



# Grand Prix Krakowa w biegach górskich 2018/2019

Klasyfikacja generalna

[Nordic Walking - OPEN](#)
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## 3,7km - OPEN K

| #  | Dystans | Kat. | Nazwisko, imię           | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|--------------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 3,7km   | K13  | WASIK Maja               | SportWise                 | 2004    | 98.48 | 100   | 96    | 100   | 100   | 398.48 |
| 2  | 3,7km   | K13  | NIESSNER Pola            | WKS Wawel BnO             | 2007    | 100   | 100   | 89    | 97.5  | 94.64 | 392.14 |
| 3  | 3,7km   | K13  | LESNIAK Matylda          | UKS Kometa Gliwice        | 2004    | 0     | 96.36 | 95.4  | 87.55 | 97.59 | 376.9  |
| 4  | 3,7km   | K13  | GRUSZKA Dominika         | Niepołomice Biegają       | 2005    | 85.87 | 93.42 | 74.33 | 73.41 | 94.37 | 347.99 |
| 5  | 3,7km   | K16  | POLEWKA Aleksandra       | UKS Kometa Gliwice        | 2002    | 81.2  | 89.87 | 88.16 | 83.9  | 0     | 343.13 |
| 6  | 3,7km   | K13  | LAMPARSKA Maja           | WKS Wawel BnO             | 2005    | 89.3  | 85.22 | 77.32 | 80.56 | 0     | 332.4  |
| 7  | 3,7km   | K13  | DANIELAK Hanna           | WKS Wawel                 | 2004    | 79.98 | 0     | 83.82 | 80.05 | 82.9  | 326.75 |
| 8  | 3,7km   | K30  | NAZIM Agnieszka          | Skawina Biega             | 1985    | 0     | 86.92 | 80.56 | 74.55 | 81.95 | 323.98 |
| 9  | 3,7km   | K20  | GLEGOLA Adrianna         | AZS UJ                    | 1997    | 0     | 85.08 | 81.06 | 69.79 | 78.14 | 314.07 |
| 10 | 3,7km   | K20  | MEZYK Aleksandra         | #AdamCzerwińskiTeam       | 1989    | 78.64 | 0     | 71.25 | 57.66 | 67.11 | 274.66 |
| 11 | 3,7km   | K13  | RAJCA Luiza              | KS Kościelec Chrzanów     | 2004    | 61.67 | 62.82 | 67.26 | 72.39 | 65.74 | 268.21 |
| 12 | 3,7km   | K30  | JAMRUSZKIEWICZ Katarzyna | G.O.A.T. Team Michałowice | 1981    | 0     | 71.28 | 69.11 | 60.08 | 67.06 | 267.53 |
| 13 | 3,7km   | K40  | CZAPCZYNSKA Malgorzata   | Niepołomice Biegają       | 1978    | 57.12 | 68.55 | 0     | 64.58 | 67.71 | 257.96 |
| 14 | 3,7km   | K13  | JANAS Amelia             |                           | 2003    | 65.7  | 66.52 | 58.9  | 40.31 | 58.6  | 249.72 |
| 15 | 3,7km   | K16  | POGODA Kinga             | UKS Kometa Gliwice        | 2002    | 0     | 80.81 | 81.73 | 82.56 | 0     | 245.1  |
| 16 | 3,7km   | K13  | BLYSKOSZ Magda           | WKS Wawel BnO             | 2004    | 63.78 | 65.98 | 60.77 | 0     | 50.55 | 241.08 |

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 17 | 3,7km   | K40  | POLEWKA Beata       | UKS Kometa Gliwice         | 1971    | 62.8  | 66.62 | 56.99 | 54.4  | 54.66 | 241.07 |
| 18 | 3,7km   | K40  | TYLIBA Magdalena    | MIKI                       | 1974    | 53.34 | 59.81 | 58.82 | 58.47 | 55.39 | 232.49 |
| 19 | 3,7km   | K13  | SLONSKA Antonina    | WKS Wawel BnO              | 2007    | 84.25 | 73.5  | 0     | 65.06 | 0     | 222.81 |
| 20 | 3,7km   | K13  | OLEJNIK Jasmina     | WKS Wawel BnO              | 2008    | 84.22 | 73.61 | 0     | 64.73 | 0     | 222.56 |
| 21 | 3,7km   | K30  | HERDA Ewelina       | G.O.A.T. Team Michałowice  | 1979    | 0     | 83.01 | 73.99 | 64.39 | 0     | 221.39 |
| 22 | 3,7km   | K40  | KESEK Anna          | CSK Brzezcie               | 1972    | 46.14 | 60.61 | 55.42 | 39.91 | 52.17 | 214.34 |
| 23 | 3,7km   | K13  | BISKUPSKA Julia     | WKS Wawel BnO              | 2008    | 80.6  | 65.3  | 0     | 0     | 64.49 | 210.39 |
| 24 | 3,7km   | K40  | CZEPIEL Monika      | CSK Brzezcie               | 1976    | 44.36 | 59.65 | 53.86 | 0     | 49.81 | 207.68 |
| 25 | 3,7km   | K13  | KURTYCZ Natalka     | WKS Wawel BnO              | 2005    | 54.97 | 62.95 | 34.65 | 43.16 | 40.23 | 201.31 |
| 26 | 3,7km   | K13  | KRZYŻAN Alina       |                            | 2007    | 55.57 | 48.7  | 39.75 | 11.47 | 56.65 | 200.67 |
| 27 | 3,7km   | K13  | BUDZINSKA Julia     |                            | 2006    | 29.55 | 44.88 | 52.53 | 39.55 | 52.8  | 189.76 |
| 28 | 3,7km   | K40  | MAZUR-OTREBSKA Anna | MIGA PIGA ŚMIGA            | 1978    | 46.19 | 56.28 | 45.91 | 35.06 | 0     | 183.44 |
| 29 | 3,7km   | K13  | KOCHON Julia        | UKS Kometa Gliwice         | 2005    | 60.76 | 0     | 68.44 | 53.64 | 0     | 182.84 |
| 30 | 3,7km   | K13  | MICHNO Marta        |                            | 2005    | 49.07 | 0     | 61.6  | 0     | 61.02 | 171.69 |
| 31 | 3,7km   | K40  | PUDELEK Malgorzata  | LKS Górzanka Nawojowa Góra | 1974    | 49.86 | 52.11 | 0     | 14.89 | 48.77 | 165.63 |
| 32 | 3,7km   | K13  | RYCHLOWSKA Julia    | KS Kościelec Chrzanów      | 2007    | 36.78 | 38.49 | 40.55 | 27.74 | 48.26 | 164.08 |
| 33 | 3,7km   | K13  | PUDELEK Jowita      | LKS Górzanka Nawojowa Góra | 2005    | 49.85 | 64.41 | 0     | 44.48 | 0     | 158.74 |
| 34 | 3,7km   | K30  | GAWLAS Monika       |                            | 1979    | 0     | 45.36 | 38.99 | 37.31 | 33.05 | 154.71 |
| 35 | 3,7km   | K20  | KWIATKOWSKA Marta   | WKS Wawel                  | 1990    | 0     | 0     | 0     | 71.75 | 70.29 | 142.04 |
| 36 | 3,7km   | K13  | WRONA Oliwia        | #AdamCzerwińskiTeam        | 2004    | 49.47 | 9.36  | 48.32 | 34.72 | 0     | 141.87 |
| 37 | 3,7km   | K13  | SIEK Barbara        | WKS Wawel BnO              | 2006    | 65.29 | 0     | 0     | 0     | 68.88 | 134.17 |
| 38 | 3,7km   | K13  | PAWLOWSKA Anna      |                            | 2008    | 44.59 | 25.6  | 38.84 | 20.45 | 0     | 129.48 |
| 39 | 3,7km   | K16  | DANIELAK Alicja     |                            | 2002    | 7.59  | 43.76 | 0     | 0     | 59.81 | 111.16 |
| 40 | 3,7km   | K13  | MLYNARSKA Jozefina  | Sportwise                  | 2003    | 0     | 0     | 100   | 0     | 0     | 100    |

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|----|---------|------|---------------------|---------------------------|---------|-------|-------|-------|-------|-------|-------|
| 41 | 3,7km   | K20  | WICHA Malgorzata    |                           | 1991    | 0     | 0     | 0     | 88.35 | 0     | 88.35 |
| 42 | 3,7km   | K20  | GRZESIEK Anna       |                           | 1998    | 87.52 | 0     | 0     | 0     | 0     | 87.52 |
| 43 | 3,7km   | K30  | RYLKO Agnieszka     | I Ty Możesz Być Wielki    | 0       | 0     | 87.24 | 0     | 0     | 0     | 87.24 |
| 44 | 3,7km   | K16  | BIALONSKA Kinga     |                           | 0       | 0     | 86.16 | 0     | 0     | 0     | 86.16 |
| 45 | 3,7km   | K13  | LIGEZA Hanna        | Smashing PApkins          | 2004    | 0     | 30.43 | 15.8  | 25.7  | 12.1  | 84.03 |
| 46 | 3,7km   | K40  | KACZMAREK Katarzyna | #AdamCzerwińskiTeam       | 1978    | 0     | 0     | 0     | 69.22 | 0     | 69.22 |
| 47 | 3,7km   | K20  | KRZYSZTOF Iwona     | G.O.A.T. Team Michalowice | 1990    | 0     | 0     | 0     | 0     | 67.31 | 67.31 |
| 48 | 3,7km   | K30  | LORENZ Anna         | #AdamCzerwińskiTeam       | 1980    | 0     | 0     | 0     | 66.77 | 0     | 66.77 |
| 49 | 3,7km   | K20  | WACLAWSKA Anita     |                           | 1998    | 17.58 | 38.26 | 9.63  | 0     | 0     | 65.47 |
| 50 | 3,7km   | K13  | HALUCHA Martyna     | WKS Wawel BnO             | 2004    | 63.58 | 0     | 0     | 0     | 0     | 63.58 |
| 51 | 3,7km   | K13  | PULCZYNSKA Hanna    | WKS Wawel BnO             | 2005    | 0     | 40.85 | 21.3  | 0     | 0     | 62.15 |
| 52 | 3,7km   | K20  | JARGIELO Urszula    |                           | 0       | 0     | 61.88 | 0     | 0     | 0     | 61.88 |
| 53 | 3,7km   | K40  | GROCHOT Edyta       | #AdamCzerwińskiTeam       | 1976    | 0     | 0     | 0     | 0     | 59.44 | 59.44 |
| 54 | 3,7km   | K20  | SZTAFROWSKA Inga    | Archimod Team             | 0       | 0     | 0     | 49.43 | 0     | 0     | 49.43 |
| 55 | 3,7km   | K13  | MOSZKOWICZ Anna     | WKS Wawel BnO             | 2005    | 46.92 | 0     | 0     | 0     | 0     | 46.92 |
| 56 | 3,7km   | K40  | FILICIAK Justyna    | CAFFETTIERA               | 1975    | 45.96 | 0     | 0     | 0     | 0     | 45.96 |
| 57 | 3,7km   | K40  | WIERZBICKA Dominika | Goń się!                  | 1976    | 17.3  | 0     | 13.85 | 1     | 13.25 | 45.4  |
| 58 | 3,7km   | K40  | KRZYWDA Monika      |                           | 1976    | 43.45 | 0     | 0     | 0     | 0     | 43.45 |
| 59 | 3,7km   | K13  | WOJTAS Julia        | WKS Wawel BnO             | 2007    | 0     | 0     | 0     | 0     | 43.42 | 43.42 |
| 60 | 3,7km   | K40  | MIETUS Katarzyna    |                           | 0       | 0     | 42.51 | 0     | 0     | 0     | 42.51 |
| 61 | 3,7km   | K40  | BUGAJSKA Monika     |                           | 1978    | 0     | 41.89 | 0     | 0     | 0     | 41.89 |
| 62 | 3,7km   | K13  | JANAS Natalia       |                           | 2005    | 29.29 | 0     | 0     | 11.5  | 0     | 40.79 |
| 63 | 3,7km   | K40  | URBANSKA Ewa        | Suchary z Sahary          | 1972    | 12.86 | 27.14 | 0     | 0     | 0     | 40    |
| 64 | 3,7km   | K40  | POMIERNA Elzbieta   | Suchary z Sachary         | 1973    | 12.8  | 27.12 | 0     | 0     | 0     | 39.92 |

| #  | Dystans | Kat. | Nazwisko, imię       | Klub                         | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|----|---------|------|----------------------|------------------------------|---------|-------|-------|-------|-------|-------|-------|
| 65 | 3,7km   | K13  | KSIAZEK Janina       |                              | 2010    | 39.81 | 0     | 0     | 0     | 0     | 39.81 |
| 66 | 3,7km   | K13  | KSIAZEK Alina        |                              | 2008    | 39.74 | 0     | 0     | 0     | 0     | 39.74 |
| 67 | 3,7km   | K40  | TOKARSKA Bozena      |                              | 1978    | 0     | 0     | 0     | 38.4  | 0     | 38.4  |
| 68 | 3,7km   | K13  | MOSZKOWICZ Julia     | WKS Wawel BnO                | 2008    | 35.35 | 0     | 0     | 0     | 0     | 35.35 |
| 69 | 3,7km   | K60  | WOZNIAK Barbara      | Ambasador Grand Prix Krakowa | 1955    | 0     | 11.77 | 10.29 | 1     | 11.9  | 34.96 |
| 70 | 3,7km   | K30  | PLAWECKA Barbara     |                              | 1979    | 0     | 0     | 0     | 0     | 34.87 | 34.87 |
| 71 | 3,7km   | K40  | SLAPAK-SLIWA Paulina |                              | 1972    | 0     | 0     | 0     | 34.38 | 0     | 34.38 |
| 72 | 3,7km   | K30  | TARASIEWICZ Marta    | Forex Bad Boys               | 1982    | 0     | 0     | 31.13 | 0     | 0     | 31.13 |
| 73 | 3,7km   | K16  | PAULINA Lenart       |                              | 0       | 0     | 27.08 | 0     | 0     | 0     | 27.08 |
| 74 | 3,7km   | K20  | BARWA Barbara        |                              | 1995    | 26.79 | 0     | 0     | 0     | 0     | 26.79 |
| 75 | 3,7km   | K16  | BARWA Anna           |                              | 2000    | 26.62 | 0     | 0     | 0     | 0     | 26.62 |
| 76 | 3,7km   | K40  | KLECZEK-WRONA Ewa    | #AdamCzerwińskiTeam          | 1973    | 1     | 9.47  | 7.15  | 1     | 0     | 18.62 |
| 77 | 3,7km   | K30  | BARAN Anita          |                              | 1982    | 0     | 0     | 0     | 0     | 14.64 | 14.64 |
| 78 | 3,7km   | K20  | KLAPA Patrycja       | Decathlon                    | 1989    | 13.44 | 0     | 0     | 0     | 0     | 13.44 |
| 79 | 3,7km   | K20  | KOZIOL Marta         | G.O.A.T. Team Michałowice    | 1991    | 0     | 0     | 0     | 0     | 10.12 | 10.12 |
| 80 | 3,7km   | K40  | WOZNICZKA Malgorzata |                              | 1959    | 0     | 0     | 1     | 0     | 1     | 2     |
| 81 | 3,7km   | K30  | BUTKIEWICZ Agata     |                              | 1983    | 0     | 0     | 0     | 0     | 1     | 1     |
| 81 | 3,7km   | K30  | WOZNICZKA Kamila     |                              | 1983    | 0     | 0     | 0     | 0     | 1     | 1     |
| 81 | 3,7km   | K40  | RZEDKOWSKA Aneta     |                              | 0       | 0     | 1     | 0     | 0     | 0     | 1     |
| 81 | 3,7km   | K30  | LIRO Justyna         | Liro                         | 1988    | 1     | 0     | 0     | 0     | 0     | 1     |

## 3,7km - OPEN M

| # | Dystans | Kat. | Nazwisko, imię | Klub                     | Rok ur. | E1  | E2  | E3 | E4  | E5  | Suma |
|---|---------|------|----------------|--------------------------|---------|-----|-----|----|-----|-----|------|
| 1 | 3,7km   | M20  | BORON Dariusz  | ASICS FrontRunner Poland | 1992    | 100 | 100 | 0  | 100 | 100 | 400  |



| #  | Dystans | Kat. | Nazwisko, imię           | Klub                | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|--------------------------|---------------------|---------|-------|-------|-------|-------|-------|--------|
| 2  | 3,7km   | M16  | SZWAJA Mateusz           |                     | 1999    | 97.62 | 95.55 | 100   | 95.7  | 98.42 | 391.74 |
| 3  | 3,7km   | M20  | PIJANOVSKY Martin        |                     | 1989    | 95.68 | 94.71 | 99.45 | 88.01 | 93.25 | 383.09 |
| 4  | 3,7km   | M30  | BRZYSKI Maciej           | BrzyskiTriTeam      | 1985    | 98.52 | 90.37 | 97.08 | 93.22 | 90.1  | 379.19 |
| 5  | 3,7km   | M30  | TARGOSZ Michal           | ITMBW Kraków        | 1980    | 92.15 | 84.71 | 88.81 | 94.54 | 82.35 | 360.21 |
| 6  | 3,7km   | M30  | MIODONSKI Robert         |                     | 1986    | 94.03 | 82.65 | 86.86 | 91.79 | 76.6  | 355.33 |
| 7  | 3,7km   | M20  | BARWA Wojciech           |                     | 1998    | 92.5  | 86.01 | 0     | 87.86 | 83.58 | 349.95 |
| 8  | 3,7km   | M20  | GAJDA Kamil              |                     | 1991    | 92.35 | 0     | 88.91 | 80.17 | 82.15 | 343.58 |
| 9  | 3,7km   | M16  | KUCHARCZYK Jakub         | UKS Kometa Gliwice  | 2001    | 93.68 | 77.39 | 81.01 | 83.38 | 0     | 335.46 |
| 10 | 3,7km   | M13  | TARNAWSKI Jan            | WKS Wawel BnO       | 2003    | 74.56 | 69.52 | 72.71 | 81.42 | 74.39 | 303.08 |
| 11 | 3,7km   | M13  | SIENCZYLO Jan            | Niepołomice Biegają | 2008    | 82.45 | 70.8  | 75.44 | 73.05 | 69.5  | 301.74 |
| 12 | 3,7km   | M40  | BLASZCZAK Jarosław       | Go Aktiv!           | 1971    | 81.11 | 75.28 | 66.94 | 71.77 | 57.21 | 295.1  |
| 13 | 3,7km   | M40  | SZAWUL Piotr             | ITMBW Kraków        | 1974    | 75.82 | 69.29 | 73.97 | 0     | 66.93 | 286.01 |
| 14 | 3,7km   | M13  | RYCHLIK Patryk           | Lisy Pustyni        | 2008    | 76.61 | 63.26 | 60.28 | 68.14 | 63.9  | 271.91 |
| 15 | 3,7km   | M13  | KOŁODZIEJCZYK Bartłomiej |                     | 2003    | 0     | 66.2  | 71.91 | 66.9  | 61.77 | 266.78 |
| 16 | 3,7km   | M16  | WOJDYLA Dawid            |                     | 2002    | 83    | 0     | 91.08 | 0     | 78.64 | 252.72 |
| 17 | 3,7km   | M13  | FIREK Grzegorz           | 2xWK                | 2008    | 70.81 | 58.09 | 64.75 | 57.23 | 41.61 | 250.88 |
| 18 | 3,7km   | M13  | BUBLIK Piotr             | WKS Wawel BnO       | 2005    | 73.41 | 53.87 | 62.34 | 61    | 40.85 | 250.62 |
| 19 | 3,7km   | M13  | WYPYCH Hubert            | 3TRITEAM            | 2006    | 72.95 | 56.13 | 58.34 | 61.04 | 44.29 | 248.46 |
| 20 | 3,7km   | M13  | WOJCIK Pawel             | WKS Wawel BnO       | 2005    | 72.44 | 49.89 | 57.86 | 59.71 | 0     | 239.9  |
| 21 | 3,7km   | M40  | SŁONSKI Marek            | WKS Wawel BnO       | 1969    | 62.93 | 52.5  | 56.96 | 61.57 | 52.46 | 233.96 |
| 22 | 3,7km   | M20  | CWIECZEK Lukasz          | AZS CMUJ KRAKÓW     | 1996    | 59.5  | 48.91 | 50.95 | 50.93 | 0     | 210.29 |
| 23 | 3,7km   | M40  | TARASIEWICZ Marcin       | Forex Bad Boys      | 1973    | 0     | 47.26 | 54.96 | 50.14 | 48.47 | 200.83 |
| 24 | 3,7km   | M40  | SIWAK Ryszard            | MOW Kraków          | 1975    | 0     | 61.27 | 72.93 | 65.7  | 0     | 199.9  |
| 25 | 3,7km   | M13  | TYLIBA Karol             | MIKI                | 2007    | 54.88 | 54.66 | 41.03 | 48.09 | 18.61 | 198.66 |

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|----|---------|------|------------------------|---------------------|---------|-------|-------|-------|-------|-------|--------|
| 26 | 3,7km   | M40  | BAK Artur              | FC po 40tce         | 1971    | 52.16 | 37.97 | 32.82 | 28.89 | 70.2  | 193.15 |
| 27 | 3,7km   | M40  | WOSZCZYNSKI Pawel      | remus biega         | 1978    | 42.51 | 44.1  | 53.11 | 47.93 | 36.66 | 187.65 |
| 28 | 3,7km   | M13  | PIORKOWSKI Jakub       |                     | 2007    | 60.56 | 0     | 47.29 | 37.23 | 37.04 | 182.12 |
| 29 | 3,7km   | M13  | ZADARNOWSKI Marek      |                     | 2009    | 53.47 | 31.98 | 49.55 | 0     | 45.38 | 180.38 |
| 30 | 3,7km   | M13  | KRZYŻAN Stanisław      |                     | 2007    | 53.76 | 39.68 | 44.37 | 28.67 | 34.86 | 172.67 |
| 30 | 3,7km   | M40  | DUDA Wojciech          | Skawina Biega       | 1972    | 35.94 | 23.92 | 49.69 | 48.71 | 38.33 | 172.67 |
| 32 | 3,7km   | M30  | CZYŻ Radosław          | Husaria Race Team   | 1988    | 0     | 0     | 84.78 | 82.73 | 0     | 167.51 |
| 33 | 3,7km   | M20  | LASKI Mateusz          |                     | 1991    | 86.3  | 72.41 | 0     | 0     | 0     | 158.71 |
| 34 | 3,7km   | M40  | PIORKOWSKI Tomek       | #AdamCzerwińskiTeam | 1974    | 83.93 | 73.24 | 0     | 0     | 0     | 157.17 |
| 35 | 3,7km   | M13  | TOKARSKI Tomasz        |                     | 2006    | 57.13 | 0     | 44.49 | 9.05  | 43.07 | 153.74 |
| 36 | 3,7km   | M13  | BAK Szymon             |                     | 2007    | 52.07 | 37.93 | 32.58 | 29.11 | 24.97 | 151.69 |
| 37 | 3,7km   | M13  | TOWAREK Michał         | UKS Kometa Gliwice  | 2003    | 78.01 | 0     | 72.89 | 0     | 0     | 150.9  |
| 38 | 3,7km   | M16  | KUKLA Bartosz          | UKS Kometa Gliwice  | 2002    | 37.35 | 39.83 | 0     | 44.68 | 28.8  | 150.66 |
| 39 | 3,7km   | M30  | OZOG Mirosław          | Skawina Biega       | 1983    | 83.05 | 62.54 | 0     | 0     | 0     | 145.59 |
| 40 | 3,7km   | M40  | BULAWA Grzegorz        | UKS Kometa Gliwice  | 1976    | 28.69 | 32.49 | 44.48 | 30.63 | 33.86 | 141.46 |
| 41 | 3,7km   | M13  | TARASIEWICZ Franciszek | Forex Bad Boys      | 2009    | 0     | 0     | 57.33 | 34.44 | 49.12 | 140.89 |
| 42 | 3,7km   | M40  | WYPYCH Marek           | 3TRITEAM            | 1974    | 17.93 | 28.34 | 43.68 | 39    | 24.42 | 135.44 |
| 43 | 3,7km   | M13  | MARZEC Maciej          |                     | 2004    | 69.84 | 0     | 63.42 | 0     | 0     | 133.26 |
| 44 | 3,7km   | M20  | STUGLIK Krzysztof      |                     | 1993    | 73.15 | 57.76 | 0     | 0     | 0     | 130.91 |
| 45 | 3,7km   | M40  | DUBIEL Piotr           | 2xWK                | 1977    | 43.2  | 33.6  | 35.53 | 0     | 15.07 | 127.4  |
| 46 | 3,7km   | M13  | STACHURA Jan           | WKS Wawel BnO       | 2003    | 44.96 | 26.54 | 36.26 | 14.24 | 11.96 | 122    |
| 47 | 3,7km   | M70  | NAZIM Tadeusz          | Skawina Biega       | 1948    | 36.84 | 19.15 | 30.9  | 0     | 19.36 | 106.25 |
| 48 | 3,7km   | M13  | TARNOWSKI Przemysław   | WKS Wawel BnO       | 2007    | 55.75 | 0     | 0     | 48.77 | 0     | 104.52 |
| 49 | 3,7km   | M13  | SKOWRON Wojciech       | UKS Kometa Gliwice  | 2004    | 0     | 53.73 | 0     | 0     | 49.21 | 102.94 |

| #  | Dystans | Kat. | Nazwisko, imię            | Klub                  | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|----|---------|------|---------------------------|-----------------------|---------|-------|-------|-------|-------|-------|-------|
| 50 | 3,7km   | M16  | CZAJKOWSKI Mateusz        | SportWise             | 2002    | 0     | 0     | 93.21 | 0     | 0     | 93.21 |
| 51 | 3,7km   | M40  | WRONA Tymoteusz           | #AdamCzerwińskiTeam   | 1972    | 1     | 48.13 | 1     | 0     | 40.82 | 90.95 |
| 52 | 3,7km   | M30  | PISZCZEK Stanisław        |                       | 1979    | 0     | 0     | 0     | 86.73 | 0     | 86.73 |
| 53 | 3,7km   | M16  | BARWA Jakub               |                       | 2002    | 85.99 | 0     | 0     | 0     | 0     | 85.99 |
| 54 | 3,7km   | M20  | WRONA Daniel              |                       | 1992    | 0     | 0     | 0     | 0     | 85.83 | 85.83 |
| 55 | 3,7km   | M13  | ARMULA Karol              | Sportwise             | 2005    | 0     | 0     | 85.34 | 0     | 0     | 85.34 |
| 56 | 3,7km   | M13  | KESEK Bartek              | CSK Brzezcie          | 2005    | 24.79 | 17.9  | 21.13 | 20.33 | 11.31 | 84.15 |
| 57 | 3,7km   | M13  | KLAKLA Kacper             | KS Kościelec Chrzanów | 2007    | 42.8  | 0     | 0     | 32.21 | 9.07  | 84.08 |
| 58 | 3,7km   | M30  | MON Bartosz               |                       | 1986    | 83.82 | 0     | 0     | 0     | 0     | 83.82 |
| 59 | 3,7km   | M13  | GRZEGORCZYK Borys         | WKS Wawel BnO         | 2006    | 21.8  | 11.35 | 13.76 | 32.27 | 10.31 | 79.18 |
| 60 | 3,7km   | M13  | BARWA Bartłomiej          |                       | 2005    | 75.91 | 0     | 0     | 0     | 0     | 75.91 |
| 61 | 3,7km   | M60  | KRAWCZYK Mirosław         | MJMETAL OŚWIĘCIM      | 1958    | 0     | 0     | 32.41 | 33.49 | 9.21  | 75.11 |
| 62 | 3,7km   | M40  | BZOWSKI Michał            | Trailrun              | 1972    | 0     | 0     | 0     | 75.09 | 0     | 75.09 |
| 63 | 3,7km   | M16  | HYLA Damian               | UKS Kometa Gliwice    | 2001    | 0     | 0     | 0     | 72.37 | 0     | 72.37 |
| 64 | 3,7km   | M30  | MARKOWSKI Marcin          | UKS Kometa Gliwice    | 1981    | 0     | 70.91 | 0     | 0     | 0     | 70.91 |
| 65 | 3,7km   | M20  | TADER Marcin              | KS Victoria Żytno     | 1992    | 0     | 0     | 0     | 69.5  | 0     | 69.5  |
| 66 | 3,7km   | M30  | FIREK Piotr               |                       | 0       | 0     | 68.36 | 0     | 0     | 0     | 68.36 |
| 67 | 3,7km   | M20  | STAPOR Dariusz            |                       | 0       | 0     | 0     | 67.36 | 0     | 0     | 67.36 |
| 68 | 3,7km   | M16  | POLONIAK Adam             |                       | 0       | 0     | 65.71 | 0     | 0     | 0     | 65.71 |
| 69 | 3,7km   | M13  | FILICIAK Antoni           | CAFFETTIERA           | 2008    | 40.52 | 0     | 15.56 | 1     | 6.27  | 63.35 |
| 70 | 3,7km   | M20  | MOTAK Paweł               |                       | 1993    | 0     | 59.6  | 0     | 0     | 0     | 59.6  |
| 71 | 3,7km   | M13  | CZERNIKIEWICZ Maksymilian |                       | 0       | 0     | 59.06 | 0     | 0     | 0     | 59.06 |
| 72 | 3,7km   | M16  | EMMANUEL Stanczak         |                       | 0       | 0     | 58.99 | 0     | 0     | 0     | 58.99 |
| 73 | 3,7km   | M30  | WANCZYK Łukasz            | BeFit24Team           | 1984    | 0     | 0     | 0     | 0     | 58.1  | 58.1  |

| #  | Dystans | Kat. | Nazwisko, imię       | Klub                         | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|----|---------|------|----------------------|------------------------------|---------|-------|-------|-------|-------|-------|-------|
| 74 | 3,7km   | M20  | ZELEK Jakub          |                              | 1997    | 0     | 0     | 57.54 | 0     | 0     | 57.54 |
| 75 | 3,7km   | M16  | CZERNIKIEWICZ Max    | MOW Kraków                   | 0       | 0     | 0     | 57.29 | 0     | 0     | 57.29 |
| 76 | 3,7km   | M13  | LUDWIN Jakub         | KS Kościelec Chrzanów        | 2007    | 42.11 | 0     | 0     | 0     | 10.71 | 52.82 |
| 77 | 3,7km   | M16  | MAJ Samuel           |                              | 2002    | 0     | 0     | 0     | 52.33 | 0     | 52.33 |
| 78 | 3,7km   | M13  | PISAREK Kordian      | WKS Wawel BnO                | 2006    | 0     | 0     | 0     | 52.27 | 0     | 52.27 |
| 79 | 3,7km   | M13  | STASIKOWSKI Piotr    | TriWise                      | 2005    | 0     | 50.3  | 0     | 0     | 0     | 50.3  |
| 80 | 3,7km   | M13  | CHODLEWSKI Antoni    | KS Kościelec Chrzanów        | 0       | 0     | 0     | 0     | 37.89 | 12.24 | 50.13 |
| 81 | 3,7km   | M16  | LENART Robert        |                              | 0       | 0     | 45.75 | 0     | 0     | 0     | 45.75 |
| 82 | 3,7km   | M60  | MASLYK Jan           | TIMmaslyk                    | 1957    | 9.62  | 3.6   | 17.93 | 11.97 | 1     | 43.12 |
| 83 | 3,7km   | M16  | BUBLIK Piotr         | WKS Wawel Kraków             | 1900    | 0     | 0     | 0     | 0     | 40.85 | 40.85 |
| 84 | 3,7km   | M30  | PLOCIENNICZAK Daniel |                              | 1984    | 0     | 0     | 0     | 0     | 40.12 | 40.12 |
| 85 | 3,7km   | M16  | WARZEL Kamil         |                              | 0       | 0     | 39.16 | 0     | 0     | 0     | 39.16 |
| 86 | 3,7km   | M16  | REMISZ Kuba          | MOW Kraków                   | 2004    | 0     | 0     | 19.4  | 18.7  | 0     | 38.1  |
| 87 | 3,7km   | M16  | ROCZNIK Daniel       | MOW Kraków                   | 0       | 0     | 0     | 36.57 | 0     | 1     | 37.57 |
| 88 | 3,7km   | M13  | KROL Mateusz         | ap proszowianka              | 2006    | 0     | 32.18 | 0     | 0     | 0     | 32.18 |
| 89 | 3,7km   | M16  | STROJNY Sebastian    |                              | 2002    | 0     | 0     | 0     | 0     | 31.77 | 31.77 |
| 90 | 3,7km   | M13  | GORSZKO Maciej       | Trailrun                     | 2007    | 0     | 0     | 0     | 0     | 31.72 | 31.72 |
| 91 | 3,7km   | M16  | KROL Mateusz         | AP Proszowianka              | 0       | 0     | 0     | 30.52 | 0     | 0     | 30.52 |
| 92 | 3,7km   | M13  | JARACZEWSKI Wiktor   |                              | 2006    | 0     | 28.51 | 0     | 0     | 0     | 28.51 |
| 93 | 3,7km   | M20  | DRAZYK Ryszard       |                              | 1991    | 27.44 | 0     | 0     | 0     | 0     | 27.44 |
| 94 | 3,7km   | M13  | JAKUB Remisz         |                              | 0       | 0     | 24.21 | 0     | 0     | 0     | 24.21 |
| 95 | 3,7km   | M20  | MILNER Tomasz        |                              | 1992    | 23.48 | 0     | 0     | 0     | 0     | 23.48 |
| 96 | 3,7km   | M20  | LATA Mateusz         | AltKom Software & Consulting | 1992    | 0     | 23.15 | 0     | 0     | 0     | 23.15 |
| 97 | 3,7km   | M30  | WISNIEWSKI Grzegorz  | Archimod Team                | 0       | 0     | 0     | 21.16 | 0     | 0     | 21.16 |

| #   | Dystans | Kat. | Nazwisko, imię      | Klub                         | Rok ur. | E1   | E2    | E3   | E4   | E5    | Suma  |
|-----|---------|------|---------------------|------------------------------|---------|------|-------|------|------|-------|-------|
| 98  | 3,7km   | M13  | REMISZ Jakub        |                              | 2004    | 0    | 0     | 0    | 0    | 19.78 | 19.78 |
| 99  | 3,7km   | M40  | PACZESNIAK Jakub    |                              | 1974    | 0    | 0     | 0    | 0    | 18.97 | 18.97 |
| 100 | 3,7km   | M20  | POREBA Rafal        | Altkom Software & Consulting | 1991    | 0    | 18.82 | 0    | 0    | 0     | 18.82 |
| 101 | 3,7km   | M13  | JAKUB Piorkowski    |                              | 0       | 0    | 17.59 | 0    | 0    | 0     | 17.59 |
| 102 | 3,7km   | M50  | JAMKA Wieslaw       | Skawina Biega                | 1962    | 0    | 1     | 5.84 | 5.52 | 1     | 13.36 |
| 103 | 3,7km   | M13  | LIGEZA Jan          | Smashing PApkins             | 2007    | 9.12 | 1     | 0    | 1    | 1     | 12.12 |
| 104 | 3,7km   | M40  | KSIAZEK Maciej      |                              | 1978    | 9.73 | 0     | 0    | 0    | 0     | 9.73  |
| 105 | 3,7km   | M40  | DEC Jacek           |                              | 1970    | 1.73 | 1     | 5.59 | 0    | 1     | 9.32  |
| 106 | 3,7km   | M30  | RYCHLOWSKI Tomasz   |                              | 1980    | 6.41 | 0     | 0    | 0    | 0     | 6.41  |
| 107 | 3,7km   | M50  | MISINIEC Bogdan     | Pszczółka Team               | 1963    | 0    | 1     | 1.8  | 2.13 | 1     | 5.93  |
| 108 | 3,7km   | M16  | ZASADZKI Krzysztof  |                              | 2003    | 0    | 0     | 2.6  | 1    | 1     | 4.6   |
| 109 | 3,7km   | M13  | FIREK Jakub         | 2xWK                         | 2005    | 1    | 1     | 1    | 1    | 1     | 4     |
| 110 | 3,7km   | M20  | FEDYNA Marcin       |                              | 1993    | 0    | 0     | 0    | 0    | 2.06  | 2.06  |
| 111 | 3,7km   | M13  | PIASECKI Aleksander |                              | 2010    | 0    | 0     | 0    | 1    | 1     | 2     |
| 111 | 3,7km   | M40  | KRZYWDZINSKI Pawel  |                              | 1976    | 0    | 0     | 0    | 0    | 2     | 2     |
| 111 | 3,7km   | M13  | PULCZYNSKI Jeremi   | WKS Wawel BnO                | 2009    | 0    | 1     | 1    | 0    | 0     | 2     |
| 111 | 3,7km   | M16  | GODULA Sebastian    | MOW Kraków                   | 2002    | 0    | 1     | 0    | 1    | 0     | 2     |
| 115 | 3,7km   | M16  | MOWROCZNIK Daniel   | MOW Kraków                   | 2003    | 0    | 0     | 0    | 1    | 0     | 1     |
| 115 | 3,7km   | M13  | KRZYSZTOF Zasadzki  |                              | 0       | 0    | 1     | 0    | 0    | 0     | 1     |
| 115 | 3,7km   | M30  | ZMUDA Piotr         |                              | 1988    | 0    | 0     | 1    | 0    | 0     | 1     |
| 115 | 3,7km   | M16  | KUMALA Sebastian    | MOW Kraków                   | 0       | 0    | 0     | 1    | 0    | 0     | 1     |



# Grand Prix Krakowa w biegach górskich 2018/2019

Klasyfikacja generalna

Nordic Walking - OPEN

3,7km - OPEN

3,7km - KATEGORIE

5,7km - OPEN

5,7km - KATEGORIE

11,6km - OPEN

11,6km - KATEGORIE

23km - OPEN

23km - KATEGORIE

## 3,7km - K13

| #  | Dystans | Kat. | Nazwisko, imię   | Klub                  | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|------------------|-----------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 3,7km   | K13  | WASIK Maja       | SportWise             | 2004    | 98.48 | 100   | 96    | 100   | 100   | 398.48 |
| 2  | 3,7km   | K13  | NIESSNER Pola    | WKS Wawel BnO         | 2007    | 100   | 100   | 89    | 97.5  | 94.64 | 392.14 |
| 3  | 3,7km   | K13  | LESNIAK Matylda  | UKS Kometa Gliwice    | 2004    | 0     | 96.36 | 95.4  | 87.55 | 97.59 | 376.9  |
| 4  | 3,7km   | K13  | GRUSZKA Dominika | Niepołomice Biegają   | 2005    | 85.87 | 93.42 | 74.33 | 73.41 | 94.37 | 347.99 |
| 5  | 3,7km   | K13  | LAMPARSKA Maja   | WKS Wawel BnO         | 2005    | 89.3  | 85.22 | 77.32 | 80.56 | 0     | 332.4  |
| 6  | 3,7km   | K13  | DANIELAK Hanna   | WKS Wawel             | 2004    | 79.98 | 0     | 83.82 | 80.05 | 82.9  | 326.75 |
| 7  | 3,7km   | K13  | RAJCA Luiza      | KS Kościelec Chrzanów | 2004    | 61.67 | 62.82 | 67.26 | 72.39 | 65.74 | 268.21 |
| 8  | 3,7km   | K13  | JANAS Amelia     |                       | 2003    | 65.7  | 66.52 | 58.9  | 40.31 | 58.6  | 249.72 |
| 9  | 3,7km   | K13  | BLYSKOSZ Magda   | WKS Wawel BnO         | 2004    | 63.78 | 65.98 | 60.77 | 0     | 50.55 | 241.08 |
| 10 | 3,7km   | K13  | SLONSKA Antonina | WKS Wawel BnO         | 2007    | 84.25 | 73.5  | 0     | 65.06 | 0     | 222.81 |
| 11 | 3,7km   | K13  | OLEJNIK Jasmina  | WKS Wawel BnO         | 2008    | 84.22 | 73.61 | 0     | 64.73 | 0     | 222.56 |
| 12 | 3,7km   | K13  | BISKUPSKA Julia  | WKS Wawel BnO         | 2008    | 80.6  | 65.3  | 0     | 0     | 64.49 | 210.39 |
| 13 | 3,7km   | K13  | KURTYCZ Natalka  | WKS Wawel BnO         | 2005    | 54.97 | 62.95 | 34.65 | 43.16 | 40.23 | 201.31 |
| 14 | 3,7km   | K13  | KRZYŻAN Alina    |                       | 2007    | 55.57 | 48.7  | 39.75 | 11.47 | 56.65 | 200.67 |
| 15 | 3,7km   | K13  | BUDZINSKA Julia  |                       | 2006    | 29.55 | 44.88 | 52.53 | 39.55 | 52.8  | 189.76 |
| 16 | 3,7km   | K13  | KOCHON Julia     | UKS Kometa Gliwice    | 2005    | 60.76 | 0     | 68.44 | 53.64 | 0     | 182.84 |

| #  | Dystans | Kat. | Nazwisko, imię     | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|--------------------|----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 17 | 3,7km   | K13  | MICHNO Marta       |                            | 2005    | 49.07 | 0     | 61.6  | 0     | 61.02 | 171.69 |
| 18 | 3,7km   | K13  | RYCHLOWSKA Julia   | KS Kościelec Chrzanów      | 2007    | 36.78 | 38.49 | 40.55 | 27.74 | 48.26 | 164.08 |
| 19 | 3,7km   | K13  | PUDELEK Jowita     | LKS Górzanka Nawojowa Góra | 2005    | 49.85 | 64.41 | 0     | 44.48 | 0     | 158.74 |
| 20 | 3,7km   | K13  | WRONA Oliwia       | #AdamCzerwińskiTeam        | 2004    | 49.47 | 9.36  | 48.32 | 34.72 | 0     | 141.87 |
| 21 | 3,7km   | K13  | SIEK Barbara       | WKS Wawel BnO              | 2006    | 65.29 | 0     | 0     | 0     | 68.88 | 134.17 |
| 22 | 3,7km   | K13  | PAWLOWSKA Anna     |                            | 2008    | 44.59 | 25.6  | 38.84 | 20.45 | 0     | 129.48 |
| 23 | 3,7km   | K13  | MLYNARSKA Jozefina | Sportwise                  | 2003    | 0     | 0     | 100   | 0     | 0     | 100    |
| 24 | 3,7km   | K13  | LIGEZA Hanna       | Smashing PApkins           | 2004    | 0     | 30.43 | 15.8  | 25.7  | 12.1  | 84.03  |
| 25 | 3,7km   | K13  | HALUCHA Martyna    | WKS Wawel BnO              | 2004    | 63.58 | 0     | 0     | 0     | 0     | 63.58  |
| 26 | 3,7km   | K13  | PULCZYNSKA Hanna   | WKS Wawel BnO              | 2005    | 0     | 40.85 | 21.3  | 0     | 0     | 62.15  |
| 27 | 3,7km   | K13  | MOSZKOWICZ Anna    | WKS Wawel BnO              | 2005    | 46.92 | 0     | 0     | 0     | 0     | 46.92  |
| 28 | 3,7km   | K13  | WOJTAS Julia       | WKS Wawel BnO              | 2007    | 0     | 0     | 0     | 0     | 43.42 | 43.42  |
| 29 | 3,7km   | K13  | JANAS Natalia      |                            | 2005    | 29.29 | 0     | 0     | 11.5  | 0     | 40.79  |
| 30 | 3,7km   | K13  | KSIAZEK Janina     |                            | 2010    | 39.81 | 0     | 0     | 0     | 0     | 39.81  |
| 31 | 3,7km   | K13  | KSIAZEK Alina      |                            | 2008    | 39.74 | 0     | 0     | 0     | 0     | 39.74  |
| 32 | 3,7km   | K13  | MOSZKOWICZ Julia   | WKS Wawel BnO              | 2008    | 35.35 | 0     | 0     | 0     | 0     | 35.35  |

## 3,7km - K16

| # | Dystans | Kat. | Nazwisko, imię     | Klub               | Rok ur. | E1    | E2    | E3    | E4    | E5  | Suma   |
|---|---------|------|--------------------|--------------------|---------|-------|-------|-------|-------|-----|--------|
| 1 | 3,7km   | K16  | POLEWKA Aleksandra | UKS Kometa Gliwice | 2002    | 100   | 100   | 100   | 100   | 0   | 400    |
| 2 | 3,7km   | K16  | POGODA Kinga       | UKS Kometa Gliwice | 2002    | 0     | 91.78 | 94.25 | 98.85 | 0   | 284.88 |
| 3 | 3,7km   | K16  | DANIELAK Alicja    |                    | 2002    | 38.04 | 58.14 | 0     | 0     | 100 | 196.18 |
| 4 | 3,7km   | K16  | BIALONSKA Kinga    |                    | 0       | 0     | 96.63 | 0     | 0     | 0   | 96.63  |
| 5 | 3,7km   | K16  | BARWA Anna         |                    | 2000    | 54.06 | 0     | 0     | 0     | 0   | 54.06  |

| # | Dystans | Kat. | Nazwisko, imię | Klub | Rok ur. | E1 | E2    | E3 | E4 | E5 | Suma  |
|---|---------|------|----------------|------|---------|----|-------|----|----|----|-------|
| 6 | 3,7km   | K16  | PAULINA Lenart |      | 0       | 0  | 42.99 | 0  | 0  | 0  | 42.99 |

## 3,7km - K20

| #  | Dystans | Kat. | Nazwisko, imię    | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 3,7km   | K20  | GLEGOLA Adrianna  | AZS UJ                    | 1997    | 0     | 100   | 100   | 83.38 | 100   | 383.38 |
| 2  | 3,7km   | K20  | MEZYK Aleksandra  | #AdamCzerwińskiTeam       | 1989    | 92.1  | 0     | 91.75 | 72.51 | 90.95 | 347.31 |
| 3  | 3,7km   | K20  | KWIATKOWSKA Marta | WKS Wawel                 | 1990    | 0     | 0     | 0     | 85.13 | 93.56 | 178.69 |
| 4  | 3,7km   | K20  | WACLAWSKA Anita   |                           | 1998    | 37.82 | 59.26 | 39.94 | 0     | 0     | 137.02 |
| 5  | 3,7km   | K20  | GRZESIEK Anna     |                           | 1998    | 100   | 0     | 0     | 0     | 0     | 100    |
| 5  | 3,7km   | K20  | WICHA Malgorzata  |                           | 1991    | 0     | 0     | 0     | 100   | 0     | 100    |
| 7  | 3,7km   | K20  | KRZYSZTOF Iwona   | G.O.A.T. Team Michalowice | 1990    | 0     | 0     | 0     | 0     | 91.12 | 91.12  |
| 8  | 3,7km   | K20  | JARGIELO Urszula  |                           | 0       | 0     | 79.82 | 0     | 0     | 0     | 79.82  |
| 9  | 3,7km   | K20  | SZTAFROWSKA Inga  | Archimod Team             | 0       | 0     | 0     | 73.41 | 0     | 0     | 73.41  |
| 10 | 3,7km   | K20  | BARWA Barbara     |                           | 1995    | 46.01 | 0     | 0     | 0     | 0     | 46.01  |
| 11 | 3,7km   | K20  | KOZIOL Marta      | G.O.A.T. Team Michałowice | 1991    | 0     | 0     | 0     | 0     | 44.19 | 44.19  |
| 12 | 3,7km   | K20  | KLAPA Patrycja    | Decathlon                 | 1989    | 34.14 | 0     | 0     | 0     | 0     | 34.14  |

## 3,7km - K30

| # | Dystans | Kat. | Nazwisko, imię           | Klub                      | Rok ur. | E1 | E2    | E3    | E4    | E5    | Suma   |
|---|---------|------|--------------------------|---------------------------|---------|----|-------|-------|-------|-------|--------|
| 1 | 3,7km   | K30  | NAZIM Agnieszka          | Skawina Biega             | 1985    | 0  | 99.71 | 100   | 100   | 100   | 399.71 |
| 2 | 3,7km   | K30  | JAMRUSZKIEWICZ Katarzyna | G.O.A.T. Team Michałowice | 1981    | 0  | 85.84 | 90.41 | 88.46 | 87.39 | 352.1  |
| 3 | 3,7km   | K30  | HERDA Ewelina            | G.O.A.T. Team Michałowice | 1979    | 0  | 96.24 | 94.5  | 91.9  | 0     | 282.64 |
| 4 | 3,7km   | K30  | GAWLAS Monika            |                           | 1979    | 0  | 62.85 | 65.19 | 70.31 | 58.58 | 256.93 |
| 5 | 3,7km   | K30  | RYLKO Agnieszka          | I Ty Możesz Być Wielki    | 0       | 0  | 100   | 0     | 0     | 0     | 100    |



| #  | Dystans | Kat. | Nazwisko, imię    | Klub                | Rok ur. | E1  | E2 | E3    | E4   | E5    | Suma  |
|----|---------|------|-------------------|---------------------|---------|-----|----|-------|------|-------|-------|
| 5  | 3,7km   | K30  | LIRO Justyna      | Liro                | 1988    | 100 | 0  | 0     | 0    | 0     | 100   |
| 7  | 3,7km   | K30  | LORENZ Anna       | #AdamCzerwińskiTeam | 1980    | 0   | 0  | 0     | 93.8 | 0     | 93.8  |
| 8  | 3,7km   | K30  | PLAWECKA Barbara  |                     | 1979    | 0   | 0  | 0     | 0    | 60.12 | 60.12 |
| 9  | 3,7km   | K30  | TARASIEWICZ Marta | Forex Bad Boys      | 1982    | 0   | 0  | 58.61 | 0    | 0     | 58.61 |
| 10 | 3,7km   | K30  | BARAN Anita       |                     | 1982    | 0   | 0  | 0     | 0    | 42.99 | 42.99 |
| 11 | 3,7km   | K30  | WOZNICZKA Kamila  |                     | 1983    | 0   | 0  | 0     | 0    | 28.04 | 28.04 |
| 12 | 3,7km   | K30  | BUTKIEWICZ Agata  |                     | 1983    | 0   | 0  | 0     | 0    | 27.93 | 27.93 |

## 3,7km - K40

| #  | Dystans | Kat. | Nazwisko, imię         | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|------------------------|----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 3,7km   | K40  | CZAPCZYNSKA Malgorzata | Niepołomice Biegają        | 1978    | 95.86 | 100   | 0     | 96.45 | 100   | 392.31 |
| 2  | 3,7km   | K40  | POLEWKA Beata          | UKS Kometa Gliwice         | 1971    | 100   | 98.53 | 98.7  | 88.67 | 90.14 | 387.37 |
| 3  | 3,7km   | K40  | TYLIBA Magdalena       | MIKI                       | 1974    | 93.11 | 93.35 | 100   | 91.78 | 90.69 | 378.24 |
| 4  | 3,7km   | K40  | KESEK Anna             | CSK Brzezcie               | 1972    | 87.86 | 93.95 | 97.6  | 77.58 | 88.25 | 367.66 |
| 5  | 3,7km   | K40  | CZEPIEL Monika         | CSK Brzezcie               | 1976    | 86.56 | 93.22 | 96.49 | 0     | 86.47 | 362.74 |
| 6  | 3,7km   | K40  | MAZUR-OTREBSKA Anna    | MIGA PIGA ŚMIGA            | 1978    | 87.9  | 90.66 | 90.86 | 73.88 | 0     | 343.3  |
| 7  | 3,7km   | K40  | PUDELEK Malgorzata     | LKS Górzanka Nawojowa Góra | 1974    | 90.57 | 87.49 | 0     | 58.45 | 85.68 | 322.19 |
| 8  | 3,7km   | K40  | WIERZBICKA Dominika    | Goń się!                   | 1976    | 66.84 | 0     | 68.15 | 38.48 | 58.83 | 232.3  |
| 9  | 3,7km   | K40  | KLECZEK-WRONA Ewa      | #AdamCzerwińskiTeam        | 1973    | 48.87 | 55.05 | 63.4  | 25.69 | 0     | 193.01 |
| 10 | 3,7km   | K40  | URBANSKA Ewa           | Suchary z Sahary           | 1972    | 63.6  | 68.49 | 0     | 0     | 0     | 132.09 |
| 11 | 3,7km   | K40  | POMIERNIA Elzbieta     | Suchary z Sachary          | 1973    | 63.56 | 68.48 | 0     | 0     | 0     | 132.04 |
| 12 | 3,7km   | K40  | KACZMAREK Katarzyna    | #AdamCzerwińskiTeam        | 1978    | 0     | 0     | 0     | 100   | 0     | 100    |
| 13 | 3,7km   | K40  | GROCHOT Edyta          | #AdamCzerwińskiTeam        | 1976    | 0     | 0     | 0     | 0     | 93.75 | 93.75  |
| 14 | 3,7km   | K40  | FILICIAK Justyna       | CAFFETTIERA                | 1975    | 87.73 | 0     | 0     | 0     | 0     | 87.73  |

| #  | Dystans | Kat. | Nazwisko, imię       | Klub | Rok ur. | E1   | E2    | E3    | E4    | E5   | Suma  |
|----|---------|------|----------------------|------|---------|------|-------|-------|-------|------|-------|
| 15 | 3,7km   | K40  | KRZYWDA Monika       |      | 1976    | 85.9 | 0     | 0     | 0     | 0    | 85.9  |
| 16 | 3,7km   | K40  | MIETUS Katarzyna     |      | 0       | 0    | 80.19 | 0     | 0     | 0    | 80.19 |
| 17 | 3,7km   | K40  | BUGAJSKA Monika      |      | 1978    | 0    | 79.71 | 0     | 0     | 0    | 79.71 |
| 18 | 3,7km   | K40  | TOKARSKA Bozena      |      | 1978    | 0    | 0     | 0     | 76.44 | 0    | 76.44 |
| 19 | 3,7km   | K40  | SLAPAK-SLIWA Paulina |      | 1972    | 0    | 0     | 0     | 73.36 | 0    | 73.36 |
| 20 | 3,7km   | K40  | WOZNICZKA Malgorzata |      | 1959    | 0    | 0     | 17.71 | 0     | 5.71 | 23.42 |
| 21 | 3,7km   | K40  | RZEDKOWSKA Aneta     |      | 0       | 0    | 1     | 0     | 0     | 0    | 1     |

3,7km - K60

| # | Dystans | Kat. | Nazwisko, imię  | Klub                         | Rok ur. | E1 | E2  | E3  | E4  | E5  | Suma |
|---|---------|------|-----------------|------------------------------|---------|----|-----|-----|-----|-----|------|
| 1 | 3,7km   | K60  | WOZNIAK Barbara | Ambasador Grand Prix Krakowa | 1955    | 0  | 100 | 100 | 100 | 100 | 400  |

3,7km - M13

| #  | Dystans | Kat. | Nazwisko, imię           | Klub                | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|--------------------------|---------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 3,7km   | M13  | TARNAWSKI Jan            | WKS Wawel BnO       | 2003    | 93.29 | 99.01 | 88.98 | 100   | 100   | 392.3  |
| 2  | 3,7km   | M13  | SIENCZYLO Jan            | Niepołomice Biegają | 2008    | 100   | 100   | 91.36 | 92.94 | 96.11 | 389.05 |
| 3  | 3,7km   | M13  | RYCHLIK Patryk           | Lisy Pustyni        | 2008    | 95.04 | 94.17 | 78.14 | 88.8  | 91.65 | 369.66 |
| 4  | 3,7km   | M13  | KOŁODZIEJCZYK Bartłomiej |                     | 2003    | 0     | 96.44 | 88.29 | 87.75 | 89.95 | 362.43 |
| 5  | 3,7km   | M13  | BUBLIK Piotr             | WKS Wawel BnO       | 2005    | 92.31 | 86.9  | 79.94 | 82.77 | 73.3  | 341.92 |
| 6  | 3,7km   | M13  | FIREK Grzegorz           | 2xWK                | 2008    | 90.1  | 90.17 | 82.05 | 79.59 | 73.9  | 341.91 |
| 7  | 3,7km   | M13  | WYPYCH Hubert            | 3TRITEAM            | 2006    | 91.92 | 88.65 | 76.45 | 82.81 | 76.04 | 339.83 |
| 8  | 3,7km   | M13  | WOJCIK Pawel             | WKS Wawel BnO       | 2005    | 91.48 | 83.82 | 76.03 | 81.69 | 0     | 333.02 |
| 9  | 3,7km   | M13  | TYLIBA Karol             | MIKI                | 2007    | 76.55 | 87.51 | 61.35 | 71.89 | 55.59 | 297.3  |
| 10 | 3,7km   | M13  | ZADARNOWSKI Marek        |                     | 2009    | 75.35 | 69.96 | 68.79 | 0     | 76.9  | 291    |

| #  | Dystans | Kat. | Nazwisko, imię            | Klub                  | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------------|-----------------------|---------|-------|-------|-------|-------|-------|--------|
| 11 | 3,7km   | M13  | KRZYŻAN Stanisław         |                       | 2007    | 75.59 | 75.92 | 64.27 | 55.51 | 68.53 | 284.31 |
| 12 | 3,7km   | M13  | PIORKOWSKI Jakub          |                       | 2007    | 81.38 | 0     | 66.81 | 62.73 | 70.27 | 281.19 |
| 13 | 3,7km   | M13  | BAK Szymon                |                       | 2007    | 74.16 | 74.56 | 53.99 | 55.88 | 60.66 | 265.26 |
| 14 | 3,7km   | M13  | TOKARSKI Tomasz           |                       | 2006    | 78.46 | 0     | 64.37 | 38.96 | 75.07 | 256.86 |
| 15 | 3,7km   | M13  | STACHURA Jan              | WKS Wawel BnO         | 2003    | 68.11 | 65.75 | 57.19 | 43.34 | 50.3  | 241.35 |
| 16 | 3,7km   | M13  | TARASIEWICZ Franciszek    | Forex Bad Boys        | 2009    | 0     | 0     | 75.57 | 60.37 | 79.88 | 215.82 |
| 17 | 3,7km   | M13  | GRZEGORCZYK Borys         | WKS Wawel BnO         | 2006    | 48.41 | 53.99 | 37.57 | 58.54 | 48.99 | 209.93 |
| 18 | 3,7km   | M13  | KESEK Bartek              | CSK Brzezine          | 2005    | 50.95 | 59.06 | 44    | 48.48 | 49.78 | 208.27 |
| 19 | 3,7km   | M13  | KLAKLA Kacper             | KS Kościelec Chrzanów | 2007    | 66.27 | 0     | 0     | 58.5  | 48    | 172.77 |
| 20 | 3,7km   | M13  | MARZEC Maciej             |                       | 2004    | 89.27 | 0     | 80.88 | 0     | 0     | 170.15 |
| 21 | 3,7km   | M13  | TOWAREK Michał            | UKS Kometa Gliwice    | 2003    | 96.22 | 0     | 72.89 | 0     | 0     | 169.11 |
| 22 | 3,7km   | M13  | SKOWRON Wojciech          | UKS Kometa Gliwice    | 2004    | 0     | 86.79 | 0     | 0     | 79.96 | 166.75 |
| 23 | 3,7km   | M13  | FILICIAK Antoni           | CAFFETTIERA           | 2008    | 64.33 | 0     | 39.15 | 1     | 45.77 | 150.25 |
| 24 | 3,7km   | M13  | TARNOWSKI Przemysław      | WKS Wawel BnO         | 2007    | 77.29 | 0     | 0     | 72.46 | 0     | 149.75 |
| 25 | 3,7km   | M13  | LIGEZA Jan                | Smashing Pąpkins      | 2007    | 37.62 | 25.16 | 0     | 28.02 | 38.58 | 129.38 |
| 26 | 3,7km   | M13  | LUDWIN Jakub              | KS Kościelec Chrzanów | 2007    | 65.69 | 0     | 0     | 0     | 49.3  | 114.99 |
| 27 | 3,7km   | M13  | CHODLEWSKI Antoni         | KS Kościelec Chrzanów | 0       | 0     | 0     | 0     | 63.29 | 50.53 | 113.82 |
| 28 | 3,7km   | M13  | ARMULA Karol              | Sportwise             | 2005    | 0     | 0     | 100   | 0     | 0     | 100    |
| 29 | 3,7km   | M13  | FIREK Jakub               | 2xWK                  | 2005    | 22.11 | 30.97 | 15.67 | 26.43 | 12.68 | 95.18  |
| 30 | 3,7km   | M13  | BARWA Bartłomiej          |                       | 2005    | 94.44 | 0     | 0     | 0     | 0     | 94.44  |
| 31 | 3,7km   | M13  | CZERNIKIEWICZ Maksymilian |                       | 0       | 0     | 90.91 | 0     | 0     | 0     | 90.91  |
| 32 | 3,7km   | M13  | STASIKOWSKI Piotr         | TriWise               | 2005    | 0     | 84.14 | 0     | 0     | 0     | 84.14  |
| 33 | 3,7km   | M13  | PISAREK Kordian           | WKS Wawel BnO         | 2006    | 0     | 0     | 0     | 75.41 | 0     | 75.41  |
| 34 | 3,7km   | M13  | KROL Mateusz              | ap proszowianka       | 2006    | 0     | 70.11 | 0     | 0     | 0     | 70.11  |

| #  | Dystans | Kat. | Nazwisko, imię      | Klub          | Rok ur. | E1 | E2    | E3    | E4    | E5    | Suma  |
|----|---------|------|---------------------|---------------|---------|----|-------|-------|-------|-------|-------|
| 35 | 3,7km   | M13  | JARACZEWSKI Wiktor  |               | 2006    | 0  | 67.27 | 0     | 0     | 0     | 67.27 |
| 36 | 3,7km   | M13  | GORSZKO Maciej      | Trailrun      | 2007    | 0  | 0     | 0     | 0     | 66.03 | 66.03 |
| 37 | 3,7km   | M13  | JAKUB Remisz        |               | 0       | 0  | 63.94 | 0     | 0     | 0     | 63.94 |
| 38 | 3,7km   | M13  | JAKUB Piorkowski    |               | 0       | 0  | 58.82 | 0     | 0     | 0     | 58.82 |
| 39 | 3,7km   | M13  | PULCZYNSKI Jeremi   | WKS Wawel BnO | 2009    | 0  | 42.99 | 15.42 | 0     | 0     | 58.41 |
| 40 | 3,7km   | M13  | REMISZ Jakub        |               | 2004    | 0  | 0     | 0     | 0     | 56.53 | 56.53 |
| 41 | 3,7km   | M13  | PIASECKI Aleksander |               | 2010    | 0  | 0     | 0     | 24.11 | 20.01 | 44.12 |
| 42 | 3,7km   | M13  | KRZYSZTOF Zasadzki  |               | 0       | 0  | 37.94 | 0     | 0     | 0     | 37.94 |

## 3,7km - M16

| #  | Dystans | Kat. | Nazwisko, imię     | Klub               | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|--------------------|--------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 3,7km   | M16  | SZWAJA Mateusz     |                    | 1999    | 100   | 100   | 100   | 100   | 100   | 400    |
| 2  | 3,7km   | M16  | KUCHARCZYK Jakub   | UKS Kometa Gliwice | 2001    | 96.15 | 82.61 | 81.01 | 88.19 | 0     | 347.96 |
| 3  | 3,7km   | M16  | WOJDYLA Dawid      |                    | 2002    | 85.72 | 0     | 91.08 | 0     | 80.53 | 257.33 |
| 4  | 3,7km   | M16  | KUKLA Bartosz      | UKS Kometa Gliwice | 2002    | 41.13 | 46.65 | 0     | 51.07 | 31.46 | 170.31 |
| 5  | 3,7km   | M16  | CZAJKOWSKI Mateusz | SportWise          | 2002    | 0     | 0     | 93.21 | 0     | 0     | 93.21  |
| 6  | 3,7km   | M16  | BARWA Jakub        |                    | 2002    | 88.64 | 0     | 0     | 0     | 0     | 88.64  |
| 7  | 3,7km   | M16  | HYLA Damian        | UKS Kometa Gliwice | 2001    | 0     | 0     | 0     | 77.62 | 0     | 77.62  |
| 8  | 3,7km   | M16  | POLONIAK Adam      |                    | 0       | 0     | 71.43 | 0     | 0     | 0     | 71.43  |
| 9  | 3,7km   | M16  | EMMANUEL Stanczak  |                    | 0       | 0     | 65    | 0     | 0     | 0     | 65     |
| 10 | 3,7km   | M16  | MAJ Samuel         |                    | 2002    | 0     | 0     | 0     | 58.41 | 0     | 58.41  |
| 11 | 3,7km   | M16  | CZERNIKIEWICZ Max  | MOW Kraków         | 0       | 0     | 0     | 57.29 | 0     | 0     | 57.29  |
| 12 | 3,7km   | M16  | LENART Robert      |                    | 0       | 0     | 52.32 | 0     | 0     | 0     | 52.32  |
| 13 | 3,7km   | M16  | WARZEL Kamil       |                    | 0       | 0     | 46.02 | 0     | 0     | 0     | 46.02  |

| #  | Dystans | Kat. | Nazwisko, imię     | Klub             | Rok ur. | E1 | E2 | E3    | E4    | E5    | Suma  |
|----|---------|------|--------------------|------------------|---------|----|----|-------|-------|-------|-------|
| 14 | 3,7km   | M16  | REMISZ Kuba        | MOW Kraków       | 2004    | 0  | 0  | 19.4  | 26.17 | 0     | 45.57 |
| 15 | 3,7km   | M16  | BUBLIK Piotr       | WKS Wawel Kraków | 1900    | 0  | 0  | 0     | 0     | 43.33 | 43.33 |
| 16 | 3,7km   | M16  | ROCZNIK Daniel     | MOW Kraków       | 0       | 0  | 0  | 36.57 | 0     | 1     | 37.57 |
| 17 | 3,7km   | M16  | STROJNY Sebastian  |                  | 2002    | 0  | 0  | 0     | 0     | 34.39 | 34.39 |
| 18 | 3,7km   | M16  | KROL Mateusz       | AP Proszowianka  | 0       | 0  | 0  | 30.52 | 0     | 0     | 30.52 |
| 19 | 3,7km   | M16  | ZASADZKI Krzysztof |                  | 2003    | 0  | 0  | 2.6   | 1     | 4.74  | 8.34  |
| 20 | 3,7km   | M16  | GODULA Sebastian   | MOW Kraków       | 2002    | 0  | 1  | 0     | 1     | 0     | 2     |
| 21 | 3,7km   | M16  | MOWROCZNIK Daniel  | MOW Kraków       | 2003    | 0  | 0  | 0     | 1     | 0     | 1     |
| 21 | 3,7km   | M16  | KUMALA Sebastian   | MOW Kraków       | 0       | 0  | 0  | 1     | 0     | 0     | 1     |

## 3,7km - M20

| #  | Dystans | Kat. | Nazwisko, imię    | Klub                     | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-------------------|--------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 3,7km   | M20  | BORON Dariusz     | ASICS FrontRunner Poland | 1992    | 100   | 100   | 0     | 100   | 100   | 400    |
| 2  | 3,7km   | M20  | PIJANOVSKY Martin |                          | 1989    | 95.68 | 94.71 | 100   | 88.01 | 93.25 | 383.64 |
| 3  | 3,7km   | M20  | BARWA Wojciech    |                          | 1998    | 92.5  | 86.01 | 0     | 87.86 | 83.58 | 349.95 |
| 4  | 3,7km   | M20  | GAJDA Kamil       |                          | 1991    | 92.35 | 0     | 89.52 | 80.17 | 82.15 | 344.19 |
| 5  | 3,7km   | M20  | CWIECZEK Lukasz   | AZS CMUJ KRAKÓW          | 1996    | 59.5  | 48.91 | 51.76 | 50.93 | 0     | 211.1  |
| 6  | 3,7km   | M20  | LASKI Mateusz     |                          | 1991    | 86.3  | 72.41 | 0     | 0     | 0     | 158.71 |
| 7  | 3,7km   | M20  | STUGLIK Krzysztof |                          | 1993    | 73.15 | 57.76 | 0     | 0     | 0     | 130.91 |
| 8  | 3,7km   | M20  | WRONA Daniel      |                          | 1992    | 0     | 0     | 0     | 0     | 85.83 | 85.83  |
| 9  | 3,7km   | M20  | TADER Marcin      | KS Victoria Żytno        | 1992    | 0     | 0     | 0     | 69.5  | 0     | 69.5   |
| 10 | 3,7km   | M20  | STAPOR Dariusz    |                          | 0       | 0     | 0     | 68.08 | 0     | 0     | 68.08  |
| 11 | 3,7km   | M20  | MOTAK Pawel       |                          | 1993    | 0     | 59.6  | 0     | 0     | 0     | 59.6   |
| 12 | 3,7km   | M20  | ZELEK Jakub       |                          | 1997    | 0     | 0     | 58.31 | 0     | 0     | 58.31  |

| #  | Dystans | Kat. | Nazwisko, imię | Klub                         | Rok ur. | E1    | E2    | E3 | E4 | E5   | Suma  |
|----|---------|------|----------------|------------------------------|---------|-------|-------|----|----|------|-------|
| 13 | 3,7km   | M20  | DRAZYK Ryszard |                              | 1991    | 27.44 | 0     | 0  | 0  | 0    | 27.44 |
| 14 | 3,7km   | M20  | MILNER Tomasz  |                              | 1992    | 23.48 | 0     | 0  | 0  | 0    | 23.48 |
| 15 | 3,7km   | M20  | LATA Mateusz   | AltKom Software & Consulting | 1992    | 0     | 23.15 | 0  | 0  | 0    | 23.15 |
| 16 | 3,7km   | M20  | POREBA Rafał   | AltKom Software & Consulting | 1991    | 0     | 18.82 | 0  | 0  | 0    | 18.82 |
| 17 | 3,7km   | M20  | FEDYNA Marcin  |                              | 1993    | 0     | 0     | 0  | 0  | 2.06 | 2.06  |

3,7km - M30

| #  | Dystans | Kat. | Nazwisko, imię       | Klub               | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------|--------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 3,7km   | M30  | BRZYSKI Maciej       | BrzyskiTriTeam     | 1985    | 100   | 100   | 100   | 98.76 | 100   | 400    |
| 2  | 3,7km   | M30  | TARGOSZ Michał       | ITMBW Kraków       | 1980    | 93.72 | 94.83 | 91.97 | 100   | 92.95 | 381.5  |
| 3  | 3,7km   | M30  | MIODONSKI Robert     |                    | 1986    | 95.57 | 92.96 | 90.07 | 97.4  | 87.72 | 376    |
| 4  | 3,7km   | M30  | CZYŻ Radosław        | Husaria Race Team  | 1988    | 0     | 0     | 88.05 | 88.8  | 0     | 176.85 |
| 5  | 3,7km   | M30  | OZOG Mirosław        | Skawina Biega      | 1983    | 84.75 | 74.61 | 0     | 0     | 0     | 159.36 |
| 6  | 3,7km   | M30  | PISZCZEK Stanisław   |                    | 1979    | 0     | 0     | 0     | 92.6  | 0     | 92.6   |
| 7  | 3,7km   | M30  | MON Bartosz          |                    | 1986    | 85.51 | 0     | 0     | 0     | 0     | 85.51  |
| 8  | 3,7km   | M30  | MARKOWSKI Marcin     | UKS Kometa Gliwice | 1981    | 0     | 82.25 | 0     | 0     | 0     | 82.25  |
| 9  | 3,7km   | M30  | FIREK Piotr          |                    | 0       | 0     | 79.92 | 0     | 0     | 0     | 79.92  |
| 10 | 3,7km   | M30  | WANCZYK Łukasz       | BeFit24Team        | 1984    | 0     | 0     | 0     | 0     | 70.89 | 70.89  |
| 11 | 3,7km   | M30  | PŁOCIENNICZAK Daniel |                    | 1984    | 0     | 0     | 0     | 0     | 54.53 | 54.53  |
| 12 | 3,7km   | M30  | WISNIEWSKI Grzegorz  | Archimod Team      | 0       | 0     | 0     | 26.24 | 0     | 0     | 26.24  |
| 13 | 3,7km   | M30  | RYCHŁOWSKI Tomasz    |                    | 1980    | 9.23  | 0     | 0     | 0     | 0     | 9.23   |
| 14 | 3,7km   | M30  | ZMUDA Piotr          |                    | 1988    | 0     | 0     | 3.67  | 0     | 0     | 3.67   |

3,7km - M40

| #  | Dystans | Kat. | Nazwisko, imię     | Klub                | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|--------------------|---------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 3,7km   | M40  | BLASZCZAK Jaroslaw | Go Aktiv!           | 1971    | 97.57 | 100   | 94.42 | 97.34 | 89.99 | 389.33 |
| 2  | 3,7km   | M40  | SZAWUL Piotr       | ITMBW Kraków        | 1974    | 93.01 | 95.19 | 100   | 0     | 97.47 | 385.67 |
| 3  | 3,7km   | M40  | SLONSKI Marek      | WKS Wawel BnO       | 1969    | 81.91 | 81.73 | 86.51 | 89.17 | 86.33 | 343.92 |
| 4  | 3,7km   | M40  | TARASIEWICZ Marcin | Forex Bad Boys      | 1973    | 0     | 77.53 | 84.92 | 80.02 | 83.25 | 325.72 |
| 5  | 3,7km   | M40  | WOSZCZYNSKI Pawel  | remus biega         | 1978    | 64.32 | 75    | 83.45 | 78.26 | 74.16 | 310.87 |
| 6  | 3,7km   | M40  | BAK Artur          | FC po 40tce         | 1971    | 72.63 | 70.08 | 67.35 | 63.01 | 100   | 310.06 |
| 7  | 3,7km   | M40  | DUDA Wojciech      | Skawina Biega       | 1972    | 58.65 | 58.82 | 80.74 | 78.88 | 75.44 | 293.88 |
| 8  | 3,7km   | M40  | SIWAK Ryszard      | MOW Kraków          | 1975    | 0     | 88.77 | 99.17 | 92.48 | 0     | 280.42 |
| 9  | 3,7km   | M40  | BULAWA Grzegorz    | UKS Kometa Gliwice  | 1976    | 52.4  | 65.69 | 76.6  | 64.41 | 72    | 278.7  |
| 10 | 3,7km   | M40  | WYPYCH Marek       | 3TRITEAM            | 1974    | 43.14 | 62.36 | 75.97 | 71.1  | 64.73 | 274.16 |
| 11 | 3,7km   | M40  | DUBIEL Piotr       | 2xWK                | 1977    | 64.9  | 66.58 | 69.5  | 0     | 57.52 | 258.5  |
| 12 | 3,7km   | M40  | PIORKOWSKI Tomek   | #AdamCzerwińskiTeam | 1974    | 100   | 98.36 | 0     | 0     | 0     | 198.36 |
| 13 | 3,7km   | M40  | WRONA Tymoteusz    | #AdamCzerwińskiTeam | 1972    | 1     | 78.23 | 18.86 | 0     | 77.36 | 175.45 |
| 14 | 3,7km   | M40  | DEC Jacek          |                     | 1970    | 29.18 | 32.38 | 45.74 | 0     | 31    | 138.3  |
| 15 | 3,7km   | M40  | BZOWSKI Michal     | Trailrun            | 1972    | 0     | 0     | 0     | 100   | 0     | 100    |
| 16 | 3,7km   | M40  | PACZESNIAK Jakub   |                     | 1974    | 0     | 0     | 0     | 0     | 60.53 | 60.53  |
| 17 | 3,7km   | M40  | KRZYWDZINSKI Pawel |                     | 1976    | 0     | 0     | 0     | 0     | 47.46 | 47.46  |
| 18 | 3,7km   | M40  | KSIAZEK Maciej     |                     | 1978    | 36.07 | 0     | 0     | 0     | 0     | 36.07  |

## 3,7km - M50

| # | Dystans | Kat. | Nazwisko, imię  | Klub           | Rok ur. | E1 | E2    | E3    | E4    | E5    | Suma   |
|---|---------|------|-----------------|----------------|---------|----|-------|-------|-------|-------|--------|
| 1 | 3,7km   | M50  | JAMKA Wieslaw   | Skawina Biega  | 1962    | 0  | 100   | 100   | 100   | 100   | 400    |
| 2 | 3,7km   | M50  | MISINIEC Bogdan | Pszczółka Team | 1963    | 0  | 99.03 | 97.92 | 98.26 | 89.55 | 384.76 |

## 3,7km - M60

| # | Dystans | Kat. | Nazwisko, imię    | Klub             | Rok ur. | E1  | E2  | E3    | E4    | E5    | Suma   |
|---|---------|------|-------------------|------------------|---------|-----|-----|-------|-------|-------|--------|
| 1 | 3,7km   | M60  | MASLYK Jan        | TIMmaslyk        | 1957    | 100 | 100 | 91.36 | 87.08 | 73.76 | 378.44 |
| 2 | 3,7km   | M60  | KRAWCZYK Mirosław | MJMETAL OŚWIĘCIM | 1958    | 0   | 0   | 100   | 100   | 100   | 300    |

## 3,7km - M70

| # | Dystans | Kat. | Nazwisko, imię | Klub          | Rok ur. | E1  | E2  | E3  | E4 | E5  | Suma |
|---|---------|------|----------------|---------------|---------|-----|-----|-----|----|-----|------|
| 1 | 3,7km   | M70  | NAZIM Tadeusz  | Skawina Biega | 1948    | 100 | 100 | 100 | 0  | 100 | 400  |





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## NW - OPEN-K

| #  | Dystans | Kat.   | Nazwisko, imię                 | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|--------|--------------------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | NW      | OPEN-K | REJMAN Dorota                  | UKS Siedleszczany         | 1980    | 100   | 0     | 100   | 100   | 98.75 | 398.75 |
| 2  | NW      | OPEN-K | PASINSKA-SKOWRON Sylwia        | Pruszyński Sport Team     | 1977    | 97.79 | 100   | 98.75 | 94.03 | 100   | 396.54 |
| 3  | NW      | OPEN-K | KORDOWSKA Bogusława            | Lux Torpeda Małopolska    | 1975    | 93.45 | 98.19 | 90.18 | 90.91 | 98.77 | 381.32 |
| 4  | NW      | OPEN-K | TYCZEWSKA Paulina              | Lux Torpeda Małopolska    | 1981    | 88.83 | 97.08 | 94.1  | 89.55 | 98.81 | 379.54 |
| 5  | NW      | OPEN-K | NATORSKA Beata                 |                           | 1969    | 84.66 | 85.33 | 83.5  | 79.1  | 0     | 332.59 |
| 6  | NW      | OPEN-K | SZKODZINSKA Klaudia            |                           | 1978    | 81.43 | 81.25 | 79.4  | 70.54 | 80.17 | 322.25 |
| 7  | NW      | OPEN-K | SUSKA Katarzyna                | Wadowickie Nordic Walking | 1987    | 0     | 88.85 | 84.51 | 55.43 | 89.79 | 318.58 |
| 8  | NW      | OPEN-K | STARZYK Kinga                  |                           | 2004    | 0     | 81.48 | 74.42 | 74.13 | 79.85 | 309.88 |
| 9  | NW      | OPEN-K | WERCHOWIECKA-PARDYGAL Karolina |                           | 1975    | 81.11 | 79.79 | 78.45 | 64.38 | 0     | 303.73 |
| 10 | NW      | OPEN-K | CICHON Miriana                 |                           | 1981    | 71.85 | 75.78 | 76.38 | 70.69 | 0     | 294.7  |
| 11 | NW      | OPEN-K | JANICKA Barbara                | Poranny Patrol            | 1961    | 67.89 | 69.73 | 58.74 | 39.88 | 73.56 | 269.92 |
| 12 | NW      | OPEN-K | KUSMIERSKA Agnieszka           |                           | 1982    | 23.61 | 76.43 | 19.43 | 71.65 | 73.98 | 245.67 |
| 13 | NW      | OPEN-K | SZOT Magdalena                 | Luxtorpeda Małopolska     | 1990    | 91.59 | 97.84 | 0     | 0     | 0     | 189.43 |
| 14 | NW      | OPEN-K | ZICZ Dani                      | LUX TORPEDA MAŁOPOLSKA    | 1972    | 0     | 0     | 0     | 87.87 | 90.15 | 178.02 |
| 15 | NW      | OPEN-K | DABROWSKA Malgorzata           | G.O.A.T. Team Michałowice | 1981    | 0     | 0     | 0     | 67.52 | 75.15 | 142.67 |
| 16 | NW      | OPEN-K | CELEJ-KOBALCZYK Joanna         | G.O.A.T. Team Michałowice | 1975    | 0     | 0     | 0     | 67.58 | 74.82 | 142.4  |

| #  | Dystans | Kat.   | Nazwisko, imię       | Klub                   | Rok ur. | E1    | E2 | E3    | E4    | E5    | Suma   |
|----|---------|--------|----------------------|------------------------|---------|-------|----|-------|-------|-------|--------|
| 17 | NW      | OPEN-K | WACLAWSKA Malgorzata |                        | 1970    | 45.01 | 0  | 32.7  | 5.24  | 57.48 | 140.43 |
| 18 | NW      | OPEN-K | PACZESNIAK Helena    |                        | 2010    | 0     | 0  | 0     | 0     | 95.49 | 95.49  |
| 19 | NW      | OPEN-K | KOBIELA Daria        | KABEX Podkowa Janów    | 1989    | 0     | 0  | 0     | 93.6  | 0     | 93.6   |
| 20 | NW      | OPEN-K | GRATKA Beata-Gratka  | LUX TORPEDA Małopolska | 1974    | 0     | 0  | 0     | 0     | 89.59 | 89.59  |
| 21 | NW      | OPEN-K | WASIK Magdalena      |                        | 1978    | 0     | 0  | 86.72 | 0     | 0     | 86.72  |
| 22 | NW      | OPEN-K | MARKS Eliza          |                        | 1974    | 0     | 0  | 0     | 0     | 81.06 | 81.06  |
| 23 | NW      | OPEN-K | SKOWRON Cecylia      | dołciu                 | 1960    | 0     | 0  | 0     | 0     | 78.98 | 78.98  |
| 24 | NW      | OPEN-K | HAMOWSKA Elzbieta    |                        | 1960    | 0     | 0  | 0     | 71.93 | 0     | 71.93  |
| 25 | NW      | OPEN-K | OLESIAK Katarzyna    |                        | 1983    | 0     | 0  | 0     | 0     | 67.16 | 67.16  |
| 26 | NW      | OPEN-K | WOZNICZKA Malgorzata |                        | 1959    | 35.09 | 1  | 0     | 0     | 0     | 36.09  |
| 27 | NW      | OPEN-K | PANAETOVA Kseniia    |                        | 1988    | 23.18 | 0  | 0     | 0     | 0     | 23.18  |

## NW - OPEN-M

| #  | Dystans | Kat.   | Nazwisko, imię    | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|--------|-------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | NW      | OPEN-M | ORDZOWIALY Piotr  | UKS ZAWOJAK               | 1967    | 100   | 100   | 100   | 100   | 100   | 400    |
| 2  | NW      | OPEN-M | KORDOWSKI Piotr   | Lux Torpeda Małopolska    | 1971    | 0     | 97.96 | 99.54 | 91.59 | 95.64 | 384.73 |
| 3  | NW      | OPEN-M | GRATKA Mirosław   |                           | 1973    | 96.14 | 99.64 | 93.75 | 85.62 | 90.22 | 379.75 |
| 4  | NW      | OPEN-M | ELZBIECIAK Lukasz | Mocni Pomocni             | 1979    | 87.07 | 90.53 | 85.84 | 77.7  | 82.47 | 345.91 |
| 5  | NW      | OPEN-M | SUSKI Daniel      | Wadowickie Nordic Walking | 1981    | 85.72 | 88.77 | 82.73 | 67.22 | 79.8  | 337.02 |
| 6  | NW      | OPEN-M | TYCZEWSKI Jacek   | Luxtorpeda Malopolska     | 1979    | 79.53 | 85.44 | 76.71 | 63.23 | 71.97 | 313.65 |
| 7  | NW      | OPEN-M | MALINOWSKI Pawel  |                           | 1995    | 61.98 | 68.87 | 55.56 | 0     | 56.32 | 242.73 |
| 8  | NW      | OPEN-M | PIATY Jozef       | Skalskie Asy              | 1954    | 0     | 67.31 | 58.71 | 51.19 | 47.84 | 225.05 |
| 9  | NW      | OPEN-M | POZNANSKI Jakub   |                           | 1948    | 0     | 51.53 | 23.39 | 28.01 | 38.87 | 141.8  |
| 10 | NW      | OPEN-M | JANICKI Ryszard   | Poranny Patrol            | 1960    | 42.93 | 47.65 | 0     | 1     | 45.73 | 137.31 |

| #  | Dystans | Kat.   | Nazwisko, imię           | Klub                        | Rok ur. | E1   | E2    | E3   | E4    | E5  | Suma  |
|----|---------|--------|--------------------------|-----------------------------|---------|------|-------|------|-------|-----|-------|
| 11 | NW      | OPEN-M | STILLER Karol            | KABEX Podkowa Janów         | 1984    | 0    | 0     | 0    | 91.94 | 0   | 91.94 |
| 12 | NW      | OPEN-M | PAZDZIORA Mariusz        | Wadowickie NW               | 1971    | 89.9 | 0     | 0    | 0     | 0   | 89.9  |
| 13 | NW      | OPEN-M | WOZNICZKA Tadeusz        |                             | 1955    | 3.8  | 52.78 | 9.28 | 0     | 8.4 | 74.26 |
| 14 | NW      | OPEN-M | ZWONEK Piotr             | exrowerowanie               | 1967    | 0    | 0     | 0    | 58.34 | 0   | 58.34 |
| 15 | NW      | OPEN-M | JEDRZEJEWSKI Włodzimierz | Cisco Krakow Running Team   | 1972    | 0    | 57.22 | 0    | 0     | 0   | 57.22 |
| 16 | NW      | OPEN-M | TARAS Karol              | Nowohucki Kombinat Sportowy | 2008    | 0    | 49.43 | 0    | 0     | 0   | 49.43 |



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## 5,7km - OPEN K

| #  | Dystans | Kat. | Nazwisko, imię                  | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------------------|----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 5,7km   | K30  | PIATEK Karolina                 | nogamidogóry.pl            | 1987    | 100   | 0     | 100   | 97.66 | 100   | 397.66 |
| 2  | 5,7km   | K16  | BIEDERMAN Adrianna              | WKS Wawel BnO              | 2000    | 97.14 | 91.82 | 0     | 94.83 | 96.08 | 379.87 |
| 3  | 5,7km   | K16  | GARBACIK Maja                   | WKS Wawel BnO              | 2000    | 88.69 | 85.5  | 83.97 | 0     | 89.32 | 347.48 |
| 4  | 5,7km   | K16  | TOPOR Magdalena                 | WKS Wawel BnO              | 2001    | 88.31 | 78.48 | 88.47 | 0     | 83.21 | 338.47 |
| 5  | 5,7km   | K20  | HRUBY Anna                      | AZS AWF Kraków             | 1998    | 84.98 | 88.7  | 0     | 66.46 | 92.2  | 332.34 |
| 6  | 5,7km   | K16  | KLAPUT Natalia                  |                            | 0       | 0     | 77.96 | 78.85 | 76.3  | 82.02 | 315.13 |
| 7  | 5,7km   | K30  | PRZYWARA Katarzyna              | Skawina Biega              | 1988    | 84.88 | 79.24 | 68.24 | 0     | 77.05 | 309.41 |
| 8  | 5,7km   | K20  | GAWLOWSKA Anna                  |                            | 1992    | 76.3  | 0     | 72.59 | 67.08 | 81.04 | 297.01 |
| 9  | 5,7km   | K30  | SZCZEPANIK Renata               | KRAKÓW                     | 1979    | 0     | 81.44 | 73.3  | 67.43 | 72.65 | 294.82 |
| 10 | 5,7km   | K16  | PUDELEK Michalina               | LKS Górzanka Nawojowa Góra | 2000    | 73.97 | 64.84 | 70.29 | 77.93 | 0     | 287.03 |
| 11 | 5,7km   | K30  | BARTUS Joanna                   | G.O.A.T. Team Michałowice  | 1982    | 67.59 | 70.06 | 71.26 | 67.97 | 74.2  | 283.49 |
| 12 | 5,7km   | K40  | ZAJACZKOWSKA-ORLOWSKA Katarzyna |                            | 1976    | 65.95 | 63.46 | 67.79 | 66.3  | 80.4  | 280.44 |
| 13 | 5,7km   | K30  | WARSZAWSKA Agnieszka            |                            | 1987    | 63.83 | 67.4  | 68.55 | 67.7  | 76.7  | 280.35 |
| 14 | 5,7km   | K40  | ZABOROWSKA Małgorzata           |                            | 1977    | 65.63 | 73.72 | 64.4  | 68.89 | 68.42 | 276.66 |
| 15 | 5,7km   | K16  | NYGA Julia                      | UKS Kometa Gliwice         | 2002    | 68.61 | 71.6  | 67.31 | 68.04 | 0     | 275.56 |
| 16 | 5,7km   | K16  | WYPYCH Urszula                  |                            | 2003    | 67.9  | 65.89 | 63.86 | 58.29 | 75.13 | 272.78 |

| #  | Dystans | Kat. | Nazwisko, imię             | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 17 | 5,7km   | K20  | SMEDA Agnieszka            | Bochnia Biega             | 1993    | 62.69 | 72.08 | 0     | 61.33 | 73.83 | 269.93 |
| 18 | 5,7km   | K40  | ETTERLE-BIEDERMAN Lilianna | WKS Wawel BnO             | 1971    | 65.15 | 66.1  | 63.16 | 64.93 | 0     | 259.34 |
| 19 | 5,7km   | K30  | SZNAJDER Joanna            | G.O.A.T. Team Michałowice | 1982    | 50.3  | 61.34 | 64.1  | 61.5  | 70.01 | 256.95 |
| 20 | 5,7km   | K40  | WITEK Aneta                | SolarWinds                | 1973    | 61.82 | 62.68 | 60.48 | 58.57 | 69.35 | 254.33 |
| 21 | 5,7km   | K30  | KAPOLKA Agata              | Skawina Biega             | 1983    | 57.67 | 63.14 | 62.46 | 61.4  | 67    | 254    |
| 22 | 5,7km   | K30  | SIEMINSKA Natalia          |                           | 1983    | 65.14 | 66.3  | 0     | 47.13 | 75.2  | 253.77 |
| 23 | 5,7km   | K30  | SZWEJ Joanna               | Pogoria Biega             | 1985    | 57.26 | 59.86 | 54.4  | 60.37 | 75.58 | 253.07 |
| 24 | 5,7km   | K30  | WOJTOWICZ Magdalena        | Trailrun                  | 1980    | 64.34 | 60.75 | 52.97 | 55.1  | 65.89 | 246.08 |
| 25 | 5,7km   | K30  | TYLEK Agata                | Skawina Biega             | 1980    | 63.37 | 61.99 | 52.59 | 51.54 | 65.52 | 243.47 |
| 26 | 5,7km   | K40  | SLIWA Anna                 | Skawina Biega             | 1976    | 61.35 | 58.55 | 60.88 | 62.31 | 57.95 | 243.09 |
| 27 | 5,7km   | K20  | DYLAG Marlena              | G.O.A.T. Team Michałowice | 1991    | 59.39 | 60.62 | 60.61 | 55.1  | 61.88 | 242.5  |
| 28 | 5,7km   | K50  | PLATA Agnieszka            | Dzieło Pomocy św Ojca Pio | 1968    | 65.46 | 54.56 | 58.17 | 0     | 61.38 | 239.57 |
| 28 | 5,7km   | K30  | KLAPUT Dorota              | Endorfiny                 | 1984    | 67.3  | 67.63 | 54.18 | 50.46 | 0     | 239.57 |
| 30 | 5,7km   | K16  | SLONSKA Zofia              | WKS Wawel BnO             | 2002    | 74.88 | 0     | 77.74 | 83.18 | 0     | 235.8  |
| 31 | 5,7km   | K30  | ZIEBA-SLADOWSKA Agata      | Skawina Biega             | 1981    | 0     | 55.75 | 55.38 | 55.07 | 61.31 | 227.51 |
| 32 | 5,7km   | K30  | ZAJAC Ilona                | Skawina Biega             | 1982    | 48.4  | 57.54 | 55.09 | 35.84 | 63.94 | 224.97 |
| 33 | 5,7km   | K16  | SROKA Zuzanna              |                           | 2005    | 57.05 | 56.13 | 53.56 | 0     | 56.38 | 223.12 |
| 34 | 5,7km   | K30  | BILOCHA Ewa                |                           | 1983    | 65.23 | 57.97 | 40.54 | 33.5  | 59.13 | 222.87 |
| 35 | 5,7km   | K20  | MACIASZ Sylwia             |                           | 1992    | 45.3  | 56    | 53.45 | 33.39 | 66.01 | 220.76 |
| 36 | 5,7km   | K30  | ZIELINSKA-KOLACZ Ewelina   | Wkurw_Team                | 1981    | 0     | 57.61 | 47.43 | 53.34 | 59.42 | 217.8  |
| 37 | 5,7km   | K50  | BUGAJ Teresa               | WKS Wawel BnO             | 1968    | 0     | 52.4  | 53.95 | 56.29 | 55.01 | 217.65 |
| 38 | 5,7km   | K50  | MACHLOWSKA Grazyna         | KKB DYSTANS               | 1963    | 50.51 | 51.67 | 50.29 | 48.32 | 59.77 | 212.24 |
| 39 | 5,7km   | K40  | GRATKA Beata               | 1974                      | 1974    | 51.67 | 50.83 | 56.16 | 46.79 | 51.96 | 210.62 |
| 40 | 5,7km   | K20  | BIELECKA Ewa               |                           | 1990    | 58.32 | 0     | 42.47 | 46.52 | 55    | 202.31 |

| #  | Dystans | Kat. | Nazwisko, imię               | Klub                         | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|------------------------------|------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 41 | 5,7km   | K30  | CHYLEWSKA-OLECH Dagmara      | BeFit24Team                  | 1983    | 0     | 0     | 62.52 | 66.77 | 69.82 | 199.11 |
| 42 | 5,7km   | K30  | BURNUS Beata                 | Night Runners                | 1984    | 46.64 | 50.48 | 45.44 | 35.59 | 50.83 | 193.39 |
| 43 | 5,7km   | K30  | PAJOR-LESZCZYNSKA Aleksandra |                              | 1982    | 41.15 | 43.22 | 42.82 | 41.91 | 59.7  | 187.65 |
| 44 | 5,7km   | K40  | ZAWADA Magdalena             |                              | 1976    | 48.63 | 47.96 | 41.04 | 0     | 49.04 | 186.67 |
| 45 | 5,7km   | K40  | SOLTYS Alicja                | Skawina Biega                | 1976    | 48.63 | 49.75 | 38.41 | 32.47 | 46.43 | 183.22 |
| 46 | 5,7km   | K40  | KOZIOL Agnieszka             | Night Runners                | 1970    | 51.38 | 51.81 | 0     | 27.81 | 51.04 | 182.04 |
| 47 | 5,7km   | K30  | BEDNARZ Sylwia               | G.O.A.T. Team Michałowice    | 1985    | 0     | 52.08 | 46.22 | 31.84 | 46.74 | 176.88 |
| 48 | 5,7km   | K16  | GNIEWEK Julia                |                              | 2000    | 43.49 | 48.06 | 45.95 | 38.88 | 0     | 176.38 |
| 49 | 5,7km   | K20  | EL-MELIGY Susan              |                              | 1993    | 88.95 | 85.28 | 0     | 0     | 0     | 174.23 |
| 50 | 5,7km   | K20  | TWARDOWSKA Kornelia          |                              | 1990    | 30.45 | 0     | 45.59 | 43.56 | 54.19 | 173.79 |
| 51 | 5,7km   | K16  | SKORUPA Maja                 | LKS Górzanka Nawojowa Góra   | 2004    | 33.9  | 37.59 | 0     | 38.58 | 62.79 | 172.86 |
| 52 | 5,7km   | K30  | ZAJAC Monika                 |                              | 1988    | 42.86 | 14.19 | 55.71 | 14.67 | 59.5  | 172.74 |
| 53 | 5,7km   | K30  | BIEDRON Monika               | WM Triself                   | 1986    | 32.29 | 48.1  | 37.71 | 23.03 | 47.72 | 165.82 |
| 54 | 5,7km   | K30  | WISNIEWSKA Agnieszka         |                              | 1984    | 0     | 44.92 | 43.92 | 35.55 | 40.23 | 164.62 |
| 55 | 5,7km   | K20  | KRUK Paulina                 | Night Runners                | 1994    | 46.25 | 0     | 42.4  | 30.09 | 44.81 | 163.55 |
| 56 | 5,7km   | K30  | BUGAJSKA Katarzyna           |                              | 1980    | 46.41 | 0     | 29.63 | 38.39 | 42.85 | 157.28 |
| 57 | 5,7km   | K16  | BIEGUN Katarzyna             |                              | 2000    | 0     | 54.47 | 0     | 44.99 | 49.21 | 148.67 |
| 58 | 5,7km   | K30  | BARANSKA Maria               |                              | 1980    | 40.38 | 39.04 | 0     | 31.81 | 36.52 | 147.75 |
| 59 | 5,7km   | K50  | PULNIK Andzelika             | Nowohucki Kombinat Sportowy  | 1968    | 0     | 41.83 | 33.96 | 27.31 | 43.51 | 146.61 |
| 60 | 5,7km   | K40  | JAROSZ-SIEMBIOT Anna         |                              | 1970    | 50.01 | 52.09 | 0     | 28.24 | 12.47 | 142.81 |
| 61 | 5,7km   | K60  | STOCHEL Teresa               | AKPT Krakow                  | 1953    | 37.29 | 44.97 | 33.13 | 24.25 | 0     | 139.64 |
| 62 | 5,7km   | K30  | RYLKO Agnieszka              | ITMBW Kraków                 | 0       | 0     | 0     | 69.71 | 69.02 | 0     | 138.73 |
| 63 | 5,7km   | K30  | OSIKA Kamila                 | Probalans.pl / Night Runners | 1987    | 0     | 62.9  | 57.49 | 13.19 | 0     | 133.58 |
| 64 | 5,7km   | K30  | DUDZIAK Dorota               | #AdamCzerwiński Team         | 0       | 0     | 0     | 63.54 | 0     | 70    | 133.54 |

| #  | Dystans | Kat. | Nazwisko, imię                   | Klub                           | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------------------|--------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 65 | 5,7km   | K40  | CZARNECKA Eliza                  |                                | 1976    | 0     | 39.25 | 30.21 | 24.13 | 39.6  | 133.19 |
| 66 | 5,7km   | K40  | MOSZUMANSKA Magdalena            |                                | 1976    | 0     | 0     | 66.29 | 66.22 | 0     | 132.51 |
| 67 | 5,7km   | K40  | BURDA Monika                     | #AdamCzerwińskiTeam            | 1974    | 43.02 | 32.37 | 34.78 | 22.24 | 18.09 | 132.41 |
| 68 | 5,7km   | K30  | MARONSKA Monika                  |                                | 1979    | 67.28 | 64.49 | 0     | 0     | 0     | 131.77 |
| 69 | 5,7km   | K20  | KOZIOL Aneta                     |                                | 1991    | 0     | 44.26 | 41.34 | 0     | 45.37 | 130.97 |
| 70 | 5,7km   | K30  | WIECH Anna                       | #AdamCzerwińskiTeam            | 1982    | 0     | 0     | 63.53 | 0     | 65.03 | 128.56 |
| 71 | 5,7km   | K16  | WOJCIK Natalia                   | WKS Wawel BnO                  | 2002    | 0     | 57.68 | 70.49 | 0     | 0     | 128.17 |
| 72 | 5,7km   | K20  | KEMPA Ewelina                    | ASICS FrontRunner Poland       | 1990    | 56.98 | 69.31 | 0     | 0     | 0     | 126.29 |
| 73 | 5,7km   | K30  | WASOWICZ Katarzyna               |                                | 1983    | 47.69 | 37.74 | 0     | 0     | 35.41 | 120.84 |
| 74 | 5,7km   | K40  | PALIS Kinga                      | BeFit24Team                    | 1976    | 0     | 35.76 | 39.43 | 36.26 | 0     | 111.45 |
| 75 | 5,7km   | K40  | MOSZUMANSKA-KOLEGOWICZ Katarzyna |                                | 1978    | 0     | 0     | 57.4  | 53.47 | 0     | 110.87 |
| 76 | 5,7km   | K20  | KHVAINITSKAYA-KURUS Katsiaryna   | KATO                           | 1990    | 32.3  | 23.25 | 21.73 | 28.23 | 0     | 105.51 |
| 77 | 5,7km   | K30  | KUBIESA Patrycja                 | Husaria Race Team              | 1985    | 29.39 | 0     | 0     | 30.65 | 41.9  | 101.94 |
| 78 | 5,7km   | K20  | BYRSKA Sylwia                    |                                | 0       | 0     | 100   | 0     | 0     | 0     | 100    |
| 78 | 5,7km   | K30  | WICHA Iwona                      | PUKS Młode Orły Nowy Dwór Maz. | 1987    | 0     | 0     | 0     | 100   | 0     | 100    |
| 80 | 5,7km   | K30  | RAMOTOWSKA Dominika              | SolarWinds                     | 1982    | 18.75 | 0     | 33.8  | 0     | 45.07 | 97.62  |
| 81 | 5,7km   | K16  | SROKA Joanna                     |                                | 2002    | 18.34 | 29.38 | 20.13 | 1     | 29.41 | 97.26  |
| 82 | 5,7km   | K16  | CIESIOLKA Katarzyna              | WKS ŚLĄSK                      | 2000    | 0     | 0     | 0     | 0     | 90.86 | 90.86  |
| 83 | 5,7km   | K30  | ZOLNIEREK Renata                 |                                | 1984    | 17.33 | 20.85 | 23.71 | 1     | 28.83 | 90.72  |
| 84 | 5,7km   | K20  | BAZULKA Aleksandra               | AZS UJ                         | 1995    | 90.54 | 0     | 0     | 0     | 0     | 90.54  |
| 85 | 5,7km   | K16  | HUTSENKO Yelyzaveta              |                                | 2000    | 0     | 0     | 0     | 0     | 88.28 | 88.28  |
| 86 | 5,7km   | K40  | ORLINSKA Joanna                  | Skawina Biega                  | 1975    | 13.72 | 20.25 | 27.15 | 26.98 | 0     | 88.1   |
| 87 | 5,7km   | K20  | PODGORNI Marcelina               |                                | 1997    | 0     | 0     | 0     | 0     | 87.99 | 87.99  |
| 88 | 5,7km   | K16  | BLOCK Amelia                     | UKS Orientuś Łódź              | 2002    | 0     | 0     | 0     | 0     | 87.29 | 87.29  |

| #   | Dystans | Kat. | Nazwisko, imię         | Klub                 | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|------------------------|----------------------|---------|-------|-------|-------|-------|-------|-------|
| 89  | 5,7km   | K20  | WICHA Małgorzata       | WKS Wawel BnO        | 1991    | 87.02 | 0     | 0     | 0     | 0     | 87.02 |
| 90  | 5,7km   | K40  | MUCHA Aleksandra       |                      | 1975    | 0     | 1     | 18.78 | 24.67 | 41.92 | 86.37 |
| 91  | 5,7km   | K50  | MICHNA Ewa             |                      | 1964    | 0     | 34.76 | 27.22 | 1     | 22.24 | 85.22 |
| 92  | 5,7km   | K30  | DOBROMILSKA Agata      |                      | 1986    | 0     | 0     | 0     | 0     | 83.61 | 83.61 |
| 93  | 5,7km   | K30  | LUKASIAK Izabela       |                      | 1979    | 16.52 | 23.47 | 21.44 | 1.62  | 20.06 | 81.49 |
| 94  | 5,7km   | K30  | KUKLEWICZ Barbara      |                      | 1985    | 21.41 | 0     | 29.05 | 27.39 | 0     | 77.85 |
| 95  | 5,7km   | K20  | JASZCZ Maria           | xxx                  | 1993    | 34.03 | 0     | 43.23 | 0     | 0     | 77.26 |
| 96  | 5,7km   | K30  | WYRZYKOWSKA Katarzyna  | Skawina Biega        | 1985    | 0     | 0     | 0     | 27.14 | 47.1  | 74.24 |
| 97  | 5,7km   | K30  | SLIWA Agnieszka        |                      | 1986    | 0     | 71.74 | 0     | 0     | 0     | 71.74 |
| 98  | 5,7km   | K16  | KURTYKA Joanna         |                      | 2002    | 0     | 39.37 | 0     | 1     | 31.19 | 71.56 |
| 99  | 5,7km   | K30  | ADAMUS Klaudia         |                      | 1988    | 0     | 70.56 | 0     | 0     | 0     | 70.56 |
| 100 | 5,7km   | K40  | RAJ Iwona              | Eskadra Kraków       | 1978    | 65.5  | 0     | 0     | 0     | 0     | 65.5  |
| 101 | 5,7km   | K30  | ZIOLKO Kinga           |                      | 1984    | 0     | 0     | 0     | 0     | 62.68 | 62.68 |
| 102 | 5,7km   | K20  | MORAWSKA Aleksandra    | Skawina Biega        | 1992    | 0     | 0     | 0     | 0     | 61.28 | 61.28 |
| 103 | 5,7km   | K20  | OLOWNIA Joanna         |                      | 1990    | 0     | 60.97 | 0     | 0     | 0     | 60.97 |
| 104 | 5,7km   | K20  | JAREK Marlena          |                      | 1990    | 0     | 60.89 | 0     | 0     | 0     | 60.89 |
| 105 | 5,7km   | K40  | GAPYS Jolanta          | #AdamCzerwińskiTeam  | 1975    | 0     | 60.48 | 0     | 0     | 0     | 60.48 |
| 106 | 5,7km   | K40  | GAWEDA Beata           | Małokożmicy Biegacze | 1976    | 17.15 | 20.26 | 0     | 1     | 21.52 | 59.93 |
| 107 | 5,7km   | K40  | TOPOR Monika           | WKS Wawel BnO        | 1970    | 0     | 0     | 0     | 0     | 58.84 | 58.84 |
| 108 | 5,7km   | K30  | KIZERWETTER Małgorzata |                      | 0       | 0     | 56.88 | 0     | 0     | 0     | 56.88 |
| 109 | 5,7km   | K30  | KOSCIELNA Grazyna      |                      | 1985    | 0     | 0     | 0     | 19.19 | 35.1  | 54.29 |
| 110 | 5,7km   | K50  | JAKUBEK Hanna          | Skawina Biega        | 1960    | 16.59 | 11.81 | 6.4   | 1     | 17.69 | 52.49 |
| 111 | 5,7km   | K30  | ZAK Elzbieta           | BeFit24Team          | 1984    | 0     | 0     | 0     | 0     | 52.07 | 52.07 |
| 112 | 5,7km   | K20  | RACZYNSKA Alicja       | Ntiative             | 1991    | 0     | 0     | 38.5  | 13.19 | 0     | 51.69 |



| #   | Dystans | Kat. | Nazwisko, imię          | Klub                               | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|-------------------------|------------------------------------|---------|-------|-------|-------|-------|-------|-------|
| 113 | 5,7km   | K20  | BOROWSKA Julia          |                                    | 1992    | 0     | 0     | 0     | 51.64 | 0     | 51.64 |
| 114 | 5,7km   | K30  | WECLAWIK Anna           | Seshelle Running Group             | 1986    | 0     | 30.08 | 21.33 | 0     | 0     | 51.41 |
| 115 | 5,7km   | K20  | ZAWISLAK Agata          |                                    | 1995    | 51.3  | 0     | 0     | 0     | 0     | 51.3  |
| 116 | 5,7km   | K40  | GROCHOT Edyta           | #AdamCzerwińskiTeam                | 1976    | 0     | 50.61 | 0     | 0     | 0     | 50.61 |
| 117 | 5,7km   | K30  | MICHALEWSKA-DUDA Daria  | BeFit24Team                        | 1981    | 0     | 35.78 | 0     | 14.22 | 0     | 50    |
| 118 | 5,7km   | K30  | KOSIBA-LUCZAK Katarzyna |                                    | 1987    | 0     | 0     | 49.8  | 0     | 0     | 49.8  |
| 119 | 5,7km   | K16  | HENDEL Magda            | AZS AWF Kraków Masters             | 1999    | 0     | 47.74 | 0     | 0     | 0     | 47.74 |
| 120 | 5,7km   | K20  | JURKIEWICZ Justyna      |                                    | 1992    | 0     | 31.06 | 0     | 16.21 | 0     | 47.27 |
| 121 | 5,7km   | K50  | RAJTAR Renata           | Team Rontil-Comapss                | 1961    | 0     | 0     | 0     | 0     | 46.49 | 46.49 |
| 122 | 5,7km   | K30  | DUDEK Magdalena         | Najważniejsze ze jesteś szczęśliwy | 1984    | 0     | 0     | 0     | 45.26 | 0     | 45.26 |
| 123 | 5,7km   | K30  | KONTUREK Agnieszka      |                                    | 1980    | 0     | 0     | 41.37 | 0     | 0     | 41.37 |
| 124 | 5,7km   | K30  | NOGIEC Agnieszka        | G.O.A.T. Team Michałowice          | 1980    | 0     | 0     | 0     | 41.04 | 0     | 41.04 |
| 125 | 5,7km   | K20  | DZIEGIEC Ewa            |                                    | 1992    | 40.14 | 0     | 0     | 0     | 0     | 40.14 |
| 126 | 5,7km   | K20  | KOCUR Agata             |                                    | 1993    | 39.92 | 0     | 0     | 0     | 0     | 39.92 |
| 127 | 5,7km   | K40  | GAWOR Monika            | BeFit24Team                        | 1973    | 0     | 0     | 0     | 0     | 39.12 | 39.12 |
| 128 | 5,7km   | K20  | ASSELMAN Angela         |                                    | 1991    | 36.02 | 0     | 0     | 0     | 0     | 36.02 |
| 129 | 5,7km   | K30  | KAMILA Bytomska         |                                    | 0       | 0     | 35.6  | 0     | 0     | 0     | 35.6  |
| 130 | 5,7km   | K30  | CZAPIEWSKA Eliza        | GT ALEX                            | 1985    | 0     | 0     | 34.77 | 0     | 0     | 34.77 |
| 131 | 5,7km   | K20  | DULJAN Elzbieta-Anna    |                                    | 1990    | 0     | 33.47 | 0     | 0     | 0     | 33.47 |
| 132 | 5,7km   | K20  | PALIBOREK Monika        |                                    | 1992    | 0     | 0     | 33.31 | 0     | 0     | 33.31 |
| 133 | 5,7km   | K20  | MIRKIEWICZ Barbara      |                                    | 1990    | 0     | 31.62 | 0     | 0     | 0     | 31.62 |
| 134 | 5,7km   | K20  | POPEK Paulina           |                                    | 1991    | 26.72 | 0     | 0     | 0     | 0     | 26.72 |
| 135 | 5,7km   | K40  | PYCHOWSKA-SROKA Justyna |                                    | 1973    | 1     | 0     | 1     | 1     | 21.8  | 24.8  |
| 136 | 5,7km   | K30  | SZYSZKO Sylwia          |                                    | 1981    | 0     | 0     | 0     | 17.34 | 0     | 17.34 |

| #   | Dystans | Kat. | Nazwisko, imię        | Klub                         | Rok ur. | E1 | E2    | E3 | E4 | E5    | Suma  |
|-----|---------|------|-----------------------|------------------------------|---------|----|-------|----|----|-------|-------|
| 137 | 5,7km   | K50  | SZEWCZYK Katarzyna    | Iron Dragon Triathlon        | 1968    | 0  | 1     | 1  | 1  | 13.71 | 16.71 |
| 138 | 5,7km   | K20  | KAPUSTA Joanna        |                              | 0       | 0  | 15.79 | 0  | 0  | 0     | 15.79 |
| 139 | 5,7km   | K30  | TYLISZCZAK Bozena     |                              | 1982    | 1  | 1     | 0  | 1  | 10.43 | 13.43 |
| 140 | 5,7km   | K40  | WADOWSKA Agnieszka    |                              | 1975    | 0  | 8.74  | 0  | 0  | 0     | 8.74  |
| 141 | 5,7km   | K30  | REGULSKA Agnieszka    |                              | 1980    | 0  | 8.45  | 0  | 0  | 0     | 8.45  |
| 142 | 5,7km   | K40  | ATROSZCZYK Aleksandra |                              | 1971    | 0  | 1     | 1  | 0  | 0     | 2     |
| 143 | 5,7km   | K20  | LAGIEWKA Karolina     |                              | 1992    | 0  | 1.14  | 0  | 0  | 0     | 1.14  |
| 144 | 5,7km   | K40  | DYRDA Justyna         | MirMark                      | 1978    | 1  | 0     | 0  | 0  | 0     | 1     |
| 144 | 5,7km   | K50  | KEDER Wlodek          | POLSKI BIEGACZ               | 1966    | 0  | 0     | 0  | 0  | 1     | 1     |
| 144 | 5,7km   | K60  | WOZNIAK Barbara       | Ambasador Grand Prix Krakowa | 1955    | 1  | 0     | 0  | 0  | 0     | 1     |
| 144 | 5,7km   | K30  | CHOLEWA Katarzyna     |                              | 1986    | 0  | 0     | 0  | 1  | 0     | 1     |

## 5,7km - OPEN M

| #  | Dystans | Kat. | Nazwisko, imię       | Klub                                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------|--------------------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 5,7km   | M20  | TABOR Dominik        | Centrum Zdrowia Biegacza                   | 1995    | 93.73 | 94.5  | 100   | 100   | 0     | 388.23 |
| 2  | 5,7km   | M20  | BIEDERMAN Marcin     |                                            | 1998    | 100   | 85.91 | 0     | 93.85 | 100   | 379.76 |
| 3  | 5,7km   | M20  | BABULA Przemyslaw    | GKS Piast Gliwice                          | 1994    | 89.29 | 0     | 94.23 | 87.1  | 95.99 | 366.61 |
| 4  | 5,7km   | M20  | SULEK Adam           | AZS UJ                                     | 1991    | 80.25 | 83.43 | 90.41 | 83.51 | 95.53 | 352.88 |
| 5  | 5,7km   | M40  | ZAJAC Piotr          | Bieniasz Bike/Ekipa z Tarnowa/BikersTarnów | 1973    | 87.54 | 80.06 | 90.86 | 83.8  | 0     | 342.26 |
| 6  | 5,7km   | M16  | KIJAK Jakub          |                                            | 2000    | 84.26 | 78    | 86.85 | 0     | 84.38 | 333.49 |
| 7  | 5,7km   | M30  | TARGOSZ Michal       | ITMBW Kraków                               | 1980    | 80.85 | 76.53 | 80.94 | 77.02 | 87.87 | 326.68 |
| 8  | 5,7km   | M16  | KOLODZIEJCZYK Lukasz | UKS Kometa Gliwice                         | 2003    | 86.03 | 66.16 | 85.2  | 80.16 | 0     | 317.55 |
| 9  | 5,7km   | M16  | BYRCZEK Jan          | UKS Kometa Gliwice                         | 2000    | 82.4  | 70.68 | 83.97 | 78.66 | 0     | 315.71 |
| 10 | 5,7km   | M16  | KUNZ Marcin          | Lacho Team                                 | 2001    | 79.79 | 68.73 | 74.8  | 75.49 | 83.27 | 313.35 |

| #  | Dystans | Kat. | Nazwisko, imię     | Klub                          | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|--------------------|-------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 11 | 5,7km   | M40  | WOJCIK Grzegorz    | WKS Wawel BnO                 | 1974    | 76.27 | 73.4  | 82.74 | 71.57 | 30.98 | 303.98 |
| 12 | 5,7km   | M30  | OKRAJEK Zbigniew   |                               | 1980    | 0     | 69.9  | 76.96 | 64.66 | 81.6  | 293.12 |
| 13 | 5,7km   | M30  | ZAJAC Piotr        |                               | 1982    | 63.86 | 64.17 | 70.82 | 70.38 | 82.96 | 288.33 |
| 14 | 5,7km   | M30  | SZKODZINSKI Tomasz | Novomatic Technologies Poland | 1979    | 0     | 66.78 | 74.02 | 63.18 | 81.64 | 285.62 |
| 15 | 5,7km   | M20  | BODURKA Tomasz     | Decathlon                     | 1995    | 63.22 | 63.87 | 70.13 | 0     | 83.1  | 280.32 |
| 16 | 5,7km   | M30  | PRZEBINDA Lukasz   |                               | 1988    | 0     | 65.96 | 68.45 | 67.53 | 78.31 | 280.25 |
| 17 | 5,7km   | M30  | ROJEK Maciej       | AT                            | 1988    | 66.78 | 63.04 | 69.18 | 57.75 | 77.37 | 276.37 |
| 18 | 5,7km   | M30  | ZOLNIEREK Robert   |                               | 1985    | 68.69 | 61.04 | 68.67 | 58.3  | 76.17 | 274.57 |
| 19 | 5,7km   | M20  | BARTYZEL Krzysztof | Młode Wilki                   | 1990    | 66.58 | 61.41 | 66.56 | 44.46 | 78.73 | 273.28 |
| 20 | 5,7km   | M20  | LACNY Lukasz       |                               | 1995    | 64.99 | 65.47 | 65.91 | 0     | 76.1  | 272.47 |
| 21 | 5,7km   | M16  | BULAWA Filip       | UKS Kometa Gliwice            | 2002    | 74.5  | 70.19 | 78.5  | 48.19 | 0     | 271.38 |
| 22 | 5,7km   | M30  | OSIADACZ Jakub     | Novomatic Technologies Poland | 1984    | 70.88 | 63.21 | 69.13 | 64.4  | 0     | 267.62 |
| 23 | 5,7km   | M40  | TRACZ Slawomir     |                               | 1973    | 63.77 | 54.24 | 67.92 | 53.74 | 75.15 | 261.08 |
| 24 | 5,7km   | M16  | ZESLAWSKI Mateusz  | WKS Wawel BnO                 | 2004    | 66.02 | 54.11 | 56.5  | 67.28 | 69.86 | 259.66 |
| 25 | 5,7km   | M20  | MACHALICA Jan      |                               | 1998    | 68.97 | 56.44 | 0     | 57.7  | 71.96 | 255.07 |
| 26 | 5,7km   | M30  | DURBAS Maciej      |                               | 1987    | 54.4  | 49.46 | 60.24 | 56.86 | 72.04 | 243.54 |
| 27 | 5,7km   | M40  | WACLAWSKI Leszek   |                               | 1970    | 0     | 58.9  | 67.35 | 47.85 | 68.7  | 242.8  |
| 28 | 5,7km   | M50  | MACHLOWSKI Ryszard | KKB DYSTANS                   | 1963    | 61.56 | 53.64 | 47.26 | 54.9  | 65.41 | 235.51 |
| 29 | 5,7km   | M20  | BARGIEL Marcin     | Go Aptiv!                     | 1989    | 56.66 | 53.52 | 51.53 | 46.11 | 64.74 | 226.45 |
| 30 | 5,7km   | M40  | GEDL Przemyslaw    |                               | 1969    | 60.7  | 50.85 | 54.7  | 47.52 | 58.17 | 224.42 |
| 31 | 5,7km   | M40  | SROKA Wojciech     | Wiolinka i Bemol              | 1974    | 60.41 | 45.27 | 53.59 | 43.26 | 62.73 | 222    |
| 32 | 5,7km   | M50  | OPRYSZEK Boguslaw  | ITMBW Kraków                  | 1968    | 0     | 0     | 77.05 | 60.69 | 81.89 | 219.63 |
| 33 | 5,7km   | M40  | GARSTECKI Michal   | Skawina Biega                 | 1976    | 37.53 | 40.02 | 61.9  | 44.97 | 60.64 | 207.53 |
| 34 | 5,7km   | M40  | PRZYWARA Piotr     | Skawina Biega                 | 1977    | 0     | 47.96 | 52.55 | 46.23 | 60.75 | 207.49 |

| #  | Dystans | Kat. | Nazwisko, imię                        | Klub                          | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------------------------|-------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 35 | 5,7km   | M40  | RZENNO Lukasz                         | G.O.A.T. Team Michałowice     | 1978    | 47.19 | 35.92 | 55.37 | 39.5  | 63.4  | 205.46 |
| 36 | 5,7km   | M30  | SZELA Tomasz                          | Nankatsu                      | 1987    | 54.45 | 58.68 | 0     | 25.97 | 65.84 | 204.94 |
| 37 | 5,7km   | M50  | NIESSNER Piotr                        | WKS Wawel BnO                 | 1963    | 53.45 | 41.08 | 55.91 | 48.74 | 0     | 199.18 |
| 38 | 5,7km   | M30  | CIESLA Krzysztof                      |                               | 1988    | 66.85 | 61.69 | 65.8  | 0     | 0     | 194.34 |
| 39 | 5,7km   | M30  | OZOG Robert                           | Skawina Biega                 | 1980    | 41.12 | 34.27 | 48.07 | 42.7  | 58.25 | 190.14 |
| 40 | 5,7km   | M20  | SLEZAK Bartosz                        | LubelskiBiegacz               | 1992    | 64.37 | 0     | 0     | 52.05 | 73.16 | 189.58 |
| 41 | 5,7km   | M30  | SANTAMARIA-ALBERQUILLA Francisco-Jose | Ardmon                        | 1982    | 0     | 39.41 | 43.42 | 45.23 | 60.03 | 188.09 |
| 42 | 5,7km   | M40  | PUDELEK Pawel                         | LKS Górzanka Nawojowa Góra    | 1971    | 47.25 | 37.23 | 45.47 | 24.8  | 56.93 | 186.88 |
| 43 | 5,7km   | M40  | TICHORUK Rafal                        | Poranny Patrol                | 1978    | 17.7  | 1     | 29.33 | 64.38 | 73.43 | 184.84 |
| 44 | 5,7km   | M20  | LABEDZ Artur                          | ITMBW Kraków                  | 1998    | 67.58 | 0     | 65.01 | 50.95 | 0     | 183.54 |
| 45 | 5,7km   | M40  | STEZOWSKI Dariusz                     | Krówka Team                   | 1970    | 33.86 | 30.74 | 39.35 | 45.69 | 64.07 | 182.97 |
| 46 | 5,7km   | M16  | PARDYGAL Michal                       |                               | 2002    | 47.59 | 33.66 | 42.39 | 34.05 | 58.57 | 182.6  |
| 47 | 5,7km   | M30  | WATROBSKI Mirosław                    |                               | 1979    | 36.18 | 42.12 | 52.43 | 38.53 | 49.2  | 182.28 |
| 48 | 5,7km   | M40  | KOWALCZYK Rafal                       |                               | 1978    | 63.67 | 54.14 | 62.45 | 0     | 0     | 180.26 |
| 49 | 5,7km   | M30  | KUZICKI Artur                         | brak                          | 1981    | 0     | 34.57 | 41.77 | 40.81 | 61.42 | 178.57 |
| 50 | 5,7km   | M40  | GRATKA Mirosław                       | 1973                          | 1973    | 44.62 | 1     | 43.69 | 40.02 | 49.14 | 177.47 |
| 51 | 5,7km   | M40  | LAKOMSKI Lukasz                       | rowerowanie.pl                | 1978    | 48.13 | 41.6  | 51.52 | 36.01 | 0     | 177.26 |
| 52 | 5,7km   | M30  | POTASIEWICZ Pawel                     | Novomatic Technologies Poland | 1982    | 48.49 | 36.08 | 51.02 | 41.5  | 0     | 177.09 |
| 53 | 5,7km   | M20  | MIROCHA Mateusz                       |                               | 1993    | 0     | 61.92 | 63.26 | 50.06 | 1     | 176.24 |
| 54 | 5,7km   | M50  | ZESLAWSKI Wojciech                    | WKS Wawel BnO                 | 1967    | 41.63 | 31.89 | 44.34 | 38.27 | 50.95 | 175.19 |
| 55 | 5,7km   | M60  | FEDIRKO Tadeusz                       | niezrzeszony                  | 1955    | 0     | 40.92 | 47.43 | 33.09 | 51.42 | 172.86 |
| 56 | 5,7km   | M16  | ZESLAWSKI Jakub                       | WKS Wawel BnO                 | 2005    | 46.67 | 24.11 | 42.47 | 42.55 | 39.8  | 171.49 |
| 57 | 5,7km   | M50  | LIS Jacek                             | G.O.A.T. Team Michałowice     | 1967    | 42.47 | 40.15 | 38.6  | 33.39 | 50.07 | 171.29 |
| 58 | 5,7km   | M40  | ZDZIEBLO Marcin                       |                               | 1978    | 0     | 81.47 | 88.8  | 0     | 0     | 170.27 |

| #  | Dystans | Kat. | Nazwisko, imię          | Klub                         | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-------------------------|------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 59 | 5,7km   | M30  | SMOLINSKI Dominik       |                              | 1984    | 55.71 | 46.7  | 0     | 26.98 | 40.24 | 169.63 |
| 60 | 5,7km   | M16  | SIWIECKI Maciej         |                              | 2003    | 51.22 | 43.86 | 27.5  | 33.6  | 40.46 | 169.14 |
| 61 | 5,7km   | M16  | MISKOW Krzysztof        | KS Kościelec Chrzanów        | 2005    | 42.09 | 29.92 | 34.28 | 30.45 | 53.81 | 160.63 |
| 62 | 5,7km   | M30  | ROMANOWSKI Lukasz       | Husaria Race Team            | 1981    | 40.52 | 37.75 | 0     | 29.51 | 47.79 | 155.57 |
| 63 | 5,7km   | M30  | MARKOWICZ Szymon        |                              | 1986    | 0     | 0     | 71.56 | 0     | 83.52 | 155.08 |
| 64 | 5,7km   | M50  | LATALA Jaroslaw         | Biegam Bo Lubię Kraków       | 1967    | 0     | 35.8  | 44.26 | 29.9  | 44.8  | 154.76 |
| 65 | 5,7km   | M30  | MICHALEK Lukasz         | GT Alex                      | 1981    | 33.84 | 39.43 | 45.53 | 35.14 | 0     | 153.94 |
| 66 | 5,7km   | M30  | JANIAK Mariusz          |                              | 1981    | 37.3  | 29.15 | 40.61 | 21.65 | 46.53 | 153.59 |
| 67 | 5,7km   | M40  | WASIK Marcin            | TriWise                      | 1976    | 0     | 28.2  | 44.58 | 27.47 | 53.16 | 153.41 |
| 68 | 5,7km   | M30  | SROKA Sylwester         |                              | 1980    | 55.01 | 47.57 | 0     | 0     | 50.49 | 153.07 |
| 69 | 5,7km   | M30  | PTASZNIK Przemyslaw     | WM Triself                   | 1980    | 45.95 | 33.72 | 0     | 21.98 | 49.43 | 151.08 |
| 70 | 5,7km   | M40  | SYRYNSKI-GIRO Sebastian | MJMETAL OŚWIĘCIM             | 1978    | 52.24 | 47.14 | 49.57 | 0     | 0     | 148.95 |
| 71 | 5,7km   | M60  | PIATEK Stanislaw        | ITMBW Kraków                 | 1958    | 44.39 | 32.54 | 34.78 | 26.89 | 37.05 | 148.76 |
| 72 | 5,7km   | M30  | SMEREKA Krzysztof       |                              | 1980    | 41.96 | 26.48 | 35.1  | 22.4  | 42.21 | 145.75 |
| 73 | 5,7km   | M30  | INDYKA Michal           | Biegam bo taki mam kaprys :) | 1986    | 0     | 0     | 51.33 | 26.05 | 64.62 | 142    |
| 74 | 5,7km   | M40  | KIELB Grzegorz          | G.O.A.T. Team Michałowice    | 1974    | 39.21 | 31.49 | 36.38 | 27.3  | 34.77 | 141.85 |
| 75 | 5,7km   | M16  | LACHOWICZ Kuba          |                              | 2004    | 41.85 | 0     | 34.63 | 20.47 | 43.36 | 140.31 |
| 76 | 5,7km   | M40  | SKORUPA Mariusz         | LKS Górzanka Nawojowa Góra   | 1970    | 0     | 0     | 41.04 | 42.24 | 56.42 | 139.7  |
| 77 | 5,7km   | M20  | GRUSZKA Karol           | Bizonmotorsport              | 1990    | 36.08 | 26.72 | 42.67 | 34.04 | 0     | 139.51 |
| 78 | 5,7km   | M30  | KUKLA Daniel            |                              | 1985    | 16.84 | 20.65 | 35.27 | 33.11 | 49.3  | 138.33 |
| 79 | 5,7km   | M50  | KOSOWSKI Adam           | MJMetal Oświęcim             | 1967    | 38.09 | 26.99 | 39.4  | 31.64 | 0     | 136.12 |
| 80 | 5,7km   | M60  | FAJTO Maciej            | Murzasichle Team Sport       | 1957    | 29.41 | 0     | 40.31 | 23.24 | 38.68 | 131.64 |
| 81 | 5,7km   | M40  | MARZEC Artur            |                              | 1973    | 25.96 | 19.44 | 34.03 | 27.91 | 42.07 | 129.97 |
| 82 | 5,7km   | M50  | GRABOWSKI Jan           | Skawina Biega                | 1964    | 39.86 | 39.49 | 19.52 | 0     | 30.39 | 129.26 |

| #   | Dystans | Kat. | Nazwisko, imię      | Klub                          | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|-----|---------|------|---------------------|-------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 83  | 5,7km   | M40  | RAJ Tomasz          | Husaria Race Team             | 1977    | 45.22 | 29.95 | 31.02 | 22.45 | 0     | 128.64 |
| 84  | 5,7km   | M30  | POCIEGIEL Michal    | Skawina Biega                 | 1982    | 37.49 | 26.15 | 18.2  | 16.02 | 44.54 | 126.38 |
| 85  | 5,7km   | M40  | SZAJEWSKI Arkadiusz | O TAK ŁO                      | 1978    | 27.91 | 0     | 29.76 | 25.99 | 41.44 | 125.1  |
| 86  | 5,7km   | M50  | FORYTEK Jozef       | WKS Wawel BnO                 | 1966    | 34.99 | 18.81 | 36.21 | 18.82 | 32.47 | 122.49 |
| 87  | 5,7km   | M20  | KUTYBA Marek        |                               | 1990    | 26.19 | 21.54 | 32.37 | 1     | 40.68 | 120.78 |
| 88  | 5,7km   | M50  | STANEK Rafal        | Zabierzów Biega               | 1965    | 0     | 24.95 | 36.35 | 20.21 | 39.21 | 120.72 |
| 89  | 5,7km   | M30  | KURLETO Kamil       | Młode Wilki                   | 1987    | 23.08 | 0     | 32.75 | 14.86 | 44.43 | 115.12 |
| 90  | 5,7km   | M50  | GAL Wojciech        |                               | 1965    | 54.87 | 0     | 60.04 | 0     | 0     | 114.91 |
| 91  | 5,7km   | M40  | PAJDA Grzegorz      |                               | 0       | 0     | 48.46 | 63.55 | 0     | 0     | 112.01 |
| 92  | 5,7km   | M30  | ORTMAN Marcin       |                               | 1980    | 44.86 | 0     | 0     | 15.43 | 51.28 | 111.57 |
| 93  | 5,7km   | M30  | KOSON Krzysztof     |                               | 0       | 0     | 29.26 | 22.46 | 17.77 | 38.63 | 108.12 |
| 94  | 5,7km   | M40  | MACINA Dariusz      |                               | 1971    | 31.07 | 14.52 | 23.14 | 7.22  | 38.93 | 107.66 |
| 95  | 5,7km   | M20  | DUDKIEWICZ Damian   | WKS Wawel                     | 1991    | 0     | 0     | 53.35 | 53.46 | 0     | 106.81 |
| 96  | 5,7km   | M40  | JAMROZIK Krzysiek   | WKS Wawel BnO                 | 1969    | 0     | 21.73 | 20.39 | 21.68 | 40.28 | 104.08 |
| 97  | 5,7km   | M40  | MIKULA Grzegorz     | I like Monday morning         | 1972    | 18.59 | 18.62 | 0     | 26.56 | 38.14 | 101.91 |
| 98  | 5,7km   | M30  | STEFANCZYK Marek    | BeFit24Team                   | 1980    | 20.5  | 0     | 16.15 | 1     | 62.67 | 100.32 |
| 99  | 5,7km   | M20  | BODURKA Krzysztof   | Alpin Sport / AZS AWF Kraków  | 1990    | 0     | 100   | 0     | 0     | 0     | 100    |
| 100 | 5,7km   | M40  | GAJEK Pawel         | Spokojny Bieg                 | 1976    | 0     | 33.67 | 34.95 | 30.26 | 0     | 98.88  |
| 101 | 5,7km   | M16  | KRAWCZYNSKI Mikolaj | WKS ŚLĄSK                     | 2000    | 0     | 0     | 0     | 0     | 98.64 | 98.64  |
| 102 | 5,7km   | M30  | SIKORA Lukasz       |                               | 1988    | 52.05 | 0     | 45.99 | 0     | 0     | 98.04  |
| 103 | 5,7km   | M40  | BIEDERMAN Pawel     | WKS Wawel BnO                 | 1971    | 38.36 | 24.54 | 0     | 32.52 | 1     | 96.42  |
| 104 | 5,7km   | M20  | LESNIAK Jacek       |                               | 1989    | 0     | 15.81 | 31.96 | 12.5  | 34.62 | 94.89  |
| 105 | 5,7km   | M30  | KUBLIN Przemysław   | Novomatic Technologies Poland | 1983    | 48.27 | 0     | 44.85 | 0     | 0     | 93.12  |
| 106 | 5,7km   | M20  | MARMOL Lukasz       | KS JEDNOŚĆ NOWY SĄCZ          | 1995    | 0     | 93    | 0     | 0     | 0     | 93     |

| #   | Dystans | Kat. | Nazwisko, imię           | Klub                         | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|--------------------------|------------------------------|---------|-------|-------|-------|-------|-------|-------|
| 107 | 5,7km   | M30  | DUDZIAK Tomasz           |                              | 1982    | 0     | 0     | 0     | 0     | 91.75 | 91.75 |
| 108 | 5,7km   | M20  | BOVSUNIVSKYI Sergii      | Heineken Krakow Running Club | 1989    | 23.97 | 0     | 13.45 | 16.73 | 34.89 | 89.04 |
| 109 | 5,7km   | M30  | MICHAL Kaczmarek         |                              | 0       | 0     | 89    | 0     | 0     | 0     | 89    |
| 110 | 5,7km   | M40  | PATER Janusz             | MJMETAL OŚWIĘCIM             | 1978    | 38.21 | 15.26 | 13.45 | 14.5  | 19.29 | 87.26 |
| 111 | 5,7km   | M20  | HOLOWNIA Bartłomiej      |                              | 1993    | 87.23 | 0     | 0     | 0     | 0     | 87.23 |
| 112 | 5,7km   | M30  | GRABOWSKI Mariusz        | #AdamCzerwińskiTeam          | 1982    | 0     | 0     | 0     | 42.44 | 42.36 | 84.8  |
| 113 | 5,7km   | M20  | WRONA Daniel             |                              | 1992    | 82.24 | 0     | 0     | 0     | 0     | 82.24 |
| 114 | 5,7km   | M30  | IRLIK Jacek              | Niezzreszony                 | 1985    | 0     | 13.97 | 26.7  | 0     | 41.56 | 82.23 |
| 115 | 5,7km   | M16  | KAWALA Patryk            | KS Kościelec Chrzanów        | 2005    | 0     | 0     | 0     | 25.4  | 56.22 | 81.62 |
| 116 | 5,7km   | M20  | GIERCZAK Pawel           | WKS Wawel PN                 | 1992    | 0     | 0     | 50.07 | 30.55 | 0     | 80.62 |
| 117 | 5,7km   | M30  | GLABINSKI Piotr          | #AdamCzerwińskiTeam          | 1985    | 0     | 0     | 0     | 79.93 | 0     | 79.93 |
| 118 | 5,7km   | M20  | RZENCA Krzysztof         | Decathlon                    | 1996    | 0     | 0     | 0     | 78.6  | 0     | 78.6  |
| 119 | 5,7km   | M40  | JEDRZEJEWSKI Włodzimierz | Cisco Running Team           | 1972    | 0     | 0     | 28.4  | 12.15 | 36.09 | 76.64 |
| 120 | 5,7km   | M30  | GASIOR Marcin            |                              | 1984    | 21    | 0     | 19.37 | 4.25  | 31.11 | 75.73 |
| 121 | 5,7km   | M30  | STRUZIK Bartłomiej       |                              | 1988    | 8.62  | 25.42 | 0     | 1     | 36.25 | 71.29 |
| 122 | 5,7km   | M40  | KOSCIELNICKI Maciej      | Didusie Racing               | 1969    | 40.88 | 28.75 | 0     | 0     | 0     | 69.63 |
| 123 | 5,7km   | M16  | SKONIECZNY Marcel        | WKS Wawel BnO                | 2005    | 45.8  | 23.41 | 0     | 0     | 0     | 69.21 |
| 124 | 5,7km   | M30  | MIODONSKI Robert         |                              | 1986    | 0     | 0     | 0     | 68.71 | 0     | 68.71 |
| 125 | 5,7km   | M16  | WOJCIK Pawel             | WKS Wawel BnO                | 2005    | 0     | 0     | 0     | 0     | 68.6  | 68.6  |
| 126 | 5,7km   | M30  | JUDASZ Rafal             |                              | 1986    | 21.76 | 17.2  | 27.87 | 0     | 0     | 66.83 |
| 127 | 5,7km   | M30  | OZOG Mirosław            | Skawina Biega                | 1983    | 0     | 0     | 65.61 | 0     | 0     | 65.61 |
| 128 | 5,7km   | M30  | RYTOV Oleksi             |                              | 1984    | 19.26 | 15.88 | 8.84  | 0     | 21.43 | 65.41 |
| 129 | 5,7km   | M60  | ZIOLKO Jan               | JADWIGA                      | 1952    | 0     | 0     | 0     | 28.32 | 36.59 | 64.91 |
| 130 | 5,7km   | M30  | BACHNIAK Daniel          |                              | 1988    | 64.59 | 0     | 0     | 0     | 0     | 64.59 |

| #   | Dystans | Kat. | Nazwisko, imię        | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|-----------------------|---------------------------|---------|-------|-------|-------|-------|-------|-------|
| 131 | 5,7km   | M16  | PASIEKA Antoni        |                           | 2002    | 37.96 | 26.36 | 0     | 0     | 0     | 64.32 |
| 132 | 5,7km   | M30  | LEWICKI Krzysztof     | Polar Team                | 1986    | 0     | 40.45 | 0     | 23.64 | 0     | 64.09 |
| 133 | 5,7km   | M30  | KASPRZYK Marcin       | WKS Wawel BnO             | 1984    | 63.79 | 0     | 0     | 0     | 0     | 63.79 |
| 134 | 5,7km   | M16  | TARKO Stefan          | G.O.A.T. Team Michałowice | 2000    | 0     | 0     | 0     | 0     | 63.6  | 63.6  |
| 135 | 5,7km   | M20  | ZELENIUK Marko        |                           | 1999    | 0     | 0     | 0     | 62.88 | 0     | 62.88 |
| 136 | 5,7km   | M40  | KOCIOLEK Witold       | #AdamCzerwinskiTeam       | 1975    | 0     | 62.07 | 0     | 0     | 0     | 62.07 |
| 137 | 5,7km   | M40  | TOPOR Marek           | WKS Wawel BnO             | 1973    | 62.06 | 0     | 0     | 0     | 0     | 62.06 |
| 138 | 5,7km   | M30  | PILCH Lukasz          | Probalans.pl              | 1983    | 23.55 | 18.12 | 19.18 | 1     | 0     | 61.85 |
| 139 | 5,7km   | M20  | CIERLAK Przemysław    |                           | 1991    | 0     | 59.81 | 0     | 0     | 0     | 59.81 |
| 140 | 5,7km   | M16  | KUBAS Piotr           |                           | 2001    | 0     | 0     | 0     | 0     | 59.75 | 59.75 |
| 141 | 5,7km   | M20  | KAWULKA Robert        |                           | 1992    | 0     | 0     | 58.01 | 0     | 0     | 58.01 |
| 142 | 5,7km   | M40  | BOUFRAHI Rysiek       |                           | 1978    | 19.31 | 4.38  | 8.57  | 1.48  | 23.79 | 56.05 |
| 143 | 5,7km   | M60  | CEKIERA Antoni        | combex                    | 1953    | 11.47 | 5.13  | 14.46 | 6.35  | 23.44 | 55.72 |
| 144 | 5,7km   | M30  | CZYŻ Radosław         | WKS Wawel                 | 1988    | 0     | 0     | 0     | 0     | 55.71 | 55.71 |
| 145 | 5,7km   | M40  | KOFIN Maciej-Kofin    | #AdamCzerwińskiTeam       | 1977    | 18.51 | 14.57 | 0     | 0     | 22.18 | 55.26 |
| 146 | 5,7km   | M30  | ZUBALSKI Artur        | RING KRAKÓW               | 1983    | 0     | 0     | 21.35 | 0     | 33.74 | 55.09 |
| 147 | 5,7km   | M30  | DABROWSKI Marek       | G.O.A.T. Team Michałowice | 1984    | 11.88 | 19.6  | 22.89 | 0     | 0     | 54.37 |
| 148 | 5,7km   | M30  | LUKASZ Staszek        |                           | 0       | 0     | 54.23 | 0     | 0     | 0     | 54.23 |
| 149 | 5,7km   | M40  | KARLOWSKI Wojciech    |                           | 1973    | 53.75 | 0     | 0     | 0     | 0     | 53.75 |
| 150 | 5,7km   | M20  | KOLEGOWICZ Damian     | BeFit24Team               | 1990    | 0     | 0     | 0     | 0     | 53.33 | 53.33 |
| 151 | 5,7km   | M20  | REDNAU Axel           |                           | 1992    | 0     | 0     | 0     | 52.34 | 0     | 52.34 |
| 152 | 5,7km   | M20  | KUCZMA Mateusz        | BeFit24Team               | 1990    | 0     | 0     | 0     | 0     | 48.5  | 48.5  |
| 153 | 5,7km   | M30  | KOMISARCZUK Arkadiusz | Medius Runners            | 1988    | 1     | 11.55 | 1     | 1     | 34.92 | 48.47 |
| 154 | 5,7km   | M40  | SZNAJDER Rafal        | G.O.A.T. Team Michałowice | 1975    | 0     | 0     | 0     | 46.86 | 0     | 46.86 |



| #   | Dystans | Kat. | Nazwisko, imię      | Klub                                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|---------------------|----------------------------------------|---------|-------|-------|-------|-------|-------|-------|
| 155 | 5,7km   | M30  | GUT Krzysztof       |                                        | 1983    | 46.54 | 0     | 0     | 0     | 0     | 46.54 |
| 156 | 5,7km   | M40  | KUDELA Damian       |                                        | 1977    | 45.45 | 1     | 0     | 0     | 0     | 46.45 |
| 157 | 5,7km   | M40  | SULKOWSKI Wojciech  | Limanowa biega                         | 1972    | 0     | 46.31 | 0     | 0     | 0     | 46.31 |
| 158 | 5,7km   | M40  | NOWOROLNIK Dawid    | Pink Dragon                            | 1978    | 46.12 | 0     | 0     | 0     | 0     | 46.12 |
| 159 | 5,7km   | M30  | KORBAS Marcin       | www.XRUN.io Nietuzinkowe Biegi Górskie | 1988    | 44.67 | 0     | 0     | 0     | 0     | 44.67 |
| 160 | 5,7km   | M50  | BIRCZYNSKI Pawel    |                                        | 1963    | 0     | 0     | 39.36 | 0     | 0     | 39.36 |
| 161 | 5,7km   | M50  | DULIASZ Cezary      |                                        | 0       | 0     | 0     | 7.54  | 5.85  | 25.07 | 38.46 |
| 162 | 5,7km   | M20  | RADWANSKI Lukasz    | Skawina Biega                          | 1989    | 0     | 37.76 | 0     | 0     | 0     | 37.76 |
| 163 | 5,7km   | M30  | BORATYN Arkadiusz   |                                        | 1988    | 0     | 0     | 0     | 35.84 | 0     | 35.84 |
| 164 | 5,7km   | M30  | KUTNIK Pawel        |                                        | 1984    | 0     | 0     | 34.67 | 0     | 0     | 34.67 |
| 165 | 5,7km   | M50  | WIELGUS Jacek       | Wściekłe chomiki                       | 1968    | 0     | 0     | 34.56 | 0     | 0     | 34.56 |
| 166 | 5,7km   | M30  | BRZEKOWSKI Lukasz   |                                        | 1982    | 0     | 34.04 | 0     | 0     | 0     | 34.04 |
| 167 | 5,7km   | M30  | LIRO Maciej         |                                        | 1988    | 33.64 | 0     | 0     | 0     | 0     | 33.64 |
| 168 | 5,7km   | M20  | GASIOR Filip        | KBN                                    | 1990    | 0     | 33.28 | 0     | 0     | 0     | 33.28 |
| 169 | 5,7km   | M30  | RADCZYK Tomasz      |                                        | 0       | 0     | 0     | 32.71 | 0     | 0     | 32.71 |
| 170 | 5,7km   | M30  | MYSIURA Adam        | #AdamCzerwińskiTeam                    | 1980    | 0     | 0     | 0     | 32.31 | 0     | 32.31 |
| 171 | 5,7km   | M30  | LASKAWSKI Michal    | BeFit24Team                            | 1982    | 0     | 0     | 0     | 0     | 32.21 | 32.21 |
| 172 | 5,7km   | M40  | OLEJNIK Tomek       |                                        | 1976    | 0     | 32.02 | 0     | 0     | 0     | 32.02 |
| 173 | 5,7km   | M30  | MULLER Rafal-Muller | BeFit24Team                            | 1983    | 0     | 0     | 0     | 0     | 31.02 | 31.02 |
| 174 | 5,7km   | M40  | SOWA Grzegorz       | ITMBW Kraków                           | 1971    | 16.71 | 0     | 1.01  | 1     | 11.98 | 30.7  |
| 175 | 5,7km   | M40  | JACEK Janowicz      |                                        | 0       | 0     | 30.16 | 0     | 0     | 0     | 30.16 |
| 176 | 5,7km   | M30  | MACIEJAS Marcin     |                                        | 1980    | 9.9   | 1     | 0     | 1     | 16.59 | 28.49 |
| 177 | 5,7km   | M20  | MARKOWSKI Krzysztof |                                        | 1991    | 27.57 | 0     | 0     | 0     | 0     | 27.57 |
| 178 | 5,7km   | M20  | MATEUSZ Lewandowski |                                        | 0       | 0     | 26.84 | 0     | 0     | 0     | 26.84 |

| #   | Dystans | Kat. | Nazwisko, imię       | Klub                     | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|----------------------|--------------------------|---------|-------|-------|-------|-------|-------|-------|
| 179 | 5,7km   | M30  | LABUZ Przemysław     |                          | 1982    | 26.5  | 0     | 0     | 0     | 0     | 26.5  |
| 180 | 5,7km   | M20  | KURUS Tomasz         | KATO                     | 1989    | 1     | 1     | 1     | 1     | 22.7  | 25.7  |
| 181 | 5,7km   | M30  | JAKUBOWCZAK Robert   |                          | 0       | 0     | 25.05 | 0     | 0     | 0     | 25.05 |
| 182 | 5,7km   | M20  | MAZUR Kamil          |                          | 1994    | 0     | 0     | 0     | 24.99 | 0     | 24.99 |
| 183 | 5,7km   | M30  | KACZOR Lukasz        |                          | 1983    | 23.18 | 0     | 0     | 1     | 0     | 24.18 |
| 184 | 5,7km   | M40  | BLAUT Marcin         |                          | 1974    | 0     | 0     | 0     | 0     | 22.88 | 22.88 |
| 185 | 5,7km   | M30  | SZAFRANIEC Krzysztof |                          | 0       | 0     | 22.7  | 0     | 0     | 0     | 22.7  |
| 186 | 5,7km   | M30  | JAGIELLO Arkadiusz   |                          | 1988    | 0     | 22.47 | 0     | 0     | 0     | 22.47 |
| 187 | 5,7km   | M40  | CZAPLA Przemysław    | WKS Wawel BnO            | 1974    | 0     | 20.94 | 0     | 0     | 1     | 21.94 |
| 188 | 5,7km   | M50  | SZCZESNIAK Jarosz    |                          | 1962    | 0     | 0     | 0     | 0     | 21.51 | 21.51 |
| 189 | 5,7km   | M20  | ZAPART Mateusz       |                          | 1992    | 0     | 0     | 0     | 0     | 21.4  | 21.4  |
| 190 | 5,7km   | M30  | SOBCZAK Bogusław     |                          | 1979    | 0     | 20.01 | 0     | 0     | 0     | 20.01 |
| 191 | 5,7km   | M40  | GAPYS Robert         | #AdamCzerwińskiTeam      | 1974    | 0     | 19.7  | 0     | 0     | 0     | 19.7  |
| 192 | 5,7km   | M50  | MLEKO Roman          | ITMBW Kraków             | 1960    | 0     | 0     | 17.87 | 1     | 0     | 18.87 |
| 193 | 5,7km   | M30  | PLONKA Daniel        | CAFFETTIERA              | 1985    | 18.65 | 0     | 0     | 0     | 0     | 18.65 |
| 194 | 5,7km   | M30  | BIELIK Radosław      | WKURW_TEAM               | 1979    | 1     | 1     | 1     | 1     | 15.43 | 18.43 |
| 195 | 5,7km   | M50  | SUKIENNIK Artur      |                          | 1966    | 0     | 0     | 0     | 0     | 18.14 | 18.14 |
| 196 | 5,7km   | M30  | KOSEK Przemysław     | Wściekle Chomiki         | 1984    | 0     | 0     | 17.73 | 0     | 0     | 17.73 |
| 197 | 5,7km   | M30  | TORON Maciej         |                          | 1988    | 0     | 0     | 17.39 | 0     | 0     | 17.39 |
| 198 | 5,7km   | M40  | SERWATKA Szymon      |                          | 1971    | 1     | 1     | 1     | 1     | 14.21 | 17.21 |
| 199 | 5,7km   | M30  | SWIATLON Paweł       |                          | 1982    | 0     | 16.9  | 0     | 0     | 0     | 16.9  |
| 200 | 5,7km   | M20  | POLINSKI Michał      | creadis                  | 1989    | 0     | 16.65 | 0     | 0     | 0     | 16.65 |
| 201 | 5,7km   | M30  | WSZELAKI Dominik     |                          | 1987    | 0     | 0     | 0     | 15.1  | 0     | 15.1  |
| 202 | 5,7km   | M30  | WSZELAKI Damian      | K.B. Spartakus Bełchatów | 1985    | 0     | 0     | 0     | 15.08 | 0     | 15.08 |

| #   | Dystans | Kat. | Nazwisko, imię       | Klub                | Rok ur. | E1    | E2   | E3    | E4   | E5   | Suma  |
|-----|---------|------|----------------------|---------------------|---------|-------|------|-------|------|------|-------|
| 203 | 5,7km   | M30  | KRAWCZYK Wojciech    |                     | 1979    | 12.36 | 0    | 1     | 0    | 1    | 14.36 |
| 204 | 5,7km   | M30  | SALACH Krzysztof     | Decathlon           | 1984    | 11.37 | 1.71 | 0     | 1    | 0    | 14.08 |
| 205 | 5,7km   | M30  | KRZYWDA Hubert       | Cały Czas Do Przodu | 1981    | 12.22 | 0    | 0     | 1    | 0    | 13.22 |
| 206 | 5,7km   | M16  | STACH Franciszek     |                     | 2005    | 12.93 | 0    | 0     | 0    | 0    | 12.93 |
| 207 | 5,7km   | M20  | LUKASIK Adrian       | WKS Wawel           | 0       | 0     | 0    | 12.58 | 0    | 0    | 12.58 |
| 208 | 5,7km   | M40  | SUROWIAK Tomasz      |                     | 1974    | 10.89 | 0    | 0     | 0    | 0    | 10.89 |
| 209 | 5,7km   | M30  | KRUCZEK Piotr        | Night Runners       | 1988    | 0     | 1    | 0     | 9.22 | 0    | 10.22 |
| 210 | 5,7km   | M60  | KULA Tadeusz         | KKB DYSTANS         | 1955    | 1     | 1    | 1     | 1    | 3.87 | 6.87  |
| 211 | 5,7km   | M16  | TALAGA Patryk        | Skawina Biega       | 2002    | 1     | 2.91 | 1     | 0    | 0    | 4.91  |
| 212 | 5,7km   | M20  | NIEDBACH Marek       |                     | 1989    | 1     | 1    | 1     | 1    | 1    | 4     |
| 212 | 5,7km   | M30  | SZPOTON Artur        |                     | 1983    | 1     | 1    | 0     | 1    | 1    | 4     |
| 212 | 5,7km   | M40  | LEZNIAK Arkadiusz    |                     | 1972    | 0     | 1    | 1     | 1    | 1    | 4     |
| 215 | 5,7km   | M70  | KNAPIK Jerzy         | Dystans Kraków      | 1946    | 0     | 1    | 0     | 0    | 1    | 2     |
| 215 | 5,7km   | M40  | ZWONEK Pawel-Zwonek  |                     | 1969    | 1     | 1    | 0     | 0    | 0    | 2     |
| 215 | 5,7km   | M16  | BASTA Jakub          |                     | 2006    | 1     | 1    | 0     | 0    | 0    | 2     |
| 215 | 5,7km   | M16  | CZAPLA Tadeusz       | WKS Wawel BnO       | 2005    | 1     | 1    | 0     | 0    | 0    | 2     |
| 215 | 5,7km   | M40  | BARWIOLEK Artur      | WKS Wawel           | 1972    | 0     | 0    | 1     | 1    | 0    | 2     |
| 220 | 5,7km   | M30  | BASTA Przemysław     |                     | 1980    | 1     | 0    | 0     | 0    | 0    | 1     |
| 220 | 5,7km   | M30  | RUSINEK Michał       | CAFFETTIERA         | 1984    | 1     | 0    | 0     | 0    | 0    | 1     |
| 220 | 5,7km   | M30  | KAMINSKI Karol       |                     | 1979    | 1     | 0    | 0     | 0    | 0    | 1     |
| 220 | 5,7km   | M60  | BIALKA Rafał         |                     | 1974    | 0     | 0    | 0     | 0    | 1    | 1     |
| 220 | 5,7km   | M60  | WALNIK Rafał         | _Skawina Biega      | 1973    | 0     | 0    | 0     | 0    | 1    | 1     |
| 220 | 5,7km   | M40  | PIEKARNIAK Agnieszka | #AdamCzerwińskiTeam | 1984    | 0     | 0    | 0     | 0    | 1    | 1     |
| 220 | 5,7km   | M20  | PAWLICA Józef        |                     | 1991    | 0     | 0    | 0     | 0    | 1    | 1     |

| #   | Dystans | Kat. | Nazwisko, imię          | Klub              | Rok ur. | E1 | E2 | E3 | E4 | E5 | Suma |
|-----|---------|------|-------------------------|-------------------|---------|----|----|----|----|----|------|
| 220 | 5,7km   | M16  | POSNIK Jan              | Husaria Race Team | 1988    | 0  | 0  | 0  | 0  | 1  | 1    |
| 220 | 5,7km   | M20  | JANUS Kamil             |                   | 1989    | 0  | 0  | 0  | 1  | 0  | 1    |
| 220 | 5,7km   | M20  | KRAMER Konrad           |                   | 1991    | 0  | 0  | 0  | 1  | 0  | 1    |
| 220 | 5,7km   | M30  | RANA Kulwant            |                   | 1986    | 0  | 0  | 0  | 1  | 0  | 1    |
| 220 | 5,7km   | M30  | JANICKI Patryk          | Poranny Patrol    | 1982    | 0  | 1  | 0  | 0  | 0  | 1    |
| 220 | 5,7km   | M30  | JURKIEWICZ Sylwester    |                   | 1986    | 0  | 1  | 0  | 0  | 0  | 1    |
| 220 | 5,7km   | M30  | BASTA Mieczysław        |                   | 0       | 0  | 1  | 0  | 0  | 0  | 1    |
| 220 | 5,7km   | M30  | MICHALOWSKI Bartosz     |                   | 1988    | 0  | 1  | 0  | 0  | 0  | 1    |
| 220 | 5,7km   | M30  | KULIS Wojciech          |                   | 1979    | 0  | 0  | 1  | 0  | 0  | 1    |
| 220 | 5,7km   | M30  | PRZEWIEZLIKOWSKI Tomasz | Wściekle Chomiki  | 1980    | 0  | 0  | 1  | 0  | 0  | 1    |



# Grand Prix Krakowa w biegach górskich 2018/2019

Klasyfikacja generalna

Nordic Walking - OPEN

3,7km - OPEN

3,7km - KATEGORIE

5,7km - OPEN

5,7km - KATEGORIE

11,6km - OPEN

11,6km - KATEGORIE

23km - OPEN

23km - KATEGORIE

## 5,7km - K16

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 5,7km   | K16  | BIEDERMAN Adrianna  | WKS Wawel BnO              | 2000    | 100   | 100   | 0     | 100   | 100   | 400    |
| 2  | 5,7km   | K16  | GARBACIK Maja       | WKS Wawel BnO              | 2000    | 91.79 | 94.16 | 95.96 | 0     | 93.5  | 375.41 |
| 3  | 5,7km   | K16  | TOPOR Magdalena     | WKS Wawel BnO              | 2001    | 91.41 | 87.67 | 100   | 0     | 87.62 | 366.7  |
| 4  | 5,7km   | K16  | KLAPUT Natalia      |                            | 0       | 0     | 87.19 | 91.37 | 82.37 | 86.47 | 347.4  |
| 5  | 5,7km   | K16  | PUDELEK Michalina   | LKS Górzanka Nawojowa Góra | 2000    | 77.47 | 75.06 | 83.69 | 83.93 | 0     | 320.15 |
| 6  | 5,7km   | K16  | NYGA Julia          | UKS Kometa Gliwice         | 2002    | 72.26 | 81.31 | 81.02 | 74.52 | 0     | 309.11 |
| 7  | 5,7km   | K16  | WYPYCH Urszula      |                            | 2003    | 71.57 | 76.04 | 77.93 | 65.25 | 79.84 | 305.38 |
| 8  | 5,7km   | K16  | SROKA Zuzanna       |                            | 2005    | 61.02 | 67.01 | 68.69 | 0     | 61.8  | 258.52 |
| 9  | 5,7km   | K16  | SLONSKA Zofia       | WKS Wawel BnO              | 2002    | 78.35 | 0     | 90.37 | 88.92 | 0     | 257.64 |
| 10 | 5,7km   | K16  | GNIEWEK Julia       |                            | 2000    | 47.84 | 59.55 | 61.87 | 46.79 | 0     | 216.05 |
| 11 | 5,7km   | K16  | SKORUPA Maja        | LKS Górzanka Nawojowa Góra | 2004    | 38.52 | 49.88 | 0     | 46.51 | 67.97 | 202.88 |
| 12 | 5,7km   | K16  | BIEGUN Katarzyna    |                            | 2000    | 0     | 65.48 | 0     | 52.6  | 54.9  | 172.98 |
| 13 | 5,7km   | K16  | WOJCIK Natalia      | WKS Wawel BnO              | 2002    | 0     | 68.45 | 83.87 | 0     | 0     | 152.32 |
| 14 | 5,7km   | K16  | SROKA Joanna        |                            | 2002    | 23.39 | 42.28 | 38.72 | 9.48  | 35.85 | 140.24 |
| 15 | 5,7km   | K16  | CIESIOLKA Katarzyna | WKS ŚLĄSK                  | 2000    | 0     | 0     | 0     | 0     | 94.98 | 94.98  |
| 16 | 5,7km   | K16  | HUTSENKO Yelyzaveta |                            | 2000    | 0     | 0     | 0     | 0     | 92.5  | 92.5   |

| #  | Dystans | Kat. | Nazwisko, imię | Klub                   | Rok ur. | E1 | E2    | E3 | E4 | E5    | Suma  |
|----|---------|------|----------------|------------------------|---------|----|-------|----|----|-------|-------|
| 17 | 5,7km   | K16  | BLOCK Amelia   | UKS Orientuś Łódź      | 2002    | 0  | 0     | 0  | 0  | 91.55 | 91.55 |
| 18 | 5,7km   | K16  | KURTYKA Joanna |                        | 2002    | 0  | 51.52 | 0  | 1  | 37.57 | 90.09 |
| 19 | 5,7km   | K16  | HENDEL Magda   | AZS AWF Kraków Masters | 1999    | 0  | 59.26 | 0  | 0  | 0     | 59.26 |

5,7km - K20

| #  | Dystans | Kat. | Nazwisko, imię                 | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|--------------------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 5,7km   | K20  | HRUBY Anna                     | AZS AWF Kraków            | 1998    | 94.93 | 88.7  | 0     | 99.54 | 100   | 383.17 |
| 2  | 5,7km   | K20  | GAWLOWSKA Anna                 |                           | 1992    | 87    | 0     | 100   | 100   | 89.64 | 376.64 |
| 3  | 5,7km   | K20  | SMEDA Agnieszka                | Bochnia Biega             | 1993    | 74.56 | 72.08 | 0     | 95.67 | 82.96 | 325.27 |
| 4  | 5,7km   | K20  | DYLAG Marlena                  | G.O.A.T. Team Michałowice | 1991    | 71.55 | 60.62 | 90.6  | 90.99 | 71.87 | 325.01 |
| 5  | 5,7km   | K20  | BIELECKA Ewa                   |                           | 1990    | 70.57 | 0     | 76.36 | 84.53 | 65.5  | 296.96 |
| 6  | 5,7km   | K20  | MACIASZ Sylwia                 |                           | 1992    | 58.68 | 56    | 84.98 | 74.65 | 75.71 | 294.02 |
| 7  | 5,7km   | K20  | TWARDOWSKA Kornelia            |                           | 1990    | 45.11 | 0     | 78.81 | 82.31 | 64.74 | 270.97 |
| 8  | 5,7km   | K20  | KRUK Paulina                   | Night Runners             | 1994    | 59.54 | 0     | 76.31 | 72.17 | 56.04 | 264.06 |
| 9  | 5,7km   | K20  | KHVAINITSKAYA-KURUS Katsiaryna | KATO                      | 1990    | 46.8  | 23.25 | 60.08 | 70.77 | 0     | 200.9  |
| 10 | 5,7km   | K20  | EL-MELIGY Susan                |                           | 1993    | 98.55 | 85.28 | 0     | 0     | 0     | 183.83 |
| 11 | 5,7km   | K20  | KOZIOL Aneta                   |                           | 1991    | 0     | 44.26 | 75.47 | 0     | 56.56 | 176.29 |
| 12 | 5,7km   | K20  | KEMPA Ewelina                  | ASICS FrontRunner Poland  | 1990    | 69.34 | 69.31 | 0     | 0     | 0     | 138.65 |
| 13 | 5,7km   | K20  | RACZYNSKA Alicja               | Ntiative                  | 1991    | 0     | 0     | 73.24 | 59.46 | 0     | 132.7  |
| 14 | 5,7km   | K20  | JASZCZ Maria                   | xxx                       | 1993    | 48.38 | 0     | 76.96 | 0     | 0     | 125.34 |
| 15 | 5,7km   | K20  | BAZULKA Aleksandra             | AZS UJ                    | 1995    | 100   | 0     | 0     | 0     | 0     | 100    |
| 15 | 5,7km   | K20  | BYRSKA Sylwia                  |                           | 0       | 0     | 100   | 0     | 0     | 0     | 100    |
| 17 | 5,7km   | K20  | WICHA Malgorzata               | WKS Wawel BnO             | 1991    | 96.79 | 0     | 0     | 0     | 0     | 96.79  |
| 18 | 5,7km   | K20  | PODGORNI Marcelina             |                           | 1997    | 0     | 0     | 0     | 0     | 96.09 | 96.09  |

| #  | Dystans | Kat. | Nazwisko, imię       | Klub          | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|----|---------|------|----------------------|---------------|---------|-------|-------|-------|-------|-------|-------|
| 19 | 5,7km   | K20  | JURKIEWICZ Justyna   |               | 1992    | 0     | 31.06 | 0     | 61.73 | 0     | 92.79 |
| 20 | 5,7km   | K20  | BOROWSKA Julia       |               | 1992    | 0     | 0     | 0     | 88.38 | 0     | 88.38 |
| 21 | 5,7km   | K20  | MORAWSKA Aleksandra  | Skawina Biega | 1992    | 0     | 0     | 0     | 0     | 71.32 | 71.32 |
| 22 | 5,7km   | K20  | PALIBOREK Monika     |               | 1992    | 0     | 0     | 69.17 | 0     | 0     | 69.17 |
| 23 | 5,7km   | K20  | ZAWISLAK Agata       |               | 1995    | 64.15 | 0     | 0     | 0     | 0     | 64.15 |
| 24 | 5,7km   | K20  | OLOWNIA Joanna       |               | 1990    | 0     | 60.97 | 0     | 0     | 0     | 60.97 |
| 25 | 5,7km   | K20  | JAREK Marlena        |               | 1990    | 0     | 60.89 | 0     | 0     | 0     | 60.89 |
| 26 | 5,7km   | K20  | KAPUSTA Joanna       |               | 0       | 0     | 55.7  | 0     | 0     | 0     | 55.7  |
| 27 | 5,7km   | K20  | DZIEGIEC Ewa         |               | 1992    | 53.96 | 0     | 0     | 0     | 0     | 53.96 |
| 28 | 5,7km   | K20  | KOCUR Agata          |               | 1993    | 53.76 | 0     | 0     | 0     | 0     | 53.76 |
| 29 | 5,7km   | K20  | ASSELMAN Angela      |               | 1991    | 50.2  | 0     | 0     | 0     | 0     | 50.2  |
| 30 | 5,7km   | K20  | POPEK Paulina        |               | 1991    | 41.7  | 0     | 0     | 0     | 0     | 41.7  |
| 31 | 5,7km   | K20  | DULJAN Elzbieta-Anna |               | 1990    | 0     | 33.47 | 0     | 0     | 0     | 33.47 |
| 32 | 5,7km   | K20  | MIRKIEWICZ Barbara   |               | 1990    | 0     | 31.62 | 0     | 0     | 0     | 31.62 |
| 33 | 5,7km   | K20  | LAGIEWKA Karolina    |               | 1992    | 0     | 1.14  | 0     | 0     | 0     | 1.14  |

## 5,7km - K30

| # | Dystans | Kat. | Nazwisko, imię       | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|---|---------|------|----------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1 | 5,7km   | K30  | PIATEK Karolina      | nogamidogóry.pl           | 1987    | 100   | 0     | 100   | 97.66 | 100   | 397.66 |
| 2 | 5,7km   | K30  | PRZYWARA Katarzyna   | Skawina Biega             | 1988    | 84.88 | 98.14 | 68.24 | 0     | 77.05 | 328.31 |
| 3 | 5,7km   | K30  | SZCZEPANIK Renata    | KRAKÓW                    | 1979    | 0     | 100   | 73.3  | 67.43 | 72.65 | 313.38 |
| 4 | 5,7km   | K30  | BARTUS Joanna        | G.O.A.T. Team Michałowice | 1982    | 67.59 | 90.41 | 71.26 | 67.97 | 74.2  | 303.84 |
| 5 | 5,7km   | K30  | WARSZAWSKA Agnieszka |                           | 1987    | 63.83 | 88.16 | 68.55 | 67.7  | 76.7  | 301.11 |
| 6 | 5,7km   | K30  | SZNAJDER Joanna      | G.O.A.T. Team Michałowice | 1982    | 50.3  | 83.05 | 64.1  | 61.5  | 70.01 | 278.66 |

| #  | Dystans | Kat. | Nazwisko, imię               | Klub                         | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|------------------------------|------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 7  | 5,7km   | K30  | KAPOLKA Agata                | Skawina Biega                | 1983    | 57.67 | 84.56 | 62.46 | 61.4  | 67    | 275.42 |
| 8  | 5,7km   | K30  | SZWEJ Joanna                 | Pogoria Biega                | 1985    | 57.26 | 81.8  | 54.4  | 60.37 | 75.58 | 275.01 |
| 9  | 5,7km   | K30  | SIEMINSKA Natalia            |                              | 1983    | 65.14 | 87.23 | 0     | 47.13 | 75.2  | 274.7  |
| 10 | 5,7km   | K30  | WOJTOWICZ Magdalena          | Trailrun                     | 1980    | 64.34 | 82.55 | 52.97 | 55.1  | 65.89 | 267.88 |
| 11 | 5,7km   | K30  | TYLEK Agata                  | Skawina Biega                | 1980    | 63.37 | 83.59 | 52.59 | 51.54 | 65.52 | 265.07 |
| 12 | 5,7km   | K30  | KLAPUT Dorota                | Endorfiny                    | 1984    | 67.3  | 88.36 | 54.18 | 50.46 | 0     | 260.3  |
| 13 | 5,7km   | K30  | ZIEBA-SLADOWSKA Agata        | Skawina Biega                | 1981    | 0     | 78.33 | 55.38 | 55.07 | 61.31 | 250.09 |
| 14 | 5,7km   | K30  | ZAJAC Ilona                  | Skawina Biega                | 1982    | 48.4  | 79.85 | 55.09 | 35.84 | 63.94 | 247.28 |
| 15 | 5,7km   | K30  | BILOCHA Ewa                  |                              | 1983    | 65.23 | 80.2  | 40.54 | 33.5  | 59.13 | 245.1  |
| 16 | 5,7km   | K30  | ZIELINSKA-KOLACZ Ewelina     | Wkurw_Team                   | 1981    | 0     | 79.9  | 47.43 | 53.34 | 59.42 | 240.09 |
| 17 | 5,7km   | K30  | BURNUS Beata                 | Night Runners                | 1984    | 46.64 | 73.89 | 45.44 | 35.59 | 50.83 | 216.8  |
| 18 | 5,7km   | K30  | PAJOR-LESZCZYNSKA Aleksandra |                              | 1982    | 41.15 | 67.76 | 42.82 | 41.91 | 59.7  | 212.19 |
| 19 | 5,7km   | K30  | ZAJAC Monika                 |                              | 1988    | 42.86 | 43.28 | 55.71 | 14.67 | 59.5  | 201.35 |
| 20 | 5,7km   | K30  | BEDNARZ Sylwia               | G.O.A.T. Team Michałowice    | 1985    | 0     | 75.24 | 46.22 | 31.84 | 46.74 | 200.04 |
| 21 | 5,7km   | K30  | CHYLEWSKA-OLECH Dagmara      | BeFit24Team                  | 1983    | 0     | 0     | 62.52 | 66.77 | 69.82 | 199.11 |
| 22 | 5,7km   | K30  | BIEDRON Monika               | WM Triself                   | 1986    | 32.29 | 71.89 | 37.71 | 23.03 | 47.72 | 189.61 |
| 23 | 5,7km   | K30  | WISNIEWSKA Agnieszka         |                              | 1984    | 0     | 69.2  | 43.92 | 35.33 | 40.23 | 188.68 |
| 24 | 5,7km   | K30  | BARANSKA Maria               |                              | 1980    | 40.38 | 64.24 | 0     | 31.81 | 36.52 | 172.95 |
| 25 | 5,7km   | K30  | BUGAJSKA Katarzyna           |                              | 1980    | 46.41 | 0     | 29.63 | 38.39 | 42.85 | 157.28 |
| 26 | 5,7km   | K30  | OSIKA Kamila                 | Probalans.pl / Night Runners | 1987    | 0     | 84.36 | 57.49 | 13.19 | 0     | 155.04 |
| 27 | 5,7km   | K30  | MARONSKA Monika              |                              | 1979    | 67.28 | 85.7  | 0     | 0     | 0     | 152.98 |
| 28 | 5,7km   | K30  | WASOWICZ Katarzyna           |                              | 1983    | 47.69 | 63.14 | 0     | 0     | 35.41 | 146.24 |
| 29 | 5,7km   | K30  | RYLKO Agnieszka              | ITMBW Kraków                 | 0       | 0     | 0     | 69.71 | 69.02 | 0     | 138.73 |
| 30 | 5,7km   | K30  | DUDZIAK Dorota               | #AdamCzerwiński Team         | 0       | 0     | 0     | 63.54 | 0     | 70    | 133.54 |



| #  | Dystans | Kat. | Nazwisko, imię          | Klub                               | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-------------------------|------------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 31 | 5,7km   | K30  | WIECH Anna              | #AdamCzerwińskiTeam                | 1982    | 0     | 0     | 63.53 | 0     | 65.03 | 128.56 |
| 32 | 5,7km   | K30  | ZOLNIEREK Renata        |                                    | 1984    | 17.33 | 48.9  | 23.71 | 1     | 28.83 | 118.77 |
| 33 | 5,7km   | K30  | LUKASIAK Izabela        |                                    | 1979    | 16.52 | 51.11 | 21.44 | 1.62  | 20.06 | 109.13 |
| 34 | 5,7km   | K30  | KUBIESA Patrycja        | Husaria Race Team                  | 1985    | 29.39 | 0     | 0     | 30.65 | 41.9  | 101.94 |
| 35 | 5,7km   | K30  | WICHA Iwona             | PUKS Młode Orły Nowy Dwór Maz.     | 1987    | 0     | 0     | 0     | 100   | 0     | 100    |
| 36 | 5,7km   | K30  | RAMOTOWSKA Dominika     | SolarWinds                         | 1982    | 18.75 | 0     | 33.8  | 0     | 45.07 | 97.62  |
| 37 | 5,7km   | K30  | SLIWA Agnieszka         |                                    | 1986    | 0     | 91.82 | 0     | 0     | 0     | 91.82  |
| 38 | 5,7km   | K30  | ADAMUS Klaudia          |                                    | 1988    | 0     | 90.82 | 0     | 0     | 0     | 90.82  |
| 39 | 5,7km   | K30  | ZIOLKO Kinga            |                                    | 1984    | 0     | 0     | 0     | 0     | 86.18 | 86.18  |
| 40 | 5,7km   | K30  | DOBROMILSKA Agata       |                                    | 1986    | 0     | 0     | 0     | 0     | 83.61 | 83.61  |
| 41 | 5,7km   | K30  | KIZERWETTER Małgorzata  |                                    | 0       | 0     | 79.29 | 0     | 0     | 0     | 79.29  |
| 42 | 5,7km   | K30  | WECLAWIK Anna           | Seshelle Running Group             | 1986    | 0     | 56.68 | 21.33 | 0     | 0     | 78.01  |
| 43 | 5,7km   | K30  | KUKLEWICZ Barbara       |                                    | 1985    | 21.41 | 0     | 29.05 | 27.39 | 0     | 77.85  |
| 44 | 5,7km   | K30  | MICHALEWSKA-DUDA Daria  | BeFit24Team                        | 1981    | 0     | 61.49 | 0     | 14.22 | 0     | 75.71  |
| 45 | 5,7km   | K30  | WYRZYKOWSKA Katarzyna   | Skawina Biega                      | 1985    | 0     | 0     | 0     | 27.14 | 47.1  | 74.24  |
| 46 | 5,7km   | K30  | KAMILA Bytomska         |                                    | 0       | 0     | 61.34 | 0     | 0     | 0     | 61.34  |
| 47 | 5,7km   | K30  | KOSCIELNA Grazyna       |                                    | 1985    | 0     | 0     | 0     | 19.19 | 35.1  | 54.29  |
| 48 | 5,7km   | K30  | ZAK Elzbieta            | BeFit24Team                        | 1984    | 0     | 0     | 0     | 0     | 52.07 | 52.07  |
| 49 | 5,7km   | K30  | KOSIBA-LUCZAK Katarzyna |                                    | 1987    | 0     | 0     | 49.8  | 0     | 0     | 49.8   |
| 50 | 5,7km   | K30  | DUDEK Magdalena         | Najważniejsze ze jesteś szczęśliwy | 1984    | 0     | 0     | 0     | 45.26 | 0     | 45.26  |
| 51 | 5,7km   | K30  | KONTUREK Agnieszka      |                                    | 1980    | 0     | 0     | 41.37 | 0     | 0     | 41.37  |
| 52 | 5,7km   | K30  | NOGIEC Agnieszka        | G.O.A.T. Team Michałowice          | 1980    | 0     | 0     | 0     | 41.04 | 0     | 41.04  |
| 53 | 5,7km   | K30  | TYLISZCZAK Bożena       |                                    | 1982    | 1     | 28.6  | 0     | 1     | 10.43 | 41.03  |
| 54 | 5,7km   | K30  | REGULSKA Agnieszka      |                                    | 1980    | 0     | 38.44 | 0     | 0     | 0     | 38.44  |

| #  | Dystans | Kat. | Nazwisko, imię    | Klub    | Rok ur. | E1 | E2 | E3    | E4    | E5 | Suma  |
|----|---------|------|-------------------|---------|---------|----|----|-------|-------|----|-------|
| 55 | 5,7km   | K30  | CZAPIEWSKA Eliza  | GT ALEX | 1985    | 0  | 0  | 34.77 | 0     | 0  | 34.77 |
| 56 | 5,7km   | K30  | SZYSZKO Sylwia    |         | 1981    | 0  | 0  | 0     | 17.34 | 0  | 17.34 |
| 57 | 5,7km   | K30  | CHOLEWA Katarzyna |         | 1986    | 0  | 0  | 0     | 1     | 0  | 1     |

## 5,7km - K40

| #  | Dystans | Kat. | Nazwisko, imię                  | Klub                  | Rok ur. | E1     | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------------------|-----------------------|---------|--------|-------|-------|-------|-------|--------|
| 1  | 5,7km   | K40  | ZAJACZKOWSKA-ORLOWSKA Katarzyna |                       | 1976    | 100.24 | 91.88 | 100   | 98.02 | 100   | 398.26 |
| 2  | 5,7km   | K40  | ZABOROWSKA Malgorzata           |                       | 1977    | 100    | 100   | 97.44 | 100   | 89.99 | 397.44 |
| 3  | 5,7km   | K40  | ETTERLE-BIEDERMAN Lilianna      | WKS Wawel BnO         | 1971    | 99.64  | 93.97 | 96.5  | 96.98 | 0     | 387.09 |
| 4  | 5,7km   | K40  | WITEK Aneta                     | SolarWinds            | 1973    | 97.17  | 91.26 | 94.48 | 92.13 | 90.76 | 375.04 |
| 5  | 5,7km   | K40  | SLIWA Anna                      | Skawina Biega         | 1976    | 96.81  | 87.98 | 94.78 | 94.98 | 81.23 | 374.55 |
| 6  | 5,7km   | K40  | GRATKA Beata                    | 1974                  | 1974    | 89.61  | 81.87 | 91.21 | 83.14 | 76.22 | 345.83 |
| 7  | 5,7km   | K40  | ZAWADA Magdalena                |                       | 1976    | 87.35  | 79.6  | 79.77 | 0     | 73.78 | 320.5  |
| 8  | 5,7km   | K40  | SOLTYS Alicja                   | Skawina Biega         | 1976    | 87.35  | 81.01 | 77.78 | 72.22 | 71.6  | 318.36 |
| 9  | 5,7km   | K40  | KOZIOL Agnieszka                | Night Runners         | 1970    | 89.4   | 82.65 | 0     | 68.67 | 75.45 | 316.17 |
| 10 | 5,7km   | K40  | BURDA Monika                    | #AdamCzerwińskiTeam   | 1974    | 83.17  | 67.26 | 75.03 | 64.42 | 47.9  | 289.88 |
| 11 | 5,7km   | K40  | JAROSZ-SIEMBIOT Anna            |                       | 1970    | 88.37  | 82.87 | 0     | 68.99 | 43.2  | 283.43 |
| 12 | 5,7km   | K40  | CZARNECKA Eliza                 |                       | 1976    | 0      | 72.71 | 71.58 | 65.85 | 65.89 | 276.03 |
| 13 | 5,7km   | K40  | ORLINSKA Joanna                 | Skawina Biega         | 1975    | 61.37  | 57.66 | 69.27 | 68.03 | 0     | 256.33 |
| 14 | 5,7km   | K40  | MUCHA Aleksandra                |                       | 1975    | 0      | 39.14 | 62.93 | 66.27 | 67.83 | 236.17 |
| 15 | 5,7km   | K40  | PALIS Kinga                     | BeFit24Team           | 1976    | 0      | 69.94 | 78.55 | 75.11 | 0     | 223.6  |
| 16 | 5,7km   | K40  | GAWEDA Beata                    | Małokoźmiccy Biegacze | 1976    | 63.92  | 57.67 | 0     | 28.64 | 50.77 | 201    |
| 17 | 5,7km   | K40  | MOSZUMANSKA Magdalena           |                       | 1976    | 0      | 0     | 98.87 | 97.96 | 0     | 196.83 |
| 18 | 5,7km   | K40  | PYCHOWSKA-SROKA Justyna         |                       | 1973    | 44.47  | 0     | 45.31 | 47.23 | 51.01 | 188.02 |

| #  | Dystans | Kat. | Nazwisko, imię                   | Klub                | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------------------|---------------------|---------|-------|-------|-------|-------|-------|--------|
| 19 | 5,7km   | K40  | MOSZUMANSKA-KOLEGOWICZ Katarzyna |                     | 1978    | 0     | 0     | 92.14 | 88.24 | 0     | 180.38 |
| 20 | 5,7km   | K40  | RAJ Iwona                        | Eskadra Kraków      | 1978    | 99.91 | 0     | 0     | 0     | 0     | 99.91  |
| 21 | 5,7km   | K40  | GAPYS Jolanta                    | #AdamCzerwińskiTeam | 1975    | 0     | 89.51 | 0     | 0     | 0     | 89.51  |
| 22 | 5,7km   | K40  | TOPOR Monika                     | WKS Wawel BnO       | 1970    | 0     | 0     | 0     | 0     | 81.98 | 81.98  |
| 23 | 5,7km   | K40  | GROCHOT Edyta                    | #AdamCzerwińskiTeam | 1976    | 0     | 81.7  | 0     | 0     | 0     | 81.7   |
| 24 | 5,7km   | K40  | ATROSZCZYK Aleksandra            |                     | 1971    | 0     | 37.51 | 34.95 | 0     | 0     | 72.46  |
| 25 | 5,7km   | K40  | GAWOR Monika                     | BeFit24Team         | 1973    | 0     | 0     | 0     | 0     | 65.49 | 65.49  |
| 26 | 5,7km   | K40  | WADOWSKA Agnieszka               |                     | 1975    | 0     | 48.54 | 0     | 0     | 0     | 48.54  |
| 27 | 5,7km   | K40  | DYRDA Justyna                    | MirMark             | 1978    | 9.89  | 0     | 0     | 0     | 0     | 9.89   |

## 5,7km - K50

| # | Dystans | Kat. | Nazwisko, imię     | Klub                        | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|---|---------|------|--------------------|-----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1 | 5,7km   | K50  | PLATA Agnieszka    | Dzieło Pomocy św Ojca Pio   | 1968    | 100   | 100   | 100   | 0     | 100   | 400    |
| 2 | 5,7km   | K50  | BUGAJ Teresa       | WKS Wawel BnO               | 1968    | 0     | 98.52 | 97.03 | 100   | 95.4  | 390.95 |
| 3 | 5,7km   | K50  | MACHLOWSKA Grazyna | KKB DYSTANS                 | 1963    | 88.89 | 98.02 | 94.45 | 94.45 | 98.84 | 385.76 |
| 4 | 5,7km   | K50  | PULNIK Andzelika   | Nowohucki Kombinat Sportowy | 1968    | 0     | 91.25 | 82.93 | 79.83 | 87.11 | 341.12 |
| 5 | 5,7km   | K50  | JAKUBEK Hanna      | Skawina Biega               | 1960    | 63.68 | 70.61 | 63.5  | 57.38 | 68.48 | 266.27 |
| 6 | 5,7km   | K50  | MICHNA Ewa         |                             | 1964    | 0     | 86.39 | 78.18 | 16.94 | 71.77 | 253.28 |
| 7 | 5,7km   | K50  | SZEWCZYK Katarzyna | Iron Dragon Triathlon       | 1968    | 0     | 34.82 | 45.83 | 8.82  | 65.61 | 155.08 |
| 8 | 5,7km   | K50  | RAJTAR Renata      | Team Rontil-Comapss         | 1961    | 0     | 0     | 0     | 0     | 89.26 | 89.26  |
| 9 | 5,7km   | K50  | KEDER Wlodek       | POLSKI BIEGACZ              | 1966    | 0     | 0     | 0     | 0     | 1     | 1      |

## 5,7km - K60

| # | Dystans | Kat. | Nazwisko, imię  | Klub                         | Rok ur. | E1    | E2  | E3  | E4  | E5 | Suma  |
|---|---------|------|-----------------|------------------------------|---------|-------|-----|-----|-----|----|-------|
| 1 | 5,7km   | K60  | STOCHEL Teresa  | AKPT Krakow                  | 1953    | 100   | 100 | 100 | 100 | 0  | 400   |
| 2 | 5,7km   | K60  | WOZNIAK Barbara | Ambasador Grand Prix Krakowa | 1955    | 61.07 | 0   | 0   | 0   | 0  | 61.07 |

5,7km - M16

| #  | Dystans | Kat. | Nazwisko, imię       | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 5,7km   | M16  | KOŁODZIEJCZYK Lukasz | UKS Kometa Gliwice        | 2003    | 100   | 90.3  | 98.54 | 100   | 0     | 388.84 |
| 2  | 5,7km   | M16  | BYRCZEK Jan          | UKS Kometa Gliwice        | 2000    | 96.81 | 93.99 | 97.46 | 98.75 | 0     | 387.01 |
| 3  | 5,7km   | M16  | KIJAK Jakub          |                           | 2000    | 98.44 | 100   | 100   | 0     | 85.92 | 384.36 |
| 4  | 5,7km   | M16  | KUNZ Marcin          | Lacho Team                | 2001    | 94.52 | 92.4  | 89.35 | 96.11 | 84.84 | 372.38 |
| 5  | 5,7km   | M16  | BULAWA Filip         | UKS Kometa Gliwice        | 2002    | 89.88 | 93.6  | 92.62 | 73.32 | 0     | 349.42 |
| 6  | 5,7km   | M16  | ZESLAWSKI Mateusz    | WKS Wawel BnO             | 2004    | 82.44 | 80.42 | 73.18 | 89.26 | 71.6  | 325.3  |
| 7  | 5,7km   | M16  | PARDYGAL Michal      |                           | 2002    | 66.27 | 63.65 | 60.71 | 61.53 | 60.46 | 252.16 |
| 8  | 5,7km   | M16  | ZESLAWSKI Jakub      | WKS Wawel BnO             | 2005    | 65.46 | 55.82 | 60.78 | 68.62 | 41.94 | 250.68 |
| 9  | 5,7km   | M16  | SIWIECKI Maciej      |                           | 2003    | 69.46 | 72.01 | 47.55 | 61.15 | 42.6  | 250.17 |
| 10 | 5,7km   | M16  | MISKOW Krzysztof     | KS Kościelec Chrzanów     | 2005    | 61.44 | 60.59 | 53.54 | 58.52 | 55.77 | 236.32 |
| 11 | 5,7km   | M16  | LACHOWICZ Kuba       |                           | 2004    | 61.24 | 0     | 53.85 | 50.19 | 45.46 | 210.74 |
| 12 | 5,7km   | M16  | SKONIECZNY Marcel    | WKS Wawel BnO             | 2005    | 64.7  | 55.25 | 0     | 0     | 0     | 119.95 |
| 13 | 5,7km   | M16  | PASIEKA Antoni       |                           | 2002    | 57.82 | 57.67 | 0     | 0     | 0     | 115.49 |
| 14 | 5,7km   | M16  | KAWALA Patryk        | KS Kościelec Chrzanów     | 2005    | 0     | 0     | 0     | 54.3  | 58.15 | 112.45 |
| 15 | 5,7km   | M16  | KRAWCZYNSKI Mikołaj  | WKS ŚLĄSK                 | 2000    | 0     | 0     | 0     | 0     | 100   | 100    |
| 16 | 5,7km   | M16  | WOJCIK Pawel         | WKS Wawel BnO             | 2005    | 0     | 0     | 0     | 0     | 70.36 | 70.36  |
| 17 | 5,7km   | M16  | TALAGA Patryk        | Skawina Biega             | 2002    | 17.49 | 38.45 | 12.46 | 0     | 0     | 68.4   |
| 18 | 5,7km   | M16  | TARKO Stefan         | G.O.A.T. Team Michałowice | 2000    | 0     | 0     | 0     | 0     | 65.43 | 65.43  |
| 19 | 5,7km   | M16  | KUBAS Piotr          |                           | 2001    | 0     | 0     | 0     | 0     | 61.63 | 61.63  |

| #  | Dystans | Kat. | Nazwisko, imię   | Klub              | Rok ur. | E1    | E2    | E3 | E4 | E5 | Suma  |
|----|---------|------|------------------|-------------------|---------|-------|-------|----|----|----|-------|
| 20 | 5,7km   | M16  | BASTA Jakub      |                   | 2006    | 20.52 | 27.57 | 0  | 0  | 0  | 48.09 |
| 21 | 5,7km   | M16  | STACH Franciszek |                   | 2005    | 35.86 | 0     | 0  | 0  | 0  | 35.86 |
| 22 | 5,7km   | M16  | CZAPLA Tadeusz   | WKS Wawel BnO     | 2005    | 13.9  | 1     | 0  | 0  | 0  | 14.9  |
| 23 | 5,7km   | M16  | POSNIK Jan       | Husaria Race Team | 1988    | 0     | 0     | 0  | 0  | 1  | 1     |

## 5,7km - M20

| #  | Dystans | Kat. | Nazwisko, imię     | Klub                         | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|--------------------|------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 5,7km   | M20  | TABOR Dominik      | Centrum Zdrowia Biegacza     | 1995    | 93.73 | 94.5  | 100   | 100   | 0     | 388.23 |
| 2  | 5,7km   | M20  | BIEDERMAN Marcin   |                              | 1998    | 100   | 85.91 | 0     | 93.85 | 100   | 379.76 |
| 3  | 5,7km   | M20  | BABULA Przemysław  | GKS Piast Gliwice            | 1994    | 89.29 | 0     | 94.23 | 87.1  | 95.99 | 366.61 |
| 4  | 5,7km   | M20  | SULEK Adam         | AZS UJ                       | 1991    | 80.25 | 83.43 | 90.41 | 83.51 | 95.53 | 352.88 |
| 5  | 5,7km   | M20  | BODURKA Tomasz     | Decathlon                    | 1995    | 63.22 | 63.87 | 70.13 | 0     | 83.1  | 280.32 |
| 6  | 5,7km   | M20  | BARTYZEL Krzysztof | Młode Wilki                  | 1990    | 66.58 | 61.41 | 66.56 | 44.46 | 78.73 | 273.28 |
| 7  | 5,7km   | M20  | LACNY Lukasz       |                              | 1995    | 64.99 | 65.47 | 65.91 | 0     | 76.1  | 272.47 |
| 8  | 5,7km   | M20  | MACHALICA Jan      |                              | 1998    | 68.97 | 56.44 | 0     | 57.7  | 71.96 | 255.07 |
| 9  | 5,7km   | M20  | BARGIEL Marcin     | Go Aktiv!                    | 1989    | 56.66 | 53.52 | 51.53 | 46.11 | 64.74 | 226.45 |
| 10 | 5,7km   | M20  | SLEZAK Bartosz     | LubelskiBiegacz              | 1992    | 64.37 | 0     | 0     | 52.05 | 73.16 | 189.58 |
| 11 | 5,7km   | M20  | LABEDZ Artur       | ITMBW Kraków                 | 1998    | 67.58 | 0     | 65.01 | 50.95 | 0     | 183.54 |
| 12 | 5,7km   | M20  | MIROCHA Mateusz    |                              | 1993    | 0     | 61.92 | 63.26 | 50.06 | 1     | 176.24 |
| 13 | 5,7km   | M20  | GRUSZKA Karol      | Bizonmotorsport              | 1990    | 36.08 | 26.72 | 42.67 | 34.04 | 0     | 139.51 |
| 14 | 5,7km   | M20  | KUTYBA Marek       |                              | 1990    | 26.19 | 21.54 | 32.37 | 1     | 40.68 | 120.78 |
| 15 | 5,7km   | M20  | DUDKIEWICZ Damian  | WKS Wawel                    | 1991    | 0     | 0     | 53.35 | 53.46 | 0     | 106.81 |
| 16 | 5,7km   | M20  | BODURKA Krzysztof  | Alpin Sport / AZS AWF Kraków | 1990    | 0     | 100   | 0     | 0     | 0     | 100    |
| 17 | 5,7km   | M20  | LESNIAK Jacek      |                              | 1989    | 0     | 15.81 | 31.96 | 12.5  | 34.62 | 94.89  |

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                         | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|----|---------|------|---------------------|------------------------------|---------|-------|-------|-------|-------|-------|-------|
| 18 | 5,7km   | M20  | MARMOL Lukasz       | KS JEDNOŚĆ NOWY SĄCZ         | 1995    | 0     | 93    | 0     | 0     | 0     | 93    |
| 19 | 5,7km   | M20  | BOVSUNIVSKYI Sergii | Heineken Krakow Running Club | 1989    | 23.97 | 0     | 13.45 | 16.73 | 34.89 | 89.04 |
| 20 | 5,7km   | M20  | HOLOWNIA Bartłomiej |                              | 1993    | 87.23 | 0     | 0     | 0     | 0     | 87.23 |
| 21 | 5,7km   | M20  | WRONA Daniel        |                              | 1992    | 82.24 | 0     | 0     | 0     | 0     | 82.24 |
| 22 | 5,7km   | M20  | GIERCZAK Pawel      | WKS Wawel PN                 | 1992    | 0     | 0     | 50.07 | 30.55 | 0     | 80.62 |
| 23 | 5,7km   | M20  | RZENCA Krzysztof    | Decathlon                    | 1996    | 0     | 0     | 0     | 78.6  | 0     | 78.6  |
| 24 | 5,7km   | M20  | ZELENIUK Marko      |                              | 1999    | 0     | 0     | 0     | 62.88 | 0     | 62.88 |
| 25 | 5,7km   | M20  | CIERLAK Przemysław  |                              | 1991    | 0     | 59.81 | 0     | 0     | 0     | 59.81 |
| 26 | 5,7km   | M20  | KAWULKA Robert      |                              | 1992    | 0     | 0     | 58.01 | 0     | 0     | 58.01 |
| 27 | 5,7km   | M20  | KOLEGOWICZ Damian   | BeFit24Team                  | 1990    | 0     | 0     | 0     | 0     | 53.33 | 53.33 |
| 28 | 5,7km   | M20  | REDNAU Axel         |                              | 1992    | 0     | 0     | 0     | 52.34 | 0     | 52.34 |
| 29 | 5,7km   | M20  | KUCZMA Mateusz      | BeFit24Team                  | 1990    | 0     | 0     | 0     | 0     | 48.5  | 48.5  |
| 30 | 5,7km   | M20  | RADWANSKI Lukasz    | Skawina Biega                | 1989    | 0     | 37.76 | 0     | 0     | 0     | 37.76 |
| 31 | 5,7km   | M20  | GASIOR Filip        | KBN                          | 1990    | 0     | 33.28 | 0     | 0     | 0     | 33.28 |
| 32 | 5,7km   | M20  | MARKOWSKI Krzysztof |                              | 1991    | 27.57 | 0     | 0     | 0     | 0     | 27.57 |
| 33 | 5,7km   | M20  | MATEUSZ Lewandowski |                              | 0       | 0     | 26.84 | 0     | 0     | 0     | 26.84 |
| 34 | 5,7km   | M20  | KURUS Tomasz        | KATO                         | 1989    | 1     | 1     | 1     | 1     | 22.7  | 25.7  |
| 35 | 5,7km   | M20  | MAZUR Kamil         |                              | 1994    | 0     | 0     | 0     | 24.99 | 0     | 24.99 |
| 36 | 5,7km   | M20  | ZAPART Mateusz      |                              | 1992    | 0     | 0     | 0     | 0     | 21.4  | 21.4  |
| 37 | 5,7km   | M20  | POLINSKI Michal     | creadis                      | 1989    | 0     | 16.65 | 0     | 0     | 0     | 16.65 |
| 38 | 5,7km   | M20  | LUKASIK Adrian      | WKS Wawel                    | 0       | 0     | 0     | 12.58 | 0     | 0     | 12.58 |
| 39 | 5,7km   | M20  | NIEDBACH Marek      |                              | 1989    | 1     | 1     | 1     | 1     | 1     | 4     |
| 40 | 5,7km   | M20  | PAWLICA Jozef       |                              | 1991    | 0     | 0     | 0     | 0     | 1     | 1     |
| 40 | 5,7km   | M20  | JANUS Kamil         |                              | 1989    | 0     | 0     | 0     | 1     | 0     | 1     |

| #  | Dystans | Kat. | Nazwisko, imię | Klub | Rok ur. | E1 | E2 | E3 | E4 | E5 | Suma |
|----|---------|------|----------------|------|---------|----|----|----|----|----|------|
| 40 | 5,7km   | M20  | KRAMER Konrad  |      | 1991    | 0  | 0  | 0  | 1  | 0  | 1    |

## 5,7km - M30

| #  | Dystans | Kat. | Nazwisko, imię                        | Klub                          | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------------------------|-------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 5,7km   | M30  | TARGOSZ Michał                        | ITMBW Kraków                  | 1980    | 100   | 88.76 | 100   | 97.58 | 96.41 | 393.99 |
| 2  | 5,7km   | M30  | ZAJAC Piotr                           |                               | 1982    | 85.74 | 77.62 | 91.5  | 92.05 | 91.88 | 361.17 |
| 3  | 5,7km   | M30  | OKRAJEK Zbigniew                      |                               | 1980    | 0     | 82.79 | 96.66 | 87.28 | 90.63 | 357.36 |
| 4  | 5,7km   | M30  | SZKODZINSKI Tomasz                    | Novomatic Technologies Poland | 1979    | 0     | 79.98 | 94.19 | 86.05 | 90.66 | 350.88 |
| 5  | 5,7km   | M30  | ZOLNIEREK Robert                      |                               | 1985    | 89.79 | 74.81 | 89.69 | 81.99 | 85.61 | 347.08 |
| 6  | 5,7km   | M30  | ROJEK Maciej                          | AT                            | 1988    | 88.19 | 76.61 | 90.12 | 81.53 | 86.72 | 346.56 |
| 7  | 5,7km   | M30  | PRZEBINDA Łukasz                      |                               | 1988    | 0     | 79.24 | 89.51 | 89.67 | 87.59 | 346.01 |
| 8  | 5,7km   | M30  | OSIADACZ Jakub                        | Novomatic Technologies Poland | 1984    | 91.63 | 76.76 | 90.08 | 87.07 | 0     | 345.54 |
| 9  | 5,7km   | M30  | DURBAS Maciej                         |                               | 1987    | 77.8  | 64.38 | 82.61 | 80.79 | 81.79 | 322.99 |
| 10 | 5,7km   | M30  | SZELA Tomasz                          | Nankatsu                      | 1987    | 77.84 | 72.68 | 0     | 55.06 | 76.06 | 281.64 |
| 11 | 5,7km   | M30  | OZOG Robert                           | Skawina Biega                 | 1980    | 66.65 | 50.69 | 72.39 | 68.99 | 69.06 | 277.09 |
| 12 | 5,7km   | M30  | POTASIEWICZ Paweł                     | Novomatic Technologies Poland | 1982    | 72.85 | 52.32 | 74.87 | 67.99 | 0     | 268.03 |
| 13 | 5,7km   | M30  | SANTAMARIA-ALBERQUILLA Francisco-Jose | Ardmon                        | 1982    | 0     | 55.32 | 68.48 | 71.1  | 70.7  | 265.6  |
| 14 | 5,7km   | M30  | WATROBSKI Mirosław                    |                               | 1979    | 62.51 | 57.76 | 76.05 | 65.52 | 60.7  | 264.78 |
| 15 | 5,7km   | M30  | KUZICKI Artur                         | brak                          | 1981    | 0     | 50.96 | 67.1  | 67.42 | 71.98 | 257.46 |
| 16 | 5,7km   | M30  | CIESLA Krzysztof                      |                               | 1988    | 88.25 | 75.4  | 87.28 | 0     | 0     | 250.93 |
| 17 | 5,7km   | M30  | SMOLINSKI Dominik                     |                               | 1984    | 78.9  | 61.89 | 0     | 55.9  | 52.42 | 249.11 |
| 18 | 5,7km   | M30  | MICHAŁEK Łukasz                       | GT Alex                       | 1981    | 60.55 | 55.33 | 70.26 | 62.7  | 0     | 248.84 |
| 19 | 5,7km   | M30  | JANIAK Mariusz                        |                               | 1981    | 63.45 | 46.07 | 66.12 | 51.47 | 58.23 | 239.27 |
| 20 | 5,7km   | M30  | ROMANOWSKI Łukasz                     | Husaria Race Team             | 1981    | 66.15 | 53.82 | 0     | 58.01 | 59.39 | 237.37 |

| #  | Dystans | Kat. | Nazwisko, imię        | Klub                          | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-----------------------|-------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 21 | 5,7km   | M30  | SMEREKA Krzysztof     |                               | 1980    | 67.36 | 43.67 | 61.5  | 52.09 | 54.24 | 235.19 |
| 22 | 5,7km   | M30  | PTASZNIK Przemyslaw   | WM Triself                    | 1980    | 70.71 | 50.19 | 0     | 51.74 | 60.9  | 233.54 |
| 23 | 5,7km   | M30  | KUKLA Daniel          |                               | 1985    | 46.28 | 38.41 | 61.64 | 61.01 | 60.78 | 229.71 |
| 24 | 5,7km   | M30  | POCIEGIEL Michal      | Skawina Biega                 | 1982    | 63.61 | 43.37 | 47.3  | 46.78 | 56.38 | 214.07 |
| 25 | 5,7km   | M30  | KURLETO Kamil         | Młode Wilki                   | 1987    | 51.52 | 0     | 59.53 | 45.81 | 56.28 | 213.14 |
| 26 | 5,7km   | M30  | INDYKA Michal         | Biegam bo taki mam kaprys :)  | 1986    | 0     | 0     | 75.13 | 55.13 | 74.93 | 205.19 |
| 27 | 5,7km   | M30  | SROKA Sylwester       |                               | 1980    | 78.32 | 62.67 | 0     | 0     | 61.89 | 202.88 |
| 28 | 5,7km   | M30  | STEFANCZYK Marek      | BeFit24Team                   | 1980    | 49.35 | 0     | 45.58 | 30.62 | 73.13 | 198.68 |
| 29 | 5,7km   | M30  | KOSON Krzysztof       |                               | 0       | 0     | 46.17 | 50.88 | 48.23 | 50.93 | 196.21 |
| 30 | 5,7km   | M30  | MARKOWICZ Szymon      |                               | 1986    | 0     | 0     | 92.12 | 0     | 92.4  | 184.52 |
| 31 | 5,7km   | M30  | GASIOR Marcin         |                               | 1984    | 49.77 | 0     | 48.28 | 36.97 | 43.98 | 179    |
| 32 | 5,7km   | M30  | ORTMAN Marcin         |                               | 1980    | 69.79 | 0     | 0     | 46.29 | 62.61 | 178.69 |
| 33 | 5,7km   | M30  | PILCH Lukasz          | Probalans.pl                  | 1983    | 51.92 | 36.14 | 48.13 | 34.25 | 0     | 170.44 |
| 34 | 5,7km   | M30  | RYTOV Oleksi          |                               | 1984    | 48.31 | 34.12 | 39.44 | 0     | 35.04 | 156.91 |
| 35 | 5,7km   | M30  | SIKORA Lukasz         |                               | 1988    | 75.83 | 0     | 70.64 | 0     | 0     | 146.47 |
| 36 | 5,7km   | M30  | STRUZIK Bartlomiej    |                               | 1988    | 39.38 | 42.71 | 0     | 13.14 | 48.73 | 143.96 |
| 37 | 5,7km   | M30  | KUBLIN Przemyslaw     | Novomatic Technologies Poland | 1983    | 72.66 | 0     | 69.69 | 0     | 0     | 142.35 |
| 38 | 5,7km   | M30  | JUDASZ Rafal          |                               | 1986    | 50.41 | 35.31 | 55.43 | 0     | 0     | 141.15 |
| 39 | 5,7km   | M30  | IRLIK Jacek           | Niezzreszony                  | 1985    | 0     | 32.4  | 54.45 | 0     | 53.64 | 140.49 |
| 40 | 5,7km   | M30  | KOMISARCZUK Arkadiusz | Medius Runners                | 1988    | 23.3  | 30.21 | 29.98 | 29.41 | 47.5  | 137.1  |
| 41 | 5,7km   | M30  | DABROWSKI Marek       | G.O.A.T. Team Michałowice     | 1984    | 42.12 | 37.47 | 51.24 | 0     | 0     | 130.83 |
| 42 | 5,7km   | M30  | GRABOWSKI Mariusz     | #AdamCzerwińskiTeam           | 1982    | 0     | 0     | 0     | 68.78 | 54.37 | 123.15 |
| 43 | 5,7km   | M30  | LEWICKI Krzysztof     | Polar Team                    | 1986    | 0     | 56.25 | 0     | 53.12 | 0     | 109.37 |
| 44 | 5,7km   | M30  | BIELIK Radoslaw       | WKURW_TEAM                    | 1979    | 30.51 | 19.91 | 27.36 | 18.91 | 29.5  | 107.28 |



| #  | Dystans | Kat. | Nazwisko, imię    | Klub                                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|----|---------|------|-------------------|----------------------------------------|---------|-------|-------|-------|-------|-------|-------|
| 45 | 5,7km   | M30  | DUDZIAK Tomasz    |                                        | 1982    | 0     | 0     | 0     | 0     | 100   | 100   |
| 45 | 5,7km   | M30  | GLABINSKI Piotr   | #AdamCzerwińskiTeam                    | 1985    | 0     | 0     | 0     | 100   | 0     | 100   |
| 45 | 5,7km   | M30  | MICHAŁ Kaczmarek  |                                        | 0       | 0     | 100   | 0     | 0     | 0     | 100   |
| 48 | 5,7km   | M30  | ZUBALSKI Artur    | RING KRAKÓW                            | 1983    | 0     | 0     | 49.95 | 0     | 46.41 | 96.36 |
| 49 | 5,7km   | M30  | SALACH Krzysztof  | Decathlon                              | 1984    | 41.69 | 21.36 | 0     | 31.85 | 0     | 94.9  |
| 50 | 5,7km   | M30  | MIODONSKI Robert  |                                        | 1986    | 0     | 0     | 0     | 90.66 | 0     | 90.66 |
| 51 | 5,7km   | M30  | MACIEJAS Marcin   |                                        | 1980    | 40.46 | 18.14 | 0     | 1     | 30.56 | 90.16 |
| 52 | 5,7km   | M30  | OZOG Mirosław     | Skawina Biega                          | 1983    | 0     | 0     | 87.12 | 0     | 0     | 87.12 |
| 53 | 5,7km   | M30  | BACHNIAK Daniel   |                                        | 1988    | 86.36 | 0     | 0     | 0     | 0     | 86.36 |
| 54 | 5,7km   | M30  | KASPRZYK Marcin   | WKS Wawel BnO                          | 1984    | 85.68 | 0     | 0     | 0     | 0     | 85.68 |
| 55 | 5,7km   | M30  | KACZOR Łukasz     |                                        | 1983    | 51.6  | 0     | 0     | 28.09 | 0     | 79.69 |
| 56 | 5,7km   | M30  | KRAWCZYK Wojciech |                                        | 1979    | 42.52 | 0     | 23.86 | 0     | 12.69 | 79.07 |
| 57 | 5,7km   | M30  | GUT Krzysztof     |                                        | 1983    | 71.2  | 0     | 0     | 0     | 0     | 71.2  |
| 58 | 5,7km   | M30  | KORBAS Marcin     | www.XRUN.io Nietuzinkowe Biegi Górskie | 1988    | 69.64 | 0     | 0     | 0     | 0     | 69.64 |
| 59 | 5,7km   | M30  | ŁUKASZ Staszek    |                                        | 0       | 0     | 68.67 | 0     | 0     | 0     | 68.67 |
| 60 | 5,7km   | M30  | CZYŻ Radosław     | WKS Wawel                              | 1988    | 0     | 0     | 0     | 0     | 66.71 | 66.71 |
| 61 | 5,7km   | M30  | KRZYWDA Hubert    | Cały Czas Do Przodu                    | 1981    | 42.4  | 0     | 0     | 22.95 | 0     | 65.35 |
| 62 | 5,7km   | M30  | BORATYN Arkadiusz |                                        | 1988    | 0     | 0     | 0     | 63.28 | 0     | 63.28 |
| 63 | 5,7km   | M30  | KUTNIK Paweł      |                                        | 1984    | 0     | 0     | 61.13 | 0     | 0     | 61.13 |
| 64 | 5,7km   | M30  | LIRO Maciej       |                                        | 1988    | 60.38 | 0     | 0     | 0     | 0     | 60.38 |
| 65 | 5,7km   | M30  | MYSIURA Adam      | #AdamCzerwińskiTeam                    | 1980    | 0     | 0     | 0     | 60.34 | 0     | 60.34 |
| 66 | 5,7km   | M30  | RADCZYK Tomasz    |                                        | 0       | 0     | 0     | 59.49 | 0     | 0     | 59.49 |
| 67 | 5,7km   | M30  | LABUZ Przemysław  |                                        | 1982    | 54.39 | 0     | 0     | 0     | 0     | 54.39 |
| 68 | 5,7km   | M30  | BRZEKOWSKI Łukasz |                                        | 1982    | 0     | 50.48 | 0     | 0     | 0     | 50.48 |

| #  | Dystans | Kat. | Nazwisko, imię          | Klub                     | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|----|---------|------|-------------------------|--------------------------|---------|-------|-------|-------|-------|-------|-------|
| 69 | 5,7km   | M30  | PLONKA Daniel           | CAFFETTIERA              | 1985    | 47.8  | 0     | 0     | 0     | 0     | 47.8  |
| 70 | 5,7km   | M30  | KOSEK Przemysław        | Wściekłe Chomiki         | 1984    | 0     | 0     | 46.91 | 0     | 0     | 46.91 |
| 71 | 5,7km   | M30  | TORON Maciej            |                          | 1988    | 0     | 0     | 46.63 | 0     | 0     | 46.63 |
| 72 | 5,7km   | M30  | WSZELAKI Dominik        |                          | 1987    | 0     | 0     | 0     | 46.01 | 0     | 46.01 |
| 73 | 5,7km   | M30  | WSZELAKI Damian         | K.B. Spartakus Bełchatów | 1985    | 0     | 0     | 0     | 45.99 | 0     | 45.99 |
| 74 | 5,7km   | M30  | LASKAWSKI Michał        | BeFit24Team              | 1982    | 0     | 0     | 0     | 0     | 44.99 | 44.99 |
| 75 | 5,7km   | M30  | MULLER Rafał-Muller     | BeFit24Team              | 1983    | 0     | 0     | 0     | 0     | 43.9  | 43.9  |
| 76 | 5,7km   | M30  | JAKUBOWCZAK Robert      |                          | 0       | 0     | 42.38 | 0     | 0     | 0     | 42.38 |
| 77 | 5,7km   | M30  | KRUCZEK Piotr           | Night Runners            | 1988    | 0     | 1     | 0     | 41.11 | 0     | 42.11 |
| 78 | 5,7km   | M30  | SZAFRANIEC Krzysztof    |                          | 0       | 0     | 40.26 | 0     | 0     | 0     | 40.26 |
| 79 | 5,7km   | M30  | JAGIELLO Arkadiusz      |                          | 1988    | 0     | 40.06 | 0     | 0     | 0     | 40.06 |
| 80 | 5,7km   | M30  | SOBCZAK Bogusław        |                          | 1979    | 0     | 37.84 | 0     | 0     | 0     | 37.84 |
| 81 | 5,7km   | M30  | SWIATLON Paweł          |                          | 1982    | 0     | 35.04 | 0     | 0     | 0     | 35.04 |
| 82 | 5,7km   | M30  | KULIS Wojciech          |                          | 1979    | 0     | 0     | 30.36 | 0     | 0     | 30.36 |
| 83 | 5,7km   | M30  | RANA Kulwant            |                          | 1986    | 0     | 0     | 0     | 28.34 | 0     | 28.34 |
| 84 | 5,7km   | M30  | BASTA Przemysław        |                          | 1980    | 28.28 | 0     | 0     | 0     | 0     | 28.28 |
| 85 | 5,7km   | M30  | PRZEWIEZLIKOWSKI Tomasz | Wściekłe Chomiki         | 1980    | 0     | 0     | 25.1  | 0     | 0     | 25.1  |
| 86 | 5,7km   | M30  | SZPOTON Artur           |                          | 1983    | 15.74 | 1     | 0     | 1     | 1     | 18.74 |
| 87 | 5,7km   | M30  | RUSINEK Michał          | CAFFETTIERA              | 1984    | 15.93 | 0     | 0     | 0     | 0     | 15.93 |
| 88 | 5,7km   | M30  | JANICKI Patryk          | Poranny Patrol           | 1982    | 0     | 14.89 | 0     | 0     | 0     | 14.89 |
| 89 | 5,7km   | M30  | JURKIEWICZ Sylwester    |                          | 1986    | 0     | 13.89 | 0     | 0     | 0     | 13.89 |
| 90 | 5,7km   | M30  | KAMINSKI Karol          |                          | 1979    | 13.14 | 0     | 0     | 0     | 0     | 13.14 |
| 91 | 5,7km   | M30  | BASTA Mieczysław        |                          | 0       | 0     | 10.39 | 0     | 0     | 0     | 10.39 |
| 92 | 5,7km   | M30  | MICHAŁOWSKI Bartosz     |                          | 1988    | 0     | 1     | 0     | 0     | 0     | 1     |

## 5,7km - M40

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|--------------------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 5,7km   | M40  | ZAJAC Piotr         | Bieniasz Bike/Ekipa z Tarnowa/BikersTarnów | 1973    | 100   | 98.82 | 100   | 100   | 0     | 398.82 |
| 2  | 5,7km   | M40  | WOJCIK Grzegorz     | WKS Wawel BnO                              | 1974    | 89.98 | 93.2  | 92.56 | 89.48 | 64.62 | 365.22 |
| 3  | 5,7km   | M40  | TRACZ Sławomir      |                                            | 1973    | 78.86 | 77.03 | 78.99 | 74.13 | 100   | 334.88 |
| 4  | 5,7km   | M40  | WACLAWSKI Leszek    |                                            | 1970    | 0     | 80.96 | 78.46 | 69.06 | 94.84 | 323.32 |
| 5  | 5,7km   | M40  | GEDL Przemysław     |                                            | 1969    | 76.13 | 74.17 | 66.87 | 68.78 | 86.41 | 305.49 |
| 6  | 5,7km   | M40  | SROKA Wojciech      | Wiolinka i Bemol                           | 1974    | 75.88 | 69.46 | 65.86 | 65.12 | 90.05 | 301.25 |
| 7  | 5,7km   | M40  | GARSTECKI Michał    | Skawina Biega                              | 1976    | 55.53 | 65.03 | 73.47 | 66.59 | 88.38 | 293.47 |
| 8  | 5,7km   | M40  | PRZYWARA Piotr      | Skawina Biega                              | 1977    | 0     | 71.73 | 64.9  | 67.67 | 88.47 | 292.77 |
| 9  | 5,7km   | M40  | RZENNO Łukasz       | G.O.A.T. Team Michałowice                  | 1978    | 64.12 | 61.57 | 67.49 | 61.88 | 90.6  | 284.09 |
| 10 | 5,7km   | M40  | PUDELEK Paweł       | LKS Górzanka Nawojowa Góra                 | 1971    | 64.17 | 62.68 | 58.42 | 49.23 | 85.41 | 270.68 |
| 11 | 5,7km   | M40  | STEZOWSKI Dariusz   | Krówka Team                                | 1970    | 52.27 | 57.2  | 52.81 | 67.21 | 91.13 | 268.35 |
| 12 | 5,7km   | M40  | TICHORUK Rafał      | Poranny Patrol                             | 1978    | 37.9  | 26.52 | 43.62 | 83.29 | 98.62 | 263.43 |
| 13 | 5,7km   | M40  | GRATKA Mirosław     | 1973                                       | 1973    | 61.83 | 1     | 56.78 | 62.33 | 79.17 | 260.11 |
| 14 | 5,7km   | M40  | LAKOMSKI Łukasz     | rowerowanie.pl                             | 1978    | 64.96 | 66.37 | 63.96 | 58.88 | 0     | 254.17 |
| 15 | 5,7km   | M40  | WASIK Marcin        | TriWise                                    | 1976    | 0     | 55.06 | 57.6  | 51.53 | 82.39 | 246.58 |
| 16 | 5,7km   | M40  | KIELB Grzegorz      | G.O.A.T. Team Michałowice                  | 1974    | 57.03 | 57.84 | 50.08 | 51.38 | 67.66 | 233.91 |
| 17 | 5,7km   | M40  | KOWALCZYK Rafał     |                                            | 1978    | 78.77 | 76.94 | 73.98 | 0     | 0     | 229.69 |
| 18 | 5,7km   | M40  | MARZEC Artur        |                                            | 1973    | 45.24 | 47.67 | 47.94 | 51.9  | 73.51 | 221.02 |
| 19 | 5,7km   | M40  | SZAJEWSKI Arkadiusz | O TAK ŁO                                   | 1978    | 46.98 | 0     | 44.02 | 50.26 | 73    | 214.26 |
| 20 | 5,7km   | M40  | RAJ Tomasz          | Husaria Race Team                          | 1977    | 62.37 | 56.54 | 45.18 | 47.21 | 0     | 211.3  |
| 21 | 5,7km   | M40  | MIKULA Grzegorz     | I like Monday morning                      | 1972    | 38.69 | 46.97 | 0     | 50.75 | 70.36 | 206.77 |
| 22 | 5,7km   | M40  | JAMROZIK Krzysiek   | WKS Wawel BnO                              | 1969    | 0     | 49.6  | 35.44 | 46.54 | 72.08 | 203.66 |

| #  | Dystans | Kat. | Nazwisko, imię           | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|--------------------------|----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 23 | 5,7km   | M40  | SKORUPA Mariusz          | LKS Górzanka Nawojowa Góra | 1970    | 0     | 0     | 54.36 | 64.24 | 85    | 203.6  |
| 24 | 5,7km   | M40  | MACINA Dariusz           |                            | 1971    | 49.79 | 43.52 | 37.96 | 34.1  | 70.99 | 202.26 |
| 25 | 5,7km   | M40  | SYRYNSKI-GIRO Sebastian  | MJMETAL OŚWIĘCIM           | 1978    | 68.61 | 71.04 | 62.17 | 0     | 0     | 201.82 |
| 26 | 5,7km   | M40  | ZDZIEBLO Marcin          |                            | 1978    | 0     | 100   | 98.11 | 0     | 0     | 198.11 |
| 27 | 5,7km   | M40  | PATER Janusz             | MJMETAL OŚWIĘCIM           | 1978    | 56.14 | 44.14 | 29.08 | 40.37 | 55.26 | 195.91 |
| 28 | 5,7km   | M40  | BIEDERMAN Pawel          | WKS Wawel BnO              | 1971    | 56.28 | 51.97 | 0     | 55.87 | 1     | 165.12 |
| 29 | 5,7km   | M40  | GAJEK Pawel              | Spokojny Bieg              | 1976    | 0     | 59.68 | 48.77 | 53.93 | 0     | 162.38 |
| 30 | 5,7km   | M40  | BOUFRAHI Rysiek          |                            | 1978    | 39.34 | 34.97 | 24.6  | 29.16 | 58.86 | 162.33 |
| 31 | 5,7km   | M40  | JEDRZEJEWSKI Włodzimierz | Cisco Running Team         | 1972    | 0     | 0     | 42.78 | 38.34 | 68.72 | 149.84 |
| 32 | 5,7km   | M40  | PAJDA Grzegorz           |                            | 0       | 0     | 72.15 | 74.99 | 0     | 0     | 147.14 |
| 33 | 5,7km   | M40  | KOFIN Maciej-Kofin       | #AdamCzerwińskiTeam        | 1977    | 38.62 | 43.56 | 0     | 0     | 57.57 | 139.75 |
| 34 | 5,7km   | M40  | KOSCIELNICKI Maciej      | Didusie Racing             | 1969    | 58.51 | 55.52 | 0     | 0     | 0     | 114.03 |
| 35 | 5,7km   | M40  | SOWA Grzegorz            | ITMBW Kraków               | 1971    | 37.02 | 0     | 17.68 | 1     | 49.41 | 105.11 |
| 36 | 5,7km   | M40  | SERWATKA Szymon          |                            | 1971    | 16.5  | 16.89 | 7.21  | 18.05 | 51.19 | 102.63 |
| 37 | 5,7km   | M40  | KUDELA Damian            |                            | 1977    | 62.58 | 28.99 | 0     | 0     | 0     | 91.57  |
| 38 | 5,7km   | M40  | KOCIOLEK Witold          | #AdamCzerwinskiTeam        | 1975    | 0     | 83.64 | 0     | 0     | 0     | 83.64  |
| 39 | 5,7km   | M40  | TOPOR Marek              | WKS Wawel BnO              | 1973    | 77.35 | 0     | 0     | 0     | 0     | 77.35  |
| 40 | 5,7km   | M40  | SULKOWSKI Wojciech       | Limanowa biega             | 1972    | 0     | 70.34 | 0     | 0     | 0     | 70.34  |
| 41 | 5,7km   | M40  | KARLOWSKI Wojciech       |                            | 1973    | 69.95 | 0     | 0     | 0     | 0     | 69.95  |
| 42 | 5,7km   | M40  | SZNAJDER Rafal           | G.O.A.T. Team Michałowice  | 1975    | 0     | 0     | 0     | 68.22 | 0     | 68.22  |
| 43 | 5,7km   | M40  | NOWOROLNIK Dawid         | Pink Dragon                | 1978    | 63.17 | 0     | 0     | 0     | 0     | 63.17  |
| 44 | 5,7km   | M40  | OLEJNIK Tomek            |                            | 1976    | 0     | 58.28 | 0     | 0     | 0     | 58.28  |
| 45 | 5,7km   | M40  | BLAUT Marcin             |                            | 1974    | 0     | 0     | 0     | 0     | 58.14 | 58.14  |
| 46 | 5,7km   | M40  | JACEK Janowicz           |                            | 0       | 0     | 56.72 | 0     | 0     | 0     | 56.72  |

| #  | Dystans | Kat. | Nazwisko, imię       | Klub                | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|----|---------|------|----------------------|---------------------|---------|-------|-------|-------|-------|-------|-------|
| 47 | 5,7km   | M40  | CZAPLA Przemysław    | WKS Wawel BnO       | 1974    | 0     | 48.93 | 0     | 0     | 1     | 49.93 |
| 48 | 5,7km   | M40  | GAPYS Robert         | #AdamCzerwińskiTeam | 1974    | 0     | 47.89 | 0     | 0     | 0     | 47.89 |
| 49 | 5,7km   | M40  | BARWIOLEK Artur      | WKS Wawel           | 1972    | 0     | 0     | 15.28 | 24.83 | 0     | 40.11 |
| 50 | 5,7km   | M40  | SUROWIAK Tomasz      |                     | 1974    | 31.84 | 0     | 0     | 0     | 0     | 31.84 |
| 51 | 5,7km   | M40  | ZWONEK Paweł-Zwonek  |                     | 1969    | 19.87 | 1     | 0     | 0     | 0     | 20.87 |
| 52 | 5,7km   | M40  | LEZNIAK Arkadiusz    |                     | 1972    | 0     | 1     | 1     | 1     | 14.68 | 17.68 |
| 53 | 5,7km   | M40  | PIEKARNIAK Agnieszka | #AdamCzerwińskiTeam | 1984    | 0     | 0     | 0     | 0     | 1     | 1     |

5,7km - M50

| #  | Dystans | Kat. | Nazwisko, imię     | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|--------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 5,7km   | M50  | MACHLOWSKI Ryszard | KKB DYSTANS               | 1963    | 100   | 100   | 75.77 | 95.84 | 86.05 | 381.89 |
| 2  | 5,7km   | M50  | NIESSNER Piotr     | WKS Wawel BnO             | 1963    | 94.14 | 91.42 | 82.8  | 91.43 | 0     | 359.79 |
| 3  | 5,7km   | M50  | LIS Jacek          | G.O.A.T. Team Michałowice | 1967    | 86.21 | 90.78 | 68.72 | 80.41 | 73.06 | 330.46 |
| 4  | 5,7km   | M50  | ZESLAWSKI Wojciech | WKS Wawel BnO             | 1967    | 85.61 | 85.14 | 73.39 | 83.9  | 73.81 | 328.46 |
| 5  | 5,7km   | M50  | KOSOWSKI Adam      | MJMetal Oświęcim          | 1967    | 83.05 | 81.79 | 69.37 | 79.15 | 0     | 313.36 |
| 6  | 5,7km   | M50  | LATALA Jarosław    | Biegam Bo Lubię Kraków    | 1967    | 0     | 87.81 | 73.32 | 77.9  | 68.6  | 307.63 |
| 7  | 5,7km   | M50  | OPRYSZEK Bogusław  | ITMBW Kraków              | 1968    | 0     | 0     | 100   | 100   | 100   | 300    |
| 8  | 5,7km   | M50  | FORYTEK Józef      | WKS Wawel BnO             | 1966    | 80.81 | 76.2  | 66.78 | 69.94 | 58.16 | 293.73 |
| 9  | 5,7km   | M50  | GRABOWSKI Jan      | Skawina Biega             | 1964    | 84.33 | 90.33 | 53.21 | 0     | 56.4  | 284.27 |
| 10 | 5,7km   | M50  | STANEK Rafał       | Zabierzów Biega           | 1965    | 0     | 80.4  | 66.9  | 70.94 | 63.86 | 282.1  |
| 11 | 5,7km   | M50  | GAL Wojciech       |                           | 1965    | 95.17 | 0     | 86.16 | 0     | 0     | 181.33 |
| 12 | 5,7km   | M50  | DULIASZ Cezary     |                           | 0       | 0     | 0     | 43.46 | 60.63 | 51.89 | 155.98 |
| 13 | 5,7km   | M50  | MLEKO Roman        | ITMBW Kraków              | 1960    | 0     | 0     | 51.86 | 55.34 | 0     | 107.2  |
| 14 | 5,7km   | M50  | BIRCZYNSKI Paweł   |                           | 1963    | 0     | 0     | 69.34 | 0     | 0     | 69.34  |

| #  | Dystans | Kat. | Nazwisko, imię    | Klub             | Rok ur. | E1 | E2 | E3    | E4 | E5    | Suma  |
|----|---------|------|-------------------|------------------|---------|----|----|-------|----|-------|-------|
| 15 | 5,7km   | M50  | WIELGUS Jacek     | Wściekłe chomiki | 1968    | 0  | 0  | 65.44 | 0  | 0     | 65.44 |
| 16 | 5,7km   | M50  | SZCZESNIAK Jarosz |                  | 1962    | 0  | 0  | 0     | 0  | 48.88 | 48.88 |
| 17 | 5,7km   | M50  | SUKIENNIK Artur   |                  | 1966    | 0  | 0  | 0     | 0  | 46.03 | 46.03 |

## 5,7km - M60

| # | Dystans | Kat. | Nazwisko, imię   | Klub                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|---|---------|------|------------------|------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1 | 5,7km   | M60  | FEDIRKO Tadeusz  | niezrzeszony           | 1955    | 0     | 100   | 100   | 100   | 100   | 400    |
| 2 | 5,7km   | M60  | PIATEK Stanisław | ITMBW Kraków           | 1958    | 100   | 94.73 | 91.71 | 96.29 | 90.33 | 382.73 |
| 3 | 5,7km   | M60  | FAJTO Maciej     | Murzasichle Team Sport | 1957    | 90.38 | 0     | 95.34 | 94.09 | 91.42 | 371.23 |
| 4 | 5,7km   | M60  | CEKIERA Antoni   | combex                 | 1953    | 78.85 | 77.5  | 78.4  | 83.97 | 81.17 | 322.39 |
| 5 | 5,7km   | M60  | KULA Tadeusz     | KKB DYSTANS            | 1955    | 58.14 | 64.15 | 68.43 | 64.45 | 68    | 265.03 |
| 6 | 5,7km   | M60  | ZIOLKO Jan       | JADWIGA                | 1952    | 0     | 0     | 0     | 97.14 | 90.02 | 187.16 |
| 7 | 5,7km   | M60  | BIALKA Rafał     |                        | 1974    | 0     | 0     | 0     | 0     | 6.38  | 6.38   |
| 8 | 5,7km   | M60  | WALNIK Rafał     | _Skawina Biega         | 1973    | 0     | 0     | 0     | 0     | 1     | 1      |

## 5,7km - M70

| # | Dystans | Kat. | Nazwisko, imię | Klub           | Rok ur. | E1 | E2  | E3 | E4 | E5  | Suma |
|---|---------|------|----------------|----------------|---------|----|-----|----|----|-----|------|
| 1 | 5,7km   | M70  | KNAPIK Jerzy   | Dystans Kraków | 1946    | 0  | 100 | 0  | 0  | 100 | 200  |



# Grand Prix Krakowa w biegach górskich 2018/2019

Klasyfikacja generalna

[Nordic Walking - OPEN](#)
[3,7km - OPEN](#)
[3,7km - KATEGORIE](#)
[5,7km - OPEN](#)
[5,7km - KATEGORIE](#)
[11,6km - OPEN](#)
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[23km - OPEN](#)
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## 11,6km - OPEN K

| #  | Dystans | Kat. | Nazwisko, imię             | Klub                                     | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------------|------------------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 11,6km  | K30  | SOLAKIEWICZ Anna           | BeFit24Team                              | 1983    | 97.7  | 93.1  | 100   | 100   | 100   | 397.7  |
| 2  | 11,6km  | K30  | ZYCH Katarzyna             | Bonnie & Clyde                           | 1979    | 100   | 100   | 99.18 | 85.37 | 92.92 | 392.1  |
| 3  | 11,6km  | K20  | LORENS Magdalena           | G.O.A.T. Team Michałowice                | 1992    | 94.13 | 97.11 | 96.96 | 96.74 | 93.28 | 384.94 |
| 4  | 11,6km  | K30  | JABLONSKA Sylwia           |                                          | 1982    | 94.03 | 85.69 | 95.07 | 91.66 | 95.62 | 376.38 |
| 5  | 11,6km  | K40  | GECA Ewa                   | Sokół Sanok                              | 1978    | 93.93 | 90.49 | 90.69 | 95.77 | 92.08 | 372.47 |
| 6  | 11,6km  | K30  | BRZYSKA Karolina           | BrzyskiTriTeam                           | 1987    | 91.46 | 93.91 | 86.06 | 0     | 88.98 | 360.41 |
| 7  | 11,6km  | K40  | PACHURA Kinga              |                                          | 1976    | 86.91 | 0     | 90.95 | 88.39 | 89.73 | 355.98 |
| 8  | 11,6km  | K20  | FIJALKOWSKA Ewa            | Nowa Huta Team                           | 1992    | 89.02 | 90.95 | 87.56 | 80.27 | 0     | 347.8  |
| 9  | 11,6km  | K20  | DUBIENKO Joanna            | UNLIMITED TRIATHLON KRAKÓW               | 1989    | 85.22 | 82.4  | 89.06 | 0     | 90.35 | 347.03 |
| 10 | 11,6km  | K20  | KOLACKA Martyna            | Go Aktiv!                                | 1989    | 87.88 | 90.99 | 93.97 | 54.53 | 70.66 | 343.5  |
| 11 | 11,6km  | K30  | PLAZIAK-KOWALSKA Magdalena | 2k                                       | 1983    | 82.38 | 86.99 | 83.35 | 81.02 | 88.22 | 340.94 |
| 12 | 11,6km  | K30  | MAHER Bernadette           | Wimbledon Windmilers                     | 1981    | 82.22 | 84.91 | 81.76 | 0     | 84.85 | 333.74 |
| 13 | 11,6km  | K40  | BYDON Agnieszka            | Niepołomice Biegają/#Adam CzerwińskiTeam | 1977    | 82.92 | 82.32 | 80.62 | 75.22 | 83.41 | 329.27 |
| 14 | 11,6km  | K30  | PAWLOWICZ Anna             | OKNOPLAST RUNNING TEAM                   | 1982    | 79.94 | 80.69 | 78.15 | 80.94 | 87.11 | 328.68 |
| 15 | 11,6km  | K30  | BIELEC Kinga               | Husaria Race Team                        | 1983    | 85.57 | 81.37 | 79.31 | 81.5  | 0     | 327.75 |
| 16 | 11,6km  | K40  | KRYNICKA-PALKA Monika      |                                          | 1978    | 83.6  | 79.98 | 80.6  | 81.17 | 82.22 | 327.59 |

| #  | Dystans | Kat. | Nazwisko, imię             | Klub                                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------------|----------------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 17 | 11,6km  | K30  | WOJTASZEK Malwina          |                                        | 1988    | 80.53 | 80.97 | 83.1  | 0     | 79.98 | 324.58 |
| 18 | 11,6km  | K30  | GOMOLKA Agata              | MOK Mszana Dolna                       | 1984    | 80.5  | 55.83 | 78.29 | 78.47 | 84.02 | 321.28 |
| 19 | 11,6km  | K20  | TROC Maria                 | Skawina Biega                          | 1990    | 0     | 77    | 77.25 | 78.22 | 82.24 | 314.71 |
| 20 | 11,6km  | K20  | BLICHARZ Ewelina           | Nie ma letko                           | 1992    | 83.8  | 77.48 | 78.39 | 74    | 0     | 313.67 |
| 21 | 11,6km  | K40  | GROS Anna                  | Skawina Biega                          | 1974    | 58.17 | 71.55 | 76.05 | 78.97 | 78.52 | 305.09 |
| 22 | 11,6km  | K30  | JEDLINSKA Malgorzata       | Zupa Pomidorowa                        | 1985    | 0     | 73.71 | 72.62 | 76.18 | 80.02 | 302.53 |
| 23 | 11,6km  | K30  | KORUSIEWICZ Karolina       |                                        | 0       | 72.82 | 73.65 | 74.4  | 75.09 | 79.22 | 302.36 |
| 24 | 11,6km  | K40  | WYPYCH Agnieszka           |                                        | 1976    | 75.1  | 74.94 | 73.62 | 72.64 | 74.49 | 298.15 |
| 25 | 11,6km  | K20  | SZCZEPANSKA Edyta          |                                        | 1989    | 67.21 | 70.86 | 73.46 | 75.95 | 77.35 | 297.62 |
| 26 | 11,6km  | K40  | LOKAJEWSKA Justyna         | Eskadra Kraków                         | 1975    | 72.16 | 75.17 | 72.19 | 0     | 76.87 | 296.39 |
| 27 | 11,6km  | K30  | SWIERCZYNSKA Gabriela      |                                        | 1982    | 73.33 | 71.38 | 76.58 | 67.95 | 72.52 | 293.81 |
| 28 | 11,6km  | K30  | STEFANCZYK Monika          |                                        | 1980    | 73.06 | 73.84 | 0     | 72.79 | 73.01 | 292.7  |
| 29 | 11,6km  | K20  | PRZEBINDA Anna             |                                        | 1990    | 0     | 97.93 | 0     | 94.54 | 98.95 | 291.42 |
| 30 | 11,6km  | K40  | MASZCZYK Dorota            |                                        | 1974    | 72.96 | 71.2  | 73.43 | 66.12 | 73.59 | 291.18 |
| 31 | 11,6km  | K40  | NOWAK Teresa               | Parkrun Chrzanów                       | 1977    | 0     | 74.42 | 72.33 | 64.73 | 75.88 | 287.36 |
| 32 | 11,6km  | K20  | KOWALSKA Paulina           | POLKAS                                 | 1990    | 69.85 | 67.03 | 74.08 | 68.79 | 73.79 | 286.51 |
| 33 | 11,6km  | K30  | RADCZUK Daria              | Polar Team                             | 1986    | 92.4  | 92.38 | 97.51 | 0     | 0     | 282.29 |
| 34 | 11,6km  | K30  | KAMISINSKA Dorota          | BeFit24Team                            | 1980    | 62.84 | 59.8  | 67.7  | 73.65 | 75.49 | 279.68 |
| 35 | 11,6km  | K20  | MARCHEWKA Klaudia          |                                        | 1993    | 72.91 | 64.17 | 69.93 | 70.33 | 66.13 | 279.3  |
| 36 | 11,6km  | K40  | GADEK Agata                |                                        | 1977    | 64.08 | 72.35 | 70.42 | 51.56 | 68.03 | 274.88 |
| 37 | 11,6km  | K30  | ZIEBA Anna                 | Poranny Patrol                         | 1979    | 71.83 | 72.51 | 65.07 | 62.24 | 65.14 | 274.55 |
| 38 | 11,6km  | K20  | WEGRZYN Katarzyna          | Oknoplast Running Team / Bochnia Biega | 1990    | 68.84 | 0     | 64.62 | 62.27 | 75.93 | 271.66 |
| 39 | 11,6km  | K40  | ETTERLE-GARBACIK Katarzyna | Wolves Running Team                    | 1972    | 63.42 | 68.7  | 71.59 | 63.63 | 0     | 267.34 |
| 40 | 11,6km  | K30  | WILK Katarzyna             | BeFit24Team                            | 1983    | 64.9  | 68.65 | 61.7  | 35.52 | 71.84 | 267.09 |



| #  | Dystans | Kat. | Nazwisko, imię          | Klub                     | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-------------------------|--------------------------|---------|-------|-------|-------|-------|-------|--------|
| 41 | 11,6km  | K30  | WENECKA-FLIS Anna       |                          | 1979    | 67.73 | 70.55 | 0     | 60.85 | 67.15 | 266.28 |
| 42 | 11,6km  | K40  | KAROLAK Magda           |                          | 1975    | 47.98 | 0     | 72.58 | 72.57 | 70.79 | 263.92 |
| 43 | 11,6km  | K20  | GLOD Izabela            | tastyrun.pl              | 1989    | 69.47 | 70.3  | 0     | 53.67 | 69.36 | 262.8  |
| 44 | 11,6km  | K40  | MIKA-HOFFMANN Magdalena |                          | 1978    | 0     | 69.58 | 65.53 | 56.57 | 68.26 | 259.94 |
| 45 | 11,6km  | K30  | KOLCZYN Magdalena       | BeFit24Team              | 1985    | 90.24 | 0     | 0     | 81.57 | 87.99 | 259.8  |
| 46 | 11,6km  | K30  | MICHALIK Magdalena      | Helpiness                | 1979    | 66.26 | 66.43 | 0     | 56.28 | 66.16 | 255.13 |
| 47 | 11,6km  | K20  | MIKULKA-MOS Katarzyna   |                          | 1992    | 69.01 | 0     | 63.47 | 66.28 | 56.11 | 254.87 |
| 48 | 11,6km  | K50  | BARAN-GADEK Ewa         |                          | 1967    | 65.99 | 64.52 | 63.09 | 50.92 | 55.79 | 249.39 |
| 49 | 11,6km  | K30  | KORYCINSKA Izabela      |                          | 1987    | 0     | 70.08 | 46.82 | 63.46 | 68.93 | 249.29 |
| 50 | 11,6km  | K30  | LORENZ Anna             | #AdamCzerwińskiTeam      | 1980    | 62.1  | 62.75 | 63.03 | 47.57 | 60.95 | 248.83 |
| 51 | 11,6km  | K30  | SZCZERBA Karolina       |                          | 1988    | 0     | 71.12 | 68.08 | 67.84 | 41.64 | 248.68 |
| 52 | 11,6km  | K30  | ZON Olga                |                          | 1980    | 63.47 | 54.64 | 60.28 | 43.94 | 67.94 | 246.33 |
| 53 | 11,6km  | K30  | BLUJ Dagmara            |                          | 1985    | 53.55 | 64.67 | 60.25 | 0     | 67.24 | 245.71 |
| 54 | 11,6km  | K30  | MAZUR Kasia             | MUAY RUNNING TEAM        | 1984    | 0     | 61.76 | 65.48 | 54.61 | 59.08 | 240.93 |
| 55 | 11,6km  | K20  | BACZEK Natalia          | AROMAT NÓG               | 1994    | 55.73 | 59.27 | 59.92 | 62.97 | 0     | 237.89 |
| 56 | 11,6km  | K20  | KOWALEWSKA Claudia      | UBS Kraków Running Team  | 1989    | 62.08 | 0     | 59.28 | 53.65 | 62.25 | 237.26 |
| 57 | 11,6km  | K40  | REPLINSKA Magdalena     | Parkrun Chrzanów         | 1976    | 59.32 | 63.65 | 0     | 47.75 | 66.16 | 236.88 |
| 58 | 11,6km  | K40  | GAJEWSKA Justyna        |                          | 1978    | 0     | 69.01 | 58.26 | 59.13 | 47.04 | 233.44 |
| 59 | 11,6km  | K50  | PIECUCH Malgorzata      | Przeworska Grupa Biegowa | 1961    | 55.68 | 54.12 | 55.7  | 60.54 | 60.46 | 232.38 |
| 60 | 11,6km  | K30  | MIKOS Magdalena         |                          | 1985    | 0     | 75.69 | 76.41 | 79.87 | 0     | 231.97 |
| 61 | 11,6km  | K40  | DOLAS Danuta            |                          | 1973    | 0     | 62.9  | 58.22 | 45.65 | 64.09 | 230.86 |
| 62 | 11,6km  | K40  | NIZIURSKA Marzanna      | Husaria Race Team        | 1971    | 57.11 | 58.22 | 59.62 | 53.17 | 0     | 228.12 |
| 63 | 11,6km  | K30  | LIPSKA Anna             | BeFit24Team              | 1983    | 55.69 | 58.16 | 56.45 | 43.45 | 57.5  | 227.8  |
| 64 | 11,6km  | K30  | PILCH Anna              | Probalans                | 1987    | 54.85 | 45.56 | 62.5  | 60.77 | 0     | 223.68 |

| #  | Dystans | Kat. | Nazwisko, imię             | Klub                        | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------------|-----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 65 | 11,6km  | K30  | RYBACKA Katarzyna          |                             | 1979    | 0     | 53.09 | 55.08 | 54.32 | 61.07 | 223.56 |
| 66 | 11,6km  | K30  | DZIEDZIC Joanna            |                             | 1980    | 57.57 | 54.97 | 54.84 | 54.09 | 55.12 | 222.5  |
| 67 | 11,6km  | K20  | FOLTA Katarzyna            |                             | 1994    | 58    | 42.52 | 67.67 | 0     | 52.54 | 220.73 |
| 68 | 11,6km  | K20  | ZIELINSKA Agata            | BeFit24Team                 | 1991    | 42.9  | 54.9  | 65.71 | 57.06 | 0     | 220.57 |
| 69 | 11,6km  | K40  | ZAWODNY Monika             | BeFit24Team                 | 1978    | 55.59 | 53.95 | 52.66 | 45.63 | 56.77 | 218.97 |
| 70 | 11,6km  | K40  | LIGEZA Joasia              | Smashing PApkins/Unlimited  | 1972    | 75.07 | 72.22 | 71.23 | 0     | 0     | 218.52 |
| 71 | 11,6km  | K20  | KARPIEL Magdalena          | Trailrun                    | 1991    | 53.44 | 53.15 | 52.4  | 50.6  | 57.83 | 216.82 |
| 72 | 11,6km  | K20  | MACHAJSKA Malgorzata       |                             | 1989    | 0     | 0     | 72.25 | 66.49 | 73.67 | 212.41 |
| 73 | 11,6km  | K20  | SYROWIECKA Joanna          |                             | 0       | 0     | 70.91 | 0     | 65.56 | 71.73 | 208.2  |
| 74 | 11,6km  | K40  | KALETA Magdalena           |                             | 1976    | 63.05 | 54.99 | 0     | 40.52 | 48.61 | 207.17 |
| 75 | 11,6km  | K40  | ZMYJ Danuta                |                             | 1974    | 0     | 0     | 67.43 | 60.66 | 74.4  | 202.49 |
| 76 | 11,6km  | K30  | CAPAC Emilia               |                             | 1986    | 54.86 | 51.15 | 47.25 | 47.65 | 0     | 200.91 |
| 77 | 11,6km  | K40  | MARKS Eliza                |                             | 1974    | 71.3  | 64.17 | 60.24 | 0     | 0     | 195.71 |
| 78 | 11,6km  | K30  | ZAJAC-CEKIERA Joanna       | Iron Dragon                 | 0       | 0     | 37.43 | 51.37 | 43.58 | 57.96 | 190.34 |
| 79 | 11,6km  | K30  | PIEKARNIAK Agnieszka       | #AdamCzerwińskiTeam         | 1984    | 0     | 64.86 | 64.02 | 60.69 | 0     | 189.57 |
| 80 | 11,6km  | K60  | KAMINSKA Halina            |                             | 1958    | 42.01 | 0     | 52.29 | 41.14 | 45.1  | 180.54 |
| 81 | 11,6km  | K40  | JANAS Ewa                  | AZS AWF KRAKÓW MASTERS      | 1973    | 66.32 | 0     | 63.84 | 48.31 | 0     | 178.47 |
| 82 | 11,6km  | K40  | STACH Aneta                |                             | 1977    | 59.91 | 59.08 | 0     | 0     | 57.64 | 176.63 |
| 83 | 11,6km  | K40  | WINIARCZYK-JADACH Beata    | TG Sokół Zakopane           | 1978    | 0     | 0     | 87.36 | 86.06 | 0     | 173.42 |
| 84 | 11,6km  | K30  | DANEL Magdalena            | Need For Speed              | 1985    | 45.15 | 0     | 48.86 | 25.87 | 52.23 | 172.11 |
| 85 | 11,6km  | K30  | KRAWCZYK-KUBOWICZ Gabriela | Nowohucki Kombinat Sportowy | 1983    | 41.38 | 0     | 45.48 | 38.63 | 45.31 | 170.8  |
| 86 | 11,6km  | K30  | MAGOCSY Justyna            |                             | 1987    | 56.35 | 56.78 | 56.18 | 0     | 0     | 169.31 |
| 87 | 11,6km  | K30  | KUREK Anna                 |                             | 1979    | 40.58 | 42.48 | 48.08 | 36.92 | 0     | 168.06 |
| 88 | 11,6km  | K30  | ZYGADLO Agnieszka          |                             | 1986    | 29.91 | 38.54 | 32.33 | 43.66 | 52.56 | 167.09 |

| #   | Dystans | Kat. | Nazwisko, imię            | Klub                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|-----|---------|------|---------------------------|------------------------|---------|-------|-------|-------|-------|-------|--------|
| 89  | 11,6km  | K50  | SANECKA Katarzyna         | BeFit24Team            | 1965    | 43.24 | 41.46 | 40.2  | 0     | 41.41 | 166.31 |
| 90  | 11,6km  | K30  | ZIOLKOWSKA Monika         | Kolorowa Drużyna Nessi | 1984    | 63.95 | 52.98 | 47.83 | 0     | 0     | 164.76 |
| 91  | 11,6km  | K40  | KOWALCZYK Joanna          |                        | 1973    | 39.8  | 43.35 | 32.63 | 0     | 47.8  | 163.58 |
| 92  | 11,6km  | K20  | DRAG Justyna              |                        | 1990    | 58.57 | 57.97 | 46.24 | 0     | 0     | 162.78 |
| 93  | 11,6km  | K20  | MALECKA Anna              |                        | 1989    | 42.89 | 50.4  | 0     | 30.55 | 37.79 | 161.63 |
| 94  | 11,6km  | K40  | KOZIOL Ewa                | Koziołki               | 1975    | 36.49 | 42.24 | 41.06 | 27    | 39.79 | 159.58 |
| 95  | 11,6km  | K40  | LIBURA Katarzyna          | BeFit24Team            | 1978    | 0     | 54.97 | 50.09 | 53.65 | 0     | 158.71 |
| 96  | 11,6km  | K30  | BOCHENSKA Katarzyna       |                        | 1987    | 83.55 | 0     | 74.9  | 0     | 0     | 158.45 |
| 97  | 11,6km  | K30  | PLAWECKA Barbara          |                        | 1979    | 67.59 | 60    | 0     | 23.11 | 0     | 150.7  |
| 98  | 11,6km  | K40  | SKRZYPEK-GAWOR Patrycja   |                        | 1977    | 39.82 | 37.45 | 32.47 | 27.15 | 36.02 | 145.76 |
| 99  | 11,6km  | K30  | SZOSTAK Agnieszka         |                        | 1980    | 25.74 | 0     | 46.98 | 29.34 | 38.33 | 140.39 |
| 100 | 11,6km  | K30  | ZAK Elzbieta              | BeFit24Team            | 1984    | 42.83 | 54.92 | 42.1  | 0     | 0     | 139.85 |
| 101 | 11,6km  | K20  | KULCZYCKA-WOJCIK Dominika | KS Kościelec Chrzanów  | 1993    | 0     | 0     | 38.06 | 44.23 | 56.89 | 139.18 |
| 102 | 11,6km  | K20  | CHOLEWCZUK Agnieszka      | Wild Dogs Team         | 1991    | 0     | 0     | 66.39 | 0     | 69.78 | 136.17 |
| 103 | 11,6km  | K40  | DUDA Lucyna               |                        | 1974    | 30.31 | 0     | 35.81 | 32.58 | 35.01 | 133.71 |
| 104 | 11,6km  | K40  | OLEJNIK Ewa               |                        | 1976    | 66.65 | 63.21 | 0     | 0     | 0     | 129.86 |
| 105 | 11,6km  | K30  | CIESLA Magda              |                        | 1987    | 62.24 | 0     | 62.19 | 0     | 0     | 124.43 |
| 106 | 11,6km  | K30  | KOŁODZIEJ Ewelina         |                        | 1988    | 43.39 | 37.65 | 0     | 9.55  | 32.52 | 123.11 |
| 107 | 11,6km  | K30  | IDASIAK Aleksandra        |                        | 1986    | 0     | 63.64 | 59.41 | 0     | 0     | 123.05 |
| 108 | 11,6km  | K40  | JAGIELA-KURTYKA Renata    |                        | 1971    | 0     | 52.37 | 0     | 21.56 | 47.77 | 121.7  |
| 109 | 11,6km  | K40  | KACZMAREK Katarzyna       | #AdamCzerwińskiTeam    | 1978    | 62.45 | 0     | 0     | 0     | 59.2  | 121.65 |
| 110 | 11,6km  | K30  | PISARCZYK Karolina        | BeFit24Team            | 1986    | 0     | 40.5  | 51.6  | 28.71 | 0     | 120.81 |
| 111 | 11,6km  | K30  | GARPIEL Joanna            |                        | 1985    | 0     | 61.2  | 0     | 0     | 51.6  | 112.8  |
| 112 | 11,6km  | K30  | STAWSKA Natalia           |                        | 1986    | 0     | 41.9  | 29.95 | 8.21  | 32.55 | 112.61 |

| #   | Dystans | Kat. | Nazwisko, imię            | Klub                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|-----|---------|------|---------------------------|------------------------|---------|-------|-------|-------|-------|-------|--------|
| 113 | 11,6km  | K50  | BAJOLEK Aleksandra        | Night Runners          | 1968    | 61.92 | 0     | 50.31 | 0     | 0     | 112.23 |
| 114 | 11,6km  | K40  | WROBEL-GLOWACKA Honorata  | Active Jura            | 1977    | 0     | 0     | 51.75 | 0     | 59.68 | 111.43 |
| 115 | 11,6km  | K30  | SLUPINSKA Ewa             |                        | 1988    | 58.99 | 48.24 | 0     | 0     | 0     | 107.23 |
| 116 | 11,6km  | K30  | BUJAK-CHWIST Maja         |                        | 0       | 0     | 55.71 | 49.83 | 0     | 0     | 105.54 |
| 117 | 11,6km  | K20  | BALUTA Edyta              |                        | 1994    | 99.68 | 0     | 0     | 0     | 0     | 99.68  |
| 118 | 11,6km  | K60  | WYSOCKA Jolanta           | UKS Kometa Gliwice     | 1956    | 50.47 | 0     | 44.5  | 0     | 0     | 94.97  |
| 119 | 11,6km  | K40  | BARANSKA Wanda            | Los Trepos Companieros | 1969    | 13.72 | 23.01 | 38.7  | 1     | 18.91 | 94.34  |
| 120 | 11,6km  | K40  | BUJAS Monika              |                        | 1973    | 29.86 | 0     | 29.75 | 0     | 33.52 | 93.13  |
| 121 | 11,6km  | K30  | LUTY-LEGUTKO Anka         | #AdamCzerwińskiTeam    | 1979    | 0     | 0     | 0     | 92.14 | 0     | 92.14  |
| 122 | 11,6km  | K20  | GARBACIK Maja             | WKS Wawel BnO          | 2000    | 0     | 0     | 0     | 90.16 | 0     | 90.16  |
| 123 | 11,6km  | K30  | ELLA Waddingham           | Wimbledon Windmilers   | 1979    | 0     | 89.66 | 0     | 0     | 0     | 89.66  |
| 124 | 11,6km  | K20  | RACKA Martyna             |                        | 1990    | 0     | 0     | 42.93 | 0     | 46.47 | 89.4   |
| 125 | 11,6km  | K20  | TOPOR Magdalena           |                        | 2001    | 0     | 0     | 0     | 89.07 | 0     | 89.07  |
| 126 | 11,6km  | K30  | LASOTA-KOWALSKA Katarzyna | Fizjo-Balance Kraków   | 1982    | 0     | 0     | 0     | 0     | 86.87 | 86.87  |
| 127 | 11,6km  | K30  | TUSINSKA Aleksandra       |                        | 1985    | 85    | 0     | 0     | 0     | 0     | 85     |
| 128 | 11,6km  | K20  | PAPROCKA Urszula-Paprocka | Nowa Huta Team         | 1990    | 0     | 84.99 | 0     | 0     | 0     | 84.99  |
| 129 | 11,6km  | K30  | ARTER Angelika            |                        | 1986    | 81.84 | 0     | 0     | 0     | 0     | 81.84  |
| 130 | 11,6km  | K30  | RYLKO Agnieszka           | ITMBW Kraków           | 1987    | 0     | 0     | 0     | 0     | 81.46 | 81.46  |
| 131 | 11,6km  | K20  | MARCZEWSKA Gabriela       |                        | 1991    | 0     | 0     | 0     | 0     | 81.42 | 81.42  |
| 132 | 11,6km  | K20  | KSYTA Martyna             | Trailrun               | 1990    | 0     | 0     | 0     | 0     | 79.98 | 79.98  |
| 133 | 11,6km  | K20  | KOLEGOWICZ Klaudia        | BeFit24Team            | 1989    | 0     | 0     | 0     | 0     | 78.92 | 78.92  |
| 134 | 11,6km  | K20  | LECH Ewa                  | Eskadra Kraków         | 1990    | 0     | 0     | 0     | 78.56 | 0     | 78.56  |
| 135 | 11,6km  | K20  | CICHON Tamara             | AZS UJ                 | 1998    | 0     | 78.45 | 0     | 0     | 0     | 78.45  |
| 136 | 11,6km  | K30  | MASALSKA-PAWLAK Agata     |                        | 1981    | 0     | 0     | 0     | 78.23 | 0     | 78.23  |

| #   | Dystans | Kat. | Nazwisko, imię                | Klub                    | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|-------------------------------|-------------------------|---------|-------|-------|-------|-------|-------|-------|
| 137 | 11,6km  | K30  | DUDZIAK Dorota                | #AdamCzerwińskiTeam     | 1986    | 0     | 0     | 0     | 75.24 | 0     | 75.24 |
| 138 | 11,6km  | K30  | SWIERC Barbara                |                         | 1987    | 73.71 | 0     | 0     | 0     | 0     | 73.71 |
| 139 | 11,6km  | K30  | KOŁODZIEJCZYK Monika          | Jura Team               | 1982    | 0     | 73.69 | 0     | 0     | 0     | 73.69 |
| 140 | 11,6km  | K30  | GÓRNIAK Małgorzata            | AZS AWF KRAKÓW MASTERS  | 1984    | 0     | 0     | 72.15 | 0     | 0     | 72.15 |
| 141 | 11,6km  | K20  | KUSZTAL Justyna               |                         | 1900    | 72.02 | 0     | 0     | 0     | 0     | 72.02 |
| 142 | 11,6km  | K20  | TRZCIONKA Justyna             | Bieganie Góry Las Błoto | 1990    | 0     | 0     | 71.92 | 0     | 0     | 71.92 |
| 143 | 11,6km  | K20  | DZIEDZIC Zaneta               |                         | 1993    | 0     | 0     | 0     | 71.36 | 0     | 71.36 |
| 144 | 11,6km  | K40  | PIORKOWSKA Ola                | #AdamCzerwińskiTeam     | 1974    | 70.56 | 0     | 0     | 0     | 0     | 70.56 |
| 145 | 11,6km  | K40  | POZNANSKA Magdalena           | happy TRI friends       | 1971    | 34.24 | 0     | 0     | 35.61 | 0     | 69.85 |
| 146 | 11,6km  | K30  | PORADZISZ Natalia             |                         | 0       | 0     | 69.78 | 0     | 0     | 0     | 69.78 |
| 147 | 11,6km  | K40  | STASIK Beata                  | BeFit24Team             | 1970    | 68.64 | 0     | 0     | 0     | 0     | 68.64 |
| 148 | 11,6km  | K20  | STEPIEN-ZGLICZYNSKA Katarzyna | Eskadra Kraków          | 1989    | 0     | 0     | 0     | 66.5  | 0     | 66.5  |
| 149 | 11,6km  | K30  | KOSIBA-LUCZAK Katarzyna       |                         | 1987    | 0     | 65.98 | 0     | 0     | 0     | 65.98 |
| 150 | 11,6km  | K20  | SENDEK Katarzyna              | Husaria Race Team       | 1989    | 0     | 0     | 0     | 64.39 | 0     | 64.39 |
| 151 | 11,6km  | K30  | SARZYNSKA Katarzyna           |                         | 0       | 0     | 64.27 | 0     | 0     | 0     | 64.27 |
| 152 | 11,6km  | K30  | SLIWA Agnieszka               |                         | 1986    | 0     | 0     | 63.96 | 0     | 0     | 63.96 |
| 153 | 11,6km  | K20  | WIS Modesta                   |                         | 1990    | 63.71 | 0     | 0     | 0     | 0     | 63.71 |
| 154 | 11,6km  | K20  | WIERZBANOWSKA Marta           |                         | 1995    | 63.62 | 0     | 0     | 0     | 0     | 63.62 |
| 155 | 11,6km  | K40  | ZAWISZA Joanna                | Vege Runners            | 1973    | 63.21 | 0     | 0     | 0     | 0     | 63.21 |
| 156 | 11,6km  | K40  | ZACHWIEJA Katarzyna-Zachwieja |                         | 1970    | 0     | 63.03 | 0     | 0     | 0     | 63.03 |
| 157 | 11,6km  | K20  | WYWROT Karolina               |                         | 1993    | 0     | 0     | 45.94 | 0     | 16.76 | 62.7  |
| 158 | 11,6km  | K20  | POLOCZEK Katarzyna            |                         | 0       | 0     | 61.05 | 0     | 0     | 0     | 61.05 |
| 159 | 11,6km  | K30  | FRANCZAK Katarzyna            |                         | 0       | 0     | 0     | 61.02 | 0     | 0     | 61.02 |
| 160 | 11,6km  | K30  | MARK Julia                    |                         | 1980    | 7.94  | 34.86 | 16.88 | 0     | 0     | 59.68 |

| #   | Dystans | Kat. | Nazwisko, imię           | Klub                  | Rok ur. | E1    | E2    | E3 | E4    | E5    | Suma  |
|-----|---------|------|--------------------------|-----------------------|---------|-------|-------|----|-------|-------|-------|
| 161 | 11,6km  | K30  | CZAPIEWSKA Eliza         | GT Alex               | 1985    | 0     | 0     | 0  | 0     | 59.56 | 59.56 |
| 162 | 11,6km  | K30  | DWORNIK Malgorzata       |                       | 1984    | 0     | 0     | 0  | 0     | 59.34 | 59.34 |
| 163 | 11,6km  | K40  | ZYCZKOWSKA Leokadia      |                       | 1971    | 0     | 58.98 | 0  | 0     | 0     | 58.98 |
| 164 | 11,6km  | K30  | SAINTEMARIE Agnieszka    |                       | 1983    | 0     | 0     | 0  | 0     | 58.23 | 58.23 |
| 165 | 11,6km  | K30  | CAPINSKA Anna            | Night Runners         | 1980    | 56.66 | 0     | 0  | 0     | 0     | 56.66 |
| 166 | 11,6km  | K30  | WYSOCKA Marta            | Drużyna Grubego Misia | 1979    | 0     | 55.55 | 0  | 0     | 0     | 55.55 |
| 167 | 11,6km  | K30  | KOKORYK Emilia           |                       | 1981    | 0     | 0     | 0  | 54.94 | 0     | 54.94 |
| 168 | 11,6km  | K20  | NAWROT Anna              |                       | 1992    | 0     | 54.53 | 0  | 0     | 0     | 54.53 |
| 169 | 11,6km  | K30  | WIECZERZAK Iza           |                       | 1985    | 0     | 53.49 | 0  | 0     | 0     | 53.49 |
| 170 | 11,6km  | K30  | IWANCZUK Ewa             |                       | 0       | 0     | 51.84 | 0  | 0     | 0     | 51.84 |
| 171 | 11,6km  | K20  | KUC Ewa                  |                       | 1991    | 0     | 49.59 | 0  | 0     | 0     | 49.59 |
| 172 | 11,6km  | K40  | JURKOWSKA Anna           | Drużyna Grubego Misia | 1978    | 0     | 49.56 | 0  | 0     | 0     | 49.56 |
| 173 | 11,6km  | K60  | BEMBEN Anna              |                       | 1952    | 48.56 | 0     | 0  | 0     | 0     | 48.56 |
| 174 | 11,6km  | K20  | DUKAT Sandra             |                       | 1998    | 0     | 48.26 | 0  | 0     | 0     | 48.26 |
| 175 | 11,6km  | K40  | TOKARSKA Bozena-Tokarska |                       | 1978    | 0     | 0     | 0  | 0     | 48.02 | 48.02 |
| 176 | 11,6km  | K40  | MARTYNA Agnieszka        | Zabierzów Biega       | 1974    | 0     | 45.88 | 0  | 0     | 0     | 45.88 |
| 177 | 11,6km  | K40  | MICHALIK Edyta           |                       | 1976    | 0     | 45.2  | 0  | 0     | 0     | 45.2  |
| 178 | 11,6km  | K30  | FIRLEJ Agnieszka         |                       | 0       | 0     | 44.88 | 0  | 0     | 0     | 44.88 |
| 179 | 11,6km  | K30  | GINTER Katarzyna         |                       | 1984    | 44.07 | 0     | 0  | 0     | 0     | 44.07 |
| 180 | 11,6km  | K30  | GNIADKOWSKA Martyna      | Odjechani             | 1987    | 0     | 0     | 0  | 0     | 41.42 | 41.42 |
| 181 | 11,6km  | K40  | MAZUREK Monika           |                       | 1975    | 41.22 | 0     | 0  | 0     | 0     | 41.22 |
| 182 | 11,6km  | K40  | KOZERSKA-STANEK Ania     |                       | 1971    | 0     | 41.19 | 0  | 0     | 0     | 41.19 |
| 183 | 11,6km  | K30  | WYKURZ Malgorzata        | wkurw_team            | 1983    | 0     | 39.85 | 0  | 0     | 0     | 39.85 |
| 184 | 11,6km  | K30  | SZYSZKO Sylwia           |                       | 1981    | 0     | 39.69 | 0  | 0     | 0     | 39.69 |

| #   | Dystans | Kat. | Nazwisko, imię          | Klub                  | Rok ur. | E1    | E2    | E3    | E4 | E5    | Suma  |
|-----|---------|------|-------------------------|-----------------------|---------|-------|-------|-------|----|-------|-------|
| 185 | 11,6km  | K40  | SUROWIAK Olga           | NIEZRZESZONY          | 1975    | 35.66 | 0     | 0     | 0  | 0     | 35.66 |
| 186 | 11,6km  | K20  | JANIAK Malgorzata       |                       | 0       | 0     | 0     | 31.87 | 0  | 0     | 31.87 |
| 187 | 11,6km  | K30  | SZCZES-WOJCICKA Zuzanna |                       | 1986    | 0     | 28.37 | 0     | 0  | 1     | 29.37 |
| 188 | 11,6km  | K30  | PACULA-LESNIAK Beata    | Wkurw_Team            | 1984    | 26.15 | 0     | 0     | 0  | 0     | 26.15 |
| 189 | 11,6km  | K30  | KUCIEL Kinga            |                       | 1983    | 0     | 25.36 | 0     | 0  | 0     | 25.36 |
| 190 | 11,6km  | K40  | DZIURZYNSKA Ulka        | Cross Heroes Ogień!   | 1978    | 1.36  | 1     | 1     | 0  | 20.29 | 23.65 |
| 191 | 11,6km  | K30  | KAMILA Obierak          |                       | 1983    | 0     | 23.08 | 0     | 0  | 0     | 23.08 |
| 192 | 11,6km  | K40  | TYNOR Klaudia           |                       | 0       | 0     | 21.97 | 0     | 0  | 0     | 21.97 |
| 193 | 11,6km  | K30  | OBIERAK Kamila          |                       | 1981    | 13.73 | 0     | 0     | 1  | 1     | 15.73 |
| 194 | 11,6km  | K40  | KOBYLARZ Anna           |                       | 1976    | 0     | 0     | 13.27 | 0  | 0     | 13.27 |
| 195 | 11,6km  | K30  | KOBYLARZ Barbara        |                       | 1988    | 0     | 0     | 13.18 | 0  | 0     | 13.18 |
| 196 | 11,6km  | K30  | ZAJAC-CEKIERA Joanna    | Iron Dragon Triathlon | 1986    | 0     | 0     | 0     | 0  | 0     | 0     |
| 196 | 11,6km  | K30  | GOM-KA Agata            | MOK Mszana Dolna      | 1984    | 0     | 0     | 0     | 0  | 0     | 0     |

## 11,6km - OPEN M

| # | Dystans | Kat. | Nazwisko, imię    | Klub                         | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|---|---------|------|-------------------|------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1 | 11,6km  | M20  | BODURKA Krzysztof | Alpin Sport / AZS AWF Kraków | 1990    | 100   | 0     | 100   | 100   | 100   | 400    |
| 2 | 11,6km  | M20  | PAWLICA Jozef     |                              | 1991    | 92.38 | 98.75 | 86.38 | 92.86 | 0     | 370.37 |
| 3 | 11,6km  | M30  | OGORZALY Tomasz   |                              | 1986    | 89.07 | 98.49 | 92.44 | 88.54 | 0     | 368.54 |
| 4 | 11,6km  | M30  | ZUCHOWSKI Daniel  | MUAY RUNNING TEAM            | 1988    | 84.3  | 93.94 | 83.8  | 78.39 | 82.6  | 344.64 |
| 5 | 11,6km  | M20  | GURDAK Mateusz    | Trailrun                     | 1991    | 0     | 91.57 | 83.01 | 82.32 | 82.05 | 338.95 |
| 6 | 11,6km  | M40  | PIETRZYK Mariusz  |                              | 1977    | 84.1  | 89.22 | 81.08 | 81.41 | 80.26 | 335.81 |
| 7 | 11,6km  | M30  | KRUSZEC Andrzej   | Augusta Restauracja kraków   | 1982    | 81.44 | 87.62 | 77.49 | 80.45 | 78.99 | 328.5  |
| 8 | 11,6km  | M30  | DUDZIAK Tomasz    | Polar Team                   | 1982    | 81.56 | 87.07 | 80.13 | 79.11 | 0     | 327.87 |

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 9  | 11,6km  | M30  | WATROBA Tomasz      |                           | 1987    | 80.13 | 90.05 | 77.18 | 71.69 | 80.42 | 327.78 |
| 10 | 11,6km  | M40  | MIGACZ Jacek        | Trailrun                  | 1977    | 82.89 | 85.3  | 80.81 | 78.31 | 76.73 | 327.31 |
| 11 | 11,6km  | M30  | LATALA Krzysztof    | Go Aktiv!                 | 1981    | 79.3  | 88.57 | 79.85 | 74.98 | 78.96 | 326.68 |
| 12 | 11,6km  | M30  | LUKASIK Andrzej     | Polar Team                | 1986    | 88.26 | 77.72 | 80.55 | 0     | 78.68 | 325.21 |
| 13 | 11,6km  | M30  | MIKA Artur          | Miki Team                 | 1981    | 83.58 | 0     | 81.42 | 76.24 | 83.2  | 324.44 |
| 14 | 11,6km  | M30  | BUL Dominik         | PDK                       | 1982    | 77.4  | 87.62 | 80.27 | 0     | 74.07 | 319.36 |
| 15 | 11,6km  | M30  | HYZY Piotr          |                           | 1980    | 77.15 | 87.3  | 79.45 | 75.4  | 56.91 | 319.3  |
| 16 | 11,6km  | M20  | SIWEK Michal        | Niepołomice Biegają       | 1992    | 73.5  | 80.53 | 76.34 | 78.3  | 82.31 | 317.48 |
| 17 | 11,6km  | M30  | MIAGKYJ Artem       |                           | 1984    | 77.95 | 84.29 | 77.29 | 0     | 72.49 | 312.02 |
| 18 | 11,6km  | M20  | JURA Maciej         | ITMBW Kraków              | 1990    | 81.47 | 84.81 | 71.78 | 60.13 | 73.07 | 311.13 |
| 19 | 11,6km  | M30  | CIESLIK Sebastian   | Progres Judo              | 1988    | 78.68 | 83.83 | 76    | 72.28 | 0     | 310.79 |
| 20 | 11,6km  | M40  | CZECH Robert        |                           | 1978    | 83.41 | 0     | 72.53 | 75.35 | 74.52 | 305.81 |
| 21 | 11,6km  | M20  | KLUSEK Mateusz      | Sklep Biegacza Kraków     | 1989    | 79.31 | 73.69 | 0     | 73.31 | 78.16 | 304.47 |
| 22 | 11,6km  | M40  | CZAPCZYNSKI Cezary  | Niepołomice Biegają       | 1977    | 77.02 | 85.77 | 0     | 67.63 | 71.26 | 301.68 |
| 23 | 11,6km  | M30  | KOWALCZYK Roman     | Klub Biegacza AZS UEK     | 1982    | 70.27 | 77.17 | 73.28 | 64.52 | 73.01 | 293.73 |
| 24 | 11,6km  | M40  | FRANCUZ Konrad      | Vege Runners              | 1971    | 74.22 | 72.64 | 72.88 | 71.45 | 73.66 | 293.4  |
| 25 | 11,6km  | M30  | POPIEL Andrzej      | popsmart.pl               | 1985    | 73.1  | 76.8  | 69.46 | 62.81 | 69.57 | 288.93 |
| 26 | 11,6km  | M40  | SLOWIKOWSKI Pawel   | Kosovo                    | 1978    | 76.29 | 73.87 | 69.07 | 67.63 | 68.74 | 287.97 |
| 27 | 11,6km  | M40  | DYRGA Sebastian     | Muay Running Team         | 1974    | 71.88 | 79.91 | 0     | 67.72 | 67.19 | 286.7  |
| 28 | 11,6km  | M40  | GRZYWA Grzegorz     |                           | 1974    | 91.76 | 100   | 93.37 | 0     | 0     | 285.13 |
| 29 | 11,6km  | M30  | KACIK Mariusz       | OSP MORAWICA              | 1979    | 66.86 | 76.6  | 68.49 | 0     | 70.86 | 282.81 |
| 30 | 11,6km  | M50  | KARNIA Tomasz       | G.O.A.T. Team Michałowice | 1967    | 69.49 | 75.99 | 66.75 | 63.45 | 67.06 | 279.29 |
| 31 | 11,6km  | M40  | ZADARNOWSKI Dariusz |                           | 1969    | 73.99 | 0     | 69.89 | 65.92 | 68.56 | 278.36 |
| 32 | 11,6km  | M30  | JANKOWSKI Lukasz    | Schibsted Runners         | 1982    | 72.11 | 80.85 | 67.6  | 0     | 54.49 | 275.05 |



| #  | Dystans | Kat. | Nazwisko, imię        | Klub                            | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-----------------------|---------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 33 | 11,6km  | M30  | KACZMAREK Tomasz      | Niepołomice Biegają             | 1980    | 0     | 77.66 | 68.22 | 63.71 | 64.98 | 274.57 |
| 34 | 11,6km  | M30  | GAWIN Krzysiek        | BeFit24Team                     | 1982    | 69.29 | 71.6  | 62.44 | 60.81 | 69.91 | 273.24 |
| 35 | 11,6km  | M40  | KUNZ Tomasz           |                                 | 1969    | 62.19 | 76.28 | 69.54 | 59.17 | 63.82 | 271.83 |
| 36 | 11,6km  | M30  | GORKA Marcin          | UNLIMITED TRIATHLON KRAKÓW      | 1988    | 68.63 | 72.03 | 62.1  | 0     | 65.64 | 268.4  |
| 37 | 11,6km  | M30  | KACZMAREK Michal      | Centrum Zdrowia Biegacza Kraków | 1986    | 89.05 | 0     | 89.08 | 0     | 89.71 | 267.84 |
| 38 | 11,6km  | M40  | ZIEBA Marcin          | Poranny Patrol                  | 1978    | 63.67 | 72.4  | 64.04 | 60.84 | 66.79 | 266.9  |
| 39 | 11,6km  | M40  | SIWIECKI Tomasz       | MUAY RUNNING TEAM               | 1973    | 0     | 76.78 | 67    | 64.14 | 58.77 | 266.69 |
| 40 | 11,6km  | M30  | KIELT Andrzej         |                                 | 1980    | 59.5  | 68.8  | 65.73 | 65.48 | 66.25 | 266.26 |
| 41 | 11,6km  | M40  | MARS Maksymilian      | Trailrun                        | 1975    | 66.15 | 70.68 | 60.64 | 57.62 | 65.74 | 263.21 |
| 42 | 11,6km  | M40  | ADAMEK Dariusz        | #AdamCzerwińskiTeam             | 1972    | 63.46 | 74.87 | 63.58 | 58.71 | 51.92 | 260.62 |
| 43 | 11,6km  | M20  | NIEWCZAS Pawel        |                                 | 1990    | 61.9  | 73.6  | 61.66 | 58.61 | 63.38 | 260.54 |
| 44 | 11,6km  | M30  | FILICIAK Michal       | CAFFETTIERA                     | 1984    | 70    | 0     | 68.04 | 56.57 | 65.79 | 260.4  |
| 45 | 11,6km  | M40  | ARCHAMOWICZ Krzysztof | Skawina Biega                   | 1977    | 64.21 | 76.5  | 63.82 | 53.65 | 54.05 | 258.58 |
| 46 | 11,6km  | M40  | DZIEDZIC Krzysztof    |                                 | 1978    | 65    | 71.34 | 55.26 | 58.45 | 63.47 | 258.26 |
| 47 | 11,6km  | M30  | MORDARSKI Michal      |                                 | 1981    | 62.38 | 74.65 | 60.15 | 53.7  | 61.01 | 258.19 |
| 48 | 11,6km  | M40  | SZAKIEL Jerzy         | Klub Biegacza AZS UEK           | 1975    | 63.34 | 71.15 | 61.9  | 61.36 | 0     | 257.75 |
| 49 | 11,6km  | M30  | WITEK Grzegorz        |                                 | 1985    | 58.75 | 79.2  | 59.91 | 0     | 59.8  | 257.66 |
| 50 | 11,6km  | M40  | DARCHUK Oleksandr     |                                 | 1978    | 56.73 | 73.46 | 63.49 | 57.25 | 63.39 | 257.59 |
| 51 | 11,6km  | M40  | SWIDZINSKI Tomasz     | Vege Runners                    | 1976    | 60.94 | 64.95 | 65.18 | 62.38 | 64.45 | 256.96 |
| 52 | 11,6km  | M30  | SZAREK Milosz         |                                 | 0       | 0     | 74.98 | 66.12 | 52.23 | 63.56 | 256.89 |
| 53 | 11,6km  | M30  | KRYNICKI Maciej       | KRYNIO TEAM                     | 1984    | 64.54 | 74.09 | 60.92 | 57.12 | 56.96 | 256.67 |
| 54 | 11,6km  | M40  | GASIOR Krzysztof      | Klub Biegacza AZS UEK           | 1977    | 61.64 | 71.11 | 60.63 | 59.54 | 62.87 | 256.25 |
| 55 | 11,6km  | M40  | MYSZKA Bartłomiej     |                                 | 1974    | 56.47 | 68.9  | 66.56 | 0     | 63.07 | 255    |
| 56 | 11,6km  | M40  | SROKA Marcin          |                                 | 1973    | 65.1  | 71.56 | 56.51 | 56.56 | 59.71 | 252.93 |

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                        | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|-----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 57 | 11,6km  | M30  | GUZIK Lukasz        | Go Aptiv!                   | 1986    | 66.77 | 41.6  | 62.76 | 60.34 | 62.59 | 252.46 |
| 58 | 11,6km  | M30  | LASKOWSKI Piotr     | BeFit24Team                 | 1984    | 61.41 | 67.6  | 61.48 | 53.54 | 56.78 | 247.27 |
| 59 | 11,6km  | M40  | SLIWA Henryk        | Skawina Biega               | 1970    | 62.72 | 70.35 | 0     | 52.97 | 59.51 | 245.55 |
| 60 | 11,6km  | M30  | ORNATOWSKI Dariusz  | Poranny Patrol              | 1979    | 57.22 | 71.76 | 55.65 | 0     | 58.13 | 242.76 |
| 60 | 11,6km  | M30  | CUDEK Jacek         | brak                        | 1979    | 52.67 | 69.6  | 63.2  | 57.29 | 0     | 242.76 |
| 62 | 11,6km  | M30  | JAWOREK Grzegorz    |                             | 1981    | 57.14 | 68.12 | 0     | 51.54 | 61.54 | 238.34 |
| 63 | 11,6km  | M20  | SZKLARZ Mariusz     | Męska Strona Rzeczywistości | 1991    | 56.78 | 64.55 | 54.02 | 42.53 | 60.91 | 236.26 |
| 64 | 11,6km  | M30  | POPIELARCZYK Lukasz | Vege Runners                | 1981    | 55.56 | 66.87 | 56.91 | 53.63 | 55.32 | 234.66 |
| 65 | 11,6km  | M40  | DEPTUCH Lukasz      |                             | 1977    | 59.34 | 67.66 | 0     | 47.67 | 56.36 | 231.03 |
| 66 | 11,6km  | M40  | BZOWSKI Michal      | Trailrun                    | 1972    | 0     | 64.07 | 57.11 | 55.13 | 53.71 | 230.02 |
| 67 | 11,6km  | M30  | ORAMUS Pawel        | Skawina Biega               | 1987    | 48.38 | 59.88 | 57.47 | 46.2  | 62.41 | 228.14 |
| 68 | 11,6km  | M30  | CHOLEWCZUK Piotr    | Wild Dogs Team              | 1987    | 51.18 | 65.3  | 56.23 | 46.13 | 54.98 | 227.69 |
| 69 | 11,6km  | M30  | BARTOSZ Marek       |                             | 1979    | 60.17 | 0     | 55.04 | 50.74 | 58.05 | 224    |
| 70 | 11,6km  | M30  | NIEMCZYK Dominik    | Euroclear Running Team      | 1986    | 57.41 | 63.7  | 53.31 | 49.47 | 0     | 223.89 |
| 71 | 11,6km  | M30  | KISIALA Filip       | Lacho Team                  | 1979    | 53.71 | 68.04 | 46.69 | 32.96 | 55.22 | 223.66 |
| 72 | 11,6km  | M30  | SWIDNIEWICZ Pawel   | PIWOJAD                     | 1983    | 48.21 | 60.5  | 55.64 | 50.23 | 55.92 | 222.29 |
| 73 | 11,6km  | M40  | STACH Pawel         | SIWEJKA                     | 1970    | 62.4  | 65.54 | 0     | 47    | 46.6  | 221.54 |
| 74 | 11,6km  | M40  | BARZYK Karol        |                             | 1976    | 64.7  | 0     | 65.82 | 38.47 | 51.84 | 220.83 |
| 75 | 11,6km  | M50  | NAZIM Adam          |                             | 1961    | 49.89 | 67.6  | 49.59 | 44.61 | 53.3  | 220.38 |
| 76 | 11,6km  | M20  | WSZOLEK Pawel       |                             | 1989    | 0     | 68.6  | 57.09 | 47.04 | 47.14 | 219.87 |
| 77 | 11,6km  | M30  | ROJEWSKI Michal     | Biegnę Bo Mama Kazała       | 1985    | 44.75 | 69.51 | 53.01 | 51.37 | 0     | 218.64 |
| 78 | 11,6km  | M30  | WALCZAK Waldemar    |                             | 1984    | 47.43 | 61.09 | 57.09 | 50.43 | 47.75 | 216.36 |
| 79 | 11,6km  | M30  | WOZNIAK Grzegorz    |                             | 1986    | 57.91 | 73.68 | 0     | 54.47 | 26.9  | 212.96 |
| 80 | 11,6km  | M40  | DUDA Pawel          | BeFit24Team                 | 1973    | 48.42 | 60.88 | 54.89 | 45.5  | 48.41 | 212.6  |

| #   | Dystans | Kat. | Nazwisko, imię      | Klub                         | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|-----|---------|------|---------------------|------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 81  | 11,6km  | M30  | HASS Artur          | Night Runners                | 1988    | 70.02 | 77.16 | 64.48 | 0     | 0     | 211.66 |
| 82  | 11,6km  | M20  | KOPIEC Kamil        | Jaja Na Bok RunningTeam      | 1989    | 65.54 | 78.05 | 67.67 | 0     | 0     | 211.26 |
| 83  | 11,6km  | M30  | CWIKLA Pawel        |                              | 1981    | 38.51 | 64.73 | 58.75 | 0     | 47.43 | 209.42 |
| 84  | 11,6km  | M30  | WEGRZYNSKI Pawel    | ITMBW Kraków                 | 1986    | 47.94 | 61.98 | 49.99 | 49.42 | 0     | 209.33 |
| 85  | 11,6km  | M40  | MISIUK Marek        | Trailrun                     | 1977    | 51.77 | 63.4  | 43.74 | 0     | 50.03 | 208.94 |
| 86  | 11,6km  | M30  | BIGAJ Sebastian     | Iron Dragon Triathlon        | 1985    | 48.76 | 48.11 | 50.58 | 40.05 | 59.46 | 206.91 |
| 87  | 11,6km  | M20  | PLUCINSKI Jakub     | Husaria Race Team            | 1990    | 47.55 | 60.42 | 46.49 | 45.74 | 51.51 | 205.97 |
| 88  | 11,6km  | M40  | PIASECKI Rafal      |                              | 1973    | 50.72 | 0     | 45.91 | 53.67 | 54.9  | 205.2  |
| 89  | 11,6km  | M40  | KISIELEWSKI Piotr   | Compass/bikeBoard            | 1969    | 57.67 | 56.91 | 0     | 44.57 | 45.12 | 204.27 |
| 90  | 11,6km  | M30  | NOWAK Krzysztof     |                              | 1987    | 39.52 | 60.56 | 48.65 | 44.93 | 48.12 | 202.26 |
| 91  | 11,6km  | M20  | FRACH Dominik       | Sigma Pizza & Bar            | 1991    | 49.14 | 58.57 | 37.36 | 46.41 | 47.17 | 201.29 |
| 92  | 11,6km  | M30  | KRYSA Roman         |                              | 1983    | 50.23 | 57.47 | 46.6  | 46.53 | 0     | 200.83 |
| 93  | 11,6km  | M30  | PIOTROWSKI Andrzej  | WKS Wawel                    | 1983    | 0     | 67.68 | 61.23 | 71.04 | 0     | 199.95 |
| 94  | 11,6km  | M40  | TWORZYDLO Pawel     |                              | 1975    | 50.74 | 59.44 | 44.18 | 41.45 | 44.08 | 198.44 |
| 95  | 11,6km  | M20  | WILCZEK Tomasz      |                              | 1991    | 68.93 | 42.97 | 39.42 | 18.54 | 46.88 | 198.2  |
| 96  | 11,6km  | M50  | TARNAWSKI Jakub     | KKB DYSTANS                  | 1968    | 38.74 | 56.6  | 43.86 | 44.89 | 48.98 | 194.33 |
| 97  | 11,6km  | M30  | MROWIEC Pawel       | Heineken Kraków Running Club | 1981    | 44.82 | 56.81 | 51.59 | 39    | 39.83 | 193.05 |
| 98  | 11,6km  | M20  | LEGENC Lukasz       | Wędruj z Oczkami             | 1990    | 36.68 | 63.11 | 47.34 | 26.69 | 44.85 | 191.98 |
| 99  | 11,6km  | M60  | KRYJOMSKI Jerzy     | KS Kościelec Chrzanów        | 1958    | 55.38 | 0     | 51.22 | 43.38 | 41.93 | 191.91 |
| 100 | 11,6km  | M30  | DRZYZGIEWICZ Michal | kwitnaca.com                 | 1981    | 42.87 | 54.26 | 35.52 | 0     | 59.23 | 191.88 |
| 101 | 11,6km  | M30  | SEK Marek           | WM Triself                   | 1979    | 50.14 | 54.11 | 56.79 | 30.29 | 0     | 191.33 |
| 102 | 11,6km  | M20  | KRAWCZYK Jakub      |                              | 1992    | 52.48 | 31.55 | 49.99 | 43.33 | 44.88 | 190.68 |
| 103 | 11,6km  | M30  | GUZIK Tomasz        | DZIKI TIM                    | 1980    | 67.06 | 65.55 | 57.64 | 0     | 0     | 190.25 |
| 104 | 11,6km  | M50  | ORLOWSKI Pawel      |                              | 1964    | 42.6  | 43.37 | 0     | 44.01 | 57.37 | 187.35 |

| #   | Dystans | Kat. | Nazwisko, imię      | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|-----|---------|------|---------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 105 | 11,6km  | M30  | MANTERYS Michal     |                           | 1981    | 0     | 54.43 | 53.69 | 38.21 | 40.99 | 187.32 |
| 106 | 11,6km  | M40  | FRANKIEWICZ Jakub   |                           | 1977    | 0     | 55.52 | 45.28 | 38.73 | 47.22 | 186.75 |
| 107 | 11,6km  | M40  | BIALKA Rafal        | G.O.A.T. Team Michałowice | 1974    | 41.49 | 52.71 | 46.67 | 33.81 | 45.61 | 186.48 |
| 108 | 11,6km  | M20  | ZAWROTNIAK Pawel    |                           | 1991    | 46.45 | 58.2  | 0     | 39.9  | 41.61 | 186.16 |
| 109 | 11,6km  | M40  | PASELA Jerzy        |                           | 1974    | 50.51 | 0     | 47.58 | 40.6  | 46.82 | 185.51 |
| 110 | 11,6km  | M30  | GORKA Piotr         |                           | 1982    | 48.79 | 56.71 | 42.86 | 0     | 36.73 | 185.09 |
| 111 | 11,6km  | M30  | OCHALEK Wojciech    |                           | 0       | 0     | 67.84 | 58.01 | 58.99 | 0     | 184.84 |
| 112 | 11,6km  | M30  | KUBIESA Jakub       | Husaria Race Team         | 1981    | 53.88 | 52.72 | 0     | 31.24 | 46.33 | 184.17 |
| 113 | 11,6km  | M40  | KUKLA Grzegorz      | Koliber Team              | 1972    | 43.55 | 54.74 | 43.35 | 40.99 | 0     | 182.63 |
| 114 | 11,6km  | M50  | PASLAWSKI Maciej    |                           | 1963    | 46.11 | 56.55 | 41.76 | 38.08 | 35.8  | 182.5  |
| 115 | 11,6km  | M40  | KONIK Jaroslaw      | BBL Kraków                | 1974    | 48.93 | 57.48 | 42.18 | 33.81 | 31.9  | 182.4  |
| 116 | 11,6km  | M30  | KUZERA Lukasz       |                           | 1985    | 59.21 | 68.23 | 54.1  | 0     | 0     | 181.54 |
| 117 | 11,6km  | M30  | FLOREK Pawel        | Kosovo                    | 1980    | 62.85 | 0     | 61.81 | 56.71 | 0     | 181.37 |
| 118 | 11,6km  | M40  | PRECIKOWSKI Rysiek  |                           | 1970    | 45.91 | 56.45 | 30.98 | 33.15 | 44.94 | 180.45 |
| 119 | 11,6km  | M40  | CZEPIEL Pawel       | CSK Brzezine              | 1975    | 38.07 | 55.4  | 46.75 | 0     | 39.66 | 179.88 |
| 120 | 11,6km  | M40  | SLONINA Artur       | running.krakow.pl         | 1976    | 46.58 | 49.17 | 40.04 | 41.53 | 32.05 | 177.32 |
| 121 | 11,6km  | M20  | MAZANEK Michal      |                           | 1992    | 0     | 61.66 | 60.75 | 0     | 53.61 | 176.02 |
| 122 | 11,6km  | M30  | LASKIEWICZ Wojciech | G.O.A.T. Team Michałowice | 1983    | 0     | 55.23 | 54.28 | 34.79 | 31.7  | 176    |
| 123 | 11,6km  | M40  | GORSZKO Adam        | Trailrun                  | 1975    | 44.33 | 0     | 39.07 | 44.03 | 48.45 | 175.88 |
| 124 | 11,6km  | M30  | RAKOWSKI Pawel      |                           | 1987    | 39.08 | 52.9  | 45.96 | 29.24 | 37.63 | 175.57 |
| 125 | 11,6km  | M40  | MALINOWSKI Marek    |                           | 1977    | 40.3  | 46.62 | 27.18 | 39.99 | 47.11 | 174.02 |
| 126 | 11,6km  | M20  | ZWIERZYK Maciej     |                           | 1990    | 47.8  | 0     | 31.15 | 41.41 | 53.32 | 173.68 |
| 127 | 11,6km  | M30  | KACZMARCZYK Tomasz  | Husaria Race Team         | 1982    | 47.21 | 0     | 38.76 | 45.93 | 41.18 | 173.08 |
| 128 | 11,6km  | M30  | WIERZBA Michal      |                           | 1985    | 0     | 55.02 | 43.82 | 29.51 | 44.66 | 173.01 |

| #   | Dystans | Kat. | Nazwisko, imię     | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|-----|---------|------|--------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 129 | 11,6km  | M40  | DABKOWSKI Leszek   | G.O.A.T. Team Michałowice | 1973    | 46.6  | 41.3  | 40.59 | 32.66 | 44.48 | 172.97 |
| 130 | 11,6km  | M20  | BARANSKI Jakub     | Los Trepos Companieros    | 1993    | 15.04 | 58.66 | 49.72 | 21.01 | 43.22 | 172.61 |
| 131 | 11,6km  | M40  | WIETRZNY Kacper    | Trailrun                  | 1977    | 44.75 | 0     | 42.06 | 41.79 | 43.27 | 171.87 |
| 132 | 11,6km  | M40  | DURON Marcin       | BeFit24Team               | 1974    | 45.51 | 0     | 42.53 | 36.67 | 46.41 | 171.12 |
| 133 | 11,6km  | M40  | JANICKI Tomasz     |                           | 1976    | 39.64 | 52.45 | 44.2  | 33.64 | 34.39 | 170.68 |
| 134 | 11,6km  | M40  | KULA Damian        | TriWise                   | 1977    | 0     | 0     | 60.6  | 51.61 | 57.65 | 169.86 |
| 135 | 11,6km  | M30  | GABRYLUK Jan       | TF 48                     | 1981    | 0     | 59.38 | 39.78 | 69.86 | 0     | 169.02 |
| 136 | 11,6km  | M40  | SWIADER Andrzej    | BeFit24Team               | 1977    | 45.7  | 50.68 | 37.31 | 30.72 | 34.44 | 168.13 |
| 137 | 11,6km  | M30  | KRAWCZYK Marek     |                           | 1985    | 39.06 | 55.02 | 37.5  | 36.43 | 0     | 168.01 |
| 138 | 11,6km  | M30  | BIERNAT Bartlomiej |                           | 1986    | 37.01 | 0     | 39.91 | 37.09 | 53.77 | 167.78 |
| 139 | 11,6km  | M40  | KRZYŻAN Jakub      | KW Kraków                 | 1974    | 0     | 49.95 | 36.19 | 41.13 | 40.32 | 167.59 |
| 140 | 11,6km  | M40  | KUCIA Sebastian    |                           | 1976    | 48.78 | 0     | 54    | 37.62 | 27.11 | 167.51 |
| 141 | 11,6km  | M40  | STEC Paweł         |                           | 1973    | 54.09 | 0     | 57.41 | 55.76 | 0     | 167.26 |
| 142 | 11,6km  | M30  | RYBAK Bartlomiej   |                           | 1985    | 47.25 | 55.29 | 35.27 | 29.37 | 0     | 167.18 |
| 143 | 11,6km  | M20  | KOZIOL Kamil       | G.O.A.T. Team Michałowice | 1991    | 82.86 | 83.64 | 0     | 0     | 0     | 166.5  |
| 144 | 11,6km  | M40  | SEWERYN Robert     |                           | 1974    | 49.41 | 53.73 | 41.77 | 0     | 21.03 | 165.94 |
| 145 | 11,6km  | M50  | BAS Robert         |                           | 1960    | 0     | 64.67 | 53.23 | 0     | 47.85 | 165.75 |
| 146 | 11,6km  | M30  | DURLAK Błażej      |                           | 1983    | 42.39 | 57.87 | 29.89 | 32.23 | 33.06 | 165.55 |
| 147 | 11,6km  | M30  | PELKA Michał       | Payroll Team              | 1980    | 32.02 | 55.18 | 44.64 | 33.57 | 0     | 165.41 |
| 148 | 11,6km  | M50  | ROGASCH Stanisław  | Lacho Team                | 1965    | 55.7  | 68.5  | 0     | 1     | 40.18 | 165.38 |
| 149 | 11,6km  | M30  | CHYLEK Wojciech    | Łucznanowice Kraków       | 1982    | 0     | 87.84 | 0     | 0     | 77.48 | 165.32 |
| 150 | 11,6km  | M40  | JAWORSKI Piotr     |                           | 1978    | 47.34 | 49.11 | 40.58 | 0     | 28.17 | 165.2  |
| 151 | 11,6km  | M30  | DZWIGULSKI Łukasz  |                           | 1983    | 39.29 | 58.28 | 31.48 | 32.78 | 34.6  | 164.95 |
| 152 | 11,6km  | M30  | PUTAJ Rafał        | Night Runners             | 1983    | 40.85 | 53.2  | 37.33 | 21.97 | 33.56 | 164.94 |

| #   | Dystans | Kat. | Nazwisko, imię      | Klub                 | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|-----|---------|------|---------------------|----------------------|---------|-------|-------|-------|-------|-------|--------|
| 153 | 11,6km  | M30  | TRYBULEC Daniel     | Poranny Patrol       | 1986    | 49.55 | 0     | 18.52 | 41.81 | 52.58 | 162.46 |
| 154 | 11,6km  | M40  | SIPIERA Tomasz      | tomaszsiopera.pl     | 1972    | 0     | 49.04 | 40.47 | 28.89 | 41.62 | 160.02 |
| 155 | 11,6km  | M40  | KESEK Maciej        | CSK Brzezcie         | 1972    | 38.22 | 49.48 | 40.93 | 31.17 | 29.95 | 159.8  |
| 156 | 11,6km  | M30  | SIEMINSKI Radoslaw  |                      | 1981    | 52.03 | 0     | 38.09 | 33.38 | 34.44 | 157.94 |
| 157 | 11,6km  | M40  | PETER Leslaw        | Vege Runners         | 1971    | 43.14 | 54.69 | 32.74 | 20.3  | 26.82 | 157.39 |
| 158 | 11,6km  | M20  | SASIADEK Grzegorz   |                      | 1994    | 42.76 | 53.54 | 35.4  | 0     | 25.47 | 157.17 |
| 159 | 11,6km  | M30  | ROSA Bartlomiej     | Bartko Biega!        | 1988    | 44.31 | 48.26 | 37.12 | 0     | 27.06 | 156.75 |
| 160 | 11,6km  | M40  | GONDOR Jaroslaw     |                      | 1976    | 47.69 | 60.87 | 47.56 | 0     | 0     | 156.12 |
| 161 | 11,6km  | M30  | ZAWACKI Marcin      |                      | 1988    | 35    | 50.44 | 31.43 | 34.17 | 30.78 | 151.04 |
| 162 | 11,6km  | M40  | BIERNAT Jakub       | Wisetka              | 1976    | 55.16 | 0     | 44.32 | 0     | 50.68 | 150.16 |
| 163 | 11,6km  | M30  | GAJDA Mateusz       | Skawina Biega        | 1980    | 28.49 | 45.43 | 35.38 | 32.54 | 36.8  | 150.15 |
| 164 | 11,6km  | M30  | STANDA Tomasz       | Zupa Pomidorowa      | 1984    | 0     | 46.71 | 29.91 | 33.84 | 39.5  | 149.96 |
| 165 | 11,6km  | M30  | PLESNAR Jacek       |                      | 0       | 0     | 0     | 76.27 | 0     | 73.53 | 149.8  |
| 166 | 11,6km  | M20  | MARSZALEK Jan       | DZIKI TIM            | 1989    | 0     | 50.71 | 35.7  | 32.31 | 29.83 | 148.55 |
| 167 | 11,6km  | M40  | WOJCIO Hubert       |                      | 1976    | 0     | 55.27 | 39.95 | 18.13 | 34.59 | 147.94 |
| 168 | 11,6km  | M30  | SKIBA Marcin        | WM Triself           | 1985    | 34.53 | 45.54 | 29.47 | 37.24 | 0     | 146.78 |
| 169 | 11,6km  | M30  | MORMUL Przemek      | Panalpina            | 1980    | 76.43 | 0     | 0     | 70.29 | 0     | 146.72 |
| 170 | 11,6km  | M40  | KAMISINSKI Marek    | BeFit24Team          | 1978    | 24.26 | 39.98 | 34.4  | 38.33 | 33.78 | 146.49 |
| 171 | 11,6km  | M30  | ANDY Allan          | Wimbledon Windmilers | 1981    | 29.55 | 54.4  | 34.88 | 0     | 27.07 | 145.9  |
| 172 | 11,6km  | M30  | KLESK Krzysztof     |                      | 1985    | 0     | 50.99 | 35.73 | 18.08 | 40.69 | 145.49 |
| 173 | 11,6km  | M40  | MAKUSZEWSKI Marcin  | BeFit24Team          | 1977    | 0     | 36.78 | 32.87 | 31.84 | 43.33 | 144.82 |
| 174 | 11,6km  | M40  | LESIAK Filip        | Skawina Biega        | 1975    | 36.26 | 49.5  | 0     | 26.96 | 30.51 | 143.23 |
| 175 | 11,6km  | M40  | OBARZANOWSKI Michal |                      | 1978    | 48.92 | 60.02 | 0     | 0     | 33.55 | 142.49 |
| 176 | 11,6km  | M30  | HORODECKI Lukasz    |                      | 1981    | 31.91 | 42.93 | 30.83 | 24.75 | 36.38 | 142.05 |

| #   | Dystans | Kat. | Nazwisko, imię       | Klub                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|-----|---------|------|----------------------|------------------------|---------|-------|-------|-------|-------|-------|--------|
| 177 | 11,6km  | M40  | GIERASINSKI Pawel    | KKB DYSTANS            | 1975    | 0     | 52.36 | 27.96 | 26.87 | 34.54 | 141.73 |
| 178 | 11,6km  | M40  | LIPIEN Jakub         |                        | 1978    | 40    | 47.43 | 32.06 | 21.7  | 0     | 141.19 |
| 179 | 11,6km  | M30  | KAJZEREK Arek        |                        | 1979    | 36.83 | 0     | 36.19 | 29.36 | 38.79 | 141.17 |
| 180 | 11,6km  | M40  | KOZIOL Artur         | Koziołki               | 1975    | 37.35 | 45.85 | 27.54 | 30.19 | 27.44 | 140.93 |
| 181 | 11,6km  | M40  | TYLIBA Ireneusz      | MIKI                   | 1973    | 26.23 | 50.17 | 35.85 | 27.98 | 26.65 | 140.65 |
| 182 | 11,6km  | M40  | ZAK Pawel            | Niepołomice Biegają    | 1973    | 45.8  | 0     | 44.74 | 0     | 48.87 | 139.41 |
| 183 | 11,6km  | M30  | PODCZASZY Tomasz     |                        | 1982    | 45.76 | 27.7  | 28.75 | 20.21 | 36.76 | 138.97 |
| 184 | 11,6km  | M30  | JAREMA Maciej        | Lokomotiv Majdan       | 1982    | 0     | 60.63 | 0     | 38.68 | 37.87 | 137.18 |
| 185 | 11,6km  | M20  | CZUBA Dawid          | AZS AWF KRAKÓW MASTERS | 1994    | 0     | 0     | 68.27 | 67.99 | 0     | 136.26 |
| 186 | 11,6km  | M60  | NOWOTNY Marian       | Niepołomice Biegają    | 1950    | 40.15 | 44.64 | 25.25 | 18.59 | 25.99 | 136.03 |
| 187 | 11,6km  | M40  | PITUCH Przemyslaw    |                        | 1973    | 28.8  | 47.69 | 31.69 | 21.17 | 27.21 | 135.39 |
| 188 | 11,6km  | M40  | JURCZAK Tomek        |                        | 1978    | 38.55 | 59.92 | 36.79 | 0     | 0     | 135.26 |
| 189 | 11,6km  | M30  | ZEGARMISTRZ Grzegorz |                        | 1983    | 0     | 49.45 | 46.22 | 16.02 | 23.52 | 135.21 |
| 190 | 11,6km  | M30  | DYREK Marcin         |                        | 1983    | 34.15 | 42.66 | 40.25 | 18.1  | 16.75 | 135.16 |
| 191 | 11,6km  | M30  | WAW Grzegorz         | DZIKI TIM              | 1985    | 40.47 | 50.46 | 0     | 19.24 | 24.88 | 135.05 |
| 192 | 11,6km  | M40  | CEKIERA Marcin       | Iron Dragon Triathlon  | 1978    | 51.98 | 0     | 37.87 | 44.91 | 0     | 134.76 |
| 193 | 11,6km  | M30  | SMOLEN Tomasz        | Monar Kraków           | 1987    | 69.58 | 64.13 | 0     | 0     | 0     | 133.71 |
| 194 | 11,6km  | M30  | GEDLICZKA Tymoteusz  |                        | 1983    | 13.29 | 46.05 | 33.08 | 21.52 | 32.48 | 133.13 |
| 195 | 11,6km  | M40  | RAJTAR Krzysztof     | Way2champ              | 1976    | 72.68 | 0     | 0     | 0     | 59.97 | 132.65 |
| 196 | 11,6km  | M50  | BLADY Bogdan         |                        | 1967    | 26.59 | 46.72 | 26.94 | 16.36 | 30.6  | 130.85 |
| 197 | 11,6km  | M40  | STACH Pawel          | #ambasadorzyFB         | 1976    | 17.07 | 28.66 | 0     | 75.17 | 9.89  | 130.79 |
| 198 | 11,6km  | M40  | PARDYGAL Tomasz      | WM Triself             | 1975    | 46.02 | 61    | 0     | 22.28 | 0     | 129.3  |
| 199 | 11,6km  | M40  | SZEWCZYK Mariusz     |                        | 1972    | 35.9  | 44.67 | 21.11 | 14.65 | 27.55 | 129.23 |
| 200 | 11,6km  | M30  | INDYKA Maciej        | WKS Wawel BnO          | 1980    | 34.77 | 37.6  | 0     | 26.6  | 29.56 | 128.53 |

| #   | Dystans | Kat. | Nazwisko, imię      | Klub                          | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|-----|---------|------|---------------------|-------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 201 | 11,6km  | M40  | PIENIAZEK Mariusz   |                               | 1972    | 30.88 | 0     | 33.09 | 30.44 | 32.17 | 126.58 |
| 202 | 11,6km  | M30  | KOZIOL Pawel        | Poranny Patrol                | 1980    | 34.17 | 39.88 | 25.71 | 25.06 | 26.31 | 126.07 |
| 203 | 11,6km  | M30  | JUREK Mariusz       | #AdamCzerwińskiTeam           | 1981    | 0     | 0     | 69.52 | 55.34 | 0     | 124.86 |
| 204 | 11,6km  | M40  | ZOLADZ Jurek        | Go Aktiv!                     | 1972    | 28.04 | 45.55 | 24.3  | 21.14 | 26.18 | 124.07 |
| 205 | 11,6km  | M30  | MIZERA Krzysztof    |                               | 1982    | 70.17 | 0     | 0     | 0     | 53.6  | 123.77 |
| 206 | 11,6km  | M40  | BUTRYN Wojciech     |                               | 1973    | 28.28 | 45.1  | 0     | 29.63 | 20.04 | 123.05 |
| 207 | 11,6km  | M30  | STOCKI Tomasz       | Novomatic Technologies Poland | 1981    | 39.91 | 45.5  | 36.82 | 0     | 0     | 122.23 |
| 208 | 11,6km  | M50  | KEDZIOR Tomasz      | onkologiaprywatnie.pl         | 1966    | 31.15 | 37.23 | 29.33 | 24.23 | 23.87 | 121.94 |
| 209 | 11,6km  | M40  | ZAK Krzysztof       | Klub Biegacza AZS UEK         | 1974    | 27.25 | 45.4  | 0     | 19.9  | 28.68 | 121.23 |
| 210 | 11,6km  | M40  | LIGEZA Witek        | Smashing PApkins/Unlimited    | 1972    | 31.05 | 41.96 | 28.21 | 18.87 | 16.36 | 120.09 |
| 211 | 11,6km  | M30  | WOJCIK Mateusz      | Skawina Biega                 | 1980    | 39.39 | 54.07 | 0     | 24.63 | 0     | 118.09 |
| 212 | 11,6km  | M40  | GARBACIK Wojciech   | WYMARŁY GATUNEK               | 1971    | 35.72 | 46.46 | 35.76 | 0     | 0     | 117.94 |
| 213 | 11,6km  | M40  | SOCZYNSKI Sebastian |                               | 1975    | 21.4  | 44.62 | 27.95 | 2.27  | 23.75 | 117.72 |
| 214 | 11,6km  | M30  | KOPIEC Rafal        |                               | 1981    | 38.83 | 47.56 | 11.63 | 0     | 19.07 | 117.09 |
| 215 | 11,6km  | M50  | RAJTAR Zbigniew     | Team Rontil-Compass           | 1959    | 0     | 69.15 | 0     | 0     | 47.93 | 117.08 |
| 216 | 11,6km  | M50  | LASKOWSKI Dariusz   | Niepołomice Biegają           | 1967    | 27.98 | 40.49 | 18.17 | 1     | 30.25 | 116.89 |
| 217 | 11,6km  | M20  | MICHNA Pawel        |                               | 1989    | 53.64 | 0     | 61.35 | 0     | 0     | 114.99 |
| 218 | 11,6km  | M40  | SLEDZIOWSKI Andrzej | Lacho Team                    | 1969    | 38.28 | 0     | 32.75 | 9.74  | 34.18 | 114.95 |
| 219 | 11,6km  | M40  | KRAWCZYK Pawel      | Klub Sportowy Hajime          | 1978    | 21.15 | 38.3  | 25.5  | 0     | 29.89 | 114.84 |
| 220 | 11,6km  | M30  | BUDKOWSKI Mateusz   |                               | 1988    | 37.63 | 53.52 | 0     | 21.98 | 0     | 113.13 |
| 221 | 11,6km  | M30  | KAWKA Pawel         |                               | 1979    | 24.68 | 42.67 | 25.99 | 18.55 | 0     | 111.89 |
| 222 | 11,6km  | M30  | GRZEBYK Michal      |                               | 1988    | 18.71 | 46.57 | 27.24 | 0     | 19.01 | 111.53 |
| 223 | 11,6km  | M40  | PAPUGA Krzysztof    |                               | 1976    | 37.14 | 46.66 | 0     | 0     | 27.57 | 111.37 |
| 224 | 11,6km  | M20  | SUCHANEK Dominik    | ITMBW Kraków                  | 1994    | 0     | 0     | 54.68 | 0     | 55.29 | 109.97 |



| #   | Dystans | Kat. | Nazwisko, imię           | Klub                    | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|-----|---------|------|--------------------------|-------------------------|---------|-------|-------|-------|-------|-------|--------|
| 225 | 11,6km  | M20  | SKOWRONEK Tomek          |                         | 1993    | 0     | 0     | 0     | 49.72 | 59.75 | 109.47 |
| 226 | 11,6km  | M30  | KOWALEWSKI Lukasz        | UBS Kraków Running Team | 1988    | 45.44 | 0     | 28.84 | 25.36 | 9.66  | 109.3  |
| 227 | 11,6km  | M20  | MARCOL Mateusz           | OTK Rzeźnik             | 1989    | 49.03 | 59.91 | 0     | 0     | 0     | 108.94 |
| 228 | 11,6km  | M20  | JANKOWSKI Kamil          |                         | 1990    | 16.59 | 29.58 | 28.21 | 23.74 | 27.14 | 108.67 |
| 229 | 11,6km  | M30  | ZASTAWNY Tomasz          | AZS AWF KRAKÓW MASTERS  | 1980    | 52.66 | 0     | 55.87 | 0     | 0     | 108.53 |
| 230 | 11,6km  | M20  | PASEK Rafal              |                         | 1989    | 0     | 47.72 | 32.11 | 1     | 27.22 | 108.05 |
| 231 | 11,6km  | M30  | SIWEK Jacek              | TriWise                 | 1979    | 0     | 0     | 56.58 | 51.29 | 0     | 107.87 |
| 232 | 11,6km  | M40  | CZAPLA Przemyslaw        | WKS Wawel BnO           | 1974    | 60.7  | 0     | 0     | 47.09 | 0     | 107.79 |
| 233 | 11,6km  | M30  | PIEKARNIAK Lukasz        |                         | 1983    | 0     | 34.99 | 28.1  | 18.52 | 25.03 | 106.64 |
| 234 | 11,6km  | M30  | KORN Michal              | MTJS                    | 1981    | 26.17 | 39.22 | 0     | 13.97 | 26.82 | 106.18 |
| 235 | 11,6km  | M30  | URIBE-ABARCA Juan-Manuel | Trailrun                | 1988    | 47.52 | 0     | 0     | 0     | 58.47 | 105.99 |
| 236 | 11,6km  | M40  | DOMIN Tomasz             | sevencoins.pl           | 1975    | 0     | 0     | 53.74 | 0     | 51.5  | 105.24 |
| 237 | 11,6km  | M40  | RICOUR Patrice           |                         | 1969    | 28.22 | 32.64 | 17.72 | 16.6  | 26.29 | 104.87 |
| 238 | 11,6km  | M40  | SKOWRONEK Robert         |                         | 1973    | 46.93 | 56.47 | 0     | 0     | 0     | 103.4  |
| 239 | 11,6km  | M60  | KORDOS Jan               | KKB Dystan              | 1949    | 21.83 | 37.97 | 25.57 | 12.67 | 17.64 | 103.01 |
| 240 | 11,6km  | M40  | ZIEBA Artur              | Poranny Patrol          | 1975    | 31.42 | 36.62 | 20.15 | 13.65 | 14.56 | 102.75 |
| 241 | 11,6km  | M40  | WALNIK Rafal             | _Skawina Biega          | 1973    | 0     | 44.55 | 27.9  | 29.69 | 0     | 102.14 |
| 242 | 11,6km  | M20  | WOJTAS Kamil             | KKB DYSTANS             | 1989    | 34.76 | 40.9  | 25.42 | 0     | 0     | 101.08 |
| 243 | 11,6km  | M30  | PIEKARCZYK Dariusz       |                         | 1981    | 0     | 42.1  | 19.81 | 18.14 | 20.44 | 100.49 |
| 244 | 11,6km  | M20  | SATOR Damian             |                         | 1996    | 0     | 0     | 0     | 99.62 | 0     | 99.62  |
| 245 | 11,6km  | M20  | KARPIEL Waldemar         | Trailrun                | 1990    | 0     | 33.44 | 25.71 | 10    | 27.8  | 96.95  |
| 246 | 11,6km  | M30  | MAJDANSKI Pawel          |                         | 1979    | 0     | 33.47 | 21.91 | 16.24 | 25.04 | 96.66  |
| 247 | 11,6km  | M40  | STACHECKI Maciej         | Trailrun                | 1978    | 3.41  | 33.26 | 23.14 | 16.78 | 23.09 | 96.27  |
| 248 | 11,6km  | M30  | RUMINSKI Piotr           |                         | 1988    | 54.54 | 0     | 24    | 17.01 | 0     | 95.55  |

| #   | Dystans | Kat. | Nazwisko, imię     | Klub                          | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|--------------------|-------------------------------|---------|-------|-------|-------|-------|-------|-------|
| 249 | 11,6km  | M30  | SARZYNSKI Wojciech |                               | 1979    | 57.94 | 35.32 | 0     | 0     | 0     | 93.26 |
| 250 | 11,6km  | M30  | OPIAL Grzegorz     | Husaria Race Team             | 1985    | 0     | 0     | 0     | 93.23 | 0     | 93.23 |
| 251 | 11,6km  | M20  | KASPERCZYK Michal  |                               | 1990    | 29.06 | 40.6  | 0     | 5.13  | 17.96 | 92.75 |
| 252 | 11,6km  | M40  | ZMYJ Mariusz       | #ADAMCZERWIŃSKITEAM           | 1970    | 0     | 37.22 | 12.9  | 20.55 | 21.8  | 92.47 |
| 252 | 11,6km  | M20  | PYPLACZ Szymon     | Novomatic Technologies Poland | 1995    | 7.87  | 37.61 | 18.02 | 14.01 | 22.83 | 92.47 |
| 254 | 11,6km  | M30  | NOWAK Tomasz       | Trailrun                      | 1988    | 0     | 0     | 46.98 | 0     | 45.19 | 92.17 |
| 255 | 11,6km  | M30  | SKUPIEN Tomasz     | Muay Running Team / X- Run    | 1984    | 0     | 0     | 0     | 91.58 | 0     | 91.58 |
| 256 | 11,6km  | M40  | MICHALCZAK Pawel   | WKS Wawel Kraków              | 1978    | 0     | 30.69 | 19.53 | 15.86 | 23.59 | 89.67 |
| 257 | 11,6km  | M40  | PAWLIK Krzysztof   |                               | 1977    | 0     | 50.47 | 38.62 | 0     | 0     | 89.09 |
| 258 | 11,6km  | M30  | CYGAN Tomasz       | SolarWinds                    | 1986    | 16.42 | 34.63 | 20.44 | 0     | 17.13 | 88.62 |
| 259 | 11,6km  | M20  | ROSIEK Bartosz     |                               | 1991    | 36.16 | 51.71 | 0     | 0     | 0     | 87.87 |
| 260 | 11,6km  | M20  | RZENCA Piotr       | Orienteur Łódź                | 1990    | 0     | 0     | 0     | 0     | 86.35 | 86.35 |
| 261 | 11,6km  | M30  | DYREK Michal       | MOK Mszana Dolna              | 1985    | 0     | 86.05 | 0     | 0     | 0     | 86.05 |
| 262 | 11,6km  | M20  | ZUREK Jakub        |                               | 0       | 0     | 85.53 | 0     | 0     | 0     | 85.53 |
| 263 | 11,6km  | M20  | NAJZER Szymon      | Fitness Platinium Team        | 1992    | 0     | 85.27 | 0     | 0     | 0     | 85.27 |
| 264 | 11,6km  | M30  | KOSMALA Przemek    |                               | 1981    | 15.98 | 34.42 | 16.39 | 1.53  | 18.43 | 85.22 |
| 265 | 11,6km  | M30  | GORAL Grzegorz     |                               | 0       | 0     | 85.04 | 0     | 0     | 0     | 85.04 |
| 266 | 11,6km  | M30  | PIOTROWICZ Jakub   |                               | 1986    | 0     | 53.01 | 0     | 0     | 31.55 | 84.56 |
| 267 | 11,6km  | M30  | CHMIELEWSKI Witold |                               | 1981    | 44.68 | 0     | 39.33 | 0     | 0     | 84.01 |
| 268 | 11,6km  | M30  | GRAJDURA Robert    | Grupa Azoty KOLTAR            | 1981    | 82.14 | 0     | 0     | 0     | 0     | 82.14 |
| 269 | 11,6km  | M30  | MOCNY Michal       |                               | 1987    | 48.66 | 0     | 32.65 | 0     | 0     | 81.31 |
| 270 | 11,6km  | M30  | GLABINSKI Piotr    | #AdamCzerwińskiTeam           | 1985    | 0     | 0     | 80.84 | 0     | 0     | 80.84 |
| 271 | 11,6km  | M20  | KESSLER Hubert     | Stąd i zowąd                  | 1998    | 0     | 80.51 | 0     | 0     | 0     | 80.51 |
| 272 | 11,6km  | M40  | GIL Jacek          | Qrier Przesyłki               | 0       | 0     | 0     | 80.5  | 0     | 0     | 80.5  |

| #   | Dystans | Kat. | Nazwisko, imię        | Klub                                  | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|-----------------------|---------------------------------------|---------|-------|-------|-------|-------|-------|-------|
| 273 | 11,6km  | M30  | CIULA Tomasz          | Rebellion of Free Runners             | 1981    | 11.75 | 36.77 | 0     | 19.35 | 11.87 | 79.74 |
| 274 | 11,6km  | M30  | ZEBATKA Lary          |                                       | 1981    | 0     | 0     | 0     | 79.25 | 0     | 79.25 |
| 275 | 11,6km  | M50  | MOSZKOWICZ Pawel      |                                       | 1967    | 78.89 | 0     | 0     | 0     | 0     | 78.89 |
| 276 | 11,6km  | M40  | BUDZINSKI Maciej      |                                       | 1974    | 13.42 | 32.47 | 18.89 | 12.66 | 14.1  | 78.88 |
| 277 | 11,6km  | M20  | CZYZOWICZ Michal      |                                       | 1989    | 20.21 | 24.3  | 0     | 13.22 | 21.03 | 78.76 |
| 278 | 11,6km  | M30  | KITA Krzysztof        |                                       | 1980    | 14.21 | 36.37 | 21.83 | 0     | 6.22  | 78.63 |
| 279 | 11,6km  | M40  | MURYN Bartlomiej      | Niezrzeszony                          | 1973    | 0     | 45.16 | 32.84 | 0     | 0     | 78    |
| 280 | 11,6km  | M30  | MIERNICZAK Bartlomiej | Skawina Biega                         | 1985    | 0     | 77.92 | 0     | 0     | 0     | 77.92 |
| 281 | 11,6km  | M30  | SKOWRON Michal        | do6ciu/Pozytywnie Zakręcen            | 1984    | 0     | 0     | 0     | 0     | 77.77 | 77.77 |
| 282 | 11,6km  | M30  | STANISLAWSKI Bartosz  |                                       | 1984    | 21.65 | 29.84 | 17.03 | 8.2   | 8.32  | 76.84 |
| 283 | 11,6km  | M30  | MAKUCH Szymon         |                                       | 0       | 0     | 76.49 | 0     | 0     | 0     | 76.49 |
| 284 | 11,6km  | M30  | MAZUR Tomasz          | Ząbkowicka Grupa Biegowa FRANKENSTEIN | 1985    | 0     | 46.19 | 25.14 | 5.05  | 0     | 76.38 |
| 285 | 11,6km  | M20  | WIERZBANOWSKI Jakub   | AZS AWF Kraków Masters                | 1989    | 0     | 0     | 75.8  | 0     | 0     | 75.8  |
| 286 | 11,6km  | M40  | M-LDNER Rafal         |                                       | 1974    | 75.52 | 0     | 0     | 0     | 0     | 75.52 |
| 287 | 11,6km  | M40  | RYCHLIK Sebastian     | Lisy Pustyni                          | 1977    | 17.81 | 28.67 | 17.62 | 11.37 | 0     | 75.47 |
| 288 | 11,6km  | M20  | ZMARZLINSKI Kacper    | Kurek Team                            | 1989    | 0     | 75.45 | 0     | 0     | 0     | 75.45 |
| 289 | 11,6km  | M30  | BUJAK Piotr           |                                       | 0       | 0     | 0     | 75.41 | 0     | 0     | 75.41 |
| 290 | 11,6km  | M40  | CHUDZIK Piotr         |                                       | 1975    | 0     | 49.87 | 0     | 24.3  | 0     | 74.17 |
| 291 | 11,6km  | M50  | CZUBA Adam            | Happy Tri Friends                     | 0       | 0     | 0     | 74.1  | 0     | 0     | 74.1  |
| 292 | 11,6km  | M40  | WRONA Sylwester       |                                       | 1977    | 12.35 | 33.31 | 28.11 | 0     | 0     | 73.77 |
| 293 | 11,6km  | M30  | PLESNAR Jacek         |                                       | 1984    | 0     | 0     | 0     | 0     | 73.53 | 73.53 |
| 294 | 11,6km  | M30  | KOZLOWSKI Janusz      | Novomatic Technologies Poland         | 1983    | 17.33 | 32.01 | 13.28 | 1     | 10.88 | 73.5  |
| 295 | 11,6km  | M30  | SZCZYREK Marcin       |                                       | 1982    | 1.7   | 39.91 | 14.3  | 0     | 16.97 | 72.88 |
| 296 | 11,6km  | M40  | JARZYNA Andrzej       | running.krakow.pl                     | 1977    | 16.86 | 33.79 | 21.85 | 0     | 0     | 72.5  |

| #   | Dystans | Kat. | Nazwisko, imię             | Klub                          | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|----------------------------|-------------------------------|---------|-------|-------|-------|-------|-------|-------|
| 297 | 11,6km  | M30  | KUCZ Dariusz               |                               | 1982    | 19.02 | 33.04 | 7.98  | 0     | 12.31 | 72.35 |
| 298 | 11,6km  | M30  | ILNICKI Dariusz            |                               | 1984    | 0     | 0     | 0     | 0     | 71.76 | 71.76 |
| 299 | 11,6km  | M40  | KUDLA Grzegorz             |                               | 1974    | 18.65 | 32.46 | 8.62  | 0     | 11.93 | 71.66 |
| 300 | 11,6km  | M30  | KITKA Mateusz              |                               | 1987    | 21.39 | 37.33 | 11.72 | 0     | 1     | 71.44 |
| 301 | 11,6km  | M30  | SZKODZINSKI Tomasz         | Novomatic Technologies Poland | 1979    | 70.76 | 0     | 0     | 0     | 0     | 70.76 |
| 302 | 11,6km  | M30  | KOSMOWSKI Michal-Kosmowski | dotsport/trinergy             | 1980    | 0     | 0     | 70.57 | 0     | 0     | 70.57 |
| 303 | 11,6km  | M30  | KOWALSKI Kamil             | Fizjo-Balance Kraków          | 1982    | 0     | 0     | 0     | 0     | 70.19 | 70.19 |
| 304 | 11,6km  | M40  | JANKOWSKI Mateusz          | Vege Runners                  | 1971    | 8.49  | 29.39 | 17.4  | 7.03  | 14.68 | 69.96 |
| 305 | 11,6km  | M30  | GRABOWSKI Mateusz          | Eskadra Kraków                | 1986    | 0     | 0     | 0     | 69.47 | 0     | 69.47 |
| 306 | 11,6km  | M30  | JAKUBINSKI Jakub           | Solne Miasto Wieliczka        | 1982    | 23.24 | 46.19 | 0     | 0     | 0     | 69.43 |
| 307 | 11,6km  | M20  | BAREJ Michal               | Maratony Kresowe              | 1992    | 69.34 | 0     | 0     | 0     | 0     | 69.34 |
| 308 | 11,6km  | M40  | PLETI Marcin               |                               | 0       | 0     | 69.08 | 0     | 0     | 0     | 69.08 |
| 309 | 11,6km  | M20  | SKOTNICZNY Michal          | Euroclear Running Team        | 1990    | 0     | 0     | 68.46 | 0     | 0     | 68.46 |
| 310 | 11,6km  | M30  | BOJARSKI Ireneusz          |                               | 1980    | 0     | 49.46 | 18.89 | 0     | 0     | 68.35 |
| 311 | 11,6km  | M50  | KANIA Robert               |                               | 1968    | 6.81  | 36.64 | 20.61 | 1     | 3.41  | 67.47 |
| 312 | 11,6km  | M40  | SKONIECZNY Mariusz         | WKS Wawel BnO                 | 1976    | 0     | 37.1  | 30.32 | 0     | 0     | 67.42 |
| 313 | 11,6km  | M30  | TOMASZ Smolarczyk          |                               | 0       | 0     | 67.26 | 0     | 0     | 0     | 67.26 |
| 314 | 11,6km  | M30  | PALKA Piotr                |                               | 1986    | 0     | 0     | 38.65 | 27.52 | 0     | 66.17 |
| 315 | 11,6km  | M30  | WOJTOWICZ Tomasz           |                               | 0       | 0     | 0     | 66.1  | 0     | 0     | 66.1  |
| 316 | 11,6km  | M30  | BUJAK Krzysztof            |                               | 1987    | 0     | 0     | 65.99 | 0     | 0     | 65.99 |
| 317 | 11,6km  | M30  | PIASECKI Michal            |                               | 1979    | 16.81 | 19.44 | 5.35  | 17.4  | 11.19 | 64.84 |
| 318 | 11,6km  | M20  | ROSOL Mateusz              | iGNAtanium                    | 1991    | 15.66 | 35.91 | 0     | 7.36  | 5.87  | 64.8  |
| 319 | 11,6km  | M30  | KIK Marcin                 |                               | 1985    | 0     | 0     | 0     | 64.15 | 0     | 64.15 |
| 320 | 11,6km  | M40  | KOWALCZYK Piotr            | G.O.A.T. Team Michałowice     | 1974    | 0     | 0     | 26.5  | 17.51 | 19.78 | 63.79 |

| #   | Dystans | Kat. | Nazwisko, imię      | Klub                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|---------------------|------------------------|---------|-------|-------|-------|-------|-------|-------|
| 321 | 11,6km  | M30  | JAKUBOWSKI Piotr    |                        | 1987    | 63.63 | 0     | 0     | 0     | 0     | 63.63 |
| 322 | 11,6km  | M30  | NYCZ Jacek          |                        | 1986    | 0     | 37.44 | 0     | 3.43  | 22.54 | 63.41 |
| 323 | 11,6km  | M20  | HEBDA Adrian        |                        | 1997    | 0     | 0     | 0     | 62.96 | 0     | 62.96 |
| 324 | 11,6km  | M30  | PAWELEK Lukasz      |                        | 1979    | 0     | 0     | 40.48 | 0     | 22.47 | 62.95 |
| 325 | 11,6km  | M30  | RIGNAULT David      |                        | 1981    | 0     | 62.68 | 0     | 0     | 0     | 62.68 |
| 326 | 11,6km  | M30  | MAKOWSKI Pawel      |                        | 1980    | 0     | 62.57 | 0     | 0     | 0     | 62.57 |
| 327 | 11,6km  | M30  | SOWA Sebastian      | Decathlon              | 1983    | 62.5  | 0     | 0     | 0     | 0     | 62.5  |
| 328 | 11,6km  | M20  | MAREK Bartlomiej    | 42 DO SZCZĘŚCIA        | 1994    | 61.74 | 0     | 0     | 0     | 0     | 61.74 |
| 329 | 11,6km  | M30  | DWORNIK Maciek      | Warczące Szprychy      | 1982    | 0     | 0     | 0     | 0     | 61.37 | 61.37 |
| 330 | 11,6km  | M30  | GOLEBIEWSKI Michal  |                        | 1980    | 0     | 60.67 | 0     | 0     | 0     | 60.67 |
| 331 | 11,6km  | M30  | LUKASZ Wanczyk      | BeFit24Team            | 0       | 0     | 60.36 | 0     | 0     | 0     | 60.36 |
| 332 | 11,6km  | M20  | SICIARZ Krystian    |                        | 0       | 0     | 0     | 59.87 | 0     | 0     | 59.87 |
| 333 | 11,6km  | M30  | PIATEK Rafal        | BeFit24Team            | 1983    | 58.92 | 0     | 0     | 0     | 0     | 58.92 |
| 334 | 11,6km  | M30  | CHALUPCZAK Michal   |                        | 1986    | 0     | 40    | 0     | 18.78 | 0     | 58.78 |
| 335 | 11,6km  | M20  | ZAKRZEWSKI Wojciech | OIRP Wrocław           | 1990    | 0     | 0     | 0     | 0     | 58.2  | 58.2  |
| 336 | 11,6km  | M40  | MAZUREK Marcin      | AZS AWF KRAKÓW MASTERS | 1971    | 0     | 0     | 58.07 | 0     | 0     | 58.07 |
| 337 | 11,6km  | M20  | GOSZTYLA Jacek      | Stąd i zowąd           | 1998    | 0     | 57.44 | 0     | 0     | 0     | 57.44 |
| 338 | 11,6km  | M20  | KISIELEWSKI Michal  | AGH                    | 1993    | 0     | 0     | 0     | 39.39 | 17.64 | 57.03 |
| 339 | 11,6km  | M40  | URBANOWICZ Andrzej  |                        | 0       | 0     | 0     | 56.46 | 0     | 0     | 56.46 |
| 340 | 11,6km  | M30  | HABALO Wojciech     | Night Runners          | 1987    | 56.26 | 0     | 0     | 0     | 0     | 56.26 |
| 341 | 11,6km  | M30  | KINDLER Bartlomiej  |                        | 1981    | 0     | 23.64 | 1     | 9.39  | 22.22 | 56.25 |
| 341 | 11,6km  | M30  | REICHEL Marcin      |                        | 1988    | 56.25 | 0     | 0     | 0     | 0     | 56.25 |
| 343 | 11,6km  | M30  | KALIA Tomasz        |                        | 1983    | 55.53 | 0     | 0     | 0     | 0     | 55.53 |
| 344 | 11,6km  | M30  | ADAMIEC Norbert     |                        | 1984    | 0     | 27.34 | 27.69 | 0     | 0     | 55.03 |

| #   | Dystans | Kat. | Nazwisko, imię         | Klub                     | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|------------------------|--------------------------|---------|-------|-------|-------|-------|-------|-------|
| 345 | 11,6km  | M30  | BRNA Milan             |                          | 1980    | 0     | 0     | 22.18 | 14.56 | 18.24 | 54.98 |
| 346 | 11,6km  | M30  | PODSADNIUK Mateusz     | Harde Dranie             | 1986    | 0     | 53.23 | 0     | 0     | 0     | 53.23 |
| 347 | 11,6km  | M40  | ZBIGNIEW Krupa         |                          | 0       | 0     | 52.63 | 0     | 0     | 0     | 52.63 |
| 348 | 11,6km  | M30  | GORSZKO Tomasz         | Trailrun                 | 1979    | 0     | 0     | 0     | 0     | 52.55 | 52.55 |
| 349 | 11,6km  | M40  | KURKIEWICZ Grzegorz    | BeFit24Team              | 1973    | 38.62 | 0     | 13.73 | 0     | 0     | 52.35 |
| 350 | 11,6km  | M40  | KRAWCZYK Jacek         | Go Aptiv!                | 1974    | 0     | 34.65 | 0     | 0     | 17.5  | 52.15 |
| 351 | 11,6km  | M30  | GAWIN Marek            | DIB                      | 0       | 0     | 0     | 51.74 | 0     | 0     | 51.74 |
| 352 | 11,6km  | M40  | KOŁODZIEJCZYK Grzegorz | Jura Team                | 1976    | 0     | 50.47 | 0     | 0     | 0     | 50.47 |
| 353 | 11,6km  | M30  | MICHALKOW Michal       | 4M Runners Club          | 1980    | 7.13  | 30.52 | 10.66 | 0     | 1.57  | 49.88 |
| 354 | 11,6km  | M30  | KALITA Damian          |                          | 0       | 0     | 0     | 47.72 | 0     | 0     | 47.72 |
| 355 | 11,6km  | M30  | ZIOLEK Marcin          | GTX Team                 | 0       | 0     | 0     | 47.7  | 0     | 0     | 47.7  |
| 356 | 11,6km  | M40  | GOMULEC Tomasz         | Tactica Team             | 0       | 0     | 0     | 47.49 | 0     | 0     | 47.49 |
| 357 | 11,6km  | M30  | RADZKI Jan             |                          | 1986    | 0     | 0     | 0     | 47.27 | 0     | 47.27 |
| 358 | 11,6km  | M30  | JESIOŁOWSKI Michal     | CAFFETTIERA              | 1984    | 0     | 0     | 46.9  | 0     | 0     | 46.9  |
| 359 | 11,6km  | M40  | OLEJNIK Maciej         | #otworzdrzwi             | 1971    | 0     | 16.44 | 12.16 | 1     | 17.2  | 46.8  |
| 360 | 11,6km  | M30  | BRZESKI Szczepan       |                          | 1979    | 0     | 0     | 0     | 0     | 46.71 | 46.71 |
| 361 | 11,6km  | M30  | BULA Grzegorz          | Nowotarski Klub Kolarski | 1981    | 0     | 0     | 0     | 45.93 | 0     | 45.93 |
| 362 | 11,6km  | M30  | SEMBERECKI Marcin      | TG Sokół Zakopane        | 1983    | 0     | 0     | 0     | 45.76 | 0     | 45.76 |
| 363 | 11,6km  | M40  | ZBIGNIEW Baran         |                          | 0       | 0     | 45.7  | 0     | 0     | 0     | 45.7  |
| 364 | 11,6km  | M40  | JAROSZ Sebastian       |                          | 1978    | 0     | 0     | 0     | 0     | 45.62 | 45.62 |
| 365 | 11,6km  | M30  | MICHALEK Lukasz        | GT Alex                  | 1981    | 0     | 0     | 0     | 0     | 45.29 | 45.29 |
| 366 | 11,6km  | M30  | PODGORSKI Maciej       |                          | 1980    | 0     | 44.92 | 0     | 0     | 0     | 44.92 |
| 367 | 11,6km  | M40  | LALEWICZ Artur         |                          | 1972    | 0     | 0     | 0     | 0     | 44.51 | 44.51 |
| 368 | 11,6km  | M30  | PIOTROWSKI Przemyslaw  | Nowa Huta Team           | 1983    | 44.24 | 0     | 0     | 0     | 0     | 44.24 |

| #   | Dystans | Kat. | Nazwisko, imię        | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|-----------------------|----------------------------|---------|-------|-------|-------|-------|-------|-------|
| 369 | 11,6km  | M30  | SZATON Bartek         |                            | 1986    | 0     | 44.17 | 0     | 0     | 0     | 44.17 |
| 370 | 11,6km  | M30  | HATALA Grzegorz       |                            | 1988    | 42.82 | 0     | 0     | 0     | 0     | 42.82 |
| 371 | 11,6km  | M50  | OLIWA Edward          | ITMBW Kraków               | 1961    | 0     | 0     | 0     | 42.42 | 0     | 42.42 |
| 372 | 11,6km  | M20  | SEK Dominik           | Parkrun Chrzanów           | 1993    | 0     | 42.19 | 0     | 0     | 0     | 42.19 |
| 373 | 11,6km  | M40  | KORDOWSKI Piotr       | Lux Torpeda Małopolska     | 1971    | 0     | 41.97 | 0     | 0     | 0     | 41.97 |
| 374 | 11,6km  | M30  | JANICKI Grzegorz      |                            | 1983    | 0     | 41.57 | 0     | 0     | 0     | 41.57 |
| 375 | 11,6km  | M20  | GAICKI Maciej         |                            | 1989    | 0     | 0     | 41.44 | 0     | 0     | 41.44 |
| 376 | 11,6km  | M40  | WILK Krzysztof        | Udo Grubbe                 | 1973    | 41.32 | 0     | 0     | 0     | 0     | 41.32 |
| 377 | 11,6km  | M40  | KUMOREK Zbigniew      |                            | 1974    | 1     | 22.25 | 0     | 2.57  | 14.99 | 40.81 |
| 378 | 11,6km  | M40  | SLOWINSKI Pawel       |                            | 1969    | 0     | 26.83 | 13.8  | 0     | 0     | 40.63 |
| 379 | 11,6km  | M30  | OZOG Mirosław         | Skawina Biega              | 1983    | 0     | 0     | 0     | 40.47 | 0     | 40.47 |
| 380 | 11,6km  | M40  | KRUPINSKI Marek       | AZS AGH Kraków             | 1971    | 0     | 0     | 0     | 40.07 | 0     | 40.07 |
| 381 | 11,6km  | M30  | WARIAN Mateusz        |                            | 0       | 0     | 39.85 | 0     | 0     | 0     | 39.85 |
| 382 | 11,6km  | M20  | CHECHELSKI Przemysław | Sportowe Śpiwory           | 1993    | 0     | 39.77 | 0     | 0     | 0     | 39.77 |
| 383 | 11,6km  | M30  | FROSZTEGA Marcin      |                            | 0       | 0     | 27.78 | 10.69 | 1     | 0     | 39.47 |
| 384 | 11,6km  | M30  | ZIOLEK Marcin         | GTX Team                   | 1985    | 0     | 0     | 0     | 39.35 | 0     | 39.35 |
| 385 | 11,6km  | M50  | MIELNIK Andrzej       | LEŚNE LUDKI ŻARKI LETNISKO | 1959    | 0     | 0     | 0     | 0     | 38.4  | 38.4  |
| 386 | 11,6km  | M30  | OCHAB Michał          | FKS Stal Mielec            | 1984    | 0     | 37.71 | 0     | 0     | 0     | 37.71 |
| 386 | 11,6km  | M40  | TAJAK Tomasz          |                            | 1974    | 0     | 0     | 0     | 0     | 37.71 | 37.71 |
| 388 | 11,6km  | M30  | STACH Dariusz         |                            | 1983    | 37.68 | 0     | 0     | 0     | 0     | 37.68 |
| 389 | 11,6km  | M30  | TORON Maciej          |                            | 1988    | 0     | 37.47 | 0     | 0     | 0     | 37.47 |
| 390 | 11,6km  | M30  | GURBIEL Michał        | BeFit24Team                | 1979    | 0     | 0     | 12.1  | 4.26  | 20.88 | 37.24 |
| 391 | 11,6km  | M40  | SKROBOT Łukasz        | BoSięBiega                 | 1977    | 0     | 37.17 | 0     | 0     | 0     | 37.17 |
| 392 | 11,6km  | M30  | STACHURSKI Paweł      | G.O.A.T. Team Michałowice  | 1986    | 0     | 0     | 0     | 36.48 | 0     | 36.48 |

| #   | Dystans | Kat. | Nazwisko, imię      | Klub                        | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|---------------------|-----------------------------|---------|-------|-------|-------|-------|-------|-------|
| 393 | 11,6km  | M30  | BARAN Bartosz       | Żołnierze Hardkoru          | 1986    | 0     | 31.2  | 1.67  | 3.57  | 0     | 36.44 |
| 394 | 11,6km  | M30  | WASIELEWSKI Adrian  |                             | 1988    | 0     | 0     | 0     | 35.97 | 0     | 35.97 |
| 395 | 11,6km  | M20  | DUDA Daniel         |                             | 1991    | 0     | 0     | 0     | 35.54 | 0     | 35.54 |
| 396 | 11,6km  | M20  | WYKURZ Tomasz       | Wkurw_Team                  | 1991    | 6.16  | 23.91 | 1     | 1     | 2.63  | 33.7  |
| 397 | 11,6km  | M30  | CHROST Pawel        |                             | 1988    | 0     | 33.68 | 0     | 0     | 0     | 33.68 |
| 398 | 11,6km  | M40  | RICARDO I-Fadrique  | water Dragon                | 1971    | 0     | 33.5  | 0     | 0     | 0     | 33.5  |
| 399 | 11,6km  | M30  | WINCENCIAK Jaroslaw | Kulfon                      | 1984    | 33.08 | 0     | 0     | 0     | 0     | 33.08 |
| 400 | 11,6km  | M30  | MALINA Michal       | Kulfon                      | 1983    | 33.06 | 0     | 0     | 0     | 0     | 33.06 |
| 401 | 11,6km  | M50  | CEBULA Jerzy        |                             | 1958    | 0     | 0     | 0     | 0     | 33.04 | 33.04 |
| 402 | 11,6km  | M30  | POLESELLO Maxime    |                             | 1981    | 33.02 | 0     | 0     | 0     | 0     | 33.02 |
| 403 | 11,6km  | M30  | KOSCIUSZKO Michal   | PROF                        | 1985    | 0     | 32.6  | 0     | 0     | 0     | 32.6  |
| 404 | 11,6km  | M30  | STRAZ Maciej        | Kraków Airport Running Team | 1982    | 32.51 | 0     | 0     | 0     | 0     | 32.51 |
| 405 | 11,6km  | M40  | DUDA Krzysztof      | Nowa Huta Team              | 1974    | 3.41  | 26.79 | 1     | 0     | 1     | 32.2  |
| 406 | 11,6km  | M30  | STASIAK Marek       |                             | 1979    | 0     | 0     | 32.1  | 0     | 0     | 32.1  |
| 407 | 11,6km  | M40  | JASTRZEBSKI Rafal   | Sanmargar                   | 1974    | 0     | 31.74 | 0     | 0     | 0     | 31.74 |
| 408 | 11,6km  | M30  | SERWIN Lukasz       | BeFit24Team                 | 1983    | 16.65 | 0     | 1     | 0     | 13.69 | 31.34 |
| 409 | 11,6km  | M40  | OLSZA Pawel         |                             | 1977    | 31.01 | 0     | 0     | 0     | 0     | 31.01 |
| 410 | 11,6km  | M30  | SLONSKI Slawomir    |                             | 1982    | 0     | 0     | 0     | 0     | 30.3  | 30.3  |
| 411 | 11,6km  | M30  | STYRNA Tomasz       |                             | 1979    | 30.24 | 0     | 0     | 0     | 0     | 30.24 |
| 412 | 11,6km  | M40  | SLIWA Jakub         | AZS AWF KRAKÓW MASTERS      | 1970    | 0     | 0     | 30.01 | 0     | 0     | 30.01 |
| 413 | 11,6km  | M30  | GINTER Grzegorz     |                             | 1985    | 29.35 | 0     | 0     | 0     | 0     | 29.35 |
| 414 | 11,6km  | M20  | PACIGA Krzysztof    | HUSARIA RACE TEAM           | 1992    | 0     | 0     | 13.24 | 0     | 16.09 | 29.33 |
| 415 | 11,6km  | M20  | SZEMCZYK Michal     |                             | 1989    | 29.16 | 0     | 0     | 0     | 0     | 29.16 |
| 416 | 11,6km  | M40  | DUDA Krzysztof      |                             | 0       | 0     | 26.79 | 1     | 0     | 1     | 28.79 |



| #   | Dystans | Kat. | Nazwisko, imię      | Klub                                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|---------------------|-------------------------------------------|---------|-------|-------|-------|-------|-------|-------|
| 417 | 11,6km  | M30  | MAMICA Andrzej      |                                           | 1979    | 28.7  | 0     | 0     | 0     | 0     | 28.7  |
| 418 | 11,6km  | M30  | TARNOWSKI Szymon    |                                           | 0       | 0     | 0     | 17.02 | 0     | 11.37 | 28.39 |
| 419 | 11,6km  | M40  | KULCZYCKI Sebastian | KW Kraków/Chrzanów Parkrun                | 1972    | 1.6   | 18.38 | 7.17  | 1     | 0     | 28.15 |
| 420 | 11,6km  | M70  | KOPTA Jerzy         | Cwałujące Dziadki                         | 1945    | 1     | 23.38 | 0     | 1     | 1     | 26.38 |
| 421 | 11,6km  | M40  | POPCZYK Grzegorz    |                                           | 1973    | 0     | 0     | 0     | 0     | 25.61 | 25.61 |
| 422 | 11,6km  | M30  | ROCZNIK Grzegorz    | Centrum Zdrowia Biegacza                  | 1980    | 25.4  | 0     | 0     | 0     | 0     | 25.4  |
| 423 | 11,6km  | M20  | BOROWIECKI Marcin   |                                           | 1990    | 0     | 0     | 0     | 0     | 24.39 | 24.39 |
| 424 | 11,6km  | M40  | KOSZALKA Marcin     | Klub Wysokogórski Kraków                  | 1970    | 20.99 | 0     | 3.2   | 0     | 0     | 24.19 |
| 425 | 11,6km  | M60  | GRACZYK Roman       | Krzysiek Pomaga Pomagać                   | 1958    | 0     | 21.8  | 0     | 1     | 0     | 22.8  |
| 426 | 11,6km  | M50  | MARCINEK Wojciech   | Trailrun                                  | 1960    | 0     | 21.98 | 0     | 0     | 0     | 21.98 |
| 427 | 11,6km  | M50  | BIRCZYNSKI Pawel    |                                           | 1963    | 0     | 0     | 0     | 21.64 | 0     | 21.64 |
| 428 | 11,6km  | M30  | MIROCHA Michal      | heavyweightrunningteam/ Potrzymaj mi piwo | 1983    | 1     | 16.54 | 3.89  | 0     | 0     | 21.43 |
| 429 | 11,6km  | M30  | MAREK Fortuna       |                                           | 0       | 0     | 20.13 | 0     | 0     | 0     | 20.13 |
| 430 | 11,6km  | M60  | KOWALCZYK Tadeusz   |                                           | 1954    | 1     | 16.29 | 1     | 0     | 1     | 19.29 |
| 431 | 11,6km  | M40  | ZYCH Andrzej        |                                           | 1975    | 0     | 0     | 0     | 18.79 | 0     | 18.79 |
| 432 | 11,6km  | M30  | KRZEMINSKI Lukasz   |                                           | 1982    | 0     | 0     | 0     | 0     | 17.2  | 17.2  |
| 433 | 11,6km  | M30  | SZCZERBA Blazej     |                                           | 1988    | 17.16 | 0     | 0     | 0     | 0     | 17.16 |
| 434 | 11,6km  | M30  | MILOWSKI Lukasz     | INTELLI ONE TEAM                          | 1982    | 0     | 0     | 0     | 7.2   | 9.73  | 16.93 |
| 435 | 11,6km  | M40  | SLOWINSKI Pawel     |                                           | 0       | 0     | 0     | 0     | 1     | 15.66 | 16.66 |
| 436 | 11,6km  | M30  | GUZIK Tomasz        |                                           | 1981    | 0     | 0     | 0     | 0     | 14.83 | 14.83 |
| 437 | 11,6km  | M30  | ZUBALSKI Artur      | Ring Kraków                               | 1983    | 0     | 0     | 0     | 14.44 | 0     | 14.44 |
| 438 | 11,6km  | M20  | ARCISZEWSKI Mateusz |                                           | 1991    | 14.27 | 0     | 0     | 0     | 0     | 14.27 |
| 439 | 11,6km  | M50  | ROIK Tomasz         | biegam dla basi                           | 1959    | 2.46  | 10.25 | 0     | 0     | 0     | 12.71 |
| 440 | 11,6km  | M30  | SZCZUREK Michal     |                                           | 1988    | 0     | 12.21 | 0     | 0     | 0     | 12.21 |

| #   | Dystans | Kat. | Nazwisko, imię          | Klub                  | Rok ur. | E1    | E2   | E3 | E4   | E5 | Suma  |
|-----|---------|------|-------------------------|-----------------------|---------|-------|------|----|------|----|-------|
| 441 | 11,6km  | M40  | PAWELCZUK Piotr         | runningperformance.pl | 1978    | 11.21 | 0    | 0  | 0    | 0  | 11.21 |
| 442 | 11,6km  | M30  | KROL Tomasz             |                       | 1988    | 0     | 0    | 0  | 9.9  | 0  | 9.9   |
| 443 | 11,6km  | M40  | WANDAS Grzegorz         |                       | 1978    | 0     | 0    | 0  | 8.77 | 0  | 8.77  |
| 444 | 11,6km  | M30  | SZYMON Tarnowski        |                       | 1987    | 0     | 0    | 0  | 8.52 | 0  | 8.52  |
| 445 | 11,6km  | M40  | GAWOR Ireneusz          |                       | 1975    | 1     | 2.69 | 1  | 1    | 1  | 5.69  |
| 446 | 11,6km  | M30  | KOKORYK Michal          |                       | 1982    | 0     | 0    | 0  | 5.42 | 0  | 5.42  |
| 447 | 11,6km  | M40  | BLASZCZAK Jaroslaw      | Go Aktiv!             | 1971    | 0     | 0    | 0  | 4.85 | 0  | 4.85  |
| 448 | 11,6km  | M40  | MACIEJAS Daniel         | Husaria Race Team     | 1978    | 1     | 1    | 1  | 1    | 0  | 4     |
| 448 | 11,6km  | M40  | KLASA Tomasz            | onkologiaprywatnie.pl | 1976    | 1     | 1    | 1  | 1    | 1  | 4     |
| 450 | 11,6km  | M30  | GAWEDZKI Dariusz        |                       | 1981    | 0     | 0    | 0  | 3.66 | 0  | 3.66  |
| 451 | 11,6km  | M40  | BADYLA Dariusz          |                       | 1976    | 0     | 0    | 0  | 3.58 | 0  | 3.58  |
| 452 | 11,6km  | M40  | POZNANSKI Tomasz        | happy TRI friends     | 1972    | 1     | 0    | 1  | 1    | 0  | 3     |
| 453 | 11,6km  | M30  | LESZCZYNSKI Aleksander  |                       | 1980    | 1     | 1    | 0  | 0    | 0  | 2     |
| 454 | 11,6km  | M50  | KANIA Robert            |                       | 1965    | 0     | 0    | 0  | 0    | 1  | 1     |
| 454 | 11,6km  | M40  | ORLOWICZ Marcin         |                       | 1978    | 0     | 0    | 0  | 0    | 1  | 1     |
| 454 | 11,6km  | M20  | MELNYCHUK Roman         |                       | 0       | 0     | 1    | 0  | 0    | 0  | 1     |
| 454 | 11,6km  | M20  | HUDASZEK Zbigniew       |                       | 1991    | 0     | 0    | 1  | 0    | 0  | 1     |
| 454 | 11,6km  | M50  | CEZARY Duliasz          |                       | 0       | 0     | 1    | 0  | 0    | 0  | 1     |
| 454 | 11,6km  | M30  | POSNIK Jan              | Husaria Race Team     | 1988    | 0     | 0    | 0  | 1    | 0  | 1     |
| 454 | 11,6km  | M40  | WIJAS Mariusz           |                       | 1973    | 0     | 0    | 0  | 1    | 0  | 1     |
| 454 | 11,6km  | M40  | MASZCZYK Andrzej        |                       | 1971    | 0     | 0    | 0  | 1    | 0  | 1     |
| 454 | 11,6km  | M30  | STACHURA Piotr          | Go Aktiv!             | 1986    | 1     | 0    | 0  | 0    | 0  | 1     |
| 463 | 11,6km  | M20  | GURDAK Mateusz          | Trailrun              | 0       | 0     | 0    | 0  | 0    | 0  | 0     |
| 463 | 11,6km  | M30  | URIBE-ABARCA Juanmanuel | Trailrun              | 1988    | 0     | 0    | 0  | 0    | 0  | 0     |

| #   | Dystans | Kat. | Nazwisko, imię | Klub       | Rok ur. | E1 | E2 | E3 | E4 | E5 | Suma |
|-----|---------|------|----------------|------------|---------|----|----|----|----|----|------|
| 463 | 11,6km  | M30  | CWIKLA Pawel   |            | 0       | 0  | 0  | 0  | 0  | 0  | 0    |
| 463 | 11,6km  | M30  | KORN Michal    |            | 0       | 0  | 0  | 0  | 0  | 0  | 0    |
| 463 | 11,6km  | M20  | ROS Mateusz    | iGNAtanium | 1991    | 0  | 0  | 0  | 0  | 0  | 0    |



# Grand Prix Krakowa w biegach górskich 2018/2019

Klasyfikacja generalna

[Nordic Walking - OPEN](#)
[3,7km - OPEN](#)
[3,7km - KATEGORIE](#)
[5,7km - OPEN](#)
[5,7km - KATEGORIE](#)
[11,6km - OPEN](#)
[11,6km - KATEGORIE](#)
  
[23km - OPEN](#)
[23km - KATEGORIE](#)

## 11,6km - K20

| #  | Dystans | Kat. | Nazwisko, imię        | Klub                                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-----------------------|----------------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 11,6km  | K20  | LORENS Magdalena      | G.O.A.T. Team Michałowice              | 1992    | 94.46 | 99.19 | 100   | 100   | 94.39 | 393.65 |
| 2  | 11,6km  | K20  | FIJALKOWSKA Ewa       | Nowa Huta Team                         | 1992    | 89.37 | 93.16 | 90.88 | 84.05 | 0     | 357.46 |
| 3  | 11,6km  | K20  | DUBIENKO Joanna       | UNLIMITED TRIATHLON KRAKÓW             | 1989    | 85.58 | 84.79 | 92.33 | 0     | 91.49 | 354.19 |
| 4  | 11,6km  | K20  | KOLACKA Martyna       | Go Aptiv!                              | 1989    | 88.23 | 93.19 | 97.09 | 59.13 | 72.01 | 350.52 |
| 5  | 11,6km  | K20  | TROC Maria            | Skawina Biega                          | 1990    | 0     | 79.49 | 80.87 | 82.07 | 83.46 | 325.89 |
| 6  | 11,6km  | K20  | BLICHARZ Ewelina      | Nie ma letko                           | 1992    | 84.16 | 79.96 | 81.97 | 77.98 | 0     | 324.07 |
| 7  | 11,6km  | K20  | SZCZEPANSKA Edyta     |                                        | 1989    | 67.63 | 73.47 | 77.19 | 92.6  | 78.62 | 321.88 |
| 8  | 11,6km  | K20  | PRZEBINDA Anna        |                                        | 1990    | 0     | 100   | 0     | 97.07 | 100   | 297.07 |
| 9  | 11,6km  | K20  | KOWALSKA Paulina      | POLKAS                                 | 1990    | 70.26 | 69.73 | 77.79 | 72.93 | 75.11 | 296.09 |
| 10 | 11,6km  | K20  | MARCHEWKA Klaudia     |                                        | 1993    | 73.31 | 66.92 | 73.76 | 74.43 | 67.52 | 289.02 |
| 11 | 11,6km  | K20  | WEGRZYN Katarzyna     | Oknoplast Running Team / Bochnia Biega | 1990    | 69.25 | 0     | 68.62 | 66.62 | 77.22 | 281.71 |
| 12 | 11,6km  | K20  | GŁOD Izabela          | tastyrun.pl                            | 1989    | 69.88 | 72.93 | 0     | 58.29 | 70.72 | 271.82 |
| 13 | 11,6km  | K20  | MIKULKA-MOS Katarzyna |                                        | 1992    | 69.42 | 0     | 67.5  | 70.5  | 57.61 | 265.03 |
| 14 | 11,6km  | K20  | BACZEK Natalia        | AROMAT NÓG                             | 1994    | 56.19 | 62.11 | 64.06 | 67.3  | 0     | 249.66 |
| 15 | 11,6km  | K20  | KOWALEWSKA Claudia    | UBS Kraków Running Team                | 1989    | 62.52 | 0     | 63.44 | 58.28 | 63.69 | 247.93 |
| 16 | 11,6km  | K20  | ZIELINSKA Agata       | BeFit24Team                            | 1991    | 43.39 | 57.84 | 69.67 | 61.58 | 0     | 232.48 |

| #  | Dystans | Kat. | Nazwisko, imię                | Klub                    | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-------------------------------|-------------------------|---------|-------|-------|-------|-------|-------|--------|
| 17 | 11,6km  | K20  | FOLTA Katarzyna               |                         | 1994    | 58.44 | 45.71 | 71.57 | 0     | 54.08 | 229.8  |
| 18 | 11,6km  | K20  | KARPIEL Magdalena             | Trailrun                | 1991    | 53.9  | 56.13 | 56.76 | 55.32 | 59.31 | 227.52 |
| 19 | 11,6km  | K20  | MACHAJSKA Malgorzata          |                         | 1989    | 0     | 0     | 76.02 | 70.71 | 74.99 | 221.72 |
| 20 | 11,6km  | K20  | SYROWIECKA Joanna             |                         | 0       | 0     | 73.52 | 0     | 69.81 | 73.07 | 216.4  |
| 21 | 11,6km  | K20  | MALECKA Anna                  |                         | 1989    | 43.38 | 53.43 | 0     | 35.91 | 39.48 | 172.2  |
| 22 | 11,6km  | K20  | DRAG Justyna                  |                         | 1990    | 59.01 | 60.85 | 50.77 | 0     | 0     | 170.63 |
| 23 | 11,6km  | K20  | KULCZYCKA-WOJCIK Dominika     | KS Kościelec Chrzanów   | 1993    | 0     | 0     | 42.84 | 49.16 | 58.38 | 150.38 |
| 24 | 11,6km  | K20  | CHOLEWCZUK Agnieszka          | Wild Dogs Team          | 1991    | 0     | 0     | 70.33 | 0     | 71.14 | 141.47 |
| 25 | 11,6km  | K20  | BALUTA Edyta                  |                         | 1994    | 100   | 0     | 0     | 0     | 0     | 100    |
| 26 | 11,6km  | K20  | RACKA Martyna                 |                         | 1990    | 0     | 0     | 47.57 | 0     | 48.07 | 95.64  |
| 27 | 11,6km  | K20  | GARBACIK Maja                 | WKS Wawel BnO           | 2000    | 0     | 0     | 0     | 93.63 | 0     | 93.63  |
| 28 | 11,6km  | K20  | TOPOR Magdalena               |                         | 2001    | 0     | 0     | 0     | 92.58 | 0     | 92.58  |
| 29 | 11,6km  | K20  | PAPROCKA Urszula-Paprocka     | Nowa Huta Team          | 1990    | 0     | 87.32 | 0     | 0     | 0     | 87.32  |
| 30 | 11,6km  | K20  | MARCZEWSKA Gabriela           |                         | 1991    | 0     | 0     | 0     | 0     | 82.65 | 82.65  |
| 31 | 11,6km  | K20  | LECH Ewa                      | Eskadra Kraków          | 1990    | 0     | 0     | 0     | 82.4  | 0     | 82.4   |
| 32 | 11,6km  | K20  | KSYTA Martyna                 | Trailrun                | 1990    | 0     | 0     | 0     | 0     | 81.24 | 81.24  |
| 33 | 11,6km  | K20  | CICHON Tamara                 | AZS UJ                  | 1998    | 0     | 80.91 | 0     | 0     | 0     | 80.91  |
| 34 | 11,6km  | K20  | KOLEGOWICZ Klaudia            | BeFit24Team             | 1989    | 0     | 0     | 0     | 0     | 80.18 | 80.18  |
| 35 | 11,6km  | K20  | TRZCIONKA Justyna             | Bieganie Góry Las Błoto | 1990    | 0     | 0     | 75.7  | 0     | 0     | 75.7   |
| 36 | 11,6km  | K20  | DZIEDZIC Zaneta               |                         | 1993    | 0     | 0     | 0     | 75.43 | 0     | 75.43  |
| 37 | 11,6km  | K20  | KUSZTAL Justyna               |                         | 1900    | 72.43 | 0     | 0     | 0     | 0     | 72.43  |
| 38 | 11,6km  | K20  | STEPIEN-ZGLICZYNSKA Katarzyna | Eskadra Kraków          | 1989    | 0     | 0     | 0     | 70.72 | 0     | 70.72  |
| 39 | 11,6km  | K20  | WYWROT Karolina               |                         | 1993    | 0     | 0     | 50.49 | 0     | 18.67 | 69.16  |
| 40 | 11,6km  | K20  | SENDEK Katarzyna              | Husaria Race Team       | 1989    | 0     | 0     | 0     | 68.68 | 0     | 68.68  |

| #  | Dystans | Kat. | Nazwisko, imię      | Klub | Rok ur. | E1    | E2    | E3    | E4 | E5 | Suma  |
|----|---------|------|---------------------|------|---------|-------|-------|-------|----|----|-------|
| 41 | 11,6km  | K20  | WIS Modesta         |      | 1990    | 64.14 | 0     | 0     | 0  | 0  | 64.14 |
| 42 | 11,6km  | K20  | WIERZBANOWSKA Marta |      | 1995    | 64.04 | 0     | 0     | 0  | 0  | 64.04 |
| 43 | 11,6km  | K20  | POLOCZEK Katarzyna  |      | 0       | 0     | 63.86 | 0     | 0  | 0  | 63.86 |
| 44 | 11,6km  | K20  | NAWROT Anna         |      | 1992    | 0     | 57.47 | 0     | 0  | 0  | 57.47 |
| 45 | 11,6km  | K20  | KUC Ewa             |      | 1991    | 0     | 52.64 | 0     | 0  | 0  | 52.64 |
| 46 | 11,6km  | K20  | DUKAT Sandra        |      | 1998    | 0     | 51.33 | 0     | 0  | 0  | 51.33 |
| 47 | 11,6km  | K20  | JANIAK Malgorzata   |      | 0       | 0     | 0     | 36.83 | 0  | 0  | 36.83 |

## 11,6km - K30

| #  | Dystans | Kat. | Nazwisko, imię             | Klub                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------------|------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 11,6km  | K30  | SOLAKIEWICZ Anna           | BeFit24Team            | 1983    | 97.7  | 93.1  | 100   | 100   | 100   | 397.7  |
| 2  | 11,6km  | K30  | ZYCH Katarzyna             | Bonnie & Clyde         | 1979    | 100   | 100   | 99.18 | 85.37 | 92.92 | 392.1  |
| 3  | 11,6km  | K30  | JABLONSKA Sylwia           |                        | 1982    | 94.03 | 85.69 | 95.07 | 91.66 | 95.62 | 376.38 |
| 4  | 11,6km  | K30  | BRZYSKA Karolina           | BrzyskiTriTeam         | 1987    | 91.46 | 93.91 | 86.06 | 0     | 88.98 | 360.41 |
| 5  | 11,6km  | K30  | PLAZIAK-KOWALSKA Magdalena | 2k                     | 1983    | 82.38 | 86.99 | 83.35 | 81.02 | 88.22 | 340.94 |
| 6  | 11,6km  | K30  | MAHER Bernadette           | Wimbledon Windmilers   | 1981    | 82.22 | 84.91 | 81.76 | 0     | 84.85 | 333.74 |
| 7  | 11,6km  | K30  | PAWLOWICZ Anna             | OKNOPLAST RUNNING TEAM | 1982    | 79.94 | 80.69 | 78.15 | 80.94 | 87.11 | 328.68 |
| 8  | 11,6km  | K30  | BIELEC Kinga               | Husaria Race Team      | 1983    | 85.57 | 81.37 | 79.31 | 81.5  | 0     | 327.75 |
| 9  | 11,6km  | K30  | WOJTASZEK Malwina          |                        | 1988    | 80.53 | 80.97 | 83.1  | 0     | 79.98 | 324.58 |
| 10 | 11,6km  | K30  | GOMOLKA Agata              | MOK Mszana Dolna       | 1984    | 80.5  | 55.83 | 78.29 | 78.47 | 84.02 | 321.28 |
| 11 | 11,6km  | K30  | MIKOS Magdalena            |                        | 1985    | 0     | 75.69 | 76.41 | 79.87 | 81.94 | 313.91 |
| 12 | 11,6km  | K30  | JEDLINSKA Malgorzata       | Zupa Pomidorowa        | 1985    | 0     | 73.71 | 72.62 | 76.18 | 80.02 | 302.53 |
| 13 | 11,6km  | K30  | KORUSIEWICZ Karolina       |                        | 0       | 72.82 | 73.65 | 74.4  | 75.09 | 79.22 | 302.36 |
| 14 | 11,6km  | K30  | SWIERCZYNSKA Gabriela      |                        | 1982    | 73.33 | 71.38 | 76.58 | 67.95 | 72.52 | 293.81 |

| #  | Dystans | Kat. | Nazwisko, imię             | Klub                        | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------------|-----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 15 | 11,6km  | K30  | STEFANCZYK Monika          |                             | 1980    | 73.06 | 73.84 | 0     | 72.79 | 73.01 | 292.7  |
| 16 | 11,6km  | K30  | SZCZERBA Karolina          |                             | 1988    | 0     | 71.12 | 68.08 | 67.84 | 81.45 | 288.49 |
| 17 | 11,6km  | K30  | RADCZUK Daria              | Polar Team                  | 1986    | 92.4  | 92.38 | 97.51 | 0     | 0     | 282.29 |
| 18 | 11,6km  | K30  | KAMISINSKA Dorota          | BeFit24Team                 | 1980    | 62.84 | 59.8  | 67.7  | 73.65 | 75.49 | 279.68 |
| 19 | 11,6km  | K30  | ZIEBA Anna                 | Poranny Patrol              | 1979    | 71.83 | 72.51 | 65.07 | 62.24 | 65.14 | 274.55 |
| 20 | 11,6km  | K30  | WILK Katarzyna             | BeFit24Team                 | 1983    | 64.9  | 68.65 | 61.7  | 35.52 | 71.84 | 267.09 |
| 21 | 11,6km  | K30  | WENECKA-FLIS Anna          |                             | 1979    | 67.73 | 70.55 | 0     | 60.85 | 67.15 | 266.28 |
| 22 | 11,6km  | K30  | KOLCZYN Magdalena          | BeFit24Team                 | 1985    | 90.24 | 0     | 0     | 81.57 | 87.99 | 259.8  |
| 23 | 11,6km  | K30  | MICHALIK Magdalena         | Helpiness                   | 1979    | 66.26 | 66.43 | 0     | 56.28 | 66.16 | 255.13 |
| 24 | 11,6km  | K30  | KORYCINSKA Izabela         |                             | 1987    | 0     | 70.08 | 46.82 | 63.46 | 68.93 | 249.29 |
| 25 | 11,6km  | K30  | LORENZ Anna                | #AdamCzerwińskiTeam         | 1980    | 62.1  | 62.75 | 63.03 | 47.57 | 60.95 | 248.83 |
| 26 | 11,6km  | K30  | ZON Olga                   |                             | 1980    | 63.47 | 54.64 | 60.28 | 43.94 | 67.94 | 246.33 |
| 27 | 11,6km  | K30  | BLUJ Dagmara               |                             | 1985    | 53.55 | 64.67 | 60.25 | 0     | 67.24 | 245.71 |
| 28 | 11,6km  | K30  | MAZUR Kasia                | MUAY RUNNING TEAM           | 1984    | 0     | 61.76 | 65.48 | 54.61 | 59.08 | 240.93 |
| 29 | 11,6km  | K30  | LIPSKA Anna                | BeFit24Team                 | 1983    | 55.69 | 58.16 | 56.45 | 43.45 | 57.5  | 227.8  |
| 30 | 11,6km  | K30  | PILCH Anna                 | Probalans                   | 1987    | 54.85 | 45.56 | 62.5  | 60.77 | 0     | 223.68 |
| 31 | 11,6km  | K30  | RYBACKA Katarzyna          |                             | 1979    | 0     | 53.09 | 55.08 | 54.32 | 61.07 | 223.56 |
| 32 | 11,6km  | K30  | DZIEDZIC Joanna            |                             | 1980    | 57.57 | 54.97 | 54.84 | 54.09 | 55.12 | 222.5  |
| 33 | 11,6km  | K30  | ZAJAC-CEKIERA Joanna       | Iron Dragon                 | 0       | 0     | 62.88 | 51.37 | 43.58 | 57.96 | 215.79 |
| 34 | 11,6km  | K30  | CAPAC Emilia               |                             | 1986    | 54.86 | 51.15 | 47.25 | 47.65 | 0     | 200.91 |
| 35 | 11,6km  | K30  | PIEKARNIAK Agnieszka       | #AdamCzerwińskiTeam         | 1984    | 0     | 64.86 | 64.02 | 60.69 | 0     | 189.57 |
| 36 | 11,6km  | K30  | DANEL Magdalena            | Need For Speed              | 1985    | 45.15 | 0     | 48.86 | 25.87 | 52.23 | 172.11 |
| 37 | 11,6km  | K30  | KRAWCZYK-KUBOWICZ Gabriela | Nowohucki Kombinat Sportowy | 1983    | 41.38 | 0     | 45.48 | 38.63 | 45.31 | 170.8  |
| 38 | 11,6km  | K30  | MAGOCSY Justyna            |                             | 1987    | 56.35 | 56.78 | 56.18 | 0     | 0     | 169.31 |

| #  | Dystans | Kat. | Nazwisko, imię            | Klub                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------------|------------------------|---------|-------|-------|-------|-------|-------|--------|
| 39 | 11,6km  | K30  | KUREK Anna                |                        | 1979    | 40.58 | 42.48 | 48.08 | 36.92 | 0     | 168.06 |
| 40 | 11,6km  | K30  | ZYGADLO Agnieszka         |                        | 1986    | 29.91 | 38.54 | 32.33 | 43.66 | 52.56 | 167.09 |
| 41 | 11,6km  | K30  | ZIOLKOWSKA Monika         | Kolorowa Drużyna Nessi | 1984    | 63.95 | 52.98 | 47.83 | 0     | 0     | 164.76 |
| 42 | 11,6km  | K30  | BOCHENSKA Katarzyna       |                        | 1987    | 83.55 | 0     | 74.9  | 0     | 0     | 158.45 |
| 43 | 11,6km  | K30  | PLAWECKA Barbara          |                        | 1979    | 67.59 | 60    | 0     | 23.11 | 0     | 150.7  |
| 44 | 11,6km  | K30  | SZOSTAK Agnieszka         |                        | 1980    | 25.74 | 0     | 46.98 | 29.34 | 38.33 | 140.39 |
| 45 | 11,6km  | K30  | ZAK Elzbieta              | BeFit24Team            | 1984    | 42.83 | 54.92 | 42.1  | 0     | 0     | 139.85 |
| 46 | 11,6km  | K30  | CIESLA Magda              |                        | 1987    | 62.24 | 0     | 62.19 | 0     | 0     | 124.43 |
| 47 | 11,6km  | K30  | KOŁODZIEJ Ewelina         |                        | 1988    | 43.39 | 37.65 | 0     | 9.55  | 32.52 | 123.11 |
| 48 | 11,6km  | K30  | IDASIAK Aleksandra        |                        | 1986    | 0     | 63.64 | 59.41 | 0     | 0     | 123.05 |
| 49 | 11,6km  | K30  | PISARCZYK Karolina        | BeFit24Team            | 1986    | 0     | 40.5  | 51.6  | 28.71 | 0     | 120.81 |
| 50 | 11,6km  | K30  | GARPIEL Joanna            |                        | 1985    | 0     | 61.2  | 0     | 0     | 51.6  | 112.8  |
| 51 | 11,6km  | K30  | STAWSKA Natalia           |                        | 1986    | 0     | 41.9  | 29.95 | 8.21  | 32.55 | 112.61 |
| 52 | 11,6km  | K30  | SLUPINSKA Ewa             |                        | 1988    | 58.99 | 48.24 | 0     | 0     | 0     | 107.23 |
| 53 | 11,6km  | K30  | BUJAK-CHWIST Maja         |                        | 0       | 0     | 55.71 | 49.83 | 0     | 0     | 105.54 |
| 54 | 11,6km  | K30  | LUTY-LEGUTKO Anka         | #AdamCzerwińskiTeam    | 1979    | 0     | 0     | 0     | 92.14 | 0     | 92.14  |
| 55 | 11,6km  | K30  | ELLA Waddingham           | Wimbledon Windmilers   | 1979    | 0     | 89.66 | 0     | 0     | 0     | 89.66  |
| 56 | 11,6km  | K30  | LASOTA-KOWALSKA Katarzyna | Fizjo-Balance Kraków   | 1982    | 0     | 0     | 0     | 0     | 86.87 | 86.87  |
| 57 | 11,6km  | K30  | TUSINSKA Aleksandra       |                        | 1985    | 85    | 0     | 0     | 0     | 0     | 85     |
| 58 | 11,6km  | K30  | GOM-KA Agata              | MOK Mszana Dolna       | 1984    | 0     | 0     | 0     | 0     | 84.02 | 84.02  |
| 59 | 11,6km  | K30  | ARTER Angelika            |                        | 1986    | 81.84 | 0     | 0     | 0     | 0     | 81.84  |
| 60 | 11,6km  | K30  | RYLKO Agnieszka           | ITMBW Kraków           | 1987    | 0     | 0     | 0     | 0     | 81.46 | 81.46  |
| 61 | 11,6km  | K30  | MASALSKA-PAWLAK Agata     |                        | 1981    | 0     | 0     | 0     | 78.23 | 0     | 78.23  |
| 62 | 11,6km  | K30  | DUDZIAK Dorota            | #AdamCzerwińskiTeam    | 1986    | 0     | 0     | 0     | 75.24 | 0     | 75.24  |



| #  | Dystans | Kat. | Nazwisko, imię          | Klub                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|----|---------|------|-------------------------|------------------------|---------|-------|-------|-------|-------|-------|-------|
| 63 | 11,6km  | K30  | SWIERC Barbara          |                        | 1987    | 73.71 | 0     | 0     | 0     | 0     | 73.71 |
| 64 | 11,6km  | K30  | KOŁODZIEJCZYK Monika    | Jura Team              | 1982    | 0     | 73.69 | 0     | 0     | 0     | 73.69 |
| 65 | 11,6km  | K30  | GORNIAK Małgorzata      | AZS AWF KRAKÓW MASTERS | 1984    | 0     | 0     | 72.15 | 0     | 0     | 72.15 |
| 66 | 11,6km  | K30  | PORADZISZ Natalia       |                        | 0       | 0     | 69.78 | 0     | 0     | 0     | 69.78 |
| 67 | 11,6km  | K30  | KOSIBA-LUCZAK Katarzyna |                        | 1987    | 0     | 65.98 | 0     | 0     | 0     | 65.98 |
| 68 | 11,6km  | K30  | SARZYNSKA Katarzyna     |                        | 0       | 0     | 64.27 | 0     | 0     | 0     | 64.27 |
| 69 | 11,6km  | K30  | SLIWA Agnieszka         |                        | 1986    | 0     | 0     | 63.96 | 0     | 0     | 63.96 |
| 70 | 11,6km  | K30  | FRANCZAK Katarzyna      |                        | 0       | 0     | 0     | 61.02 | 0     | 0     | 61.02 |
| 71 | 11,6km  | K30  | MARK Julia              |                        | 1980    | 7.94  | 34.86 | 16.88 | 0     | 0     | 59.68 |
| 72 | 11,6km  | K30  | CZAPIEWSKA Eliza        | GT Alex                | 1985    | 0     | 0     | 0     | 0     | 59.56 | 59.56 |
| 73 | 11,6km  | K30  | DWORNIK Małgorzata      |                        | 1984    | 0     | 0     | 0     | 0     | 59.34 | 59.34 |
| 74 | 11,6km  | K30  | SAINTEMARIE Agnieszka   |                        | 1983    | 0     | 0     | 0     | 0     | 58.23 | 58.23 |
| 75 | 11,6km  | K30  | CAPINSKA Anna           | Night Runners          | 1980    | 56.66 | 0     | 0     | 0     | 0     | 56.66 |
| 76 | 11,6km  | K30  | WYSOCKA Marta           | Drużyna Grubego Misia  | 1979    | 0     | 55.55 | 0     | 0     | 0     | 55.55 |
| 77 | 11,6km  | K30  | KOKORYK Emilia          |                        | 1981    | 0     | 0     | 0     | 54.94 | 0     | 54.94 |
| 78 | 11,6km  | K30  | WIECZERZAK Iza          |                        | 1985    | 0     | 53.49 | 0     | 0     | 0     | 53.49 |
| 79 | 11,6km  | K30  | IWANCZUK Ewa            |                        | 0       | 0     | 51.84 | 0     | 0     | 0     | 51.84 |
| 80 | 11,6km  | K30  | FIRLEJ Agnieszka        |                        | 0       | 0     | 44.88 | 0     | 0     | 0     | 44.88 |
| 81 | 11,6km  | K30  | GINTER Katarzyna        |                        | 1984    | 44.07 | 0     | 0     | 0     | 0     | 44.07 |
| 82 | 11,6km  | K30  | GNIADKOWSKA Martyna     | Odjechani              | 1987    | 0     | 0     | 0     | 0     | 41.42 | 41.42 |
| 83 | 11,6km  | K30  | WYKURZ Małgorzata       | wkurw_team             | 1983    | 0     | 39.85 | 0     | 0     | 0     | 39.85 |
| 84 | 11,6km  | K30  | SZYSZKO Sylwia          |                        | 1981    | 0     | 39.69 | 0     | 0     | 0     | 39.69 |
| 85 | 11,6km  | K30  | OBIERAK Kamila          |                        | 1981    | 13.73 | 0     | 0     | 1     | 18.99 | 33.72 |
| 86 | 11,6km  | K30  | SZCZES-WOJCICKA Zuzanna |                        | 1986    | 0     | 28.37 | 0     | 0     | 1     | 29.37 |

| #  | Dystans | Kat. | Nazwisko, imię       | Klub                  | Rok ur. | E1    | E2    | E3    | E4 | E5 | Suma  |
|----|---------|------|----------------------|-----------------------|---------|-------|-------|-------|----|----|-------|
| 87 | 11,6km  | K30  | PACULA-LESNIAK Beata | Wkurw_Team            | 1984    | 26.15 | 0     | 0     | 0  | 0  | 26.15 |
| 88 | 11,6km  | K30  | KUCIEL Kinga         |                       | 1983    | 0     | 25.36 | 0     | 0  | 0  | 25.36 |
| 89 | 11,6km  | K30  | KAMILA Obierak       |                       | 1983    | 0     | 23.08 | 0     | 0  | 0  | 23.08 |
| 90 | 11,6km  | K30  | KOBYLARZ Barbara     |                       | 1988    | 0     | 0     | 13.18 | 0  | 0  | 13.18 |
| 91 | 11,6km  | K30  | ZAJAC-CEKIERA Joanna | Iron Dragon Triathlon | 1986    | 0     | 0     | 0     | 0  | 0  | 0     |

## 11,6km - K40

| #  | Dystans | Kat. | Nazwisko, imię             | Klub                                     | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------------|------------------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 11,6km  | K40  | GECA Ewa                   | Sokół Sanok                              | 1978    | 100   | 100   | 99.76 | 100   | 100   | 400    |
| 2  | 11,6km  | K40  | PACHURA Kinga              |                                          | 1976    | 93.38 | 0     | 100   | 92.92 | 97.82 | 384.12 |
| 3  | 11,6km  | K40  | BYDON Agnieszka            | Niepołomice Biegają/#Adam CzerwińskiTeam | 1977    | 89.62 | 92.53 | 90.53 | 80.28 | 91.97 | 364.65 |
| 4  | 11,6km  | K40  | KRYNICKA-PALKA Monika      |                                          | 1978    | 90.26 | 90.4  | 90.5  | 85.98 | 90.86 | 362.02 |
| 5  | 11,6km  | K40  | GROS Anna                  | Skawina Biega                            | 1974    | 66.29 | 82.7  | 86.33 | 83.88 | 87.43 | 340.34 |
| 6  | 11,6km  | K40  | WYPYCH Agnieszka           |                                          | 1976    | 82.25 | 85.79 | 84.11 | 77.81 | 83.7  | 335.85 |
| 7  | 11,6km  | K40  | LOKAJEWSKA Justyna         | Eskadra Kraków                           | 1975    | 79.48 | 86.01 | 82.79 | 0     | 85.91 | 334.19 |
| 8  | 11,6km  | K40  | MASZCZYK Dorota            |                                          | 1974    | 80.23 | 82.38 | 83.93 | 71.55 | 82.87 | 329.41 |
| 9  | 11,6km  | K40  | NOWAK Teresa               | Parkrun Chrzanów                         | 1977    | 0     | 85.33 | 82.92 | 70.21 | 84.98 | 323.44 |
| 10 | 11,6km  | K40  | GADEK Agata                |                                          | 1977    | 71.86 | 83.43 | 81.17 | 57.58 | 77.71 | 314.17 |
| 11 | 11,6km  | K40  | ETTERLE-GARBACIK Katarzyna | Wolves Running Team                      | 1972    | 71.24 | 80.1  | 82.24 | 69.16 | 0     | 302.74 |
| 12 | 11,6km  | K40  | MIKA-HOFFMANN Magdalena    |                                          | 1978    | 0     | 80.9  | 76.68 | 62.39 | 77.93 | 297.9  |
| 13 | 11,6km  | K40  | KAROLAK Magda              |                                          | 1975    | 56.69 | 0     | 83.15 | 77.73 | 80.27 | 297.84 |
| 14 | 11,6km  | K40  | GAJEWSKA Justyna           |                                          | 1978    | 0     | 80.38 | 70.02 | 64.84 | 58.26 | 273.5  |
| 15 | 11,6km  | K40  | REPLINSKA Magdalena        | Parkrun Chrzanów                         | 1976    | 67.37 | 75.49 | 0     | 53.92 | 75.98 | 272.76 |
| 16 | 11,6km  | K40  | DOLAS Danuta               |                                          | 1973    | 0     | 74.8  | 69.98 | 51.91 | 74.06 | 270.75 |

| #  | Dystans | Kat. | Nazwisko, imię                | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-------------------------------|----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 17 | 11,6km  | K40  | NIZIURSKA Marzanna            | Husaria Race Team          | 1971    | 65.29 | 70.53 | 71.26 | 59.12 | 0     | 266.2  |
| 18 | 11,6km  | K40  | ZAWODNY Monika                | BeFit24Team                | 1978    | 63.85 | 66.62 | 64.88 | 51.88 | 67.28 | 262.63 |
| 19 | 11,6km  | K40  | LIGEZA Joasia                 | Smashing PApkins/Unlimited | 1972    | 82.22 | 83.31 | 81.91 | 0     | 0     | 247.44 |
| 20 | 11,6km  | K40  | KALETA Magdalena              |                            | 1976    | 70.89 | 67.58 | 0     | 46.99 | 59.71 | 245.17 |
| 21 | 11,6km  | K40  | ZMYJ Danuta                   |                            | 1974    | 0     | 0     | 78.43 | 66.31 | 83.62 | 228.36 |
| 22 | 11,6km  | K40  | MARKS Eliza                   |                            | 1974    | 78.67 | 75.96 | 71.84 | 0     | 0     | 226.47 |
| 23 | 11,6km  | K40  | KOWALCZYK Joanna              |                            | 1973    | 48.97 | 56.95 | 46.51 | 0     | 58.97 | 211.4  |
| 24 | 11,6km  | K40  | KOZIOL Ewa                    | Koziołki                   | 1975    | 45.85 | 55.94 | 54.25 | 34.01 | 51.54 | 207.58 |
| 25 | 11,6km  | K40  | STACH Aneta                   |                            | 1977    | 67.93 | 71.31 | 0     | 0     | 68.09 | 207.33 |
| 26 | 11,6km  | K40  | JANAS Ewa                     | AZS AWF KRAKÓW MASTERS     | 1973    | 73.97 | 0     | 75.13 | 54.46 | 0     | 203.56 |
| 27 | 11,6km  | K40  | SKRZYPEK-GAWOR Patrycja       |                            | 1977    | 48.99 | 51.56 | 46.37 | 34.16 | 48.06 | 194.98 |
| 28 | 11,6km  | K40  | LIBURA Katarzyna              | BeFit24Team                | 1978    | 0     | 67.56 | 62.52 | 59.58 | 0     | 189.66 |
| 29 | 11,6km  | K40  | WINIARCZYK-JADACH Beata       | TG Sokół Zakopane          | 1978    | 0     | 0     | 96.71 | 90.67 | 0     | 187.38 |
| 30 | 11,6km  | K40  | DUDA Lucyna                   |                            | 1974    | 40.03 | 0     | 49.43 | 39.37 | 47.11 | 175.94 |
| 31 | 11,6km  | K40  | JAGIELA-KURTYKA Renata        |                            | 1971    | 0     | 65.18 | 0     | 28.8  | 58.94 | 152.92 |
| 32 | 11,6km  | K40  | OLEJNIK Ewa                   |                            | 1976    | 74.28 | 75.08 | 0     | 0     | 0     | 149.36 |
| 33 | 11,6km  | K40  | BARANSKA Wanda                | Los Trepos Companieros     | 1969    | 24.38 | 38.38 | 52.08 | 1     | 32.2  | 147.04 |
| 34 | 11,6km  | K40  | KACZMAREK Katarzyna           | #AdamCzerwińskiTeam        | 1978    | 70.33 | 0     | 0     | 0     | 69.53 | 139.86 |
| 35 | 11,6km  | K40  | WROBEL-GLOWACKA Honorata      | Active Jura                | 1977    | 0     | 0     | 64.04 | 0     | 69.98 | 134.02 |
| 36 | 11,6km  | K40  | BUJAS Monika                  |                            | 1973    | 39.6  | 0     | 43.87 | 0     | 45.73 | 129.2  |
| 37 | 11,6km  | K40  | POZNANSKA Magdalena           | happy TRI friends          | 1971    | 43.73 | 0     | 0     | 42.27 | 0     | 86     |
| 38 | 11,6km  | K40  | PIORKOWSKA Ola                | #AdamCzerwińskiTeam        | 1974    | 77.97 | 0     | 0     | 0     | 0     | 77.97  |
| 39 | 11,6km  | K40  | STASIK Beata                  | BeFit24Team                | 1970    | 76.16 | 0     | 0     | 0     | 0     | 76.16  |
| 40 | 11,6km  | K40  | ZACHWIEJA Katarzyna-Zachwieja |                            | 1970    | 0     | 74.92 | 0     | 0     | 0     | 74.92  |

| #  | Dystans | Kat. | Nazwisko, imię           | Klub                  | Rok ur. | E1    | E2    | E3    | E4 | E5    | Suma  |
|----|---------|------|--------------------------|-----------------------|---------|-------|-------|-------|----|-------|-------|
| 41 | 11,6km  | K40  | ZYCZKOWSKA Leokadia      |                       | 1971    | 0     | 71.22 | 0     | 0  | 0     | 71.22 |
| 42 | 11,6km  | K40  | ZAWISZA Joanna           | Vege Runners          | 1973    | 71.04 | 0     | 0     | 0  | 0     | 71.04 |
| 43 | 11,6km  | K40  | TYNOR Klaudia            |                       | 0       | 0     | 66.07 | 0     | 0  | 0     | 66.07 |
| 44 | 11,6km  | K40  | JURKOWSKA Anna           | Drużyna Grubego Misia | 1978    | 0     | 62.62 | 0     | 0  | 0     | 62.62 |
| 45 | 11,6km  | K40  | MARTYNA Agnieszka        | Zabierzów Biega       | 1974    | 0     | 59.26 | 0     | 0  | 0     | 59.26 |
| 46 | 11,6km  | K40  | TOKARSKA Bozena-Tokarska |                       | 1978    | 0     | 0     | 0     | 0  | 59.18 | 59.18 |
| 47 | 11,6km  | K40  | DZIURZYNSKA Ulka         | Cross Heroes Ogień!   | 1978    | 12.73 | 6.28  | 6.41  | 0  | 33.47 | 58.89 |
| 48 | 11,6km  | K40  | MICHALIK Edyta           |                       | 1976    | 0     | 58.64 | 0     | 0  | 0     | 58.64 |
| 49 | 11,6km  | K40  | KOZERSKA-STANEK Ania     |                       | 1971    | 0     | 54.98 | 0     | 0  | 0     | 54.98 |
| 50 | 11,6km  | K40  | MAZUREK Monika           |                       | 1975    | 50.31 | 0     | 0     | 0  | 0     | 50.31 |
| 51 | 11,6km  | K40  | SUROWIAK Olga            | NIEZRZESZONY          | 1975    | 45.06 | 0     | 0     | 0  | 0     | 45.06 |
| 52 | 11,6km  | K40  | KOBYLARZ Anna            |                       | 1976    | 0     | 0     | 28.76 | 0  | 0     | 28.76 |

11,6km - K50

| # | Dystans | Kat. | Nazwisko, imię     | Klub                     | Rok ur. | E1    | E2    | E3    | E4   | E5    | Suma   |
|---|---------|------|--------------------|--------------------------|---------|-------|-------|-------|------|-------|--------|
| 1 | 11,6km  | K50  | BARAN-GADEK Ewa    |                          | 1967    | 100   | 100   | 100   | 93.1 | 96.65 | 396.65 |
| 2 | 11,6km  | K50  | PIECUCH Malgorzata | Przeworska Grupa Biegowa | 1961    | 92.3  | 92.32 | 94.65 | 100  | 100   | 386.97 |
| 3 | 11,6km  | K50  | SANECKA Katarzyna  | BeFit24Team              | 1965    | 83.02 | 82.98 | 83.28 | 0    | 86.35 | 335.63 |
| 4 | 11,6km  | K50  | BAJOLEK Aleksandra | Night Runners            | 1968    | 96.96 | 0     | 90.66 | 0    | 0     | 187.62 |

11,6km - K60

| # | Dystans | Kat. | Nazwisko, imię  | Klub               | Rok ur. | E1    | E2 | E3  | E4  | E5  | Suma   |
|---|---------|------|-----------------|--------------------|---------|-------|----|-----|-----|-----|--------|
| 1 | 11,6km  | K60  | KAMINSKA Halina |                    | 1958    | 94.34 | 0  | 100 | 100 | 100 | 394.34 |
| 2 | 11,6km  | K60  | WYSOCKA Jolanta | UKS Kometa Gliwice | 1956    | 100   | 0  | 100 | 0   | 0   | 200    |

| # | Dystans | Kat. | Nazwisko, imię | Klub | Rok ur. | E1    | E2 | E3 | E4 | E5 | Suma  |
|---|---------|------|----------------|------|---------|-------|----|----|----|----|-------|
| 3 | 11,6km  | K60  | BEMBEN Anna    |      | 1952    | 98.73 | 0  | 0  | 0  | 0  | 98.73 |

11,6km - M20

| #  | Dystans | Kat. | Nazwisko, imię    | Klub                         | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-------------------|------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 11,6km  | M20  | BODURKA Krzysztof | Alpin Sport / AZS AWF Kraków | 1990    | 100   | 0     | 100   | 100   | 100   | 400    |
| 2  | 11,6km  | M20  | PAWLICA Jozef     |                              | 1991    | 92.38 | 100   | 86.38 | 92.86 | 0     | 371.62 |
| 3  | 11,6km  | M20  | GURDAK Mateusz    | Trailrun                     | 1991    | 0     | 92.91 | 83.01 | 82.32 | 82.05 | 340.29 |
| 4  | 11,6km  | M20  | SIWEK Michal      | Niepołomice Biegają          | 1992    | 73.5  | 82    | 76.34 | 78.3  | 82.31 | 318.95 |
| 5  | 11,6km  | M20  | JURA Maciej       | ITMBW Kraków                 | 1990    | 81.47 | 86.23 | 71.78 | 60.13 | 73.07 | 312.55 |
| 6  | 11,6km  | M20  | KLUSEK Mateusz    | Sklep Biegacza Kraków        | 1989    | 79.31 | 75.25 | 0     | 73.31 | 78.16 | 306.03 |
| 7  | 11,6km  | M20  | NIEWCZAS Pawel    |                              | 1990    | 61.9  | 75.16 | 61.66 | 58.61 | 63.38 | 262.1  |
| 8  | 11,6km  | M20  | SZKLARZ Mariusz   | Męska Strona Rzeczywistości  | 1991    | 56.78 | 66.22 | 54.02 | 42.53 | 60.91 | 237.93 |
| 9  | 11,6km  | M20  | WSZOLEK Pawel     |                              | 1989    | 0     | 70.22 | 57.09 | 47.04 | 47.14 | 221.49 |
| 10 | 11,6km  | M20  | KOPIEC Kamil      | Jaja Na Bok RunningTeam      | 1989    | 65.54 | 79.55 | 67.67 | 0     | 0     | 212.76 |
| 11 | 11,6km  | M20  | PLUCINSKI Jakub   | Husaria Race Team            | 1990    | 47.55 | 62.14 | 46.49 | 45.74 | 51.51 | 207.69 |
| 12 | 11,6km  | M20  | FRACH Dominik     | Sigma Pizza & Bar            | 1991    | 49.14 | 60.32 | 37.36 | 46.41 | 47.17 | 203.04 |
| 13 | 11,6km  | M20  | WILCZEK Tomasz    |                              | 1991    | 68.93 | 44.9  | 39.42 | 18.54 | 46.88 | 200.13 |
| 14 | 11,6km  | M20  | LEGENC Lukasz     | Wędruj z Oczkami             | 1990    | 36.68 | 64.79 | 47.34 | 26.69 | 44.85 | 193.66 |
| 15 | 11,6km  | M20  | KRAWCZYK Jakub    |                              | 1992    | 52.48 | 33.62 | 49.99 | 43.33 | 44.88 | 190.68 |
| 16 | 11,6km  | M20  | ZAWROTNIAK Pawel  |                              | 1991    | 46.45 | 59.95 | 0     | 39.9  | 41.61 | 187.91 |
| 17 | 11,6km  | M20  | MAZANEK Michal    |                              | 1992    | 0     | 63.37 | 60.75 | 0     | 53.61 | 177.73 |
| 18 | 11,6km  | M20  | BARANSKI Jakub    | Los Trepos Companieros       | 1993    | 15.04 | 60.4  | 49.72 | 21.01 | 43.22 | 174.35 |
| 19 | 11,6km  | M20  | ZWIERZYK Maciej   |                              | 1990    | 47.8  | 0     | 31.15 | 41.41 | 53.32 | 173.68 |
| 20 | 11,6km  | M20  | KOZIOL Kamil      | G.O.A.T. Team Michałowice    | 1991    | 82.86 | 85.08 | 0     | 0     | 0     | 167.94 |

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                          | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|-------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 21 | 11,6km  | M20  | SASIADEK Grzegorz   |                               | 1994    | 42.76 | 55.35 | 35.4  | 0     | 25.47 | 158.98 |
| 22 | 11,6km  | M20  | MARSZALEK Jan       | DZIKI TIM                     | 1989    | 0     | 52.55 | 35.7  | 32.31 | 29.83 | 150.39 |
| 23 | 11,6km  | M20  | CZUBA Dawid         | AZS AWF KRAKÓW MASTERS        | 1994    | 0     | 0     | 68.27 | 67.99 | 0     | 136.26 |
| 24 | 11,6km  | M20  | MICHNA Pawel        |                               | 1989    | 53.64 | 0     | 61.35 | 0     | 0     | 114.99 |
| 25 | 11,6km  | M20  | JANKOWSKI Kamil     |                               | 1990    | 16.59 | 31.68 | 28.21 | 23.74 | 27.14 | 110.77 |
| 26 | 11,6km  | M20  | MARCOL Mateusz      | OTK Rzeźnik                   | 1989    | 49.03 | 61.63 | 0     | 0     | 0     | 110.66 |
| 27 | 11,6km  | M20  | SUCHANEK Dominik    | ITMBW Kraków                  | 1994    | 0     | 0     | 54.68 | 0     | 55.29 | 109.97 |
| 28 | 11,6km  | M20  | PASEK Rafal         |                               | 1989    | 0     | 49.6  | 32.11 | 1     | 27.22 | 109.93 |
| 29 | 11,6km  | M20  | SKOWRONEK Tomek     |                               | 1993    | 0     | 0     | 0     | 49.72 | 59.75 | 109.47 |
| 30 | 11,6km  | M20  | WOJTAS Kamil        | KKB DYSTANS                   | 1989    | 34.76 | 42.86 | 25.42 | 0     | 0     | 103.04 |
| 31 | 11,6km  | M20  | SATOR Damian        |                               | 1996    | 0     | 0     | 0     | 99.62 | 0     | 99.62  |
| 32 | 11,6km  | M20  | KARPIEL Waldemar    | Trailrun                      | 1990    | 0     | 35.5  | 25.71 | 10    | 27.8  | 99.01  |
| 33 | 11,6km  | M20  | KASPERCZYK Michal   |                               | 1990    | 29.06 | 42.56 | 0     | 5.13  | 17.96 | 94.71  |
| 34 | 11,6km  | M20  | PYPLACZ Szymon      | Novomatic Technologies Poland | 1995    | 7.87  | 39.61 | 18.02 | 14.01 | 22.83 | 94.47  |
| 35 | 11,6km  | M20  | ROSIEK Bartosz      |                               | 1991    | 36.16 | 53.54 | 0     | 0     | 0     | 89.7   |
| 36 | 11,6km  | M20  | ZUREK Jakub         |                               | 0       | 0     | 86.94 | 0     | 0     | 0     | 86.94  |
| 37 | 11,6km  | M20  | NAJZER Szymon       | Fitness Platinum Team         | 1992    | 0     | 86.68 | 0     | 0     | 0     | 86.68  |
| 38 | 11,6km  | M20  | RZENCA Piotr        | Orientuś Łódź                 | 1990    | 0     | 0     | 0     | 0     | 86.35 | 86.35  |
| 39 | 11,6km  | M20  | KESSLER Hubert      | Stąd i zowąd                  | 1998    | 0     | 81.98 | 0     | 0     | 0     | 81.98  |
| 40 | 11,6km  | M20  | CZYZOWICZ Michal    |                               | 1989    | 20.21 | 26.46 | 0     | 13.22 | 21.03 | 80.92  |
| 41 | 11,6km  | M20  | ZMARZLINSKI Kacper  | Kurek Team                    | 1989    | 0     | 76.99 | 0     | 0     | 0     | 76.99  |
| 42 | 11,6km  | M20  | WIERZBANOWSKI Jakub | AZS AWF Kraków Masters        | 1989    | 0     | 0     | 75.8  | 0     | 0     | 75.8   |
| 43 | 11,6km  | M20  | BAREJ Michal        | Maratony Kresowe              | 1992    | 69.34 | 0     | 0     | 0     | 0     | 69.34  |
| 44 | 11,6km  | M20  | SKOTNICZNY Michal   | Euroclear Running Team        | 1990    | 0     | 0     | 68.46 | 0     | 0     | 68.46  |

| #  | Dystans | Kat. | Nazwisko, imię        | Klub              | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|----|---------|------|-----------------------|-------------------|---------|-------|-------|-------|-------|-------|-------|
| 45 | 11,6km  | M20  | ROSOL Mateusz         | iGNAtanium        | 1991    | 15.66 | 37.93 | 0     | 7.36  | 5.87  | 66.82 |
| 46 | 11,6km  | M20  | HEBDA Adrian          |                   | 1997    | 0     | 0     | 0     | 62.96 | 0     | 62.96 |
| 47 | 11,6km  | M20  | MAREK Bartłomiej      | 42 DO SZCZĘŚCIA   | 1994    | 61.74 | 0     | 0     | 0     | 0     | 61.74 |
| 48 | 11,6km  | M20  | SICIARZ Krystian      |                   | 0       | 0     | 0     | 59.87 | 0     | 0     | 59.87 |
| 49 | 11,6km  | M20  | GOSZTYLA Jacek        | Stąd i zowąd      | 1998    | 0     | 59.2  | 0     | 0     | 0     | 59.2  |
| 50 | 11,6km  | M20  | ZAKRZEWSKI Wojciech   | OIRP Wrocław      | 1990    | 0     | 0     | 0     | 0     | 58.2  | 58.2  |
| 51 | 11,6km  | M20  | KISIELEWSKI Michał    | AGH               | 1993    | 0     | 0     | 0     | 39.39 | 17.64 | 57.03 |
| 52 | 11,6km  | M20  | SEK Dominik           | Parkrun Chrzanów  | 1993    | 0     | 44.14 | 0     | 0     | 0     | 44.14 |
| 53 | 11,6km  | M20  | CHECHELSKI Przemysław | Sportowe Śpiwory  | 1993    | 0     | 41.75 | 0     | 0     | 0     | 41.75 |
| 54 | 11,6km  | M20  | GAICKI Maciej         |                   | 1989    | 0     | 0     | 41.44 | 0     | 0     | 41.44 |
| 55 | 11,6km  | M20  | WYKURZ Tomasz         | Wkurw_Team        | 1991    | 6.16  | 26.09 | 1     | 1     | 2.63  | 35.88 |
| 56 | 11,6km  | M20  | DUDA Daniel           |                   | 1991    | 0     | 0     | 0     | 35.54 | 0     | 35.54 |
| 57 | 11,6km  | M20  | PACIGA Krzysztof      | HUSARIA RACE TEAM | 1992    | 0     | 0     | 13.24 | 0     | 16.09 | 29.33 |
| 58 | 11,6km  | M20  | SZEMCZYK Michał       |                   | 1989    | 29.16 | 0     | 0     | 0     | 0     | 29.16 |
| 59 | 11,6km  | M20  | BOROWIECKI Marcin     |                   | 1990    | 0     | 0     | 0     | 0     | 24.39 | 24.39 |
| 60 | 11,6km  | M20  | ARCISZEWSKI Mateusz   |                   | 1991    | 14.27 | 0     | 0     | 0     | 0     | 14.27 |
| 61 | 11,6km  | M20  | ROS Mateusz           | iGNAtanium        | 1991    | 0     | 0     | 0     | 0     | 5.87  | 5.87  |
| 62 | 11,6km  | M20  | MELNYCHUK Roman       |                   | 0       | 0     | 1     | 0     | 0     | 0     | 1     |
| 62 | 11,6km  | M20  | HUDASZEK Zbigniew     |                   | 1991    | 0     | 0     | 1     | 0     | 0     | 1     |
| 64 | 11,6km  | M20  | GURDAK Mateusz        | Trailrun          | 0       | 0     | 0     | 0     | 0     | 0     | 0     |

11,6km - M30

| # | Dystans | Kat. | Nazwisko, imię  | Klub | Rok ur. | E1  | E2  | E3  | E4    | E5 | Suma   |
|---|---------|------|-----------------|------|---------|-----|-----|-----|-------|----|--------|
| 1 | 11,6km  | M30  | OGORZALY Tomasz |      | 1986    | 100 | 100 | 100 | 95.61 | 0  | 395.61 |

| #  | Dystans | Kat. | Nazwisko, imię    | Klub                            | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-------------------|---------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 2  | 11,6km  | M30  | ZUCHOWSKI Daniel  | MUAY RUNNING TEAM               | 1988    | 95.7  | 95.51 | 91.97 | 86.1  | 93.56 | 376.74 |
| 3  | 11,6km  | M30  | MIKA Artur        | Miki Team                       | 1981    | 95.05 | 0     | 89.76 | 84.09 | 94.1  | 363    |
| 4  | 11,6km  | M30  | WATROBA Tomasz    |                                 | 1987    | 91.94 | 91.69 | 85.81 | 79.83 | 91.58 | 361.02 |
| 5  | 11,6km  | M30  | KRUSZEC Andrzej   | Augusta Restauracja kraków      | 1982    | 93.12 | 89.28 | 86.1  | 88.03 | 90.28 | 360.71 |
| 6  | 11,6km  | M30  | LATALA Krzysztof  | Go Aktiv!                       | 1981    | 91.19 | 90.23 | 88.3  | 82.91 | 90.26 | 359.98 |
| 7  | 11,6km  | M30  | LUKASIK Andrzej   | Polar Team                      | 1986    | 99.27 | 79.53 | 88.95 | 0     | 90.01 | 357.76 |
| 8  | 11,6km  | M30  | DUDZIAK Tomasz    | Polar Team                      | 1982    | 93.23 | 88.74 | 88.55 | 86.78 | 0     | 357.3  |
| 9  | 11,6km  | M30  | BUL Dominik       | PDK                             | 1982    | 89.48 | 89.28 | 88.69 | 0     | 85.82 | 353.27 |
| 10 | 11,6km  | M30  | HYZY Piotr        |                                 | 1980    | 89.26 | 88.97 | 87.93 | 83.3  | 70.27 | 349.46 |
| 11 | 11,6km  | M30  | MIAGKYJ Artem     |                                 | 1984    | 89.97 | 86    | 85.92 | 0     | 84.39 | 346.28 |
| 12 | 11,6km  | M30  | CIESLIK Sebastian | Progres Judo                    | 1988    | 90.63 | 85.55 | 84.71 | 80.38 | 0     | 341.27 |
| 13 | 11,6km  | M30  | KOWALCZYK Roman   | Klub Biegacza AZS UEK           | 1982    | 83.05 | 79    | 82.19 | 73.11 | 84.86 | 329.1  |
| 14 | 11,6km  | M30  | POPIEL Andrzej    | popsmart.pl                     | 1985    | 85.6  | 78.63 | 78.64 | 71.51 | 81.74 | 324.61 |
| 15 | 11,6km  | M30  | KACIK Mariusz     | OSP MORAWICA                    | 1979    | 79.98 | 78.43 | 77.73 | 0     | 82.91 | 319.05 |
| 16 | 11,6km  | M30  | JANKOWSKI Lukasz  | Schibsted Runners               | 1982    | 84.71 | 82.61 | 76.91 | 0     | 68.07 | 312.3  |
| 17 | 11,6km  | M30  | GAWIN Krzysiek    | BeFit24Team                     | 1982    | 82.17 | 73.51 | 72.11 | 69.64 | 82.05 | 309.84 |
| 18 | 11,6km  | M30  | KACZMAREK Tomasz  | Niepołomice Biegają             | 1980    | 0     | 79.48 | 77.49 | 72.35 | 77.58 | 306.9  |
| 19 | 11,6km  | M30  | GORKA Marcin      | UNLIMITED TRIATHLON KRAKÓW      | 1988    | 81.57 | 73.92 | 71.79 | 0     | 78.18 | 305.46 |
| 20 | 11,6km  | M30  | FILICIAK Michał   | CAFFETTIERA                     | 1984    | 82.81 | 0     | 77.31 | 65.66 | 78.32 | 304.1  |
| 21 | 11,6km  | M30  | KIELT Andrzej     |                                 | 1980    | 73.34 | 70.75 | 75.17 | 74.01 | 78.73 | 301.25 |
| 22 | 11,6km  | M30  | GUZIK Lukasz      | Go Aktiv!                       | 1986    | 79.9  | 43.95 | 72.41 | 69.2  | 75.41 | 296.92 |
| 23 | 11,6km  | M30  | KACZMAREK Michał  | Centrum Zdrowia Biegacza Kraków | 1986    | 99.98 | 0     | 96.88 | 0     | 100   | 296.86 |
| 24 | 11,6km  | M30  | MORDARSKI Michał  |                                 | 1981    | 75.94 | 76.51 | 69.98 | 62.97 | 73.98 | 296.41 |
| 25 | 11,6km  | M30  | WITEK Grzegorz    |                                 | 1985    | 72.67 | 80.99 | 69.76 | 0     | 72.88 | 296.3  |



| #  | Dystans | Kat. | Nazwisko, imię      | Klub                         | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 26 | 11,6km  | M30  | KRYNICKI Maciej     | KRYNIO TEAM                  | 1984    | 77.89 | 75.95 | 70.7  | 66.18 | 70.31 | 294.85 |
| 27 | 11,6km  | M30  | SZAREK Miłosz       |                              | 0       | 0     | 76.83 | 75.53 | 61.6  | 76.3  | 290.26 |
| 28 | 11,6km  | M30  | LASKOWSKI Piotr     | BeFit24Team                  | 1984    | 75.07 | 69.56 | 71.22 | 62.83 | 70.14 | 285.99 |
| 29 | 11,6km  | M30  | ORNATOWSKI Dariusz  | Poranny Patrol               | 1979    | 71.29 | 73.67 | 65.8  | 0     | 71.37 | 282.13 |
| 30 | 11,6km  | M30  | CUDEK Jacek         | brak                         | 1979    | 67.18 | 71.54 | 72.82 | 66.33 | 0     | 277.87 |
| 31 | 11,6km  | M30  | JAWOREK Grzegorz    |                              | 1981    | 71.21 | 70.08 | 0     | 60.95 | 74.46 | 276.7  |
| 32 | 11,6km  | M30  | POPIELARCZYK Łukasz | Vege Runners                 | 1981    | 69.79 | 68.85 | 66.97 | 62.91 | 68.82 | 274.43 |
| 33 | 11,6km  | M30  | BARTOSZ Marek       |                              | 1979    | 73.95 | 0     | 65.23 | 60.2  | 71.3  | 270.68 |
| 34 | 11,6km  | M30  | ORAMUS Paweł        | Skawina Biega                | 1987    | 63.32 | 61.95 | 67.49 | 55.95 | 75.25 | 268.01 |
| 35 | 11,6km  | M30  | CHOLEWCZUK Piotr    | Wild Dogs Team               | 1987    | 65.84 | 67.3  | 66.34 | 55.88 | 68.51 | 267.99 |
| 36 | 11,6km  | M30  | KISIALA Filip       | Lacho Team                   | 1979    | 68.12 | 70    | 57.47 | 43.55 | 68.73 | 264.32 |
| 37 | 11,6km  | M30  | SWIDNIEWICZ Paweł   | PIWOJAD                      | 1983    | 63.17 | 62.57 | 65.79 | 59.72 | 69.37 | 260.9  |
| 38 | 11,6km  | M30  | NIEMCZYK Dominik    | Euroclear Running Team       | 1986    | 71.46 | 65.72 | 63.62 | 59.01 | 0     | 259.81 |
| 39 | 11,6km  | M30  | ROJEWSKI Michał     | Biegnę Bo Mama Kazała        | 1985    | 60.05 | 71.44 | 63.34 | 60.79 | 0     | 255.62 |
| 40 | 11,6km  | M30  | WALCZAK Waldemar    |                              | 1984    | 62.46 | 63.15 | 67.14 | 59.91 | 61.96 | 254.71 |
| 41 | 11,6km  | M30  | WOZNIAK Grzegorz    |                              | 1986    | 71.91 | 75.56 | 0     | 63.7  | 43.06 | 254.23 |
| 42 | 11,6km  | M30  | CWIKLA Paweł        |                              | 1981    | 54.42 | 66.74 | 68.68 | 0     | 61.67 | 251.51 |
| 43 | 11,6km  | M30  | BIGAJ Sebastian     | Iron Dragon Triathlon        | 1985    | 63.66 | 50.36 | 61.08 | 50.19 | 72.58 | 247.68 |
| 44 | 11,6km  | M30  | WEGRZYŃSKI Paweł    | ITMBW Kraków                 | 1986    | 62.92 | 64.03 | 60.53 | 58.97 | 0     | 246.45 |
| 45 | 11,6km  | M30  | NOWAK Krzysztof     |                              | 1987    | 55.33 | 62.63 | 59.29 | 54.76 | 62.29 | 239.54 |
| 46 | 11,6km  | M30  | KRYSA Roman         |                              | 1983    | 64.99 | 59.59 | 57.38 | 56.26 | 0     | 238.22 |
| 47 | 11,6km  | M30  | MROWIEC Paweł       | Heineken Kraków Running Club | 1981    | 60.11 | 58.94 | 62.02 | 49.21 | 54.78 | 235.85 |
| 48 | 11,6km  | M30  | HASS Artur          | Night Runners                | 1988    | 82.82 | 78.98 | 74    | 0     | 0     | 235.8  |
| 49 | 11,6km  | M30  | DRZYSGIEWICZ Michał | kwitnaca.com                 | 1981    | 58.35 | 56.42 | 47.08 | 0     | 72.36 | 234.21 |

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 50 | 11,6km  | M30  | SEK Marek           | WM Triself                | 1979    | 64.91 | 56.28 | 66.86 | 41.05 | 0     | 229.1  |
| 51 | 11,6km  | M30  | GORKA Piotr         |                           | 1982    | 63.68 | 58.83 | 53.91 | 0     | 51.97 | 228.39 |
| 52 | 11,6km  | M30  | KUBIESA Jakub       | Husaria Race Team         | 1981    | 68.27 | 54.91 | 0     | 41.94 | 60.67 | 225.79 |
| 53 | 11,6km  | M30  | MANTERYŚ Michał     |                           | 1981    | 0     | 56.59 | 63.97 | 48.47 | 55.83 | 224.86 |
| 54 | 11,6km  | M30  | KACZMARCZYK Tomasz  | Husaria Race Team         | 1982    | 62.27 | 0     | 50.09 | 55.69 | 56    | 224.05 |
| 55 | 11,6km  | M30  | PIOTROWSKI Andrzej  | WKS Wawel                 | 1983    | 0     | 69.64 | 70.98 | 79.21 | 0     | 219.83 |
| 56 | 11,6km  | M30  | RAKOWSKI Paweł      |                           | 1987    | 54.94 | 55.08 | 56.79 | 40.06 | 52.78 | 219.59 |
| 57 | 11,6km  | M30  | BIERNAT Bartłomiej  |                           | 1986    | 53.07 | 0     | 51.17 | 47.42 | 67.42 | 219.08 |
| 58 | 11,6km  | M30  | GUZIK Tomasz        | DZIKI TIM                 | 1980    | 80.16 | 67.55 | 67.65 | 0     | 0     | 215.36 |
| 59 | 11,6km  | M30  | LASKIEWICZ Wojciech | G.O.A.T. Team Michałowice | 1983    | 0     | 57.38 | 64.52 | 45.27 | 47.41 | 214.58 |
| 60 | 11,6km  | M30  | TRYBULEC Daniel     | Poranny Patrol            | 1986    | 64.37 | 0     | 31.28 | 51.84 | 66.34 | 213.83 |
| 61 | 11,6km  | M30  | FLOREK Paweł        | Kosovo                    | 1980    | 76.36 | 0     | 71.52 | 65.8  | 0     | 213.68 |
| 62 | 11,6km  | M30  | WIERZBA Michał      |                           | 1985    | 0     | 57.17 | 54.8  | 40.32 | 59.16 | 211.45 |
| 63 | 11,6km  | M30  | SIEMINSKI Radosław  |                           | 1981    | 66.61 | 0     | 49.47 | 43.95 | 49.89 | 209.92 |
| 64 | 11,6km  | M30  | PUTAJ Rafał         | Night Runners             | 1983    | 56.53 | 55.38 | 48.76 | 33.26 | 49.09 | 209.76 |
| 65 | 11,6km  | M30  | DURLAK Błażej       |                           | 1983    | 57.92 | 59.98 | 41.85 | 42.87 | 48.64 | 209.41 |
| 66 | 11,6km  | M30  | DZWIGULSKI Łukasz   |                           | 1983    | 55.12 | 60.38 | 43.33 | 43.38 | 50.04 | 208.92 |
| 67 | 11,6km  | M30  | KRAWCZYK Marek      |                           | 1985    | 54.92 | 57.17 | 48.92 | 46.8  | 0     | 207.81 |
| 68 | 11,6km  | M30  | KUZERA Łukasz       |                           | 1985    | 73.09 | 70.19 | 64.36 | 0     | 0     | 207.64 |
| 69 | 11,6km  | M30  | RYBAK Bartłomiej    |                           | 1985    | 62.3  | 57.44 | 46.85 | 40.19 | 0     | 206.78 |
| 70 | 11,6km  | M30  | OCHALEK Wojciech    |                           | 0       | 0     | 69.8  | 67.99 | 67.93 | 0     | 205.72 |
| 71 | 11,6km  | M30  | PELKA Michał        | Payroll Team              | 1980    | 48.57 | 57.33 | 55.56 | 44.13 | 0     | 205.59 |
| 72 | 11,6km  | M30  | ROSA Bartłomiej     | Bartko Biega!             | 1988    | 59.65 | 50.51 | 48.57 | 0     | 43.2  | 201.93 |
| 73 | 11,6km  | M30  | ZAWACKI Marcin      |                           | 1988    | 51.26 | 52.66 | 43.28 | 44.68 | 46.57 | 195.17 |

| #  | Dystans | Kat. | Nazwisko, imię       | Klub                    | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------|-------------------------|---------|-------|-------|-------|-------|-------|--------|
| 74 | 11,6km  | M30  | KAJZEREK Arek        |                         | 1979    | 52.9  | 0     | 47.71 | 40.18 | 53.83 | 194.62 |
| 75 | 11,6km  | M30  | ANDY Allan           | Wimbledon Windmilers    | 1981    | 46.35 | 56.56 | 46.48 | 0     | 43.21 | 192.6  |
| 76 | 11,6km  | M30  | GAJDA Mateusz        | Skawina Biega           | 1980    | 45.39 | 47.72 | 46.95 | 43.16 | 52.03 | 192.09 |
| 77 | 11,6km  | M30  | GABRYLUK Jan         | TF 48                   | 1981    | 0     | 61.47 | 51.04 | 78.11 | 0     | 190.62 |
| 78 | 11,6km  | M30  | STANDA Tomasz        | Zupa Pomidorowa         | 1984    | 0     | 48.98 | 41.87 | 44.38 | 54.48 | 189.71 |
| 79 | 11,6km  | M30  | HORODECKI Lukasz     |                         | 1981    | 48.47 | 45.26 | 42.73 | 35.86 | 51.65 | 188.11 |
| 80 | 11,6km  | M30  | SKIBA Marcin         | WM Triself              | 1985    | 50.83 | 47.83 | 41.46 | 47.56 | 0     | 187.68 |
| 81 | 11,6km  | M30  | KLESK Krzysztof      |                         | 1985    | 0     | 53.2  | 47.27 | 29.61 | 55.56 | 185.64 |
| 82 | 11,6km  | M30  | PODCZASZY Tomasz     |                         | 1982    | 60.96 | 30.26 | 40.79 | 31.61 | 51.99 | 185.35 |
| 83 | 11,6km  | M30  | DYREK Marcin         |                         | 1983    | 50.5  | 45    | 51.48 | 29.63 | 33.85 | 180.83 |
| 84 | 11,6km  | M30  | WAW Grzegorz         | DZIKI TIM               | 1985    | 56.19 | 52.67 | 0     | 30.7  | 41.22 | 180.78 |
| 85 | 11,6km  | M30  | CHYLEK Wojciech      | Łuczanowice Kraków      | 1982    | 0     | 89.51 | 0     | 0     | 88.91 | 178.42 |
| 86 | 11,6km  | M30  | ZEGARMISTRZ Grzegorz |                         | 1983    | 0     | 51.68 | 57.03 | 27.68 | 39.99 | 176.38 |
| 87 | 11,6km  | M30  | INDYKA Maciej        | WKS Wawel BnO           | 1980    | 51.05 | 40.01 | 0     | 37.59 | 45.46 | 174.11 |
| 88 | 11,6km  | M30  | GEDLICZKA Tymoteusz  |                         | 1983    | 31.69 | 48.33 | 44.82 | 32.83 | 48.12 | 174.1  |
| 89 | 11,6km  | M30  | KOZIOL Pawel         | Poranny Patrol          | 1980    | 50.51 | 42.26 | 37.96 | 36.15 | 42.52 | 173.25 |
| 90 | 11,6km  | M30  | PLESNAR Jacek        |                         | 0       | 0     | 0     | 84.97 | 0     | 85.33 | 170.3  |
| 91 | 11,6km  | M30  | MORMUL Przemek       | Panalpina               | 1980    | 88.61 | 0     | 0     | 78.52 | 0     | 167.13 |
| 92 | 11,6km  | M30  | KOWALEWSKI Lukasz    | UBS Kraków Running Team | 1988    | 60.67 | 0     | 40.87 | 36.43 | 27.43 | 165.4  |
| 93 | 11,6km  | M30  | KOPIEC Rafal         |                         | 1981    | 54.71 | 49.82 | 24.88 | 0     | 35.96 | 165.37 |
| 94 | 11,6km  | M30  | JAREMA Maciej        | Lokomotiv Majdan        | 1982    | 0     | 62.7  | 0     | 48.9  | 53    | 164.6  |
| 95 | 11,6km  | M30  | PIEKARNIAK Lukasz    |                         | 1983    | 0     | 37.44 | 40.18 | 30.03 | 53.88 | 161.53 |
| 96 | 11,6km  | M30  | GRZEBYK Michal       |                         | 1988    | 36.58 | 48.84 | 39.39 | 0     | 35.9  | 160.71 |
| 97 | 11,6km  | M30  | KAWKA Pawel          |                         | 1979    | 41.95 | 45    | 38.22 | 30.05 | 0     | 155.22 |

| #   | Dystans | Kat. | Nazwisko, imię           | Klub                          | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|-----|---------|------|--------------------------|-------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 98  | 11,6km  | M30  | KORN Michał              | MTJS                          | 1981    | 43.3  | 41.6  | 0     | 25.77 | 42.98 | 153.65 |
| 99  | 11,6km  | M30  | STOCKI Tomasz            | Novomatic Technologies Poland | 1981    | 55.69 | 47.79 | 48.3  | 0     | 0     | 151.78 |
| 100 | 11,6km  | M30  | MIZERA Krzysztof         |                               | 1982    | 82.96 | 0     | 0     | 0     | 67.26 | 150.22 |
| 101 | 11,6km  | M30  | SMOLEN Tomasz            | Monar Kraków                  | 1987    | 82.43 | 66.15 | 0     | 0     | 0     | 148.58 |
| 102 | 11,6km  | M30  | WOJCIK Mateusz           | Skawina Biega                 | 1980    | 55.22 | 56.24 | 0     | 35.75 | 0     | 147.21 |
| 103 | 11,6km  | M30  | PALKA Piotr              |                               | 1986    | 0     | 0     | 49.99 | 38.46 | 58.49 | 146.94 |
| 104 | 11,6km  | M30  | PIEKARCZYK Dariusz       |                               | 1981    | 0     | 44.44 | 32.48 | 29.67 | 37.2  | 143.79 |
| 105 | 11,6km  | M30  | JUREK Mariusz            | #AdamCzerwińskiTeam           | 1981    | 0     | 0     | 78.7  | 64.51 | 0     | 143.21 |
| 106 | 11,6km  | M30  | BUDKOWSKI Mateusz        |                               | 1988    | 53.63 | 55.69 | 0     | 33.27 | 0     | 142.59 |
| 107 | 11,6km  | M30  | MAJDANSKI Paweł          |                               | 1979    | 0     | 35.94 | 34.43 | 27.89 | 41.37 | 139.63 |
| 108 | 11,6km  | M30  | CYGAN Tomasz             | SolarWinds                    | 1986    | 34.51 | 37.08 | 33.06 | 0     | 34.2  | 138.85 |
| 109 | 11,6km  | M30  | KOSMAŁA Przemek          |                               | 1981    | 34.11 | 36.88 | 29.3  | 14.12 | 35.37 | 135.66 |
| 110 | 11,6km  | M30  | URIBE-ABARCA Juan-Manuel | Trailrun                      | 1988    | 62.55 | 0     | 0     | 0     | 71.68 | 134.23 |
| 111 | 11,6km  | M30  | RUMINSKI Piotr           |                               | 1988    | 68.87 | 0     | 36.38 | 28.61 | 0     | 133.86 |
| 112 | 11,6km  | M30  | ZASTAWNY Tomasz          | AZS AWF KRAKÓW MASTERS        | 1980    | 67.17 | 0     | 66    | 0     | 0     | 133.17 |
| 113 | 11,6km  | M30  | KITA Krzysztof           |                               | 1980    | 32.52 | 38.79 | 34.35 | 0     | 24.31 | 129.97 |
| 114 | 11,6km  | M30  | CIULA Tomasz             | Rebellion of Free Runners     | 1981    | 30.29 | 39.19 | 0     | 30.8  | 29.42 | 129.7  |
| 115 | 11,6km  | M30  | STANISŁAWSKI Bartosz     |                               | 1984    | 39.22 | 32.36 | 29.9  | 20.36 | 26.21 | 127.69 |
| 116 | 11,6km  | M30  | SIWEK Jacek              | TriWise                       | 1979    | 0     | 0     | 66.66 | 60.72 | 0     | 127.38 |
| 117 | 11,6km  | M30  | SZCZYREK Marcin          |                               | 1982    | 21.24 | 42.29 | 27.36 | 0     | 34.05 | 124.94 |
| 118 | 11,6km  | M30  | KOZŁOWSKI Janusz         | Novomatic Technologies Poland | 1983    | 35.33 | 34.5  | 26.41 | 12.97 | 28.53 | 124.77 |
| 119 | 11,6km  | M30  | KUCZ Dariusz             |                               | 1982    | 36.85 | 35.51 | 21.48 | 0     | 29.83 | 123.67 |
| 120 | 11,6km  | M30  | KITKA Mateusz            |                               | 1987    | 38.99 | 39.74 | 24.96 | 0     | 16.63 | 120.32 |
| 121 | 11,6km  | M30  | NOWAK Tomasz             | Trailrun                      | 1988    | 0     | 0     | 57.73 | 0     | 59.64 | 117.37 |

| #   | Dystans | Kat. | Nazwisko, imię     | Klub                                  | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|-----|---------|------|--------------------|---------------------------------------|---------|-------|-------|-------|-------|-------|--------|
| 122 | 11,6km  | M30  | PIASECKI Michal    |                                       | 1979    | 34.86 | 22.12 | 19.03 | 28.97 | 28.81 | 114.76 |
| 123 | 11,6km  | M30  | CHMIELEWSKI Witold |                                       | 1981    | 59.98 | 0     | 50.62 | 0     | 0     | 110.6  |
| 124 | 11,6km  | M30  | SARZYNSKI Wojciech |                                       | 1979    | 71.94 | 37.76 | 0     | 0     | 0     | 109.7  |
| 125 | 11,6km  | M30  | MOCNY Michal       |                                       | 1987    | 63.57 | 0     | 44.41 | 0     | 0     | 107.98 |
| 126 | 11,6km  | M30  | MAZUR Tomasz       | Ząbkowicka Grupa Biegowa FRANKENSTEIN | 1985    | 0     | 48.47 | 37.43 | 17.41 | 0     | 103.31 |
| 127 | 11,6km  | M30  | MICHALKOW Michal   | 4M Runners Club                       | 1980    | 26.14 | 33.04 | 23.97 | 0     | 20.08 | 103.23 |
| 128 | 11,6km  | M30  | PIOTROWICZ Jakub   |                                       | 1986    | 0     | 55.19 | 0     | 0     | 47.27 | 102.46 |
| 129 | 11,6km  | M30  | OPIAL Grzegorz     | Husaria Race Team                     | 1985    | 0     | 0     | 0     | 100   | 0     | 100    |
| 130 | 11,6km  | M30  | KINDLER Bartlomiej |                                       | 1981    | 0     | 26.25 | 12.81 | 21.48 | 38.81 | 99.35  |
| 131 | 11,6km  | M30  | SKUPIEN Tomasz     | Muay Running Team / X- Run            | 1984    | 0     | 0     | 0     | 98.45 | 0     | 98.45  |
| 132 | 11,6km  | M30  | BRNA Milan         |                                       | 1980    | 0     | 0     | 34.68 | 26.32 | 35.2  | 96.2   |
| 133 | 11,6km  | M30  | NYCZ Jacek         |                                       | 1986    | 0     | 39.85 | 0     | 15.09 | 39.1  | 94.04  |
| 134 | 11,6km  | M30  | GRAJDURA Robert    | Grupa Azoty KOLTAR                    | 1981    | 93.75 | 0     | 0     | 0     | 0     | 93.75  |
| 135 | 11,6km  | M30  | PAWELEK Lukasz     |                                       | 1979    | 0     | 0     | 51.69 | 0     | 39.03 | 90.72  |
| 136 | 11,6km  | M30  | GLABINSKI Piotr    | #AdamCzerwińskiTeam                   | 1985    | 0     | 0     | 89.21 | 0     | 0     | 89.21  |
| 137 | 11,6km  | M30  | SKOWRON Michal     | do6ciu/Pozytywnie Zakręcen            | 1984    | 0     | 0     | 0     | 0     | 89.18 | 89.18  |
| 138 | 11,6km  | M30  | JAKUBINSKI Jakub   | Solne Miasto Wieliczka                | 1982    | 40.66 | 48.47 | 0     | 0     | 0     | 89.13  |
| 139 | 11,6km  | M30  | DYREK Michal       | MOK Mszana Dolna                      | 1985    | 0     | 87.74 | 0     | 0     | 0     | 87.74  |
| 140 | 11,6km  | M30  | ZEBATKA Lary       |                                       | 1981    | 0     | 0     | 0     | 86.9  | 0     | 86.9   |
| 141 | 11,6km  | M30  | GORAL Grzegorz     |                                       | 0       | 0     | 86.74 | 0     | 0     | 0     | 86.74  |
| 142 | 11,6km  | M30  | PLESNAR Jacek      |                                       | 1984    | 0     | 0     | 0     | 0     | 85.33 | 85.33  |
| 143 | 11,6km  | M30  | ILNICKI Dariusz    |                                       | 1984    | 0     | 0     | 0     | 0     | 83.73 | 83.73  |
| 144 | 11,6km  | M30  | SZKODZINSKI Tomasz | Novomatic Technologies Poland         | 1979    | 83.49 | 0     | 0     | 0     | 0     | 83.49  |
| 145 | 11,6km  | M30  | BOJARSKI Ireneusz  |                                       | 1980    | 0     | 51.69 | 31.62 | 0     | 0     | 83.31  |

| #   | Dystans | Kat. | Nazwisko, imię             | Klub                 | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|----------------------------|----------------------|---------|-------|-------|-------|-------|-------|-------|
| 146 | 11,6km  | M30  | KOWALSKI Kamil             | Fizjo-Balance Kraków | 1982    | 0     | 0     | 0     | 0     | 82.3  | 82.3  |
| 147 | 11,6km  | M30  | MIERNICZAK Bartłomiej      | Skawina Biega        | 1985    | 0     | 79.73 | 0     | 0     | 0     | 79.73 |
| 148 | 11,6km  | M30  | KOSMOWSKI Michal-Kosmowski | dotsport/trinergy    | 1980    | 0     | 0     | 79.67 | 0     | 0     | 79.67 |
| 148 | 11,6km  | M30  | SERWIN Lukasz              | BeFit24Team          | 1983    | 34.72 | 0     | 13.88 | 0     | 31.07 | 79.67 |
| 150 | 11,6km  | M30  | GURBIEL Michal             | BeFit24Team          | 1979    | 0     | 0     | 25.31 | 16.67 | 37.59 | 79.57 |
| 151 | 11,6km  | M30  | MAKUCH Szymon              |                      | 0       | 0     | 78.32 | 0     | 0     | 0     | 78.32 |
| 152 | 11,6km  | M30  | GRABOWSKI Mateusz          | Eskadra Kraków       | 1986    | 0     | 0     | 0     | 77.74 | 0     | 77.74 |
| 153 | 11,6km  | M30  | JAKUBOWSKI Piotr           |                      | 1987    | 77.06 | 0     | 0     | 0     | 0     | 77.06 |
| 154 | 11,6km  | M30  | SOWA Sebastian             | Decathlon            | 1983    | 76.04 | 0     | 0     | 0     | 0     | 76.04 |
| 155 | 11,6km  | M30  | WOJTOWICZ Tomasz           |                      | 0       | 0     | 0     | 75.52 | 0     | 0     | 75.52 |
| 156 | 11,6km  | M30  | BUJAK Krzysztof            |                      | 1987    | 0     | 0     | 75.41 | 0     | 0     | 75.41 |
| 157 | 11,6km  | M30  | DWORNIK Maciek             | Warczące Szprychy    | 1982    | 0     | 0     | 0     | 0     | 74.31 | 74.31 |
| 158 | 11,6km  | M30  | PIATEK Rafal               | BeFit24Team          | 1983    | 72.82 | 0     | 0     | 0     | 0     | 72.82 |
| 159 | 11,6km  | M30  | KIK Marcin                 |                      | 1985    | 0     | 0     | 0     | 72.76 | 0     | 72.76 |
| 160 | 11,6km  | M30  | CHALUPCZAK Michal          |                      | 1986    | 0     | 42.37 | 0     | 30.27 | 0     | 72.64 |
| 161 | 11,6km  | M30  | HABALO Wojciech            | Night Runners        | 1987    | 70.42 | 0     | 0     | 0     | 0     | 70.42 |
| 162 | 11,6km  | M30  | REICHEL Marcin             |                      | 1988    | 70.41 | 0     | 0     | 0     | 0     | 70.41 |
| 163 | 11,6km  | M30  | KALIA Tomasz               |                      | 1983    | 69.77 | 0     | 0     | 0     | 0     | 69.77 |
| 164 | 11,6km  | M30  | ADAMIEC Norbert            |                      | 1984    | 0     | 29.9  | 39.8  | 0     | 0     | 69.7  |
| 165 | 11,6km  | M30  | TOMASZ Smolarczyk          |                      | 0       | 0     | 69.23 | 0     | 0     | 0     | 69.23 |
| 166 | 11,6km  | M30  | GORSZKO Tomasz             | Trailrun             | 1979    | 0     | 0     | 0     | 0     | 66.32 | 66.32 |
| 167 | 11,6km  | M30  | BARAN Bartosz              | Żołnierze Hardkoru   | 1986    | 0     | 33.7  | 15.61 | 16.02 | 0     | 65.33 |
| 168 | 11,6km  | M30  | RIGNAULT David             |                      | 1981    | 0     | 64.71 | 0     | 0     | 0     | 64.71 |
| 169 | 11,6km  | M30  | MAKOWSKI Pawel             |                      | 1980    | 0     | 64.61 | 0     | 0     | 0     | 64.61 |

| #   | Dystans | Kat. | Nazwisko, imię        | Klub                                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|-----------------------|-------------------------------------------|---------|-------|-------|-------|-------|-------|-------|
| 170 | 11,6km  | M30  | GOLEBIOWSKI Michal    |                                           | 1980    | 0     | 62.74 | 0     | 0     | 0     | 62.74 |
| 171 | 11,6km  | M30  | LUKASZ Wanczyk        | BeFit24Team                               | 0       | 0     | 62.43 | 0     | 0     | 0     | 62.43 |
| 172 | 11,6km  | M30  | GAWIN Marek           | DIB                                       | 0       | 0     | 0     | 62.16 | 0     | 0     | 62.16 |
| 173 | 11,6km  | M30  | BRZESKI Szczepan      |                                           | 1979    | 0     | 0     | 0     | 0     | 61.01 | 61.01 |
| 174 | 11,6km  | M30  | FROSZTEGA Marcin      |                                           | 0       | 0     | 30.34 | 24    | 6.2   | 0     | 60.54 |
| 175 | 11,6km  | M30  | MICHALEK Lukasz       | GT Alex                                   | 1981    | 0     | 0     | 0     | 0     | 59.73 | 59.73 |
| 176 | 11,6km  | M30  | PIOTROWSKI Przemyslaw | Nowa Huta Team                            | 1983    | 59.58 | 0     | 0     | 0     | 0     | 59.58 |
| 177 | 11,6km  | M30  | TARNOWSKI Szymon      |                                           | 0       | 0     | 0     | 29.88 | 0     | 28.98 | 58.86 |
| 178 | 11,6km  | M30  | KALITA Damian         |                                           | 0       | 0     | 0     | 58.43 | 0     | 0     | 58.43 |
| 179 | 11,6km  | M30  | ZIOLEK Marcin         | GTX Team                                  | 0       | 0     | 0     | 58.41 | 0     | 0     | 58.41 |
| 180 | 11,6km  | M30  | HATALA Grzegorz       |                                           | 1988    | 58.31 | 0     | 0     | 0     | 0     | 58.31 |
| 181 | 11,6km  | M30  | JESIOLOWSKI Michal    | CAFFETTIERA                               | 1984    | 0     | 0     | 57.66 | 0     | 0     | 57.66 |
| 182 | 11,6km  | M30  | MIROCHA Michal        | heavyweightrunningteam/ Potrzymaj mi piwo | 1983    | 20.36 | 19.26 | 17.67 | 0     | 0     | 57.29 |
| 183 | 11,6km  | M30  | RADZKI Jan            |                                           | 1986    | 0     | 0     | 0     | 56.95 | 0     | 56.95 |
| 184 | 11,6km  | M30  | BULA Grzegorz         | Nowotarski Klub Kolarski                  | 1981    | 0     | 0     | 0     | 55.7  | 0     | 55.7  |
| 185 | 11,6km  | M30  | SEMBERECKI Marcin     | TG Sokół Zakopane                         | 1983    | 0     | 0     | 0     | 55.54 | 0     | 55.54 |
| 186 | 11,6km  | M30  | PODSADNIUK Mateusz    | Harde Dranie                              | 1986    | 0     | 55.41 | 0     | 0     | 0     | 55.41 |
| 187 | 11,6km  | M30  | STACH Dariusz         |                                           | 1983    | 53.67 | 0     | 0     | 0     | 0     | 53.67 |
| 188 | 11,6km  | M30  | OZOG Mirosław         | Skawina Biega                             | 1983    | 0     | 0     | 0     | 50.59 | 0     | 50.59 |
| 189 | 11,6km  | M30  | ZIOLEK Marcin         | GTX Team                                  | 1985    | 0     | 0     | 0     | 49.53 | 0     | 49.53 |
| 190 | 11,6km  | M30  | WINCENCIAK Jarosław   | Kulfon                                    | 1984    | 49.52 | 0     | 0     | 0     | 0     | 49.52 |
| 191 | 11,6km  | M30  | MALINA Michal         | Kulfon                                    | 1983    | 49.51 | 0     | 0     | 0     | 0     | 49.51 |
| 192 | 11,6km  | M30  | POLESELLO Maxime      |                                           | 1981    | 49.47 | 0     | 0     | 0     | 0     | 49.47 |
| 193 | 11,6km  | M30  | STRAZ Maciej          | Kraków Airport Running Team               | 1982    | 49.01 | 0     | 0     | 0     | 0     | 49.01 |

| #   | Dystans | Kat. | Nazwisko, imię     | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|--------------------|---------------------------|---------|-------|-------|-------|-------|-------|-------|
| 194 | 11,6km  | M30  | PODGORSKI Maciej   |                           | 1980    | 0     | 47.22 | 0     | 0     | 0     | 47.22 |
| 195 | 11,6km  | M30  | STYRNA Tomasz      |                           | 1979    | 46.96 | 0     | 0     | 0     | 0     | 46.96 |
| 196 | 11,6km  | M30  | MILOWSKI Lukasz    | INTELLI ONE TEAM          | 1982    | 0     | 0     | 0     | 19.42 | 27.49 | 46.91 |
| 197 | 11,6km  | M30  | STACHURSKI Pawel   | G.O.A.T. Team Michałowice | 1986    | 0     | 0     | 0     | 46.85 | 0     | 46.85 |
| 198 | 11,6km  | M30  | SZATON Bartek      |                           | 1986    | 0     | 46.48 | 0     | 0     | 0     | 46.48 |
| 199 | 11,6km  | M30  | WASIELEWSKI Adrian |                           | 1988    | 0     | 0     | 0     | 46.37 | 0     | 46.37 |
| 200 | 11,6km  | M30  | GINTER Grzegorz    |                           | 1985    | 46.16 | 0     | 0     | 0     | 0     | 46.16 |
| 201 | 11,6km  | M30  | SLONSKI Slawomir   |                           | 1982    | 0     | 0     | 0     | 0     | 46.13 | 46.13 |
| 202 | 11,6km  | M30  | MAMICA Andrzej     |                           | 1979    | 45.57 | 0     | 0     | 0     | 0     | 45.57 |
| 203 | 11,6km  | M30  | JANICKI Grzegorz   |                           | 1983    | 0     | 43.92 | 0     | 0     | 0     | 43.92 |
| 204 | 11,6km  | M30  | STASIAK Marek      |                           | 1979    | 0     | 0     | 43.91 | 0     | 0     | 43.91 |
| 205 | 11,6km  | M30  | ROCZNIK Grzegorz   | Centrum Zdrowia Biegacza  | 1980    | 42.61 | 0     | 0     | 0     | 0     | 42.61 |
| 206 | 11,6km  | M30  | WARIAN Mateusz     |                           | 0       | 0     | 42.22 | 0     | 0     | 0     | 42.22 |
| 207 | 11,6km  | M30  | OCHAB Michal       | FKS Stal Mielec           | 1984    | 0     | 40.11 | 0     | 0     | 0     | 40.11 |
| 208 | 11,6km  | M30  | TORON Maciej       |                           | 1988    | 0     | 39.88 | 0     | 0     | 0     | 39.88 |
| 209 | 11,6km  | M30  | CHROST Pawel       |                           | 1988    | 0     | 36.14 | 0     | 0     | 0     | 36.14 |
| 210 | 11,6km  | M30  | SZCZERBA Blazej    |                           | 1988    | 35.17 | 0     | 0     | 0     | 0     | 35.17 |
| 211 | 11,6km  | M30  | KOSCIUSZKO Michal  | PROF                      | 1985    | 0     | 35.08 | 0     | 0     | 0     | 35.08 |
| 212 | 11,6km  | M30  | KRZEMINSKI Lukasz  |                           | 1982    | 0     | 0     | 0     | 0     | 34.26 | 34.26 |
| 213 | 11,6km  | M30  | GUZIK Tomasz       |                           | 1981    | 0     | 0     | 0     | 0     | 32.11 | 32.11 |
| 214 | 11,6km  | M30  | BUJAK Piotr        |                           | 0       | 0     | 0     | 29.6  | 0     | 0     | 29.6  |
| 215 | 11,6km  | M30  | ZUBALSKI Artur     | Ring Kraków               | 1983    | 0     | 0     | 0     | 26.2  | 0     | 26.2  |
| 216 | 11,6km  | M30  | MAREK Fortuna      |                           | 0       | 0     | 22.8  | 0     | 0     | 0     | 22.8  |
| 217 | 11,6km  | M30  | KROL Tomasz        |                           | 1988    | 0     | 0     | 0     | 21.95 | 0     | 21.95 |



| #   | Dystans | Kat. | Nazwisko, imię          | Klub              | Rok ur. | E1    | E2    | E3 | E4    | E5 | Suma  |
|-----|---------|------|-------------------------|-------------------|---------|-------|-------|----|-------|----|-------|
| 218 | 11,6km  | M30  | SZYMON Tarnowski        |                   | 1987    | 0     | 0     | 0  | 20.66 | 0  | 20.66 |
| 219 | 11,6km  | M30  | KOKORYK Michal          |                   | 1982    | 0     | 0     | 0  | 17.76 | 0  | 17.76 |
| 220 | 11,6km  | M30  | GAWEDZKI Dariusz        |                   | 1981    | 0     | 0     | 0  | 16.1  | 0  | 16.1  |
| 221 | 11,6km  | M30  | SZCZUREK Michal         |                   | 1988    | 0     | 14.99 | 0  | 0     | 0  | 14.99 |
| 222 | 11,6km  | M30  | STACHURA Piotr          | Go Aktiv!         | 1986    | 11.96 | 0     | 0  | 0     | 0  | 11.96 |
| 223 | 11,6km  | M30  | LESZCZYNSKI Aleksander  |                   | 1980    | 10.19 | 1     | 0  | 0     | 0  | 11.19 |
| 224 | 11,6km  | M30  | POSNIK Jan              | Husaria Race Team | 1988    | 0     | 0     | 0  | 4.44  | 0  | 4.44  |
| 225 | 11,6km  | M30  | URIBE-ABARCA Juanmanuel | Trailrun          | 1988    | 0     | 0     | 0  | 0     | 0  | 0     |
| 225 | 11,6km  | M30  | CWIKLA Pawel            |                   | 0       | 0     | 0     | 0  | 0     | 0  | 0     |
| 225 | 11,6km  | M30  | KORN Michal             |                   | 0       | 0     | 0     | 0  | 0     | 0  | 0     |

11,6km - M40

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|---------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 11,6km  | M40  | PIETRZYK Mariusz    |                     | 1977    | 92.92 | 89.22 | 88.47 | 100   | 100   | 382.14 |
| 2  | 11,6km  | M40  | MIGACZ Jacek        | Trailrun            | 1977    | 91.81 | 85.3  | 88.22 | 97.39 | 97.05 | 374.47 |
| 3  | 11,6km  | M40  | CZECH Robert        |                     | 1978    | 92.28 | 0     | 80.45 | 94.9  | 95.21 | 362.84 |
| 4  | 11,6km  | M40  | CZAPCZYNSKI Cezary  | Niepołomice Biegają | 1977    | 86.37 | 85.77 | 0     | 88.38 | 92.49 | 353.01 |
| 5  | 11,6km  | M40  | FRANCUZ Konrad      | Vege Runners        | 1971    | 83.79 | 72.64 | 80.79 | 91.6  | 94.49 | 350.67 |
| 6  | 11,6km  | M40  | SLOWIKOWSKI Pawel   | Kosovo              | 1978    | 85.7  | 73.87 | 77.21 | 88.39 | 90.38 | 341.68 |
| 7  | 11,6km  | M40  | DYRGA Sebastian     | Muay Running Team   | 1974    | 81.63 | 79.91 | 0     | 88.46 | 89.09 | 339.09 |
| 8  | 11,6km  | M40  | ZADARNOWSKI Dariusz |                     | 1969    | 83.58 | 0     | 77.98 | 86.94 | 90.24 | 338.74 |
| 9  | 11,6km  | M40  | KUNZ Tomasz         |                     | 1969    | 72.68 | 76.28 | 77.65 | 81.25 | 86.28 | 321.46 |
| 10 | 11,6km  | M40  | SIWIECKI Tomasz     | MUAY RUNNING TEAM   | 1973    | 0     | 76.78 | 75.27 | 85.44 | 82.06 | 319.55 |
| 11 | 11,6km  | M40  | ZIEBA Marcin        | Poranny Patrol      | 1978    | 74.04 | 72.4  | 72.49 | 82.66 | 88.76 | 317.95 |

| #  | Dystans | Kat. | Nazwisko, imię        | Klub                  | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-----------------------|-----------------------|---------|-------|-------|-------|-------|-------|--------|
| 12 | 11,6km  | M40  | SWIDZINSKI Tomasz     | Vege Runners          | 1976    | 71.52 | 64.95 | 73.56 | 83.96 | 86.8  | 315.84 |
| 13 | 11,6km  | M40  | MARS Maksymilian      | Trailrun              | 1975    | 76.33 | 70.68 | 69.31 | 79.94 | 87.88 | 314.83 |
| 14 | 11,6km  | M40  | DZIEDZIC Krzysztof    |                       | 1978    | 75.27 | 71.34 | 64.26 | 80.64 | 85.99 | 313.24 |
| 15 | 11,6km  | M40  | DARCHUK Oleksandr     |                       | 1978    | 67.64 | 73.46 | 71.98 | 79.63 | 85.91 | 310.98 |
| 16 | 11,6km  | M40  | GASIOR Krzysztof      | Klub Biegacza AZS UEK | 1977    | 72.16 | 71.11 | 69.29 | 81.56 | 85.48 | 310.31 |
| 17 | 11,6km  | M40  | SROKA Marcin          |                       | 1973    | 75.36 | 71.56 | 65.43 | 79.05 | 82.84 | 308.81 |
| 18 | 11,6km  | M40  | ADAMEK Dariusz        | #AdamCzerwińskiTeam   | 1972    | 73.85 | 74.87 | 72.06 | 80.86 | 76.34 | 305.92 |
| 19 | 11,6km  | M40  | ARCHAMOWICZ Krzysztof | Skawina Biega         | 1977    | 74.54 | 76.5  | 72.29 | 76.6  | 78.12 | 305.76 |
| 20 | 11,6km  | M40  | SLIWA Henryk          | Skawina Biega         | 1970    | 73.17 | 70.35 | 0     | 76.02 | 82.68 | 302.22 |
| 21 | 11,6km  | M40  | GRZYWA Grzegorz       |                       | 1974    | 100   | 100   | 100   | 0     | 0     | 300    |
| 22 | 11,6km  | M40  | SZAKIEL Jerzy         | Klub Biegacza AZS UEK | 1975    | 73.74 | 71.15 | 70.48 | 83.1  | 0     | 298.47 |
| 23 | 11,6km  | M40  | MYSZKA Bartłomiej     |                       | 1974    | 67.4  | 68.9  | 74.85 | 0     | 85.65 | 296.8  |
| 24 | 11,6km  | M40  | DEPTUCH Lukasz        |                       | 1977    | 70.04 | 67.66 | 0     | 71.55 | 80.05 | 289.3  |
| 25 | 11,6km  | M40  | BARZYK Karol          |                       | 1976    | 74.99 | 0     | 74.16 | 63.8  | 76.27 | 289.22 |
| 26 | 11,6km  | M40  | BZOWSKI Michal        | Trailrun              | 1972    | 0     | 64.07 | 65.99 | 77.84 | 77.83 | 285.73 |
| 27 | 11,6km  | M40  | STACH Pawel           | SIWEJKA               | 1970    | 72.87 | 65.54 | 0     | 70.99 | 71.89 | 281.29 |
| 28 | 11,6km  | M40  | PIASECKI Rafal        |                       | 1973    | 62.08 | 0     | 55.49 | 76.61 | 78.82 | 273    |
| 29 | 11,6km  | M40  | KISIELEWSKI Piotr     | Compass/bikeBoard     | 1969    | 68.5  | 56.91 | 0     | 68.94 | 70.65 | 265    |
| 30 | 11,6km  | M40  | TWORZYDLO Pawel       |                       | 1975    | 62.1  | 59.44 | 53.86 | 66.31 | 69.79 | 257.64 |
| 31 | 11,6km  | M40  | PASELA Jerzy          |                       | 1974    | 61.88 | 0     | 57.05 | 65.59 | 72.08 | 256.6  |
| 32 | 11,6km  | M40  | MISIUK Marek          | Trailrun              | 1977    | 63.05 | 63.4  | 53.45 | 0     | 74.76 | 254.66 |
| 33 | 11,6km  | M40  | GORSZKO Adam          | Trailrun              | 1975    | 56.17 | 0     | 49.07 | 68.48 | 73.44 | 247.16 |
| 34 | 11,6km  | M40  | FRANKIEWICZ Jakub     |                       | 1977    | 0     | 55.52 | 54.9  | 64.02 | 72.41 | 246.85 |
| 35 | 11,6km  | M40  | WIETRZNY Kacper       | Trailrun              | 1977    | 56.56 | 0     | 51.88 | 66.59 | 69.11 | 244.14 |

| #  | Dystans | Kat. | Nazwisko, imię     | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|--------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 36 | 11,6km  | M40  | DUDA Pawel         | BeFit24Team               | 1973    | 59.96 | 60.88 | 49.43 | 49.72 | 73.41 | 243.97 |
| 37 | 11,6km  | M40  | PRECIKOWSKI Rysiek |                           | 1970    | 57.63 | 56.45 | 41.49 | 59.31 | 70.51 | 243.9  |
| 38 | 11,6km  | M40  | DURON Marcin       | BeFit24Team               | 1974    | 57.27 | 0     | 52.31 | 62.28 | 71.73 | 243.59 |
| 39 | 11,6km  | M40  | KUCIA Sebastian    |                           | 1976    | 60.29 | 0     | 63.08 | 63.08 | 55.62 | 242.07 |
| 40 | 11,6km  | M40  | BIALKA Rafal       | G.O.A.T. Team Michałowice | 1974    | 53.56 | 52.71 | 56.2  | 59.87 | 71.07 | 240.7  |
| 41 | 11,6km  | M40  | DABKOWSKI Leszek   | G.O.A.T. Team Michałowice | 1973    | 58.27 | 41.3  | 50.5  | 58.9  | 70.13 | 237.8  |
| 42 | 11,6km  | M40  | KONIK Jaroslaw     | BBL Kraków                | 1974    | 60.42 | 57.48 | 51.99 | 59.87 | 59.62 | 237.39 |
| 43 | 11,6km  | M40  | MALINOWSKI Marek   |                           | 1977    | 52.46 | 46.62 | 37.92 | 65.08 | 72.32 | 236.48 |
| 44 | 11,6km  | M40  | SLONINA Artur      | running.krakow.pl         | 1976    | 58.26 | 49.17 | 49.99 | 66.38 | 59.75 | 234.38 |
| 45 | 11,6km  | M40  | KUKLA Grzegorz     | Kolibier Team             | 1972    | 55.45 | 54.74 | 53.09 | 65.92 | 0     | 229.2  |
| 46 | 11,6km  | M40  | KRZYŻAN Jakub      | KW Kraków                 | 1974    | 0     | 49.95 | 46.37 | 66.04 | 66.65 | 229.01 |
| 47 | 11,6km  | M40  | CZEPIEL Pawel      | CSK Brzezcie              | 1975    | 50.39 | 55.4  | 56.27 | 0     | 66.1  | 228.16 |
| 48 | 11,6km  | M40  | JANICKI Tomasz     |                           | 1976    | 51.85 | 52.45 | 53.88 | 59.72 | 61.7  | 227.75 |
| 49 | 11,6km  | M40  | SWIADER Andrzej    | BeFit24Team               | 1977    | 57.44 | 50.68 | 47.42 | 57.26 | 61.74 | 227.12 |
| 50 | 11,6km  | M40  | KULA Damian        | TriWise                   | 1977    | 0     | 0     | 69.26 | 74.87 | 81.12 | 225.25 |
| 51 | 11,6km  | M40  | SIPIERA Tomasz     | tomaszsiopera.pl          | 1972    | 0     | 49.04 | 50.38 | 55.72 | 67.74 | 222.88 |
| 52 | 11,6km  | M40  | KESEK Maciej       | CSK Brzezcie              | 1972    | 50.53 | 49.48 | 50.82 | 57.64 | 57.99 | 216.98 |
| 53 | 11,6km  | M40  | SEWERYN Robert     |                           | 1974    | 60.87 | 53.73 | 51.6  | 0     | 50.54 | 216.74 |
| 54 | 11,6km  | M40  | JAWORSKI Piotr     |                           | 1978    | 58.95 | 49.11 | 50.49 | 0     | 56.51 | 215.06 |
| 55 | 11,6km  | M40  | WOJCIO Hubert      |                           | 1976    | 0     | 55.27 | 49.9  | 46.65 | 61.86 | 213.68 |
| 56 | 11,6km  | M40  | PETER Lesław       | Vege Runners              | 1971    | 55.08 | 54.69 | 43.13 | 48.48 | 55.37 | 213.62 |
| 57 | 11,6km  | M40  | LESIAK Filip       | Skawina Biega             | 1975    | 48.72 | 49.5  | 0     | 54.09 | 58.46 | 210.77 |
| 58 | 11,6km  | M40  | STEC Pawel         |                           | 1973    | 65.19 | 0     | 66.27 | 78.37 | 0     | 209.83 |
| 59 | 11,6km  | M40  | KAMISINSKI Marek   | BeFit24Team               | 1978    | 37.63 | 39.98 | 44.7  | 63.68 | 61.19 | 209.55 |

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 60 | 11,6km  | M40  | KOZIOL Artur        | Koziołki                   | 1975    | 49.73 | 45.85 | 38.26 | 56.81 | 55.89 | 208.28 |
| 61 | 11,6km  | M40  | MAKUSZEWSKI Marcin  | BeFit24Team                | 1977    | 0     | 36.78 | 43.26 | 58.2  | 69.16 | 207.4  |
| 62 | 11,6km  | M40  | GIERASINSKI Pawel   | KKB DYSTANS                | 1975    | 0     | 52.36 | 38.65 | 54.02 | 61.82 | 206.85 |
| 63 | 11,6km  | M40  | TYLIBA Ireneusz     | MIKI                       | 1973    | 39.45 | 50.17 | 46.05 | 54.95 | 55.23 | 206.4  |
| 64 | 11,6km  | M40  | PIENIAZEK Mariusz   |                            | 1972    | 43.75 | 0     | 43.46 | 57.02 | 59.84 | 204.07 |
| 65 | 11,6km  | M40  | STACH Pawel         | #ambasadorzyFB             | 1976    | 30.99 | 28.66 | 0     | 94.74 | 41.23 | 195.62 |
| 66 | 11,6km  | M40  | BIERNAT Jakub       | Wisetka                    | 1976    | 66.19 | 0     | 54    | 0     | 75.3  | 195.49 |
| 67 | 11,6km  | M40  | SLEDZIEWSKI Andrzej | Lacho Team                 | 1969    | 50.58 | 0     | 43.15 | 39.57 | 61.52 | 194.82 |
| 68 | 11,6km  | M40  | PITUCH Przemyslaw   |                            | 1973    | 41.83 | 47.69 | 42.15 | 49.21 | 55.7  | 194.75 |
| 69 | 11,6km  | M40  | SZEWczyk Mariusz    |                            | 1972    | 48.39 | 44.67 | 32.22 | 43.71 | 55.99 | 192.76 |
| 70 | 11,6km  | M40  | BUTRYN Wojciech     |                            | 1973    | 41.35 | 45.1  | 0     | 56.34 | 49.72 | 192.51 |
| 71 | 11,6km  | M40  | LIPIEN Jakub        |                            | 1978    | 52.18 | 47.43 | 42.5  | 49.65 | 0     | 191.76 |
| 72 | 11,6km  | M40  | ZAK Krzysztof       | Klub Biegacza AZS UEK      | 1974    | 40.4  | 45.4  | 0     | 48.14 | 56.93 | 190.87 |
| 73 | 11,6km  | M40  | ZOLADZ Jurek        | Go Aktiv!                  | 1972    | 41.13 | 45.55 | 35.22 | 49.18 | 54.84 | 190.7  |
| 74 | 11,6km  | M40  | ZAK Pawel           | Niepołomice Biegają        | 1973    | 57.53 | 0     | 54.39 | 0     | 73.79 | 185.71 |
| 75 | 11,6km  | M40  | OBARZANOWSKI Michal |                            | 1978    | 60.42 | 60.02 | 0     | 0     | 61    | 181.44 |
| 76 | 11,6km  | M40  | CEKIERA Marcin      | Iron Dragon Triathlon      | 1978    | 63.25 | 0     | 47.95 | 69.23 | 0     | 180.43 |
| 77 | 11,6km  | M40  | LIGEZA Witek        | Smashing PApkins/Unlimited | 1972    | 43.91 | 41.96 | 38.89 | 47.27 | 46.64 | 179.78 |
| 78 | 11,6km  | M40  | GONDOR Jaroslaw     |                            | 1976    | 59.28 | 60.87 | 57.03 | 0     | 0     | 177.18 |
| 79 | 11,6km  | M40  | RICOUR Patrice      |                            | 1969    | 41.29 | 32.64 | 29.05 | 45.35 | 54.93 | 174.21 |
| 80 | 11,6km  | M40  | SOCZYNSKI Sebastian |                            | 1975    | 34.99 | 44.62 | 38.64 | 33.27 | 52.81 | 171.06 |
| 81 | 11,6km  | M40  | PARDYGAL Tomasz     | WM Triself                 | 1975    | 57.74 | 61    | 0     | 50.14 | 0     | 168.88 |
| 82 | 11,6km  | M40  | ZIEBA Artur         | Poranny Patrol             | 1975    | 44.25 | 36.62 | 31.33 | 42.87 | 45.13 | 168.87 |
| 83 | 11,6km  | M40  | KRAWCZYK Pawel      | Klub Sportowy Hajime       | 1978    | 34.76 | 38.3  | 36.35 | 0     | 57.94 | 167.35 |

| #   | Dystans | Kat. | Nazwisko, imię    | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|-----|---------|------|-------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 84  | 11,6km  | M40  | RAJTAR Krzysztof  | Way2champ                 | 1976    | 82.37 | 0     | 0     | 0     | 83.06 | 165.43 |
| 85  | 11,6km  | M40  | STACHECKI Maciej  | Trailrun                  | 1978    | 18.37 | 33.26 | 34.13 | 45.51 | 52.26 | 165.16 |
| 86  | 11,6km  | M40  | ZMYJ Mariusz      | #ADAMCZERWIŃSKITEAM       | 1970    | 0     | 37.22 | 24.53 | 48.69 | 51.18 | 161.62 |
| 87  | 11,6km  | M40  | MICHALCZAK Pawel  | WKS Wawel Kraków          | 1978    | 0     | 30.69 | 30.75 | 44.73 | 52.68 | 158.85 |
| 88  | 11,6km  | M40  | JURCZAK Tomek     |                           | 1978    | 50.83 | 59.92 | 46.93 | 0     | 0     | 157.68 |
| 89  | 11,6km  | M40  | PAPUGA Krzysztof  |                           | 1976    | 49.54 | 46.66 | 0     | 0     | 56    | 152.2  |
| 90  | 11,6km  | M40  | BUDZINSKI Maciej  |                           | 1974    | 27.62 | 32.47 | 30.14 | 42.03 | 44.75 | 149.39 |
| 91  | 11,6km  | M40  | CZAPLA Przemyslaw | WKS Wawel BnO             | 1974    | 71.3  | 0     | 0     | 71.06 | 0     | 142.36 |
| 92  | 11,6km  | M40  | JANKOWSKI Mateusz | Vege Runners              | 1971    | 23.07 | 29.39 | 28.75 | 37.29 | 45.24 | 140.67 |
| 93  | 11,6km  | M40  | GARBACIK Wojciech | WYMARŁY GATUNEK           | 1971    | 48.22 | 46.46 | 45.97 | 0     | 0     | 140.65 |
| 94  | 11,6km  | M40  | WALNIK Rafal      | _Skawina Biega            | 1973    | 0     | 44.55 | 38.6  | 56.4  | 0     | 139.55 |
| 95  | 11,6km  | M40  | DOMIN Tomasz      | sevencoins.pl             | 1975    | 0     | 0     | 62.83 | 0     | 75.98 | 138.81 |
| 96  | 11,6km  | M40  | KOWALCZYK Piotr   | G.O.A.T. Team Michałowice | 1974    | 0     | 0     | 37.29 | 46.12 | 49.49 | 132.9  |
| 97  | 11,6km  | M40  | RYCHLIK Sebastian | Lisy Pustyni              | 1977    | 31.68 | 28.67 | 28.96 | 40.95 | 0     | 130.26 |
| 98  | 11,6km  | M40  | KUDLA Grzegorz    |                           | 1974    | 32.45 | 32.46 | 20.52 | 0     | 42.94 | 128.37 |
| 99  | 11,6km  | M40  | OLEJNIK Maciej    | #otworzdrzwi              | 1971    | 0     | 16.44 | 23.83 | 28.41 | 47.34 | 116.02 |
| 100 | 11,6km  | M40  | KUMOREK Zbigniew  |                           | 1974    | 14.54 | 22.25 | 0     | 33.52 | 45.49 | 115.8  |
| 101 | 11,6km  | M40  | SKOWRONEK Robert  |                           | 1973    | 58.58 | 56.47 | 0     | 0     | 0     | 115.05 |
| 102 | 11,6km  | M40  | CHUDZIK Piotr     |                           | 1975    | 0     | 49.87 | 0     | 51.84 | 0     | 101.71 |
| 103 | 11,6km  | M40  | PAWLIK Krzysztof  |                           | 1977    | 0     | 50.47 | 48.65 | 0     | 0     | 99.12  |
| 104 | 11,6km  | M40  | WRONA Sylwester   |                           | 1977    | 26.63 | 33.31 | 38.79 | 0     | 0     | 98.73  |
| 105 | 11,6km  | M40  | JARZYNA Andrzej   | running.krakow.pl         | 1977    | 30.8  | 33.79 | 32.92 | 0     | 0     | 97.51  |
| 106 | 11,6km  | M40  | MURYN Bartłomiej  | Niezzrzeszony             | 1973    | 0     | 45.16 | 43.23 | 0     | 0     | 88.39  |
| 107 | 11,6km  | M40  | GIL Jacek         | Qrier Przesyłki           | 0       | 0     | 0     | 87.93 | 0     | 0     | 87.93  |

| #   | Dystans | Kat. | Nazwisko, imię         | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|------------------------|----------------------------|---------|-------|-------|-------|-------|-------|-------|
| 108 | 11,6km  | M40  | M-LDNER Rafal          |                            | 1974    | 84.99 | 0     | 0     | 0     | 0     | 84.99 |
| 109 | 11,6km  | M40  | KULCZYCKI Sebastian    | KW Kraków/Chrzanów Parkrun | 1972    | 16.7  | 18.38 | 19.15 | 29.61 | 0     | 83.84 |
| 110 | 11,6km  | M40  | KRAWCZYK Jacek         | Go Aktiv!                  | 1974    | 0     | 34.65 | 0     | 0     | 47.59 | 82.24 |
| 111 | 11,6km  | M40  | SKONIECZNY Mariusz     | WKS Wawel BnO              | 1976    | 0     | 37.1  | 40.87 | 0     | 0     | 77.97 |
| 112 | 11,6km  | M40  | KURKIEWICZ Grzegorz    | BeFit24Team                | 1973    | 50.9  | 0     | 25.3  | 0     | 0     | 76.2  |
| 113 | 11,6km  | M40  | JAROSZ Sebastian       |                            | 1978    | 0     | 0     | 0     | 0     | 71.08 | 71.08 |
| 114 | 11,6km  | M40  | LALEWICZ Artur         |                            | 1972    | 0     | 0     | 0     | 0     | 70.15 | 70.15 |
| 115 | 11,6km  | M40  | SLOWINSKI Pawel        |                            | 0       | 0     | 0     | 0     | 23.63 | 46.05 | 69.68 |
| 116 | 11,6km  | M40  | PLETI Marcin           |                            | 0       | 0     | 69.08 | 0     | 0     | 0     | 69.08 |
| 117 | 11,6km  | M40  | MAZUREK Marcin         | AZS AWF KRAKÓW MASTERS     | 1971    | 0     | 0     | 66.9  | 0     | 0     | 66.9  |
| 118 | 11,6km  | M40  | URBANOWICZ Andrzej     |                            | 0       | 0     | 0     | 65.38 | 0     | 0     | 65.38 |
| 119 | 11,6km  | M40  | KRUPINSKI Marek        | AZS AGH Kraków             | 1971    | 0     | 0     | 0     | 65.15 | 0     | 65.15 |
| 120 | 11,6km  | M40  | TAJAK Tomasz           |                            | 1974    | 0     | 0     | 0     | 0     | 64.47 | 64.47 |
| 121 | 11,6km  | M40  | DUDA Krzysztof         | Nowa Huta Team             | 1974    | 18.37 | 26.79 | 1     | 0     | 15.99 | 62.15 |
| 122 | 11,6km  | M40  | GOMULEC Tomasz         | Tactica Team               | 0       | 0     | 0     | 56.97 | 0     | 0     | 56.97 |
| 123 | 11,6km  | M40  | POPCZYK Grzegorz       |                            | 1973    | 0     | 0     | 0     | 0     | 54.37 | 54.37 |
| 124 | 11,6km  | M40  | WILK Krzysztof         | Udo Grubbe                 | 1973    | 53.39 | 0     | 0     | 0     | 0     | 53.39 |
| 125 | 11,6km  | M40  | ZBIGNIEW Krupa         |                            | 0       | 0     | 52.63 | 0     | 0     | 0     | 52.63 |
| 126 | 11,6km  | M40  | SLOWINSKI Pawel        |                            | 1969    | 0     | 26.83 | 25.37 | 0     | 0     | 52.2  |
| 127 | 11,6km  | M40  | KOŁODZIEJCZYK Grzegorz | Jura Team                  | 1976    | 0     | 50.47 | 0     | 0     | 0     | 50.47 |
| 128 | 11,6km  | M40  | KOSZALKA Marcin        | Klub Wysokogórski Kraków   | 1970    | 34.61 | 0     | 15.43 | 0     | 0     | 50.04 |
| 129 | 11,6km  | M40  | ZYCH Andrzej           |                            | 1975    | 0     | 0     | 0     | 47.2  | 0     | 47.2  |
| 130 | 11,6km  | M40  | ZBIGNIEW Baran         |                            | 0       | 0     | 45.7  | 0     | 0     | 0     | 45.7  |
| 131 | 11,6km  | M40  | OLSZA Pawel            |                            | 1977    | 43.87 | 0     | 0     | 0     | 0     | 43.87 |

| #   | Dystans | Kat. | Nazwisko, imię     | Klub                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|--------------------|------------------------|---------|-------|-------|-------|-------|-------|-------|
| 132 | 11,6km  | M40  | DUDA Krzysztof     |                        | 0       | 0     | 26.79 | 1     | 0     | 15.99 | 43.78 |
| 133 | 11,6km  | M40  | KORDOWSKI Piotr    | Lux Torpeda Małopolska | 1971    | 0     | 41.97 | 0     | 0     | 0     | 41.97 |
| 134 | 11,6km  | M40  | SLIWA Jakub        | AZS AWF KRAKÓW MASTERS | 1970    | 0     | 0     | 40.58 | 0     | 0     | 40.58 |
| 135 | 11,6km  | M40  | WANDAS Grzegorz    |                        | 1978    | 0     | 0     | 0     | 38.75 | 0     | 38.75 |
| 136 | 11,6km  | M40  | SKROBOT Lukasz     | BoSięBiega             | 1977    | 0     | 37.17 | 0     | 0     | 0     | 37.17 |
| 137 | 11,6km  | M40  | BLASZCZAK Jaroslaw | Go Aktiv!              | 1971    | 0     | 0     | 0     | 35.44 | 0     | 35.44 |
| 138 | 11,6km  | M40  | BADYLA Dariusz     |                        | 1976    | 0     | 0     | 0     | 34.37 | 0     | 34.37 |
| 139 | 11,6km  | M40  | RICARDO I-Fadrique | water Dragon           | 1971    | 0     | 33.5  | 0     | 0     | 0     | 33.5  |
| 140 | 11,6km  | M40  | JASTRZEBSKI Rafal  | Sanmargar              | 1974    | 0     | 31.74 | 0     | 0     | 0     | 31.74 |
| 141 | 11,6km  | M40  | WIJAS Mariusz      |                        | 1973    | 0     | 0     | 0     | 31.64 | 0     | 31.64 |
| 142 | 11,6km  | M40  | GAWOR Ireneusz     |                        | 1975    | 6.82  | 2.69  | 1     | 4.44  | 17.18 | 31.13 |
| 143 | 11,6km  | M40  | MACIEJAS Daniel    | Husaria Race Team      | 1978    | 14.86 | 1     | 3.7   | 8.37  | 0     | 27.93 |
| 144 | 11,6km  | M40  | MASZCZYK Andrzej   |                        | 1971    | 0     | 0     | 0     | 26.43 | 0     | 26.43 |
| 145 | 11,6km  | M40  | PAWELCZUK Piotr    | runningperformance.pl  | 1978    | 25.58 | 0     | 0     | 0     | 0     | 25.58 |
| 146 | 11,6km  | M40  | ORLOWICZ Marcin    |                        | 1978    | 0     | 0     | 0     | 0     | 20.55 | 20.55 |
| 147 | 11,6km  | M40  | POZNANSKI Tomasz   | happy TRI friends      | 1972    | 1     | 0     | 1     | 13.93 | 0     | 15.93 |
| 148 | 11,6km  | M40  | KLASA Tomasz       | onkologiaprywatnie.pl  | 1976    | 1     | 1     | 1     | 1     | 7.57  | 10.57 |

11,6km - M50

| # | Dystans | Kat. | Nazwisko, imię  | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|---|---------|------|-----------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1 | 11,6km  | M50  | KARNIA Tomasz   | G.O.A.T. Team Michałowice | 1967    | 92.24 | 100   | 94.16 | 100   | 100   | 394.16 |
| 2 | 11,6km  | M50  | NAZIM Adam      |                           | 1961    | 76.05 | 93.24 | 80.53 | 86.2  | 89.65 | 349.62 |
| 3 | 11,6km  | M50  | TARNAWSKI Jakub | KKB DYSTANS               | 1968    | 66.85 | 84.37 | 75.98 | 86.41 | 86.41 | 333.17 |
| 4 | 11,6km  | M50  | ORLOWSKI Pawel  |                           | 1964    | 70.04 | 73.7  | 0     | 85.77 | 92.71 | 322.22 |

| #  | Dystans | Kat. | Nazwisko, imię    | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-------------------|----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 5  | 11,6km  | M50  | PASLAWSKI Maciej  |                            | 1963    | 72.94 | 84.33 | 74.31 | 81.43 | 76.49 | 316.56 |
| 6  | 11,6km  | M50  | ROGASCH Stanislaw | Lacho Team                 | 1965    | 80.85 | 93.96 | 0     | 36.58 | 79.78 | 291.17 |
| 7  | 11,6km  | M50  | BLADY Bogdan      |                            | 1967    | 56.82 | 76.4  | 62.54 | 65.52 | 72.58 | 277.04 |
| 8  | 11,6km  | M50  | KEDZIOR Tomasz    | onkologiaprywatnie.pl      | 1966    | 60.58 | 68.75 | 64.44 | 71.28 | 67.51 | 271.98 |
| 9  | 11,6km  | M50  | BAS Robert        |                            | 1960    | 0     | 90.87 | 83.43 | 0     | 85.56 | 259.86 |
| 10 | 11,6km  | M50  | LASKOWSKI Dariusz | Niepołomice Biegają        | 1967    | 57.96 | 71.38 | 55.58 | 53.91 | 72.31 | 257.23 |
| 11 | 11,6km  | M50  | KANIA Robert      |                            | 1968    | 40.49 | 68.27 | 57.52 | 52.25 | 52.12 | 230.16 |
| 12 | 11,6km  | M50  | RAJTAR Zbigniew   | Team Rontil-Compass        | 1959    | 0     | 94.48 | 0     | 0     | 85.61 | 180.09 |
| 13 | 11,6km  | M50  | CZUBA Adam        | Happy Tri Friends          | 0       | 0     | 0     | 100   | 0     | 0     | 100    |
| 13 | 11,6km  | M50  | MOSZKOWICZ Pawel  |                            | 1967    | 100   | 0     | 0     | 0     | 0     | 100    |
| 15 | 11,6km  | M50  | OLIWA Edward      | ITMBW Kraków               | 1961    | 0     | 0     | 0     | 84.6  | 0     | 84.6   |
| 16 | 11,6km  | M50  | ROIK Tomasz       | biegam dla basi            | 1959    | 36.89 | 46.99 | 0     | 0     | 0     | 83.88  |
| 17 | 11,6km  | M50  | MIELNIK Andrzej   | LEŚNE ŁUDKI ŻARKI LETNISKO | 1959    | 0     | 0     | 0     | 0     | 78.44 | 78.44  |
| 18 | 11,6km  | M50  | CEBULA Jerzy      |                            | 1958    | 0     | 0     | 0     | 0     | 74.42 | 74.42  |
| 19 | 11,6km  | M50  | BIRCZYNSKI Pawel  |                            | 1963    | 0     | 0     | 0     | 69.38 | 0     | 69.38  |
| 20 | 11,6km  | M50  | MARCINEK Wojciech | Trailrun                   | 1960    | 0     | 56.45 | 0     | 0     | 0     | 56.45  |
| 21 | 11,6km  | M50  | CEZARY Duliasz    |                            | 0       | 0     | 39.49 | 0     | 0     | 0     | 39.49  |
| 22 | 11,6km  | M50  | KANIA Robert      |                            | 1965    | 0     | 0     | 0     | 0     | 18.13 | 18.13  |

11,6km - M60

| # | Dystans | Kat. | Nazwisko, imię  | Klub                  | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|---|---------|------|-----------------|-----------------------|---------|-------|-------|-------|-------|-------|--------|
| 1 | 11,6km  | M60  | KRYJOMSKI Jerzy | KS Kościelec Chrzanów | 1958    | 100   | 0     | 100   | 100   | 100   | 400    |
| 2 | 11,6km  | M60  | NOWOTNY Marian  | Niepołomice Biegają   | 1950    | 89.47 | 100   | 82.54 | 84.17 | 89.92 | 363.56 |
| 3 | 11,6km  | M60  | KORDOS Jan      | KKB Dystan            | 1949    | 76.8  | 95.71 | 82.76 | 80.39 | 84.63 | 343.49 |



| # | Dystans | Kat. | Nazwisko, imię    | Klub                    | Rok ur. | E1    | E2    | E3    | E4   | E5    | Suma   |
|---|---------|------|-------------------|-------------------------|---------|-------|-------|-------|------|-------|--------|
| 4 | 11,6km  | M60  | KOWALCZYK Tadeusz |                         | 1954    | 53.18 | 81.76 | 61.06 | 0    | 65.19 | 261.19 |
| 5 | 11,6km  | M60  | GRACZYK Roman     | Krzysiek Pomaga Pomagać | 1958    | 0     | 85.3  | 0     | 64.4 | 0     | 149.7  |

## 11,6km - M70

| # | Dystans | Kat. | Nazwisko, imię | Klub              | Rok ur. | E1  | E2  | E3 | E4  | E5  | Suma |
|---|---------|------|----------------|-------------------|---------|-----|-----|----|-----|-----|------|
| 1 | 11,6km  | M70  | KOPTA Jerzy    | Cwałujące Dziadki | 1945    | 100 | 100 | 0  | 100 | 100 | 400  |

## 11,6km - OPEN-M

| # | Dystans | Kat.   | Nazwisko, imię | Klub                       | Rok ur. | E1 | E2    | E3    | E4    | E5    | Suma   |
|---|---------|--------|----------------|----------------------------|---------|----|-------|-------|-------|-------|--------|
| 1 | 11,6km  | OPEN-M | PUDELEK Blazej | LKS Górzanka Nawojowa Góra | 2002    | 0  | 60.87 | 37.46 | 53.17 | 58.48 | 209.98 |



# Grand Prix Krakowa w biegach górskich 2018/2019

Klasyfikacja generalna

Nordic Walking - OPEN

3,7km - OPEN

3,7km - KATEGORIE

5,7km - OPEN

5,7km - KATEGORIE

11,6km - OPEN

11,6km - KATEGORIE

23km - OPEN

23km - KATEGORIE

## 23km - OPEN K

| #  | Dystans | Kat. | Nazwisko, imię             | Klub               | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------------|--------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 23km    | K40  | GALEWICZ Katarzyna         | TWOMARK SPECIALZED | 1976    | 97.32 | 90.43 | 100   | 99.62 | 0     | 387.37 |
| 2  | 23km    | K50  | BAJOREK Lidia              |                    | 1967    | 0     | 84.51 | 92.35 | 92.46 | 96.89 | 366.21 |
| 3  | 23km    | K30  | IWANOWICZ Anna             | Parkrun Chrzanów   | 1980    | 91.06 | 86.02 | 80.13 | 86.01 | 91.31 | 354.4  |
| 4  | 23km    | K30  | CHADAJ Joanna              |                    | 1980    | 82.16 | 80.73 | 87.85 | 82.59 | 86.77 | 339.37 |
| 5  | 23km    | K40  | CHRZASCIK Anna             | Płomyk Olkusz      | 1978    | 81.32 | 75.56 | 0     | 87.98 | 93.09 | 337.95 |
| 6  | 23km    | K20  | GRADZIK Inga               |                    | 1993    | 82.6  | 77.43 | 0     | 80.53 | 88.68 | 329.24 |
| 7  | 23km    | K40  | WALERJAN-RUSEK Agnieszka   |                    | 1978    | 79.44 | 67.69 | 72.59 | 70.8  | 83.61 | 306.44 |
| 8  | 23km    | K30  | ORYNEK Klaudia             |                    | 1986    | 75.52 | 71.24 | 0     | 68.78 | 90.74 | 306.28 |
| 9  | 23km    | K40  | BAS Anna                   | LENIWCE            | 1969    | 68.81 | 39.53 | 74.35 | 76.26 | 79.84 | 299.26 |
| 10 | 23km    | K30  | BERNASIEWICZ Justyna       | CF Kraków          | 1985    | 71.16 | 0     | 70.9  | 72.53 | 83.51 | 298.1  |
| 11 | 23km    | K30  | SADOWSKA Marta             | Kossmate Żuki      | 1983    | 61.35 | 61.84 | 73.06 | 72.23 | 82.8  | 289.93 |
| 12 | 23km    | K20  | KUBSKA Justyna             | Nowa Huta Team     | 1996    | 0     | 64.92 | 70.98 | 70.15 | 74.1  | 280.15 |
| 13 | 23km    | K30  | MERCIK Wioleta             | Night Runners      | 1982    | 56.2  | 64.1  | 61.25 | 63.6  | 77.6  | 266.55 |
| 14 | 23km    | K30  | PAZDERSKA-KIPIEL Agnieszka | Evil Team          | 1983    | 63.64 | 0     | 53.78 | 62.08 | 72.39 | 251.89 |
| 15 | 23km    | K40  | ZAK Barbara                | Jura TEAM          | 1976    | 0     | 79.41 | 86.16 | 0     | 84.33 | 249.9  |
| 16 | 23km    | K30  | KARWAN Barbara             | Nauka Biega        | 1987    | 80.41 | 65.76 | 0     | 0     | 90.1  | 236.27 |

| #  | Dystans | Kat. | Nazwisko, imię          | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-------------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 17 | 23km    | K50  | KLOPOTOWSKA-SOSNA Kaska |                           | 1968    | 58.75 | 53.85 | 55.97 | 52.33 | 65.89 | 234.46 |
| 18 | 23km    | K30  | GRABOWSKA Joanna        | WKS Wawel                 | 1979    | 0     | 0     | 91.45 | 91.93 | 0     | 183.38 |
| 19 | 23km    | K30  | MACZKA Martyna          |                           | 1984    | 0     | 0     | 86.78 | 94.68 | 0     | 181.46 |
| 20 | 23km    | K30  | CAPINSKA Anna           | Night runners             | 1980    | 0     | 50.96 | 63.26 | 58.8  | 0     | 173.02 |
| 21 | 23km    | K30  | FRANCZAK Katarzyna      |                           | 1979    | 0     | 0     | 0     | 78.5  | 83.35 | 161.85 |
| 22 | 23km    | K20  | JANAS Kasia             | KWSPZ                     | 1990    | 84.99 | 72.5  | 0     | 0     | 0     | 157.49 |
| 23 | 23km    | K30  | KOŁODZIEJCZYK Monika    | JURA Team                 | 1982    | 0     | 0     | 0     | 65.35 | 86.78 | 152.13 |
| 24 | 23km    | K40  | KARBOWSKA Beata         |                           | 1972    | 51.61 | 45.9  | 49.56 | 0     | 0     | 147.07 |
| 25 | 23km    | K40  | SZLIFINSKA-NOWAK Anna   |                           | 1973    | 72.03 | 68.85 | 0     | 0     | 0     | 140.88 |
| 26 | 23km    | K40  | GRUSZKA Kamila          | Niepołomice Biegają       | 1976    | 1     | 56.29 | 0     | 0     | 73.82 | 131.11 |
| 27 | 23km    | K20  | SOLINSKA Katarzyna      |                           | 0       | 0     | 100   | 0     | 0     | 0     | 100    |
| 27 | 23km    | K40  | JASKOWSKA Bożena        |                           | 1245    | 0     | 0     | 0     | 0     | 100   | 100    |
| 27 | 23km    | K20  | FLOREK Natalia          | Team Mountain Fuel Polska | 1991    | 0     | 0     | 0     | 100   | 0     | 100    |
| 27 | 23km    | K20  | STEPIEN Małgorzata      |                           | 1992    | 100   | 0     | 0     | 0     | 0     | 100    |
| 31 | 23km    | K30  | KROWICKA Agnieszka      |                           | 0       | 0     | 95.25 | 0     | 0     | 0     | 95.25  |
| 32 | 23km    | K30  | MOSZCZYNSKA Agata       |                           | 1981    | 0     | 0     | 93.94 | 0     | 0     | 93.94  |
| 33 | 23km    | K40  | KUPIEC Urszula          |                           | 1975    | 93.02 | 0     | 0     | 0     | 0     | 93.02  |
| 34 | 23km    | K30  | KUREK Marta             | Decathlon                 | 1986    | 92.37 | 0     | 0     | 0     | 0     | 92.37  |
| 35 | 23km    | K40  | DOMINIAK Klaudia        |                           | 1978    | 90.62 | 0     | 0     | 0     | 0     | 90.62  |
| 36 | 23km    | K20  | LECH Ewa                | Eskadra Kraków            | 1990    | 0     | 0     | 0     | 0     | 90.18 | 90.18  |
| 37 | 23km    | K30  | LUTY Anna               |                           | 0       | 0     | 87.47 | 0     | 0     | 0     | 87.47  |
| 38 | 23km    | K30  | KUNDYS Karolina         | #wawrzynteam              | 1983    | 0     | 0     | 0     | 0     | 85.95 | 85.95  |
| 39 | 23km    | K20  | KUPAJ Oktawia           | Vege Runners              | 1991    | 0     | 0     | 0     | 0     | 83.06 | 83.06  |
| 40 | 23km    | K30  | HAJZER Ewa              | EVERRUN                   | 1986    | 0     | 81.38 | 0     | 0     | 0     | 81.38  |

| #  | Dystans | Kat. | Nazwisko, imię              | Klub                       | Rok ur. | E1    | E2    | E3 | E4    | E5    | Suma  |
|----|---------|------|-----------------------------|----------------------------|---------|-------|-------|----|-------|-------|-------|
| 41 | 23km    | K40  | KARMONSKA-PETA Iwona        |                            | 1979    | 0     | 0     | 0  | 0     | 75.13 | 75.13 |
| 42 | 23km    | K20  | CHLEBANOWSKA Paula          | ChockoPalki                | 1991    | 0     | 74.6  | 0  | 0     | 0     | 74.6  |
| 43 | 23km    | K30  | GEMZIK Agata                | J U V E R U N              | 1986    | 0     | 0     | 0  | 74.58 | 0     | 74.58 |
| 44 | 23km    | K20  | JOZEFIAK Marta              |                            | 1992    | 0     | 0     | 0  | 0     | 74.14 | 74.14 |
| 45 | 23km    | K30  | WILK Wiktoria               | Wilki                      | 1987    | 70.46 | 0     | 0  | 0     | 0     | 70.46 |
| 46 | 23km    | K30  | PAPROCKA Marta              |                            | 1980    | 0     | 0     | 0  | 0     | 67.96 | 67.96 |
| 47 | 23km    | K20  | ZAJAC Katarzyna             |                            | 1993    | 58.28 | 0     | 0  | 0     | 0     | 58.28 |
| 48 | 23km    | K40  | WOJCIK Monika               | Unlimited Sport& Lifestyle | 1976    | 0     | 53.82 | 0  | 0     | 0     | 53.82 |
| 49 | 23km    | K30  | BIELICKA Daria              |                            | 1987    | 0     | 48.03 | 0  | 0     | 0     | 48.03 |
| 50 | 23km    | K30  | BURKIEWICZ-SLIWA Bernadetta |                            | 1983    | 0     | 0     | 0  | 21.97 | 0     | 21.97 |

## 23km - OPEN M

| #  | Dystans | Kat. | Nazwisko, imię    | Klub            | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-------------------|-----------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 23km    | M40  | KOCZWARA Tomasz   | Willow Batony   | 1977    | 100   | 100   | 100   | 100   | 100   | 400    |
| 2  | 23km    | M20  | BEDNARZ Adam      |                 | 1994    | 0     | 93.9  | 93.14 | 96.71 | 94.19 | 377.94 |
| 3  | 23km    | M40  | MAJCHER Piotr     | Eskadra Kraków  | 1972    | 88.66 | 92.24 | 91.93 | 0     | 91.5  | 364.33 |
| 4  | 23km    | M40  | BORYCKI Mirosław  | Twomark         | 1976    | 90.21 | 89.27 | 92.13 | 91.76 | 0     | 363.37 |
| 5  | 23km    | M30  | SWALDEK Konrad    | Trailrun        | 1979    | 85.72 | 88.05 | 89.35 | 85.54 | 83.98 | 348.66 |
| 6  | 23km    | M30  | STARZAK Paweł     |                 | 1983    | 0     | 88.34 | 87.36 | 85.33 | 86.62 | 347.65 |
| 7  | 23km    | M30  | MACHLOWSKI Łukasz | KKB DYSTANS     | 1986    | 75.14 | 82.2  | 84.11 | 91.52 | 80.53 | 338.36 |
| 8  | 23km    | M30  | SENDOR Piotr      |                 | 1981    | 80.96 | 0     | 84.91 | 87.28 | 78.76 | 331.91 |
| 9  | 23km    | M40  | TYLEK Rafał       | FLEXISTAV SPORT | 1971    | 81.63 | 82.11 | 80.87 | 83.96 | 79.89 | 328.57 |
| 10 | 23km    | M30  | URBAN Mirosław    | ITMBW Kraków    | 1985    | 84.95 | 83.5  | 77.44 | 81.8  | 0     | 327.69 |
| 11 | 23km    | M30  | CHADAJ Krzysztof  |                 | 1980    | 79.13 | 77.82 | 84.44 | 85.63 | 73.13 | 327.02 |

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 12 | 23km    | M30  | BORSZOWSKI Zbigniew | Zabierzów Biega            | 1980    | 76.83 | 72.07 | 81.28 | 85.26 | 82.96 | 326.33 |
| 13 | 23km    | M20  | PRZYWOZKI Rafal     | Biegam Bo Kocham Ten Stan  | 1993    | 78.89 | 82.06 | 75.97 | 83.28 | 80.27 | 324.5  |
| 14 | 23km    | M30  | MACIAG Grzegorz     | Dabex-Bolt                 | 1981    | 80.81 | 78.69 | 0     | 80.27 | 84.38 | 324.15 |
| 15 | 23km    | M30  | KWIATKOWSKI Michael |                            | 1987    | 79.57 | 82.55 | 0     | 80.5  | 76.49 | 319.11 |
| 16 | 23km    | M40  | BANIAK Marcin       | G.O.A.T. Team Michałowice  | 1978    | 76.85 | 74.09 | 81.16 | 78.98 | 74.22 | 311.21 |
| 17 | 23km    | M30  | WOZNIAK Radoslaw    | Skawina Biega              | 1988    | 78.94 | 76.54 | 69.91 | 76.26 | 74.75 | 306.49 |
| 18 | 23km    | M50  | KIJANKA Artur       |                            | 1968    | 69.53 | 79.11 | 74.73 | 76.55 | 75.67 | 306.06 |
| 19 | 23km    | M30  | NYCZ Marek          |                            | 1986    | 80.63 | 72.34 | 70.29 | 82.07 | 69.61 | 305.33 |
| 20 | 23km    | M20  | MARC Marcin         |                            | 1990    | 76.17 | 79.64 | 0     | 72.71 | 72.52 | 301.04 |
| 21 | 23km    | M30  | SZYDLOWSKI Bartek   | Skawina Biega              | 1987    | 68.06 | 0     | 79.95 | 70.7  | 74.86 | 293.57 |
| 22 | 23km    | M20  | NISZCZOT Dariusz    |                            | 1992    | 57.9  | 71.01 | 70    | 71.67 | 69.06 | 281.74 |
| 23 | 23km    | M40  | NIEDZWIADK Piotr    | Solne Miasto               | 1976    | 58.28 | 63.18 | 66.02 | 74.01 | 74.21 | 277.42 |
| 24 | 23km    | M40  | KWIECIEN Arek       | Vege Runners, Skundlony.pl | 1976    | 63.01 | 0     | 69.76 | 68.95 | 72.55 | 274.27 |
| 25 | 23km    | M40  | GRYGIEL Marek       | Trailrun                   | 1976    | 75.62 | 0     | 62.69 | 68.15 | 67.74 | 274.2  |
| 26 | 23km    | M30  | BORCZYNSKI Michal   |                            | 1979    | 68.94 | 51.98 | 61.93 | 70.26 | 72.72 | 273.85 |
| 27 | 23km    | M30  | URYGA Jakub         | KingRunner                 | 1981    | 64.75 | 63.92 | 0     | 68.54 | 72.69 | 269.9  |
| 28 | 23km    | M20  | GIERZ Bartłomiej    | CF Kraków                  | 1990    | 53.93 | 0     | 70.22 | 67.75 | 71.69 | 263.59 |
| 29 | 23km    | M30  | BOROWIK Tomasz      |                            | 1980    | 62.14 | 71.06 | 61.78 | 66.76 | 62.49 | 262.45 |
| 30 | 23km    | M30  | SIENCZYLO Marcin    | Niepołomice Biegają        | 1979    | 60.88 | 63.3  | 44.66 | 65.37 | 66.67 | 256.22 |
| 31 | 23km    | M40  | SADOWSKI Tomasz     | Kossmate Żuki              | 1977    | 59.51 | 30.77 | 61.3  | 63.69 | 70.46 | 254.96 |
| 32 | 23km    | M20  | SPRUTTA Mateusz     |                            | 1992    | 64.07 | 68.43 | 62.81 | 57.33 | 0     | 252.64 |
| 33 | 23km    | M30  | STEFANOWSKI Dominik | Eskadra Kraków             | 1986    | 55.79 | 56.54 | 69.19 | 54.39 | 69.6  | 251.12 |
| 34 | 23km    | M30  | PYTEL Milosz        |                            | 1979    | 58.45 | 64.74 | 63.19 | 61.91 | 61.19 | 251.03 |
| 35 | 23km    | M40  | KOPEC Mirosław      | MirMark                    | 1974    | 63.92 | 0     | 58.31 | 61.97 | 62.99 | 247.19 |

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                     | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|--------------------------|---------|-------|-------|-------|-------|-------|--------|
| 36 | 23km    | M50  | RADCZAK Andrzej     |                          | 1961    | 52.06 | 59.7  | 60.09 | 60.95 | 62.09 | 242.83 |
| 37 | 23km    | M40  | NOWACKI Pawel       |                          | 1976    | 55.95 | 58.68 | 59.46 | 58.87 | 65.56 | 242.57 |
| 38 | 23km    | M40  | MALYSZA Slawomir    |                          | 1971    | 43.59 | 63.14 | 49.49 | 61.4  | 66.8  | 240.83 |
| 39 | 23km    | M40  | WIERZBICKI Piotr    | Goń się!                 | 1976    | 45.65 | 61.77 | 57.33 | 61.9  | 58.2  | 239.2  |
| 40 | 23km    | M20  | GEBALA Piotr        | Brak                     | 1989    | 41.56 | 61.64 | 0     | 67.99 | 67.1  | 238.29 |
| 41 | 23km    | M60  | KAMINSKI Krzysztof  |                          | 1958    | 53.37 | 61.07 | 63.79 | 53.66 | 58.83 | 237.35 |
| 42 | 23km    | M30  | PALUCH Marcin       |                          | 1983    | 47.78 | 58.97 | 57.76 | 53.34 | 57.57 | 227.64 |
| 43 | 23km    | M40  | MIELNICZEK Grzegorz | Zima 3ma                 | 1970    | 42.09 | 54.94 | 55.04 | 58.48 | 55.85 | 224.31 |
| 44 | 23km    | M20  | GURBIEL Mateusz     | BeFit24Team              | 1992    | 44.77 | 75.09 | 56.03 | 44.98 | 0     | 220.87 |
| 45 | 23km    | M20  | LACHOR Krzysztof    |                          | 1994    | 74.29 | 72.48 | 0     | 0     | 71.62 | 218.39 |
| 46 | 23km    | M30  | GRADZI Dariusz      | Krakowska Izba Adwokacka | 1983    | 70.81 | 71.35 | 75.63 | 0     | 0     | 217.79 |
| 47 | 23km    | M50  | GIERULA Robert      | UBS Kraków Running Team  | 1964    | 48.44 | 59.32 | 56.89 | 0     | 52.8  | 217.45 |
| 48 | 23km    | M40  | BARAN Mariusz       | Jura TEAM                | 1977    | 0     | 54.06 | 58.35 | 49.88 | 53.98 | 216.27 |
| 49 | 23km    | M30  | WOZNIAK Lukasz      | Poranny Patrol           | 1980    | 38.52 | 51.76 | 57.09 | 45.59 | 61.58 | 216.02 |
| 50 | 23km    | M20  | ADAMUS Jakub        |                          | 1990    | 53.33 | 0     | 50.13 | 52.64 | 58.71 | 214.81 |
| 51 | 23km    | M40  | CHOLEWA Tomasz      | Parkrun Chrzanów         | 1974    | 55.38 | 57.39 | 40.91 | 49.45 | 51.08 | 213.3  |
| 52 | 23km    | M20  | SAJAK Kamil         | ROZBIEGANE DOBCZYCE      | 1990    | 0     | 54.88 | 0     | 79.85 | 78.18 | 212.91 |
| 53 | 23km    | M30  | MIREK Grzegorz      | MOVE STUDIO              | 1979    | 71.51 | 0     | 69.58 | 0     | 70.92 | 212.01 |
| 54 | 23km    | M30  | PAPKA Michal        |                          | 1980    | 39.83 | 53.67 | 53.34 | 45.4  | 57.46 | 209.87 |
| 55 | 23km    | M40  | WAWROWSKI Mariusz   |                          | 1972    | 47.05 | 52.81 | 51.78 | 46.07 | 55.38 | 207.02 |
| 56 | 23km    | M40  | CHROMNIAK Marcin    | Lusina Projekt           | 1972    | 55.77 | 42.4  | 41.8  | 53.05 | 51.14 | 202.36 |
| 57 | 23km    | M30  | WIECLAWSKI Michal   | Waga Ciężka              | 1982    | 44.31 | 54.97 | 51.15 | 51.74 | 0     | 202.17 |
| 58 | 23km    | M30  | ZAJAC Andrzej       | Night Runners            | 1983    | 39.33 | 28.62 | 42.97 | 61.58 | 56.04 | 199.92 |
| 59 | 23km    | M20  | WITEK Wojciech      |                          | 1991    | 0     | 67.31 | 63.78 | 67.59 | 0     | 198.68 |

| #  | Dystans | Kat. | Nazwisko, imię       | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 60 | 23km    | M30  | BAS Mateusz          | LENIWCE                   | 1979    | 33.31 | 16.74 | 41.61 | 57.63 | 64.33 | 196.88 |
| 61 | 23km    | M30  | STAWIARSKI Adam      |                           | 1985    | 33.9  | 48.74 | 46.08 | 47.35 | 53.68 | 195.85 |
| 62 | 23km    | M40  | BEDNAREK Marcin      |                           | 1974    | 0     | 24.14 | 53.64 | 60.42 | 57.04 | 195.24 |
| 63 | 23km    | M40  | SZNAJDER Rafal       | G.O.A.T. Team Michałowice | 1975    | 51.82 | 57.47 | 42.57 | 0     | 43.06 | 194.92 |
| 64 | 23km    | M40  | FIREK Rafal          | Lacho Team                | 1974    | 46.04 | 32.92 | 54.54 | 60.42 | 0     | 193.92 |
| 65 | 23km    | M30  | OSTROWSKI Pawel      | REHMEDICA.PL              | 1984    | 44.46 | 52.38 | 0     | 42.23 | 53.84 | 192.91 |
| 66 | 23km    | M30  | SOJA Marcin          | Klub Sportowy Hajime      | 1984    | 47.09 | 53.77 | 34.42 | 42.59 | 0     | 177.87 |
| 67 | 23km    | M40  | GORAK Slawomir       |                           | 1973    | 39.07 | 44.91 | 0     | 45.15 | 48.44 | 177.57 |
| 68 | 23km    | M60  | SMUDA Ryszard        |                           | 1958    | 41.04 | 45.63 | 45.96 | 44.7  | 33.29 | 177.33 |
| 69 | 23km    | M60  | ZABRZANSKI Alfred    |                           | 1954    | 42.47 | 39.56 | 51.13 | 42.64 | 0     | 175.8  |
| 70 | 23km    | M40  | SMILKOWSKI Fabian    |                           | 1972    | 60.33 | 62.98 | 0     | 52.13 | 0     | 175.44 |
| 71 | 23km    | M40  | PIASECKI Leszek      |                           | 1972    | 25.52 | 51.32 | 51.54 | 29.2  | 41.48 | 173.54 |
| 72 | 23km    | M30  | HALAGARDA Krzysztof  | PDK                       | 1988    | 0     | 0     | 0     | 88.43 | 83.02 | 171.45 |
| 73 | 23km    | M30  | BOREK Mateusz        | SportWise                 | 1986    | 0     | 0     | 0     | 81.07 | 88.45 | 169.52 |
| 74 | 23km    | M40  | DUC-SYPOSZ Aureliusz |                           | 1976    | 59.17 | 65.12 | 44.92 | 0     | 0     | 169.21 |
| 75 | 23km    | M30  | PONIKWIA Rafal       | WM Triself                | 1988    | 0     | 56.09 | 56.7  | 0     | 56.31 | 169.1  |
| 76 | 23km    | M20  | GURECKI Grzegorz     |                           | 1989    | 40.94 | 46.13 | 44.04 | 37.29 | 0     | 168.4  |
| 77 | 23km    | M40  | LADRA Ryszard        | KKM Kaloryfer             | 1976    | 26.29 | 47.95 | 37.41 | 55.31 | 0     | 166.96 |
| 78 | 23km    | M40  | MOSZCZYNSKI Bartosz  |                           | 1978    | 49.06 | 0     | 54.7  | 61.57 | 0     | 165.33 |
| 79 | 23km    | M40  | STASIKOWSKI Jacek    | TriWise                   | 1969    | 0     | 56.96 | 55.63 | 0     | 52.39 | 164.98 |
| 80 | 23km    | M40  | STACHURA Maciej      | Zabierzów Biega           | 1970    | 37.37 | 38    | 0     | 46.69 | 42.48 | 164.54 |
| 81 | 23km    | M30  | KALITA Damian        |                           | 1979    | 57.32 | 50.81 | 0     | 0     | 55.73 | 163.86 |
| 82 | 23km    | M30  | MERCIK Mateusz       | Night Runners             | 1982    | 8.04  | 42.06 | 29.87 | 44.28 | 44.97 | 161.18 |
| 83 | 23km    | M40  | RUSEK Dariusz        |                           | 1977    | 40.95 | 0     | 35.11 | 42.74 | 40.64 | 159.44 |

| #   | Dystans | Kat. | Nazwisko, imię      | Klub                    | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|-----|---------|------|---------------------|-------------------------|---------|-------|-------|-------|-------|-------|--------|
| 84  | 23km    | M30  | WOLEK Damian        |                         | 1980    | 0     | 40.31 | 41.02 | 35.43 | 41.8  | 158.56 |
| 85  | 23km    | M50  | KEDER Wlodek        | ITMBW Kraków            | 1966    | 0     | 51.46 | 54.01 | 51.07 | 0     | 156.54 |
| 86  | 23km    | M40  | KURYJ Marek         | WKS Wawel BnO           | 1978    | 68.57 | 0     | 86.62 | 0     | 0     | 155.19 |
| 87  | 23km    | M30  | SMUDA Krzysztof     |                         | 1988    | 0     | 0     | 77.69 | 76.28 | 0     | 153.97 |
| 88  | 23km    | M30  | MADUSIOK Dominik    |                         | 1982    | 11.72 | 39.97 | 38.5  | 37.02 | 37.79 | 153.28 |
| 89  | 23km    | M30  | PASZEK Tomasz       | Przełęcz Dukla          | 1982    | 38.14 | 38.8  | 36.65 | 39.02 | 32.17 | 152.61 |
| 90  | 23km    | M30  | WOZNIAK Dawid       |                         | 1984    | 36.75 | 0     | 49.13 | 64.7  | 0     | 150.58 |
| 91  | 23km    | M40  | POLAK Stanislaw     | Niezrzeszony            | 1971    | 0     | 0     | 74.47 | 75.56 | 0     | 150.03 |
| 92  | 23km    | M40  | TLUSTY Grzegorz     | Benefcjenci Regeneracji | 1974    | 49.22 | 0     | 47.85 | 0     | 51.83 | 148.9  |
| 93  | 23km    | M30  | MENDEL Lukasz       | Night Runners           | 1988    | 43.17 | 42.78 | 31.23 | 31.58 | 0     | 148.76 |
| 94  | 23km    | M50  | LABUZINSKI Slawomir |                         | 0       | 0     | 73.99 | 73.97 | 0     | 0     | 147.96 |
| 95  | 23km    | M20  | FEDYNA Marcin       |                         | 1993    | 0     | 48.29 | 52.16 | 44.74 | 0     | 145.19 |
| 96  | 23km    | M30  | KUREK Michal        | Night Runners           | 1985    | 0     | 30.64 | 32.57 | 40.69 | 39.91 | 143.81 |
| 97  | 23km    | M30  | STAWOWY Maciej      | #piwonamecie            | 1987    | 0     | 48.25 | 47.68 | 46.59 | 0     | 142.52 |
| 98  | 23km    | M40  | GLOWACKI Mariusz    | Active Jura             | 1974    | 38.26 | 32.55 | 31.29 | 0     | 40.28 | 142.38 |
| 99  | 23km    | M40  | SALIK Stanislaw     | Solne Miasto            | 1976    | 51.46 | 0     | 30.15 | 25.92 | 33.67 | 141.2  |
| 100 | 23km    | M20  | MAZUR Wojciech      | Husaria Race Team       | 1995    | 0     | 66.79 | 0     | 72.77 | 0     | 139.56 |
| 101 | 23km    | M20  | MIERZENSKI Bartosz  | PrzymierzeŁosia         | 1990    | 0     | 0     | 0     | 70.23 | 68.58 | 138.81 |
| 102 | 23km    | M20  | RAJS Michal         |                         | 1989    | 0     | 0     | 0     | 67.2  | 67.78 | 134.98 |
| 103 | 23km    | M50  | BOROWIECKI Piotr    | APIWAST Kraków          | 1964    | 30.17 | 41.34 | 25.84 | 28.87 | 30.83 | 131.21 |
| 104 | 23km    | M50  | ANTOWSKI Tomasz     | Muay Running Team       | 1966    | 17.07 | 34.65 | 32.8  | 23.97 | 35.5  | 126.92 |
| 105 | 23km    | M40  | KOSMALA Bartosz     |                         | 1974    | 32.58 | 31.36 | 30.22 | 0     | 28.61 | 122.77 |
| 106 | 23km    | M20  | SAWCZAK Kamil       |                         | 1990    | 24.69 | 0     | 53.45 | 44.04 | 0     | 122.18 |
| 107 | 23km    | M30  | JAWORSKI Krzysztof  | Everrun                 | 1980    | 0     | 62.65 | 58.86 | 0     | 0     | 121.51 |



| #   | Dystans | Kat. | Nazwisko, imię     | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|-----|---------|------|--------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 108 | 23km    | M40  | GRADEK Dariusz     |                           | 1971    | 58.74 | 59.58 | 0     | 0     | 0     | 118.32 |
| 109 | 23km    | M30  | RACULT Piotr       | Masakra                   | 1986    | 26.05 | 31.9  | 28.87 | 30.35 | 23.78 | 117.17 |
| 110 | 23km    | M40  | CZYZ Piotr         |                           | 1977    | 0     | 47.61 | 0     | 29.37 | 39.36 | 116.34 |
| 111 | 23km    | M20  | KOWALSKI Michal    | POLKAS                    | 1989    | 57.36 | 0     | 54.06 | 0     | 0     | 111.42 |
| 112 | 23km    | M40  | TOKARSKI Rafal     |                           | 1975    | 27.14 | 25.55 | 26.34 | 28.45 | 27.76 | 109.69 |
| 113 | 23km    | M30  | SZCZYGIELEK Marek  |                           | 1980    | 13.63 | 31.1  | 0     | 24.79 | 37.4  | 106.92 |
| 114 | 23km    | M30  | WLODARSKI Marcin   | Skawina Biega             | 1984    | 51.05 | 53.39 | 0     | 0     | 0     | 104.44 |
| 115 | 23km    | M30  | GURGUL Mateusz     | AROMAT NÓG                | 1986    | 49.64 | 0     | 0     | 0     | 54.44 | 104.08 |
| 116 | 23km    | M30  | GURGUL Sebastian   | AROMAT NÓG                | 1982    | 49.61 | 0     | 0     | 0     | 54.45 | 104.06 |
| 117 | 23km    | M40  | KACZMAREK Pawel    | Jajecznicza na maśle team | 1978    | 46.55 | 0     | 57.32 | 0     | 0     | 103.87 |
| 118 | 23km    | M20  | LEWANDOWSKI Karol  | Cross fat team            | 1992    | 48.71 | 0     | 55.03 | 0     | 0     | 103.74 |
| 119 | 23km    | M40  | NIEDZIELSKI Robert | ACAR TEAM/VEGE RUNNERS    | 1977    | 0     | 0     | 50.53 | 49.77 | 0     | 100.3  |
| 120 | 23km    | M20  | CZUBA Jarek        | Team Mountain Fuel Polska | 1991    | 0     | 0     | 0     | 99.85 | 0     | 99.85  |
| 121 | 23km    | M30  | ORKISZ Maciej      |                           | 1982    | 34.02 | 37.94 | 25    | 0     | 0     | 96.96  |
| 122 | 23km    | M40  | ZLONKIEWICZ Marek  |                           | 1970    | 45.03 | 50.53 | 0     | 0     | 0     | 95.56  |
| 123 | 23km    | M40  | CHMIELEWSKI Robert | KB MCKiS Jaworzno         | 1970    | 0     | 0     | 0     | 45.16 | 49.86 | 95.02  |
| 124 | 23km    | M20  | GAWLIK Adrian      |                           | 1991    | 0     | 50.14 | 44.61 | 0     | 0     | 94.75  |
| 125 | 23km    | M20  | LUZNY Bartlomiej   |                           | 0       | 0     | 0     | 94.08 | 0     | 0     | 94.08  |
| 126 | 23km    | M40  | GIBALA Marcin      |                           | 1972    | 0     | 0     | 0     | 44.53 | 48.62 | 93.15  |
| 127 | 23km    | M20  | ZALEWSKI Adam      | Nasielsk Baszta Team      | 1993    | 0     | 0     | 91.57 | 0     | 0     | 91.57  |
| 128 | 23km    | M40  | MAKOWIEC Robert    | LKS BURZYN                | 1975    | 0     | 0     | 0     | 89.16 | 0     | 89.16  |
| 129 | 23km    | M20  | KUJAWSKI Bartosz   |                           | 1992    | 87.87 | 0     | 0     | 0     | 0     | 87.87  |
| 130 | 23km    | M30  | PAWLIK Grzegorz    | Niepołomice Biegają       | 1980    | 39.33 | 23.95 | 24.24 | 0     | 0     | 87.52  |
| 131 | 23km    | M20  | WOZNIAK Michal     |                           | 1990    | 0     | 0     | 0     | 0     | 87.34 | 87.34  |

| #   | Dystans | Kat. | Nazwisko, imię      | Klub                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|---------------------|------------------------|---------|-------|-------|-------|-------|-------|-------|
| 132 | 23km    | M30  | SZAPOROW Lukasz     |                        | 1981    | 0     | 0     | 0     | 0     | 87.08 | 87.08 |
| 133 | 23km    | M30  | BRANDT Andrzej      | nonstop adventure      | 1987    | 0     | 0     | 0     | 0     | 85.8  | 85.8  |
| 134 | 23km    | M20  | OPOZDA Maciek       | Cross fat team         | 1990    | 42.01 | 0     | 43.68 | 0     | 0     | 85.69 |
| 135 | 23km    | M30  | LUBIENIECKI Maciej  |                        | 1979    | 0     | 0     | 0     | 0     | 85.42 | 85.42 |
| 136 | 23km    | M40  | MICHNO Tomasz       |                        | 1976    | 0     | 0     | 0     | 0     | 85.22 | 85.22 |
| 137 | 23km    | M30  | HARPULA Wojciech    |                        | 1983    | 6.4   | 23.49 | 11.94 | 19.53 | 29.72 | 84.68 |
| 138 | 23km    | M30  | ZIELONKA Jacek      | TriWise                | 1979    | 39.45 | 0     | 0     | 0     | 44.9  | 84.35 |
| 139 | 23km    | M40  | MATYASZEK Waldemar  |                        | 1976    | 0     | 0     | 83.2  | 0     | 0     | 83.2  |
| 140 | 23km    | M40  | BUCZYNSKI Adam      | Nokia Kraków           | 1975    | 0     | 0     | 82.82 | 0     | 0     | 82.82 |
| 141 | 23km    | M30  | TUREK Maciej        | #piwonamecie           | 1981    | 27.93 | 38.08 | 14.73 | 0     | 0     | 80.74 |
| 142 | 23km    | M40  | SMIGIELSKI Piotr    |                        | 1971    | 20.05 | 19.08 | 19.22 | 22.1  | 17.59 | 80.45 |
| 143 | 23km    | M40  | CEBULA Leszek       |                        | 1975    | 0     | 0     | 0     | 79.9  | 0     | 79.9  |
| 144 | 23km    | M30  | CALKA Bartlomiej    | Inobe                  | 1983    | 0     | 0     | 0     | 78.79 | 0     | 78.79 |
| 145 | 23km    | M40  | CHMIEL Przemyslaw   | Albatrosy              | 1978    | 0     | 0     | 0     | 78    | 0     | 78    |
| 146 | 23km    | M30  | PALUCH Marek        |                        | 1986    | 0     | 0     | 0     | 0     | 77.44 | 77.44 |
| 147 | 23km    | M20  | KISZLA Wojciech     |                        | 1989    | 0     | 0     | 0     | 76.86 | 0     | 76.86 |
| 148 | 23km    | M30  | DUDZIK Lukasz       |                        | 1984    | 76.77 | 0     | 0     | 0     | 0     | 76.77 |
| 149 | 23km    | M40  | MAJTYKA Tomasz      | Los Trepos Companieros | 1970    | 36.98 | 37.36 | 0     | 0     | 0     | 74.34 |
| 150 | 23km    | M30  | SOLECKI Krzysztof   | Max Fliz Ekspedycja    | 1979    | 0     | 0     | 0     | 0     | 72.79 | 72.79 |
| 151 | 23km    | M20  | GLAPINSKI Maks      |                        | 1998    | 0     | 72.77 | 0     | 0     | 0     | 72.77 |
| 152 | 23km    | M30  | BIEDRONSKI Grzegorz |                        | 1983    | 0     | 72.37 | 0     | 0     | 0     | 72.37 |
| 153 | 23km    | M30  | HERDZINA Przemyslaw |                        | 1981    | 0     | 71.87 | 0     | 0     | 0     | 71.87 |
| 154 | 23km    | M40  | LASOTA Artur        |                        | 0       | 0     | 69.15 | 0     | 0     | 0     | 69.15 |
| 155 | 23km    | M40  | MYSZKA Bartlomiej   |                        | 1974    | 0     | 0     | 0     | 68.75 | 0     | 68.75 |

| #   | Dystans | Kat. | Nazwisko, imię       | Klub                           | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|----------------------|--------------------------------|---------|-------|-------|-------|-------|-------|-------|
| 156 | 23km    | M40  | FLADRO Daniel        |                                | 1978    | 0     | 0     | 68.1  | 0     | 0     | 68.1  |
| 157 | 23km    | M20  | SKRUCH Wojciech      |                                | 1997    | 0     | 67.64 | 0     | 0     | 0     | 67.64 |
| 158 | 23km    | M30  | CHODKOWSKI Krzysztof |                                | 1981    | 0     | 0     | 0     | 67.38 | 0     | 67.38 |
| 159 | 23km    | M40  | ZAK Artur            | Jura TEAM                      | 1974    | 0     | 66.43 | 0     | 0     | 0     | 66.43 |
| 160 | 23km    | M30  | MICHALIK Dawid       | Horda                          | 1982    | 12.9  | 18.49 | 17.23 | 17    | 11.53 | 65.62 |
| 161 | 23km    | M40  | LISIK Dariusz        |                                | 1976    | 27.81 | 36.68 | 0     | 0     | 0     | 64.49 |
| 162 | 23km    | M30  | LABNO Pawel          |                                | 0       | 0     | 31.22 | 32.96 | 0     | 0     | 64.18 |
| 163 | 23km    | M30  | GOC Pawel            |                                | 1983    | 62.67 | 0     | 0     | 0     | 0     | 62.67 |
| 164 | 23km    | M40  | LEMCZOWSKI Jakub     |                                | 0       | 0     | 62.23 | 0     | 0     | 0     | 62.23 |
| 165 | 23km    | M30  | ZALEWSKI Bartlomiej  | BBL Zduńska Wola               | 1979    | 0     | 0     | 60.78 | 0     | 0     | 60.78 |
| 166 | 23km    | M20  | WEGRZYN Radoslaw     | Decathlon                      | 1995    | 0     | 0     | 0     | 60.45 | 0     | 60.45 |
| 167 | 23km    | M30  | BARTKOW Lukasz       | BB RUNNERS                     | 1984    | 0     | 0     | 0     | 59.98 | 0     | 59.98 |
| 168 | 23km    | M40  | SZPAK Slawomir       | Go Aktiv!                      | 1969    | 0     | 59.26 | 0     | 0     | 0     | 59.26 |
| 169 | 23km    | M30  | KORPULA Grzegorz     | Trailrun                       | 1982    | 0     | 0     | 0     | 58.43 | 0     | 58.43 |
| 170 | 23km    | M30  | PASZTALENIC Dariusz  | Unlimited                      | 1983    | 58.4  | 0     | 0     | 0     | 0     | 58.4  |
| 171 | 23km    | M30  | ZIELEZIECKI Wojciech |                                | 1987    | 58.06 | 0     | 0     | 0     | 0     | 58.06 |
| 172 | 23km    | M30  | PALECZNY Michal      | Go Aktiv!                      | 1979    | 0     | 57.8  | 0     | 0     | 0     | 57.8  |
| 173 | 23km    | M40  | JAKUBIEC Mariusz     |                                | 1973    | 16.78 | 13.93 | 9.64  | 0     | 16.9  | 57.25 |
| 174 | 23km    | M20  | DYRCZ Jakub          | Alma Spei Hospicjum dla Dzieci | 1994    | 0     | 0     | 56.51 | 0     | 0     | 56.51 |
| 175 | 23km    | M30  | KRYSA Roman          |                                | 1983    | 0     | 0     | 0     | 0     | 55.26 | 55.26 |
| 176 | 23km    | M30  | SAINTEMARIE Arnaud   |                                | 1981    | 0     | 0     | 0     | 0     | 54.96 | 54.96 |
| 177 | 23km    | M40  | AUGUSTYN Adam        | augustyn.net                   | 1976    | 54.52 | 0     | 0     | 0     | 0     | 54.52 |
| 178 | 23km    | M20  | AKSAMIT Damian       |                                | 1993    | 54.31 | 0     | 0     | 0     | 0     | 54.31 |
| 179 | 23km    | M40  | BICZ Pawel           | Nowa Huta                      | 1978    | 0     | 0     | 0     | 0     | 54.11 | 54.11 |

| #   | Dystans | Kat. | Nazwisko, imię      | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|---------------------|----------------------------|---------|-------|-------|-------|-------|-------|-------|
| 180 | 23km    | M50  | NOWAK Marek         |                            | 1968    | 0     | 54.04 | 0     | 0     | 0     | 54.04 |
| 181 | 23km    | M50  | PAPUGA Dariusz      | Zadyszka Oświęcim          | 1965    | 0     | 53.98 | 0     | 0     | 0     | 53.98 |
| 182 | 23km    | M30  | STRZELCZYK Wiktor   |                            | 1986    | 0     | 0     | 0     | 0     | 53.45 | 53.45 |
| 183 | 23km    | M20  | PANEK Bartosz       |                            | 1994    | 0     | 0     | 53.02 | 0     | 0     | 53.02 |
| 184 | 23km    | M60  | DZIEZOK Bogusław    | Trailrun                   | 1957    | 28.22 | 24.72 | 0     | 0     | 0     | 52.94 |
| 185 | 23km    | M40  | SUSZ Artur          |                            | 1977    | 23.55 | 0     | 29.21 | 0     | 0     | 52.76 |
| 186 | 23km    | M50  | GALAZKA Jarosław    |                            | 1968    | 0     | 0     | 0     | 0     | 52.48 | 52.48 |
| 187 | 23km    | M30  | GALKA Wojciech      | Jura team                  | 1981    | 0     | 52.32 | 0     | 0     | 0     | 52.32 |
| 188 | 23km    | M20  | PARKITNY Mikołaj    |                            | 1990    | 0     | 0     | 0     | 0     | 52.26 | 52.26 |
| 189 | 23km    | M30  | GASIENICA Jakub     |                            | 0       | 52.24 | 0     | 0     | 0     | 0     | 52.24 |
| 189 | 23km    | M40  | GNIADEK Mariusz     | LedwoBiegamAleCoTam        | 1971    | 20.89 | 22.61 | 3.66  | 0     | 5.08  | 52.24 |
| 191 | 23km    | M30  | CIOCH Marcin        |                            | 1981    | 51.67 | 0     | 0     | 0     | 0     | 51.67 |
| 192 | 23km    | M30  | ASADOUSKI Kiryl     |                            | 1987    | 0     | 0     | 0     | 51.21 | 0     | 51.21 |
| 193 | 23km    | M60  | TRELA Jacek         | AZS AWF Kraków Masters     | 0       | 0     | 0     | 50.74 | 0     | 0     | 50.74 |
| 194 | 23km    | M40  | RYZEWSKI Krzysztof  | Quadimodo Racing           | 1971    | 0     | 0     | 0     | 50.24 | 0     | 50.24 |
| 195 | 23km    | M30  | ZIOLEK Marcin       | GTX Team                   | 1985    | 0     | 0     | 0     | 0     | 49.99 | 49.99 |
| 196 | 23km    | M30  | ZARETSKYI Andriy    |                            | 1986    | 19.88 | 29.03 | 0     | 0     | 0     | 48.91 |
| 197 | 23km    | M30  | KACZMARCZYK Bogdan  | KB Gepard Murowana Goślina | 1980    | 0     | 48.84 | 0     | 0     | 0     | 48.84 |
| 198 | 23km    | M30  | WILK Krzysztof      |                            | 1986    | 0     | 0     | 0     | 0     | 48.76 | 48.76 |
| 199 | 23km    | M30  | WIACEK Łukasz       |                            | 1982    | 0     | 0     | 0     | 0     | 48.72 | 48.72 |
| 200 | 23km    | M30  | SOWA Krzysztof      | #SportowaSowa              | 1980    | 48.22 | 0     | 0     | 0     | 0     | 48.22 |
| 201 | 23km    | M30  | BOCHENEK Krzysztof  |                            | 1988    | 0     | 0     | 0     | 0     | 47.66 | 47.66 |
| 202 | 23km    | M30  | ZARNA Błażej        | Horda                      | 1984    | 12.15 | 22.52 | 12.18 | 0     | 0     | 46.85 |
| 203 | 23km    | M30  | KRZYŻANOWSKI Łukasz | Max Fliz Ekspedycja        | 1985    | 0     | 0     | 0     | 0     | 46.8  | 46.8  |

| #   | Dystans | Kat. | Nazwisko, imię       | Klub               | Rok ur. | E1    | E2    | E3    | E4   | E5    | Suma  |
|-----|---------|------|----------------------|--------------------|---------|-------|-------|-------|------|-------|-------|
| 204 | 23km    | M50  | MADEJ Mirosław       |                    | 1964    | 4.04  | 1     | 26.85 | 0    | 13.65 | 45.54 |
| 205 | 23km    | M30  | KADZIELAWA Marcin    | Starglass Team     | 1988    | 0     | 0     | 0     | 0    | 45.46 | 45.46 |
| 206 | 23km    | M30  | MERENA Marek         |                    | 1980    | 0     | 0     | 0     | 0    | 44.78 | 44.78 |
| 207 | 23km    | M30  | ROGOZIK Szymon       | Jura Team          | 1984    | 0     | 44.69 | 0     | 0    | 0     | 44.69 |
| 208 | 23km    | M20  | BUKALA Marcin        | Vege Runners       | 1994    | 0     | 0     | 0     | 0    | 43.93 | 43.93 |
| 209 | 23km    | M40  | WIJAS Mariusz        |                    | 1973    | 0     | 0     | 0     | 0    | 40.22 | 40.22 |
| 210 | 23km    | M30  | FEDORCZAK Jacek      |                    | 1982    | 0     | 39.37 | 0     | 0    | 0     | 39.37 |
| 211 | 23km    | M60  | PRZYLUDZKI Janusz    |                    | 1952    | 0     | 0     | 0     | 0    | 38.54 | 38.54 |
| 212 | 23km    | M50  | JOZEFIAK Jakub       | Bokonini           | 1966    | 0     | 0     | 0     | 0    | 38.02 | 38.02 |
| 213 | 23km    | M30  | DWORAK Norbert       |                    | 1980    | 37.07 | 0     | 0     | 0    | 0     | 37.07 |
| 214 | 23km    | M40  | LIZUREJ Sławomir     | Lizaki Team        | 1977    | 0     | 35.5  | 0     | 0    | 0     | 35.5  |
| 215 | 23km    | M30  | NIEDZWIEDZ Krzysztof |                    | 1980    | 35.36 | 0     | 0     | 0    | 0     | 35.36 |
| 216 | 23km    | M20  | OLECHNOWICZ Robert   | Hucisko Feral Cats | 1991    | 0     | 33    | 0     | 0    | 0     | 33    |
| 217 | 23km    | M40  | LABNO Waldemar       |                    | 0       | 0     | 0     | 32.96 | 0    | 0     | 32.96 |
| 218 | 23km    | M40  | ONUSZKO Jan          |                    | 1970    | 0     | 32.93 | 0     | 0    | 0     | 32.93 |
| 219 | 23km    | M30  | MUCHA Marek          | Apostles of Stars  | 1986    | 0     | 0     | 0     | 0    | 31.28 | 31.28 |
| 220 | 23km    | M20  | CHLEBANOWSKI Bartosz | ChockoPalki        | 1991    | 0     | 30.18 | 0     | 0    | 0     | 30.18 |
| 221 | 23km    | M30  | MATEUSZUK Robert     |                    | 1985    | 29.5  | 0     | 0     | 0    | 0     | 29.5  |
| 222 | 23km    | M30  | KALBARCZYK Jakub     |                    | 1987    | 29.37 | 0     | 0     | 0    | 0     | 29.37 |
| 223 | 23km    | M40  | JANISZEWSKI Marcin   |                    | 1976    | 29.27 | 0     | 0     | 0    | 0     | 29.27 |
| 224 | 23km    | M30  | GOLAB Rafał          | fat_runners        | 1987    | 0     | 8.66  | 19.63 | 0    | 0     | 28.29 |
| 225 | 23km    | M50  | ARKADIUSZ Cybuch     |                    | 0       | 0     | 27.34 | 0     | 0    | 0     | 27.34 |
| 226 | 23km    | M20  | ZAJAC Łukasz         | Kompario Team      | 1990    | 0     | 0     | 0     | 27.2 | 0     | 27.2  |
| 227 | 23km    | M40  | KOBYLARZ Robert      |                    | 1973    | 0     | 0     | 24.08 | 0    | 0     | 24.08 |

| #   | Dystans | Kat. | Nazwisko, imię      | Klub                   | Rok ur. | E1   | E2    | E3 | E4   | E5    | Suma  |
|-----|---------|------|---------------------|------------------------|---------|------|-------|----|------|-------|-------|
| 228 | 23km    | M40  | JARACZEWSKI Piotr   |                        | 1974    | 0    | 23.61 | 0  | 0    | 0     | 23.61 |
| 229 | 23km    | M20  | SOJECKI Krzysztof   |                        | 1990    | 0    | 0     | 0  | 0    | 22.03 | 22.03 |
| 230 | 23km    | M30  | SZPAIDEL Pawel      |                        | 1982    | 0    | 21.59 | 0  | 0    | 0     | 21.59 |
| 231 | 23km    | M40  | OTREBSKI Tomasz     |                        | 1976    | 9.69 | 4.71  | 0  | 3.39 | 1.83  | 19.62 |
| 232 | 23km    | M30  | NAGACZ Krzysztof    | nogamidogory.pl        | 1983    | 2.44 | 11.97 | 0  | 0    | 0     | 14.41 |
| 233 | 23km    | M50  | OLCZAK Janusz       |                        | 1964    | 1.55 | 11.22 | 1  | 0    | 0     | 13.77 |
| 234 | 23km    | M20  | BALAWENDER Maciej   |                        | 1993    | 0    | 12.67 | 0  | 0    | 0     | 12.67 |
| 235 | 23km    | M20  | SADECKI Aleksander  |                        | 1990    | 0    | 11.67 | 0  | 0    | 0     | 11.67 |
| 236 | 23km    | M30  | ZWAAN Johan         |                        | 1982    | 0    | 0     | 0  | 0    | 7.02  | 7.02  |
| 237 | 23km    | M40  | OTREBSKI Grzegorz   | MIGA PIGA ŚMIGA        | 1974    | 1    | 1     | 0  | 0    | 0     | 2     |
| 238 | 23km    | M20  | MICHALIK Krzysztof  |                        | 1991    | 1    | 0     | 0  | 0    | 0     | 1     |
| 238 | 23km    | M50  | KAIM Antoni         |                        | 1961    | 0    | 1     | 0  | 0    | 0     | 1     |
| 240 | 23km    | M30  | ZELASKIEWICZ Michal | AZS AWF KRAKÓW MASTERS | 1980    | 0    | 0     | 0  | 0    | 0     | 0     |
| 240 | 23km    | M40  | MAJ Pawel           |                        | 1977    | 0    | 0     | 0  | 0    | 0     | 0     |



# Grand Prix Krakowa w biegach górskich 2018/2019

Klasyfikacja generalna

Nordic Walking - OPEN

3,7km - OPEN

3,7km - KATEGORIE

5,7km - OPEN

5,7km - KATEGORIE

11,6km - OPEN

11,6km - KATEGORIE

23km - OPEN

23km - KATEGORIE

## 23km - K20

| #  | Dystans | Kat. | Nazwisko, imię     | Klub                      | Rok ur. | E1    | E2    | E3  | E4    | E5    | Suma   |
|----|---------|------|--------------------|---------------------------|---------|-------|-------|-----|-------|-------|--------|
| 1  | 23km    | K20  | GRADZIK Inga       |                           | 1993    | 82.6  | 77.43 | 0   | 80.53 | 98.63 | 339.19 |
| 2  | 23km    | K20  | KUBSKA Justyna     | Nowa Huta Team            | 1996    | 0     | 64.92 | 100 | 70.15 | 85.35 | 320.42 |
| 3  | 23km    | K20  | JANAS Kasia        | KWSPZ                     | 1990    | 84.99 | 72.5  | 0   | 0     | 0     | 157.49 |
| 4  | 23km    | K20  | SOLINSKA Katarzyna |                           | 0       | 0     | 100   | 0   | 0     | 0     | 100    |
| 4  | 23km    | K20  | LECH Ewa           | Eskadra Kraków            | 1990    | 0     | 0     | 0   | 0     | 100   | 100    |
| 4  | 23km    | K20  | FLOREK Natalia     | Team Mountain Fuel Polska | 1991    | 0     | 0     | 0   | 100   | 0     | 100    |
| 4  | 23km    | K20  | STEPIEN Małgorzata |                           | 1992    | 100   | 0     | 0   | 0     | 0     | 100    |
| 8  | 23km    | K20  | KUPAJ Oktawia      | Vege Runners              | 1991    | 0     | 0     | 0   | 0     | 93.52 | 93.52  |
| 9  | 23km    | K20  | JOZEFIAK Marta     |                           | 1992    | 0     | 0     | 0   | 0     | 85.39 | 85.39  |
| 10 | 23km    | K20  | CHLEBANOWSKA Paula | ChockoPalki               | 1991    | 0     | 74.6  | 0   | 0     | 0     | 74.6   |
| 11 | 23km    | K20  | ZAJAC Katarzyna    |                           | 1993    | 58.28 | 0     | 0   | 0     | 0     | 58.28  |

## 23km - K30

| # | Dystans | Kat. | Nazwisko, imię | Klub             | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|---|---------|------|----------------|------------------|---------|-------|-------|-------|-------|-------|--------|
| 1 | 23km    | K30  | IWANOWICZ Anna | Parkrun Chrzanów | 1980    | 98.78 | 91.19 | 86.98 | 91.77 | 100   | 381.74 |
| 2 | 23km    | K30  | CHADAJ Joanna  |                  | 1980    | 90.52 | 86.14 | 94.26 | 88.51 | 95.82 | 369.11 |

| #  | Dystans | Kat. | Nazwisko, imię              | Klub          | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|-----------------------------|---------------|---------|-------|-------|-------|-------|-------|--------|
| 3  | 23km    | K30  | ORYNEK Klaudia              |               | 1986    | 84.35 | 77.09 | 0     | 75.41 | 99.47 | 336.32 |
| 4  | 23km    | K30  | BERNASIEWICZ Justyna        | CF Kraków     | 1985    | 80.3  | 0     | 78.27 | 78.96 | 92.82 | 330.35 |
| 5  | 23km    | K30  | SADOWSKA Marta              | Kossmate Żuki | 1983    | 71.18 | 68.11 | 80.31 | 78.68 | 92.17 | 322.34 |
| 6  | 23km    | K30  | MERCIK Wioleta              | Night Runners | 1982    | 66.4  | 70.27 | 69.18 | 70.49 | 87.38 | 297.32 |
| 7  | 23km    | K30  | PAZDERSKA-KIPIEL Agnieszka  | Evil Team     | 1983    | 73.31 | 0     | 62.14 | 69.04 | 82.59 | 287.08 |
| 8  | 23km    | K30  | KARWAN Barbara              | Nauka Biega   | 1987    | 88.9  | 71.85 | 0     | 0     | 98.88 | 259.63 |
| 9  | 23km    | K30  | GRABOWSKA Joanna            | WKS Wawel     | 1979    | 0     | 0     | 97.88 | 97.38 | 0     | 195.26 |
| 10 | 23km    | K30  | CAPINSKA Anna               | Night runners | 1980    | 0     | 57.72 | 71.07 | 65.93 | 0     | 194.72 |
| 11 | 23km    | K30  | MACZKA Martyna              |               | 1984    | 0     | 0     | 93.24 | 100   | 0     | 193.24 |
| 12 | 23km    | K30  | FRANCZAK Katarzyna          |               | 1979    | 0     | 0     | 0     | 84.63 | 92.68 | 177.31 |
| 13 | 23km    | K30  | KOŁODZIEJCZYK Monika        | JURA Team     | 1982    | 0     | 0     | 0     | 72.15 | 95.83 | 167.98 |
| 14 | 23km    | K30  | KUREK Marta                 | Decathlon     | 1986    | 100   | 0     | 0     | 0     | 0     | 100    |
| 14 | 23km    | K30  | KROWICKA Agnieszka          |               | 0       | 0     | 100   | 0     | 0     | 0     | 100    |
| 14 | 23km    | K30  | MOSZCZYNSKA Agata           |               | 1981    | 0     | 0     | 100   | 0     | 0     | 100    |
| 17 | 23km    | K30  | KUNDYS Karolina             | #wawrzynteam  | 1983    | 0     | 0     | 0     | 0     | 95.07 | 95.07  |
| 18 | 23km    | K30  | LUTY Anna                   |               | 0       | 0     | 92.58 | 0     | 0     | 0     | 92.58  |
| 19 | 23km    | K30  | HAJZER Ewa                  | EVERRUN       | 1986    | 0     | 86.76 | 0     | 0     | 0     | 86.76  |
| 20 | 23km    | K30  | GEMZIK Agata                | J U V E R U N | 1986    | 0     | 0     | 0     | 80.91 | 0     | 80.91  |
| 21 | 23km    | K30  | WILK Wiktoria               | Wilki         | 1987    | 79.65 | 0     | 0     | 0     | 0     | 79.65  |
| 22 | 23km    | K30  | PAPROCKA Marta              |               | 1980    | 0     | 0     | 0     | 0     | 78.51 | 78.51  |
| 23 | 23km    | K30  | BURKIEWICZ-SLIWA Bernadetta |               | 1983    | 0     | 0     | 0     | 72.01 | 0     | 72.01  |
| 24 | 23km    | K30  | BIELICKA Daria              |               | 1987    | 0     | 54.92 | 0     | 0     | 0     | 54.92  |

## 23km - K40



| #  | Dystans | Kat. | Nazwisko, imię           | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|--------------------------|----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 23km    | K40  | GALEWICZ Katarzyna       | TWOMARK SPECIALZED         | 1976    | 100   | 100   | 100   | 100   | 0     | 400    |
| 2  | 23km    | K40  | CHRZASCIK Anna           | Płomyk Olkusz              | 1978    | 84.42 | 86.42 | 0     | 88.4  | 93.09 | 352.33 |
| 3  | 23km    | K40  | WALERJAN-RUSEK Agnieszka |                            | 1978    | 82.58 | 79.24 | 72.59 | 71.28 | 83.61 | 318.02 |
| 4  | 23km    | K40  | BAS Anna                 | LENIWCE                    | 1969    | 72.23 | 53.54 | 74.35 | 76.72 | 79.84 | 303.14 |
| 5  | 23km    | K40  | ZAK Barbara              | Jura TEAM                  | 1976    | 0     | 89.94 | 86.16 | 0     | 84.33 | 260.43 |
| 6  | 23km    | K40  | GRUSZKA Kamila           | Niepołomice Biegają        | 1976    | 55.48 | 68.84 | 0     | 0     | 73.82 | 198.14 |
| 7  | 23km    | K40  | KARBOWSKA Beata          |                            | 1972    | 55.48 | 59.36 | 49.56 | 0     | 0     | 164.4  |
| 8  | 23km    | K40  | SZLIFINSKA-NOWAK Anna    |                            | 1973    | 75.37 | 80.3  | 0     | 0     | 0     | 155.67 |
| 9  | 23km    | K40  | JASKOWSKA Bozena         |                            | 1245    | 0     | 0     | 0     | 0     | 100   | 100    |
| 10 | 23km    | K40  | KUPIEC Urszula           |                            | 1975    | 95.82 | 0     | 0     | 0     | 0     | 95.82  |
| 11 | 23km    | K40  | DOMINIAK Klaudia         |                            | 1978    | 93.47 | 0     | 0     | 0     | 0     | 93.47  |
| 12 | 23km    | K40  | KARMONSKA-PETA Iwona     |                            | 1979    | 0     | 0     | 0     | 0     | 75.13 | 75.13  |
| 13 | 23km    | K40  | WOJCIK Monika            | Unlimited Sport& Lifestyle | 1976    | 0     | 66.58 | 0     | 0     | 0     | 66.58  |

23km - K50

| # | Dystans | Kat. | Nazwisko, imię          | Klub | Rok ur. | E1  | E2    | E3   | E4    | E5    | Suma   |
|---|---------|------|-------------------------|------|---------|-----|-------|------|-------|-------|--------|
| 1 | 23km    | K50  | BAJOREK Lidia           |      | 1967    | 0   | 100   | 100  | 100   | 100   | 400    |
| 2 | 23km    | K50  | KLOPOTOWSKA-SOSNA Kaska |      | 1968    | 100 | 73.45 | 66.2 | 62.69 | 69.94 | 309.59 |

23km - M20

| # | Dystans | Kat. | Nazwisko, imię  | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|---|---------|------|-----------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1 | 23km    | M20  | BEDNARZ Adam    |                           | 1994    | 0     | 100   | 99.12 | 96.86 | 100   | 395.98 |
| 2 | 23km    | M20  | PRZYWOZKI Rafal | Biegam Bo Kocham Ten Stan | 1993    | 91.99 | 88.84 | 82.9  | 83.45 | 86.84 | 351.12 |
| 3 | 23km    | M20  | MARC Marcin     |                           | 1990    | 89.57 | 86.55 | 0     | 72.89 | 79.52 | 328.53 |

| #  | Dystans | Kat. | Nazwisko, imię     | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|--------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 4  | 23km    | M20  | NISZCZOT Dariusz   |                           | 1992    | 73.27 | 78.42 | 77.27 | 71.85 | 76.25 | 305.21 |
| 5  | 23km    | M20  | GIERZ Bartłomiej   | CF Kraków                 | 1990    | 69.74 | 0     | 77.48 | 67.94 | 78.73 | 293.89 |
| 6  | 23km    | M20  | SPRUTTA Mateusz    |                           | 1992    | 78.78 | 75.99 | 70.48 | 57.54 | 0     | 282.79 |
| 7  | 23km    | M20  | GEBALA Piotr       | Brak                      | 1989    | 58.7  | 69.59 | 0     | 68.18 | 74.39 | 270.86 |
| 8  | 23km    | M20  | GURBIEL Mateusz    | BeFit24Team               | 1992    | 61.57 | 82.27 | 64.08 | 45.21 | 0     | 253.13 |
| 9  | 23km    | M20  | ADAMUS Jakub       |                           | 1990    | 69.2  | 0     | 58.51 | 52.86 | 66.47 | 247.04 |
| 10 | 23km    | M20  | LACHOR Krzysztof   |                           | 1994    | 87.89 | 79.81 | 0     | 0     | 78.66 | 246.36 |
| 11 | 23km    | M20  | SAJAK Kamil        | ROZBIEGANE DOBCZYCE       | 1990    | 0     | 63.22 | 0     | 80.03 | 84.86 | 228.11 |
| 12 | 23km    | M20  | WITEK Wojciech     |                           | 1991    | 0     | 74.93 | 71.4  | 67.79 | 0     | 214.12 |
| 13 | 23km    | M20  | GURECKI Grzegorz   |                           | 1989    | 58.15 | 54.97 | 52.76 | 37.53 | 0     | 203.41 |
| 14 | 23km    | M20  | FEDYNA Marcin      |                           | 1993    | 0     | 57.01 | 60.43 | 44.97 | 0     | 162.41 |
| 15 | 23km    | M20  | SAWCZAK Kamil      |                           | 1990    | 43.66 | 0     | 61.65 | 44.27 | 0     | 149.58 |
| 16 | 23km    | M20  | MAZUR Wojciech     | Husaria Race Team         | 1995    | 0     | 74.44 | 0     | 72.95 | 0     | 147.39 |
| 17 | 23km    | M20  | MIERZENSKI Bartosz | PrzymierzeŁosia           | 1990    | 0     | 0     | 0     | 70.41 | 75.8  | 146.21 |
| 18 | 23km    | M20  | RAJS Michał        |                           | 1989    | 0     | 0     | 0     | 67.4  | 75.03 | 142.43 |
| 19 | 23km    | M20  | KOWALSKI Michał    | POLKAS                    | 1989    | 72.8  | 0     | 62.22 | 0     | 0     | 135.02 |
| 20 | 23km    | M20  | LEWANDOWSKI Karol  | Cross fat team            | 1992    | 65.08 | 0     | 63.14 | 0     | 0     | 128.22 |
| 21 | 23km    | M20  | GAWLIK Adrian      |                           | 1991    | 0     | 58.76 | 53.3  | 0     | 0     | 112.06 |
| 22 | 23km    | M20  | OPOZDA Maciek      | Cross fat team            | 1990    | 59.11 | 0     | 52.42 | 0     | 0     | 111.53 |
| 23 | 23km    | M20  | LUZNY Bartłomiej   |                           | 0       | 0     | 0     | 100   | 0     | 0     | 100    |
| 23 | 23km    | M20  | KUJAWSKI Bartosz   |                           | 1992    | 100   | 0     | 0     | 0     | 0     | 100    |
| 23 | 23km    | M20  | CZUBA Jarek        | Team Mountain Fuel Polska | 1991    | 0     | 0     | 0     | 100   | 0     | 100    |
| 26 | 23km    | M20  | ZALEWSKI Adam      | Nasielsk Baszta Team      | 1993    | 0     | 0     | 97.64 | 0     | 0     | 97.64  |
| 27 | 23km    | M20  | WOZNIAK Michał     |                           | 1990    | 0     | 0     | 0     | 0     | 93.53 | 93.53  |

| #  | Dystans | Kat. | Nazwisko, imię       | Klub                           | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|----|---------|------|----------------------|--------------------------------|---------|-------|-------|-------|-------|-------|-------|
| 28 | 23km    | M20  | GLAPINSKI Maks       |                                | 1998    | 0     | 80.08 | 0     | 0     | 0     | 80.08 |
| 29 | 23km    | M20  | KISZLA Wojciech      |                                | 1989    | 0     | 0     | 0     | 77.04 | 0     | 77.04 |
| 30 | 23km    | M20  | SKRUCH Wojciech      |                                | 1997    | 0     | 75.25 | 0     | 0     | 0     | 75.25 |
| 31 | 23km    | M20  | AKSAMIT Damian       |                                | 1993    | 70.08 | 0     | 0     | 0     | 0     | 70.08 |
| 32 | 23km    | M20  | DYRCZ Jakub          | Alma Spei Hospicjum dla Dzieci | 1994    | 0     | 0     | 64.54 | 0     | 0     | 64.54 |
| 33 | 23km    | M20  | PANEK Bartosz        |                                | 1994    | 0     | 0     | 61.24 | 0     | 0     | 61.24 |
| 34 | 23km    | M20  | WEGRZYN Radosław     | Decathlon                      | 1995    | 0     | 0     | 0     | 60.65 | 0     | 60.65 |
| 35 | 23km    | M20  | PARKITNY Mikołaj     |                                | 1990    | 0     | 0     | 0     | 0     | 60.37 | 60.37 |
| 36 | 23km    | M20  | BUKALA Marcin        | Vege Runners                   | 1994    | 0     | 0     | 0     | 0     | 52.49 | 52.49 |
| 37 | 23km    | M20  | MICHALIK Krzysztof   |                                | 1991    | 43.66 | 0     | 0     | 0     | 0     | 43.66 |
| 38 | 23km    | M20  | OLECHNOWICZ Robert   | Hucisko Feral Cats             | 1991    | 0     | 42.6  | 0     | 0     | 0     | 42.6  |
| 39 | 23km    | M20  | CHLEBANOWSKI Bartosz | ChockoPalki                    | 1991    | 0     | 39.94 | 0     | 0     | 0     | 39.94 |
| 40 | 23km    | M20  | SOJECKI Krzysztof    |                                | 1990    | 0     | 0     | 0     | 0     | 31.8  | 31.8  |
| 41 | 23km    | M20  | ZAJAC Lukasz         | Kompario Team                  | 1990    | 0     | 0     | 0     | 27.45 | 0     | 27.45 |
| 42 | 23km    | M20  | BALAWENDER Maciej    |                                | 1993    | 0     | 23.43 | 0     | 0     | 0     | 23.43 |
| 43 | 23km    | M20  | SADECKI Aleksander   |                                | 1990    | 0     | 22.5  | 0     | 0     | 0     | 22.5  |

## 23km - M30

| # | Dystans | Kat. | Nazwisko, imię    | Klub         | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|---|---------|------|-------------------|--------------|---------|-------|-------|-------|-------|-------|--------|
| 1 | 23km    | M30  | SWALDEK Konrad    | Trailrun     | 1979    | 100   | 99.74 | 100   | 94.49 | 96    | 395.74 |
| 2 | 23km    | M30  | STARZAK Pawel     |              | 1983    | 0     | 100   | 98.2  | 94.29 | 98.36 | 390.85 |
| 3 | 23km    | M30  | MACHLOWSKI Lukasz | KKB DYSTANS  | 1986    | 90.75 | 94.5  | 95.26 | 100   | 92.9  | 382.66 |
| 4 | 23km    | M30  | SENDOR Piotr      |              | 1981    | 95.84 | 0     | 95.98 | 96.09 | 91.32 | 379.23 |
| 5 | 23km    | M30  | URBAN Mirosław    | ITMBW Kraków | 1985    | 99.32 | 95.67 | 89.23 | 91.03 | 0     | 375.25 |

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                     | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|--------------------------|---------|-------|-------|-------|-------|-------|--------|
| 6  | 23km    | M30  | CHADAJ Krzysztof    |                          | 1980    | 94.23 | 90.58 | 95.56 | 94.57 | 86.27 | 374.94 |
| 7  | 23km    | M30  | BORSZOWSKI Zbigniew | Zabierzów Biega          | 1980    | 92.22 | 85.43 | 92.7  | 94.23 | 95.08 | 374.23 |
| 8  | 23km    | M30  | MACIAG Grzegorz     | Dabex-Bolt               | 1981    | 95.7  | 91.36 | 0     | 89.63 | 96.36 | 373.05 |
| 9  | 23km    | M30  | KWIATKOWSKI Michael |                          | 1987    | 94.62 | 94.82 | 0     | 89.84 | 89.28 | 368.56 |
| 10 | 23km    | M30  | WOZNIAK Radosław    | Skawina Biega            | 1988    | 94.06 | 89.43 | 82.42 | 85.93 | 87.72 | 357.14 |
| 11 | 23km    | M30  | NYCZ Marek          |                          | 1986    | 95.55 | 85.67 | 82.77 | 91.29 | 83.12 | 355.63 |
| 12 | 23km    | M30  | SZYDŁOWSKI Bartek   | Skawina Biega            | 1987    | 84.55 | 0     | 91.5  | 80.8  | 87.82 | 344.67 |
| 13 | 23km    | M30  | BORCZYNSKI Michał   |                          | 1979    | 85.31 | 67.43 | 75.21 | 80.4  | 85.9  | 326.82 |
| 14 | 23km    | M30  | URYGA Jakub         | KingRunner               | 1981    | 81.65 | 78.14 | 0     | 78.82 | 85.88 | 324.49 |
| 15 | 23km    | M30  | BOROWIK Tomasz      |                          | 1980    | 79.36 | 84.53 | 75.08 | 77.17 | 76.73 | 317.79 |
| 16 | 23km    | M30  | SIENCZYŁO Marcin    | Niepołomice Biegają      | 1979    | 78.27 | 77.57 | 59.61 | 75.89 | 80.48 | 312.21 |
| 17 | 23km    | M30  | STEFANOWSKI Dominik | Eskadra Kraków           | 1986    | 73.81 | 71.52 | 81.78 | 65.77 | 83.1  | 310.21 |
| 18 | 23km    | M30  | PYTEL Miłosz        |                          | 1979    | 76.14 | 78.86 | 76.35 | 72.7  | 75.56 | 306.91 |
| 19 | 23km    | M30  | PALUCH Marcin       |                          | 1983    | 66.8  | 73.7  | 71.44 | 64.8  | 72.32 | 284.26 |
| 20 | 23km    | M30  | WOZNIAK Lukasz      | Poranny Patrol           | 1980    | 58.7  | 67.24 | 70.84 | 57.66 | 75.91 | 272.69 |
| 21 | 23km    | M30  | PAPKA Michał        |                          | 1980    | 59.85 | 68.95 | 67.45 | 57.48 | 72.22 | 268.47 |
| 22 | 23km    | M30  | WIECLAWSKI Michał   | Waga Ciężka              | 1982    | 63.77 | 70.11 | 65.47 | 63.33 | 0     | 262.68 |
| 23 | 23km    | M30  | ZAJAC Andrzej       | Night Runners            | 1983    | 59.41 | 46.51 | 58.08 | 72.4  | 70.95 | 260.84 |
| 24 | 23km    | M30  | GRADZI Dariusz      | Krakowska Izba Adwokacka | 1983    | 86.95 | 84.78 | 87.6  | 0     | 0     | 259.33 |
| 25 | 23km    | M30  | BAS Mateusz         | LENIWCE                  | 1979    | 54.14 | 35.88 | 56.85 | 68.76 | 78.38 | 258.13 |
| 26 | 23km    | M30  | OSTROWSKI Paweł     | REHMEDICA.PL             | 1984    | 63.89 | 67.8  | 0     | 54.56 | 68.97 | 255.22 |
| 27 | 23km    | M30  | MIREK Grzegorz      | MOVE STUDIO              | 1979    | 87.57 | 0     | 82.12 | 0     | 84.29 | 253.98 |
| 28 | 23km    | M30  | STAWIARSKI Adam     |                          | 1985    | 54.66 | 64.54 | 60.89 | 59.28 | 68.83 | 253.54 |
| 29 | 23km    | M30  | SOJA Marcin         | Klub Sportowy Hajime     | 1984    | 66.2  | 69.05 | 50.35 | 54.9  | 0     | 240.5  |

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|---------------------|---------|-------|-------|-------|-------|-------|--------|
| 30 | 23km    | M30  | MERCIK Mateusz      | Night Runners       | 1982    | 32.02 | 58.56 | 46.24 | 56.45 | 61.03 | 222.28 |
| 31 | 23km    | M30  | WOLEK Damian        |                     | 1980    | 0     | 56.99 | 56.32 | 48.29 | 58.18 | 219.78 |
| 32 | 23km    | M30  | PASZEK Tomasz       | Przełęcz Dukla      | 1982    | 58.37 | 55.64 | 52.37 | 51.61 | 49.55 | 217.99 |
| 33 | 23km    | M30  | MADUSIOK Dominik    |                     | 1982    | 35.24 | 56.68 | 54.04 | 49.76 | 54.59 | 215.07 |
| 34 | 23km    | M30  | MENDEL Lukasz       | Night Runners       | 1988    | 62.77 | 59.2  | 47.47 | 44.74 | 0     | 214.18 |
| 35 | 23km    | M30  | PONIKWIA Rafal      | WM Triself          | 1988    | 0     | 71.12 | 70.49 | 0     | 71.19 | 212.8  |
| 36 | 23km    | M30  | KALITA Damian       |                     | 1979    | 75.15 | 66.39 | 0     | 0     | 70.67 | 212.21 |
| 37 | 23km    | M30  | KUREK Michal        | Night Runners       | 1985    | 0     | 48.32 | 48.68 | 53.14 | 56.49 | 206.63 |
| 38 | 23km    | M30  | WOZNIAK Dawid       |                     | 1984    | 57.15 | 0     | 63.64 | 75.27 | 0     | 196.06 |
| 39 | 23km    | M30  | HALAGARDA Krzysztof | PDK                 | 1988    | 0     | 0     | 0     | 97.15 | 95.14 | 192.29 |
| 40 | 23km    | M30  | BOREK Mateusz       | SportWise           | 1986    | 0     | 0     | 0     | 90.37 | 100   | 190.37 |
| 41 | 23km    | M30  | RACULT Piotr        | Masakra             | 1986    | 47.78 | 49.46 | 45.33 | 43.61 | 42.03 | 186.18 |
| 42 | 23km    | M30  | STAWOWY Maciej      | #piwonamecie        | 1987    | 0     | 64.1  | 62.34 | 58.58 | 0     | 185.02 |
| 43 | 23km    | M30  | SZCZYGIELEK Marek   |                     | 1980    | 36.92 | 48.74 | 0     | 38.48 | 54.24 | 178.38 |
| 44 | 23km    | M30  | SMUDA Krzysztof     |                     | 1988    | 0     | 0     | 89.46 | 86.22 | 0     | 175.68 |
| 45 | 23km    | M30  | HARPULA Wojciech    |                     | 1983    | 30.59 | 41.93 | 30.03 | 33.63 | 47.35 | 153.5  |
| 46 | 23km    | M30  | ORKISZ Maciej       |                     | 1982    | 54.76 | 54.87 | 41.84 | 0     | 0     | 151.47 |
| 47 | 23km    | M30  | JAWORSKI Krzysztof  | Everrun             | 1980    | 0     | 76.99 | 72.44 | 0     | 0     | 149.43 |
| 48 | 23km    | M30  | PAWLIK Grzegorz     | Niepołomice Biegają | 1980    | 59.41 | 42.33 | 41.15 | 0     | 0     | 142.89 |
| 49 | 23km    | M30  | MICHALIK Dawid      | Horda               | 1982    | 36.28 | 37.45 | 34.81 | 31.31 | 31.05 | 139.85 |
| 50 | 23km    | M30  | WŁODARSKI Marcin    | Skawina Biega       | 1984    | 69.66 | 68.7  | 0     | 0     | 0     | 138.36 |
| 51 | 23km    | M30  | GURGUL Mateusz      | AROMAT NÓG          | 1986    | 68.43 | 0     | 0     | 0     | 69.51 | 137.94 |
| 52 | 23km    | M30  | GURGUL Sebastian    | AROMAT NÓG          | 1982    | 68.41 | 0     | 0     | 0     | 69.52 | 137.93 |
| 53 | 23km    | M30  | TUREK Maciej        | #piwonamecie        | 1981    | 49.43 | 54.99 | 32.56 | 0     | 0     | 136.98 |

| #  | Dystans | Kat. | Nazwisko, imię       | Klub                | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------|---------------------|---------|-------|-------|-------|-------|-------|--------|
| 54 | 23km    | M30  | ZIELONKA Jacek       | TriWise             | 1979    | 59.51 | 0     | 0     | 0     | 60.96 | 120.47 |
| 55 | 23km    | M30  | ZARNA Blazej         | Horda               | 1984    | 35.63 | 41.05 | 30.25 | 0     | 0     | 106.93 |
| 56 | 23km    | M30  | SZAPOROW Lukasz      |                     | 1981    | 0     | 0     | 0     | 0     | 98.77 | 98.77  |
| 57 | 23km    | M30  | LABNO Pawel          |                     | 0       | 0     | 48.84 | 49.03 | 0     | 0     | 97.87  |
| 58 | 23km    | M30  | BRANDT Andrzej       | nonstop adventure   | 1987    | 0     | 0     | 0     | 0     | 97.62 | 97.62  |
| 59 | 23km    | M30  | LUBIENIECKI Maciej   |                     | 1979    | 0     | 0     | 0     | 0     | 97.29 | 97.29  |
| 60 | 23km    | M30  | DUDZIK Lukasz        |                     | 1984    | 92.17 | 0     | 0     | 0     | 0     | 92.17  |
| 61 | 23km    | M30  | PALUCH Marek         |                     | 1986    | 0     | 0     | 0     | 0     | 90.13 | 90.13  |
| 62 | 23km    | M30  | ZARETSKYI Andriy     |                     | 1986    | 42.38 | 46.89 | 0     | 0     | 0     | 89.27  |
| 63 | 23km    | M30  | CALKA Bartlomiej     | Inobe               | 1983    | 0     | 0     | 0     | 88.26 | 0     | 88.26  |
| 64 | 23km    | M30  | SOLECKI Krzysztof    | Max Fliz Ekspedycja | 1979    | 0     | 0     | 0     | 0     | 85.96 | 85.96  |
| 65 | 23km    | M30  | BIEDRONSKI Grzegorz  |                     | 1983    | 0     | 85.7  | 0     | 0     | 0     | 85.7   |
| 66 | 23km    | M30  | HERDZINA Przemyslaw  |                     | 1981    | 0     | 85.25 | 0     | 0     | 0     | 85.25  |
| 67 | 23km    | M30  | GOC Pawel            |                     | 1983    | 79.83 | 0     | 0     | 0     | 0     | 79.83  |
| 68 | 23km    | M30  | CHODKOWSKI Krzysztof |                     | 1981    | 0     | 0     | 0     | 77.75 | 0     | 77.75  |
| 69 | 23km    | M30  | PASZTALENIC Dariusz  | Unlimited           | 1983    | 76.09 | 0     | 0     | 0     | 0     | 76.09  |
| 70 | 23km    | M30  | ZIELEZIECKI Wojciech |                     | 1987    | 75.8  | 0     | 0     | 0     | 0     | 75.8   |
| 71 | 23km    | M30  | ZALEWSKI Bartlomiej  | BBL Zduńska Wola    | 1979    | 0     | 0     | 74.17 | 0     | 0     | 74.17  |
| 72 | 23km    | M30  | PALECZNY Michal      | Go Aktiv!           | 1979    | 0     | 72.65 | 0     | 0     | 0     | 72.65  |
| 73 | 23km    | M30  | BARTKOW Lukasz       | BB RUNNERS          | 1984    | 0     | 0     | 0     | 70.92 | 0     | 70.92  |
| 74 | 23km    | M30  | GASIENICA Jakub      |                     | 0       | 70.7  | 0     | 0     | 0     | 0     | 70.7   |
| 75 | 23km    | M30  | KRYSA Roman          |                     | 1983    | 0     | 0     | 0     | 0     | 70.25 | 70.25  |
| 76 | 23km    | M30  | CIOCH Marcin         |                     | 1981    | 70.21 | 0     | 0     | 0     | 0     | 70.21  |
| 77 | 23km    | M30  | SAITEMARIE Arnaud    |                     | 1981    | 0     | 0     | 0     | 0     | 69.98 | 69.98  |

| #   | Dystans | Kat. | Nazwisko, imię       | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|-----|---------|------|----------------------|----------------------------|---------|-------|-------|-------|-------|-------|-------|
| 78  | 23km    | M30  | KORPULA Grzegorz     | Trailrun                   | 1982    | 0     | 0     | 0     | 69.5  | 0     | 69.5  |
| 79  | 23km    | M30  | STRZELCZYK Wiktor    |                            | 1986    | 0     | 0     | 0     | 0     | 68.63 | 68.63 |
| 80  | 23km    | M30  | GALKA Wojciech       | Jura team                  | 1981    | 0     | 67.74 | 0     | 0     | 0     | 67.74 |
| 81  | 23km    | M30  | SOWA Krzysztof       | #SportowaSowa              | 1980    | 67.19 | 0     | 0     | 0     | 0     | 67.19 |
| 82  | 23km    | M30  | GOLAB Rafal          | fat_runners                | 1987    | 0     | 28.65 | 36.98 | 0     | 0     | 65.63 |
| 83  | 23km    | M30  | ZIOLEK Marcin        | GTX Team                   | 1985    | 0     | 0     | 0     | 0     | 65.52 | 65.52 |
| 84  | 23km    | M30  | KACZMARCZYK Bogdan   | KB Gepard Murowana Goślina | 1980    | 0     | 64.63 | 0     | 0     | 0     | 64.63 |
| 85  | 23km    | M30  | WILK Krzysztof       |                            | 1986    | 0     | 0     | 0     | 0     | 64.42 | 64.42 |
| 86  | 23km    | M30  | WIACEK Lukasz        |                            | 1982    | 0     | 0     | 0     | 0     | 64.39 | 64.39 |
| 87  | 23km    | M30  | BOCHENEK Krzysztof   |                            | 1988    | 0     | 0     | 0     | 0     | 63.44 | 63.44 |
| 88  | 23km    | M30  | ASADOUSKI Kiryl      |                            | 1987    | 0     | 0     | 0     | 62.84 | 0     | 62.84 |
| 89  | 23km    | M30  | KRZYZANOWSKI Lukasz  | Max Fliz Ekspedycja        | 1985    | 0     | 0     | 0     | 0     | 62.66 | 62.66 |
| 90  | 23km    | M30  | KADZIELAWA Marcin    | Starglass Team             | 1988    | 0     | 0     | 0     | 0     | 61.47 | 61.47 |
| 91  | 23km    | M30  | ROGOZIK Szymon       | Jura Team                  | 1984    | 0     | 60.91 | 0     | 0     | 0     | 60.91 |
| 92  | 23km    | M30  | MERENA Marek         |                            | 1980    | 0     | 0     | 0     | 0     | 60.86 | 60.86 |
| 93  | 23km    | M30  | NAGACZ Krzysztof     | nogamidogory.pl            | 1983    | 27.13 | 31.61 | 0     | 0     | 0     | 58.74 |
| 94  | 23km    | M30  | DWORAK Norbert       |                            | 1980    | 57.43 | 0     | 0     | 0     | 0     | 57.43 |
| 95  | 23km    | M30  | FEDORCZAK Jacek      |                            | 1982    | 0     | 56.14 | 0     | 0     | 0     | 56.14 |
| 96  | 23km    | M30  | NIEDZWIEDZ Krzysztof |                            | 1980    | 55.93 | 0     | 0     | 0     | 0     | 55.93 |
| 97  | 23km    | M30  | MATEUSZUK Robert     |                            | 1985    | 50.8  | 0     | 0     | 0     | 0     | 50.8  |
| 98  | 23km    | M30  | KALBARCZYK Jakub     |                            | 1987    | 50.69 | 0     | 0     | 0     | 0     | 50.69 |
| 99  | 23km    | M30  | MUCHA Marek          | Apostles of Stars          | 1986    | 0     | 0     | 0     | 0     | 48.75 | 48.75 |
| 100 | 23km    | M30  | SZPAIDEL Pawel       |                            | 1982    | 0     | 40.22 | 0     | 0     | 0     | 40.22 |
| 101 | 23km    | M30  | ZWAAN Johan          |                            | 1982    | 0     | 0     | 0     | 0     | 27    | 27    |

| #   | Dystans | Kat. | Nazwisko, imię      | Klub                   | Rok ur. | E1 | E2 | E3 | E4 | E5 | Suma |
|-----|---------|------|---------------------|------------------------|---------|----|----|----|----|----|------|
| 102 | 23km    | M30  | ZELASKIEWICZ Michal | AZS AWF KRAKÓW MASTERS | 1980    | 0  | 0  | 0  | 0  | 0  | 0    |

## 23km - M40

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                       | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|----------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 23km    | M40  | KOCZWARA Tomasz     | Willow Batony              | 1977    | 100   | 100   | 100   | 100   | 100   | 400    |
| 2  | 23km    | M40  | MAJCHER Piotr       | Eskadra Kraków             | 1972    | 88.66 | 92.24 | 91.93 | 0     | 91.5  | 364.33 |
| 3  | 23km    | M40  | BORYCKI Mirosław    | Twomark                    | 1976    | 90.21 | 89.27 | 92.13 | 91.76 | 0     | 363.37 |
| 4  | 23km    | M40  | TYLEK Rafał         | FLEXISTAV SPORT            | 1971    | 81.63 | 82.11 | 80.87 | 83.96 | 79.89 | 328.57 |
| 5  | 23km    | M40  | BANIAK Marcin       | G.O.A.T. Team Michałowice  | 1978    | 76.85 | 74.09 | 81.16 | 78.98 | 74.22 | 311.21 |
| 6  | 23km    | M40  | NIEDZWIĄDEK Piotr   | Solne Miasto               | 1976    | 58.28 | 63.18 | 66.02 | 74.01 | 74.21 | 277.42 |
| 7  | 23km    | M40  | KWIECIEN Arek       | Vege Runners, Skundlony.pl | 1976    | 63.01 | 0     | 69.76 | 68.95 | 72.55 | 274.27 |
| 8  | 23km    | M40  | GRYGIEL Marek       | Trailrun                   | 1976    | 75.62 | 0     | 62.69 | 68.15 | 67.74 | 274.2  |
| 9  | 23km    | M40  | SADOWSKI Tomasz     | Kossmate Żuki              | 1977    | 59.51 | 30.77 | 61.3  | 63.69 | 70.46 | 254.96 |
| 10 | 23km    | M40  | KOPEC Mirosław      | MirMark                    | 1974    | 63.92 | 0     | 58.31 | 61.97 | 62.99 | 247.19 |
| 11 | 23km    | M40  | NOWACKI Paweł       |                            | 1976    | 55.95 | 58.68 | 59.46 | 58.87 | 65.56 | 242.57 |
| 12 | 23km    | M40  | MALYSZA Sławomir    |                            | 1971    | 43.59 | 63.14 | 49.49 | 61.4  | 66.8  | 240.83 |
| 13 | 23km    | M40  | WIERZBICKI Piotr    | Goń się!                   | 1976    | 45.65 | 61.77 | 57.33 | 61.9  | 58.2  | 239.2  |
| 14 | 23km    | M40  | MIELNICZEK Grzegorz | Zima 3ma                   | 1970    | 42.09 | 54.94 | 55.04 | 58.48 | 55.85 | 224.31 |
| 15 | 23km    | M40  | BARAN Mariusz       | Jura TEAM                  | 1977    | 0     | 54.06 | 58.35 | 49.88 | 53.98 | 216.27 |
| 16 | 23km    | M40  | CHOLEWA Tomasz      | Parkrun Chrzanów           | 1974    | 55.38 | 57.39 | 40.91 | 49.45 | 51.08 | 213.3  |
| 17 | 23km    | M40  | WAWROWSKI Mariusz   |                            | 1972    | 47.05 | 52.81 | 51.78 | 46.07 | 55.38 | 207.02 |
| 18 | 23km    | M40  | CHROMNIAK Marcin    | Lusina Projekt             | 1972    | 55.77 | 42.4  | 41.8  | 53.05 | 51.14 | 202.36 |
| 19 | 23km    | M40  | BEDNAREK Marcin     |                            | 1974    | 0     | 24.14 | 53.64 | 60.42 | 57.04 | 195.24 |
| 20 | 23km    | M40  | SZNAJDER Rafał      | G.O.A.T. Team Michałowice  | 1975    | 51.82 | 57.47 | 42.57 | 0     | 43.06 | 194.92 |



| #  | Dystans | Kat. | Nazwisko, imię       | Klub                      | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|----------------------|---------------------------|---------|-------|-------|-------|-------|-------|--------|
| 21 | 23km    | M40  | FIREK Rafal          | Lacho Team                | 1974    | 46.04 | 32.92 | 54.54 | 60.42 | 0     | 193.92 |
| 22 | 23km    | M40  | GORAK Slawomir       |                           | 1973    | 39.07 | 44.91 | 0     | 45.15 | 48.44 | 177.57 |
| 23 | 23km    | M40  | SMILKOWSKI Fabian    |                           | 1972    | 60.33 | 62.98 | 0     | 52.13 | 0     | 175.44 |
| 24 | 23km    | M40  | PIASECKI Leszek      |                           | 1972    | 25.52 | 51.32 | 51.54 | 29.2  | 41.48 | 173.54 |
| 25 | 23km    | M40  | DUC-SYPOSZ Aureliusz |                           | 1976    | 59.17 | 65.12 | 44.92 | 0     | 0     | 169.21 |
| 26 | 23km    | M40  | LADRA Ryszard        | KKM Kaloryfer             | 1976    | 26.29 | 47.95 | 37.41 | 55.31 | 0     | 166.96 |
| 27 | 23km    | M40  | MOSZCZYNSKI Bartosz  |                           | 1978    | 49.06 | 0     | 54.7  | 61.57 | 0     | 165.33 |
| 28 | 23km    | M40  | STASIKOWSKI Jacek    | TriWise                   | 1969    | 0     | 56.96 | 55.63 | 0     | 52.39 | 164.98 |
| 29 | 23km    | M40  | STACHURA Maciej      | Zabierzów Biega           | 1970    | 37.37 | 38    | 0     | 46.69 | 42.48 | 164.54 |
| 30 | 23km    | M40  | RUSEK Dariusz        |                           | 1977    | 40.95 | 0     | 35.11 | 42.74 | 40.64 | 159.44 |
| 31 | 23km    | M40  | KURYJ Marek          | WKS Wawel BnO             | 1978    | 68.57 | 0     | 86.62 | 0     | 0     | 155.19 |
| 32 | 23km    | M40  | POLAK Stanislaw      | Niezrzeszony              | 1971    | 0     | 0     | 74.47 | 75.56 | 0     | 150.03 |
| 33 | 23km    | M40  | TLUSTY Grzegorz      | Beneficjenci Regeneracji  | 1974    | 49.22 | 0     | 47.85 | 0     | 51.83 | 148.9  |
| 34 | 23km    | M40  | GLOWACKI Mariusz     | Active Jura               | 1974    | 38.26 | 32.55 | 31.29 | 0     | 40.28 | 142.38 |
| 35 | 23km    | M40  | SALIK Stanislaw      | Solne Miasto              | 1976    | 51.46 | 0     | 30.15 | 25.92 | 33.67 | 141.2  |
| 36 | 23km    | M40  | KOSMALA Bartosz      |                           | 1974    | 32.58 | 31.36 | 30.22 | 0     | 28.61 | 122.77 |
| 37 | 23km    | M40  | GRADEK Dariusz       |                           | 1971    | 58.74 | 59.58 | 0     | 0     | 0     | 118.32 |
| 38 | 23km    | M40  | CZYŻ Piotr           |                           | 1977    | 0     | 47.61 | 0     | 29.37 | 39.36 | 116.34 |
| 39 | 23km    | M40  | TOKARSKI Rafal       |                           | 1975    | 27.14 | 25.55 | 26.34 | 28.45 | 27.76 | 109.69 |
| 40 | 23km    | M40  | KACZMAREK Pawel      | Jajecznicza na maśle team | 1978    | 46.55 | 0     | 57.32 | 0     | 0     | 103.87 |
| 41 | 23km    | M40  | NIEDZIELSKI Robert   | ACAR TEAM/VEGE RUNNERS    | 1977    | 0     | 0     | 50.53 | 49.77 | 0     | 100.3  |
| 42 | 23km    | M40  | ZLONKIEWICZ Marek    |                           | 1970    | 45.03 | 50.53 | 0     | 0     | 0     | 95.56  |
| 43 | 23km    | M40  | CHMIELEWSKI Robert   | KB MCKiS Jaworzno         | 1970    | 0     | 0     | 0     | 45.16 | 49.86 | 95.02  |
| 44 | 23km    | M40  | GIBALA Marcin        |                           | 1972    | 0     | 0     | 0     | 44.53 | 48.62 | 93.15  |

| #  | Dystans | Kat. | Nazwisko, imię     | Klub                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma  |
|----|---------|------|--------------------|------------------------|---------|-------|-------|-------|-------|-------|-------|
| 45 | 23km    | M40  | MAKOWIEC Robert    | LKS BURZYN             | 1975    | 0     | 0     | 0     | 89.16 | 0     | 89.16 |
| 46 | 23km    | M40  | MICHNO Tomasz      |                        | 1976    | 0     | 0     | 0     | 0     | 85.22 | 85.22 |
| 47 | 23km    | M40  | MATYASZEK Waldemar |                        | 1976    | 0     | 0     | 83.2  | 0     | 0     | 83.2  |
| 48 | 23km    | M40  | BUCZYNSKI Adam     | Nokia Kraków           | 1975    | 0     | 0     | 82.82 | 0     | 0     | 82.82 |
| 49 | 23km    | M40  | SMIGIELSKI Piotr   |                        | 1971    | 20.05 | 19.08 | 19.22 | 22.1  | 17.59 | 80.45 |
| 50 | 23km    | M40  | CEBULA Leszek      |                        | 1975    | 0     | 0     | 0     | 79.9  | 0     | 79.9  |
| 51 | 23km    | M40  | CHMIEL Przemysław  | Albatrosy              | 1978    | 0     | 0     | 0     | 78    | 0     | 78    |
| 52 | 23km    | M40  | MAJTYKA Tomasz     | Los Trepos Companieros | 1970    | 36.98 | 37.36 | 0     | 0     | 0     | 74.34 |
| 53 | 23km    | M40  | LASOTA Artur       |                        | 0       | 0     | 69.15 | 0     | 0     | 0     | 69.15 |
| 54 | 23km    | M40  | MYSZKA Bartłomiej  |                        | 1974    | 0     | 0     | 0     | 68.75 | 0     | 68.75 |
| 55 | 23km    | M40  | FLADRO Daniel      |                        | 1978    | 0     | 0     | 68.1  | 0     | 0     | 68.1  |
| 56 | 23km    | M40  | ZAK Artur          | Jura TEAM              | 1974    | 0     | 66.43 | 0     | 0     | 0     | 66.43 |
| 57 | 23km    | M40  | LISIK Dariusz      |                        | 1976    | 27.81 | 36.68 | 0     | 0     | 0     | 64.49 |
| 58 | 23km    | M40  | LEMCZOWSKI Jakub   |                        | 0       | 0     | 62.23 | 0     | 0     | 0     | 62.23 |
| 59 | 23km    | M40  | SZPAK Sławomir     | Go Aktiv!              | 1969    | 0     | 59.26 | 0     | 0     | 0     | 59.26 |
| 60 | 23km    | M40  | JAKUBIEC Mariusz   |                        | 1973    | 16.78 | 13.93 | 9.64  | 0     | 16.9  | 57.25 |
| 61 | 23km    | M40  | AUGUSTYN Adam      | augustyn.net           | 1976    | 54.52 | 0     | 0     | 0     | 0     | 54.52 |
| 62 | 23km    | M40  | BICZ Paweł         | Nowa Huta              | 1978    | 0     | 0     | 0     | 0     | 54.11 | 54.11 |
| 63 | 23km    | M40  | SUSZ Artur         |                        | 1977    | 23.55 | 0     | 29.21 | 0     | 0     | 52.76 |
| 64 | 23km    | M40  | GNIADEK Mariusz    | LedwoBiegamAleCoTam    | 1971    | 20.89 | 22.61 | 3.66  | 0     | 5.08  | 52.24 |
| 65 | 23km    | M40  | RYZEWSKI Krzysztof | Quadimodo Racing       | 1971    | 0     | 0     | 0     | 50.24 | 0     | 50.24 |
| 66 | 23km    | M40  | WIJAS Mariusz      |                        | 1973    | 0     | 0     | 0     | 0     | 40.22 | 40.22 |
| 67 | 23km    | M40  | LIZUREJ Sławomir   | Lizaki Team            | 1977    | 0     | 35.5  | 0     | 0     | 0     | 35.5  |
| 68 | 23km    | M40  | LABNO Waldemar     |                        | 0       | 0     | 0     | 32.96 | 0     | 0     | 32.96 |

| #  | Dystans | Kat. | Nazwisko, imię     | Klub            | Rok ur. | E1    | E2    | E3    | E4   | E5   | Suma  |
|----|---------|------|--------------------|-----------------|---------|-------|-------|-------|------|------|-------|
| 69 | 23km    | M40  | ONUSZKO Jan        |                 | 1970    | 0     | 32.93 | 0     | 0    | 0    | 32.93 |
| 70 | 23km    | M40  | JANISZEWSKI Marcin |                 | 1976    | 29.27 | 0     | 0     | 0    | 0    | 29.27 |
| 71 | 23km    | M40  | KOBYLARZ Robert    |                 | 1973    | 0     | 0     | 24.08 | 0    | 0    | 24.08 |
| 72 | 23km    | M40  | JARACZEWSKI Piotr  |                 | 1974    | 0     | 23.61 | 0     | 0    | 0    | 23.61 |
| 73 | 23km    | M40  | OTREBSKI Tomasz    |                 | 1976    | 9.69  | 4.71  | 0     | 3.39 | 1.83 | 19.62 |
| 74 | 23km    | M40  | OTREBSKI Grzegorz  | MIGA PIGA ŚMIGA | 1974    | 1     | 4.71  | 0     | 0    | 0    | 5.71  |
| 75 | 23km    | M40  | MAJ Pawel          |                 | 1977    | 0     | 0     | 0     | 0    | 0    | 0     |

## 23km - M50

| #  | Dystans | Kat. | Nazwisko, imię      | Klub                    | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|----|---------|------|---------------------|-------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1  | 23km    | M50  | KIJANKA Artur       |                         | 1968    | 100   | 100   | 100   | 100   | 100   | 400    |
| 2  | 23km    | M50  | RADCZAK Andrzej     |                         | 1961    | 86.61 | 83.95 | 88.31 | 87.37 | 89.08 | 351.37 |
| 3  | 23km    | M50  | GIERULA Robert      | UBS Kraków Running Team | 1964    | 83.84 | 83.63 | 85.75 | 0     | 81.6  | 334.82 |
| 4  | 23km    | M50  | KEDER Wlodek        | ITMBW Kraków            | 1966    | 0     | 77.13 | 83.45 | 79.36 | 87.94 | 327.88 |
| 5  | 23km    | M50  | BOROWIECKI Piotr    | APIWAST Kraków          | 1964    | 69.82 | 68.76 | 60.97 | 61.38 | 63.93 | 263.89 |
| 6  | 23km    | M50  | ANTOWSKI Tomasz     | Muay Running Team       | 1966    | 59.79 | 63.22 | 66.53 | 57.41 | 67.69 | 257.23 |
| 7  | 23km    | M50  | LABUZINSKI Slawomir |                         | 0       | 0     | 95.77 | 99.39 | 0     | 0     | 195.16 |
| 8  | 23km    | M50  | MADEJ Mirosław      |                         | 1964    | 49.8  | 32.66 | 61.78 | 0     | 50.11 | 194.35 |
| 9  | 23km    | M50  | OLCZAK Janusz       |                         | 1964    | 47.89 | 43.85 | 40.6  | 0     | 0     | 132.34 |
| 10 | 23km    | M50  | GALAŻKA Jarosław    |                         | 1968    | 0     | 0     | 0     | 0     | 81.35 | 81.35  |
| 11 | 23km    | M50  | NOWAK Marek         |                         | 1968    | 0     | 79.27 | 0     | 0     | 0     | 79.27  |
| 12 | 23km    | M50  | PAPUGA Dariusz      | Zadyszka Oświęcim       | 1965    | 0     | 79.21 | 0     | 0     | 0     | 79.21  |
| 13 | 23km    | M50  | JOZEFIAK Jakub      | Bokonini                | 1966    | 0     | 0     | 0     | 0     | 69.71 | 69.71  |
| 14 | 23km    | M50  | ARKADIUSZ Cybuch    |                         | 0       | 0     | 57.18 | 0     | 0     | 0     | 57.18  |

| #  | Dystans | Kat. | Nazwisko, imię | Klub | Rok ur. | E1 | E2    | E3 | E4 | E5 | Suma  |
|----|---------|------|----------------|------|---------|----|-------|----|----|----|-------|
| 15 | 23km    | M50  | KAIM Antoni    |      | 1961    | 0  | 32.66 | 0  | 0  | 0  | 32.66 |

## 23km - M60

| # | Dystans | Kat. | Nazwisko, imię     | Klub                   | Rok ur. | E1    | E2    | E3    | E4    | E5    | Suma   |
|---|---------|------|--------------------|------------------------|---------|-------|-------|-------|-------|-------|--------|
| 1 | 23km    | M60  | KAMINSKI Krzysztof |                        | 1958    | 100   | 100   | 100   | 100   | 100   | 400    |
| 2 | 23km    | M60  | SMUDA Ryszard      |                        | 1958    | 91.59 | 88.89 | 86.91 | 93.87 | 81.91 | 361.26 |
| 3 | 23km    | M60  | ZABRZANSKI Alfred  |                        | 1954    | 92.57 | 84.52 | 90.71 | 92.47 | 0     | 360.27 |
| 4 | 23km    | M60  | DZIEZOK Bogusław   | Trailrun               | 1957    | 82.85 | 73.84 | 0     | 0     | 0     | 156.69 |
| 5 | 23km    | M60  | TRELA Jacek        | AZS AWF Kraków Masters | 0       | 0     | 0     | 90.42 | 0     | 0     | 90.42  |
| 6 | 23km    | M60  | PRZYŁUDZKI Janusz  |                        | 1952    | 0     | 0     | 0     | 0     | 85.63 | 85.63  |