



Grand Prix Krakowa w Biegach Górskich 2023/2024 - R2

Kraków, 2023-12-03 - Wyniki

Dzieci - 450m

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	450m/1	BRZYSKI, Adam	BRZYSKI TRI TEAM	Kraków	0:02:20.35 (05:11min/km)	0:02:20.35	+0:00:00.00
2 - M/2	450m/2	BOROWIAK, Misiiek	FitPark Team	Kraków	0:02:31.52 (05:36min/km)	0:02:31.52	+0:00:11.17
3 - K/1	450m/3	DOBRZAŃSKA, Milena			0:02:51.92 (06:22min/km)	0:02:51.92	+0:00:31.57
4 - M/3	450m/4	ŚLIZOWSKI, Szymon	MŁODE SMOKI WKS WAWEL	Kraków	0:03:01.66 (06:43min/km)	0:03:01.66	+0:00:41.31
5 - M/4	450m/5	MIŚKIEWICZ, Adam	WKS Wawel BnO	Kraków	0:03:19.16 (07:22min/km)	0:03:19.16	+0:00:58.81
6 - M/5	450m/6	MIKA, Samuel	Miki Team	Kraków	0:03:27.29 (07:40min/km)	0:03:27.29	+0:01:06.94
7 - K/2	450m/7	BRANDYS, Jagoda	Trenuj w Krakowie	Kraków	0:03:45.51 (08:21min/km)	0:03:45.51	+0:01:25.16
8 - K/3	450m/8	PRZYBYŁO, Justyna	WKS Wawel BnO	Kraków	0:03:51.28 (08:33min/km)	0:03:51.28	+0:01:30.93
9 - K/4	450m/9	KACZMAREK, Róża	Centrum Zdrowia Biegacza Kraków	Kraków	0:03:58.35 (08:49min/km)	0:03:58.35	+0:01:38.00
10 - M/6	450m/10	PRZEBIEGLEC, Franciszek		Kraków	0:04:02.90 (08:59min/km)	0:04:02.90	+0:01:42.55
11 - M/7	450m/11	BEDNARCZYK, Hubert	WKS Wawel BnO	Kraków	0:04:14.82 (09:26min/km)	0:04:14.82	+0:01:54.47
12 - K/5	450m/12	SOBULA, Łucja		Kraków	0:04:14.85 (09:26min/km)	0:04:14.85	+0:01:54.50
13 - K/6	450m/13	GURGUL, Zofia	Aromat Nóg	Kraków	0:04:21.81 (09:41min/km)	0:04:21.81	+0:02:01.46
14 - K/7	450m/14	ŚLIZOWSKA, Ada		Kraków	0:04:23.92 (09:46min/km)	0:04:23.92	+0:02:03.57
15 - M/8	450m/15	WASILEWSKI, Franio	Aromat Nóg	Krakow	0:04:26.14 (09:51min/km)	0:04:26.14	+0:02:05.79
16 - K/8	450m/16	HAJNOLD-MĄCZKA, Ela		Kraków	0:04:27.21 (09:53min/km)	0:04:27.21	+0:02:06.86
17 - K/9	450m/17	PRZEBIEGLEC, Maria		Kraków	0:04:29.64 (09:59min/km)	0:04:29.64	+0:02:09.29
18 - M/9	450m/18	ROGOWIEC, Leon		Kraków	0:04:35.82 (10:12min/km)	0:04:35.82	+0:02:15.47
19 - K/10	450m/19	WALAŚ, Helena			0:05:22.84 (11:57min/km)	0:05:22.84	+0:03:02.49
20 - K/11	450m/20	WITEK, Aurelia		Burów	0:05:27.82 (12:08min/km)	0:05:27.82	+0:03:07.47
21 - M/10	450m/21	OKÓLSKI, Ignasz	KAY-MAX	Kraków	0:05:50.69 (12:59min/km)	0:05:50.69	+0:03:30.34
22 - M/11	450m/22	OSIADACZ, Filip	Trenuj w Krakowie	Kraków	0:06:16.73 (13:57min/km)	0:06:16.73	+0:03:56.38
23 - M/12	450m/23	KRÓL, Szymon		Kraków	0:06:17.25 (13:58min/km)	0:06:17.25	+0:03:56.90
24 - M/13	450m/24	KRÓL, Sebastian		Kraków	0:06:25.80 (14:17min/km)	0:06:25.80	+0:04:05.45



Grand Prix Krakowa w Biegach Górskich 2023/2024 - R2

Kraków, 2023-12-03 - Wyniki

Dzieci - 900m

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	900m/1	PADŁO, Piotr			0:04:14.20 (04:42min/km)	0:04:14.20	+0:00:00.00
2 - K/1	900m/2	LEGUTKO, Maja	WKS Wawel BnO	Krakow	0:04:14.31 (04:42min/km)	0:04:14.31	+0:00:00.11
3 - M/2	900m/3	MIKA, Beniamin	Miki Team	Kraków	0:04:16.30 (04:44min/km)	0:04:16.30	+0:00:02.10
4 - M/3	900m/4	BRANDYS, Mikołaj	Trenuj w Krakowie	Kraków	0:04:26.64 (04:56min/km)	0:04:26.64	+0:00:12.44
5 - K/2	900m/5	OSIADACZ, Julia	Trenuj w Krakowie	Kraków	0:04:34.25 (05:04min/km)	0:04:34.25	+0:00:20.05
6 - M/4	900m/6	MAGOLAN, Jan		Kobylany	0:04:36.01 (05:06min/km)	0:04:36.01	+0:00:21.81
7 - M/5	900m/7	KACZMAREK, Stanisław	Centrum Zdrowia Biegacza Kraków	Kraków	0:04:44.55 (05:16min/km)	0:04:44.55	+0:00:30.35
8 - M/6	900m/8	KOWALIŃSKI, Eryk	Hutnik Kraków	Kraków	0:05:10.22 (05:44min/km)	0:05:10.22	+0:00:56.02
9 - K/3	900m/9	SADOWSKA, Otylia	WKS Szreniawa Nowy Wiśnicz	Dąbrówka	0:05:13.13 (05:47min/km)	0:05:13.13	+0:00:58.93
10 - M/7	900m/10	KOWALSKI, Julian	Interregio	Kraków	0:05:23.49 (05:59min/km)	0:05:23.49	+0:01:09.29
11 - K/4	900m/11	SZPYTMA, Hanna		Kraków	0:05:37.49 (06:14min/km)	0:05:37.49	+0:01:23.29
12 - K/5	900m/12	BOROWIAK, Fela	FitPark Team	Kraków	0:05:41.70 (06:19min/km)	0:05:41.70	+0:01:27.50
13 - K/6	900m/13	PRYTKOVA, Daria		Kraków	0:05:43.69 (06:21min/km)	0:05:43.69	+0:01:29.49
14 - K/7	900m/14	NOWACKA, Aleksandra		Kraków	0:05:50.85 (06:29min/km)	0:05:50.85	+0:01:36.65
15 - K/8	900m/15	SOBULA, Aniela	Z Gorki		0:06:03.86 (06:44min/km)	0:06:03.86	+0:01:49.66
16 - M/8	900m/16	KLEIN, Artur	MisiaqBiega	Kraków	0:06:11.28 (06:52min/km)	0:06:11.28	+0:01:57.08
17 - K/9	900m/17	KULON, Maja	BeFit24Team	Kraków	0:06:16.36 (06:58min/km)	0:06:16.36	+0:02:02.16
18 - M/9	900m/18	OKÓLSKI, Kay	KAY-MAX	Kraków	0:06:29.41 (07:12min/km)	0:06:29.41	+0:02:15.21
19 - M/10	900m/19	OKÓLSKI, Max	KAY-MAX	Kraków	0:06:32.50 (07:16min/km)	0:06:32.50	+0:02:18.30
20 - M/11	900m/20	GRZESIAK, Andrzej	Hutnik Kraków	Kraków	0:06:32.79 (07:16min/km)	0:06:32.79	+0:02:18.59
21 - M/12	900m/21	RYLL, Tomasz	BeFit24Team	Kraków	0:06:39.82 (07:24min/km)	0:06:39.82	+0:02:25.62
22 - K/10	900m/22	BEDNARCZYK, Wiktoria	WKS Wawel BnO	Kraków	0:06:48.88 (07:34min/km)	0:06:48.88	+0:02:34.68
23 - K/11	900m/23	SOLAKIEWICZ, Maja	BeFit24Team	Kraków	0:07:15.02 (08:03min/km)	0:07:15.02	+0:03:00.82
24 - M/13	900m/24	KULON, Gabriela			0:07:50.19 (08:42min/km)	0:07:50.19	+0:03:35.99



Grand Prix Krakowa w Biegach Górskich 2023/2024 - R2

Kraków, 2023-12-03 - Wyniki

3,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M40/1	DRONSZCZYK, Piotr	#AdamCzerwinskiTeam	Wieliczka	0:15:11.36 (04:06min/km)	0:15:11.92	+0:00:00.00
2 - M/2	M30/1	KŁECZEK, Radosław	Samolotowy Team		0:15:19.51 (04:08min/km)	0:15:20.82	+0:00:08.90
3 - M/3	M30/2	KACZMAREK, Michał	Centrum Zdrowia Biegacza Kraków	Kraków	0:15:33.35 (04:12min/km)	0:15:33.35	+0:00:21.43
4 - M/4	M30/3	FILICIAK, Michał	AZS AWF KRAKÓW MASTERS	Kraków	0:16:26.53 (04:26min/km)	0:16:26.53	+0:01:14.61
5 - M/5	M20/1	ZIĘBA, Kuba	AZS UEK Kraków	Kraków	0:16:43.45 (04:31min/km)	0:16:45.71	+0:01:33.79
6 - M/6	M30/4	TKACZYK, Szymon	Samolotowy Team	Kraków	0:16:59.07 (04:35min/km)	0:17:01.15	+0:01:49.23
7 - M/7	M40/2	TARGOSZ, Michał	RUNPROGRESS Team		0:17:09.14 (04:38min/km)	0:17:09.14	+0:01:57.22
8 - M/8	M16/1	PIÓRKOWSKI, Kuba	UKS Lider Siercza	Wieliczka	0:17:21.48 (04:41min/km)	0:17:26.39	+0:02:14.47
9 - M/9	M40/3	GAWIN, Krzysztof	BeFit24Team	Więckowice	0:17:30.59 (04:43min/km)	0:17:32.11	+0:02:20.19
10 - M/10	M16/2	JĘZYK, Marek	My Endurance Coaching Limanowa Forrest	Kraków	0:17:31.21 (04:44min/km)	0:17:33.37	+0:02:21.45
11 - K/1	K30/1	PAPROCKA, Urszula	Nowa Huta Team	Kraków	0:17:31.49 (04:44min/km)	0:17:33.68	+0:02:21.76
12 - M/11	M30/5	WITEK, Przemysław	Zabierzów Biega	Burów	0:17:46.65 (04:48min/km)	0:17:48.54	+0:02:36.62
13 - M/12	M40/4	KRZEŚNIAK, Karol	G.O.A.T. Team Michałowice	Zagórzycze Dworskie	0:18:12.70 (04:55min/km)	0:18:12.70	+0:03:00.78
14 - M/13	M40/5	CZAPCZYŃSKI, Cezary	Niepołomice Biegaja	Niepołomice	0:18:13.72 (04:55min/km)	0:18:13.72	+0:03:01.80
15 - M/14	M40/6	JAWOREK, Grzegorz		Kraków	0:18:21.98 (04:57min/km)	0:18:23.62	+0:03:11.70
16 - M/15	M13/1	WOJDOWSKI, Marek	TS Wieliczanka Wieliczka	Kraków	0:18:23.43 (04:58min/km)	0:18:24.27	+0:03:12.35
17 - K/2	K40/1	SOLAKIEWICZ, Anna	BeFit24Team	Kraków	0:18:23.83 (04:58min/km)	0:18:24.96	+0:03:13.04
18 - K/3	K20/1	ŁODZIŃSKA, Dominika	AZS AWF KRAKÓW MASTERS	Kraków	0:18:25.12 (04:58min/km)	0:18:25.12	+0:03:13.20
19 - M/16	M50/1	GEDL, Przemysław		Kraków	0:18:58.83 (05:07min/km)	0:19:00.39	+0:03:48.47
20 - M/17	M13/2	FILICIAK, Antoni	AZS AWF KRAKÓW MASTERS	Kraków	0:18:59.20 (05:07min/km)	0:19:02.49	+0:03:50.57
21 - M/18	M30/6	CZARNECKI, Grzegorz	G.O.A.T. Team Michałowice	Masłomiąca	0:19:06.16 (05:09min/km)	0:19:09.08	+0:03:57.16
	M40	BANIAK, Marcin	G.O.A.T. Team Michałowice	Michałowice	0:19:13.01 [GPS]	0:19:13.01 [GPS]	
23 - M/19	M12/1	CZARNECKI, Jakub	G.O.A.T. Team Michałowice	Masłomiąca	0:19:14.00 (05:11min/km)	0:19:15.38	+0:04:03.46

24 - M /20	M13/3	KOWALSKI, Adam	TS Wieliczanka	Libertów	0:19:22.64 (05:14min/km)	0:19:25.02	+0:04:13.10
25 - M /21	M40/7	ŚMIAŁEK, Łukasz	G.O.A.T. Team Michałowice	Michałowice	0:19:22.33 (05:14min/km)	0:19:25.64	+0:04:13.72
26 - M /22	M40/8	PIÓRKOWSKI, Tomek	#AdamCzerwinskiTeam	Wieliczka	0:19:26.84 (05:15min/km)	0:19:26.84	+0:04:14.92
27 - K /4	K13/1	PESZT, Martyna	SportWise	Kraków	0:19:26.40 (05:15min/km)	0:19:27.82	+0:04:15.90
28 - M /23	M16/3	PAWŁOWSKI, Jakub			0:19:31.82 (05:16min/km)	0:19:31.82	+0:04:19.90
29 - M /24	M13/4	DRONSZCZYK, Stanisław	#AdamCzerwinskiTeam	Wieliczka	0:19:30.89 (05:16min/km)	0:19:32.53	+0:04:20.61
30 - M /25	M30/7	PALKA, Krzysztof	Run 4 Fun	Zagórze	0:19:32.77 (05:16min/km)	0:19:32.77	+0:04:20.85
31 - M /26	M40/9	KOWALSKI, Krzysztof	2k	Libertów	0:19:31.42 (05:16min/km)	0:19:34.46	+0:04:22.54
32 - M /27	M40/10	GRABOWSKI, Mariusz	#AdamCzerwińskiTeam	Kraków	0:19:37.74 (05:18min/km)	0:19:37.74	+0:04:25.82
33 - K /5	K30/2	DUDZIAK, Dorota	#AdamCzerwinskiTeam	Kraków	0:19:38.52 (05:18min/km)	0:19:39.92	+0:04:28.00
34 - K /6	K20/2	MACH, Ewa		Kraków	0:19:45.22 (05:20min/km)	0:19:47.93	+0:04:36.01
35 - M /28	M40/11	STASZEK, Łukasz	Samolotowy Team	Krakow	0:19:44.06 (05:20min/km)	0:19:48.80	+0:04:36.88
36 - K /7	K20/3	KASPRZAK, Maria		Kraków	0:19:50.52 (05:21min/km)	0:19:51.99	+0:04:40.07
37 - M /29	M40/12	MISKIEWICZ, Paweł	WKS Wawel BnO	Kraków	0:19:53.17 (05:22min/km)	0:19:53.17	+0:04:41.25
38 - K /8	K40/2	CHYLEWSKA-OLECH, Dagmara	BeFit24Team	Kraków	0:19:57.87 (05:23min/km)	0:19:57.87	+0:04:45.95
39 - K /9	K40/3	PŁAZIAK-KOWALSKA, Magdalena	2K	Libertów	0:19:58.11 (05:23min/km)	0:20:02.29	+0:04:50.37
40 - M /30	M50/2	TOMCZYK, Marcin	AZS AWF KRAKÓW MASTERS	Kraków	0:19:57.97 (05:23min/km)	0:20:03.12	+0:04:51.20
41 - K /10	K30/3	KACZMAREK, Angelika	Centrum Zdrowia Biegacza Kraków	Kraków	0:20:11.34 (05:27min/km)	0:20:11.34	+0:04:59.42
	M40	DUROŃ, Marcin	Samolotowy Team	Kraków	0:20:14.01 [GPS]	0:20:14.01 [GPS]	
	M40	KIKLICA, Artur	Samolotowy Team	Kraków	0:20:15.01 [GPS]	0:20:15.01 [GPS]	
44 - M /31	M13/5	KRZYWORĄCZKA, Tomasz	krzyworaczka.pl	Zielonki	0:20:17.47 (05:29min/km)	0:20:21.70	+0:05:09.78
45 - K /11	K40/4	HERDA, Ewelina	G.O.A.T. Team Michałowice		0:20:28.22 (05:31min/km)	0:20:28.22	+0:05:16.30
46 - M /32	M40/13	KRZYWORĄCZKA, Paweł	krzyworaczka.pl	Zielonki	0:20:28.51 (05:32min/km)	0:20:32.03	+0:05:20.11
47 - K /12	K16/1	MARCINIAK, Marta	UKS Lider Siercza	Wieliczka	0:20:29.49 (05:32min/km)	0:20:34.40	+0:05:22.48
48 - M /33	M30/8	WAŃCZYK, Łukasz	BeFit24Team	Kraków	0:20:34.60 (05:33min/km)	0:20:37.81	+0:05:25.89
49 - K /13	K12/1	KOWALICZEK, Alicja		Kraków	0:20:39.92 (05:35min/km)	0:20:42.78	+0:05:30.86
50 - K /14	K12/2	PESZT, Mira	SportWise	Kraków	0:20:47.11 (05:37min/km)	0:20:48.97	+0:05:37.05
51 - M /34	M16/4	TYLEK, Michał		Kraków	0:20:48.09 (05:37min/km)	0:20:50.48	+0:05:38.56
52 - M /35	M60/1	SZUMIEC, Andrzej	Lacho Team	Kraków	0:20:54.56 (05:39min/km)	0:20:58.20	+0:05:46.28
53 - M /36	M12/2	LISIEWICZ, Natan		Skawina	0:21:09.82 (05:43min/km)	0:21:09.82	+0:05:57.90
54 - M /37	M40/14	MARCZEWSKI, Marcin	Bronowice też Biegają	Kraków	0:21:00.94 (05:40min/km)	0:21:10.09	+0:05:58.17

55 - M /38	M13/6	NARTYMAU, Mikhail		Kraków	0:21:11.11 (05:43min/km)	0:21:11.11	+0:05:59.19
56 - K /15	K13/2	DURLAK, Anika		Siedlec	0:21:11.50 (05:43min/km)	0:21:11.97	+0:06:00.05
57 - M /39	M13/7	PRZYBYŁKA, Michał		Kraków	0:21:15.65 (05:44min/km)	0:21:19.60	+0:06:07.68
58 - M /40	M13/8	PUŁCZYŃSKI, Jeremi	WKS Wawel BnO	Kraków	0:21:22.99 (05:46min/km)	0:21:22.99	+0:06:11.07
59 - M /41	M40/15	PALMI, Piotr		Wieliczka	0:20:47.84 (05:37min/km)	0:21:24.45	+0:06:12.53
60 - M /42	M13/9	WALUŚ, Rafał	KS Murzasichle		0:20:24.06 (05:30min/km)	0:21:42.88	+0:06:30.96
61 - K /16	K40/5	PODGORSKA, Magdalena	AZS AWF KRAKÓW MASTERS	KRAKOW	0:21:37.01 (05:50min/km)	0:21:42.99	+0:06:31.07
62 - K /17	K30/4	STASZEK, Anna	AZS AWF KRAKÓW MASTERS	Zielinki	0:21:38.87 (05:51min/km)	0:21:44.85	+0:06:32.93
63 - M /43	M30/9	CIERLAK, Przemysław	Brzyski Tri Team	Kraków	0:21:35.85 (05:50min/km)	0:21:45.19	+0:06:33.27
64 - M /44	M60/2	TRELA, Jacek	AZS AWF KRAKÓW MASTERS	Kraków	0:21:39.01 (05:51min/km)	0:21:45.62	+0:06:33.70
65 - M /45	M40/16	KULON, Grzegorz	BeFit24Team	Kraków	0:22:06.65 (05:58min/km)	0:22:13.78	+0:07:01.86
	K40	BIELEC, Kinga	G.O.A.T. Team Michałowice	Kraków	0:22:26.01 [GPS]	0:22:26.01 [GPS]	
67 - M /46	M12/3	HUNDT, David	WKS Wawel BnO	Kraków	0:22:34.21 (06:06min/km)	0:22:36.23	+0:07:24.31
68 - M /47	M50/3	MARZEC, Artur	#AdamCzerwinskiTeam	Wieliczka	0:22:29.46 (06:04min/km)	0:22:36.77	+0:07:24.85
69 - K /18	K40/6	WINCZURA-FEKETE, Ewa	ITMBW Kraków	Gaj	0:22:30.40 (06:04min/km)	0:22:36.83	+0:07:24.91
70 - M /48	M40/17	PRZYBYŁO, Tomasz	WKS Wawel BnO	Kraków	0:22:46.37 (06:09min/km)	0:22:51.39	+0:07:39.47
71 - M /49	K40/7	DURLAK, Kamila			0:22:50.91 (06:10min/km)	0:22:52.60	+0:07:40.68
72 - M /50	M30/10	BIELECKI, Rafał	GGs TEAM		0:22:53.00 (06:11min/km)	0:22:53.00	+0:07:41.08
73 - M /51	M60/3	OLIWA, Edward	ITMBW Kraków	Kraków	0:22:50.12 (06:10min/km)	0:22:54.22	+0:07:42.30
74 - M /52	M12/4	PRZYBYŁO, Jakub	WKS Wawel BnO	Kraków	0:22:49.21 (06:10min/km)	0:22:54.71	+0:07:42.79
75 - M /53	M12/5	RYGIEL , Alek	WKS Wawel BnO	Kraków	0:22:50.37 (06:10min/km)	0:22:55.67	+0:07:43.75
76 - M /54	M30/11	BOROWIAK, Piotr	Piotrunio Team	Kraków	0:23:04.06 (06:14min/km)	0:23:08.94	+0:07:57.02
77 - M /55	M16/5	DONIEC, Krzysztof	AZS UEK Kraków		0:23:08.17 (06:15min/km)	0:23:10.83	+0:07:58.91
78 - M /56	M12/6	SADOWSKI, Leon	WKS Szreniawa Nowy Wiśnicz	Dąbrówka	0:23:04.91 (06:14min/km)	0:23:11.93	+0:08:00.01
79 - M /57	M70/1	NOWOTNY, Marian	Niepołomice Biegaja	Damienice	0:23:08.82 (06:15min/km)	0:23:15.16	+0:08:03.24
80 - K /19	K30/5	SAMKOFF, Aneta	GGs TEAM		0:23:15.58 (06:17min/km)	0:23:15.58	+0:08:03.66
81 - K /20	K20/4	KOIS, Karolina	ITMBW Kraków	Kraków	0:23:11.02 (06:15min/km)	0:23:16.46	+0:08:04.54
82 - M /58	M40/18	MAGOLAN, Sławomir		KOBYLANY	0:23:13.85 (06:16min/km)	0:23:24.66	+0:08:12.74
83 - M /59	M12/7	MAGOLAN, Jan		Kobylany	0:23:14.26 (06:16min/km)	0:23:25.31	+0:08:13.39
84 - M /60	M60/4	PIĄTEK, Stanisław	ITMBW Kraków	Kraków	0:23:20.91 (06:18min/km)	0:23:26.31	+0:08:14.39
85 - M /61	M40/19	STEFAŃCZYK, Marek	BeFit24Team	Kraków	0:23:18.88 (06:18min/km)	0:23:27.00	+0:08:15.08
86 - K /21	K20/5	ANNA, Gajda			0:23:26.93 (06:20min/km)	0:23:29.50	+0:08:17.58

87 - K /22	K13/3	PIENIAŻEK, Sara		Kraków	0:23:25.40 (06:19min/km)	0:23:29.56	+0:08:17.64
88 - K /23	K16/2	SZYMACHA, Magdalena		Wieliczka	0:23:24.58 (06:19min/km)	0:23:29.64	+0:08:17.72
89 - M /62	M12/8	DRONSZCZYK, Zbigniew	#AdamCzerwinskiTeam	Wieliczka	0:23:30.30 (06:21min/km)	0:23:32.30	+0:08:20.38
90 - K /24	K30/6	WALAŚ, Maria	WKS Wawel BnO	Kraków	0:23:28.28 (06:20min/km)	0:23:33.15	+0:08:21.23
91 - M /63	M30/12	BACHNIAK, Daniel		Kraków	0:23:27.41 (06:20min/km)	0:23:35.78	+0:08:23.86
92 - K /25	K40/8	DRONSZCZYK, Agnieszka	#AdamCzerwinskiTeam	Wieliczka	0:23:38.64 (06:23min/km)	0:23:38.64	+0:08:26.72
93 - M /64	M40/20	FRĄCZK, Jakub		Krakow	0:23:42.79 (06:24min/km)	0:23:51.95	+0:08:40.03
94 - M /65	M60/5	MLEKO, Roman	ITMBW Kraków	Kraków	0:23:57.56 (06:28min/km)	0:23:57.56	+0:08:45.64
95 - K /26	K40/9	MACH , Wioleta	Zabierzów Biega	Zabierzów	0:23:59.65 (06:29min/km)	0:24:04.86	+0:08:52.94
96 - M /66	M13/10	STEFAŃCZYK, Bartosz	BeFit24Team	Kraków	0:24:11.68 (06:32min/km)	0:24:19.80	+0:09:07.88
97 - K /27	K13/4	KASPRZYK, Alicja	U JĘDRUSIA SP. Z O.O. DOGOŃ NAWOJOWĄ GÓRĘ	NAWOJOWA GÓRA	0:22:22.25 (06:02min/km)	0:24:24.26	+0:09:12.34
98 - K /28	K40/10	WIECHEĆ, Wioleta	G.O.A.T. Team Michałowice	Kraków	0:24:16.62 (06:33min/km)	0:24:24.42	+0:09:12.50
99 - K /29	K13/5	KUREK, Urszula			0:22:33.44 (06:05min/km)	0:24:36.01	+0:09:24.09
100 - M /67	M12/9	KŁÓSEK, Stefan		Kraków	0:24:25.42 (06:36min/km)	0:24:36.48	+0:09:24.56
101 - M /68	M40/21	KŁÓSEK, Paweł		Kraków	0:24:25.85 (06:36min/km)	0:24:37.43	+0:09:25.51
102 - K /30	K40/11	NICIEJA, Anna		Kraków	0:24:26.68 (06:36min/km)	0:24:37.80	+0:09:25.88
103 - M /69	M40/22	WOJDOWSKI, Krzysztof		Kraków	0:24:29.91 (06:37min/km)	0:24:38.54	+0:09:26.62
104 - M /70	M12/10	MISKIEWICZ, Jacek	WKS Wawel BnO	Kraków	0:24:35.42 (06:38min/km)	0:24:41.62	+0:09:29.70
105 - K /31	K13/6	KASPRZYK, Natalia	U JĘDRUSIA SP. Z O.O. DOGOŃ NAWOJOWĄ GÓRĘ	NAWOJOWA GÓRA	0:22:42.09 (06:08min/km)	0:24:47.73	+0:09:35.81
106 - M /71	M70/2	KOPTA, Jerzy	BMW Biegamy Mimo Wszystko	Kraków	0:24:43.22 (06:40min/km)	0:24:53.27	+0:09:41.35
107 - K /32	K12/3	WALAŚ, Olga	WKS Wawel BnO	Kraków	0:25:02.88 (06:46min/km)	0:25:05.56	+0:09:53.64
108 - K /33	K12/4	PRZYBYŁO, Julia	WKS Wawel BnO	Kraków	0:25:29.71 (06:53min/km)	0:25:33.94	+0:10:22.02
109 - M /72	M70/3	LEŚNIAK, Marian	AZS AWF KRAKÓW MASTERS	Kraków	0:25:28.72 (06:53min/km)	0:25:35.46	+0:10:23.54
110 - M /73	M13/11	GAWIN, Jan	BeFit24Team	Więckowice	0:25:37.15 (06:55min/km)	0:25:38.21	+0:10:26.29
111 - M /74	M30/13	PUSTUŁ , Dominik	BeFit24Team	Giebułtów	0:25:31.78 (06:54min/km)	0:25:38.87	+0:10:26.95
112 - K /34	K12/5	WALAŚ, Emilia	WKS Wawel BnO	Kraków	0:25:40.59 (06:56min/km)	0:25:45.00	+0:10:33.08
113 - K /35	K50/1	JANAS, Ewa	AZS AWF KRAKÓW MASTERS	Kraków	0:25:39.19 (06:56min/km)	0:25:45.85	+0:10:33.93
114 - K /36	K12/6	OSIADACZ, Julia	Trenuj w Krakowie	Kraków	0:25:50.74 (06:59min/km)	0:25:56.27	+0:10:44.35
115 - K /37	K40/12	ZIELIŃSKA-KACZOR, Katarzyna		Cholerzyn	0:26:04.34 (07:02min/km)	0:26:08.81	+0:10:56.89
116 - M /75	M40/23	PIECHOTA, Roman	BeFit24Team	Kraków	0:26:05.79 (07:03min/km)	0:26:11.44	+0:10:59.52
117 - K /38	K30/7	SOBULA, Dominika		Kraków	0:26:37.01 (07:11min/km)	0:26:40.95	+0:11:29.03

118 - M /76	M30/14	NARTYMAU, Sjarhei		Kraków	0:26:50.39 (07:15min/km)	0:26:59.33	+0:11:47.41
119 - K /39	K12/7	SZKLARCZYK, Aniela		Kraków	0:27:08.64 (07:20min/km)	0:27:08.64	+0:11:56.72
120 - K /40	K30/8	PUSTUŁ, Anna	BeFit24Team	Giebułtów	0:27:07.64 (07:19min/km)	0:27:15.44	+0:12:03.52
121 - K /41	K40/13	TRZYNA, Barbara	G.O.A.T. Team Michałowice	Kraków	0:27:19.04 (07:22min/km)	0:27:27.34	+0:12:15.42
122 - K /42	K12/8	SZKLARCZYK, Urszula		Kraków	0:27:27.16 (07:25min/km)	0:27:32.59	+0:12:20.67
123 - M /77	M12/11	PIÓRKOWSKI, Michał	UKS Lider Siercza	Wieliczka	0:27:43.96 (07:29min/km)	0:27:43.96	+0:12:32.04
124 - K /43	K13/7	PIECHOTA, Hanna	BeFit24Team	Kraków	0:27:40.69 (07:28min/km)	0:27:45.77	+0:12:33.85
125 - K /44	K30/9	ZIÓŁKOWSKA, Monika		Kraków	0:27:37.69 (07:28min/km)	0:27:47.99	+0:12:36.07
126 - K /45	K12/9	TUSZYŃSKA, Hanna		Krakow	0:27:38.21 (07:28min/km)	0:27:48.64	+0:12:36.72
127 - K /46	K50/2	POLEWKA, Beata	UKS Kometa Gliwice	Gliwice	0:27:47.93 (07:30min/km)	0:27:54.04	+0:12:42.12
128 - M /78	M40/24	GEDLICZKA, Tymoteusz		Kraków	0:25:23.97 (06:51min/km)	0:28:14.98	+0:13:03.06
129 - K /47	K12/10	WACHACKA, Sonia	Wachaccy Team	Kraków	0:28:07.65 (07:36min/km)	0:28:15.87	+0:13:03.95
130 - K /48	K40/14	SOŁEK-KOWALSKA, Ewa	Interregio	Kraków	0:28:21.09 (07:39min/km)	0:28:31.63	+0:13:19.71
131 - M /79	M50/4	NATANEK, Mariusz	Kraków Airport	Kraków	0:28:44.46 (07:46min/km)	0:28:54.92	+0:13:43.00
132 - K /49	K13/8	RYLL, Zofia	BeFit24Team	Kraków	0:29:18.95 (07:55min/km)	0:29:23.73	+0:14:11.81
133 - K /50	K13/9	PALMI, Julia		Wieliczka	0:29:13.57 (07:53min/km)	0:29:50.31	+0:14:38.39
134 - M /80	M40/25	ŚLIWKA, Piotr	#Na_kole	Kraków	0:29:45.16 (08:02min/km)	0:29:52.92	+0:14:41.00
135 - K /51	K50/3	SZCZYGIEŁ, Monika	G.O.A.T. Team Michałowice	Michałowice	0:29:46.79 (08:02min/km)	0:29:55.31	+0:14:43.39
136 - K /52	K50/4	DYŁĄG, Iwona	G.O.A.T. Team Michałowice		0:29:47.17 (08:03min/km)	0:29:55.37	+0:14:43.45
137 - K /53	K40/15	FILICIAK, Justyna	AZS AWF KRAKÓW MASTERS	Kraków	0:29:45.69 (08:02min/km)	0:29:59.61	+0:14:47.69
138 - K /54	K12/11	PRYTKOVA, Aleksandra		Kraków	0:29:57.51 (08:05min/km)	0:30:00.50	+0:14:48.58
139 - M /81	M12/12	ROKITA, Gabriel	Run 4 Fun	Proszowice	0:30:03.99 (08:07min/km)	0:30:13.57	+0:15:01.65
140 - M /82	M40/26	ROKITA, Dawid	Run 4 Fun	Proszowice	0:30:04.66 (08:07min/km)	0:30:14.37	+0:15:02.45
141 - M /83	M50/5	PAWŁOWSKI, Janusz			0:30:22.48 (08:12min/km)	0:30:22.48	+0:15:10.56
142 - K /55	K40/16	JARMUŻEK, Ewa		Kraków	0:30:24.99 (08:13min/km)	0:30:24.99	+0:15:13.07
143 - K /56	K60/1	MARCHEWKA, Maria		Czernichów	0:30:38.52 (08:16min/km)	0:30:44.83	+0:15:32.91
144 - M /84	M80/1	GRABKA, Stanisław		Kraków	0:31:10.18 (08:25min/km)	0:31:23.65	+0:16:11.73
145 - K /57	K60/2	ZIÓŁKO, Jadwiga			0:32:34.85 (08:48min/km)	0:32:42.08	+0:17:30.16
146 - M /85	M70/4	ZIÓŁKO, Jan			0:32:32.72 (08:47min/km)	0:32:42.32	+0:17:30.40
147 - K /58	K20/6	KOPEĆ, Magdalena		Kraków	0:32:57.94 (08:54min/km)	0:33:01.74	+0:17:49.82
148 - K /59	K13/10	BREKSA, Blanka	WKS Wawel BnO	Kraków	0:33:50.25 (09:08min/km)	0:33:52.86	+0:18:40.94
149 - M /86	M12/13	FILICIAK, Stanisław	AZS AWF KRAKÓW MASTERS	Kraków	0:35:48.33 (09:40min/km)	0:36:03.26	+0:20:51.34

150 - M /87	M12/14	MIŚKIEWICZ, Adam	WKS Wawel BnO	Kraków	0:37:59.37 (10:16min/km)	0:38:05.67	+0:22:53.75
151 - K /60	K12/12	KACZOR, Anna		Cholerzyn	0:38:45.43 (10:28min/km)	0:38:49.64	+0:23:37.72
152 - K /61	K30/10	BODZIOCH-MARCZEWSKA, Katarzyna	Bronowice też Biegają	Kraków	0:38:54.18 (10:30min/km)	0:39:05.44	+0:23:53.52
153 - K /62	K13/11	MARCZEWSKA, Agata	Bronowice też Biegają	Kraków	0:39:28.80 (10:40min/km)	0:39:28.80	+0:24:16.88



Grand Prix Krakowa w Biegach Górskich 2023/2024 - R2

Kraków, 2023-12-03 - Wyniki

NW

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	OPEN-M/1	ORDZOWIAŁY, Piotr	NIWA OSIELEC	OSIELEC	0:22:57.53 (06:12min/km)	0:22:58.49	+0:00:00.00
2 - M/2	OPEN-M/2	MISZTAL, Grzegorz	Pruszyński Sport Team	Sułkowice	0:25:46.03 (06:57min/km)	0:25:47.00	+0:02:48.51
3 - M/3	OPEN-M/3	ELŻBIECIAK, Łukasz	Lux Torpeda Malopolska	Lachowice	0:26:29.76 (07:09min/km)	0:26:30.70	+0:03:32.21
4 - K/1	OPEN-K/1	KNAPCZYK-KANIA, Gabriela	NORDIC SPORT 2021	Bieńkówka	0:26:38.15 (07:11min/km)	0:26:38.61	+0:03:40.12
5 - M/4	OPEN-M/4	OLSZAŃSKI, Karol	Pruszyński Sport Team	Kraków	0:26:44.31 (07:13min/km)	0:26:46.32	+0:03:47.83
6 - M/5	OPEN-M/5	HAMIK, Rafał	RUNAWAYS	Bieruń	0:27:59.84 (07:34min/km)	0:28:01.23	+0:05:02.74
7 - K/2	OPEN-K/2	ZIMNICKA, Lidia		Michałowice	0:28:30.31 (07:42min/km)	0:28:31.27	+0:05:32.78
8 - M/6	OPEN-M/6	KRZYWORĄCZKA, Piotr	BMW Biegamy Mimo Wszystko	Kraków	0:28:36.81 (07:44min/km)	0:28:39.12	+0:05:40.63
9 - K/3	OPEN-K/3	PASIŃSKA-SKOWRON, Sylwia	Pruszyński Sport Team	Szczodrkowice	0:28:59.38 (07:50min/km)	0:29:00.49	+0:06:02.00
10 - M/7	OPEN-M/7	BARTCZAK, Mirosław	Nordic Team Częstochowa	Częstochowa	0:29:22.81 (07:56min/km)	0:29:23.72	+0:06:25.23
11 - K/4	OPEN-K/4	PANCERZ, Joanna		Bielsko-Biała	0:29:23.84 (07:56min/km)	0:29:25.31	+0:06:26.82
12 - K/5	OPEN-K/5	CIURA, Anna	ITMBW Kraków	Kraków	0:29:21.96 (07:56min/km)	0:29:25.44	+0:06:26.95
13 - K/6	OPEN-K/6	WOJDOWSKA, Małgorzata		Kraków	0:30:15.06 (08:10min/km)	0:30:16.85	+0:07:18.36
14 - M/8	OPEN-M/8	PARDYGAŁ, Jan		Kraków	0:30:44.44 (08:18min/km)	0:30:45.99	+0:07:47.50
15 - M/9	OPEN-M/9	TYCZEWSKI, Jacek	Lux Torpeda Malopolska	Gliwice	0:30:52.54 (08:20min/km)	0:30:55.46	+0:07:56.97
16 - K/7	OPEN-K/7	WERCHOWIECKA-PARDYGAŁ, Karolina		Kraków	0:30:56.29 (08:21min/km)	0:30:59.62	+0:08:01.13
17 - M/10	OPEN-M/10	STEC, Paweł		Kraków	0:31:01.78 (08:23min/km)	0:31:04.13	+0:08:05.64
18 - K/8	OPEN-K/8	TYCZEWSKA, Paulina	Lux Torpeda Malopolska	Kraków	0:31:20.89 (08:28min/km)	0:31:23.98	+0:08:25.49
19 - M/11	OPEN-M/11	MARCHEWKA, Krzysztof		Czernichów	0:32:51.12 (08:52min/km)	0:32:53.85	+0:09:55.36
20 - K/9	OPEN-K/9	BROSZKIEWICZ, Barbara	DEAF RUNNING TEAM		0:35:42.48 (09:39min/km)	0:35:45.10	+0:12:46.61
21 - K/10	OPEN-K/10	WROTNY-KIKLICA, Magdalena	Samolotowy Team	Kraków	0:36:38.35 (09:54min/km)	0:36:40.30	+0:13:41.81
22 - K/11	OPEN-K/11	KLEIN, Justyna	MisiaqBiega	Kraków	0:54:27.05 (14:42min/km)	0:54:31.07	+0:31:32.58



Grand Prix Krakowa w Biegach Górskich 2023/2024 - R2

Kraków, 2023-12-03 - Wyniki

5,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M /1	M30/1	KACZMAREK, Michał	Centrum Zdrowia Biegacza Kraków	Kraków	0:26:11.28 (04:35min/km)	0:26:12.42	+0:00:00.00
2 - M /2	M16/1	BUDZ, Szymon	KS Murzasichle		0:26:17.30 (04:36min/km)	0:26:17.30	+0:00:04.88
3 - M /3	M30/2	FILICIAK, Michał	AZS AWF KRAKÓW MASTERS	Kraków	0:26:18.29 (04:36min/km)	0:26:19.40	+0:00:06.98
4 - M /4	M30/3	WIELOSİK, Marcin	Visegrad Maraton Rytro	Kadcza	0:27:06.55 (04:45min/km)	0:27:06.55	+0:00:54.13
5 - M /5	M30/4	MARKOWICZ, Szymon		Krosno	0:27:37.12 (04:50min/km)	0:27:38.61	+0:01:26.19
6 - M /6	M30/5	JESIOŁOWSKI, Michał	AZS AWF KRAKÓW MASTERS	Zielonki	0:27:49.81 (04:52min/km)	0:27:51.71	+0:01:39.29
7 - M /7	M50/1	ZAJĄC, Piotr	Klub Biegowy Kruk gmina Skrzyszów	ŁĘKAWICA / TARNÓW	0:27:53.57 (04:53min/km)	0:27:54.84	+0:01:42.42
8 - M /8	M20/1	KLIMECKI, Krystian	KS Murzasichle		0:27:55.66 (04:53min/km)	0:27:57.66	+0:01:45.24
9 - M /9	M30/6	PIOTROWSKI, Tomasz	#nastepnykrokteam	Krakow	0:28:07.33 (04:56min/km)	0:28:08.79	+0:01:56.37
10 - K /1	K40/1	CADER, Agnieszka	Zabierzów Biega	Zabierzów	0:28:42.51 (05:02min/km)	0:28:43.36	+0:02:30.94
11 - M /10	M16/2	STANIAK, Paweł	PKO Harpagan	Kraków	0:29:16.26 (05:08min/km)	0:29:16.26	+0:03:03.84
12 - M /11	M30/7	OSIADACZ, Jakub	Trenuj w Krakowie	Kraków	0:29:38.44 (05:12min/km)	0:29:39.95	+0:03:27.53
13 - M /12	M30/8	SKRZYPEK, Krzysztof	Run 4 Fun		0:30:04.19 (05:16min/km)	0:30:04.19	+0:03:51.77
14 - M /13	M50/2	OPRYSZEK, Bogusław	ITMBW Kraków	Kraków	0:30:10.14 (05:17min/km)	0:30:12.00	+0:03:59.58
15 - M /14	M40/1	GLEISNER, Tomasz	WOT 113 BLP		0:30:26.35 (05:20min/km)	0:30:29.57	+0:04:17.15
16 - M /15	M40/2	KIKLICA, Artur	Samolotowy Team	Kraków	0:30:26.86 (05:20min/km)	0:30:31.25	+0:04:18.83
17 - M /16	M30/9	KOZŁOWSKI , Jakub	Samolotowy Team	Kraków	0:30:35.97 (05:22min/km)	0:30:37.36	+0:04:24.94
18 - M /17	M30/10	JANIK, Sławomir	AZS AWF KRAKÓW MASTERS	KRAKÓW	0:30:30.03 (05:21min/km)	0:30:38.99	+0:04:26.57
19 - M /18	M40/3	JAWOREK, Grzegorz		Kraków	0:31:06.60 (05:27min/km)	0:31:09.04	+0:04:56.62
20 - K /2	K20/1	ŁODZIŃSKA , Dominika	AZS AWF KRAKÓW MASTERS	Kraków	0:31:12.44 (05:28min/km)	0:31:14.05	+0:05:01.63
21 - M /19	M20/2	KACZOR, Miłosz	AZS UEK Kraków		0:31:17.04 (05:29min/km)	0:31:23.87	+0:05:11.45
22 - M /20	M40/4	PARDYGAŁ, Tomasz	Trifamily.pl	Kraków	0:31:31.36 (05:31min/km)	0:31:35.99	+0:05:23.57
23 - M /21	M40/5	GÓRAK, Grzegorz	Biegam bo lubię	Kraków	0:31:27.59 (05:31min/km)	0:31:36.05	+0:05:23.63
24 - M /22	M40/6	CZAPCZYŃSKI, Cezary	Niepołomice Biegają	Niepołomice	0:31:53.05 (05:35min/km)	0:31:53.05	+0:05:40.63
25 - M /23	M30/11	BIELAK, Daniel	Dalin Myślenice	Głogoczów	0:31:52.72 (05:35min/km)	0:31:58.03	+0:05:45.61

26 - M /24	M40/7	DUROŃ, Marcin	Samolotowy Team	Kraków	0:32:23.31 (05:40min/km)	0:32:28.02	+0:06:15.60
	M40	TARGOSZ, Michał	RUNPROGRESS Team	kraków	0:32:30.01 [GPS]	0:32:30.01 [GPS]	
28 - M /25	M50/3	WAĆŁAWSKI, Leszek		Zadroże	0:32:48.73 (05:45min/km)	0:32:53.58	+0:06:41.16
29 - M /26	M30/12	CZARNECKI, Grzegorz	G.O.A.T. Team Michałowice	Masłomiaça	0:33:06.00 (05:48min/km)	0:33:06.00	+0:06:53.58
30 - M /27	M50/4	HUNDT, Tomasz	WKS Wawel BnO		0:33:15.68 (05:50min/km)	0:33:15.68	+0:07:03.26
31 - M /28	M30/13	MYTYCH, Sławomir	#AdamCzerwinskiTeam	Kraków	0:33:23.00 (05:51min/km)	0:33:23.00	+0:07:10.58
32 - M /29	M40/8	MORDARSKI, Michał		Krakow	0:33:16.10 (05:50min/km)	0:33:30.56	+0:07:18.14
33 - M /30	M30/14	FURMAŃSKI, Artur	WOT 113BLP	Tarnów	0:33:28.90 (05:52min/km)	0:33:32.74	+0:07:20.32
34 - K /3	K30/1	KOLEGOWICZ, Klaudia	BeFit24Team	kraków	0:33:28.50 (05:52min/km)	0:33:33.92	+0:07:21.50
35 - M /31	M50/5	GEDL, Przemysław		Kraków	0:33:32.06 (05:53min/km)	0:33:35.74	+0:07:23.32
36 - M /32	M50/6	TOMCZYK, Marcin	AZS AWF KRAKÓW MASTERS	Kraków	0:33:28.53 (05:52min/km)	0:33:40.79	+0:07:28.37
	M30	RAFA, Dominik	Ania i Chtopaki	Kraków	0:33:51.00 [GPS]	0:33:51.00 [GPS]	
38 - M /33	M50/7	WYSOCKI, Marcin	Polplast biega	Skrzynka	0:33:45.77 (05:55min/km)	0:33:56.19	+0:07:43.77
39 - M /34	M40/9	GAWIN, Krzysztof	BeFit24Team	Więckowice	0:34:00.00 (05:57min/km)	0:34:00.00	+0:07:47.58
40 - M /35	M30/15	LEWANDOWSKI, Rafał	#MoveAutodesk	Kraków	0:33:55.85 (05:57min/km)	0:34:05.43	+0:07:53.01
41 - M /36	M16/3	ŻEŚLAWSKI, Jakub	WKS Wawel BnO	Munchen	0:34:10.21 (05:59min/km)	0:34:10.21	+0:07:57.79
	M40	BANIAK, Marcin	G.O.A.T. Team Michałowice	Michałowice	0:34:17.00 [GPS]	0:34:17.00 [GPS]	
43 - M /37	M30/16	STĘPEK, Paweł		Kraków	0:34:18.95 (06:01min/km)	0:34:18.95	+0:08:06.53
44 - K /4	K30/2	KLASA, Agnieszka	Samolotowy Team	Kraków	0:34:25.06 (06:02min/km)	0:34:26.39	+0:08:13.97
45 - M /38	M60/1	GAŁĄZKA, Mieczysław	ITMBW Kraków	Kraków	0:34:34.60 (06:03min/km)	0:34:37.44	+0:08:25.02
46 - M /39	M30/17	PROSSER, Chris		Krakow	0:34:28.26 (06:02min/km)	0:34:41.43	+0:08:29.01
47 - M /40	M50/8	PUDEŁEK, Paweł	LKS Górzanka Nawojowa Góra		0:34:29.66 (06:03min/km)	0:34:41.52	+0:08:29.10
48 - K /5	K16/1	JAJECZNICA, Anna	UKS Romer	Rabka Zdrój	0:34:44.21 (06:05min/km)	0:34:45.30	+0:08:32.88
49 - M /41	M30/18	KAPUTA, Piotr		Kraków	0:34:34.74 (06:03min/km)	0:34:46.16	+0:08:33.74
50 - M /42	M30/19	PALKA, Krzysztof	Run 4 Fun	Niepołomice	0:34:45.94 (06:05min/km)	0:34:52.64	+0:08:40.22
51 - M /43	M30/20	ZIÓŁEK, Marcin		Kraków	0:34:40.28 (06:04min/km)	0:34:59.35	+0:08:46.93
52 - M /44	M40/10	PIEZONKA, Rafał	WOT 113BLP	Tarnów	0:35:02.43 (06:08min/km)	0:35:05.81	+0:08:53.39
53 - M /45	M40/11	ŚMIAŁEK, Łukasz	G.O.A.T. Team Michałowice	Michałowice	0:34:56.01 (06:07min/km)	0:35:12.15	+0:08:59.73
54 - M /46	M40/12	SWIECH, Marcin	Elmodis	Krakow	0:35:17.19 (06:11min/km)	0:35:17.19	+0:09:04.77
55 - M /47	M40/13	DĄBROWSKI, Mariusz	G.O.A.T. Team Michałowice	Pielgrzymowice	0:35:13.81 (06:10min/km)	0:35:29.96	+0:09:17.54

56 - M /48	M30/21	SADO, Tomasz		Kraków	0:35:50.01 (06:17min/km)	0:35:50.01	+0:09:37.59
57 - M /49	M16/4	ZWONEK, Rafał		Kraków	0:35:35.25 (06:14min/km)	0:35:51.17	+0:09:38.75
58 - M /50	M60/2	NIESSNER, Piotr	WKS Wawel BnO	Kraków	0:35:50.31 (06:17min/km)	0:35:55.11	+0:09:42.69
59 - M /51	M30/22	GAŻA, Łukasz		Owczary	0:35:37.90 (06:15min/km)	0:36:00.21	+0:09:47.79
60 - M /52	M40/14	KRZEŚNIAK, Karol	G.O.A.T. Team Michałowice	Zagórzycze Dworskie	0:35:42.70 (06:15min/km)	0:36:04.39	+0:09:51.97
61 - K /6	K16/2	STANIAK, Joanna	PKO Harpagan	Kraków	0:36:07.97 (06:20min/km)	0:36:24.89	+0:10:12.47
62 - K /7	K40/2	PODGORSKA, Magdalena	AZS AWF KRAKÓW MASTERS	KRAKOW	0:36:15.27 (06:21min/km)	0:36:25.69	+0:10:13.27
63 - M /53	M50/9	CHROMNIAK, Marcin	Lusina Projekt	Lusina	0:36:01.84 (06:19min/km)	0:36:45.80	+0:10:33.38
64 - M /54	M40/15	PIEUCH, Leszek	AZS AWF KRAKÓW MASTERS	Kraków	0:36:34.38 (06:24min/km)	0:36:46.31	+0:10:33.89
65 - M /55	M50/10	PIASECKI, Leszek		Kraków	0:36:12.79 (06:21min/km)	0:36:48.10	+0:10:35.68
66 - M /56	M40/16	DADAS, Krzysztof	Run 4 Fun	Zagórze	0:36:58.67 (06:29min/km)	0:36:58.67	+0:10:46.25
67 - M /57	M30/23	HANKUS, Jan	G.O.A.T. Team Michałowice	Kraków	0:36:51.61 (06:28min/km)	0:36:59.17	+0:10:46.75
68 - M /58	M16/5	SŁOCIŃSKI, Krzysztof		Kraków	0:36:48.25 (06:27min/km)	0:37:01.16	+0:10:48.74
69 - K /8	K30/3	STASZEK, Anna	AZS AWF KRAKÓW MASTERS	Zielinki	0:36:56.33 (06:28min/km)	0:37:07.38	+0:10:54.96
70 - K /9	K40/3	BURAS, Aneta	AZS AWF KRAKÓW MASTERS	Kraków	0:37:03.04 (06:30min/km)	0:37:12.20	+0:10:59.78
71 - M /59	M60/3	TRELA, Jacek	AZS AWF KRAKÓW MASTERS	Kraków	0:37:11.53 (06:31min/km)	0:37:20.94	+0:11:08.52
72 - K /10	K40/4	BARTUŚ, Joanna	G.O.A.T. Team Michałowice	Michałowice	0:37:38.26 (06:36min/km)	0:37:38.26	+0:11:25.84
73 - M /60	M40/17	MROWIEC, Paweł	Heineken Kraków Running Club	Bibice	0:37:39.82 (06:36min/km)	0:37:39.82	+0:11:27.40
74 - M /61	M50/11	ŻESŁAWSKI, Wojciech	WKS Wawel BnO	Kraków	0:37:44.22 (06:37min/km)	0:37:44.22	+0:11:31.80
75 - M /62	M30/24	KOPEĆ, Mariusz		Kraków	0:38:18.18 (06:43min/km)	0:38:26.13	+0:12:13.71
76 - M /63	M20/3	WIELGAT, Mikołaj	WOT 113BLP	Tarnów	0:38:34.34 (06:46min/km)	0:38:34.34	+0:12:21.92
77 - K /11	K30/4	GŁOGOWSKA, Sandra	BeFit24Team	Kraków	0:38:11.15 (06:41min/km)	0:38:39.97	+0:12:27.55
78 - K /12	K40/5	SŁOCIŃSKA, Magdalena		Kraków	0:38:33.11 (06:45min/km)	0:38:46.51	+0:12:34.09
	K40	BIELEC, Kinga	G.O.A.T. Team Michałowice	Kraków	0:38:47.01 [GPS]	0:38:47.01 [GPS]	
80 - K /13	K30/5	SEWERYN, Kinga	Unlimited Sport 2.0	Kraków	0:38:50.79 (06:48min/km)	0:38:50.79	+0:12:38.37
81 - M /64	M60/4	KRET, Jacek	LKS Górzanka Nawojowa Góra	Krzyszowice	0:39:07.44 (06:51min/km)	0:39:19.62	+0:13:07.20
82 - M /65	M40/18	JAJECZNICA, Łukasz	podgórz	Rabka Zdrój	0:39:19.69 (06:53min/km)	0:39:35.68	+0:13:23.26
83 - M /66	M30/25	KALFAS, Tomasz		Kraków	0:39:23.20 (06:54min/km)	0:39:50.40	+0:13:37.98
84 - M /67	M50/12	BIŚTA, Paweł		Wieliczka	0:40:14.70 (07:03min/km)	0:40:14.70	+0:14:02.28
85 - M /68	M16/6	MIZERA, Radosław			0:40:18.52 (07:04min/km)	0:40:19.91	+0:14:07.49
86 - M /69	M40/19	NOSAL, Norbert	Samolotowy Team	Kokotów	0:40:31.58 (07:06min/km)	0:40:31.58	+0:14:19.16
87 - M /70	M60/5	SZCZEŚNIAK, Janusz	BeFit24Team	Kraków	0:40:31.48 (07:06min/km)	0:40:42.97	+0:14:30.55

88 - M /71	M50/13	KĘDZIOR, Tomasz	onkologiaprywatnie.pl	Kraków	0:40:38.76 (07:07min/km)	0:40:49.87	+0:14:37.45
89 - M /72	M60/6	KRYJOMSKI, Jerzy	KS Kościelec Chrzanów	Chrzanów	0:38:38.94 (06:46min/km)	0:40:55.41	+0:14:42.99
90 - K /14	K50/1	WARDAK, Anna		kraków	0:40:29.19 (07:06min/km)	0:40:55.64	+0:14:43.22
91 - K /15	K40/6	PANKIEWICZ, Aleksandra	Samolotowy Team	Kraków	0:40:50.88 (07:09min/km)	0:40:59.87	+0:14:47.45
92 - M /73	M40/20	WALCZAK, Przemysław	Samolotowy Team	Kraków	0:40:46.16 (07:09min/km)	0:41:13.46	+0:15:01.04
93 - M /74	M30/26	TOPA, Michał		Kraków	0:41:15.44 (07:14min/km)	0:41:15.44	+0:15:03.02
94 - K /16	K16/3	SEREDA, Daria	WKS Wawel BnO	Kraków	0:41:25.56 (07:16min/km)	0:41:25.56	+0:15:13.14
95 - M /75	M60/7	MLEKO, Roman	ITMBW Kraków	Kraków	0:41:25.75 (07:16min/km)	0:41:25.75	+0:15:13.33
96 - K /17	K40/7	MICHALIK, Magdalena	IP GBSC Active Crew	Kraków	0:41:50.93 (07:20min/km)	0:41:50.93	+0:15:38.51
97 - M /76	M20/4	MAKA, Łukasz		Łabowa	0:41:37.54 (07:18min/km)	0:41:53.06	+0:15:40.64
98 - K /18	K30/6	DANEL, Magdalena		Kraków	0:41:38.43 (07:18min/km)	0:41:53.50	+0:15:41.08
99 - K /19	K40/8	GODOWSKA, Magdalena		Kraków	0:41:53.66 (07:21min/km)	0:41:53.66	+0:15:41.24
100 - M /77	M40/21	SEREDA, Oleksii	WKS Wawel BnO	Kraków	0:42:04.73 (07:22min/km)	0:42:04.73	+0:15:52.31
101 - M /78	M60/8	PIĄTEK, Stanisław	ITMBW Kraków	Kraków	0:41:55.97 (07:21min/km)	0:42:08.66	+0:15:56.24
102 - M /79	M30/27	CIEŚLIK, Jakub		Kraków	0:41:42.85 (07:19min/km)	0:42:16.94	+0:16:04.52
103 - M /80	M30/28	KUTYBA, Marek	ITMBW Kraków	Kraków	0:41:58.33 (07:21min/km)	0:42:22.14	+0:16:09.72
104 - M /81	M40/22	SZAJEWSKI, Arkadiusz	o tak ło	Kraków	0:42:29.10 (07:27min/km)	0:42:29.10	+0:16:16.68
105 - M /82	M70/1	NOWOTNY , Marian	Niepołomice Biegają	Damienice	0:42:11.90 (07:24min/km)	0:42:29.96	+0:16:17.54
106 - M /83	M40/23	BOROWY, Adam	Borówki Team	Kraków	0:42:16.00 (07:24min/km)	0:42:32.70	+0:16:20.28
107 - K /20	K30/7	KUMOR, Anna		Kraków	0:42:02.35 (07:22min/km)	0:42:33.23	+0:16:20.81
108 - K /21	K30/8	WALEROWSKA, Magdalena	ITMBW Kraków	Kraków	0:42:41.34 (07:29min/km)	0:43:06.89	+0:16:54.47
109 - M /84	M40/24	KAMIŃSKI, Janusz	ITMBW Kraków	Kraków	0:43:10.84 (07:34min/km)	0:43:10.84	+0:16:58.42
110 - M /85	M30/29	PADYKUŁA, Wojciech	GGs TEAM		0:43:53.59 (07:42min/km)	0:43:53.59	+0:17:41.17
111 - M /86	M50/14	FORYTEK, Józef	WKS Wawel BnO	Kraków	0:44:00.31 (07:43min/km)	0:44:10.55	+0:17:58.13
112 - K /22	K50/2	DOLAŚ, Danuta	Rebellion of Free Runners	Kraków	0:43:48.14 (07:41min/km)	0:44:12.60	+0:18:00.18
113 - K /23	K30/9	AUGUSTYN, Sara	Heineken Kraków Running Club	Kraków	0:43:48.85 (07:41min/km)	0:44:14.33	+0:18:01.91
114 - K /24	K40/9	KIEŁT, Katarzyna	#AdamCzerwinskiTeam	Kraków	0:43:51.32 (07:41min/km)	0:44:16.03	+0:18:03.61
115 - K /25	K50/3	STERNAK, Anna		Kraków	0:44:16.65 (07:46min/km)	0:44:16.65	+0:18:04.23
116 - K /26	K20/2	SOBEL, Natalia			0:43:53.43 (07:42min/km)	0:44:17.02	+0:18:04.60
117 - K /27	K30/10	GZYL, Justyna	G.O.A.T. Team Michałowice		0:44:20.13 (07:46min/km)	0:44:27.32	+0:18:14.90
118 - K /28	K30/11	GRABARCZUK, Justyna	G.O.A.T. Team Michałowice	Węgrzce	0:44:21.51 (07:46min/km)	0:44:28.25	+0:18:15.83
119 - M /87	M60/9	PRZELASKOWSKI, Krzysztof		Krakow	0:44:23.23 (07:47min/km)	0:44:33.24	+0:18:20.82

120 - M /88	M50/15	MAJDYŚ, Wojtek		Kraków	0:44:53.16 (07:52min/km)	0:45:02.52	+0:18:50.10
121 - M /89	K40/10	MAREK- PUDEŁEK, Małgorzata	LKS Górzanka Nawojowa Góra		0:44:49.84 (07:51min/km)	0:45:02.59	+0:18:50.17
122 - M /90	M40/25	ROZMUS, Grzegorz	MSM	Krzeszowice	0:44:39.24 (07:50min/km)	0:45:06.64	+0:18:54.22
	K30	SADAJ, Anna	Ania i Chłopaki	Kraków	0:45:17.01 [GPS]	0:45:17.01 [GPS]	
124 - M /91	M30/30	PRZETOCKI, Bartłomiej		Kraków	0:45:33.88 (07:59min/km)	0:45:53.11	+0:19:40.69
125 - M /92	M16/7	WOLIŃSKI, Damian	Zespół Szkół im. JPPII w Niepołomicach		0:44:34.48 (07:49min/km)	0:45:56.93	+0:19:44.51
126 - K /29	K40/11	DĄBROWSKA, Katarzyna	G.O.A.T. Team Michałowice	Pielgrzymowice	0:45:53.78 (08:03min/km)	0:46:00.19	+0:19:47.77
127 - M /93	M70/2	CEKIERA, Antoni	combex	Kraków	0:46:07.81 (08:05min/km)	0:46:07.81	+0:19:55.39
128 - K /30	K40/12	WASILEWSKA, Agnieszka	Aromat Nóg	Krakow	0:46:03.04 (08:04min/km)	0:46:32.91	+0:20:20.49
129 - M /94	M30/31	KNIEĆ, Mateusz	run-log.com	Kraków	0:46:19.13 (08:07min/km)	0:46:33.37	+0:20:20.95
130 - K /31	K40/13	GURGUL, Dorota	Aromat Nóg	Kraków	0:46:19.84 (08:07min/km)	0:46:37.40	+0:20:24.98
131 - M /95	M40/26	GRZYWNA, Piotr		Kraków	0:46:39.60 (08:11min/km)	0:47:20.96	+0:21:08.54
132 - M /96	M50/16	MACINA, Dariusz		Zakrzów	0:46:45.05 (08:12min/km)	0:47:23.62	+0:21:11.20
133 - K /32	K20/3	SURDYKA, Edyta	AZS AWF KRAKÓW MASTERS	Kraków	0:47:31.53 (08:20min/km)	0:47:31.53	+0:21:19.11
134 - K /33	K40/14	ŚWIERCZYŃSKA, Gabriela		Kraków	0:47:39.10 (08:21min/km)	0:47:39.10	+0:21:26.68
135 - K /34	K40/15	PSZONAK, Iwona		Krakow	0:47:29.66 (08:19min/km)	0:47:49.51	+0:21:37.09
136 - M /97	M30/32	BIELATOWICZ, Amadeusz	Mapa W Kieszeni - Blog	Dębica/Kraków	0:48:03.12 (08:25min/km)	0:48:03.12	+0:21:50.70
137 - M /98	M60/10	WIŚNIEWSKI, Mirosła	BeFit24Team	Kraków	0:47:59.36 (08:25min/km)	0:48:16.00	+0:22:03.58
138 - M /99	M40/27	GÓRECKI, Mikołaj		Kraków	0:47:48.42 (08:23min/km)	0:48:21.99	+0:22:09.57
139 - M /100	M40/28	WOSZCZYŃSKI , Paweł	Remusbiega	Luborzycza	0:48:32.00 (08:30min/km)	0:48:32.00	+0:22:19.58
140 - M /101	M30/33	STAŃCZYK, Bartłomiej		Kraków	0:48:18.12 (08:28min/km)	0:48:41.24	+0:22:28.82
141 - K /35	K16/4	BUDZIŃSKA, Julia		Kraków	0:48:31.86 (08:30min/km)	0:48:53.13	+0:22:40.71
142 - K /36	K30/12	PRZEŹDZIECKA, Karolina	GGST TEAM		0:48:50.07 (08:34min/km)	0:49:15.94	+0:23:03.52
143 - M /102	M40/29	MACH, Wojtek		Krakow	0:48:59.13 (08:35min/km)	0:49:32.77	+0:23:20.35
144 - M /103	M30/34	BOICHENIUK, Andrii		Kraków	0:49:46.78 (08:44min/km)	0:49:46.78	+0:23:34.36
145 - M /104	M60/11	MARCINEK, Wojciech	Trailrun	Kraków	0:49:14.71 (08:38min/km)	0:49:54.51	+0:23:42.09

146 - M /105	M30/35	WOJAKOWSKI, Piotr	Beer Bros Runners	Jarosław	0:50:06.40 (08:47min/km)	0:50:06.40	+0:23:53.98
147 - K /37	K50/4	MOSSOCZY, Agnieszka		Zabierzów	0:49:58.12 (08:45min/km)	0:50:33.80	+0:24:21.38
148 - K /38	K40/16	PORADA, Ewa		KRAKÓW	0:50:30.74 (08:51min/km)	0:50:45.23	+0:24:32.81
149 - K /39	K50/5	KOWALCZYK, Joanna		Kraków	0:51:15.51 (08:59min/km)	0:51:15.51	+0:25:03.09
150 - K /40	K30/13	HRYNCZYSZYN-WITEK, Olga		Burów	0:50:47.66 (08:54min/km)	0:51:24.72	+0:25:12.30
151 - K /41	K40/17	BUGAJSKA , Katarzyna		Kraków	0:52:21.47 (09:11min/km)	0:52:57.20	+0:26:44.78
152 - K /42	K60/1	BALCER-DEJWOREK , Jadwiga		Miechów	0:52:53.60 (09:16min/km)	0:53:17.02	+0:27:04.60
153 - K /43	K16/5	BOJARSKA, Zuzanna	BW Biegacze Wymiatacze	Kraków	0:54:51.84 (09:37min/km)	0:54:51.84	+0:28:39.42
154 - K /44	K60/2	KŁOSIŃSKA, Katarzyna	DEAF RUNNING TEAM	Myslenice	0:54:31.24 (09:33min/km)	0:54:54.56	+0:28:42.14
155 - K /45	K30/14	MAGOCSY, Justyna	ASICS Frontrunner	Kraków	0:54:58.64 (09:38min/km)	0:55:29.90	+0:29:17.48
	K40	OSTASZ, Magdalena	AZS AWF KRAKÓW MASTERS	Kraków	0:56:57.01 [GPS]	0:56:57.01 [GPS]	
157 - K /46	K30/15	PISULIŃSKA, Ewa		Kraków	0:56:57.13 (09:59min/km)	0:56:57.13	+0:30:44.71
158 - K /47	K30/16	REJDYCH, Daria	Lazy Bones	Kraków	0:56:32.64 (09:55min/km)	0:57:06.37	+0:30:53.95
159 - K /48	K20/4	RAJCZAK, Paulina		Krynica-Zdrój	0:59:36.20 (10:27min/km)	0:59:51.44	+0:33:39.02
160 - K /49	K50/6	SZEWCZYK, Katarzyna		Kraków	1:00:26.18 (10:36min/km)	1:24:04.27	+0:57:51.85



Grand Prix Krakowa w Biegach Górskich 2023/2024 - R2

Kraków, 2023-12-03 - Wyniki

11,6km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M30/1	DZIERWA, Marcin	Nowa Huta Team	Kraków	0:52:32.46 (04:31min/km)	0:52:33.91	+0:00:00.00
2 - M/2	M20/1	PRADZIAD, Andrzej	KS Murzasichle		0:52:48.74 (04:33min/km)	0:52:48.74	+0:00:14.83
3 - M/3	M40/1	MIKA, Artur	Miki Team	Kraków	0:55:18.26 (04:46min/km)	0:55:20.79	+0:02:46.88
4 - M/4	M40/2	TARNOWSKI, Maciej	MM Power Koliber Team	Kraków	0:55:33.15 (04:47min/km)	0:55:33.15	+0:02:59.24
5 - M/5	M30/2	OŚWIĘCIMKA, Rafał	ITMBW Kraków	Kraków	0:56:21.16 (04:51min/km)	0:56:21.16	+0:03:47.25
6 - M/6	M40/3	MORMUL, Przemek	Bronowice też Biegają	Krakow	0:56:28.24 (04:52min/km)	0:56:31.21	+0:03:57.30
7 - M/7	M20/2	ŚCIESZKA, Piotr		Kraków	0:56:28.20 (04:52min/km)	0:56:33.88	+0:03:59.97
8 - M/8	M40/4	PIETRZYK, Mariusz		Kraków	0:56:33.66 (04:52min/km)	0:56:36.56	+0:04:02.65
9 - M/9	M40/5	KIEŁT, Andrzej	#AdamCzerwinskiTeam	Kraków	0:56:35.90 (04:52min/km)	0:56:39.21	+0:04:05.30
10 - K/1	K30/1	PAPROCKA, Urszula	Nowa Huta Team	Kraków	0:57:00.78 (04:54min/km)	0:57:02.97	+0:04:29.06
11 - M/10	M40/6	BUCZYŃSKI, Adam	Non Stop Trail	Kraków	0:57:19.38 (04:56min/km)	0:57:21.58	+0:04:47.67
12 - M/11	M50/1	ADAMEK, Dariusz	#AdamCzerwinskiTeam	Kraków	0:57:27.93 (04:57min/km)	0:57:31.25	+0:04:57.34
13 - M/12	M20/3	SPYRYDONOV, Dmytrii	WM Triself KM Running Club	Krakow	0:57:59.30 (04:59min/km)	0:57:59.30	+0:05:25.39
14 - M/13	M40/7	DWORNIK, Maciek	Warczące Szprychy	Kraków	0:58:00.53 (05:00min/km)	0:58:08.19	+0:05:34.28
15 - M/14	M40/8	KRUSZEC, Andrzej	www.pizzanumerouno.pl	Kraków	0:58:14.92 (05:01min/km)	0:58:17.82	+0:05:43.91
16 - M/15	M40/9	TARGOSZ, Michał	RUNPROGRESS Team		0:58:28.93 (05:02min/km)	0:58:28.93	+0:05:55.02
17 - M/16	M30/3	PIWOWARSKI, Sławomir	Samolotowy Team	Kraków	0:58:26.98 (05:02min/km)	0:58:31.30	+0:05:57.39
18 - M/17	M30/4	SZYBILSKI, Daniel	DareDevils Triathlon Team	Michałowice	0:58:56.00 (05:04min/km)	0:58:56.00	+0:06:22.09
19 - M/18	M40/10	WALEWSKI, Wiktor		Kraków	0:59:32.46 (05:07min/km)	0:59:35.71	+0:07:01.80
20 - M/19	M30/5	ARISMENDI, Daniel		Krakow	0:59:49.13 (05:09min/km)	0:59:53.25	+0:07:19.34
21 - M/20	M30/6	KOZIOŁ, Kamil	G.O.A.T. Team Michałowice	Michałowice	1:00:05.42 (05:10min/km)	1:00:07.82	+0:07:33.91
22 - M/21	M40/11	BORSZOWSKI, Zbigniew	Zabierzów Biega	Łazy	1:00:11.09 (05:11min/km)	1:00:12.53	+0:07:38.62
23 - M/22	M50/2	ZADARNOWSKI, Dariusz	ITMBW Kraków		1:00:29.49 (05:12min/km)	1:00:29.49	+0:07:55.58

24 - M /23	M20/4	PUCUŁA, Mateusz		Chrzanów	1:00:37.10 (05:13min/km)	1:00:37.10	+0:08:03.19
25 - K /2	K20/1	BYRSKA, Sylwia		Frydrychowice	1:00:36.49 (05:13min/km)	1:00:39.57	+0:08:05.66
26 - M /24	M30/7	TABIŚ, Szymon		Kraków	1:01:00.50 (05:15min/km)	1:01:12.02	+0:08:38.11
27 - M /25	M30/8	HALAGARDA, Krzysztof	IP GBSC Active Crew	Kraków	1:01:07.51 (05:16min/km)	1:01:15.73	+0:08:41.82
28 - M /26	M40/12	GRZEGORZ, Oryszczak	PsychoVelo	Kraków	1:01:18.02 (05:17min/km)	1:01:31.28	+0:08:57.37
29 - M /27	M40/13	GAWIN, Krzysztof	BeFit24Team	Więckowice	1:01:28.96 (05:18min/km)	1:01:31.45	+0:08:57.54
30 - M /28	M20/5	POKRYWKA, Robert		Kraków	1:01:30.46 (05:18min/km)	1:01:36.11	+0:09:02.20
31 - M /29	M40/14	HALLIER, Julien	#lescoqsrnners	Kraków	1:01:45.68 (05:19min/km)	1:01:45.68	+0:09:11.77
32 - M /30	M40/15	ZABEL, Robert	WKS Wawel Kraków	Poznań	1:01:44.57 (05:19min/km)	1:01:47.00	+0:09:13.09
33 - M /31	M40/16	BUL, Dominik	PDK	Kraków	1:01:42.50 (05:19min/km)	1:01:48.82	+0:09:14.91
34 - M /32	M40/17	TYNIEC, Marek		Kraków	1:01:50.81 (05:19min/km)	1:01:54.54	+0:09:20.63
35 - M /33	M40/18	SŁOWIKOWSKI, Paweł	ITMBW Kraków	Kraków	1:01:51.30 (05:19min/km)	1:01:55.90	+0:09:21.99
36 - K /3	K20/2	ZIELIŃSKA, Kinga	#AdamCzerwinskiTeam	Kłaj	1:01:55.24 (05:20min/km)	1:01:57.34	+0:09:23.43
37 - M /34	M20/6	KRZANOWSKI, Jan		Kraków	1:01:57.13 (05:20min/km)	1:02:03.76	+0:09:29.85
38 - M /35	M30/9	JOŃCZYK, Jakub		Kraków	1:01:57.20 (05:20min/km)	1:02:05.21	+0:09:31.30
39 - M /36	M30/10	LEMPART, Kacper	SD Team	Kraków	1:02:02.85 (05:20min/km)	1:02:05.64	+0:09:31.73
40 - K /4	K30/2	PALYHA, Kateryna	AZS AWF KRAKÓW MASTERS	Bucza	1:01:56.09 (05:20min/km)	1:02:05.99	+0:09:32.08
41 - K /5	K40/1	LUTY-LEGUTKO, Anna	#AdamCzerwińskiTeam		1:02:06.52 (05:21min/km)	1:02:09.26	+0:09:35.35
42 - M /37	M40/19	WŁOSTOWSKI, Marek	Vege Runners	Kraków	1:02:02.01 (05:20min/km)	1:02:21.58	+0:09:47.67
43 - M /38	M40/20	JANCZEWSKI, Marek		Wieliczka	1:02:25.11 (05:22min/km)	1:02:25.11	+0:09:51.20
44 - M /39	M30/11	KMITA, Krzysztof		Kraków	1:02:43.14 (05:24min/km)	1:02:47.88	+0:10:13.97
45 - M /40	M40/21	NIEDŹWIADEK, Piotr	#AdamCzerwinskiTeam	Kraków	1:02:44.81 (05:24min/km)	1:02:48.42	+0:10:14.51
46 - M /41	M40/22	STARZEC, Adam	Samolotowy Team	Kraków	1:02:51.06 (05:25min/km)	1:02:51.06	+0:10:17.15
47 - M /42	M30/12	CIERPIAŁEK, Jakub	#AdamCzerwinskiTeam	Wadowice	1:02:52.73 (05:25min/km)	1:03:01.74	+0:10:27.83
48 - M /43	M30/13	ŚLIWA, Grzegorz	AZS AWF KRAKÓW MASTERS	Kraków	1:03:18.51 (05:27min/km)	1:03:21.85	+0:10:47.94
49 - M /44	M20/7	CHOJECKI, Radosław	BKB Czarna Perła	Kraków	1:03:19.43 (05:27min/km)	1:03:27.90	+0:10:53.99
50 - M /45	M30/14	ŁYPIK, Jakub	ITMBW Kraków	Kraków	1:03:28.26 (05:28min/km)	1:03:28.26	+0:10:54.35
51 - M /46	M30/15	NOWIŃSKI, Andrzej		Kraków	1:03:29.24 (05:28min/km)	1:03:29.24	+0:10:55.33
52 - M /47	M20/8	SZYMACHA, Maciej		Wieliczka	1:03:27.09 (05:28min/km)	1:03:31.00	+0:10:57.09
53 - M /48	M30/16	CHWALIK, Adrian	Samolotowy Team	Kraków	1:03:41.84 (05:29min/km)	1:03:46.81	+0:11:12.90
54 - M /49	M40/23	KUPIEC, Marcin	Run 4 Fun	Kłaj	1:03:43.63 (05:29min/km)	1:03:48.13	+0:11:14.22
55 - M /50	M30/17	KISIELEWSKI, Michał		Kraków	1:04:04.20 (05:31min/km)	1:04:10.92	+0:11:37.01

56 - M /51	M20/9	OŻANA, Piotr	Skawina Biega	Mogilany	1:04:05.24 (05:31min/km)	1:04:18.04	+0:11:44.13
57 - M /52	M40/24	STOPA, Wojciech		Kraków	1:04:16.27 (05:32min/km)	1:04:20.93	+0:11:47.02
58 - M /53	M30/18	KOWALSKI , Adam	G.O.A.T. Team Michałowice	Węgrzce	1:04:44.31 (05:34min/km)	1:04:44.31	+0:12:10.40
59 - K /6	K20/3	MICHOWSKA, Joanna		Kraków	1:04:43.70 (05:34min/km)	1:05:03.96	+0:12:30.05
60 - K /7	K20/4	SIERŻĘGA, Agnieszka		Kraków	1:04:52.57 (05:35min/km)	1:05:05.89	+0:12:31.98
61 - M /54	M40/25	ZABOROWSKI, Ireneusz		Liszki	1:05:06.77 (05:36min/km)	1:05:13.84	+0:12:39.93
62 - M /55	M40/26	FOGEL, Janusz		Tarnów	1:05:18.58 (05:37min/km)	1:05:26.09	+0:12:52.18
63 - M /56	M30/19	FREJ, Bogumił	**** *	Kraków	1:05:18.44 (05:37min/km)	1:05:26.77	+0:12:52.86
64 - K /8	K30/3	GLIŃSKA, Marta		Kraków	1:05:25.26 (05:38min/km)	1:05:32.93	+0:12:59.02
	M40	BUJOCZEK, Leszek	AZS AWF KRAKÓW MASTERS	Kraków	1:05:37.00 [GPS]	1:05:37.00 [GPS]	
66 - M /57	M20/10	ZELEK, Bartłomiej		Laskowa	1:05:43.29 (05:39min/km)	1:05:43.29	+0:13:09.38
67 - M /58	M50/3	SIWIECKI, Tomasz		Tomaszowice	1:06:05.57 (05:41min/km)	1:06:05.57	+0:13:31.66
68 - M /59	M30/20	GUZIK, Łukasz	Go Aptiv!	Łysokanie	1:06:08.70 (05:42min/km)	1:06:14.49	+0:13:40.58
	M30	TKACZYK, Szymon	Samolotowy Team	Kraków	1:06:24.00 [GPS]	1:06:24.00 [GPS]	
70 - M /60	M30/21	MICHALSKI, Szymon	Runonline.pl Team	Kraków	1:06:12.13 (05:42min/km)	1:06:30.15	+0:13:56.24
71 - M /61	M40/27	SZLEMP, Paweł	Samolotowy Team	Krakow	1:06:25.26 (05:43min/km)	1:06:30.51	+0:13:56.60
72 - M /62	M40/28	SZYMIEC, Szymon	Pooncusie Team	Gliwice	1:06:24.49 (05:43min/km)	1:06:32.77	+0:13:58.86
73 - M /63	M30/22	REJDYCH, Tomasz	Koniu Squad	Kraków	1:06:26.60 (05:43min/km)	1:06:32.83	+0:13:58.92
74 - M /64	M30/23	CZARNECKI, Grzegorz	G.O.A.T. Team Michałowice	Masłomiąca	1:06:28.73 (05:43min/km)	1:06:34.18	+0:14:00.27
75 - M /65	M40/29	KASZOWSKI, Marcin	UKS Kometa Gliwice	Gliwice	1:06:21.07 (05:43min/km)	1:06:39.71	+0:14:05.80
76 - M /66	M20/11	WIĘCEK, Piotr		Stopnice	1:06:48.52 (05:45min/km)	1:06:48.52	+0:14:14.61
77 - M /67	M30/24	SOBULA, Karol	Z Gorki	Kraków	1:06:52.43 (05:45min/km)	1:06:59.23	+0:14:25.32
78 - M /68	M30/25	SOSIŃSKI, Michał		Kraków	1:06:47.88 (05:45min/km)	1:07:11.36	+0:14:37.45
79 - K /9	K40/2	PŁAZIAK-KOWALSKA, Magdalena	2K	Libertów	1:07:05.86 (05:47min/km)	1:07:13.87	+0:14:39.96
80 - M /69	M40/30	PESZT, Marek	SportWise	Kraków	1:07:01.92 (05:46min/km)	1:07:16.15	+0:14:42.24
81 - K /10	K30/4	SOBCZYK, Barbara		Kraków	1:07:44.76 (05:50min/km)	1:07:47.31	+0:15:13.40
82 - M /70	M20/12	MAJ, Patryk	AZS AWF KRAKÓW MASTERS	Kraków	1:07:39.65 (05:49min/km)	1:07:51.04	+0:15:17.13
83 - M /71	M20/13	ROBIN, Antoine		KRAKÓW	1:07:52.07 (05:51min/km)	1:07:59.45	+0:15:25.54
84 - M /72	M30/26	BARADZIEJ, Jakub		Kraków	1:08:05.63 (05:52min/km)	1:08:13.69	+0:15:39.78
85 - M /73	M30/27	BARSUKOV, Artem	Klym Team	Krakow	1:08:27.82 (05:54min/km)	1:08:27.82	+0:15:53.91

86 - M /74	M30/28	KOWALSKI, Michał	POLKAS TriWise	Kraków	1:08:17.41 (05:53min/km)	1:08:29.37	+0:15:55.46
87 - K /11	K30/5	DOBRZAŃSKA, Marta	AZS AWF KRAKÓW MASTERS	Kraków	1:08:27.22 (05:54min/km)	1:08:36.16	+0:16:02.25
88 - K /12	K20/5	KURTYCZ, Natalia	WKS Wawel BnO	Kraków	1:08:47.39 (05:55min/km)	1:08:47.39	+0:16:13.48
89 - M /75	M40/31	WIERZBICKI, Piotr	Goń się!	Kraków	1:08:32.77 (05:54min/km)	1:08:48.25	+0:16:14.34
90 - M /76	M30/29	KINDLER, Maciej			1:08:31.78 (05:54min/km)	1:08:50.81	+0:16:16.90
91 - K /13	K30/6	HODUN, Yevheniia	Samolotowy Team	Krakow	1:08:50.51 (05:56min/km)	1:08:58.54	+0:16:24.63
92 - M /77	M40/32	CEKIERA, Marcin	Iron Dragon Triathlon	Zielonki	1:08:54.42 (05:56min/km)	1:09:01.08	+0:16:27.17
93 - K /14	K30/7	ŁUSZCZAK, Anna	Lemon Team	Kraków	1:10:26.77 (06:04min/km)	1:10:32.76	+0:17:58.85
94 - M /78	M40/33	PRZYBYŁOWSKI, Piotr		Kraków	1:10:36.09 (06:05min/km)	1:10:36.09	+0:18:02.18
95 - M /79	M50/4	PIASECKI, Rafał	TriWise	Wieliczka	1:10:29.46 (06:04min/km)	1:10:37.19	+0:18:03.28
96 - M /80	M50/5	KISIELEWSKI, Piotr	Compass bikeBoard	Kraków	1:10:33.95 (06:05min/km)	1:10:40.33	+0:18:06.42
97 - M /81	M50/6	ROGOZIK , Bogusław	Samolotowy Team	Krzysztoforzyce	1:10:35.26 (06:05min/km)	1:10:40.56	+0:18:06.65
98 - M /82	M30/30	ŻUREK , Michał	OCR TEAM BYDLAKI	Wieliczka	1:10:33.99 (06:05min/km)	1:10:46.37	+0:18:12.46
99 - K /15	K30/8	KAWIK BARTOSIK, Anna	Black Hat Ultra	Kraków	1:10:34.21 (06:05min/km)	1:10:52.53	+0:18:18.62
100 - M /83	M30/31	KOTARBA, Tomasz	OMTC TEAM	Kraków	1:10:44.79 (06:05min/km)	1:10:55.33	+0:18:21.42
101 - K /16	K40/3	SUDOŁ, Magdalena	AZS AWF KRAKÓW MASTERS	Kraków	1:11:00.01 (06:07min/km)	1:11:00.01	+0:18:26.10
102 - M /84	M20/14	JADCZAK, Tomasz	Nokia Kraków	Kraków	1:11:00.88 (06:07min/km)	1:11:00.88	+0:18:26.97
103 - M /85	M60/1	SZUMIEC , Andrzej	Lacho Team	Kraków	1:10:54.81 (06:06min/km)	1:11:02.69	+0:18:28.78
104 - M /86	M30/32	BOCHENEK, Krzysztof			1:11:03.53 (06:07min/km)	1:11:03.53	+0:18:29.62
105 - M /87	M40/34	KACZOR, Pawel	Cholerzyn RUN	Liszki	1:11:08.13 (06:07min/km)	1:11:08.13	+0:18:34.22
106 - K /17	K30/9	KUKUŁA, Karolina		Kraków	1:11:08.69 (06:08min/km)	1:11:08.69	+0:18:34.78
107 - M /88	M40/35	ZĄBCZYK , Jakub		Kraków	1:11:00.92 (06:07min/km)	1:11:10.67	+0:18:36.76
	M50	TOMCZYK, Marcin	AZS AWF KRAKÓW MASTERS	Kraków	1:11:14.01 [GPS]	1:11:14.01 [GPS]	
109 - M /89	M30/33	PUKALAK, Jan		Kraków	1:10:47.93 (06:06min/km)	1:11:17.81	+0:18:43.90
110 - M /90	M40/36	GACEK, Michał	NajGac	CHOLERZYN	1:11:07.78 (06:07min/km)	1:11:21.07	+0:18:47.16
111 - M /91	M40/37	MORDAK, Artur	Medius Runners	Zelków	1:10:01.30 (06:02min/km)	1:11:23.04	+0:18:49.13
	M40	KRZEŚNIAK, Karol	G.O.A.T. Team Michałowice	Zagórzycze Dworskie	1:11:40.01 [GPS]	1:11:40.01 [GPS]	
113 - M /92	M40/38	KULAWIK, Bartek		Kraków	1:11:47.22 (06:11min/km)	1:11:47.22	+0:19:13.31
114 - M /93	M30/34	MASZCZAK, Piotr		Kraków	1:11:50.48 (06:11min/km)	1:11:50.48	+0:19:16.57

115 - K /18	K40/4	BUCENKO, Joanna		BOCHNIA	1:11:55.43 (06:12min/km)	1:11:55.43	+0:19:21.52
116 - M /94	M40/39	STASZEK, Łukasz	Samolotowy Team	Krakow	1:11:51.50 (06:11min/km)	1:11:56.42	+0:19:22.51
117 - M /95	M40/40	LIPIEŃ, Jakub	Irondragon Triathlon	Zielonki	1:11:55.67 (06:12min/km)	1:12:02.79	+0:19:28.88
118 - M /96	M30/35	ZAWACKI, Marcin		Kraków	1:11:45.78 (06:11min/km)	1:12:14.44	+0:19:40.53
119 - M /97	M30/36	ŁASKOWSKI, Piotr	BeFit24Team	Kraków	1:12:06.31 (06:12min/km)	1:12:33.98	+0:20:00.07
120 - M /98	M30/37	WÓJCIK , Dawid	SKL Sucha Beskidzka	Zabawa	1:12:28.38 (06:14min/km)	1:12:47.56	+0:20:13.65
121 - M /99	M20/15	JUŚKO, Konrad		Proszowice	1:13:22.58 (06:19min/km)	1:13:22.58	+0:20:48.67
122 - K /19	K40/5	WICHER, Sylwia	BeFit24Team	Kraków	1:13:26.81 (06:19min/km)	1:13:26.81	+0:20:52.90
123 - M /100	M30/38	KOPIEĆ, Kamil			1:13:28.30 (06:20min/km)	1:13:28.30	+0:20:54.39
124 - K /20	K40/6	ZABOROWSKA, Małgorzata		Liszki	1:13:31.28 (06:20min/km)	1:13:37.97	+0:21:04.06
125 - M /101	M40/41	WÓJCIK, Grzegorz	WKS Wawel BnO	Kraków	1:13:42.00 (06:21min/km)	1:13:42.00	+0:21:08.09
126 - M /102	M30/39	DYRCZ, Dominik	Samolotowy Team	Kraków	1:13:39.31 (06:20min/km)	1:13:44.84	+0:21:10.93
127 - M /103	M40/42	SIWIŃSKI, Jacek		Kraków	1:13:49.54 (06:21min/km)	1:13:49.54	+0:21:15.63
128 - M /104	M50/7	BOŻĘTKA, Jan	Quantum	Kraków	1:13:28.53 (06:20min/km)	1:13:50.12	+0:21:16.21
129 - M /105	M40/43	SKRZYŃSKI, Jan	#AdamCzerwinskiTeam	Wieliczka	1:13:39.16 (06:20min/km)	1:13:53.18	+0:21:19.27
130 - K /21	K30/10	KUBACKA, Karolina	Niepołomice Biegają	Niepołomice	1:13:55.24 (06:22min/km)	1:13:59.22	+0:21:25.31
	M40	DOMIN, Tomasz	Bronowice też Biegają	Krakow	1:14:05.01 [GPS]	1:14:05.01 [GPS]	
132 - M /106	M40/44	PULSAKOWSKI, Rafał		Kraków	1:13:50.88 (06:21min/km)	1:14:08.51	+0:21:34.60
133 - M /107	M30/40	MAJ, Aleksander		Kraków	1:14:08.71 (06:23min/km)	1:14:08.71	+0:21:34.80
134 - M /108	M30/41	OLEJARNIK, Łukasz		Kraków	1:14:07.45 (06:23min/km)	1:14:26.62	+0:21:52.71
	M60	OLIWA, Edward	ITMBW Kraków	Kraków	1:14:27.00 [GPS]	1:14:27.00 [GPS]	
136 - M /109	M20/16	KLIMCZAK, Sebastian		Kraków	1:14:38.25 (06:26min/km)	1:14:38.25	+0:22:04.34

137 - K /22	K30/11	KACZMAREK, Angelika	Centrum Zdrowia Biegacza Kraków	Kraków	1:14:41.17 (06:26min/km)	1:14:43.24	+0:22:09.33
138 - K /23	K30/12	MOSTOVA, Olga	WM Triself	Kraków	1:14:46.05 (06:26min/km)	1:14:46.05	+0:22:12.14
139 - M /110	M30/42	BURDZIK, Wojciech	ITMBW Kraków	Kraków	1:14:33.37 (06:25min/km)	1:14:53.02	+0:22:19.11
140 - K /24	K20/6	POGODA, Kinga			1:14:35.31 (06:25min/km)	1:14:59.28	+0:22:25.37
141 - M /111	M40/45	KUCAŁA, Łukasz	AZS AWF KRAKÓW MASTERS	Węgrzce	1:14:53.27 (06:27min/km)	1:15:04.67	+0:22:30.76
142 - K /25	K30/13	CHRZAŚCZ, Agata	Run 4 Fun	Kraków	1:14:58.57 (06:27min/km)	1:15:05.27	+0:22:31.36
143 - M /112	M20/17	PIASECKI, Daniel		Kraków	1:14:45.41 (06:26min/km)	1:15:05.75	+0:22:31.84
144 - M /113	M50/8	KORDYL, Waldemar	AZS AWF KRAKÓW MASTERS	Kraków	1:14:55.43 (06:27min/km)	1:15:06.42	+0:22:32.51
145 - M /114	M40/46	AUGUSTYN, Marcin		Kraków	1:14:55.39 (06:27min/km)	1:15:09.21	+0:22:35.30
146 - M /115	M20/18	BASZEŃ, Tomasz	Bronowice też Biegają	Kraków	1:14:43.74 (06:26min/km)	1:15:14.95	+0:22:41.04
147 - M /116	M40/47	FRĄCKOWIAK, Marek		Chorzów	1:14:48.46 (06:26min/km)	1:15:17.03	+0:22:43.12
148 - M /117	M40/48	PIETRZYK, Przemysław	Studio Grafrez	Skawina	1:12:54.53 (06:17min/km)	1:15:20.28	+0:22:46.37
149 - M /118	M40/49	GÓRSKI, Michał	Giebułtów ciśnie	Giebułtów	1:15:03.53 (06:28min/km)	1:15:24.42	+0:22:50.51
150 - M /119	M40/50	ŻUROWSKI, Paweł	Samolotowy Team	Kraków Małopolskie	1:15:19.46 (06:29min/km)	1:15:28.02	+0:22:54.11
151 - M /120	M40/51	PILCH, Wojciech	#AdamCzerwińskiTeam	Kraków	1:15:34.62 (06:30min/km)	1:15:39.08	+0:23:05.17
152 - M /121	M40/52	KUC, Adam	THE OFFICE	Czernichów	1:15:13.62 (06:29min/km)	1:15:39.51	+0:23:05.60
153 - K /26	K40/7	BIELEC, Kinga	G.O.A.T. Team Michałowice	Kraków	1:15:30.11 (06:30min/km)	1:15:46.26	+0:23:12.35
154 - K /27	K40/8	NIEDUŻAK, Marta		Kraków	1:15:44.78 (06:31min/km)	1:15:48.21	+0:23:14.30
155 - M /122	M40/53	KSIĄŻEK, Grzegorz	ITMBW Kraków	Kraków	1:15:28.41 (06:30min/km)	1:15:48.35	+0:23:14.44
156 - M /123	M40/54	PIŁAT, Piotr		Kraków	1:15:45.07 (06:31min/km)	1:15:48.57	+0:23:14.66

157 - M /124	M60/2	KOWALIK, Jan	Centrum Zdrowia Biegacza Kraków	Kraków	1:16:07.19 (06:33min/km)	1:16:18.61	+0:23:44.70
158 - M /125	M40/55	MARCZEWSKI, Marcin	Bronowice też Biegają	Kraków	1:15:58.65 (06:32min/km)	1:16:18.79	+0:23:44.88
159 - K /28	K40/9	FORNALIK, Barbara	Dalin Myślenice	Krzyszkowice	1:16:28.05 (06:35min/km)	1:16:33.55	+0:23:59.64
160 - M /126	M40/56	ZYCH, Andrzej	Go Aptiv!	Brzesko	1:16:34.08 (06:36min/km)	1:16:34.08	+0:24:00.17
161 - M /127	M30/43	PAŁKA, Piotr		Kraków	1:16:15.74 (06:34min/km)	1:16:37.35	+0:24:03.44
162 - M /128	M30/44	KOWALCZYK, Damian	Socios Wiśła	Kraków	1:16:26.40 (06:35min/km)	1:16:49.38	+0:24:15.47
163 - K /29	K20/7	HUCZKOWSKA, Diana		Kraków	1:17:01.38 (06:38min/km)	1:17:10.19	+0:24:36.28
164 - M /129	M40/57	PEC, Waldemar Pec		Krakow	1:17:04.03 (06:38min/km)	1:17:14.62	+0:24:40.71
165 - M /130	M40/58	PRYTKOV, Valery		Kraków	1:17:17.11 (06:39min/km)	1:17:17.11	+0:24:43.20
166 - K /30	K30/14	BETLEJ, Joanna		Kraków	1:17:17.84 (06:39min/km)	1:17:17.84	+0:24:43.93
167 - M /131	M30/45	TATAREK, Piotr		Kraków	1:16:49.98 (06:37min/km)	1:17:19.41	+0:24:45.50
168 - M /132	M40/59	LIKH, Iurii		Kraków	1:17:09.31 (06:39min/km)	1:17:20.32	+0:24:46.41
169 - M /133	M30/46	AKYLZHANOV, Olzhas	Unlimited Sport 2.0	Krakow	1:17:24.68 (06:40min/km)	1:17:32.00	+0:24:58.09
170 - M /134	M40/60	POLISHCHUK, Vadym		Kraków	1:17:36.77 (06:41min/km)	1:17:36.77	+0:25:02.86
171 - M /135	M20/19	PEREK, Mikołaj		Kraków	1:17:13.63 (06:39min/km)	1:17:39.81	+0:25:05.90
172 - M /136	M50/9	ROGASCH, Stanisław			1:17:24.39 (06:40min/km)	1:17:53.34	+0:25:19.43
173 - M /137	M40/61	PORĘBSKI, Kacper	Kraków Airport Running Team	Kraków	1:17:36.12 (06:41min/km)	1:18:07.82	+0:25:33.91
174 - M /138	M30/47	JELTEMA, Bastin	Jeltema Sport WM Triself	Krakow	1:17:51.77 (06:42min/km)	1:18:13.76	+0:25:39.85

175 - M /139	M40/62	MONIOWSKI, Mariusz	ITMBW Kraków	Rząska	1:17:56.60 (06:43min/km)	1:18:20.38	+0:25:46.47
176 - M /140	M50/10	PYTLIŃSKI, Wojciech	Egger Biskupiec Biega	Kobylany	1:18:29.30 (06:45min/km)	1:18:45.14	+0:26:11.23
177 - M /141	M40/63	WAWRO, Jakub		Kraków	1:18:30.55 (06:46min/km)	1:18:51.51	+0:26:17.60
178 - M /142	M30/48	AUGUSTYN, Karol	ACCENTURE	Krakow	1:18:53.53 (06:48min/km)	1:19:06.20	+0:26:32.29
179 - K /31	K30/15	MARCINEK, Małgorzata	Trailrun	Kraków	1:19:10.86 (06:49min/km)	1:19:10.86	+0:26:36.95
180 - M /143	M30/49	SCHABOWSKI, Tomasz		Kraków	1:18:48.14 (06:47min/km)	1:19:11.43	+0:26:37.52
181 - M /144	M40/64	WŁODARCZYK, Piotr	Towarzystwo Turystyczne AKS Polonia Warszawa	Kraków	1:18:49.06 (06:47min/km)	1:19:13.62	+0:26:39.71
182 - M /145	M40/65	ROGOWIEC, Bartosz		Kraków	1:18:48.44 (06:47min/km)	1:19:16.33	+0:26:42.42
183 - M /146	M20/20	RĄPAŁA, Jakub		Kraków	1:18:53.08 (06:48min/km)	1:19:19.56	+0:26:45.65
184 - M /147	M30/50	WERBIŃSKI, Tomasz		Warszawa	1:19:14.67 (06:49min/km)	1:19:25.09	+0:26:51.18
185 - M /148	M40/66	SWOLKIEŃ, Michał	WM Triself	Tomaszowice	1:18:58.49 (06:48min/km)	1:19:28.88	+0:26:54.97
186 - M /149	M50/11	MALARCZYK, Jerzy	#AdamCzerwinskiTeam	Wielczka	1:19:22.92 (06:50min/km)	1:19:35.36	+0:27:01.45
187 - M /150	M30/51	KWINTA, Maciej		Kraków	1:19:42.58 (06:52min/km)	1:19:55.08	+0:27:21.17
188 - K /32	K50/1	BODŻĘTA, Dorota	Psychoterapia	Krzeszowice	1:19:34.60 (06:51min/km)	1:19:56.11	+0:27:22.20
189 - K /33	K30/16	DWORNIK, Małgorzata	Warczące Szprychy	Kraków	1:19:28.14 (06:51min/km)	1:19:59.78	+0:27:25.87
190 - M /151	M50/12	ZADWORNÝ, Ireneusz		Kraków	1:20:00.34 (06:53min/km)	1:20:00.34	+0:27:26.43
191 - K /34	K40/10	WILK-ZALEŚNA , Aneta		Chobot	1:19:49.39 (06:52min/km)	1:20:03.49	+0:27:29.58
192 - M /152	M30/52	MAZURKIEWICZ, Wojciech	WM Triself	Kraków	1:19:41.16 (06:52min/km)	1:20:11.58	+0:27:37.67
193 - M /153	M30/53	TORONŃ, Maciej		Kraków	1:19:54.91 (06:53min/km)	1:20:13.01	+0:27:39.10

194 - K /35	K30/17	KHALUKHAIIEVA , Maryna	Samolotowy Team	Krakow	1:20:05.98 (06:54min/km)	1:20:14.20	+0:27:40.29
195 - K /36	K40/11	TARADAJ, Paulina	Lacho Team	Kraków	1:20:21.99 (06:55min/km)	1:20:21.99	+0:27:48.08
196 - M /154	M40/67	WISNIOWSKI, Grzegorz	Mikrob Gallery Team	katowice	1:19:57.27 (06:53min/km)	1:20:32.33	+0:27:58.42
197 - M /155	M50/13	LIGĘZA, Witold			1:20:30.05 (06:56min/km)	1:20:47.58	+0:28:13.67
198 - M /156	M40/68	HATCHEN, Jens	WM Triself	Kraków	1:20:36.77 (06:56min/km)	1:20:59.00	+0:28:25.09
199 - M /157	M40/69	PAPROCKI, Marcin	AZS AWF KRAKÓW MASTERS	Kraków	1:21:14.17 (07:00min/km)	1:21:16.93	+0:28:43.02
200 - M /158	M30/54	MISIAREK, Michał	Runtime Error	Kraków	1:21:09.55 (06:59min/km)	1:21:27.30	+0:28:53.39
201 - M /159	M40/70	POMYKALA, Michal	Doleć Radom	Krakow	1:21:44.04 (07:02min/km)	1:21:44.04	+0:29:10.13
202 - M /160	M30/55	HUDYGA, Sławomir			1:21:19.58 (07:00min/km)	1:21:45.00	+0:29:11.09
203 - M /161	M30/56	KOTARBA, Mateusz	#KubaPiechTeam	Rzeszów	1:21:48.70 (07:03min/km)	1:21:48.70	+0:29:14.79
204 - M /162	M50/14	KOSTOGRYS, Piotr		Kraków	1:22:01.88 (07:04min/km)	1:22:01.88	+0:29:27.97
205 - M /163	M50/15	WACHNICKI, Jan		Opole	1:22:11.55 (07:05min/km)	1:22:22.22	+0:29:48.31
206 - K /37	K40/12	JAROŃ , Magdalena		Kraków	1:22:06.51 (07:04min/km)	1:22:23.27	+0:29:49.36
207 - M /164	M30/57	MĘDŁOWSKI, Patryk		Kraków	1:22:50.80 (07:08min/km)	1:22:50.80	+0:30:16.89
208 - M /165	M40/71	BUDZIŃSKI, Maciej		Kraków	1:22:36.31 (07:07min/km)	1:22:57.51	+0:30:23.60
209 - K /38	K30/18	KULAK-OKÓLSKA, Nina	KAY-MAX	Kraków	1:23:06.16 (07:09min/km)	1:23:12.12	+0:30:38.21
210 - M /166	M40/72	KOWALSKI , Wojciech Endurance	POLKAS	Kraków	1:23:30.86 (07:11min/km)	1:23:30.86	+0:30:56.95
211 - K /39	K30/19	BUDZYN, Dominika		krakow	1:23:11.87 (07:10min/km)	1:23:37.11	+0:31:03.20
212 - M /167	M30/58	WOLIŃSKI, Marek	Poranny Patrol	Kraków	1:22:29.21 (07:06min/km)	1:23:43.10	+0:31:09.19

213 - M /168	M40/73	RYBA, Bartłomiej				1:23:48.13 (07:13min/km)	1:23:48.13	+0:31:14.22
214 - M /169	M30/59	FLAJSZER, Kamil		Kraków		1:20:32.68 (06:56min/km)	1:24:03.55	+0:31:29.64
215 - K /40	K50/2	JOB, Cecylia	ITMBW Kraków	Lusina		1:23:51.06 (07:13min/km)	1:24:18.55	+0:31:44.64
216 - M /170	M30/60	FALKIEWICZ, Arkadiusz	Night Runners	Kraków		1:24:39.02 (07:17min/km)	1:24:39.02	+0:32:05.11
217 - K /41	K20/8	SUMIEC-SZYFNER, Katarzyna	Zabiegani Mielec	Kraków		1:24:49.23 (07:18min/km)	1:24:49.23	+0:32:15.32
218 - M /171	M50/16	JAMROZIK, Krzysiek	WKS Wawel BnO	Kraków		1:24:39.56 (07:17min/km)	1:25:06.84	+0:32:32.93
219 - K /42	K30/20	MIKŁAS, Magdalena	EloElo320Club	Kraków		1:25:14.33 (07:20min/km)	1:25:14.33	+0:32:40.42
220 - M /172	M30/61	PARTYKA, Gabriel		Kraków		1:24:51.03 (07:18min/km)	1:25:20.12	+0:32:46.21
221 - M /173	M40/74	KUMOREK, Zbyszek				1:25:02.62 (07:19min/km)	1:25:20.59	+0:32:46.68
222 - M /174	M50/17	LASKOWSKI, Dariusz	Niepołomice Biegaja	Kraków		1:25:21.15 (07:21min/km)	1:25:21.15	+0:32:47.24
223 - M /175	M40/75	GRACJASZ, Marcin	Sułowski Team	Wadowice		1:25:04.53 (07:20min/km)	1:25:22.03	+0:32:48.12
224 - K /43	K20/9	OLIINYK, Yelizaveta	WKS Wawel BnO	Kraków		1:25:15.98 (07:21min/km)	1:25:48.23	+0:33:14.32
225 - M /176	M30/62	BICZEWSKI, Arkadiusz		Kraków		1:25:46.97 (07:23min/km)	1:25:56.53	+0:33:22.62
226 - M /177	M50/18	NIEDBALIK, Grzegorz		Kraków		1:25:30.69 (07:22min/km)	1:25:57.30	+0:33:23.39
227 - M /178	M40/76	KUDŁA, Grzegorz	OCR TEAM BYDLAKI	Wieliczka		1:25:45.73 (07:23min/km)	1:25:59.58	+0:33:25.67
228 - K /44	K40/13	PERŁOWSKA-GOZDEK, Anna		Kraków		1:26:04.30 (07:25min/km)	1:26:04.30	+0:33:30.39
229 - K /45	K50/3	LIGĘZA, Joanna				1:25:53.16 (07:24min/km)	1:26:09.95	+0:33:36.04
230 - M /179	M40/77	MICHAŁ, Goll		Kraków		1:25:44.17 (07:23min/km)	1:26:12.47	+0:33:38.56
231 - M /180	M40/78	ŁYSZCZEK, Dominik		Kraków		1:26:01.25 (07:24min/km)	1:26:39.29	+0:34:05.38
232 - K /46	K20/10	KRÓLIKOWSKA, Agnieszka	GGs TEAM			1:27:56.86 (07:34min/km)	1:28:05.29	+0:35:31.38
233 - K /47	K20/11	WATARZYSZYN, Marzena	ACCENTURE	Kraków		1:28:10.60 (07:36min/km)	1:28:27.50	+0:35:53.59

234 - K /48	K40/14	KORZENIOWSKA, Korzeniowska	Niepołomice Biegają	KRAKÓW	1:28:11.89 (07:36min/km)	1:28:27.73	+0:35:53.82
235 - M /181	M50/19	BAK, Artur	Elitarny Klub Geriatryczny	Kraków	1:28:10.99 (07:36min/km)	1:28:28.14	+0:35:54.23
236 - M /182	M50/20	OKSIUTYCZ, Marek		Kraków	1:27:57.65 (07:34min/km)	1:28:29.27	+0:35:55.36
237 - K /49	K30/21	ZBARASHCHUK, levgeniya	ACCENTURE	Kraków	1:28:09.53 (07:36min/km)	1:28:29.43	+0:35:55.52
238 - M /183	M40/79	WOJDYŁA, Krzysztof		Kraków	1:28:12.41 (07:36min/km)	1:28:31.04	+0:35:57.13
239 - K /50	K30/22	FABER - KRUCIEWICZ, Dagmara	Bronowice też Biegają	Kraków	1:28:10.00 (07:36min/km)	1:28:32.15	+0:35:58.24
240 - M /184	M20/21	SOSIN, Dawid	ACCENTURE	Kraków	1:28:14.79 (07:36min/km)	1:28:32.54	+0:35:58.63
241 - K /51	K30/23	KUKLEWICZ, Barbara	WM Triself	Kraków	1:28:37.32 (07:38min/km)	1:28:37.32	+0:36:03.41
242 - K /52	K30/24	PROKOPIUK, Edyta	#zonabijealewolnobia	Kraków	1:28:18.47 (07:36min/km)	1:28:37.96	+0:36:04.05
243 - M /185	M40/80	BACHOWSKI, Krzysztof	PoCoMiTo	Kwaczała	1:28:25.41 (07:37min/km)	1:28:56.48	+0:36:22.57
244 - K /53	K40/15	ZAJĄC, Aneta	G.O.A.T. Team Michałowice		1:28:36.06 (07:38min/km)	1:28:56.62	+0:36:22.71
245 - K /54	K40/16	FILIPEK, Natalia	Bronowice też Biegają	Krakow	1:28:44.10 (07:38min/km)	1:29:05.89	+0:36:31.98
246 - M /186	M40/81	CZYŻ, Piotr		Rząska	1:28:45.78 (07:39min/km)	1:29:07.57	+0:36:33.66
247 - K /55	K30/25	KRAWCZYK KOSEK, Ania	Samolotowy Team	Kraków	1:29:52.06 (07:44min/km)	1:30:14.38	+0:37:40.47
	M40	DUROŃ, Marcin	Samolotowy Team	Kraków	1:30:22.01 [GPS]	1:30:22.01 [GPS]	
249 - K /56	K30/26	BURCZYK, Agnieszka	Warczące Szprychy	Krakow	1:30:52.57 (07:50min/km)	1:31:06.48	+0:38:32.57
250 - K /57	K50/4	GOŁDYN, Katarzyna		Posądzka	1:31:04.12 (07:51min/km)	1:31:19.17	+0:38:45.26
251 - M /187	M30/63	ŁACINA, Kamil	CHCIAŁEM SE POBIEGAĆ	Kraków	1:31:22.20 (07:52min/km)	1:31:39.86	+0:39:05.95
252 - K /58	K30/27	KUFEL, Natalia	ACCENTURE	Krakow	1:32:13.54 (07:57min/km)	1:32:27.61	+0:39:53.70
253 - K /59	K30/28	MAĆKOWIAK, Maria		Kraków	1:32:12.06 (07:56min/km)	1:32:31.79	+0:39:57.88
254 - K /60	K40/17	MÓL , Monika	Bronowice też Biegają	Kraków	1:32:14.40 (07:57min/km)	1:32:45.61	+0:40:11.70
255 - M /188	M30/64	ZIEMBLA, Krzysztof	Go Aptiv!	Kraków	1:33:49.16 (08:05min/km)	1:33:49.16	+0:41:15.25
256 - M /189	M60/3	GRACZYK, Roman	Krzysiek Pomaga Pomagać	Liszki	1:33:17.50 (08:02min/km)	1:33:55.27	+0:41:21.36
257 - K /61	K40/18	MAGOCSY, Helena		Kraków	1:33:45.49 (08:04min/km)	1:34:15.49	+0:41:41.58

258 - M /190	M40/82	MAJERSKI, Michał		Kraków	1:33:46.05 (08:05min/km)	1:34:15.85	+0:41:41.94
259 - K /62	K30/29	SZUMIEC, Joanna	ACCENTURE	Kraków	1:34:08.82 (08:06min/km)	1:34:23.97	+0:41:50.06
260 - K /63	K30/30	KUCHARSKA, Monika	TriJet Team	Kraków	1:34:37.92 (08:09min/km)	1:35:37.85	+0:43:03.94
261 - M /191	M30/65	KOMISARCZUK, Arkadiusz		Kraków	1:35:00.27 (08:11min/km)	1:35:39.16	+0:43:05.25
262 - K /64	K20/12	WACH, Weronika	TriJet Team	Krakow	1:34:41.33 (08:09min/km)	1:35:40.47	+0:43:06.56
263 - K /65	K40/19	KAMIŃSKA , Karolina		KRAKÓW	1:35:45.94 (08:15min/km)	1:36:13.93	+0:43:40.02
264 - K /66	K50/5	ATROSZCZYK, Aleksandra	Psychoterapia	Krzyszowice	1:37:41.43 (08:25min/km)	1:37:41.43	+0:45:07.52
265 - K /67	K20/13	MURJAS, Dominika	Tylko ja	Kraków	1:37:29.55 (08:24min/km)	1:37:43.91	+0:45:10.00
266 - M /192	M40/83	DEWERA, Łukasz		Karniowice	1:37:37.07 (08:24min/km)	1:38:15.04	+0:45:41.13
267 - M /193	M40/84	TRZEPACZ , Wojciech		Kraków	1:38:00.96 (08:26min/km)	1:38:33.38	+0:45:59.47
268 - M /194	M40/85	JANUSZ, Tomasz			1:39:36.85 (08:35min/km)	1:39:36.85	+0:47:02.94
269 - K /68	K30/31	GOCKA, Marta	ACCENTURE	Kraków	1:40:29.71 (08:39min/km)	1:40:45.70	+0:48:11.79
270 - M /195	M50/21	RICOUR, Patrice	Les Coqs Runners	Kraków	1:44:22.53 (08:59min/km)	1:44:35.40	+0:52:01.49
271 - M /196	M50/22	SOWA, Grzegorz	#KubaPiechTeam	Kraków	1:45:22.73 (09:05min/km)	1:45:22.73	+0:52:48.82
272 - K /69	K30/32	PELZ, Zuzanna		Kraków	1:46:19.86 (09:09min/km)	1:46:19.86	+0:53:45.95
273 - K /70	K40/20	TRYJEFACZKA, Paulina	FitVit	Niepolomice	1:46:07.07 (09:08min/km)	1:46:22.91	+0:53:49.00
	K30	BOROWIAK, Kasia	FitPark Team	Kraków	1:49:30.00 [GPS]	1:49:30.00 [GPS]	
275 - K /71	K40/21	DZIURZYŃSKA, Ulka	Vege Runners	Kraków	1:50:20.42 (09:30min/km)	1:50:20.42	+0:57:46.51
276 - M /197	M30/66	ANUSZEWSKI, Radosław	PTG Sokół Świat Pracy Tarnów	Tarnów	1:50:51.84 (09:33min/km)	1:51:33.54	+0:58:59.63
277 - K /72	K70/1	PRYMAKOWSKA, Barbara	UKS Wrocław Żórawina	Tarnów	1:53:04.23 (09:44min/km)	1:53:29.02	+1:00:55.11
278 - K /73	K30/33	PETRYSZAK, Agnieszka		Kraków	1:55:13.99 (09:56min/km)	1:55:44.40	+1:03:10.49
279 - M /198	M30/67	DEPOWSKI, Patryk	A game	KRAKÓW	1:59:33.31 (10:18min/km)	1:59:55.41	+1:07:21.50
280 - M /199	M60/4	TOKARZ, Jerzy	Centrum Zdrowia Biegacza Kraków	Kraków	2:05:08.00 (10:47min/km)	2:05:08.00	+1:12:34.09



Grand Prix Krakowa w Biegach Górskich 2023/2024 - R2

Kraków, 2023-12-03 - Wyniki

23km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M30/1	ŁUŻNY, Bartłomiej	Truda Boys 91	Kraków	1:51:32.50 (04:50min/km)	1:51:33.75	+0:00:00.00
2 - M/2	M20/1	GUTT, Piotr	KS Murzasichle		1:51:49.27 (04:51min/km)	1:51:50.79	+0:00:17.04
3 - M/3	M30/2	CZARNOTA, Tomasz	#AdamCzerwinskiTeam	Kraków	1:55:08.36 (05:00min/km)	1:55:09.86	+0:03:36.11
4 - M/4	M30/3	PARIS, Nicola	Truda Boys 91	Krakow	1:58:17.03 (05:08min/km)	1:58:17.03	+0:06:43.28
5 - M/5	M30/4	MICHALSKI, Janusz	TriWise	Kraków	1:59:50.62 (05:12min/km)	1:59:53.07	+0:08:19.32
6 - M/6	M50/1	MAJCHER, Piotr	BW Biegacze Wymiatacze	Kraków	2:03:30.17 (05:22min/km)	2:03:32.29	+0:11:58.54
7 - M/7	M40/1	DARCHUK, Oleksandr	Trifamily.pl		2:08:37.24 (05:35min/km)	2:08:37.24	+0:17:03.49
8 - M/8	M30/5	STACHOŃ, Radosław	Run 4 Fun	Bochnia	2:09:00.34 (05:36min/km)	2:09:03.56	+0:17:29.81
9 - M/9	M30/6	DUDA, Konrad		Kraków	2:09:02.26 (05:36min/km)	2:09:05.74	+0:17:31.99
10 - M/10	M30/7	SENKOWSKI, Jakub	Truda Boys 91	Kraków	2:10:38.18 (05:40min/km)	2:10:41.18	+0:19:07.43
11 - M/11	M30/8	KĘPIŃSKI, Maciej	Skawina Biega	Skawina	2:11:44.00 (05:43min/km)	2:11:46.32	+0:20:12.57
12 - M/12	M20/2	LASAK, Wojciech		Kościelisko	2:12:37.70 (05:45min/km)	2:12:40.13	+0:21:06.38
13 - K/1	K20/1	TKACZYK, Aleksandra	Samolotowy Team	Kraków	2:12:44.27 (05:46min/km)	2:12:44.27	+0:21:10.52
14 - M/13	M30/9	GRZĄBKA, Paweł	#AdamCzerwinskiTeam	Kraków	2:13:00.96 (05:47min/km)	2:13:00.96	+0:21:27.21
15 - M/14	M40/2	GURGUL, Sebastian	Aromat Nóg	Krakow	2:13:42.56 (05:48min/km)	2:13:44.76	+0:22:11.01
16 - M/15	M40/3	MORAWA, Mateusz	Lacho Team	Kraków	2:14:09.79 (05:50min/km)	2:14:12.18	+0:22:38.43
17 - M/16	M40/4	BIES, Grzegorz		Kraków	2:14:35.79 (05:51min/km)	2:14:39.29	+0:23:05.54
18 - M/17	M40/5	NOWACKI, Paweł		Kraków	2:14:53.81 (05:51min/km)	2:14:58.03	+0:23:24.28
19 - M/18	M30/10	KUCHARSKI, Kamil	TriJet Team	Kraków	2:15:19.13 (05:53min/km)	2:15:21.27	+0:23:47.52
20 - K/2	K30/1	BOCHENEK, Magdalena	G.O.A.T. Team Michałowice	Michałowice	2:15:43.60 (05:54min/km)	2:15:45.20	+0:24:11.45
21 - M/19	M40/6	BAR, Bartosz	#AdamCzerwinskiTeam	Chorągiewka	2:15:58.38 (05:54min/km)	2:15:58.38	+0:24:24.63
22 - M/20	M40/7	WIENDLOCHA, Paweł	Socios Silesia	Gliwice	2:16:29.87 (05:56min/km)	2:16:31.21	+0:24:57.46
23 - M/21	M30/11	MALISSARD, Jean		Krakow	2:16:44.03 (05:56min/km)	2:16:50.73	+0:25:16.98
24 - M/22	M30/12	ZOŁA, Piotr	PioDzo Extreme	Kraków	2:17:14.84 (05:58min/km)	2:17:16.99	+0:25:43.24
25 - M/23	M50/2	KOWALCZYK, Kazimierz	KS Murzasichle	Witów	2:17:34.96 (05:58min/km)	2:17:37.43	+0:26:03.68

26 - M /24	M50/3	KORAB, Robert	TuTiTuRumTu	Rzeszów	2:20:09.34 (06:05min/km)	2:20:14.64	+0:28:40.89
27 - M /25	M30/13	NOWAK, Krzysztof	#AdamCzerwinskiTeam	Kraków	2:20:21.03 (06:06min/km)	2:20:21.03	+0:28:47.28
28 - K /3	K40/1	GARCZYŃSKA-WĄS, Bogusława	WM Triself	Zielonki	2:20:29.76 (06:06min/km)	2:20:32.81	+0:28:59.06
29 - M /26	M40/8	MOŻEJKO, Artur	Niepołomice Biegaja	Niepołomice	2:20:29.04 (06:06min/km)	2:20:33.53	+0:28:59.78
30 - M /27	M50/4	RADZIK, Jerzy	Niepołomice Biegaja	Niepołomice	2:20:34.47 (06:06min/km)	2:20:34.47	+0:29:00.72
31 - M /28	M40/9	MACH, Krzysztof	Zabierzów Biega	Zabierzów	2:21:31.26 (06:09min/km)	2:21:33.33	+0:29:59.58
32 - M /29	M40/10	POLAK, Łukasz	Samolotowy Team	Kraków	2:21:49.32 (06:09min/km)	2:21:49.32	+0:30:15.57
33 - M /30	M40/11	PANCERZ, Mariusz		Bielsko-Biała	2:22:35.23 (06:11min/km)	2:22:35.23	+0:31:01.48
34 - M /31	M40/12	PÓŁCHŁOPEK, Przemysław		Kraków	2:23:01.16 (06:13min/km)	2:23:07.71	+0:31:33.96
35 - M /32	M40/13	ŚNIEGOWSKI, Marcin		Mogilany	2:23:01.83 (06:13min/km)	2:23:09.24	+0:31:35.49
36 - M /33	M40/14	FEDORCZAK, Jacek	ACCENTURE	Kraków	2:23:50.75 (06:15min/km)	2:23:50.75	+0:32:17.00
37 - M /34	M30/14	RZASA, Piotr	Go Aptiv!	Krakow	2:24:15.83 (06:16min/km)	2:24:15.83	+0:32:42.08
38 - M /35	M40/15	DOBZĄŃSKI, Tomasz	ITMBW Kraków	Kraków	2:24:52.22 (06:17min/km)	2:24:56.90	+0:33:23.15
39 - M /36	M20/3	DRYJA, Kamil		Kraków	2:24:53.39 (06:17min/km)	2:25:01.41	+0:33:27.66
40 - M /37	M20/4	KUNZ, Marcin	Centrum Zdrowia Biegacza Kraków	Kraków	2:26:09.40 (06:21min/km)	2:26:09.40	+0:34:35.65
41 - M /38	M40/16	OBERWAN, Marek	panfotograf.eu	Kraków	2:26:59.13 (06:23min/km)	2:27:03.89	+0:35:30.14
42 - M /39	M20/5	KRUK, Tymoteusz	GGs TEAM		2:27:08.51 (06:23min/km)	2:27:08.51	+0:35:34.76
43 - M /40	M40/17	ŁĘTEK, Tomasz	Biegającą Krowa	Kraków	2:27:29.32 (06:24min/km)	2:27:29.32	+0:35:55.57
44 - M /41	M30/15	MICHALSKI, Michał Michalski	FramesFactory RacingTeam	Kraków	2:28:05.65 (06:26min/km)	2:28:17.06	+0:36:43.31
45 - M /42	M40/18	WOŻNY, Paweł	Runprogress.pl Team	Niepołomice	2:28:41.62 (06:27min/km)	2:28:47.30	+0:37:13.55
46 - K /4	K40/2	KURANT, Elena	BW Biegacze Wymiatacze	Kraków	2:28:49.96 (06:28min/km)	2:28:52.90	+0:37:19.15
47 - M /43	M30/16	TIČINOVIĆ, Daniel	Błękitna XVII	Kraków	2:28:50.54 (06:28min/km)	2:28:53.56	+0:37:19.81
48 - M /44	M30/17	JUSZCZYK, Łukasz	Niepołomice Biegaja	Mała Wleś	2:29:01.95 (06:28min/km)	2:29:05.16	+0:37:31.41
49 - M /45	M40/19	KOBIĄŁKA, Łukasz	My Endurance Team	Strumiany	2:29:10.39 (06:29min/km)	2:29:13.98	+0:37:40.23
50 - M /46	M50/5	NOWAK, Marek		KARNIOWICE	2:29:17.65 (06:29min/km)	2:29:24.04	+0:37:50.29
51 - M /47	M20/6	CIERPIAŁ, Piotr	Kraków Airport Running Team	Myślenice	2:29:28.48 (06:29min/km)	2:29:35.26	+0:38:01.51
52 - M /48	M20/7	RYCZEK, Sebastian		Rudawa	2:30:04.89 (06:31min/km)	2:30:04.89	+0:38:31.14
53 - M /49	M40/20	KLIMEK, Przemysław	Klub Biegacza AZS UEK	Kraków	2:30:39.65 (06:33min/km)	2:30:43.71	+0:39:09.96
54 - M /50	M50/6	STANISZEWSKI, Artur	Kraków Airport Running Team	Kraków	2:30:50.62 (06:33min/km)	2:30:53.56	+0:39:19.81
55 - M /51	M40/21	HOPEK, Tomasz	AZS AWF KRAKÓW MASTERS	Kraków	2:31:02.86 (06:34min/km)	2:31:09.67	+0:39:35.92
56 - M /52	M40/22	LASYK, Maciej	TriWise	Kraków	2:31:03.64 (06:34min/km)	2:31:12.29	+0:39:38.54
57 - M /53	M40/23	DAVÌ, Paolo			2:31:04.23 (06:34min/km)	2:31:13.90	+0:39:40.15

58 - M /54	M30/18	PALUCZAK, Tadeusz		Mszana	2:31:17.66 (06:34min/km)	2:31:24.96	+0:39:51.21
59 - K /5	K30/2	MAĆZKA, Martyna	Mordor Team	Kraków	2:31:20.05 (06:34min/km)	2:31:25.57	+0:39:51.82
60 - M /55	M30/19	WALCZAK, Waldemar		Zielonki	2:31:28.53 (06:35min/km)	2:31:33.27	+0:39:59.52
61 - K /6	K40/3	WALERJAN-RUSEK, Agnieszka	AZS AWF KRAKÓW MASTERS	Kraków	2:31:32.47 (06:35min/km)	2:31:37.01	+0:40:03.26
62 - M /56	M40/24	BIAŁKA, Rafał	G.O.A.T. Team Michałowice	Masłomiąca	2:31:38.06 (06:35min/km)	2:31:41.54	+0:40:07.79
63 - M /57	M40/25	BULKA, Tomek	G.O.A.T. Team Michałowice	Kraków	2:31:55.07 (06:36min/km)	2:31:55.07	+0:40:21.32
64 - M /58	M40/26	MIGACZ, Jacek	G.O.A.T. Team Michałowice	ZIELONKI K. KRAKOWA	2:31:55.95 (06:36min/km)	2:31:55.95	+0:40:22.20
65 - M /59	M40/27	SWAŁDEK, Konrad	G.O.A.T. Team Michałowice	Kraków	2:31:45.49 (06:35min/km)	2:31:56.40	+0:40:22.65
66 - M /60	M40/28	KLEIN, Michał	MisiaqBiega	Kraków	2:31:59.99 (06:36min/km)	2:31:59.99	+0:40:26.24
67 - M /61	M30/20	KURAŚ, Maciej	BujoAlkoTeam	Kraków	2:31:58.24 (06:36min/km)	2:32:16.88	+0:40:43.13
68 - M /62	M20/8	BAJDA, Artur		Kraków	2:32:17.50 (06:37min/km)	2:32:17.50	+0:40:43.75
69 - K /7	K50/1	SZLIFIŃSKA-NOWAK, Anna		Karniowice	2:32:18.05 (06:37min/km)	2:32:24.00	+0:40:50.25
70 - M /63	M40/29	HILLER , Artur		Wieliczka	2:32:31.64 (06:37min/km)	2:32:39.63	+0:41:05.88
71 - M /64	M30/21	BORKOWSKI, Paweł		Wola Batorska	2:33:36.59 (06:40min/km)	2:33:36.59	+0:42:02.84
72 - M /65	M30/22	GURGUL, Mateusz	Aromat Nóg	Kraków	2:33:43.95 (06:41min/km)	2:33:48.38	+0:42:14.63
73 - M /66	M40/30	WYSOCKI, Rafał	KKM Kaloryfer	Kraków	2:34:20.76 (06:42min/km)	2:34:25.91	+0:42:52.16
74 - M /67	M40/31	LADRA, Ryszard	AG Kompressoren	KRAKÓW	2:34:22.15 (06:42min/km)	2:34:28.02	+0:42:54.27
75 - K /8	K40/4	SZNAJDER, Joanna	G.O.A.T. Team Michałowice	Michałowice	2:36:07.35 (06:47min/km)	2:36:11.00	+0:44:37.25
76 - M /68	M40/32	DĄBROWSKI, Mirosław	AZS AWF KRAKÓW MASTERS	Kraków	2:36:28.55 (06:48min/km)	2:36:33.53	+0:44:59.78
77 - M /69	M40/33	JARMUŻEK, Marcin		Kraków	2:37:24.57 (06:50min/km)	2:37:24.57	+0:45:50.82
78 - M /70	M40/34	WOJTALA, Bartłomiej	Uwaga na Dziada!	Kraków	2:37:37.95 (06:51min/km)	2:37:37.95	+0:46:04.20
79 - M /71	M20/9	OLSZEWSKI, Mateusz	Go Aptiv!	Kraków	2:37:40.02 (06:51min/km)	2:37:40.02	+0:46:06.27
80 - M /72	M40/35	CIEŚLIK, Konrad		Kraków	2:38:15.56 (06:52min/km)	2:38:15.56	+0:46:41.81
81 - M /73	M40/36	POPLAWSKI, Przemysław	Seboradin Team	Kraków	2:38:25.62 (06:53min/km)	2:38:25.62	+0:46:51.87
82 - M /74	M50/7	GINALSKI, Paweł	Sidor Team	Dąbrowa Górnicza	2:38:31.73 (06:53min/km)	2:38:39.90	+0:47:06.15
83 - M /75	M30/23	JAGODZIŃSKI, Karol	OSPRO OCR	Nowa Wola	2:38:42.58 (06:54min/km)	2:38:42.58	+0:47:08.83
84 - K /9	K30/3	SAMOCIUK, Karolina	OSPRO OCR	Nowa Wola	2:38:44.14 (06:54min/km)	2:38:44.14	+0:47:10.39
85 - M /76	M30/24	PABIS, Szymon		Karniowice	2:39:34.55 (06:56min/km)	2:39:40.39	+0:48:06.64
86 - M /77	M40/37	KLOCH, Dawid	Mediaflex	Węgrzce Wielkie	2:39:46.93 (06:56min/km)	2:39:46.93	+0:48:13.18
87 - K /10	K30/4	JAŃCZYK, Ewa		Kraków	2:39:53.51 (06:57min/km)	2:39:58.77	+0:48:25.02
88 - M /78	M50/8	WALCZYK, Roman	Water Knights	Kraków	2:41:01.74 (07:00min/km)	2:41:03.57	+0:49:29.82
89 - M /79	M40/38	PASELA, Jerzy		Kraków	2:40:58.40 (06:59min/km)	2:41:10.82	+0:49:37.07

90 - M /80	M40/39	STOLARZ, Grzegorz	Niepołomice Biegają	Zabawa	2:41:44.92 (07:01min/km)	2:41:53.15	+0:50:19.40
91 - M /81	M40/40	GRABSKI, Konrad	Niepołomice Biegają	Niepołomice	2:41:45.24 (07:01min/km)	2:41:53.40	+0:50:19.65
92 - M /82	M40/41	TENCZYŃSKI, Andrzej		Kraków	2:43:01.53 (07:05min/km)	2:43:14.03	+0:51:40.28
93 - M /83	M40/42	SINKOVIC, Laszlo Ladislav		Krakow	2:43:23.05 (07:06min/km)	2:43:23.05	+0:51:49.30
94 - K /11	K40/5	GOTKIEWICZ-CICHON, Edyta		Kraków	2:46:07.62 (07:13min/km)	2:46:14.60	+0:54:40.85
95 - M /84	M30/25	MLEKO, Michał	ITMBW Kraków	Kraków	2:47:04.22 (07:15min/km)	2:47:10.65	+0:55:36.90
96 - M /85	M30/26	MARECIK, Dawid			2:52:16.65 (07:29min/km)	2:52:32.01	+1:00:58.26
97 - M /86	M30/27	KRUCZEK, Paweł			2:54:41.64 (07:35min/km)	2:54:45.26	+1:03:11.51
98 - K /12	K40/6	WÓJCIK, Monika	RUNPROGRESS Team	Kraków	2:54:40.88 (07:35min/km)	2:54:45.48	+1:03:11.73
99 - M /87	M30/28	TYMIŃSKI, Benedykt		Sułków	2:54:54.36 (07:36min/km)	2:55:03.05	+1:03:29.30
100 - K /13	K30/5	PIECZARKOWSKA-MRÓZ, Zuzanna	KKM Kaloryfer	Kraków	2:58:52.27 (07:46min/km)	2:58:58.63	+1:07:24.88
101 - M /88	M40/43	PENA, Aleksander		Wrząsowice	2:59:40.36 (07:48min/km)	2:59:47.69	+1:08:13.94
102 - K /14	K40/7	SZEWCZYK, Monika	KKM Kaloryfer	Kraków	3:00:23.11 (07:50min/km)	3:00:29.12	+1:08:55.37
103 - K /15	K40/8	PAGACZ, Joanna		Kraków	3:02:58.45 (07:57min/km)	3:03:05.68	+1:11:31.93
104 - K /16	K40/9	KATARZYNA , Bąk	Kandahar	Częstochowa	3:03:42.11 (07:59min/km)	3:03:42.11	+1:12:08.36
105 - K /17	K30/6	SZOZDA , Katarzyna	Sprintex Team	Kraków	3:03:56.23 (07:59min/km)	3:04:05.73	+1:12:31.98
106 - M /89	M40/44	MAŚSIOR, Wojciech		Zawada	3:04:13.58 (08:00min/km)	3:04:24.24	+1:12:50.49
107 - K /18	K50/2	SZURA, Anetta		Rzeszów	3:04:26.49 (08:01min/km)	3:04:26.49	+1:12:52.74
108 - M /90	M30/29	CHWASTOWSKI, Filip		Kraków	3:06:43.81 (08:07min/km)	3:06:57.68	+1:15:23.93
109 - M /91	M40/45	CHOMENTOWSKI, Przemysław	Na Bombe	Kraków	3:08:48.90 (08:12min/km)	3:09:14.69	+1:17:40.94
110 - K /19	K40/10	FRANCZAK, Katarzyna		Krakow	3:11:40.01 (08:20min/km)	3:11:45.53	+1:20:11.78
111 - M /92	M40/46	MADEJ, Grzegorz		Kraków	3:12:28.02 (08:22min/km)	3:12:28.02	+1:20:54.27
112 - K /20	K50/3	KŁOPOTOWSKA SOSNA, Kaśka	Unlimited Sport 2.0	Kraków	3:18:25.35 (08:37min/km)	3:18:25.35	+1:26:51.60
113 - M /93	M40/47	SZNAJDER, Rafał	G.O.A.T. Team Michałowice	Michałowice	3:18:28.96 (08:37min/km)	3:18:28.96	+1:26:55.21
114 - K /21	K30/7	RĘBISZ, Katarzyna		Kraków	3:24:00.99 (08:52min/km)	3:24:04.68	+1:32:30.93
115 - K /22	K20/2	DWORAK , Ewa			4:02:47.19 (10:33min/km)	4:03:02.12	+2:11:28.37
116 - M /94	M50/9	SZCZEPOCKI, Andrzej	Niepołomice Biegają	Niepołomice	4:05:43.14 (10:41min/km)	4:05:52.36	+2:14:18.61
	M40	PAWEŁCZUK, Grzegorz	Kto Głupiemu Zabroni	Niepołomice	DNF	DNF	
	K40	JUSZCZYK, Małgorzata	Niepołomice Biegają	Niepołomice	DNF	DNF	



Grand Prix Krakowa w Biegach Górskich 2023/2024 - R2

Kraków, 2023-12-03 - Wyniki

Ultra

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M40/1	GRZĄDZIEL, Dominik	ATTIQ TEAM	Dziankowice	3:08:12.62 (05:22min/km)	3:08:12.62	+0:00:00.00
2 - M/2	M30/1	STUDENCKI, Dawid	4TriTeam	Kraków	3:12:19.23 (05:29min/km)	3:12:22.10	+0:04:09.48
3 - M/3	M40/2	WÓJCIK, Paweł	Klub Biegacza AZS UEK	Krakow	3:18:47.60 (05:40min/km)	3:18:51.41	+0:10:38.79
4 - M/4	M40/3	SZCZUREK, Dominik	Samolotowy Team	Myślenice	3:21:09.31 (05:44min/km)	3:21:12.05	+0:12:59.43
5 - M/5	M50/1	ŚCIESZKA, Wojciech	13 elt Kraków-Balice	Kraków	3:27:30.52 (05:55min/km)	3:27:34.69	+0:19:22.07
6 - M/6	M20/1	ŚLIWA, Szymon		Kraków	3:34:20.47 (06:07min/km)	3:34:22.52	+0:26:09.90
7 - M/7	M20/2	SUCHORA, Kacper	ITMBW Kraków	Kraśnik	3:35:40.90 (06:09min/km)	3:35:47.20	+0:27:34.58
8 - M/8	M50/2	KIJANKA, Artur		Zielonki	3:40:51.16 (06:18min/km)	3:40:56.82	+0:32:44.20
9 - M/9	M50/3	NOWAK, Robert	Poranny Patrol	Rząska	3:46:05.46 (06:27min/km)	3:46:13.16	+0:38:00.54
10 - M/10	M60/1	BUCZEK, Jerzy	Unlimited Sport 2.0	Kraków	4:00:17.41 (06:51min/km)	4:00:29.31	+0:52:16.69
11 - K/1	K30/1	SIUDA, Magdalena		Libiąż	4:01:31.47 (06:54min/km)	4:01:35.35	+0:53:22.73
12 - M/11	M20/3	PYSZ, Daniel	MISMaP	Czechowice-Dziedzice	4:02:12.27 (06:55min/km)	4:02:16.10	+0:54:03.48
13 - M/12	M30/2	KUREK, Michał		Kraków	4:08:56.68 (07:06min/km)	4:09:06.00	+1:00:53.38
14 - M/13	M40/4	KOWALEWSKI, Bartosz	Alleluja i do przodu	Kraków	4:12:51.55 (07:13min/km)	4:12:57.97	+1:04:45.35
15 - M/14	M40/5	HOŁDA, Jerzy	Holdasy	Kraków	4:13:45.95 (07:15min/km)	4:13:54.27	+1:05:41.65
16 - K/2	K30/2	KLAJA, Kasia			4:14:21.16 (07:16min/km)	4:14:30.38	+1:06:17.76
17 - M/15	M50/4	YAKOVENKO, Andriy	KM Running Club	Kyiv	4:22:41.91 (07:30min/km)	4:22:51.48	+1:14:38.86
18 - K/3	K40/1	PRAGNAĆA, Milena	Poranny Patrol	Kraków	4:25:36.89 (07:35min/km)	4:25:44.26	+1:17:31.64
19 - K/4	K40/2	SOWA-LEWANDOWSKA, Katarzyna	UKS Lider Siercza Technikam	Wieliczka	4:31:00.92 (07:44min/km)	4:31:15.17	+1:23:02.55
20 - M/16	M40/6	MOSIO, Grzegorz		Żelichów	4:32:29.95 (07:47min/km)	4:32:39.13	+1:24:26.51
21 - M/17	M40/7	SALIK, Stanisław		Wieliczka	4:37:50.82 (07:56min/km)	4:37:50.82	+1:29:38.20
22 - M/18	M60/2	KŁEMBUKOWSKI, Piotr	MM Power Koliber Team	Kraków	4:41:14.02 (08:02min/km)	4:41:24.84	+1:33:12.22
23 - M/19	M60/3	KAMIŃSKI, Krzysztof			4:42:10.65 (08:03min/km)	4:42:26.35	+1:34:13.73

24 - K /5	K40/3	IWANOWICZ, Anna	PoCoMiTo	Chrzanów	4:42:44.32 (08:04min/km)	4:42:54.85	+1:34:42.23
25 - K /6	K40/4	LASYK, Agnieszka	MarcinSwiercTeam	Kraków	4:47:00.35 (08:12min/km)	4:47:09.28	+1:38:56.66
26 - M /20	M30/3	KĘDZIAK, Adrian	Rozbiegani	Dąbrowa Górnicza	4:53:18.03 (08:22min/km)	4:53:33.19	+1:45:20.57
27 - M /21	M50/5	ŚWIERCZYŃSKI, Tomasz		Kraków	5:17:40.65 (09:04min/km)	5:17:40.65	+2:09:28.03
	M50	MURYN, Bartłomiej	SBG Podbieg	Kraków	DNF	DNF	