[806]	CHOLEWA, Tomasz	Parkrun Chrzanów	Chrzanów	2:23:02.68 (06:09min/km)	2:23:04.49	+0:44:10.05
54 - M /50	M40/18	[790]	AUGUSTYN, Adam	augustyn.net	Krzyszowice	2:23:53.72 (06:12min/km)	2:23:57.99	+0:45:03.55
55 - K /5	K30/2	[834]	IWANOWICZ, Anna	Parkrun Chrzanów	Chrzanów	2:24:04.59 (06:12min/km)	2:24:05.50	+0:45:11.06
56 - M /51	M20/8	[788]	AKSAMIT, Damian		Kraków	2:24:05.62 (06:12min/km)	2:24:05.81	+0:45:11.37
57 - M /52	M20/9	[816]	GIERZ, Bartłomiej	CF Kraków	Kraków	2:24:28.19 (06:13min/km)	2:24:28.19	+0:45:33.75
58 - K /6	K40/3	[1212]	DOMINIAK, Klaudia			2:24:39.24 (06:14min/km)	2:24:39.24	+0:45:44.80
59 - M /53	M60/1	[840]	KAMIŃSKI, Krzysztof		Kraków	2:25:01.89 (06:15min/km)	2:25:09.08	+0:46:14.64
60 - M /54	M20/10	[787]	ADAMUS, Jakub		Częstochowa	2:25:04.23 (06:15min/km)	2:25:09.93	+0:46:15.49

61 - M /55	M30/25	[2760]	GAŚIENICA, Jakub			2:26:08.93 (06:17min/km)	2:26:12.36	+0:47:17.92
62 - M /56	M50/2	[912]	RADCZAK, Andrzej		Kraków	2:26:19.23 (06:18min/km)	2:26:22.81	+0:47:28.37
63 - M /57	M40/19	[936]	SZNAJDER, Rafał	G.O.A.T. Team Michałowice	Michałowice	2:26:33.73 (06:19min/km)	2:26:37.67	+0:47:43.23
64 - M /58	M30/26	[2057]	CIOCH, Marcin		Rzeszów	2:26:42.47 (06:19min/km)	2:26:44.87	+0:47:50.43
65 - M /59	M40/20	[917]	SALIK, Stanisław	Solne Miasto	Wieliczka	2:26:55.28 (06:19min/km)	2:27:00.46	+0:48:06.02
66 - M /60	M30/27	[953]	WŁODARSKI, Marcin	Skawina Biega	Mikołów	2:27:19.62 (06:21min/km)	2:27:30.18	+0:48:35.74
67 - M /61	M30/28	[830]	GURGUL, Sebastian	AROMAT NÓG	Kraków	2:28:44.53 (06:24min/km)	2:28:52.47	+0:49:58.03
68 - M /62	M30/29	[829]	GURGUL, Mateusz	AROMAT NÓG	Kraków	2:28:42.93 (06:24min/km)	2:28:52.53	+0:49:58.09
69 - M /63	M40/21	[941]	TŁUSTY, Grzegorz	Beneficjenci Regeneracji	Krakó	2:29:08.08 (06:25min/km)	2:29:08.88	+0:50:14.44
70 - M /64	M20/11	[860]	LEWANDOWSKI, Karol	Cross fat team	Kraków	2:29:38.35 (06:27min/km)	2:29:40.83	+0:50:46.39
71 - M /65	M50/3	[815]	GIERULA, Robert	UBS Kraków Running Team	Krakow	2:29:53.97 (06:27min/km)	2:29:55.01	+0:51:00.57
72 - M /66	M30/30	[925]	SOWA, Krzysztof	#SportowaSowa	Michałowice	2:30:07.11 (06:28min/km)	2:30:16.28	+0:51:21.84
73 - M /67	M40/22	[885]	MOSZCZYNSKI, Bartosz		Krakow	2:29:17.43 (06:26min/km)	2:30:30.30	+0:51:35.86
74 - M /68	M30/31	[901]	PALUCH, Marcin		Kraków	2:30:33.32 (06:29min/km)	2:30:38.04	+0:51:43.60
75 - M /69	M40/23	[1216]	WAWROWSKI, Mariusz			2:31:16.77 (06:31min/km)	2:31:19.78	+0:52:25.34
76 - M /70	M30/32	[923]	SOJA, Marcin	Klub Sportowy Hajime	Kraków	2:31:14.16 (06:31min/km)	2:31:23.03	+0:52:28.59
77 - M /71	M40/24	[838]	KACZMAREK, Paweł	Jajecznicza na maśle team	Kraków	2:31:46.63 (06:32min/km)	2:31:54.02	+0:52:59.58
78 - K /7	K20/2	[2060]	JANAS, Kasia	KWSPZ	Kraków	2:32:06.07 (06:33min/km)	2:32:07.32	+0:53:12.88
79 - M /72	M40/25	[812]	FIREK, Rafał	Lacho Team	Kraków	2:32:16.42 (06:33min/km)	2:32:16.42	+0:53:21.98
80 - M /73	M40/26	[948]	WIERZBICKI, Piotr	Goń się!	Kraków	2:32:39.63 (06:34min/km)	2:32:48.92	+0:53:54.48
81 - M /74	M40/27	[963]	ZŁONKIEWICZ, Marek		Rzeszów	2:33:16.60 (06:36min/km)	2:33:26.40	+0:54:31.96
82 - M /75	M20/12	[827]	GURBIEL, Mateusz	BeFit24Team	Kraków	2:33:31.80 (06:37min/km)	2:33:39.98	+0:54:45.54
83 - M /76	M30/33	[898]	OSTROWSKI, Paweł	REHMEDICA.PL	Krzyszowice	2:33:50.57 (06:37min/km)	2:33:56.45	+0:55:02.01
84 - M /77	M30/34	[949]	WIĘCŁAWSKI, Michał Więclawski	Waga Ciężka	Kraków	2:33:59.36 (06:38min/km)	2:34:07.37	+0:55:12.93
85 - M /78	M30/35	[876]	MENDEL, Łukasz	Night Runners	Wojnicz	2:35:06.94 (06:41min/km)	2:35:10.02	+0:56:15.58
86 - M /79	M40/28	[869]	MAŁYSZA, Sławomir		Kraków	2:34:42.18 (06:40min/km)	2:35:14.52	+0:56:20.08
87 - K /8	K20/3	[824]	GRADZIK, Inga		Kraków	2:35:15.66 (06:41min/km)	2:35:21.83	+0:56:27.39
88 - M /80	M60/2	[958]	ZABRZAŃSKI, Alfred		Chrzanów	2:35:48.70 (06:42min/km)	2:35:52.57	+0:56:58.13
89 - K /9	K30/3	[802]	CHADAJ, Joanna		Kraków	2:35:50.65 (06:43min/km)	2:35:54.47	+0:57:00.03
90 - M /81	M40/29	[881]	MIELNICZEK, Grzegorz	Zima 3ma	Kraków	2:36:11.17 (06:43min/km)	2:36:15.43	+0:57:20.99
91 - M /82	M20/13	[895]	OPOZDA, Maciek	Cross fat team	Krakow	2:36:15.60 (06:44min/km)	2:36:17.56	+0:57:23.12
92 - M /83	M20/14	[814]	GĘBALA, Piotr	Brak	Jastrzębie-Zdrój	2:36:42.68 (06:45min/km)	2:36:44.04	+0:57:49.60
93 - K /10	K40/4	[808]	CHRZAŚCIK, Anna	Płomyk Olkusz	Krzyszowice	2:36:57.04 (06:45min/km)	2:37:02.31	+0:58:07.87
94 - M /84	M20/15	[828]	GURECKI, Grzegorz		RACIBÓRZ	2:37:19.09 (06:46min/km)	2:37:23.11	+0:58:28.67

95 - M /85	M60/3	[922]	SMUDA, Ryszard		Tychy	2:37:13.64 (06:46min/km)	2:37:24.06	+0:58:29.62
96 - M /86	M40/30	[1210]	RUSEK, Dariusz			2:37:19.02 (06:46min/km)	2:37:28.94	+0:58:34.50
97 - K /11	K30/4	[842]	KARWAN, Barbara	Nauka Biega	Kraków	2:38:09.06 (06:49min/km)	2:38:13.43	+0:59:18.99
98 - M /87	M30/36	[902]	PAPKA, Michał		Kocmyrzów	2:38:24.92 (06:49min/km)	2:38:49.50	+0:59:55.06
99 - M /88	M30/37	[962]	ZIELONKA, Jacek	TriWise	Wieliczka	2:38:47.73 (06:50min/km)	2:38:51.73	+0:59:57.29
100 - M /89	M30/38	[959]	ZAJAC, Andrzej	Night Runners	Proszowice	2:38:54.80 (06:50min/km)	2:38:54.80	+1:00:00.36
101 - M /90	M30/39	[905]	PAWLIK, Grzegorz	Niepołomice Biegają	Wieliczka	2:38:54.63 (06:50min/km)	2:39:00.34	+1:00:05.90
102 - M /91	M40/31	[821]	GÓRAK, Sławomir		Wieliczka	2:39:10.06 (06:51min/km)	2:39:10.06	+1:00:15.62
103 - K /12	K40/5	[947]	WALERJAN-RUSEK, Agnieszka		Krakow	2:39:26.47 (06:52min/km)	2:39:37.37	+1:00:42.93
104 - M /92	M30/40	[955]	WOŹNIAK, Łukasz	Poranny Patrol	kraków	2:39:42.64 (06:53min/km)	2:39:49.37	+1:00:54.93
105 - M /93	M40/32	[817]	GŁOWACKI, Mariusz	Active Jura	Kraków	2:39:58.51 (06:53min/km)	2:40:01.72	+1:01:07.28
106 - M /94	M30/41	[903]	PASZEK, Tomasz	Przełęcz Dukła	Kraków	2:40:05.50 (06:54min/km)	2:40:13.05	+1:01:18.61
107 - M /95	M40/33	[927]	STACHURA, Maciej	Zabierzów Biega	Burów	2:40:51.30 (06:56min/km)	2:41:02.96	+1:02:08.52
108 - M /96	M30/42	[1213]	DWORAK, Norbert			2:41:08.92 (06:56min/km)	2:41:15.46	+1:02:21.02
109 - M /97	M40/34	[868]	MAJTYKA, Tomasz	Los Trepos Companieros	Kraków	2:41:14.56 (06:57min/km)	2:41:19.16	+1:02:24.72
110 - M /98	M30/43	[954]	WOŹNIAK, Dawid		Rudawa	2:41:28.26 (06:57min/km)	2:41:34.80	+1:02:40.36
111 - M /99	M30/44	[2752]	NIEDŹWIEDŹ, Krzysztof		Kraków	2:42:50.62 (07:01min/km)	2:42:55.17	+1:04:00.73
112 - M /100	M30/45	[1215]	ORKISZ, Maciej			2:44:10.02 (07:04min/km)	2:44:11.45	+1:05:17.01
113 - M /101	M30/46	[930]	STAWIARSKI, Adam		Kraków	2:44:17.06 (07:04min/km)	2:44:18.00	+1:05:23.56
114 - K /13	K30/5	[896]	ORYNEK, Klaudia		Kraków	2:44:37.72 (07:05min/km)	2:44:45.04	+1:05:50.60
115 - M /102	M30/47	[794]	BAŚ, Mateusz	LENIWCE	Kraków	2:44:52.24 (07:06min/km)	2:44:58.82	+1:06:04.38
116 - M /103	M40/35	[1217]	KOSMALA, Bartosz			2:45:35.60 (07:08min/km)	2:45:40.88	+1:06:46.44
117 - M /104	M50/4	[1208]	BOROWIECKI, Piotr	APIWAST Kraków	Kraków	2:47:58.71 (07:14min/km)	2:48:10.02	+1:09:15.58
118 - M /105	M30/48	[873]	MATEUSZUK, Robert		Kraków	2:48:38.51 (07:16min/km)	2:48:49.67	+1:09:55.23
119 - M /106	M30/49	[2062]	KALBARCZYK, Jakub		Kraków	2:48:46.14 (07:16min/km)	2:48:55.48	+1:10:01.04
120 - M /107	M40/36	[836]	JANISZEWSKI, Marcin		Kraków	2:48:51.88 (07:16min/km)	2:48:56.08	+1:10:01.64
121 - K /14	K40/6	[2754]	SZLIFIŃSKA-NOWAK, Anna		Karniowice	2:49:14.08 (07:17min/km)	2:49:23.47	+1:10:29.03

122 - M /108	M60/4	[811] DZIEŻOK, Bogusław	Trailrun	Kraków	2:49:54.24 (07:19min/km)	2:50:05.14	+1:11:10.70
123 - M /109	M40/37	[861] LISIK, Dariusz		Kraków	2:50:18.35 (07:20min/km)	2:50:21.48	+1:11:27.04
124 - M /110	M30/50	[943] TUREK, Maciej	#piwonamecie	Kraków	2:50:11.39 (07:20min/km)	2:50:24.63	+1:11:30.19
125 - K /15	K30/6	[797] BERNASIEWICZ , Justyna	CF Kraków	Grybów-Wieliczka	2:50:23.25 (07:20min/km)	2:50:33.29	+1:11:38.85
126 - M /111	M40/38	[2756] TOKARSKI, Rafał		Kraków	2:50:58.43 (07:22min/km)	2:51:07.11	+1:12:12.67
127 - K /16	K30/7	[951] WILK, Wiktoria	Wilki	Kraków	2:51:18.88 (07:23min/km)	2:51:22.39	+1:12:27.95
128 - M /112	M40/39	[859] LADRA, Ryszard Ladra	KKM Kaloryfer	Kraków	2:51:48.89 (07:24min/km)	2:52:00.78	+1:13:06.34
129 - M /113	M30/51	[911] RACUŁT, Piotr	Masakra	kraków	2:52:03.25 (07:24min/km)	2:52:14.87	+1:13:20.43
130 - M /114	M40/40	[906] PIASECKI, Leszek		Kraków	2:52:34.50 (07:26min/km)	2:52:47.19	+1:13:52.75
131 - M /115	M20/16	[918] SAWCZAK, Kamil	UBS Kraków Running Team	Kraków	2:53:23.72 (07:28min/km)	2:53:26.58	+1:14:32.14
132 - K /17	K40/7	[793] BAŚ, Anna	LENIWCE	Kraków	2:53:29.61 (07:28min/km)	2:53:36.28	+1:14:41.84
133 - M /116	M40/41	[933] SUSZ, Artur		Krakow	2:54:31.24 (07:31min/km)	2:54:39.64	+1:15:45.20
134 - M /117	M40/42	[819] GNIADZEK, Mariusz	LedwoBiegamAleCoTam	Brzozowa	2:57:09.39 (07:38min/km)	2:57:18.56	+1:18:24.12
135 - M /118	M40/43	[939] ŚMIGIELSKI, Piotr		Kraków	2:57:58.89 (07:40min/km)	2:58:11.14	+1:19:16.70
136 - M /119	M30/52	[961] ZARETSKY, Andriy		Kraków	2:58:09.36 (07:40min/km)	2:58:12.20	+1:19:17.76
137 - K /18	K30/8	[2753] PAZDERSKA-KIPIEL, Agnieszka	Evil Team	OSIECZANY	3:00:20.19 (07:46min/km)	3:00:27.37	+1:21:32.93
138 - M /120	M50/5	[789] ANTOWSKI, Tomasz Antowski	Muay Running Team	Poznań	3:00:55.77 (07:47min/km)	3:01:03.01	+1:22:08.57
139 - M /121	M40/44	[835] JAKUBIEC, Mariusz		Kraków	3:01:13.37 (07:48min/km)	3:01:18.90	+1:22:24.46
140 - K /19	K30/9	[914] SADOWSKA, Marta	Kossmate Żuki	Kraków	3:03:21.94 (07:54min/km)	3:03:30.31	+1:24:35.87
141 - M /122	M30/53	[935] SZCZYGIEŁEK, Marek		Kraków	3:04:19.96 (07:56min/km)	3:04:29.96	+1:25:35.52
142 - M	M30/54	[879] MICHALIK, Dawid	Horda	Kraków	3:05:03.50 (07:58min/km)	3:05:17.01	+1:26:22.57

/123								
143 - M /124	M30/55	[964]	ŻARNA, Błażej	Horda	Zielonki	3:05:47.58 (08:00min/km)	3:06:00.15	+1:27:05.71
144 - M /125	M30/56	[866]	MADUSIOK, Dominik		Bielsko-Biała	3:06:13.58 (08:01min/km)	3:06:22.22	+1:27:27.78
145 - K /20	K50/1	[845]	KŁOPOTOWSKA SOSNA, Kaska K		Krak W	3:06:47.91 (08:03min/km)	3:06:49.02	+1:27:54.58
146 - K /21	K20/4	[960]	ZAJĄC, Katarzyna		Kraków	3:07:25.42 (08:04min/km)	3:07:33.15	+1:28:38.71
147 - M /126	M40/45	[899]	OTREBSKI, Tomasz		Zaborze	3:08:13.97 (08:06min/km)	3:08:22.90	+1:29:28.46
148 - M /127	M30/57	[877]	MERCIAK, Mateusz	Night Runners	Kraków	3:09:51.96 (08:11min/km)	3:10:02.58	+1:31:08.14
149 - K /22	K30/10	[878]	MERCIAK, Wioleta	Night Runners	Kraków	3:10:10.01 (08:11min/km)	3:10:20.25	+1:31:25.81
150 - M /128	M30/58	[832]	HARPULA, Wojciech		Kraków	3:11:29.33 (08:15min/km)	3:11:33.56	+1:32:39.12
151 - M /129	M50/6	[865]	MADEJ, Mirosław		Kraków	3:13:49.39 (08:21min/km)	3:15:00.73	+1:36:06.29
152 - M /130	M30/59	[886]	NAGACZ, Krzysztof Nagacz	nogamidogory.pl	Niepołomice	3:15:24.04 (08:25min/km)	3:15:34.94	+1:36:40.50
153 - K /23	K40/8	[841]	KARBOWSKA, Beata		Kraków	3:16:14.93 (08:27min/km)	3:16:21.79	+1:37:27.35
154 - M /131	M50/7	[892]	OLCZAK, Janusz		Warszawa	3:16:16.81 (08:27min/km)	3:16:23.33	+1:37:28.89
155 - M /132	M40/46	[900]	OTRĘBSKI, Grzegorz	MIGA PIGA ŚMIGA	KRAKÓW	3:28:07.55 (08:58min/km)	3:28:19.87	+1:49:25.43
	M20	[880]	MICHALIK, Krzysztof		Zakopane		DNF	
	K40	[825]	GRUSZKA, Kamila	Niepołomice Biegają	Niepołomice		DNF	