



Grand Prix Krakowa w Biegach Górskich 2023/2024 - R1

Kraków, 2023-11-04 - Wyniki

Dzieci - 450m

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	450m/1	BOROWIAK, Misiiek	FitPark Team	Kraków	0:01:49.09 (04:02min/km)	0:01:49.09	+0:00:00.00
2 - M/2	450m/2	ŚLIZOWSKI, Szymon	MŁODE SMOKI WKS WAWEL	Kraków	0:01:55.07 (04:15min/km)	0:01:55.07	+0:00:05.98
3 - M/3	450m/3	ROKITA, Gabriel	Run 4 Fun	Proszowice	0:01:56.83 (04:19min/km)	0:01:56.83	+0:00:07.74
4 - M/4	450m/4	MIŚKIEWICZ, Adam	WKS Wawel BnO	Kraków	0:02:00.73 (04:28min/km)	0:02:00.73	+0:00:11.64
5 - M/5	450m/5	DRABIK, Mateusz		Myślenice	0:02:04.21 (04:36min/km)	0:02:04.21	+0:00:15.12
6 - K/1	450m/6	KACZMAREK, Róża	Centrum Zdrowia Biegacza Kraków	Kraków	0:02:04.54 (04:36min/km)	0:02:04.54	+0:00:15.45
7 - M/6	450m/7	PASZEK, Mikołaj	#GortatTeam #Kraków	Kraków	0:02:05.92 (04:39min/km)	0:02:05.92	+0:00:16.83
8 - M/7	450m/8	MIKA, Samuel	Miki Team	Kraków	0:02:08.43 (04:45min/km)	0:02:08.43	+0:00:19.34
9 - K/2	450m/9	DOBRZAŃSKA, Milena			0:02:11.23 (04:51min/km)	0:02:11.23	+0:00:22.14
10 - M/8	450m/10	PRZEBIEGLEC, Franciszek		Kraków	0:02:16.42 (05:03min/km)	0:02:16.42	+0:00:27.33
11 - M/9	450m/11	NIEMIERZYCKI, Jan		Kraków	0:02:17.03 (05:04min/km)	0:02:17.03	+0:00:27.94
12 - K/3	450m/12	POGODA, Rozalia			0:02:23.76 (05:19min/km)	0:02:23.76	+0:00:34.67
13 - M/10	450m/13	BEDNARCZYK, Hubert	WKS Wawel BnO	Kraków	0:02:24.62 (05:21min/km)	0:02:24.62	+0:00:35.53
14 - K/4	450m/14	PRZYBYŁO, Justyna	WKS Wawel Kraków	Kraków	0:02:26.86 (05:26min/km)	0:02:26.86	+0:00:37.77
15 - M/11	450m/15	ROGOWIEC, Leon		Kraków	0:02:27.09 (05:26min/km)	0:02:27.09	+0:00:38.00
16 - K/5	450m/16	GURGUL, Zofia	Aromat Nóg	Kraków	0:02:28.22 (05:29min/km)	0:02:28.22	+0:00:39.13
17 - K/6	450m/17	BRANDYS, Jagoda	Trenuj w Krakowie	Kraków	0:02:41.71 (05:59min/km)	0:02:41.71	+0:00:52.62
18 - K/7	450m/18	ŚLIZOWSKA, Ada		Kraków	0:02:43.22 (06:02min/km)	0:02:43.22	+0:00:54.13
19 - K/8	450m/19	ZABEL, Julia		Myślenice	0:02:49.66 (06:17min/km)	0:02:49.66	+0:01:00.57
20 - K/9	450m/20	LEŚNIAK, Maja	Akademia Sportu i Rozrywki ASIR	Kraków	0:02:50.86 (06:19min/km)	0:02:50.86	+0:01:01.77
21 - K/10	450m/21	HAJNOLD-MĄCZKA, Ela		Kraków	0:02:52.16 (06:22min/km)	0:02:52.16	+0:01:03.07
22 - M/12	450m/22	PAWŁOWSKI, Łukasz			0:02:54.68 (06:28min/km)	0:02:54.68	+0:01:05.59
23 - M/13	450m/23	WASILEWSKI, Franio	Aromat Nóg	Krakow	0:03:04.09 (06:49min/km)	0:03:04.09	+0:01:15.00
24 - K/11	450m/24	WALAŚ, Helena			0:03:07.41 (06:56min/km)	0:03:07.41	+0:01:18.32
25 - K/12	450m/25	PRZEBIEGLEC, Maria		Kraków	0:03:10.86 (07:04min/km)	0:03:10.86	+0:01:21.77

26 - K /13	450m/26	ZABEL, Jagoda		Myślenice	0:03:26.23 (07:38min/km)	0:03:26.23	+0:01:37.14
27 - M /14	450m/27	OSIADACZ, Filip	Trenuj w Krakowie	Kraków	0:03:42.12 (08:13min/km)	0:03:42.12	+0:01:53.03
28 - K /14	450m/28	GURGUL, Lea	Aromat Nóg	Kraków	0:03:49.17 (08:29min/km)	0:03:49.17	+0:02:00.08
29 - K /15	450m/29	KIJEK, Irenka	Loczki	Pogorzycze	0:04:43.71 (10:30min/km)	0:04:43.71	+0:02:54.62
30 - M /15	450m/30	PRZEBIEGLEC, Henryk			0:05:27.61 (12:08min/km)	0:05:27.61	+0:03:38.52



Grand Prix Krakowa w Biegach Górskich 2023/2024 - R1

Kraków, 2023-11-04 - Wyniki

Dzieci - 900m

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	900m/1	CHECHELSKI-TRZECIAK, Bruno		Płoki	0:03:41.40 (04:06min/km)	0:03:41.40	+0:00:00.00
2 - M/2	900m/2	PARZYCH, Jakub			0:03:47.11 (04:12min/km)	0:03:47.11	+0:00:05.71
3 - M/3	900m/3	CADER, Jakub	UKP Kmita Zabierzów	Zabierzów	0:03:48.02 (04:13min/km)	0:03:48.02	+0:00:06.62
4 - M/4	900m/4	MIODEK, Mateusz			0:03:49.95 (04:15min/km)	0:03:49.95	+0:00:08.55
5 - M/5	900m/5	ŁĘCKI, Bartosz			0:03:51.40 (04:17min/km)	0:03:51.40	+0:00:10.00
6 - M/6	900m/6	LEŚNIEWSKI, Filip			0:03:54.35 (04:20min/km)	0:03:54.35	+0:00:12.95
7 - K/1	900m/7	LEGUTKO, Maja	WKS Wawel BnO	Krakow	0:03:55.48 (04:21min/km)	0:03:55.48	+0:00:14.08
8 - M/7	900m/8	MAGOLAN, Jan		Kobylany	0:03:56.27 (04:22min/km)	0:03:56.27	+0:00:14.87
9 - M/8	900m/9	KACZMAREK, Stanisław	Centrum Zdrowia Biegacza Kraków	Kraków	0:03:57.30 (04:23min/km)	0:03:57.30	+0:00:15.90
10 - M/9	900m/10	MIKA, Beniamin	Miki Team	Kraków	0:04:03.38 (04:30min/km)	0:04:03.38	+0:00:21.98
11 - K/2	900m/11	OSIADACZ, Julia	Trenuj w Krakowie	Kraków	0:04:03.62 (04:30min/km)	0:04:03.62	+0:00:22.22
12 - M/10	900m/12	GAWIN, Jakub			0:04:05.25 (04:32min/km)	0:04:05.25	+0:00:23.85
13 - M/11	900m/13	BRANDYS, Mikołaj	Trenuj w Krakowie	Kraków	0:04:08.62 (04:36min/km)	0:04:08.62	+0:00:27.22
14 - M/12	900m/14	KACZMARCZYK, Michał	TriWise	Kraków	0:04:11.08 (04:38min/km)	0:04:11.08	+0:00:29.68
15 - M/13	900m/15	WITEK, Wiktor		Burów	0:04:40.27 (05:11min/km)	0:04:40.27	+0:00:58.87
16 - K/3	900m/16	BOROWIAK, Fela	FitPark Team	Kraków	0:04:46.49 (05:18min/km)	0:04:46.49	+0:01:05.09
17 - K/4	900m/17	SOBULA, Aniela	Z Gorki		0:04:52.76 (05:25min/km)	0:04:52.76	+0:01:11.36
18 - K/5	900m/18	NIEMIERZYCKA, Zosia		Warszawa	0:04:56.35 (05:29min/km)	0:04:56.35	+0:01:14.95
19 - M/14	900m/19	GEDLICZKA, Tadeusz		Kraków	0:05:01.38 (05:34min/km)	0:05:01.38	+0:01:19.98
20 - M/15	900m/20	RYLL, Tomasz	BeFit24Team	Kraków	0:05:13.42 (05:48min/km)	0:05:13.42	+0:01:32.02
21 - M/16	900m/21	KLEIN, Artur	MisiaqBiega	Kraków	0:05:17.54 (05:52min/km)	0:05:17.54	+0:01:36.14
22 - K/6	900m/22	PRYTKOVA, Daria		Kraków	0:05:25.99 (06:02min/km)	0:05:25.99	+0:01:44.59
23 - K/7	900m/23	BEDNARCZYK, Wiktoria	WKS Wawel BnO	Kraków	0:05:30.09 (06:06min/km)	0:05:30.09	+0:01:48.69
24 - M/17	900m/24	GURGUL, Jan	Aromat Nóg	Kraków	0:05:49.25 (06:28min/km)	0:05:49.25	+0:02:07.85



Grand Prix Krakowa w Biegach Górskich 2023/2024 - R1

Kraków, 2023-11-04 - Wyniki

3,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M30/1	FILICIAK, Michał	AZS AWF KRAKÓW MASTERS	Kraków	0:13:49.85 (03:44min/km)	0:13:49.85	+0:00:00.00
	M30	KACZMAREK, Michał	Centrum Zdrowia Biegacza Kraków	Kraków	0:14:20.00 [GPS]	0:14:20.00 [GPS]	
3 - M/2	M40/1	DRONSZCZYK, Piotr	#AdamCzerwinskiTeam	Wieliczka	0:14:24.13 (03:53min/km)	0:14:24.67	+0:00:34.82
4 - M/3	M30/2	WITEK, Przemysław	Zabierzów Biega	Burów	0:14:53.83 (04:01min/km)	0:14:55.10	+0:01:05.25
5 - M/4	M30/3	TKACZYK, Szymon	Samolotowy Team	Kraków	0:15:09.70 (04:05min/km)	0:15:10.99	+0:01:21.14
6 - M/5	M40/2	TARGOSZ, Michał	RUNPROGRESS Team		0:15:19.13 (04:08min/km)	0:15:19.57	+0:01:29.72
7 - M/6	M40/3	KLIMAS, Kamil		Katowice	0:15:28.53 (04:10min/km)	0:15:28.53	+0:01:38.68
8 - M/7	M40/4	GAWIN, Krzysztof	BeFit24Team	Więckowice	0:15:35.35 (04:12min/km)	0:15:36.04	+0:01:46.19
	K30	POPADIAK, Beata	Centrum Zdrowia Biegacza Kraków		0:15:45.00 [GPS]	0:15:45.00 [GPS]	
10 - M/8	M40/5	CADER, Jacek	Zabierzów Biega	Zabierzów	0:15:50.03 (04:16min/km)	0:15:51.26	+0:02:01.41
11 - M/9	M16/1	JĘZYK, Marek	My Endurance Coaching Limanowa Forrest	Kraków	0:16:03.81 (04:20min/km)	0:16:04.71	+0:02:14.86
12 - K/1	K20/1	ŁODZIŃSKA, Dominika	AZS AWF KRAKÓW MASTERS	Kraków	0:16:08.23 (04:21min/km)	0:16:09.89	+0:02:20.04
13 - M/10	M16/2	PIÓRKOWSKI, Kuba	UKS Lider Siercza	Wieliczka	0:16:09.28 (04:21min/km)	0:16:11.06	+0:02:21.21
14 - M/11	M16/3	PAWŁOWSKI, Jakub			0:16:15.50 (04:23min/km)	0:16:22.87	+0:02:33.02
15 - M/12	M13/1	WOJDOWSKI, Marek	TS Wieliczanka Wieliczka	Kraków	0:16:28.01 (04:27min/km)	0:16:28.45	+0:02:38.60
16 - M/13	M40/6	TICHORUK, Rafał	#KubaPiechTeam	Kraków	0:16:30.21 (04:27min/km)	0:16:31.04	+0:02:41.19
17 - M/14	M40/7	DYKSZAK, Filip	WM Triself	Kraków	0:16:37.28 (04:29min/km)	0:16:37.28	+0:02:47.43
18 - K/2	K40/1	SOLAKIEWICZ, Anna	BeFit24Team	Kraków	0:16:41.63 (04:30min/km)	0:16:41.93	+0:02:52.08
19 - K/3	K20/2	OŚWIĘCIMKA, Magdalena	ITMBW Kraków	Kraków	0:16:47.95 (04:32min/km)	0:16:47.95	+0:02:58.10
20 - M/15	M13/2	MAGOLAN, Piotr		Kobylany	0:16:56.62 (04:34min/km)	0:16:56.62	+0:03:06.77
21 - M/16	M40/8	CZAPCZYŃSKI, Cezary	Niepołomice Biegaja	Niepołomice	0:16:54.62 (04:34min/km)	0:17:03.10	+0:03:13.25
22 - M/17	M40/9	STASZEK, Łukasz	Samolotowy Team	Krakow	0:17:10.38 (04:38min/km)	0:17:13.32	+0:03:23.47
23 - K/4	K16/1	ZAJĄC, Barbara	KS AZS AWF Kraków	Górna Wieś	0:17:12.43 (04:39min/km)	0:17:13.32	+0:03:23.47

24 - M /18	M40/10	KOWALSKI, Krzysztof	2k	Libertów	0:17:17.86 (04:40min/km)	0:17:20.02	+0:03:30.17
25 - M /19	M12/1	CZARNECKI, Jakub	G.O.A.T. Team Michałowice	Maslomiaca	0:17:17.23 (04:40min/km)	0:17:20.06	+0:03:30.21
26 - M /20	M12/2	MOSZKOWICZ, Michał	WKS Wawel BnO	Kraków	0:17:19.62 (04:40min/km)	0:17:20.26	+0:03:30.41
27 - M /21	M50/1	GEDL, Przemysław		Kraków	0:17:21.34 (04:41min/km)	0:17:22.79	+0:03:32.94
	M40	DUROŃ, Marcin	Samolotowy Team	Kraków	0:17:29.00 [GPS]	0:17:29.00 [GPS]	
29 - M /22	M13/3	KOWALSKI, Adam	TS Wieliczanka	Libertów	0:17:29.96 (04:43min/km)	0:17:31.26	+0:03:41.41
30 - M /23	M13/4	NARTYMAU, Mikhail		Kraków	0:17:30.66 (04:43min/km)	0:17:32.87	+0:03:43.02
31 - K /5	K40/2	PŁAZIAK-KOWALSKA, Magdalena	2K	Libertów	0:17:31.06 (04:44min/km)	0:17:33.69	+0:03:43.84
32 - M /24	M30/4	CZARNECKI, Grzegorz	G.O.A.T. Team Michałowice	Masłomiąca	0:17:34.62 (04:45min/km)	0:17:34.62	+0:03:44.77
33 - M /25	M50/2	TOMCZYK, Marcin	AZS AWF KRAKÓW MASTERS	Kraków	0:17:38.97 (04:46min/km)	0:17:42.12	+0:03:52.27
34 - M /26	M13/5	FILICIAK, Antoni	AZS AWF KRAKÓW MASTERS	Kraków	0:17:46.08 (04:48min/km)	0:17:47.69	+0:03:57.84
35 - K /6	K30/1	KACZMAREK, Angelika	Centrum Zdrowia Biegacza Kraków	Kraków	0:17:50.23 (04:49min/km)	0:17:50.23	+0:04:00.38
36 - K /7	K30/2	DUDZIAK, Dorota	#AdamCzerwinskiTeam	Kraków	0:17:49.26 (04:48min/km)	0:17:51.57	+0:04:01.72
37 - M /27	M13/6	DRONSZCZYK, Stanisław	#AdamCzerwinskiTeam	Wieliczka	0:17:57.23 (04:51min/km)	0:17:58.19	+0:04:08.34
38 - K /8	K12/1	KOWALICZEK, Alicja		Kraków	0:18:04.74 (04:53min/km)	0:18:07.09	+0:04:17.24
39 - M /28	M40/11	MIŚKIEWICZ, Paweł	WKS Wawel BnO	Kraków	0:18:09.26 (04:54min/km)	0:18:13.60	+0:04:23.75
40 - K /9	K40/3	CHYLEWSKA-OLECH, Dagmara	BeFit24Team	Kraków	0:18:29.32 (04:59min/km)	0:18:31.48	+0:04:41.63
41 - M /29	M30/5	STASZCZYK, Michał		Brzesko	0:18:33.88 (05:01min/km)	0:18:33.88	+0:04:44.03
42 - M /30	M40/12	PALMI, Piotr		Wieliczka	0:18:37.50 (05:02min/km)	0:18:41.71	+0:04:51.86
43 - M /31	M40/13	BISKUPSKI, Michał	WKS Wawel BnO	Kraków	0:18:43.09 (05:03min/km)	0:18:43.09	+0:04:53.24
44 - M /32	M40/14	ROKITA, Dawid	Run 4 Fun	Proszowice	0:18:53.75 (05:06min/km)	0:19:00.03	+0:05:10.18
45 - K /10	K40/4	HERDA, Ewelina	G.O.A.T. Team Michałowice		0:19:01.76 (05:08min/km)	0:19:04.32	+0:05:14.47
46 - M /33	M12/3	RAJCHEL, Filip	FM	Śledziejowice	0:18:59.26 (05:07min/km)	0:19:04.46	+0:05:14.61
47 - M /34	M60/1	SZUMIEC, Andrzej	Lacho Team	Kraków	0:19:06.94 (05:09min/km)	0:19:06.94	+0:05:17.09
48 - M /35	M20/1	KOŁODZIEJCZYK, Bartłomiej	UKS Kometa Gliwice	Gliwice	0:19:00.25 (05:08min/km)	0:19:07.88	+0:05:18.03
49 - K /11	K16/2	MARCINIAK, Marta	UKS Lider Siercza	Wieliczka	0:19:05.69 (05:09min/km)	0:19:08.26	+0:05:18.41
50 - M /36	M30/6	CIERLAK, Przemysław	Brzyski Tri Team	Kraków	0:19:19.83 (05:13min/km)	0:19:22.35	+0:05:32.50
	M60	OLIWA, Edward	ITMBW Kraków	Kraków	0:19:27.00 [GPS]	0:19:27.00 [GPS]	
52 - M /37	M12/4	HUNDT, David	WKS Wawel BnO	Kraków	0:19:34.19 (05:17min/km)	0:19:35.48	+0:05:45.63
53 - M /38	M30/7	RAJCHEL, Marek			0:19:31.59 (05:16min/km)	0:19:36.17	+0:05:46.32

	M40	KULON, Grzegorz	BeFit24Team	Kraków	0:19:44.00 [GPS]	0:19:44.00 [GPS]	
55 - K /12	K40/5	PODGORSKA, Magdalena	AZS AWF KRAKÓW MASTERS	KRAKOW	0:19:39.08 (05:18min/km)	0:19:44.37	+0:05:54.52
56 - M /39	M60/2	TRELA, Jacek	AZS AWF KRAKÓW MASTERS	Kraków	0:19:39.41 (05:18min/km)	0:19:44.42	+0:05:54.57
57 - K /13	K40/6	BIELEC, Kinga	G.O.A.T. Team Michałowice	Kraków	0:19:45.75 (05:20min/km)	0:19:49.15	+0:05:59.30
58 - M /40	M12/5	LISIEWICZ , Natan		Skawina	0:19:57.49 (05:23min/km)	0:19:57.49	+0:06:07.64
59 - M /41	M60/3	LACHOWSKI, Paweł	AZS AWF KRAKÓW MASTERS	Kraków	0:19:59.28 (05:24min/km)	0:20:02.61	+0:06:12.76
60 - M /42	M30/8	BIELECKI, Rafał	GGs TEAM		0:19:56.10 (05:23min/km)	0:20:05.11	+0:06:15.26
61 - K /14	K30/3	STASZEK, Anna	AZS AWF KRAKÓW MASTERS	Zielinki	0:20:01.44 (05:24min/km)	0:20:06.36	+0:06:16.51
62 - M /43	M30/9	BOROWIAK, Piotr	Piotrunio Team	Kraków	0:20:02.15 (05:24min/km)	0:20:07.63	+0:06:17.78
63 - M /44	M12/6	STASZCZYK, Wojciech		Brzesko	0:20:35.69 (05:33min/km)	0:20:35.69	+0:06:45.84
64 - K /15	K13/1	KASPRZYK, Alicja	U JĘDRUSIA SP. Z O.O. DOGOŃ NAWOJOWĄ GÓRĘ	NAWOJOWA GÓRA	0:20:03.08 (05:25min/km)	0:20:37.03	+0:06:47.18
65 - K /16	K13/2	KASPRZYK, Natalia	U JĘDRUSIA SP. Z O.O. DOGOŃ NAWOJOWĄ GÓRĘ	NAWOJOWA GÓRA	0:20:35.92 (05:34min/km)	0:20:39.50	+0:06:49.65
66 - M /45	M12/7	PRZYBYŁO, Jakub	WKS Wawel BnO	Kraków	0:20:34.09 (05:33min/km)	0:20:40.71	+0:06:50.86
67 - M /46	M40/15	PRZYBYŁO, Tomasz	WKS Wawel Kraków	Kraków	0:20:37.69 (05:34min/km)	0:20:43.26	+0:06:53.41
68 - M /47	M12/8	MAGOLAN, Jan		Kobylany	0:20:48.84 (05:37min/km)	0:20:48.84	+0:06:58.99
69 - K /17	K16/3	SZYMACHA, Magdalena		Wieliczka	0:20:55.24 (05:39min/km)	0:20:55.24	+0:07:05.39
70 - M /48	M12/9	MIŚKIEWICZ, Jacek	WKS Wawel BnO	Kraków	0:21:05.84 (05:42min/km)	0:21:09.75	+0:07:19.90
71 - M /49	M16/4	TYLEK, Michał		Kraków	0:21:11.70 (05:43min/km)	0:21:13.73	+0:07:23.88
72 - K /18	K30/4	SAMKOFF, Aneta	GGs TEAM		0:21:12.94 (05:44min/km)	0:21:22.20	+0:07:32.35
73 - M /50	M70/1	NOWOTNY, Marian	Niepołomice Biegaja	Damienice	0:21:21.10 (05:46min/km)	0:21:26.23	+0:07:36.38
74 - K /19	K13/3	BISKUPSKA, Małgorzata	WKS Wawel BnO	Kraków	0:21:26.36 (05:47min/km)	0:21:28.36	+0:07:38.51
75 - M /51	M50/3	MARZEC, Artur	#AdamCzerwinskiTeam	Wieliczka	0:21:36.61 (05:50min/km)	0:21:45.51	+0:07:55.66
76 - M /52	M40/16	FRĄCZK, Jakub		Krakow	0:21:53.27 (05:54min/km)	0:21:59.53	+0:08:09.68
77 - M /53	M13/7	URYGA, Artur	WKS Wawel BnO	Kraków	0:22:02.33 (05:57min/km)	0:22:03.49	+0:08:13.64
78 - K /20	K13/4	PIENIAŻEK, Sara		Kraków	0:22:02.31 (05:57min/km)	0:22:04.31	+0:08:14.46
79 - K /21	K12/2	WALAŚ, Olga	WKS Wawel BnO	Kraków	0:22:03.77 (05:57min/km)	0:22:05.76	+0:08:15.91
80 - K /22	K13/5	HEBDA, Julia	KS Kościelec Chrzanów	Chrzanów	0:22:09.93 (05:59min/km)	0:22:13.09	+0:08:23.24
81 - M /54	M12/10	DRONSZCZYK, Zbigniew	#AdamCzerwinskiTeam	Wieliczka	0:22:10.48 (05:59min/km)	0:22:13.24	+0:08:23.39
82 - M /55	M13/8	ŁĘCKI, Bartosz	UKS Kometa Gliwice	Gliwice	0:22:15.70 (06:01min/km)	0:22:15.70	+0:08:25.85
83 - K /23	K40/7	DRONSZCZYK, Agnieszka	#AdamCzerwinskiTeam	Wieliczka	0:22:30.22 (06:04min/km)	0:22:32.95	+0:08:43.10

84 - K /24	K30/5	WALAŚ, Maria	WKS Wawel BnO	Kraków	0:22:39.31 (06:07min/km)	0:22:43.98	+0:08:54.13
85 - M /56	M40/17	WOJDOWSKI, Krzysztof		Kraków	0:22:47.41 (06:09min/km)	0:22:51.78	+0:09:01.93
86 - M /57	M70/2	LEŚNIAK, Marian	AZS AWF KRAKÓW MASTERS	Kraków	0:22:49.36 (06:10min/km)	0:22:55.43	+0:09:05.58
87 - M /58	M70/3	KOPTA, Jerzy	BMW Biegamy Mimo Wszystko	Kraków	0:22:53.87 (06:11min/km)	0:22:57.13	+0:09:07.28
88 - M /59	M60/4	PIĄTEK, Stanisław	ITMBW Kraków		0:22:56.60 (06:12min/km)	0:23:03.80	+0:09:13.95
89 - K /25	K16/4	BOJARSKA, Zuzanna	BW Biegacze Wymiatacze	Kraków	0:22:55.89 (06:11min/km)	0:23:04.14	+0:09:14.29
90 - K /26	K40/8	MACH, Wioleta	Zabierzów Biega	Zabierzów	0:23:01.27 (06:13min/km)	0:23:06.19	+0:09:16.34
91 - K /27	K13/6	KUREK, Urszula			0:23:04.55 (06:14min/km)	0:23:08.50	+0:09:18.65
92 - K /28	K13/7	PIECHOTA, Hanna	BeFit24Team	Kraków	0:22:58.34 (06:12min/km)	0:23:09.18	+0:09:19.33
93 - K /29	K12/3	PRZYBYŁO, Julia	WKS Wawel Kraków	Kraków	0:23:15.65 (06:17min/km)	0:23:16.54	+0:09:26.69
94 - K /30	K12/4	BISKUPSKA, Maria	WKS Wawel BnO	Kraków	0:23:19.56 (06:18min/km)	0:23:21.14	+0:09:31.29
95 - M /60	M12/11	MIŚKIEWICZ, Adam	WKS Wawel BnO	Kraków	0:23:23.17 (06:19min/km)	0:23:28.04	+0:09:38.19
96 - M /61	M40/18	PIECHOTA, Roman	BeFit24Team	Kraków	0:23:24.28 (06:19min/km)	0:23:34.25	+0:09:44.40
97 - M /62	M30/10	PUSTUŁ, Dominik	BeFit24Team	Giebułtów	0:23:38.18 (06:23min/km)	0:23:45.78	+0:09:55.93
98 - K /31	K13/8	RYCHŁOWSKA, Julia	KS Kościelec Chrzanów	Chrzanów	0:23:44.24 (06:24min/km)	0:23:46.75	+0:09:56.90
99 - M /63	M30/11	DĄBROWSKI, Marek	G.O.A.T. Team Michałowice		0:23:43.92 (06:24min/km)	0:23:48.48	+0:09:58.63
100 - M /64	M13/9	MIODEK, Mateusz	UKS Kometa Gliwice	Gliwice	0:23:50.83 (06:26min/km)	0:23:50.83	+0:10:00.98
101 - M /65	M13/10	GAWIN, Jan	BeFit24Team	Więckowice	0:23:54.81 (06:27min/km)	0:23:55.93	+0:10:06.08
102 - K /32	K12/5	OSIADACZ, Julia	Trenuj w Krakowie	Kraków	0:23:53.94 (06:27min/km)	0:23:57.61	+0:10:07.76
103 - K /33	K40/9	WIECHEĆ, Wioleta	G.O.A.T. Team Michałowice	Kraków	0:23:58.20 (06:28min/km)	0:24:04.86	+0:10:15.01
104 - K /34	K40/10	MAREK-PUDEŁEK, Małgorzata	LKS Górzanka Nawojowa Góra	Bolechowice	0:24:00.25 (06:29min/km)	0:24:06.42	+0:10:16.57
105 - M /66	M30/12	NARTYMAU, Siarhei		Kraków	0:23:59.24 (06:28min/km)	0:24:07.16	+0:10:17.31
106 - M /67	M20/2	TĘCZYŃSKI, Stanisław		Kraków	0:24:05.51 (06:30min/km)	0:24:10.88	+0:10:21.03
107 - K /35	K12/6	TUSZYŃSKA, Hanna		Krakow	0:24:16.23 (06:33min/km)	0:24:21.82	+0:10:31.97
108 - M /68	M12/12	PIÓRKOWSKI, Michał	UKS Lider Siercza	Wieliczka	0:24:24.39 (06:35min/km)	0:24:24.39	+0:10:34.54
109 - K /36	K30/6	ZIÓŁKOWSKA, Monika		Kraków	0:24:24.15 (06:35min/km)	0:24:29.35	+0:10:39.50
110 - M /69	M12/13	PARZYCH, Jakub	UKS Kometa Gliwice	Gliwice	0:24:35.40 (06:38min/km)	0:24:35.40	+0:10:45.55
111 - K /37	K40/11	WRÓBLEWSKA, Paulina	BeFit24Team	Kraków	0:24:41.78 (06:40min/km)	0:24:48.69	+0:10:58.84
112 - K /38	K13/9	PALMI, Julia		Wieliczka	0:25:10.01 (06:48min/km)	0:25:14.22	+0:11:24.37
113 - K /39	K30/7	PUSTUŁ, Anna	BeFit24Team	Giebułtów	0:25:16.75 (06:49min/km)	0:25:24.35	+0:11:34.50
114 - K /40	K13/10	BREKSA, Blanka	WKS Wawel BnO	Kraków	0:25:24.05 (06:51min/km)	0:25:25.95	+0:11:36.10
115 - K /41	K40/12	WOŹNIAK-DRABEK, Monika	BeFit24Team	Kraków	0:25:19.22 (06:50min/km)	0:25:26.31	+0:11:36.46

116 - K /42	K13/11	DEPTA, Hela	WKS Wawel BnO	Kraków	0:25:24.56 (06:52min/km)	0:25:26.86	+0:11:37.01
117 - K /43	K12/7	WACHACKA, Sonia	Wachaccy Team	Kraków	0:26:26.90 (07:08min/km)	0:26:31.72	+0:12:41.87
118 - M /70	M50/4	PAWŁOWSKI, Janusz			0:26:32.60 (07:10min/km)	0:26:32.60	+0:12:42.75
119 - K /44	K13/12	RYLL, Zofia	BeFit24Team	Kraków	0:26:38.43 (07:12min/km)	0:26:50.15	+0:13:00.30
120 - K /45	K50/1	POLEWKA, Beata	UKS Kometa Gliwice	Gliwice	0:27:34.85 (07:27min/km)	0:27:41.07	+0:13:51.22
121 - K /46	K50/2	DYŁĄG, Iwona	G.O.A.T. Team Michałowice		0:27:52.45 (07:32min/km)	0:27:59.47	+0:14:09.62
122 - K /47	K40/13	TRZYNA, Barbara	G.O.A.T. Team Michałowice	Kraków	0:27:52.70 (07:32min/km)	0:27:59.52	+0:14:09.67
123 - M /71	M13/11	NIZIOŁEK, Paweł	BeFit24Team	Kraków	0:28:02.06 (07:34min/km)	0:28:13.34	+0:14:23.49
124 - K /48	K12/8	PRYTKOVA, Aleksandra		Kraków	0:28:15.19 (07:38min/km)	0:28:17.29	+0:14:27.44
125 - K /49	K40/14	ZIELIŃSKA-KACZOR, Katarzyna		Cholerzyn	0:28:19.81 (07:39min/km)	0:28:23.99	+0:14:34.14
126 - K /50	K12/9	KACZOR, Anna		Cholerzyn	0:29:07.49 (07:52min/km)	0:29:11.55	+0:15:21.70
127 - K /51	K40/15	JARMUŻEK, Ewa		Kraków	0:29:08.80 (07:52min/km)	0:29:15.73	+0:15:25.88
128 - M /72	M60/5	MASŁYK, Jan	TIMjmaslyk	Kraków	0:29:15.78 (07:54min/km)	0:29:24.65	+0:15:34.80
129 - K /52	K60/1	MARCHEWKA, Maria		Czernichów	0:29:36.75 (08:00min/km)	0:29:42.67	+0:15:52.82
130 - K /53	K40/16	FILICIAK, Justyna	AZS AWF KRAKÓW MASTERS	Kraków	0:30:31.47 (08:15min/km)	0:30:41.07	+0:16:51.22
131 - M /73	M80/1	GRABKA, Stanisław		Kraków	0:30:51.16 (08:20min/km)	0:30:58.59	+0:17:08.74
132 - K /54	K16/5	PAWŁOWSKA, Anna			0:31:01.68 (08:23min/km)	0:31:09.58	+0:17:19.73
133 - K /55	K13/13	PORĘBSKA, Anita	BeFit24Team	Kraków	0:31:07.12 (08:24min/km)	0:31:17.89	+0:17:28.04
134 - K /56	K60/2	ZIÓŁKO, Jadwiga			0:31:21.46 (08:28min/km)	0:31:21.46	+0:17:31.61
135 - M /74	M70/4	ZIÓŁKO, Jan			0:31:14.40 (08:26min/km)	0:31:21.51	+0:17:31.66
136 - M /75	M30/13	WAŃCZYK, Łukasz	BeFit24Team	Kraków	0:31:10.61 (08:25min/km)	0:31:22.97	+0:17:33.12
137 - K /57	K20/3	KOPEĆ, Magdalena		Kraków	0:31:13.24 (08:26min/km)	0:31:23.26	+0:17:33.41
138 - M /76	M40/19	NIEMIERZYCKI, Maciej		Kraków	0:31:38.86 (08:33min/km)	0:31:43.17	+0:17:53.32
139 - K /58	K40/17	NIEMIERZYCKA, Magdalena		Warszawa	0:34:11.31 (09:14min/km)	0:34:15.55	+0:20:25.70
140 - M /77	M12/14	FILICIAK, Stanisław	AZS AWF KRAKÓW MASTERS	Kraków	0:34:53.78 (09:25min/km)	0:35:03.33	+0:21:13.48
141 - M /78	M90/1	STACHOW, Jan		Kraków	1:02:25.39 (16:52min/km)	1:02:34.80	+0:48:44.95
	K40	KONIECZNY, Justyna		Krynica Zdrój	DNS	DNS	



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NW

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	OPEN-M/1	ORDZOWIAŁY, Piotr	NIWA OSIELEC	OSIELEC	0:21:38.65 (05:50min/km)	0:21:40.65	+0:00:00.00
2 - M/2	OPEN-M/2	MISZTAL, Grzegorz	Pruszyński Sport Team	Sułkowice	0:24:10.64 (06:32min/km)	0:24:13.14	+0:02:32.49
3 - M/3	OPEN-M/3	HAMIK, Rafał	RUNAWAYS	Bieruń	0:25:41.60 (06:56min/km)	0:25:44.24	+0:04:03.59
4 - M/4	OPEN-M/4	PRADUŃ, Michał			0:25:48.21 (06:58min/km)	0:25:51.40	+0:04:10.75
5 - M/5	OPEN-M/5	ELŻBIECIAK, Łukasz	Lux Torpeda Malopolska	Lachowice	0:26:17.39 (07:06min/km)	0:26:19.45	+0:04:38.80
6 - K/1	OPEN-K/1	KNAPCZYK-KANIA, Gabriela		Bieńkówka	0:26:26.32 (07:08min/km)	0:26:28.02	+0:04:47.37
7 - M/6	OPEN-M/6	OLSZAŃSKI, Karol	Pruszyński Sport Team	Kraków	0:26:34.92 (07:11min/km)	0:26:37.25	+0:04:56.60
8 - K/2	OPEN-K/2	ZIMNICKA, Lidia		Michałowice	0:27:30.43 (07:26min/km)	0:27:33.56	+0:05:52.91
9 - K/3	OPEN-K/3	PASIŃSKA-SKOWRON, Sylwia	Pruszyński Sport Team	Szczodrkowice	0:27:55.23 (07:32min/km)	0:27:58.37	+0:06:17.72
10 - M/7	OPEN-M/7	SUDER, Grzegorz		Kraków	0:28:18.07 (07:38min/km)	0:28:22.83	+0:06:42.18
11 - M/8	OPEN-M/8	KRZYWORĄCZKA, Piotr	BMW Biegamy Mimo Wszystko	Kraków	0:28:32.27 (07:42min/km)	0:28:36.06	+0:06:55.41
12 - M/9	OPEN-M/9	PARDYGAŁ, Jan		Kraków	0:28:36.08 (07:43min/km)	0:28:40.99	+0:07:00.34
13 - K/4	OPEN-K/4	POGODA, Agnieszka			0:28:38.49 (07:44min/km)	0:28:41.57	+0:07:00.92
14 - K/5	OPEN-K/5	WOJDOWSKA, Małgorzata		Kraków	0:29:06.28 (07:51min/km)	0:29:09.94	+0:07:29.29
15 - M/10	OPEN-M/10	BALIŚ, Andrzej		Kraków	0:29:13.16 (07:53min/km)	0:29:13.16	+0:07:32.51
16 - M/11	OPEN-M/11	KOWALCZYK, Tadeusz	BMW Biegamy Mimo Wszystko	Kraków	0:29:15.29 (07:54min/km)	0:29:17.72	+0:07:37.07
17 - M/12	OPEN-M/12	TYCZEWSKI, Jacek	Lux Torpeda Malopolska	Gliwice	0:29:41.64 (08:01min/km)	0:29:44.43	+0:08:03.78
18 - K/6	OPEN-K/6	WERCHOWIECKA-PARDYGAŁ, Karolina		Kraków	0:29:39.62 (08:00min/km)	0:29:46.34	+0:08:05.69
19 - K/7	OPEN-K/7	CIURA, Anna	ITMBW Kraków	Kraków	0:29:41.58 (08:01min/km)	0:29:46.67	+0:08:06.02
20 - K/8	OPEN-K/8	TYCZEWSKA, Paulina	Lux Torpeda Malopolska	Kraków	0:30:12.99 (08:10min/km)	0:30:16.52	+0:08:35.87
21 - K/9	OPEN-K/9	DURAS, Izabela		Świątyniki Górne	0:32:37.74 (08:49min/km)	0:32:40.76	+0:11:00.11
22 - K/10	OPEN-K/10	BROSZKIEWICZ, Barbara	DEAF RUNNING TEAM		0:36:12.76 (09:47min/km)	0:36:17.57	+0:14:36.92

23 - K /11	OPEN-K/11	DĄBROWSKA, Małgorzata	G.O.A.T. Team Michałowice		0:36:22.52 (09:49min/km)	0:36:27.24	+0:14:46.59
24 - K /12	OPEN-K/12	WALCZYK, Iwona		Kraków	0:36:21.97 (09:49min/km)	0:36:28.84	+0:14:48.19
25 - K /13	OPEN-K/13	WROTNY-KIKLICA, Magdalena	Samolotowy Team	Kraków	0:36:38.95 (09:54min/km)	0:36:42.56	+0:15:01.91
26 - M /13	OPEN-M/13	MUSIAŁ, Witold	FitVit	Kraków	0:38:25.63 (10:23min/km)	0:38:31.16	+0:16:50.51
27 - M /14	OPEN-M/14	SZARZYŃSKI, Ryszard	DEAF RUNNING TEAM	Kraków	0:39:21.12 (10:38min/km)	0:39:26.43	+0:17:45.78
28 - K /14	OPEN-K/14	KLEIN, Justyna	MisiaqBiega	Kraków	0:39:53.54 (10:46min/km)	0:39:53.54	+0:18:12.89
29 - K /15	OPEN-K/15	PIECZARKOWSKA, Roma		Kraków	0:39:52.94 (10:46min/km)	0:39:58.99	+0:18:18.34
30 - M /15	OPEN-M/15	GIERGUN, Władysław	DEAF RUNNING TEAM	Skawina	0:41:04.16 (11:05min/km)	0:41:11.35	+0:19:30.70
31 - M /16	OPEN-M/16	ZIÓŁKOWSKI, Stanisław	DEAF RUNNING TEAM	Kraków	0:41:05.51 (11:06min/km)	0:41:11.82	+0:19:31.17
32 - K /16	OPEN-K/16	NOWAK, Barbara			0:43:48.69 (11:50min/km)	0:43:54.33	+0:22:13.68



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5,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
	M30	KACZMAREK, Michał	Centrum Zdrowia Biegacza Kraków	Kraków	0:25:20.00 [GPS]	0:25:20.00 [GPS]	
2 - M /1	M16/1	BUDZ, Szymon	KS Murzasichle	Murzasichle	0:25:24.12 (04:27min/km)	0:25:24.67	+0:00:04.67
3 - M /2	M30/1	BONDROW, Krzysztof	23 śląski pułk artylerii	Bolesławiec	0:25:23.98 (04:27min/km)	0:25:24.78	+0:00:04.78
4 - M /3	M30/2	FILICIAK, Michał	AZS AWF KRAKÓW MASTERS	Kraków	0:25:35.47 (04:29min/km)	0:25:35.47	+0:00:15.47
	M40	TARGOSZ, Michał	RUNPROGRESS Team	kraków	0:26:17.00 [GPS]	0:26:17.00 [GPS]	
6 - M /4	M30/3	WIELOSİK, Marcin	Visegrad Maraton Rytro	Kadcza	0:26:20.56 (04:37min/km)	0:26:20.56	+0:01:00.56
7 - M /5	M40/1	ZDZIEBŁO, Marcin	KM PSP Żory	Zory	0:26:35.35 (04:39min/km)	0:26:36.27	+0:01:16.27
8 - K /1	K30/1	PAPROCKA, Urszula	Nowa Huta Team	Kraków	0:27:20.82 (04:47min/km)	0:27:22.22	+0:02:02.22
9 - M /6	M30/4	MARKOWICZ, Szymon		Krosno	0:27:29.47 (04:49min/km)	0:27:29.47	+0:02:09.47
10 - M /7	M30/5	KIJEK, Andrzej		Pogorzycze	0:27:37.00 (04:50min/km)	0:27:37.98	+0:02:17.98
11 - K /2	K40/1	CADER, Agnieszka	Zabierzów Biega	Zabierzów	0:27:38.89 (04:51min/km)	0:27:39.70	+0:02:19.70
12 - M /8	M40/2	KORCZAK, Marcin	JW 4724	Kraków	0:27:42.06 (04:51min/km)	0:27:43.95	+0:02:23.95
13 - M /9	M40/3	OLSZEWSKI, Jarosław	Bimber Squad	Kozy	0:27:49.77 (04:52min/km)	0:27:50.73	+0:02:30.73
14 - M /10	M30/6	PIOTROWSKI, Tomasz	#nastepnykrokteam	Krakow	0:27:56.66 (04:54min/km)	0:27:57.49	+0:02:37.49
15 - M /11	M30/7	NYCZ, Marek	SBG Podbieg Nessi Team	Nowy Targ	0:28:04.47 (04:55min/km)	0:28:04.47	+0:02:44.47
16 - M /12	M30/8	OSIADACZ, Jakub	Trenuj w Krakowie	Kraków	0:28:06.68 (04:55min/km)	0:28:08.13	+0:02:48.13
17 - M /13	M30/9	SKRZYPEK, Krzysztof	Run 4 Fun	Krzeczów	0:28:05.65 (04:55min/km)	0:28:08.22	+0:02:48.22
18 - M /14	M50/1	ZAJĄC, Piotr	Bieniasz Bike Ekpa z Tarnowa	ŁĘKAWICA / TARNÓW	0:28:28.23 (04:59min/km)	0:28:29.45	+0:03:09.45
19 - M /15	M50/2	OPRYSZEK, Bogusław	ITMBW Kraków	Kraków	0:28:58.43 (05:04min/km)	0:28:59.95	+0:03:39.95
20 - M /16	M30/10	JESIOŁOWSKI, Michał	AZS AWF KRAKÓW MASTERS	Zielonki	0:29:00.85 (05:05min/km)	0:29:00.85	+0:03:40.85
21 - K /3	K20/1	ŁODZIŃSKA, Dominika	AZS AWF KRAKÓW MASTERS	Kraków	0:29:06.66 (05:06min/km)	0:29:07.98	+0:03:47.98
22 - M /17	M40/4	GAWIN, Krzysztof	BeFit24Team	Więckowice	0:29:16.06 (05:08min/km)	0:29:17.23	+0:03:57.23
23 - M /18	M30/11	RAFA, Dominik	Ania i Chtopaki	Kraków	0:29:22.64 (05:09min/km)	0:29:25.33	+0:04:05.33

24 - M /19	M30/12	BIELAK, Daniel	Dalin Myślenice	Głogoczów	0:29:23.27 (05:09min/km)	0:29:27.68	+0:04:07.68
25 - M /20	M30/13	WNEK, Marek		Krakow	0:29:43.80 (05:12min/km)	0:29:45.86	+0:04:25.86
26 - M /21	M30/14	JANIK, Sławomir	AZS AWF KRAKÓW MASTERS	KRAKÓW	0:29:52.90 (05:14min/km)	0:29:54.50	+0:04:34.50
27 - M /22	M20/1	POLAKIEWICZ, Krzysztof			0:30:02.73 (05:16min/km)	0:30:06.00	+0:04:46.00
28 - M /23	M40/5	GLEISNER, Tomasz	WOT 113BLP	Tarnów	0:30:07.45 (05:17min/km)	0:30:11.30	+0:04:51.30
29 - M /24	M40/6	GÓRAK, Grzegorz	Biegam bo lubię	Kraków	0:30:25.11 (05:20min/km)	0:30:27.27	+0:05:07.27
30 - M /25	M40/7	KIKLICA, Artur	Samolotowy Team	Kraków	0:30:24.06 (05:20min/km)	0:30:33.82	+0:05:13.82
31 - M /26	M30/15	FURMAŃSKI, Artur	WOT 113BLP	Tarnów	0:30:57.22 (05:25min/km)	0:30:57.22	+0:05:37.22
32 - M /27	M50/3	HUNDT, Tomasz	WKS Wawel BnO		0:31:05.18 (05:27min/km)	0:31:12.77	+0:05:52.77
33 - K /4	K30/2	HAYDER, Kamilia	AZS AWF KRAKÓW MASTERS	Wieliczka	0:31:35.11 (05:32min/km)	0:31:36.24	+0:06:16.24
34 - K /5	K30/3	KOLEGOWICZ, Klaudia	BeFit24Team	kraków	0:31:51.46 (05:35min/km)	0:31:54.00	+0:06:34.00
35 - M /28	M40/8	CZAPCZYŃSKI, Cezary	Niepołomice Biegają		0:31:31.65 (05:31min/km)	0:31:57.83	+0:06:37.83
36 - M /29	M30/16	MYTYCH, Sławomir	#AdamCzerwinskiTeam	Kraków	0:31:54.94 (05:35min/km)	0:31:58.32	+0:06:38.32
37 - M /30	M30/17	BATKOWSKI , Jerzy	Bronowice też Biegają	Giebułtów	0:31:57.33 (05:36min/km)	0:31:58.88	+0:06:38.88
38 - M /31	M40/9	PARDYGAŁ, Tomasz	Trifamily.pl	Kraków	0:31:53.66 (05:35min/km)	0:31:59.11	+0:06:39.11
39 - M /32	M40/10	POTASIEWICZ, Paweł		Kraków	0:31:55.59 (05:36min/km)	0:32:03.84	+0:06:43.84
40 - M /33	M30/18	KOZŁOWSKI , Jakub	Samolotowy Team	Kraków	0:32:04.14 (05:37min/km)	0:32:06.97	+0:06:46.97
41 - M /34	M40/11	MORDARSKI, Michał		Krakow	0:32:03.02 (05:37min/km)	0:32:09.56	+0:06:49.56
42 - M /35	M50/4	WAĆŁAWSKI, Leszek		Zadroże	0:31:58.46 (05:36min/km)	0:32:11.37	+0:06:51.37
43 - M /36	M40/12	DUROŃ, Marcin	Samolotowy Team	Kraków	0:32:08.71 (05:38min/km)	0:32:16.35	+0:06:56.35
44 - K /6	K16/1	JAJECZNICA, Anna	UKS Romer	Rabka Zdrój	0:32:16.47 (05:39min/km)	0:32:16.47	+0:06:56.47
45 - M /37	M50/5	GEDL, Przemysław		Kraków	0:32:14.82 (05:39min/km)	0:32:16.85	+0:06:56.85
46 - M /38	M30/19	CZARNECKI, Grzegorz	G.O.A.T. Team Michałowice	Masłomiąca	0:32:20.46 (05:40min/km)	0:32:22.95	+0:07:02.95
47 - K /7	K30/4	KLASA, Agnieszka		Kraków	0:32:23.36 (05:40min/km)	0:32:24.40	+0:07:04.40
	M50	TOMCZYK, Marcin	AZS AWF KRAKÓW MASTERS	Kraków	0:32:32.00 [GPS]	0:32:32.00 [GPS]	
49 - M /39	M30/20	WIĘCEK, Konrad		Kraków	0:32:54.33 (05:46min/km)	0:32:54.33	+0:07:34.33
50 - M /40	M30/21	PALKA, Krzysztof	Run 4 Fun	Niepołomice	0:32:55.19 (05:46min/km)	0:32:55.19	+0:07:35.19
51 - K /8	K20/2	KASPRZAK, Maria		Kraków	0:33:02.57 (05:47min/km)	0:33:05.25	+0:07:45.25
52 - M /41	M40/13	ZASTAWNY, Tomasz	AZS AWF KRAKÓW MASTERS	Kraków	0:32:58.71 (05:47min/km)	0:33:10.36	+0:07:50.36
53 - M /42	M30/22	SAŁDAN, Grzegorz	AZS AWF KRAKÓW MASTERS	Kraków	0:33:18.77 (05:50min/km)	0:33:18.77	+0:07:58.77
54 - M /43	M30/23	LEWANDOWSKI, Rafał	#MoveAutodesk	Kraków	0:33:24.80 (05:51min/km)	0:33:34.05	+0:08:14.05
55 - M /44	M60/1	GAŁĄZKA, Mieczysław	ITMBW Kraków	Kraków	0:33:20.74 (05:51min/km)	0:33:34.55	+0:08:14.55

56 - M /45	M40/14	SWIECH, Marcin	Elmodis	Krakow	0:33:50.42 (05:56min/km)	0:33:50.42	+0:08:30.42
57 - M /46	M30/24	GĄSKA , Rafał	Boks Zabierzów Centrum Boksu	Kraków	0:33:48.30 (05:55min/km)	0:33:51.45	+0:08:31.45
58 - M /47	M40/15	DĄBROWSKI, Mariusz	G.O.A.T. Team Michałowice	Pielgrzymowice	0:33:45.10 (05:55min/km)	0:33:56.43	+0:08:36.43
59 - M /48	M40/16	MYSIURA, Adam	#AdamCzerwinskiTeam	Chrzanów	0:34:01.22 (05:58min/km)	0:34:01.22	+0:08:41.22
60 - K /9	K16/2	CHROBAK, Agnieszka	SMS BCEiS w Zawoi	Ochotnica Dolna	0:34:04.59 (05:58min/km)	0:34:06.57	+0:08:46.57
61 - K /10	K30/5	GŁOWACKA-PRUS, Dorota	#AdamCzerwinskiTeam	Kraków	0:34:10.38 (05:59min/km)	0:34:10.38	+0:08:50.38
62 - M /49	M30/25	STĘPEK, Paweł		Kraków	0:34:03.30 (05:58min/km)	0:34:16.14	+0:08:56.14
63 - K /11	K16/3	GARLACZ, Anna	BeFit24Team	Żarki	0:34:04.50 (05:58min/km)	0:34:16.82	+0:08:56.82
64 - M /50	M30/26	BURDZIK, Wojciech		Kraków	0:34:28.77 (06:02min/km)	0:34:37.64	+0:09:17.64
65 - M /51	M50/6	PUDEŁEK, Paweł	LKS Górzanka Nawojowa Góra	Bolechowice	0:34:47.03 (06:06min/km)	0:34:52.00	+0:09:32.00
66 - M /52	M40/17	CIASTOŃ, Bartłomiej	Ola&Bartlo	Niepołomice	0:35:04.46 (06:09min/km)	0:35:04.46	+0:09:44.46
67 - M /53	M50/7	MAZUREK, Marcin	AZS AWF KRAKÓW MASTERS	Kraków	0:35:08.16 (06:09min/km)	0:35:08.16	+0:09:48.16
68 - M /54	M40/18	GRABOWSKI, Mariusz	#AdamCzerwinskiTeam	Kraków	0:35:04.26 (06:09min/km)	0:35:14.92	+0:09:54.92
69 - K /12	K40/2	POLAKIEWICZ , Paulina			0:35:08.51 (06:09min/km)	0:35:24.49	+0:10:04.49
70 - M /55	M60/2	NIESSNER, Piotr	WKS Wawel BnO	Kraków	0:35:38.85 (06:15min/km)	0:35:42.90	+0:10:22.90
71 - M /56	M50/8	WYZNAKIEWICZ, Paweł	LKS Górzanka Nawojowa Góra	Kraków	0:35:37.68 (06:15min/km)	0:35:44.78	+0:10:24.78
72 - M /57	M20/2	CAJLER, Adrian			0:35:44.83 (06:16min/km)	0:35:59.68	+0:10:39.68
73 - K /13	K20/3	KLONOWICZ, Patrycja		Kraków	0:35:53.59 (06:17min/km)	0:36:00.77	+0:10:40.77
74 - M /58	M16/2	ZWONEK, Rafał		Kraków	0:35:44.75 (06:16min/km)	0:36:03.36	+0:10:43.36
75 - K /14	K40/3	BARTUŚ, Joanna	G.O.A.T. Team Michałowice	Michałowice	0:36:01.60 (06:19min/km)	0:36:07.76	+0:10:47.76
76 - K /15	K30/6	SADAJ, Anna	Ania i Chłopaki	Kraków	0:36:16.46 (06:21min/km)	0:36:16.46	+0:10:56.46
77 - M /59	M16/3	SŁOCIŃSKI, Krzysztof		Kraków	0:36:25.85 (06:23min/km)	0:36:42.54	+0:11:22.54
78 - M /60	M30/27	KALFAS, Tomasz		Kraków	0:36:28.91 (06:24min/km)	0:36:46.64	+0:11:26.64
79 - M /61	M50/9	ŻEŚLAWSKI, Wojciech	WKS Wawel BnO	Kraków	0:36:49.59 (06:27min/km)	0:36:50.34	+0:11:30.34
80 - K /16	K40/4	PODGORSKA, Magdalena	AZS AWF KRAKÓW MASTERS	KRAKOW	0:36:39.97 (06:25min/km)	0:36:54.20	+0:11:34.20
81 - M /62	M60/3	TRELA, Jacek	AZS AWF KRAKÓW MASTERS	Kraków	0:36:40.90 (06:26min/km)	0:36:54.20	+0:11:34.20
82 - M /63	M30/28	KUBISZ, Filip		Kraków	0:36:49.11 (06:27min/km)	0:37:04.78	+0:11:44.78
83 - M /64	M40/19	CIEŚLA, Tomasz	Samolotowy Team	Raciborowice	0:37:01.18 (06:29min/km)	0:37:09.07	+0:11:49.07
84 - M /65	M40/20	DADAS, Krzysztof	Run 4 Fun	Zagórze	0:37:11.18 (06:31min/km)	0:37:11.18	+0:11:51.18
85 - M /66	M40/21	WALAŚ, Waldemar	WKS Wawel BnO	Kraków	0:37:21.29 (06:33min/km)	0:37:21.29	+0:12:01.29
86 - K /17	K40/5	GAWRON, Kasia	WKS Wawel Kraków		0:36:55.93 (06:28min/km)	0:37:22.69	+0:12:02.69
87 - K /18	K30/7	STASZEK, Anna	AZS AWF KRAKÓW MASTERS	Zielinki	0:37:17.92 (06:32min/km)	0:37:31.82	+0:12:11.82

88 - K /19	K16/4	SEREDA, Daria	WKS Wawel BnO	Kraków	0:37:13.04 (06:31min/km)	0:37:34.02	+0:12:14.02
89 - M /67	M20/3	WIELGAT, Mikołaj	WOT 113BLP	Tarnów	0:37:56.21 (06:39min/km)	0:37:56.21	+0:12:36.21
90 - M /68	M40/22	MAZUR, Michał	G.O.A.T. Team Michałowice	Więclawice Stare	0:37:48.84 (06:38min/km)	0:38:09.89	+0:12:49.89
91 - M /69	M30/29	KOPEĆ, Mariusz		Kraków	0:38:07.63 (06:41min/km)	0:38:16.20	+0:12:56.20
92 - M /70	M40/23	ŁAKOMSKI, Łukasz	rowerowanie.pl	KRAKÓW	0:38:22.47 (06:43min/km)	0:38:22.47	+0:13:02.47
93 - M /71	M40/24	KAMIŃSKI, Janusz	ITMBW Kraków	Kraków	0:38:17.57 (06:43min/km)	0:38:31.17	+0:13:11.17
94 - M /72	M60/4	KRET, Jacek	LKS Górzanka Nawojowa Góra	Krzyszowice	0:38:32.68 (06:45min/km)	0:38:32.68	+0:13:12.68
95 - M /73	M40/25	URYGA, Sławek	WKS Wawel BnO		0:38:46.78 (06:48min/km)	0:38:46.78	+0:13:26.78
96 - M /74	M40/26	WALCZAK, Przemysław	Samolotowy Team	Kraków	0:38:34.47 (06:46min/km)	0:38:52.24	+0:13:32.24
97 - K /20	K40/6	BIELEC, Kinga	G.O.A.T. Team Michałowice	Kraków	0:38:41.72 (06:47min/km)	0:38:52.86	+0:13:32.86
98 - K /21	K50/1	WARDAK, Anna		kraków	0:38:48.54 (06:48min/km)	0:38:59.58	+0:13:39.58
99 - M /75	M30/30	GAŻA, Łukasz		Owczary	0:38:43.55 (06:47min/km)	0:39:05.39	+0:13:45.39
100 - M /76	M16/4	WOLIŃSKI, Damian	Zespół szkół Im. Ojca Świętego Jana Pawła II w Niepołomicach		0:39:10.06 (06:52min/km)	0:39:10.06	+0:13:50.06
101 - M /77	M30/31	PIENIAŻEK, Damian		Kraków	0:39:17.06 (06:53min/km)	0:39:32.44	+0:14:12.44
102 - K /22	K30/8	JUSZCZYK, Paulina	Niepołomice Biegają	Kraków	0:39:12.64 (06:52min/km)	0:39:36.79	+0:14:16.79
103 - M /78	M60/5	KRYJOMSKI, Jerzy	KS Kościelec Chrzanów	Chrzanów	0:38:04.92 (06:40min/km)	0:39:37.32	+0:14:17.32
104 - K /23	K30/9	DANEL, Magdalena	Nowa Huta Team	Kraków	0:39:25.89 (06:55min/km)	0:39:44.24	+0:14:24.24
105 - K /24	K30/10	GRABARCZUK, Justyna	G.O.A.T. Team Michałowice	Wegrzce	0:39:32.12 (06:56min/km)	0:39:45.35	+0:14:25.35
106 - K /25	K30/11	SEWERYN, Kinga	Unlimited Sport 2.0	Kraków	0:40:02.48 (07:01min/km)	0:40:16.34	+0:14:56.34
107 - M /79	M40/27	JAJECZNICA, Łukasz	podgórz	Rabka Zdrój	0:40:22.65 (07:05min/km)	0:40:32.41	+0:15:12.41
108 - K /26	K50/2	LIPIŃSKA, Marta	WOT 113BLP	Zbylitowska Góra	0:40:35.88 (07:07min/km)	0:40:35.88	+0:15:15.88
109 - M /80	M30/32	TOPA, Michał		Kraków	0:40:37.86 (07:07min/km)	0:40:43.02	+0:15:23.02
110 - M /81	M40/28	GROMNY, Konrad		Krakow	0:40:12.82 (07:03min/km)	0:40:45.23	+0:15:25.23
111 - M /82	M16/5	MIZERA, Radosław			0:40:46.22 (07:09min/km)	0:40:46.72	+0:15:26.72
112 - K /27	K16/5	DZIEDZIC, Aleksandra		Kraków	0:40:43.97 (07:08min/km)	0:40:49.15	+0:15:29.15
113 - K /28	K30/12	SZCZEPAŃSKA, Edyta	Barska 4	Kraków	0:40:38.97 (07:07min/km)	0:40:58.11	+0:15:38.11
114 - K /29	K30/13	WOJAS, Justyna	Niepołomice Biegają	Niepołomice	0:40:37.38 (07:07min/km)	0:41:03.88	+0:15:43.88
115 - K /30	K20/4	DUDEK, Dąbrowka	WOT 113BLP	Kraków	0:40:55.74 (07:10min/km)	0:41:23.54	+0:16:03.54
116 - M /83	M60/6	SZCZĘŚNIAK, Janusz	BeFit24Team	Kraków	0:41:07.32 (07:12min/km)	0:41:24.67	+0:16:04.67
117 - M /84	M40/29	SZAJEWSKI, Arkadiusz	o tak ło	Kraków	0:41:17.85 (07:14min/km)	0:41:50.06	+0:16:30.06
118 - K /31	K30/14	AUGUSTYN, Sara	Heineken Kraków Running Club	Kraków	0:41:22.52 (07:15min/km)	0:41:51.62	+0:16:31.62
119 - K /32	K30/15	KWASNY, Monika	Samolotowy Team	Krakow	0:41:27.35 (07:16min/km)	0:41:54.91	+0:16:34.91

120 - K /33	K40/7	SŁOCIŃSKA, Magdalena		Kraków	0:41:40.24 (07:18min/km)	0:41:56.39	+0:16:36.39
121 - M /85	M40/30	MIKOŁAJEWSKI, Marcin	Jedno błoto, Jedna krew	Wola Batorska	0:41:35.90 (07:17min/km)	0:41:59.42	+0:16:39.42
122 - M /86	M40/31	SUDIA, Krzysztof	Jedno błoto, Jedna krew	Oświęcim	0:41:35.70 (07:17min/km)	0:41:59.49	+0:16:39.49
123 - M /87	M30/33	GINESTE, Guilhem	Jedno błoto, Jedna krew	Cracovie	0:41:59.62 (07:22min/km)	0:41:59.62	+0:16:39.62
124 - M /88	M50/10	STANEK, Rafał	Zabierzów Biega	Karniowice	0:42:02.45 (07:22min/km)	0:42:09.84	+0:16:49.84
125 - K /34	K40/8	PANKIEWICZ, Aleksandra	Samolotowy Team	Kraków	0:41:48.58 (07:20min/km)	0:42:15.93	+0:16:55.93
126 - M /89	M60/7	PIĄTEK, Stanisław	ITMBW Kraków	Kraków	0:42:12.85 (07:24min/km)	0:42:21.30	+0:17:01.30
127 - K /35	K40/9	MICHALIK, Magdalena	IP GBSC Active Crew	Kraków	0:41:57.60 (07:21min/km)	0:42:21.94	+0:17:01.94
128 - M /90	M40/32	NOSAL, Norbert	Samolotowy Team	Kokotów	0:42:00.43 (07:22min/km)	0:42:27.58	+0:17:07.58
129 - K /36	K40/10	KNAPCZYK-KANIA, Gabriela			0:42:09.82 (07:23min/km)	0:42:31.47	+0:17:11.47
130 - M /91	M60/8	PRZELASKOWSKI, Krzysztof		Krakow	0:42:39.46 (07:29min/km)	0:42:43.51	+0:17:23.51
131 - M /92	M70/1	NOWOTNY , Marian	Niepołomice Biegają	Damienice	0:42:29.85 (07:27min/km)	0:42:56.54	+0:17:36.54
132 - M /93	M30/34	PADYKUŁA, Wojciech	GGs TEAM		0:42:28.57 (07:27min/km)	0:42:58.73	+0:17:38.73
133 - M /94	M40/33	SEREDA, Oleksii	WKS Wawel BnO	Kraków	0:42:42.87 (07:29min/km)	0:43:03.92	+0:17:43.92
134 - M /95	M30/35	CIEŚLIK, Jakub		Kraków	0:42:37.52 (07:28min/km)	0:43:06.57	+0:17:46.57
135 - M /96	M70/2	CEKIERA, Antoni	combex	Kraków	0:42:39.96 (07:29min/km)	0:43:12.18	+0:17:52.18
136 - M /97	M40/34	JENSZ-STAWOWCZYK, Sebastian			0:42:50.62 (07:30min/km)	0:43:12.73	+0:17:52.73
137 - K /37	K30/16	ZARĘBSKA, Ewa		Kraków	0:43:23.11 (07:36min/km)	0:43:23.11	+0:18:03.11
138 - M /98	M40/35	ROZMUS, Grzegorz	MSM	Krzyszowice	0:43:10.13 (07:34min/km)	0:43:31.70	+0:18:11.70
139 - M /99	M40/36	WOSZCZYŃSKI , Paweł	Remusbiega	Luborzycza	0:43:23.34 (07:36min/km)	0:43:46.37	+0:18:26.37
140 - K /38	K40/11	GROMNA, Ola		Kraków	0:43:50.52 (07:41min/km)	0:43:50.52	+0:18:30.52
141 - K /39	K16/6	GROMNA, Hanna		Kraków	0:43:51.01 (07:41min/km)	0:43:51.01	+0:18:31.01
142 - M /100	M40/37	OKRUTA, Michał	WOT 112 Mblp Oświęcim	Oświęcim	0:43:24.00 (07:36min/km)	0:43:51.18	+0:18:31.18
	K50	OLEJNIK, Monika	Big5		0:43:55.00 [GPS]	0:43:55.00 [GPS]	
144 - K /40	K50/3	DOLAŚ, Danuta	Rebellion of Free Runners	Kraków	0:43:33.48 (07:38min/km)	0:43:58.58	+0:18:38.58
145 - M /101	M30/36	WRÓBLEWSKI, Maciej		Kraków	0:43:34.89 (07:38min/km)	0:44:01.02	+0:18:41.02
146 - K /41	K50/4	STERNAK, Anna		Kraków	0:43:56.65 (07:42min/km)	0:44:16.36	+0:18:56.36
147 - M /102	M30/37	HUSIATYNSKI, Maciej		Krakow	0:44:00.36 (07:43min/km)	0:44:19.74	+0:18:59.74

148 - M /103	M40/38	BOROWY, Adam	Borówki Team	Kraków	0:44:13.96 (07:45min/km)	0:44:30.85	+0:19:10.85
149 - M /104	M50/11	FORYTEK, Józef	WKS Wawel BnO	Kraków	0:44:29.35 (07:48min/km)	0:44:37.65	+0:19:17.65
150 - K /42	K40/12	KIEŁT, Katarzyna	#AdamCzerwinskiTeam	Kraków	0:44:23.82 (07:47min/km)	0:44:42.74	+0:19:22.74
151 - M /105	M20/4	MIKA, Maciej	TriWise	Kraków	0:44:36.35 (07:49min/km)	0:45:04.57	+0:19:44.57
152 - M /106	M30/38	BIELATOWICZ, Amadeusz	Mapa W Kieszeni - Blog	Dębica/Kraków	0:45:05.39 (07:54min/km)	0:45:05.39	+0:19:45.39
153 - M /107	M40/39	STUKUS, Mirosław	Jedno błoto, Jedna krew	Złotoryja :-)	0:44:55.50 (07:52min/km)	0:45:18.83	+0:19:58.83
154 - M /108	M30/39	KUTYBA, Marek	ITMBW Kraków	Kraków	0:45:15.10 (07:56min/km)	0:45:29.89	+0:20:09.89
155 - K /43	K30/17	GZYL, Justyna	G.O.A.T. Team Michałowice	Michałowice	0:45:33.36 (07:59min/km)	0:45:46.26	+0:20:26.26
156 - K /44	K20/5	SURDYKA, Edyta	AZS AWF KRAKÓW MASTERS	Kraków	0:45:54.41 (08:03min/km)	0:45:54.41	+0:20:34.41
157 - K /45	K40/13	BARTOSIEWICZ, Małgorzata		CHOLERZYN	0:46:13.89 (08:06min/km)	0:46:13.89	+0:20:53.89
158 - K /46	K20/6	SOBEL, Natalia			0:44:49.18 (07:51min/km)	0:46:21.16	+0:21:01.16
159 - K /47	K20/7	KURTYKA, Joanna			0:46:54.57 (08:13min/km)	0:47:10.70	+0:21:50.70
160 - M /109	M30/40	MOCNY, Michał	OPP Kraków	Kraków	0:47:26.42 (08:19min/km)	0:47:26.42	+0:22:06.42
161 - K /48	K40/14	GURGUL, Dorota	Aromat Nóg	Kraków	0:47:26.41 (08:19min/km)	0:47:35.71	+0:22:15.71
162 - K /49	K40/15	DĄBROWSKA, Katarzyna	G.O.A.T. Team Michałowice	Pielgrzymowice	0:47:45.89 (08:22min/km)	0:47:57.80	+0:22:37.80
163 - M /110	M30/41	WOJAKOWSKI, Piotr	Beer Bros Runners	Jarosław	0:48:38.19 (08:31min/km)	0:48:38.19	+0:23:18.19
164 - K /50	K30/18	PRZEŹDZIECKA, Karolina	GGs TEAM		0:48:10.77 (08:27min/km)	0:48:40.83	+0:23:20.83
165 - M /111	M60/9	MARCINEK, Wojciech	Trailrun	Kraków	0:48:11.11 (08:27min/km)	0:48:42.87	+0:23:22.87
166 - K /51	K40/16	JENSZ-STAWOWCZYK, Agnieszka			0:48:50.18 (08:34min/km)	0:49:12.18	+0:23:52.18
167 - K /52	K40/17	WASILEWSKA, Agnieszka	Aromat Nóg	Krakow	0:49:17.27 (08:38min/km)	0:49:26.71	+0:24:06.71
168 - K /53	K40/18	PORADA, Ewa		KRAKÓW	0:49:15.49 (08:38min/km)	0:49:30.90	+0:24:10.90
169 - M /112	M40/40	GRZYWNA, Piotr		Kraków	0:47:18.69 (08:18min/km)	0:50:06.29	+0:24:46.29
170 - K /54	K20/8	MIŚTAK, Katarzyna		Bielsko-Biała	0:50:09.18 (08:47min/km)	0:50:09.18	+0:24:49.18
171 - K /55	K30/19	HRYNCZYSZYN-WITEK, Olga		Burów	0:49:58.64 (08:46min/km)	0:50:23.16	+0:25:03.16

172 - M /113	M40/41	LATOS, Paweł		Kraków	0:50:19.21 (08:49min/km)	0:50:30.17	+0:25:10.17
173 - K /56	K40/19	SUPERSON-RADECKA, Agata		Kraków	0:50:37.54 (08:52min/km)	0:50:53.13	+0:25:33.13
174 - K /57	K50/5	JAGIEŁA-KURTYKA, Renata		radwanowice	0:51:56.90 (09:06min/km)	0:52:12.22	+0:26:52.22
175 - K /58	K40/20	BUGAJSKA , Katarzyna		Kraków	0:51:41.28 (09:04min/km)	0:52:14.87	+0:26:54.87
176 - K /59	K16/7	ADAMCZUK, Małgorzata		Węgrzce	0:52:02.88 (09:07min/km)	0:52:29.98	+0:27:09.98
177 - K /60	K20/9	SZAREK, Kinga		Kraków	0:53:16.95 (09:20min/km)	0:53:25.71	+0:28:05.71
178 - M /114	M30/42	BOICHENIUK, Andrii		Kraków	0:54:03.59 (09:29min/km)	0:54:35.47	+0:29:15.47
179 - K /61	K60/1	BALCER-DEJWOREK , Jadwiga		Miechów	0:55:39.21 (09:45min/km)	0:55:56.06	+0:30:36.06
180 - M /115	M20/5	KURZAWA, Konrad		Kraków	0:55:33.67 (09:44min/km)	0:56:04.01	+0:30:44.01
181 - K /62	K30/20	REJDYCH, Daria	Lazy Bones	Kraków	0:57:24.22 (10:04min/km)	0:57:24.22	+0:32:04.22
182 - K /63	K60/2	KŁOSIŃSKA, Katarzyna	DEAF RUNNING TEAM	Myślenice	0:59:17.80 (10:24min/km)	0:59:30.30	+0:34:10.30
	K20	RYCZEK, Karolina		Rudawa	1:00:02.00 [GPS]	1:00:02.00 [GPS]	
184 - K /64	K20/10	DORYWALSKA, Joanna		Kraków	1:00:36.17 (10:37min/km)	1:01:05.86	+0:35:45.86
185 - K /65	K30/21	ŁABNO, Magdalena		Kraków	1:05:56.40 (11:34min/km)	1:06:27.86	+0:41:07.86
186 - M /116	M60/10	TOBIASZ, Wiesław	Elster	Kraków	1:14:07.36 (13:00min/km)	1:14:07.36	+0:48:47.36
	K50	LAMPARSKA , Iwona	WKS Wawel Kraków	Zielonki	DNS	DNS	
	M40	KRZEMIEN, Marek		Kraków	DNS	DNS	
	M30	PATURA, Kamil		Proszowice	DNS	DNS	
	K40	GALUBA, Monika		Wieliczka	DNS	DNS	
	M30	GŁĄBIŃSKI, Piotr	#AdamCzerwinskiTeam	Kraków	DNS	DNS	
	M30	BUKSA, Tomasz	11 MBOT	Raba Wyżna	DNS	DNS	
	M30	BIGAŚ, Marcin	-	Tarnów	DNS	DNS	
	M40	JAMIOŁ, Michał		Kielce	DNS	DNS	
	M40	JUREK, Mariusz		Pierzchów	DNS	DNS	
	M40	KLICH, Rafał		Sobolów	DNS	DNS	
	M40	PIEZONKA, Rafał	WOT 113BLP	Tarnów	DNS	DNS	
	M40	SĘDYKA, Daniel	RCI Kraków	Wieliczka	DNS	DNS	
	M30	SWAT, Paweł	Orkiestra Wojskowa w Krakowie	Kraków	DNS	DNS	

M40	ŚWIDNIEWICZ, Paweł		Kraków	DNS	DNS
M40	WIEK, Kazimierz	RCI Kraków	Kraków	DNS	DNS
K30	ZAMORA-REMBIASZ, Katarzyna	11 MBOT	Kraków	DNS	DNS
M40	REGIN, Zbigniew		Kraków	DNS	DNS
M50	RZAŚA, Paweł		kraków	DNS	DNS
M30	REMBIASZ, Dariusz		Kraków	DNS	DNS
K30	JAMIOŁ, Anna		Kielce	DNS	DNS
M40	CHOMICZ, Krzysztof	16 bpd	Kraków	DNS	DNS



Grand Prix Krakowa w Biegach Górskich 2023/2024 - R1

Kraków, 2023-11-04 - Wyniki

11,6km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M40/1	KOCZWARA, Tomasz	Centrum Zdrowia Biegacza Kraków	Radomysl Wielki	0:49:36.46 (04:16min/km)	0:49:36.46	+0:00:00.00
2 - M/2	M30/1	DZIERWA, Marcin	Nowa Huta Team	Kraków	0:50:29.56 (04:21min/km)	0:50:30.79	+0:00:54.33
3 - M/3	M30/2	BORYCZKA, Mateusz	FitPark Team	Kraków	0:52:21.09 (04:30min/km)	0:52:21.74	+0:02:45.28
4 - M/4	M20/1	PRADZIAD, Andrzej	KS Murzasichle	Murzasichle	0:53:18.17 (04:35min/km)	0:53:18.17	+0:03:41.71
5 - M/5	M20/2	TRYVASHKEVICH, Yauhen	BeFit24Team	Krakow	0:53:26.53 (04:36min/km)	0:53:27.77	+0:03:51.31
6 - M/6	M30/3	KOZIOŁ, Kamil	G.O.A.T. Team Michałowice	Michałowice	0:53:28.64 (04:36min/km)	0:53:31.07	+0:03:54.61
7 - M/7	M40/2	MIKA, Artur	Miki Team	Kraków	0:54:03.80 (04:39min/km)	0:54:03.80	+0:04:27.34
8 - M/8	M40/3	PIETRZYK, Mariusz		Kraków	0:54:23.41 (04:41min/km)	0:54:25.24	+0:04:48.78
9 - M/9	M30/4	SOWA, Wojciech	Czarnecki Run Team		0:55:04.26 (04:44min/km)	0:55:06.96	+0:05:30.50
10 - M/10	M20/3	ŚCIESZKA, Piotr		Kraków	0:55:15.70 (04:45min/km)	0:55:15.70	+0:05:39.24
11 - M/11	M40/4	HALLIER, Julien	#lescoqsrunters	Kraków	0:55:22.77 (04:46min/km)	0:55:22.77	+0:05:46.31
12 - M/12	M40/5	TARGOSZ, Michał	RUNPROGRESS Team		0:55:23.15 (04:46min/km)	0:55:23.15	+0:05:46.69
13 - M/13	M40/6	BUCZYŃSKI, Adam	Nokia Kraków	Kraków	0:55:42.19 (04:48min/km)	0:55:44.55	+0:06:08.09
14 - M/14	M40/7	KIEŁT, Andrzej	#AdamCzerwinskiTeam	Kraków	0:56:05.75 (04:50min/km)	0:56:09.18	+0:06:32.72
15 - M/15	M30/5	KOWALCZYK, Tomasz	16bpd	Kraków	0:56:17.45 (04:51min/km)	0:56:19.36	+0:06:42.90
16 - M/16	M50/1	ADAMEK, Dariusz	#AdamCzerwinskiTeam	Kraków	0:56:19.22 (04:51min/km)	0:56:22.21	+0:06:45.75
17 - M/17	M20/4	POKRYWKA, Robert			0:56:29.94 (04:52min/km)	0:56:35.41	+0:06:58.95
18 - M/18	M30/6	SKIBA, Maciej	Kingrunner ULTRA	Krynica Zdrój	0:56:54.98 (04:54min/km)	0:56:59.36	+0:07:22.90
19 - M/19	M50/2	TRENER, Dariusz		Kraków	0:57:01.25 (04:54min/km)	0:57:01.25	+0:07:24.79
20 - M/20	M40/8	DWORNIK, Maciek	Warczące Szprychy	Kraków	0:56:57.74 (04:54min/km)	0:57:06.50	+0:07:30.04
	M40	GAWIN, Krzysztof	BeFit24Team	Więckowice	0:57:20.00 [GPS]	0:57:20.00 [GPS]	
22 - M/21	M20/5	LIŚKIEWICZ, Hubert	My Endurance Coaching	Michałów	0:57:26.49 (04:57min/km)	0:57:30.95	+0:07:54.49
23 - M/22	M40/9	BORSZOWSKI, Zbigniew	Zabierzów Biega	Łazy	0:57:46.18 (04:58min/km)	0:57:48.14	+0:08:11.68
24 - M/23	M20/6	PUCUŁA, Mateusz		Chrzanów	0:57:53.10 (04:59min/km)	0:57:55.35	+0:08:18.89

25 - M /24	M30/7	TKACZYK, Szymon	Samolotowy Team	Kraków	0:58:03.86 (05:00min/km)	0:58:03.86	+0:08:27.40
26 - M /25	M40/10	BUL, Dominik	PDK	Kraków	0:58:22.99 (05:01min/km)	0:58:27.48	+0:08:51.02
27 - M /26	M50/3	FRANCUZ, Konrad	Vege Runners	MOGILANY	0:58:30.74 (05:02min/km)	0:58:35.23	+0:08:58.77
28 - M /27	M30/8	WILCZEK, Jakub	WM TRISELF	Kraków	0:58:33.23 (05:02min/km)	0:58:53.83	+0:09:17.37
29 - M /28	M30/9	SKOTNICZNY, Jakub	WINE&more	Kraków	0:58:53.49 (05:04min/km)	0:58:56.50	+0:09:20.04
30 - M /29	M30/10	SZYBILSKI, Daniel	DareDevils Triathlon Team	Michałowice	0:58:53.96 (05:04min/km)	0:58:57.60	+0:09:21.14
31 - M /30	M30/11	POPIEL, Andrzej	popsmart.pl	Kraków	0:59:04.81 (05:05min/km)	0:59:04.81	+0:09:28.35
32 - M /31	M40/11	JANCZEWSKI, Marek		Wieliczka	0:58:56.26 (05:04min/km)	0:59:09.02	+0:09:32.56
33 - M /32	M50/4	ZADARNOWSKI, Dariusz	SBG Podbieg Nessi Team		0:59:26.66 (05:07min/km)	0:59:26.66	+0:09:50.20
34 - M /33	M40/12	ZABEL, Robert	WKS Wawel	Poznań	1:00:10.89 (05:11min/km)	1:00:10.89	+0:10:34.43
35 - M /34	M40/13	KUPIEC, Marcin	Run 4 Fun	Kłaj	1:00:12.37 (05:11min/km)	1:00:15.29	+0:10:38.83
36 - M /35	M40/14	TYNIEC, Marek		Kraków	1:00:21.73 (05:12min/km)	1:00:27.43	+0:10:50.97
37 - M /36	M40/15	NIEDŹWIADEK, Piotr	#AdamCzerwinskiTeam	Kraków	1:00:15.85 (05:11min/km)	1:00:28.11	+0:10:51.65
38 - M /37	M30/12	CIERPIAŁEK, Jakub	#AdamCzerwinskiTeam	Wadowice	1:01:01.35 (05:15min/km)	1:01:04.45	+0:11:27.99
39 - M /38	M30/13	ŚLĘZAK, Bartosz			1:01:25.04 (05:17min/km)	1:01:25.04	+0:11:48.58
40 - K /1	K20/1	BYRSKA, Sylwia	WM TRISELF	Wadowice	1:01:32.15 (05:18min/km)	1:01:33.70	+0:11:57.24
41 - M /39	M40/16	CZAPLAK, Tomasz		Łuczyce	1:01:30.39 (05:18min/km)	1:01:36.82	+0:12:00.36
42 - M /40	M30/14	LEMPART, Kacper	SD Team	Kraków	1:01:34.60 (05:18min/km)	1:01:37.01	+0:12:00.55
43 - M /41	M20/7	CHOJECKI, Radosław	BKB Czarna Perła	Kraków	1:01:49.37 (05:19min/km)	1:01:49.37	+0:12:12.91
44 - M /42	M30/15	MICHALSKI, Szymon	Runonline.pl Team	Kraków	1:01:45.75 (05:19min/km)	1:02:02.91	+0:12:26.45
45 - M /43	M30/16	PAWLICA, Jacek	WM TRISELF	Skawina	1:02:22.73 (05:22min/km)	1:02:30.57	+0:12:54.11
46 - K /2	K40/1	LUTY-LEGUTKO, Anna	#AdamCzerwinskiTeam		1:02:29.96 (05:23min/km)	1:02:33.06	+0:12:56.60
47 - M /44	M20/8	KRZANOWSKI, Jan		Kraków	1:02:28.11 (05:23min/km)	1:02:36.45	+0:12:59.99
48 - M /45	M30/17	KMITA, Krzysztof		Kraków	1:02:27.75 (05:23min/km)	1:02:37.73	+0:13:01.27
49 - M /46	M30/18	ZAWACKI, Marcin		Kraków	1:02:29.22 (05:23min/km)	1:02:49.15	+0:13:12.69
50 - M /47	M20/9	ROBIN, Antoine		KRAKÓW	1:02:50.51 (05:25min/km)	1:02:50.51	+0:13:14.05
51 - M /48	M30/19	FREJ, Bogumił	*****	Kraków	1:02:41.69 (05:24min/km)	1:02:53.44	+0:13:16.98
52 - M /49	M20/10	PIETEK, Jakub		Kraków	1:02:54.57 (05:25min/km)	1:02:54.57	+0:13:18.11
53 - M /50	M30/20	GUZIK, Łukasz	Go Aktiv!	Łysokanie	1:02:47.91 (05:24min/km)	1:02:54.97	+0:13:18.51
54 - M /51	M50/5	CZERWIŃSKI, Rafał		Suchy Las	1:02:57.60 (05:25min/km)	1:02:57.60	+0:13:21.14
55 - M /52	M40/17	BUJOCZEK, Leszek	AZS AWF KRAKÓW MASTERS	Kraków	1:02:57.99 (05:25min/km)	1:02:57.99	+0:13:21.53
56 - M /53	M30/21	SOSIŃSKI, Michał		Kraków	1:03:05.94 (05:26min/km)	1:03:05.94	+0:13:29.48

57 - M /54	M30/22	ŚLIWA, Grzegorz	AZS AWF KRAKÓW MASTERS	Kraków	1:03:07.75 (05:26min/km)	1:03:11.48	+0:13:35.02
58 - M /55	M40/18	BOJES, Bartek	Triwise	Kraków	1:03:11.27 (05:26min/km)	1:03:19.20	+0:13:42.74
59 - M /56	M20/11	SZYMACHA, Maciej		Wieliczka	1:03:15.49 (05:27min/km)	1:03:22.20	+0:13:45.74
60 - M /57	M30/23	JOŃCZYK, Jakub		Kraków	1:03:13.58 (05:27min/km)	1:03:22.77	+0:13:46.31
61 - M /58	M40/19	KASZOWSKI, Marcin	UKS Kometa Gliwice	Gliwice	1:03:05.09 (05:26min/km)	1:03:23.20	+0:13:46.74
62 - M /59	M40/20	STARZEC, Adam	Samolotowy Team	Kraków	1:03:28.20 (05:28min/km)	1:03:28.20	+0:13:51.74
63 - M /60	M40/21	MORDAK, Artur	Medius Runners	Zelków	1:03:26.13 (05:28min/km)	1:03:40.55	+0:14:04.09
64 - M /61	M50/6	SIWIECKI, Tomasz		Tomaszowice	1:03:36.64 (05:29min/km)	1:03:43.10	+0:14:06.64
65 - M /62	M30/24	ŁYPIK, Jakub	ITMBW Kraków	Kraków	1:03:53.73 (05:30min/km)	1:03:53.73	+0:14:17.27
66 - M /63	M30/25	CHWALIK, Adrian	Samolotowy Team	Kraków	1:03:47.22 (05:29min/km)	1:03:55.59	+0:14:19.13
67 - K /3	K40/2	PŁAZIAK-KOWALSKA, Magdalena	2K	Libertów	1:03:55.04 (05:30min/km)	1:03:58.80	+0:14:22.34
68 - M /64	M40/22	KRZEŚNIAK, Karol	G.O.A.T. Team Michałowice	Zagórzycze Dworskie	1:03:55.19 (05:30min/km)	1:04:03.68	+0:14:27.22
69 - M /65	M40/23	SŁOWIKOWSKI, Paweł	ITMBW Kraków	Kraków	1:04:00.70 (05:31min/km)	1:04:04.38	+0:14:27.92
70 - M /66	M50/7	KUNZ, Tomasz		Kraków	1:04:00.64 (05:31min/km)	1:04:10.91	+0:14:34.45
	M40	DUROŃ, Marcin	Samolotowy Team	Kraków	1:04:18.00 [GPS]	1:04:18.00 [GPS]	
72 - M /67	M20/12	ZELEK, Bartłomiej		Laskowa	1:04:15.22 (05:32min/km)	1:04:23.61	+0:14:47.15
73 - K /4	K30/1	SOBCZYK, Barbara		Kraków	1:04:23.21 (05:33min/km)	1:04:24.65	+0:14:48.19
74 - M /68	M30/26	CZARNECKI, Grzegorz	G.O.A.T. Team Michałowice	Masłomiąca	1:04:35.00 (05:34min/km)	1:04:35.00	+0:14:58.54
75 - M /69	M30/27	KOWALSKI, Michał	POLKAS TriWise	Kraków	1:04:37.51 (05:34min/km)	1:04:43.15	+0:15:06.69
76 - M /70	M30/28	KINDLER, Maciej			1:04:32.67 (05:33min/km)	1:04:46.40	+0:15:09.94
77 - M /71	M40/24	WŁOSTOWSKI, Marek	Vege Runners	Kraków	1:05:00.33 (05:36min/km)	1:05:07.15	+0:15:30.69
78 - M /72	M40/25	GARSTECKI, Michał	WM TRISELF	Kraków	1:05:21.84 (05:38min/km)	1:05:29.67	+0:15:53.21
79 - M /73	M30/29	KOWALSKI, Adam	G.O.A.T. Team Michałowice	Węgrzce	1:05:36.06 (05:39min/km)	1:05:36.06	+0:15:59.60
80 - M /74	M40/26	STASZEK, Łukasz	Samolotowy Team	Krakow	1:05:35.12 (05:39min/km)	1:05:43.08	+0:16:06.62
81 - M /75	M50/8	PIASECKI, Rafał	TriWise	Wieliczka	1:05:33.51 (05:39min/km)	1:05:46.01	+0:16:09.55
82 - M /76	M40/27	SZLEMP, Paweł	Samolotowy Team	Krakow	1:05:50.77 (05:40min/km)	1:05:58.86	+0:16:22.40
83 - M /77	M40/28	POLAKIEWICZ, Dariusz		Trzyciąż	1:05:56.69 (05:41min/km)	1:06:01.20	+0:16:24.74
84 - M /78	M40/29	GALOS, Adam	BeFit24Team	Kraków	1:06:00.68 (05:41min/km)	1:06:05.15	+0:16:28.69
85 - M /79	M40/30	KACZOR, Pawel	Cholerzyn RUN	Liszki	1:06:08.65 (05:42min/km)	1:06:08.65	+0:16:32.19
86 - M /80	M30/30	ŻUREK, Michał	OCR TEAM BYDLAKI	Wieliczka	1:06:16.62 (05:42min/km)	1:06:16.62	+0:16:40.16
87 - M /81	M20/13	WIĘCEK, Piotr		Stopnice	1:06:23.06 (05:43min/km)	1:06:31.58	+0:16:55.12

88 - M /82	M50/9	TOMCZYK, Marcin	AZS AWF KRAKÓW MASTERS	Kraków	1:06:19.88 (05:43min/km)	1:06:31.69	+0:16:55.23
89 - M /83	M20/14	MAJ, Patryk	AZS AWF KRAKÓW MASTERS	Kraków	1:06:27.83 (05:43min/km)	1:06:39.57	+0:17:03.11
90 - K /5	K30/2	DOBRZAŃSKA, Marta	AZS AWF KRAKÓW MASTERS	Kraków	1:06:35.22 (05:44min/km)	1:06:46.11	+0:17:09.65
91 - M /84	M30/31	REJDYCH, Tomasz	Koniu Squad	Kraków	1:06:57.49 (05:46min/km)	1:07:03.29	+0:17:26.83
92 - M /85	M30/32	GURGUL, Mateusz	Aromat Nóg	Kraków	1:07:04.21 (05:46min/km)	1:07:12.85	+0:17:36.39
93 - K /6	K30/3	ŁUSZCZAK, Anna	Lemon Team	Kraków	1:07:20.74 (05:48min/km)	1:07:27.65	+0:17:51.19
94 - M /86	M40/31	PRZYBYŁOWSKI, Piotr		Kraków	1:07:14.70 (05:47min/km)	1:07:28.04	+0:17:51.58
95 - M /87	M40/32	DOMIN, Tomasz	Bronowice też Biegają	Krakow	1:07:14.28 (05:47min/km)	1:07:31.44	+0:17:54.98
96 - M /88	M30/33	CORRE, Benoit	Go Aptiv!	Krakow	1:07:38.01 (05:49min/km)	1:07:38.01	+0:18:01.55
97 - M /89	M30/34	BARADZIEJ, Jakub		Kraków	1:07:42.08 (05:50min/km)	1:07:48.75	+0:18:12.29
98 - M /90	M30/35	SOBULA, Karol	Z Gorki	Kraków	1:07:44.56 (05:50min/km)	1:07:51.65	+0:18:15.19
99 - M /91	M40/33	WIERZBICKI, Piotr	Goń się!	Kraków	1:07:29.51 (05:49min/km)	1:07:55.24	+0:18:18.78
100 - M /92	M20/15	MARCINEK , Tomasz			1:07:56.03 (05:51min/km)	1:07:56.03	+0:18:19.57
101 - M /93	M60/1	SZUMIEC , Andrzej	Lacho Team	Kraków	1:08:01.93 (05:51min/km)	1:08:04.99	+0:18:28.53
102 - M /94	M40/34	WÓJCIK, Grzegorz	WKS Wawel BnO	Kraków	1:08:01.48 (05:51min/km)	1:08:09.11	+0:18:32.65
103 - K /7	K30/4	KACZMAREK, Angelika	Centrum Zdrowia Biegacza Kraków	Kraków	1:08:09.78 (05:52min/km)	1:08:09.78	+0:18:33.32
104 - M /95	M60/2	KOWALIK, Jan	Centrum Zdrowia Biegacza Kraków	Kraków	1:08:11.09 (05:52min/km)	1:08:17.49	+0:18:41.03
105 - K /8	K30/5	KUKUŁA, Karolina		Kraków	1:08:24.38 (05:53min/km)	1:08:34.09	+0:18:57.63
106 - M /96	M40/35	MOSTOVY, Volodymyr	WM Triself	Kraków	1:08:21.14 (05:53min/km)	1:08:43.80	+0:19:07.34
107 - M /97	M40/36	PIETRZYK, Przemysław	Studio Grafrez	Skawina	1:08:40.33 (05:55min/km)	1:08:45.78	+0:19:09.32
108 - K /9	K20/2	BISKUPSKA, Julia	WKS Wawel BnO	Kraków	1:08:33.85 (05:54min/km)	1:08:48.16	+0:19:11.70
109 - K /10	K40/3	WYSZYŃSKA-TYNIEC, Marianna		Kraków	1:08:49.66 (05:56min/km)	1:08:52.29	+0:19:15.83
110 - M /98	M30/36	DYRCZ, Dominik	Samolotowy Team	Kraków	1:08:50.32 (05:56min/km)	1:08:59.44	+0:19:22.98
111 - M /99	M40/37	GACEK, Michał	NajGac	CHOLERZYN	1:08:57.06 (05:56min/km)	1:08:59.88	+0:19:23.42
112 - M /100	M20/16	BASZEŃ, Tomasz	Bronowice też Biegają	Kraków	1:09:02.50 (05:57min/km)	1:09:07.11	+0:19:30.65
113 - M /101	M40/38	BURDA, Sebastian		Wygieźzów	1:09:18.07 (05:58min/km)	1:09:18.07	+0:19:41.61
114 - M /102	M30/37	NATANEK, Dariusz	WM TRISELF	Łęki	1:09:21.16 (05:58min/km)	1:09:21.16	+0:19:44.70
115 - M /103	M20/17	JADCZAK, Tomasz	Nokia Kraków	Kraków	1:09:22.69 (05:58min/km)	1:09:22.69	+0:19:46.23

116 - M /104	M50/10	SIWAK, Jerzy	Samolotowy Team	Kraków	1:09:12.91 (05:58min/km)	1:09:23.17	+0:19:46.71
117 - K /11	K40/4	REJEWSKA, Eliza	WM Triself	Kraków	1:09:03.63 (05:57min/km)	1:09:24.96	+0:19:48.50
118 - M /105	M40/39	CEKIERA, Marcin	Iron Dragon Triathlon	Zielonki	1:09:21.78 (05:58min/km)	1:09:27.75	+0:19:51.29
119 - K /12	K40/5	BUCENKO, Joanna		BOCHNIA	1:09:17.30 (05:58min/km)	1:09:31.04	+0:19:54.58
120 - M /106	M40/40	SKRZYŃSKI, Jan	#AdamCzerwinskiTeam	Wieliczka	1:09:19.93 (05:58min/km)	1:09:31.44	+0:19:54.98
	M60	OLIWA, Edward	ITMBW Kraków	Kraków	1:09:36.00 [GPS]	1:09:36.00 [GPS]	
122 - M /107	M30/38	TABIŚ, Szymon		Kraków	1:09:14.14 (05:58min/km)	1:09:36.34	+0:19:59.88
123 - M /108	M40/41	MAŚLANKA , Łukasz	Skawina Biega	Wielkie Drogi	1:09:27.48 (05:59min/km)	1:09:44.78	+0:20:08.32
124 - K /13	K30/6	JEDLIŃSKA, Sabina	Metoda Feldenkraisa	Kraków	1:09:45.79 (06:00min/km)	1:09:49.62	+0:20:13.16
125 - M /109	M30/39	ŁASKOWSKI, Piotr	BeFit24Team	Kraków	1:09:38.40 (06:00min/km)	1:10:02.90	+0:20:26.44
126 - M /110	M40/42	WAWRO, Jakub		Kraków	1:09:54.94 (06:01min/km)	1:10:09.38	+0:20:32.92
127 - M /111	M40/43	ŻUROWSKI, Paweł	Samolotowy Team	Kraków Małopolskie	1:10:05.94 (06:02min/km)	1:10:15.00	+0:20:38.54
128 - M /112	M30/40	WÓJCIC , Dawid	SKL Sucha Beskidzka	Zabawa	1:10:08.34 (06:02min/km)	1:10:17.60	+0:20:41.14
129 - M /113	M40/44	KULAWIK, Bartek		Kraków	1:10:34.15 (06:05min/km)	1:10:34.15	+0:20:57.69
130 - K /14	K30/7	KAWIK BARTOSIK, Anna	Black Hat Ultra	Kraków	1:10:28.93 (06:04min/km)	1:10:48.80	+0:21:12.34
131 - M /114	M40/45	PULSAKOWSKI, Rafał		Kraków	1:10:54.13 (06:06min/km)	1:11:06.31	+0:21:29.85
132 - M /115	M30/41	MAJ, Aleksander		Kraków	1:11:09.55 (06:08min/km)	1:11:09.55	+0:21:33.09
133 - K /15	K20/3	ORAWIEC, Ewelina		Zakopane	1:11:02.92 (06:07min/km)	1:11:18.51	+0:21:42.05
134 - M /116	M40/46	SZCZEPAŃSKI, Sebastian	Kopytko	Kopytówka	1:10:54.75 (06:06min/km)	1:11:19.95	+0:21:43.49
135 - K /16	K40/6	STRUŚ, Katarzyna	KKM Kaloryfer	Kraków	1:11:19.87 (06:08min/km)	1:11:23.46	+0:21:47.00

136 - M /117	M50/11	ROGOZIK, Bogusław	Samolotowy Team	Krzysztoforzyce	1:11:27.64 (06:09min/km)	1:11:37.13	+0:22:00.67
137 - K /17	K30/8	MOSTOVA, Olga	WM Triself	Kraków	1:11:49.19 (06:11min/km)	1:12:11.22	+0:22:34.76
138 - M /118	M40/47	LIPIEŃ, Jakub	Irondragon Triathlon	Zielonki	1:12:19.51 (06:14min/km)	1:12:25.79	+0:22:49.33
139 - M /119	M20/18	PEREK, Mikołaj		Kraków	1:12:39.25 (06:15min/km)	1:12:39.25	+0:23:02.79
140 - M /120	M40/48	WŁODARCZYK, Piotr	Towarzystwo Turystyczne AKS Polonia Warszawa	Kraków	1:12:37.64 (06:15min/km)	1:12:54.50	+0:23:18.04
141 - K /18	K20/4	SIERŻĘGA, Agnieszka		Kraków	1:13:02.05 (06:17min/km)	1:13:02.05	+0:23:25.59
142 - M /121	M40/49	AUGUSTYN, Marcin		Kraków	1:12:52.33 (06:16min/km)	1:13:02.47	+0:23:26.01
143 - K /19	K20/5	ANTOSIK, Natalia	G.O.A.T. Team Michałowice	Sułkowice	1:12:53.02 (06:16min/km)	1:13:05.28	+0:23:28.82
144 - M /122	M30/42	FLAJSZER, Kamil		Kraków	1:12:42.09 (06:16min/km)	1:13:08.13	+0:23:31.67
145 - M /123	M30/43	TATAREK, Piotr		Kraków	1:13:17.68 (06:19min/km)	1:13:17.68	+0:23:41.22
146 - M /124	M30/44	OLEJARNIK, Łukasz		Kraków	1:13:07.44 (06:18min/km)	1:13:17.76	+0:23:41.30
	K40	ZABOROWSKA, Małgorzata		Liszki	1:13:27.00 [GPS]	1:13:27.00 [GPS]	
148 - K /20	K30/9	BETLEJ, Joanna		Kraków	1:13:01.19 (06:17min/km)	1:13:28.06	+0:23:51.60
149 - M /125	M40/50	ZĄBCZYK, Jakub		Kraków	1:13:22.80 (06:19min/km)	1:13:36.83	+0:24:00.37
150 - M /126	M40/51	GRACJASZ, Marcin	Sułowski Team	Wadowice	1:13:12.72 (06:18min/km)	1:13:38.94	+0:24:02.48
151 - M /127	M40/52	SIWIŃSKI, Jacek		Kraków	1:13:26.07 (06:19min/km)	1:13:39.02	+0:24:02.56
152 - M /128	M50/12	KORDYL, Waldemar	AZS AWF KRAKÓW MASTERS	Kraków	1:13:28.40 (06:20min/km)	1:13:40.48	+0:24:04.02
153 - M /129	M40/53	ZYCH, Andrzej	Go Aktiv!	Brzesko	1:13:25.09 (06:19min/km)	1:13:43.90	+0:24:07.44
154 - K /21	K20/6	POGODA, Kinga	UKS Kometa Gliwice	Gliwice	1:13:24.47 (06:19min/km)	1:13:45.87	+0:24:09.41
155 - K /22	K30/10	CHRZAŚCZ, Agata	Run 4 Fun	Kraków	1:13:28.50 (06:20min/km)	1:13:50.01	+0:24:13.55

156 - M /130	M30/45	WIATRAK, Lukasz	Medius Runners	Kraków	1:13:36.59 (06:20min/km)	1:13:52.60	+0:24:16.14
157 - K /23	K20/7	SEREDA, Olha	WKS Wawel BnO		1:13:38.14 (06:20min/km)	1:13:53.42	+0:24:16.96
158 - M /131	M50/13	PYTLIŃSKI, Wojciech	Egger Biskupiec Biega	Kobylany	1:13:58.25 (06:22min/km)	1:14:05.39	+0:24:28.93
159 - M /132	M40/54	PEC, Waldemar Pec		Krakow	1:14:11.30 (06:23min/km)	1:14:16.14	+0:24:39.68
160 - M /133	M50/14	LISOWSKI, Paweł	Klub Biegacza RTV EURO AGD	Wieliczka	1:13:43.27 (06:21min/km)	1:14:17.45	+0:24:40.99
161 - M /134	M40/55	DYREK, Marcin		Kraków	1:14:13.23 (06:23min/km)	1:14:31.77	+0:24:55.31
162 - K /24	K30/11	NIEMASZ, Aleksandra	KB 100lejka	Krynica ZD	1:14:09.23 (06:23min/km)	1:14:33.77	+0:24:57.31
163 - M /135	M40/56	FIDELUS, Jacek	WCHSZT	BRZESKO	1:14:17.23 (06:24min/km)	1:14:36.27	+0:24:59.81
164 - M /136	M50/15	ROGASCH, Stanisław	BBL KRAKÓW	Kraków	1:14:14.07 (06:23min/km)	1:14:43.42	+0:25:06.96
165 - M /137	M40/57	POLISHCHUK, Vadym		Kraków	1:14:16.85 (06:24min/km)	1:14:48.93	+0:25:12.47
166 - M /138	M40/58	FRĄCKOWIAK, Marek		Chorzów	1:14:22.17 (06:24min/km)	1:14:48.94	+0:25:12.48
167 - M /139	M40/59	RICO GONZALEZ, Javier	Team 3FDC	Krakow	1:14:48.73 (06:26min/km)	1:14:54.02	+0:25:17.56
168 - K /25	K30/12	KUBACKA, Karolina	Niepołomice Biegaja	Niepołomice	1:14:55.72 (06:27min/km)	1:14:58.81	+0:25:22.35
169 - M /140	M40/60	WISNIOWSKI, Grzegorz	Mikrob Gallery Team	katowice	1:14:26.63 (06:25min/km)	1:15:04.99	+0:25:28.53
170 - K /26	K40/7	BŁAUT-KRASONI, Alicja			1:14:52.39 (06:27min/km)	1:15:05.39	+0:25:28.93
171 - M /141	M40/61	CZARNIECKI, Michał	Wolski Kolektyw Biegowy	Piekary	1:15:19.88 (06:29min/km)	1:15:19.88	+0:25:43.42
172 - M /142	M20/19	PIASECKI, Daniel		Kraków	1:14:58.39 (06:27min/km)	1:15:21.76	+0:25:45.30
173 - M /143	M50/16	GRATKA, Mirosław	*****	Kojszówka	1:15:09.53 (06:28min/km)	1:15:28.23	+0:25:51.77
174 - M /144	M40/62	KUCAŁA, Łukasz	AZS AWF KRAKÓW MASTERS	Węgrzce	1:15:18.42 (06:29min/km)	1:15:30.64	+0:25:54.18

175 - M /145	M30/46	KOWALCZYK, Damian	Socios Wisła	Kraków	1:15:19.89 (06:29min/km)	1:15:40.30	+0:26:03.84
176 - M /146	M30/47	RAJCHEL, Marek	FM	Śledziejowice	1:15:28.81 (06:30min/km)	1:15:44.26	+0:26:07.80
177 - M /147	M40/63	ROGOWIEC, Bartosz		Kraków	1:15:30.02 (06:30min/km)	1:15:45.83	+0:26:09.37
178 - K /27	K20/8	RYBCZYŃSKA, Ewelina	WM TRISELF	Kraków	1:15:25.17 (06:30min/km)	1:15:46.56	+0:26:10.10
179 - K /28	K20/9	HUCZKOWSKA, Diana		Kraków	1:15:24.36 (06:30min/km)	1:15:46.97	+0:26:10.51
180 - M /148	M40/64	KSIĄŻEK, Grzegorz	ITMBW Kraków	Kraków	1:15:48.07 (06:32min/km)	1:15:48.07	+0:26:11.61
181 - M /149	M20/20	KLIMCZAK, Sebastian		Kraków	1:15:58.78 (06:33min/km)	1:15:58.78	+0:26:22.32
182 - M /150	M40/65	KUC, Adam	THE OFFICE	Czernichów	1:15:45.85 (06:31min/km)	1:15:59.71	+0:26:23.25
183 - M /151	M30/48	MASZCZAK, Piotr		Kraków	1:15:31.43 (06:30min/km)	1:16:01.01	+0:26:24.55
184 - M /152	M30/49	MISIAREK, Michał	Runtime Error	Kraków	1:15:38.51 (06:31min/km)	1:16:09.33	+0:26:32.87
185 - M /153	M40/66	HATCHEN, Jens	WM Triself	Kraków	1:16:16.61 (06:34min/km)	1:16:16.61	+0:26:40.15
186 - K /29	K30/13	VOINALOVYCH , Yuliiia	Bronowice też Biegają	Kraków	1:16:13.36 (06:34min/km)	1:16:18.60	+0:26:42.14
187 - M /154	M30/50	HUDYGA, Sławomir			1:15:56.31 (06:32min/km)	1:16:20.27	+0:26:43.81
188 - M /155	M40/67	BARAN, Szymon	Ericsson RunTime	Kraków	1:16:09.20 (06:33min/km)	1:16:37.40	+0:27:00.94
189 - M /156	M40/68	PORĘBSKI, Kacper	Kraków Airport Running Team	Kraków	1:16:47.10 (06:37min/km)	1:16:47.10	+0:27:10.64
190 - M /157	M40/69	PAPROCKI, Marcin	AZS AWF KRAKÓW MASTERS	Kraków	1:17:03.74 (06:38min/km)	1:17:03.74	+0:27:27.28
191 - M /158	M50/17	GARBACIK, Wojciech		Kraków	1:17:07.83 (06:38min/km)	1:17:07.83	+0:27:31.37
192 - M /159	M50/18	LIGĘZA, Witold			1:16:58.85 (06:38min/km)	1:17:13.53	+0:27:37.07
193 - K /30	K30/14	MARCINEK, Małgorzata	Trailrun	Kraków	1:16:50.03 (06:37min/km)	1:17:14.83	+0:27:38.37

194 - M /160	M30/51	JELTEMA, Bastin	Jeltema Sport WM Triself	Krakow	1:16:56.80 (06:38min/km)	1:17:16.36	+0:27:39.90	
195 - M /161	M40/70	KOWALSKI , Wojciech	Endurance	POLKAS	Kraków	1:17:26.15 (06:40min/km)	1:17:26.15	+0:27:49.69
196 - K /31	K40/8	TARADAJ, Paulina		Lacho Team	Kraków	1:17:37.80 (06:41min/km)	1:17:37.80	+0:28:01.34
197 - K /32	K40/9	RYBA, Maria				1:17:16.72 (06:39min/km)	1:17:41.54	+0:28:05.08
198 - M /162	M30/52	KOTARBA, Mateusz		#KubaPiechTeam	Rzeszów	1:17:41.98 (06:41min/km)	1:18:09.27	+0:28:32.81
199 - M /163	M50/19	ZADWORNYY, Ireneusz			Kraków	1:17:55.61 (06:43min/km)	1:18:12.81	+0:28:36.35
200 - M /164	M20/21	JUŚKO, Konrad			Proszowice	1:17:49.64 (06:42min/km)	1:18:16.09	+0:28:39.63
201 - K /33	K40/10	WILK-ZALEŚNA , Aneta			Chobot	1:17:55.10 (06:43min/km)	1:18:16.95	+0:28:40.49
202 - M /165	M30/53	ŚLIWIŃSKI, Paweł			Kraków	1:18:05.47 (06:43min/km)	1:18:31.79	+0:28:55.33
203 - K /34	K30/15	DWORNIK, Małgorzata		Warczące Szprychy	Kraków	1:18:13.61 (06:44min/km)	1:18:38.80	+0:29:02.34
204 - K /35	K30/16	KULAK-OKÓLSKA, Nina		KAY-MAX	Kraków	1:18:37.38 (06:46min/km)	1:18:43.77	+0:29:07.31
	M40	MAJERSKI, Michał			Kraków	1:18:46.00 [GPS]	1:18:46.00 [GPS]	
206 - M /166	M30/54	FALKIEWICZ, Arkadiusz		Night Runners	Kraków	1:18:31.21 (06:46min/km)	1:18:51.28	+0:29:14.82
207 - M /167	M40/71	POMYKALA, Michal		Doleć Radom	Krakow	1:18:51.67 (06:47min/km)	1:18:51.67	+0:29:15.21
208 - M /168	M50/20	NIEDBALIK, Grzegorz			Kraków	1:18:22.91 (06:45min/km)	1:18:51.71	+0:29:15.25
209 - M /169	M40/72	PRYTKOV, Valery			Kraków	1:18:53.67 (06:48min/km)	1:18:53.67	+0:29:17.21
210 - K /36	K40/11	NIEDUŻAK , Marta			Kraków	1:18:20.83 (06:45min/km)	1:18:54.49	+0:29:18.03
211 - M /170	M40/73	PIŁAT , Piotr			Kraków	1:18:22.14 (06:45min/km)	1:18:55.04	+0:29:18.58
212 - K /37	K40/12	JANKOWICZ, Monika			Kraków	1:18:52.31 (06:47min/km)	1:19:08.91	+0:29:32.45
213 - K /38	K30/17	NOWAK, Ewelina			Niepołomice	1:19:07.11 (06:49min/km)	1:19:12.39	+0:29:35.93
214 - K /39	K30/18	KHALUKHAIEVA , Maryna		Samolotowy Team	Krakow	1:19:18.16 (06:50min/km)	1:19:18.16	+0:29:41.70
215 - K /40	K50/1	LIGĘZA, Joanna				1:19:15.72 (06:49min/km)	1:19:29.00	+0:29:52.54

216 - K /41	K30/19	BUDZYN, Dominika		krakow	1:19:15.07 (06:49min/km)	1:19:38.32	+0:30:01.86
217 - M /171	M20/22	RĄPAŁA, Jakub		Kraków	1:19:17.63 (06:50min/km)	1:19:41.86	+0:30:05.40
218 - M /172	M40/74	SWOLKIEŃ, Michał	WM Triself	Tomaszowice	1:19:40.45 (06:52min/km)	1:20:03.01	+0:30:26.55
219 - M /173	M40/75	WĘDZICHA, Rafał			1:19:49.59 (06:52min/km)	1:20:10.79	+0:30:34.33
220 - K /42	K20/10	MOSZKOWICZ, Julia	WKS Wawel BnO	Kraków	1:20:16.57 (06:55min/km)	1:20:20.89	+0:30:44.43
221 - K /43	K20/11	SKORUPA, Maja	LKS Górzanka Nawojowa Góra		1:20:51.97 (06:58min/km)	1:20:51.97	+0:31:15.51
222 - M /174	M30/55	PARTYKA, Gabriel		Kraków	1:20:29.96 (06:56min/km)	1:20:57.71	+0:31:21.25
223 - M /175	M40/76	KUDŁA, Grzegorz	OCR TEAM BYDLAKI	Wieliczka	1:20:43.94 (06:57min/km)	1:21:05.03	+0:31:28.57
224 - M /176	M40/77	LIKH, Iurii		Kraków	1:21:12.99 (07:00min/km)	1:21:29.07	+0:31:52.61
225 - K /44	K20/12	KURTYCZ, Natalia	WKS Wawel BnO	Kraków	1:21:37.32 (07:02min/km)	1:21:37.32	+0:32:00.86
226 - K /45	K50/2	JOB, Cecylia	ITMBW Kraków	Lusina	1:21:41.67 (07:02min/km)	1:21:41.67	+0:32:05.21
227 - M /177	M40/78	LIGEŻA, Jarosław	Unlimited 2.0	Kraków	1:21:42.40 (07:02min/km)	1:21:42.40	+0:32:05.94
228 - M /178	M30/56	LEŚNIAK, Jacek	Akademia Sportu i Rozrywki ASIR	Kraków	1:21:41.63 (07:02min/km)	1:21:47.14	+0:32:10.68
229 - K /46	K40/13	MACHEJ, Marzena		Kraków	1:21:48.92 (07:03min/km)	1:21:48.92	+0:32:12.46
230 - K /47	K40/14	TARNAWSKA, Anna	UKS Lider Siercza	Wieliczka	1:21:24.05 (07:01min/km)	1:21:52.08	+0:32:15.62
231 - K /48	K20/13	OLIINYK, Yelizaveta	WKS Wawel BnO	Kraków	1:21:41.48 (07:02min/km)	1:22:07.19	+0:32:30.73
232 - M /179	M40/79	OBRAŁ, Łukasz	prawo-porady.pl	Kraków	1:21:40.98 (07:02min/km)	1:22:07.32	+0:32:30.86
233 - M /180	M50/21	SŁOŃSKI, Marek	WKS Wawel BnO	Kraków	1:21:44.64 (07:02min/km)	1:22:16.01	+0:32:39.55
234 - M /181	M50/22	MAJCHER, Paweł		Krakow	1:22:23.86 (07:06min/km)	1:22:34.84	+0:32:58.38
235 - K /49	K20/14	SUMIEC-SZYFNER, Katarzyna	Zabiegani Mielec	Kraków	1:22:42.60 (07:07min/km)	1:22:56.45	+0:33:19.99
236 - M /182	M40/80	RYBA, Bartłomiej			1:23:01.14 (07:09min/km)	1:23:01.14	+0:33:24.68

237 - M /183	M50/23	KOSTOGRYS, Piotr		Kraków	1:22:54.68 (07:08min/km)	1:23:06.31	+0:33:29.85
238 - M /184	M30/57	IRLIK, Jacek	ITMBW Kraków	Kraków	1:23:14.33 (07:10min/km)	1:23:32.98	+0:33:56.52
239 - M /185	M50/24	WACHNICKI, Jan		Opole	1:23:53.91 (07:13min/km)	1:23:53.91	+0:34:17.45
240 - M /186	M30/58	ŁACINA, Kamil	CHCIAŁEM SE POBIEGAĆ	Kraków	1:23:36.36 (07:12min/km)	1:23:59.88	+0:34:23.42
241 - M /187	M40/81	WOJDYŁA, Krzysztof		Kraków	1:23:48.81 (07:13min/km)	1:24:14.47	+0:34:38.01
242 - M /188	M50/25	BĄK, Artur	Elitarny Klub Geriatryczny	Kraków	1:24:10.29 (07:15min/km)	1:24:25.46	+0:34:49.00
243 - K /50	K40/15	KORZENIOWSKA, Korzeniowska	Niepołomice Biegaja	KRAKÓW	1:24:10.63 (07:15min/km)	1:24:26.89	+0:34:50.43
244 - K /51	K40/16	PERŁOWSKA-GOZDEK, Anna		Kraków	1:24:04.42 (07:14min/km)	1:24:32.51	+0:34:56.05
245 - M /189	M30/59	WOLIŃSKI, Marek	Poranny Patrol	Kraków	1:24:15.40 (07:15min/km)	1:24:34.77	+0:34:58.31
246 - M /190	M50/26	MALARCZYK, Jerzy	#AdamCzerwinskiTeam	Wieliczka	1:24:31.58 (07:17min/km)	1:24:43.63	+0:35:07.17
247 - K /52	K40/17	JAROŃ, Magdalena		Kraków	1:24:41.56 (07:18min/km)	1:24:48.95	+0:35:12.49
248 - M /191	M40/82	CZYŻ, Piotr		Rząska	1:25:02.54 (07:19min/km)	1:25:02.54	+0:35:26.08
249 - M /192	M50/27	CZAJKA, Tadeusz			1:17:58.31 (06:43min/km)	1:25:48.10	+0:36:11.64
250 - M /193	M40/83	GOLL, Michał		Kraków	1:25:37.85 (07:22min/km)	1:26:03.16	+0:36:26.70
251 - K /53	K30/20	ZBARASHCHUK, levgeniya	ACCENTURE	Kraków	1:26:41.25 (07:28min/km)	1:26:41.25	+0:37:04.79
252 - K /54	K30/21	KUCHARSKA, Monika	TriJet Team	Kraków	1:27:31.00 (07:32min/km)	1:27:31.00	+0:37:54.54
253 - M /194	M50/28	OKSIUTYCZ, Marek		Kraków	1:27:13.81 (07:31min/km)	1:27:34.59	+0:37:58.13
254 - M /195	M40/84	BACHOWSKI, Krzysztof	PoCoMiTo	Kwaczała	1:27:38.75 (07:33min/km)	1:27:49.48	+0:38:13.02
255 - M /196	M40/85	ZAKHARCHUK, Oleksandr		Krakow	1:28:08.27 (07:35min/km)	1:28:42.59	+0:39:06.13

256 - M /197	M40/86	ZYCH, Jaromir				1:29:06.99 (07:40min/km)	1:29:26.02	+0:39:49.56
257 - M /198	M50/29	NOSAL, Sławomir	Grupa Skromnych Biegaczy	Tarnów		1:13:53.21 (06:22min/km)	1:29:31.75	+0:39:55.29
258 - M /199	M40/87	BUDZIŃSKI, Maciej		Kraków		1:30:03.89 (07:45min/km)	1:30:03.89	+0:40:27.43
259 - K /55	K40/18	MÓL , Monika	Bronowice też Biegają	Kraków		1:30:08.31 (07:46min/km)	1:30:14.30	+0:40:37.84
260 - K /56	K20/15	KRÓLIKOWSKA, Agnieszka	GGs TEAM			1:29:56.00 (07:45min/km)	1:30:25.74	+0:40:49.28
261 - K /57	K30/22	BURCZYK, Agnieszka	Warczące Szprychy	Krakow		1:30:49.76 (07:49min/km)	1:31:13.48	+0:41:37.02
262 - M /200	M30/60	AUGUSTYN, Karol	ACCENTURE	Krakow		1:31:48.65 (07:54min/km)	1:31:48.65	+0:42:12.19
	K40	MAGOCSY, Helena		Kraków		1:33:08.00 [GPS]	1:33:08.00 [GPS]	
264 - M /201	M60/3	TOKARZ, Jerzy	Centrum Zdrowia Biegacza Kraków	Kraków		1:32:42.62 (07:59min/km)	1:33:09.14	+0:43:32.68
265 - M /202	M50/30	RICOUR, Patrice	Les Coqs Runners	Kraków		1:32:59.62 (08:01min/km)	1:33:16.54	+0:43:40.08
266 - M /203	M70/1	NAZIM, Tadeusz	KKM Kaloryfer	Skawina		1:32:57.51 (08:00min/km)	1:33:30.23	+0:43:53.77
267 - K /58	K30/23	MIKŁAS, Magdalena	-	Kraków		1:33:36.66 (08:04min/km)	1:33:58.11	+0:44:21.65
268 - K /59	K30/24	MAĆKOWIAK, Maria		Kraków		1:34:00.99 (08:06min/km)	1:34:00.99	+0:44:24.53
269 - K /60	K30/25	KUFEL, Natalia	ACCENTURE	Krakow		1:34:08.59 (08:06min/km)	1:34:18.95	+0:44:42.49
270 - K /61	K20/16	MURJAS, Dominika	Tylko ja	Kraków		1:34:09.00 (08:06min/km)	1:34:19.09	+0:44:42.63
271 - K /62	K30/26	PROKOPIUK, Edyta	#zonabijealewolnobiega	Kraków		1:34:00.65 (08:06min/km)	1:34:25.90	+0:44:49.44
272 - M /204	M30/61	STUKAN, Szymon	UKS Kometa Gliwice	Gliwice		1:34:27.05 (08:08min/km)	1:34:27.05	+0:44:50.59
273 - M /205	M40/88	JANUSZ, Tomasz	Bronowice też Biegają	Kraków		1:34:19.09 (08:07min/km)	1:34:40.01	+0:45:03.55
274 - M /206	M40/89	DEWERA, Łukasz		Karniowice		1:34:46.43 (08:10min/km)	1:35:18.98	+0:45:42.52
275 - M /207	M60/4	GRACZYK, Roman	Krzysiek Pomaga Pomagać	Liszki		1:35:58.48 (08:16min/km)	1:35:58.48	+0:46:22.02
276 - K /63	K50/3	BODŻĘTA, Dorota	Psychoterapia	Krzyszowice		1:35:53.35 (08:15min/km)	1:36:18.50	+0:46:42.04
277 - K /64	K50/4	ATROSZCZYK, Aleksandra	Psychoterapia	Krzyszowice		1:36:22.54 (08:18min/km)	1:36:22.54	+0:46:46.08

278 - K /65	K50/5	KARBOWSKA, Beata	Run progres	Krakow	1:37:37.79 (08:24min/km)	1:38:02.57	+0:48:26.11
	K30	BOROWIAK, Kasia	FitPark Team	Kraków	1:38:15.00 [GPS]	1:38:15.00 [GPS]	
280 - K /66	K40/19	GRATKA, Beata		Kojszówka	1:37:49.20 (08:25min/km)	1:38:17.19	+0:48:40.73
281 - M /208	M40/90	ROSKE, Fabian	Running4Smulltron	Berlin	1:38:14.54 (08:28min/km)	1:38:29.51	+0:48:53.05
282 - K /67	K40/20	PSZONAK, Iwona		Kraków	1:38:15.14 (08:28min/km)	1:38:37.99	+0:49:01.53
283 - K /68	K30/27	SZUMIEC, Joanna	ACCENTURE	Kraków	1:39:53.23 (08:36min/km)	1:40:12.00	+0:50:35.54
284 - K /69	K30/28	SROKA, Paulina		Kraków	1:40:19.24 (08:38min/km)	1:40:48.06	+0:51:11.60
285 - K /70	K30/29	PELZ, Zuzanna		Kraków	1:41:25.40 (08:44min/km)	1:41:25.40	+0:51:48.94
286 - K /71	K30/30	GOCKA, Marta	ACCENTURE	Kraków	1:41:39.99 (08:45min/km)	1:41:58.82	+0:52:22.36
287 - K /72	K30/31	GRYMEK, Dagmara	BeFit24Team	Krakow	1:42:25.18 (08:49min/km)	1:42:43.24	+0:53:06.78
288 - K /73	K40/21	TRYJEFACZKA, Paulina	FitVit	Niepolomice	1:43:46.41 (08:56min/km)	1:44:10.61	+0:54:34.15
289 - K /74	K70/1	PRYMAKOWSKA, Barbara	UKS Wrocław Żórawina	Tarnów	1:45:10.66 (09:04min/km)	1:45:21.10	+0:55:44.64
290 - K /75	K30/32	PETRYSZAK, Agnieszka		Kraków	1:47:23.44 (09:15min/km)	1:47:51.88	+0:58:15.42
291 - M /209	M30/62	TOROŃ, Maciej		Kraków	2:03:32.60 (10:39min/km)	2:03:32.60	+1:13:56.14
	M50	KRZYZANOWSKI, Tomasz	MB Rancing	Dębica	DNS	DNS	
	M40	MONIOWSKI, Mariusz	ITMBW Kraków	Rząska	DNS	DNS	
	M20	WARZECHA, Jakub		Sanka	DNS	DNS	
	M30	KASPRZYK, Karol		Kraków	DNS	DNS	



Grand Prix Krakowa w Biegach Górskich 2023/2024 - R1

Kraków, 2023-11-04 - Wyniki

23km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M30/1	SKUPIEŃ, Tomasz	WM Triself		1:40:04.96 (04:21min/km)	1:40:06.94	+0:00:00.00
2 - M/2	M30/2	ŁUŻNY, Bartłomiej	Truda Boys 91	Kraków	1:42:29.73 (04:27min/km)	1:42:31.50	+0:02:24.56
3 - M/3	M30/3	CZARNOTA, Tomasz	#AdamCzerwinskiTeam	Kraków	1:42:40.19 (04:27min/km)	1:42:42.19	+0:02:35.25
4 - M/4	M30/4	GUZIK, Łukasz	KCDO.PL	Gaj	1:42:58.99 (04:28min/km)	1:43:01.72	+0:02:54.78
5 - M/5	M20/1	GUTT, Piotr	KS Murzasichle	Poronin	1:46:26.93 (04:37min/km)	1:46:29.41	+0:06:22.47
6 - M/6	M30/5	PARIS, Nicola	Truda Boys 91	Krakow	1:46:34.74 (04:38min/km)	1:46:36.86	+0:06:29.92
7 - M/7	M30/6	PIWOWARCZYK, Dominik	Ericsson RunTime	Kraków	1:48:18.16 (04:42min/km)	1:48:18.16	+0:08:11.22
8 - M/8	M40/1	SZCZEPANIAK, Witold	-	OSTRÓW WLKP.	1:51:19.13 (04:50min/km)	1:51:21.14	+0:11:14.20
9 - M/9	M40/2	MORAWA, Mateusz	Lacho Team	Kraków	1:52:40.55 (04:53min/km)	1:52:43.51	+0:12:36.57
10 - M/10	M30/7	MICHALSKI, Janusz	TriWise	Kraków	1:53:34.74 (04:56min/km)	1:53:37.00	+0:13:30.06
11 - M/11	M50/1	MAJCHER, Piotr	BW Biegacze Wymiatacze	Kraków	1:54:01.42 (04:57min/km)	1:54:01.42	+0:13:54.48
12 - M/12	M30/8	DUDA, Konrad		Kraków	1:55:30.68 (05:01min/km)	1:55:34.35	+0:15:27.41
13 - M/13	M20/2	KUNZ, Marcin	Centrum Zdrowia Biegacza Kraków	Kraków	1:57:16.11 (05:05min/km)	1:57:16.11	+0:17:09.17
14 - M/14	M40/3	MUCHA, Piotr		Kraków	1:57:25.98 (05:06min/km)	1:57:29.63	+0:17:22.69
15 - M/15	M30/9	STACHOŃ, Radosław	Run 4 Fun	Bochnia	1:58:08.08 (05:08min/km)	1:58:10.92	+0:18:03.98
16 - M/16	M30/10	KUCHARSKI, Kamil	TriJet Team	Kraków	1:59:29.05 (05:11min/km)	1:59:31.52	+0:19:24.58
17 - M/17	M30/11	KĘPIŃSKI, Maciej	Skawina Biega	Skawina	1:59:38.81 (05:12min/km)	1:59:42.41	+0:19:35.47
18 - M/18	M30/12	NISZCZOT, Dariusz			2:00:38.29 (05:14min/km)	2:00:43.28	+0:20:36.34
19 - M/19	M40/4	GURGUL, Sebastian	Aromat Nóg	Krakow	2:01:09.70 (05:16min/km)	2:01:12.62	+0:21:05.68
20 - M/20	M30/13	GRZĄBKA, Paweł	#AdamCzerwinskiTeam	Kraków	2:01:23.47 (05:16min/km)	2:01:26.50	+0:21:19.56
21 - K/1	K20/1	TKACZYK, Aleksandra	Samolotowy Team	Kraków	2:01:22.66 (05:16min/km)	2:01:26.54	+0:21:19.60
22 - M/21	M40/5	MOŻEJKO, Artur	Niepołomice Biegaja	Niepołomice	2:03:46.29 (05:22min/km)	2:03:51.34	+0:23:44.40
23 - M/22	M40/6	DARCHUK, Oleksandr	Trifamily.pl		2:03:59.20 (05:23min/km)	2:03:59.20	+0:23:52.26
24 - M/23	M40/7	MARKOWSKI, Marcin	UKS Kometa Gliwice	Gliwice	2:04:04.11 (05:23min/km)	2:04:14.83	+0:24:07.89
25 - M/24	M30/14	PIWOWARSKI, Sławomir		Kraków	2:04:19.24 (05:24min/km)	2:04:24.09	+0:24:17.15

26 - M /25	M40/8	MACH, Krzysztof	Zabierzów Biega	Zabierzów	2:04:43.66 (05:25min/km)	2:04:46.24	+0:24:39.30
27 - M /26	M30/15	MICHALSKI, Michał Michalski	FramesFactory RacingTeam	Kraków	2:05:01.48 (05:26min/km)	2:05:07.08	+0:25:00.14
28 - M /27	M40/9	BIES, Grzegorz		Kraków	2:05:14.30 (05:26min/km)	2:05:19.23	+0:25:12.29
29 - M /28	M20/3	LASAK, Wojciech		Kościelisko	2:05:30.02 (05:27min/km)	2:05:32.89	+0:25:25.95
30 - M /29	M30/16	JUSZCZYK, Łukasz	Niepołomice Biegaja	Mała Wleś	2:05:38.07 (05:27min/km)	2:05:43.97	+0:25:37.03
31 - M /30	M40/10	NOWACKI, Paweł		Kraków	2:05:46.79 (05:28min/km)	2:05:51.47	+0:25:44.53
32 - M /31	M40/11	FEDORCZAK, Jacek	ACCENTURE	Kraków	2:05:51.45 (05:28min/km)	2:05:56.52	+0:25:49.58
33 - M /32	M40/12	DOBRZAŃSKI, Tomasz	ITMBW Kraków	Kraków	2:06:26.53 (05:29min/km)	2:06:31.23	+0:26:24.29
34 - M /33	M50/2	KOWALCZYK, Kazimierz	Klub Sportowy Murzasichle	Witów	2:06:41.71 (05:30min/km)	2:06:45.62	+0:26:38.68
35 - M /34	M40/13	DZIEDZIC, Krzysztof	runningperformance.com.pl	Kraków	2:06:45.17 (05:30min/km)	2:06:57.28	+0:26:50.34
36 - M /35	M40/14	PÓŁCHŁOPEK, Przemysław		Kraków	2:07:04.99 (05:31min/km)	2:07:11.99	+0:27:05.05
37 - K /2	K40/1	GÓRALIK, Sylwia	AZS AWF KRAKÓW MASTERS	Myślenice	2:07:25.83 (05:32min/km)	2:07:27.54	+0:27:20.60
38 - M /36	M50/3	LENCZOWSKI, Jakub	PO-MOCNI	Kraków	2:08:00.50 (05:33min/km)	2:08:03.19	+0:27:56.25
39 - M /37	M50/4	NOWAK, Marek		KARNIOWICE	2:08:26.73 (05:35min/km)	2:08:34.34	+0:28:27.40
40 - M /38	M40/15	KOBIAŁKA, Łukasz	My Endurance Team	Strumiany	2:08:39.67 (05:35min/km)	2:08:42.80	+0:28:35.86
41 - M /39	M40/16	DAVÌ, Paolo			2:08:49.18 (05:36min/km)	2:08:59.58	+0:28:52.64
42 - M /40	M30/17	JASIŃSKI, Jakub	WM Triself	Kraków	2:09:22.46 (05:37min/km)	2:09:28.02	+0:29:21.08
43 - M /41	M30/18	LELITO, Piotr		Modlniczka	2:09:32.16 (05:37min/km)	2:09:32.16	+0:29:25.22
44 - M /42	M40/17	OLEJKO, Michał	Eveo	Kraków	2:09:47.44 (05:38min/km)	2:09:54.58	+0:29:47.64
45 - M /43	M40/18	KAZIMIERCZAK, Andrzej		Kraków	2:10:07.19 (05:39min/km)	2:10:15.34	+0:30:08.40
46 - M /44	M30/19	MALISSARD, Jean		Krakow	2:10:20.30 (05:40min/km)	2:10:31.66	+0:30:24.72
47 - M /45	M50/5	MOSZKOWICZ, Paweł			2:10:35.79 (05:40min/km)	2:10:51.24	+0:30:44.30
48 - M /46	M50/6	KORAB, Robert	TuTiTuRumTu	Rzeszów	2:11:21.25 (05:42min/km)	2:11:27.24	+0:31:20.30
49 - M /47	M40/19	OBERWAN, Marek	panfotograf.eu	Kraków	2:12:07.48 (05:44min/km)	2:12:12.87	+0:32:05.93
50 - M /48	M40/20	ŁĘTEK, Tomasz	Biegającą Krowa	Kraków	2:12:06.95 (05:44min/km)	2:12:20.59	+0:32:13.65
51 - M /49	M40/21	CIEŚLIK, Konrad		Kraków	2:15:22.14 (05:53min/km)	2:15:35.89	+0:35:28.95
52 - M /50	M40/22	KLIMEK , Przemysław	Klub Biegacza AZS UEK	Kraków	2:15:37.51 (05:53min/km)	2:15:46.05	+0:35:39.11
53 - M /51	M40/23	BAR, Bartosz	#AdamCzerwinskiTeam	Chorągwicka	2:16:01.37 (05:54min/km)	2:16:10.28	+0:36:03.34
54 - M /52	M30/20	WÓJTOWICZ, Andrzej		Kraków	2:16:22.18 (05:55min/km)	2:16:34.10	+0:36:27.16
55 - M /53	M30/21	BORKOWSKI, Paweł		Wola Batorska	2:16:54.65 (05:57min/km)	2:16:54.65	+0:36:47.71
56 - K /3	K40/2	KURANT, Elena	BW Biegacze Wymiatacze	Kraków	2:17:59.04 (05:59min/km)	2:18:04.82	+0:37:57.88
57 - M /54	M40/24	GRABSKI, Konrad	Niepołomice Biegaja	Niepołomice	2:18:12.48 (06:00min/km)	2:18:25.88	+0:38:18.94

58 - K /4	K40/3	WALERJAN-RUSEK, Agnieszka	AZS AWF KRAKÓW MASTERS	Kraków	2:19:27.19 (06:03min/km)	2:19:31.90	+0:39:24.96
59 - M /55	M40/25	SIWEK, Jacek	TriWise	Łuczyce	2:19:49.57 (06:04min/km)	2:19:57.70	+0:39:50.76
60 - M /56	M30/22	ZOŁA, Piotr	PioDzo Extreme	Kraków	2:22:18.47 (06:11min/km)	2:22:23.79	+0:42:16.85
61 - M /57	M40/26	HOPEK, Tomasz	AZS AWF KRAKÓW MASTERS	Kraków	2:22:49.08 (06:12min/km)	2:22:49.08	+0:42:42.14
62 - M /58	M40/27	POLAK, Łukasz	Samolotowy Team	Kraków	2:22:50.59 (06:12min/km)	2:23:06.94	+0:43:00.00
63 - M /59	M40/28	LASYK, Maciej	TriWise	Kraków	2:22:58.27 (06:12min/km)	2:23:17.28	+0:43:10.34
64 - M /60	M40/29	BIAŁKA, Rafał	G.O.A.T. Team Michałowice	Masłomiąca	2:23:52.01 (06:15min/km)	2:23:58.36	+0:43:51.42
65 - M /61	M30/23	KURAŚ, Maciej	BujoAlkoTeam	Kraków	2:23:56.55 (06:15min/km)	2:24:15.04	+0:44:08.10
66 - M /62	M40/30	KLOCH, Dawid	Mediaflex	Węgrzce Wielkie	2:25:00.41 (06:18min/km)	2:25:13.63	+0:45:06.69
67 - M /63	M40/31	KLEIN, Michał	MisiaqBiega	Kraków	2:25:10.09 (06:18min/km)	2:25:20.17	+0:45:13.23
68 - M /64	M30/24	BEŁZAK, Filip	TriJet Team	Kraków	2:25:22.83 (06:19min/km)	2:25:28.61	+0:45:21.67
69 - M /65	M20/4	OLSZEWSKI, Mateusz	Go Aptiv!	Kraków	2:25:19.58 (06:19min/km)	2:25:29.43	+0:45:22.49
70 - K /5	K40/4	SZNAJDER, Joanna	G.O.A.T. Team Michałowice	Michałowice	2:25:42.49 (06:20min/km)	2:25:49.07	+0:45:42.13
71 - K /6	K30/1	PAWEŁEK , Paulina		Kraków	2:26:22.59 (06:21min/km)	2:26:29.13	+0:46:22.19
72 - M /66	M40/32	DĄBROWSKI, Mirosław	AZS AWF KRAKÓW MASTERS	Kraków	2:26:33.35 (06:22min/km)	2:26:38.92	+0:46:31.98
73 - M /67	M30/25	ŁUCKA, Artur		Kraków	2:26:33.78 (06:22min/km)	2:26:42.61	+0:46:35.67
74 - M /68	M40/33	JARMUŻEK, Marcin		Kraków	2:26:56.40 (06:23min/km)	2:27:05.03	+0:46:58.09
75 - K /7	K40/5	POPŁAWSKA, Magdalena		Kraków	2:27:21.08 (06:24min/km)	2:27:31.17	+0:47:24.23
76 - M /69	M40/34	POPŁAWSKI, Przemysław	Seboradin Team	Kraków	2:27:20.85 (06:24min/km)	2:27:31.50	+0:47:24.56
77 - M /70	M30/26	MLEKO, Michał	ITMBW Kraków	Kraków	2:27:33.25 (06:24min/km)	2:27:37.52	+0:47:30.58
78 - M /71	M40/35	BORKOWSKI, Piotr	Borkomet	Chorzów	2:27:50.77 (06:25min/km)	2:28:00.48	+0:47:53.54
79 - M /72	M40/36	BULKA, Tomek	G.O.A.T. Team Michałowice	Kraków	2:27:46.47 (06:25min/km)	2:28:01.37	+0:47:54.43
80 - K /8	K50/1	SZLIFIŃSKA-NOWAK, Anna		Karniowice	2:28:11.56 (06:26min/km)	2:28:19.53	+0:48:12.59
81 - K /9	K40/6	GOTKIEWICZ-CICHON, Edyta		KRAKÓW	2:28:29.56 (06:27min/km)	2:28:36.07	+0:48:29.13
82 - M /73	M40/37	PASELA, Jerzy		Kraków	2:29:08.24 (06:29min/km)	2:29:23.91	+0:49:16.97
	M20	RYCZEK, Sebastian		Rudawa	2:29:31.00 [GPS]	2:29:31.00 [GPS]	
84 - M /74	M30/27	WALCZAK, Waldemar		Zielonki	2:29:56.65 (06:31min/km)	2:30:01.40	+0:49:54.46
85 - K /10	K40/7	MARECKA, Zofia	RUNPROGRESS Team	Kraków	2:30:32.11 (06:32min/km)	2:30:43.27	+0:50:36.33
86 - M /75	M20/5	KRUK, Tymoteusz	GGs TEAM		2:31:22.13 (06:34min/km)	2:31:29.66	+0:51:22.72
87 - M /76	M40/38	WYSOCKI, Rafał	KKM Kaloryfer	Kraków	2:31:27.59 (06:35min/km)	2:31:39.56	+0:51:32.62
88 - M /77	M50/7	WALCZYK, Roman	Water Knights	Kraków	2:32:06.74 (06:36min/km)	2:32:11.37	+0:52:04.43
89 - M /78	M30/28	TIČINOVIĆ, Daniel	Błękitna XVII	Kraków	2:32:41.32 (06:38min/km)	2:32:47.44	+0:52:40.50

90 - M /79	M40/39	LESIAK, Filip	Skawina Biega	Kraków	2:32:49.60 (06:38min/km)	2:32:59.64	+0:52:52.70
91 - M /80	M40/40	DZIUBA, Marcin		Kraków	2:33:04.11 (06:39min/km)	2:33:16.18	+0:53:09.24
92 - M /81	M40/41	MAŚLIOR, Wojciech		Zawada	2:33:14.19 (06:39min/km)	2:33:25.81	+0:53:18.87
93 - K /11	K30/2	JANČZYK, Ewa		Kraków	2:33:22.13 (06:40min/km)	2:33:25.88	+0:53:18.94
94 - M /82	M40/42	MADEJ, Grzegorz		Kraków	2:33:37.95 (06:40min/km)	2:33:51.59	+0:53:44.65
95 - M /83	M50/8	LALEWICZ, Artur	G.O.A.T. Team Michałowice	Masłomiąca	2:34:31.74 (06:43min/km)	2:34:39.59	+0:54:32.65
96 - M /84	M30/29	KARPIERZ, Tomasz		Kraków	2:34:26.16 (06:42min/km)	2:34:41.71	+0:54:34.77
97 - M /85	M40/43	TENCZYŃSKI, Andrzej		Kraków	2:35:04.54 (06:44min/km)	2:35:18.77	+0:55:11.83
98 - K /12	K40/8	MUSIAŁ, Anna	Niepołomice Biegaja	Kraków	2:35:54.22 (06:46min/km)	2:36:02.39	+0:55:55.45
99 - M /86	M40/44	HILLER , Artur		Wieliczka	2:36:13.70 (06:47min/km)	2:36:23.32	+0:56:16.38
100 - M /87	M40/45	STOLARZ, Grzegorz	Niepołomice Biegaja	Zabawa	2:36:13.87 (06:47min/km)	2:36:23.42	+0:56:16.48
101 - M /88	M40/46	WIECZOREK, Grzegorz			2:37:25.78 (06:50min/km)	2:37:35.37	+0:57:28.43
102 - K /13	K20/2	TUMIDAJEWICZ , Patrycja		Libusza	2:38:09.63 (06:52min/km)	2:38:16.54	+0:58:09.60
103 - K /14	K30/3	MAĆZKA, Martyna	Mordor Team	Kraków	2:38:21.95 (06:53min/km)	2:38:28.55	+0:58:21.61
104 - K /15	K40/9	SZEWCZYK, Monika	KKM Kaloryfer	Kraków	2:40:06.03 (06:57min/km)	2:40:18.44	+1:00:11.50
105 - M /89	M30/30	JAGODZIŃSKI, Karol	OSPRO OCR	Nowa Wola	2:43:12.07 (07:05min/km)	2:43:18.71	+1:03:11.77
106 - K /16	K30/4	SAMOCIUK, Karolina	OSPRO OCR	Nowa Wola	2:43:14.62 (07:05min/km)	2:43:20.68	+1:03:13.74
107 - M /90	M40/47	PENA, Aleksander		Wrząsowice	2:43:17.04 (07:05min/km)	2:43:27.53	+1:03:20.59
108 - M /91	M40/48	SZNAJDER, Rafał	G.O.A.T. Team Michałowice	Michałowice	2:43:18.84 (07:06min/km)	2:43:33.64	+1:03:26.70
109 - K /17	K40/10	WÓJCIK, Monika	RUNPROGRESS Team	Kraków	2:44:06.74 (07:08min/km)	2:44:15.94	+1:04:09.00
110 - M /92	M40/49	NIEDZIELSKI, Robert	Acar Team Vege Runners		2:44:40.79 (07:09min/km)	2:44:45.87	+1:04:38.93
111 - M /93	M50/9	STANKOW, Piotr	Słońca Jury	Biskupice	2:45:56.70 (07:12min/km)	2:46:12.56	+1:06:05.62
112 - K /18	K30/5	PIECZARKOWSKA-MRÓZ, Zuzanna	KKM Kaloryfer	Kraków	2:47:19.35 (07:16min/km)	2:47:31.94	+1:07:25.00
113 - K /19	K20/3	TERESZKIEWICZ, Martyna		Gliwice	2:47:45.68 (07:17min/km)	2:47:53.24	+1:07:46.30
114 - M /94	M50/10	DURAS, Andrzej		Świątniki Górne	2:49:05.96 (07:21min/km)	2:49:25.49	+1:09:18.55
115 - K /20	K40/11	FRANCZAK, Katarzyna		Krakow	2:49:26.75 (07:22min/km)	2:49:37.96	+1:09:31.02
116 - M /95	M50/11	TYLIBA, Ireneusz	Jura TEAM	Przeginia	2:52:47.18 (07:30min/km)	2:52:59.33	+1:12:52.39
117 - M /96	M30/31	KRUCZEK, Paweł	CWCR OZ w Krakowie	Kraków	2:54:17.45 (07:34min/km)	2:54:25.70	+1:14:18.76
118 - M /97	M30/32	SAGAN, Artur			2:55:17.27 (07:37min/km)	2:55:25.51	+1:15:18.57
119 - K /21	K30/6	UCHACZ , Magdalena		Kraków	2:58:03.10 (07:44min/km)	2:58:03.10	+1:17:56.16
120 - K /22	K40/12	PAGACZ, Joanna		Kraków	2:57:57.48 (07:44min/km)	2:58:05.49	+1:17:58.55
121 - M /98	M40/50	KUREK, Jan	JURA TEAM	Krzyszowice	2:58:40.70 (07:46min/km)	2:58:53.79	+1:18:46.85

122 - M /99	M30/33	WARSZAWIAK, Paweł		Wieliczka	3:00:34.62 (07:51min/km)	3:00:49.02	+1:20:42.08
123 - K /23	K30/7	SZOZDA, Katarzyna	Sprintex Team	Kraków	3:02:21.12 (07:55min/km)	3:02:28.97	+1:22:22.03
124 - M /100	M40/51	SUSZ, Artur		Kraków	3:02:50.47 (07:56min/km)	3:03:06.96	+1:23:00.02
125 - K /24	K30/8	RĘBISZ, Katarzyna		Kraków	3:05:47.96 (08:04min/km)	3:05:54.26	+1:25:47.32
126 - K /25	K50/2	KŁOPOTOWSKA SOSNA, Kaśka	Unlimited Sport 2.0	Kraków	3:08:05.10 (08:10min/km)	3:08:15.57	+1:28:08.63
127 - K /26	K30/9	LEPAK, Ola		Kraków	3:09:52.29 (08:15min/km)	3:10:01.32	+1:29:54.38
128 - M /101	M40/52	GAWLIK, Andrzej		Kraków	3:18:48.70 (08:38min/km)	3:18:57.91	+1:38:50.97
129 - M /102	M40/53	JANICKI, Patryk	Poranny Patrol	Kraków	3:22:06.91 (08:47min/km)	3:22:23.34	+1:42:16.40
130 - K /27	K40/13	JUSZCZYK, Małgorzata	Niepołomice Biegają	Niepołomice	3:28:17.79 (09:03min/km)	3:28:17.79	+1:48:10.85
131 - M /103	M50/12	SZCZEPOCKI, Andrzej	Niepołomice Biegają	Niepołomice	3:34:25.12 (09:19min/km)	3:34:39.33	+1:54:32.39
132 - K /28	K40/14	SOJKA, Małgorzata	Niepołomice Biegają	Niepołomice	3:41:18.49 (09:37min/km)	3:41:32.46	+2:01:25.52
	M30	SENKOWSKI, Jakub	Truda Boys 91	Kraków	DNF	DNF	
	M50	KALETA, Jan	JW 2771 Rząska 2771 Rząska	Krakow	DNS	DNS	
	M30	WNEK, Marek		Kraków	DNS	DNS	



Grand Prix Krakowa w Biegach Górskich 2023/2024 - R1

Kraków, 2023-11-04 - Wyniki

Ultra

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M40/1	GRZĄDZIEL, Dominik	ATTIQ TEAM	Dzianowice	2:47:24.58 (04:46min/km)	2:47:24.58	+0:00:00.00
2 - M/2	M40/2	WÓJCIK, Paweł	Klub Biegacza AZS UEK	Krakow	2:55:53.48 (05:01min/km)	2:55:56.87	+0:08:32.29
3 - M/3	M30/1	FLOREK, Sebastian		Ptaszkowa	2:56:29.07 (05:02min/km)	2:56:32.58	+0:09:08.00
4 - M/4	M40/3	SALIK, Stanisław		Wieliczka	2:58:15.03 (05:05min/km)	2:58:35.94	+0:11:11.36
5 - M/5	M30/2	STUDENCKI, Dawid	4TriTeam	Kraków	2:59:38.71 (05:07min/km)	2:59:42.48	+0:12:17.90
6 - M/6	M40/4	SZCZUREK, Dominik	Kia Wadowscy Team	Myślenice	3:04:25.76 (05:16min/km)	3:04:29.25	+0:17:04.67
7 - M/7	M50/1	ŚCIESZKA, Wojciech	13 elt Kraków-Balice	Kraków	3:12:51.07 (05:30min/km)	3:12:59.68	+0:25:35.10
8 - M/8	M50/2	KIJANKA, Artur		Zielonki	3:20:08.39 (05:43min/km)	3:20:13.42	+0:32:48.84
9 - M/9	M40/5	ZDĄBŁARZ, Marcin		Pogorzycze	3:25:36.70 (05:52min/km)	3:25:41.27	+0:38:16.69
10 - M/10	M20/1	SUCHORA, Kacper	*****	Kraśnik	3:31:28.75 (06:02min/km)	3:31:35.11	+0:44:10.53
11 - M/11	M50/3	NOWAK, Robert	Poranny Patrol	Rząska	3:33:52.79 (06:06min/km)	3:34:02.45	+0:46:37.87
12 - M/12	M40/6	KRYSTYAN, Tomasz		kraków	3:40:16.62 (06:17min/km)	3:40:32.42	+0:53:07.84
13 - M/13	M50/4	MUSZYŃSKI, Maciej	MM Power Koliber Team	Kraków	3:40:57.91 (06:18min/km)	3:41:01.85	+0:53:37.27
14 - M/14	M60/1	BUCZEK, Jerzy	Unlimited Sport 2.0	Kraków	3:41:38.70 (06:19min/km)	3:41:51.10	+0:54:26.52
15 - M/15	M50/5	KALETA, Jan	JW 2771 Rząska	Krakow	3:42:33.49 (06:21min/km)	3:42:38.68	+0:55:14.10
16 - M/16	M50/6	WAĆHAŁA, Grzegorz	Sprintex Team	Skawina	3:44:39.76 (06:25min/km)	3:44:49.13	+0:57:24.55
17 - M/17	M40/7	WOŹNIAK, Łukasz	Poranny Patrol	Kraków	3:57:48.54 (06:47min/km)	3:58:00.08	+1:10:35.50
18 - K/1	K30/1	KLAJA, Kasia			3:58:05.99 (06:48min/km)	3:58:16.57	+1:10:51.99
19 - M/18	M40/8	KOWALEWSKI, Bartosz	Alleluja i do przodu	Kraków	4:00:34.73 (06:52min/km)	4:00:42.47	+1:13:17.89
20 - M/19	M30/3	KUREK, Michał		Kraków	4:04:32.18 (06:59min/km)	4:04:36.26	+1:17:11.68
21 - K/2	K30/2	SIUDA, Magdalena		Libiąż	4:04:43.88 (06:59min/km)	4:04:50.28	+1:17:25.70
22 - M/20	M20/2	BAJDA, Artur	Oskarlovescoffee	Kraków	4:11:44.83 (07:11min/km)	4:11:44.83	+1:24:20.25
23 - M/21	M40/9	DOMORADZKI, Łukasz		Krakow	4:13:20.18 (07:14min/km)	4:13:25.50	+1:26:00.92
24 - M/22	M60/2	KAMIŃSKI, Krzysztof			4:14:25.79 (07:16min/km)	4:14:37.86	+1:27:13.28

25 - K /3	K40/1	SOWA-LEWANDOWSKA, Katarzyna	UKS Lider Siercza Technikam	Wieliczka	4:14:45.43 (07:16min/km)	4:15:04.25	+1:27:39.67
26 - M /23	M40/10	HOŁDA, Jerzy	Holdasy	Kraków	4:15:05.71 (07:17min/km)	4:15:16.45	+1:27:51.87
27 - K /4	K40/2	PRAGNAÇA, Milena	Poranny Patrol	Kraków	4:16:19.04 (07:19min/km)	4:16:28.71	+1:29:04.13
28 - M /24	M60/3	KŁEMBUKOWSKI, Piotr	MM Power Koliber Team	Kraków	4:16:55.54 (07:20min/km)	4:17:10.12	+1:29:45.54
29 - M /25	M50/7	MURYN, Bartłomiej	SBG Podbieg	Kraków	4:19:45.74 (07:25min/km)	4:20:03.26	+1:32:38.68
30 - M /26	M40/11	BUŁAWA, Grzegorz		Gliwice	4:21:29.83 (07:28min/km)	4:21:36.21	+1:34:11.63
31 - K /5	K40/3	IWANOWICZ, Anna	PoCoMiTo	Chrzanów	4:23:57.22 (07:32min/km)	4:24:03.79	+1:36:39.21
32 - M /27	K40/4	CASTELEIN, Astrid			4:34:57.09 (07:51min/km)	4:35:02.74	+1:47:38.16
33 - M /28	M50/8	YAKOVENKO, Andriy	KM Running Club	Kyiv	4:51:56.48 (08:20min/km)	4:52:05.32	+2:04:40.74
	M50	GŁOMBIK, Krzysztof		Książenice	DNF	DNF	