

## Dzieci - 450m

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	450m/1	BRZYSKI, Adam			0:01:51.81 (04:08min/km)	0:01:51.81	+0:00:00.00
2 - M/2	450m/2	DARULIS, Alan	UMKS Trójka Czechowice-Dziedzice	Czechowice-Dziedzice	0:01:57.78 (04:21min/km)	0:01:57.78	+0:00:05.97
3 - M/3	450m/3	BOROWIAK, Misiiek	FitPark Team	Kraków	0:02:07.58 (04:43min/km)	0:02:07.58	+0:00:15.77
4 - M/4	450m/4	MIŚKIEWICZ, Adam	WKS Wawel BnO	Kraków	0:02:14.40 (04:58min/km)	0:02:14.40	+0:00:22.59
5 - M/5	450m/5	ŚLIZOWSKI, Szymon	MŁODE SMOKI WKS WAWEL	Kraków	0:02:19.13 (05:09min/km)	0:02:19.13	+0:00:27.32
6 - K/1	450m/6	DOBRZAŃSKA, Milena			0:02:21.26 (05:13min/km)	0:02:21.26	+0:00:29.45
7 - M/6	450m/7	BEDNARCZYK, Hubert	WKS Wawel BnO	Kraków	0:02:37.69 (05:50min/km)	0:02:37.69	+0:00:45.88
8 - K/2	450m/8	KACZMAREK, Róża	Centrum Zdrowia Biegacza Kraków	Kraków	0:02:39.51 (05:54min/km)	0:02:39.51	+0:00:47.70
9 - M/7	450m/9	MIKA, Samuel	Miki Team	Kraków	0:02:40.07 (05:55min/km)	0:02:40.07	+0:00:48.26
10 - K/3	450m/10	BRANDYS, Jagoda	Trenuj w Krakowie	Kraków	0:02:43.01 (06:02min/km)	0:02:43.01	+0:00:51.20
11 - K/4	450m/11	PRZYBYŁO, Justyna	WKS Wawel BnO	Kraków	0:02:43.35 (06:03min/km)	0:02:43.35	+0:00:51.54
12 - K/5	450m/12	DARULIS, Nina		Czechowice-Dziedzice	0:02:59.12 (06:38min/km)	0:02:59.12	+0:01:07.31
13 - M/8	450m/13	ROGOWIEC, Leon		Kraków	0:03:03.90 (06:48min/km)	0:03:03.90	+0:01:12.09
14 - K/6	450m/14	HAJNOLD-MĄCZKA, Ela		Kraków	0:03:09.92 (07:02min/km)	0:03:09.92	+0:01:18.11
15 - K/7	450m/15	GURGUL, Zofia	Aromat Nóg	Kraków	0:03:24.15 (07:33min/km)	0:03:24.15	+0:01:32.34
16 - K/8	450m/16	ŚLIZOWSKA, Ada		Kraków	0:03:34.33 (07:56min/km)	0:03:34.33	+0:01:42.52
17 - M/9	450m/17	WASILEWSKI, Franio	Aromat Nóg	Krakow	0:03:49.45 (08:29min/km)	0:03:49.45	+0:01:57.64
18 - K/9	450m/18	WALAŚ, Helena			0:03:53.88 (08:39min/km)	0:03:53.88	+0:02:02.07
19 - K/10	450m/19	LEŚNIAK, Maja	Akademia Sportu i Rozrywki ASIR	Kraków	0:04:07.79 (09:10min/km)	0:04:07.79	+0:02:15.98
20 - K/11	450m/20	WITEK, Aurelia		Burów	0:04:23.78 (09:46min/km)	0:04:23.78	+0:02:31.97
21 - K/12	450m/21	KIJEK, Irenka	Loczki	Pogorzycze	0:05:06.77 (11:21min/km)	0:05:06.77	+0:03:14.96

## Dzieci - 900m

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - K /1	900m/1	LEGUTKO , Maja	WKS Wawel BnO	Krakow	0:03:37.37 (04:01min/km)	0:03:37.37	+0:00:00.00
2 - K /2	900m/2	OSIADACZ, Julia	Trenuj w Krakowie	Kraków	0:03:42.32 (04:07min/km)	0:03:42.32	+0:00:04.95
3 - M /1	900m/3	MIKA, Beniamin	Miki Team	Kraków	0:03:43.79 (04:08min/km)	0:03:43.79	+0:00:06.42
4 - M /2	900m/4	PADŁO, Piotr			0:03:47.01 (04:12min/km)	0:03:47.01	+0:00:09.64
5 - M /3	900m/5	KACZMAREK , Stanisław	Centrum Zdrowia Biegacza Kraków	Kraków	0:03:58.61 (04:25min/km)	0:03:58.61	+0:00:21.24
6 - M /4	900m/6	GEDLICZKA, Tadeusz		Kraków	0:04:10.66 (04:38min/km)	0:04:10.66	+0:00:33.29
7 - K /3	900m/7	PRYTKOVA, Daria		Kraków	0:04:11.11 (04:39min/km)	0:04:11.11	+0:00:33.74
8 - M /5	900m/8	KOWALSKI, Julian	Interregio	Kraków	0:04:20.36 (04:49min/km)	0:04:20.36	+0:00:42.99
9 - K /4	900m/9	SADOWSKA, Otylia	WKS Szreniawa Nowy Wiśnicz	Dąbrowka	0:04:21.80 (04:50min/km)	0:04:21.80	+0:00:44.43
10 - K /5	900m/10	BEDNARCZYK, Wiktoria	WKS Wawel BnO	Kraków	0:04:39.81 (05:10min/km)	0:04:39.81	+0:01:02.44
11 - K /6	900m/11	BOROWIAK, Fela	FitPark Team	Kraków	0:04:48.31 (05:20min/km)	0:04:48.31	+0:01:10.94
12 - K /7	900m/12	SOLAKIEWICZ, Maja	BeFit24Team	Kraków	0:05:09.32 (05:43min/km)	0:05:09.32	+0:01:31.95
13 - M /6	900m/13	WITEK, Wiktor		Burów	0:05:33.95 (06:11min/km)	0:05:33.95	+0:01:56.58



# Grand Prix Krakowa w Biegach Górskich 2023/2024 - E3 - Bieg Noworoczny

Kraków, 2024-01-07 - Wyniki

## 3,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M30/1	KACZMAREK, Michał	Centrum Zdrowia Biegacza Kraków	Kraków	0:14:35.29 (03:56min/km)	0:14:35.68	+0:00:00.00
2 - M/2	M40/1	DRONSZCZYK, Piotr	#AdamCzerwinskiTeam	Wieliczka	0:14:49.49 (04:00min/km)	0:14:49.89	+0:00:14.21
3 - M/3	M30/2	FILICIAK, Michał	AZS AWF KRAKÓW MASTERS	Kraków	0:14:53.64 (04:01min/km)	0:14:54.80	+0:00:19.12
4 - M/4	M13/1	PESZT, Michał	SportWise	Kraków	0:15:43.06 (04:14min/km)	0:15:44.03	+0:01:08.35
5 - M/5	M40/2	BANIAK, Marcin	G.O.A.T. Team Michałowice	Michałowice	0:16:28.78 (04:27min/km)	0:16:30.93	+0:01:55.25
	M40	TARGOSZ, Michał	RUNPROGRESS Team		0:16:40.00 [GPS]	0:16:40.00 [GPS]	
	M30	TKACZYK, Szymon	Samolotowy Team	Kraków	0:16:43.00 [GPS]	0:16:43.00 [GPS]	
8 - K/1	K30/1	PAPROCKA, Urszula	Nowa Huta Team	Kraków	0:16:42.30 (04:30min/km)	0:16:43.84	+0:02:08.16
9 - M/6	M30/3	WITEK, Przemysław	Zabierzów Biega	Burów	0:16:47.08 (04:32min/km)	0:16:48.71	+0:02:13.03
10 - M/7	M16/1	JĘZYK, Marek	My Endurance Coaching Limanowa Forrest	Kraków	0:16:50.70 (04:33min/km)	0:16:51.63	+0:02:15.95
11 - M/8	M40/3	GAWIN, Krzysztof	BeFit24Team	Więckowice	0:16:51.04 (04:33min/km)	0:16:52.36	+0:02:16.68
12 - M/9	M13/2	MAGOLAN, Piotr		Kobylany	0:16:53.96 (04:34min/km)	0:16:55.69	+0:02:20.01
	K20	TKACZYK, Aleksandra	Samolotowy Team	Kraków	0:16:58.00 [GPS]	0:16:58.00 [GPS]	
14 - M/10	M16/2	PLEBAŃSKI, Maciej	KS AZS AWF Kraków	Kraków	0:17:00.73 (04:35min/km)	0:17:00.73	+0:02:25.05
15 - M/11	M40/4	DUDZIAK, Tomasz	POLAR TEAM	Kraków	0:16:59.10 (04:35min/km)	0:17:08.16	+0:02:32.48
16 - M/12	M40/5	KIKLICA, Artur	Samolotowy Team	Kraków	0:17:08.66 (04:38min/km)	0:17:10.25	+0:02:34.57
17 - M/13	M40/6	DYKSZAK, Filip	WM Triself	Kraków	0:17:13.58 (04:39min/km)	0:17:13.58	+0:02:37.90
	M40	DUROŃ, Marcin	Samolotowy Team	Kraków	0:17:18.00 [GPS]	0:17:18.00 [GPS]	
19 - M/14	M40/7	JAWOREK, Grzegorz		Kraków	0:17:19.35 (04:40min/km)	0:17:20.99	+0:02:45.31
20 - M/15	M16/3	PIÓRKOWSKI, Kuba	UKS Lider Siercza	Wieliczka	0:17:35.78 (04:45min/km)	0:17:36.82	+0:03:01.14
21 - M/16	M40/8	CZAPCZYŃSKI, Cezary	Niepołomice Biegają	Niepołomice	0:17:37.45 (04:45min/km)	0:17:41.99	+0:03:06.31

22 - K /2	K40/1	SOLAKIEWICZ , Anna	BeFit24Team	Kraków	0:17:44.14 (04:47min/km)	0:17:44.14	+0:03:08.46
	M40	KRZEŚNIAK, Karol	G.O.A.T. Team Michałowice	Zagórzycze Dworskie	0:17:48.00 [GPS]	0:17:48.00 [GPS]	
24 - K /3	K20/1	ŁODZIŃSKA , Dominika	AZS AWF KRAKÓW MASTERS	Kraków	0:17:49.06 (04:48min/km)	0:17:49.92	+0:03:14.24
25 - M /17	M40/9	KOWALSKI, Krzysztof	2k	Libertów	0:18:00.64 (04:52min/km)	0:18:02.41	+0:03:26.73
26 - M /18	M50/1	TOMCZYK, Marcin	AZS AWF KRAKÓW MASTERS	Kraków	0:18:14.16 (04:55min/km)	0:18:16.16	+0:03:40.48
27 - M /19	M50/2	GEDL, Przemysław		Kraków	0:18:22.79 (04:58min/km)	0:18:22.79	+0:03:47.11
28 - M /20	M13/3	WOJDOWSKI, Marek	TS Wieliczanka Wieliczka	Kraków	0:18:32.67 (05:00min/km)	0:18:34.67	+0:03:58.99
29 - M /21	M40/10	ŚMIAŁEK, Łukasz	G.O.A.T. Team Michałowice	Michałowice	0:18:32.00 (05:00min/km)	0:18:35.92	+0:04:00.24
30 - M /22	M30/4	CZARNECKI, Grzegorz	G.O.A.T. Team Michałowice	Masłomiąca	0:18:38.67 (05:02min/km)	0:18:42.08	+0:04:06.40
31 - K /4	K40/2	PŁAZIAK-KOWALSKA, Magdalena	2K	Libertów	0:18:49.83 (05:05min/km)	0:18:51.72	+0:04:16.04
32 - M /23	M40/11	PIÓRKOWSKI, Tomek	#AdamCzerwinskiTeam	Wieliczka	0:18:52.96 (05:06min/km)	0:18:56.10	+0:04:20.42
33 - K /5	K20/2	KASPRZAK, Maria		Kraków	0:18:54.55 (05:06min/km)	0:18:56.46	+0:04:20.78
34 - K /6	K40/3	CHYLEWSKA-OLECH, Dagmara	BeFit24Team	Kraków	0:18:55.27 (05:06min/km)	0:18:57.64	+0:04:21.96
35 - M /24	M13/4	KOWALSKI, Adam	TS Wieliczanka	Libertów	0:19:04.13 (05:09min/km)	0:19:05.14	+0:04:29.46
36 - M /25	M30/5	STASZCZYK, Michał		Brzesko	0:19:09.12 (05:10min/km)	0:19:15.38	+0:04:39.70
37 - K /7	K30/2	KACZMAREK, Angelika	Centrum Zdrowia Biegacza Kraków	Kraków	0:19:18.41 (05:13min/km)	0:19:19.41	+0:04:43.73
38 - K /8	K30/3	DUDZIAK, Dorota	#AdamCzerwinskiTeam	Kraków	0:19:19.64 (05:13min/km)	0:19:21.28	+0:04:45.60
39 - M /26	M13/5	DRONSZCZYK, Stanisław	#AdamCzerwinskiTeam	Wieliczka	0:19:20.61 (05:13min/km)	0:19:22.21	+0:04:46.53
40 - M /27	M40/12	STASZEK, Łukasz	Samolotowy Team	Krakow	0:19:17.93 (05:12min/km)	0:19:23.23	+0:04:47.55
41 - M /28	M30/6	SZKLARCZYK, Dariusz	MyEnduranceCoaching	Kraków	0:19:28.46 (05:15min/km)	0:19:33.81	+0:04:58.13
42 - M /29	M40/13	TICHORUK, Rafał	#KubaPiechTeam	Kraków	0:19:31.28 (05:16min/km)	0:19:35.08	+0:04:59.40
43 - K /9	K13/1	PESZT, Martyna	SportWise	Kraków	0:19:38.60 (05:18min/km)	0:19:39.33	+0:05:03.65
44 - K /10	K40/4	HERDA, Ewelina	G.O.A.T. Team Michałowice		0:19:40.04 (05:18min/km)	0:19:42.74	+0:05:07.06
45 - M /30	M16/4	TYLEK, Michał		Kraków	0:19:40.50 (05:19min/km)	0:19:44.37	+0:05:08.69
46 - M /31	M12/1	MOSZKOWICZ, Michał	WKS Wawel BnO	Kraków	0:19:45.30 (05:20min/km)	0:19:45.76	+0:05:10.08
	M30	WAŃCZYK, Łukasz	BeFit24Team	Kraków	0:19:52.00 [GPS]	0:19:52.00 [GPS]	
48 - M /32	M40/14	MARCZEWSKI, Marcin	Bronowice też Biegają	Kraków	0:19:49.96 (05:21min/km)	0:19:53.11	+0:05:17.43
49 - M /33	M13/6	KRZYWORĄCZKA, Tomasz	krzyworaczka.pl	Zielonki	0:19:52.36 (05:22min/km)	0:19:55.01	+0:05:19.33
50 - M /34	M13/7	FILICIAK, Antoni	AZS AWF KRAKÓW MASTERS	Kraków	0:19:50.28 (05:21min/km)	0:19:55.22	+0:05:19.54
51 - M /35	M30/7	BIELECKI, Rafał	GGs TEAM		0:20:16.02 (05:28min/km)	0:20:16.02	+0:05:40.34
52 - M /36	M40/15	MISKIEWICZ, Paweł	WKS Wawel BnO	Kraków	0:20:13.90 (05:28min/km)	0:20:17.80	+0:05:42.12

53 - M /37	M40/16	PALMI, Piotr		Wieliczka	0:20:07.99 (05:26min/km)	0:20:18.18	+0:05:42.50
54 - M /38	M12/2	ROKITA, Gabriel	Run 4 Fun	Proszowice	0:20:12.28 (05:27min/km)	0:20:18.94	+0:05:43.26
55 - M /39	M40/17	ROKITA, Dawid	Run 4 Fun	Proszowice	0:20:12.69 (05:27min/km)	0:20:19.68	+0:05:44.00
56 - K /11	K12/1	KOWALICZEK, Alicja		Kraków	0:20:20.20 (05:29min/km)	0:20:21.69	+0:05:46.01
57 - M /40	M40/18	CADER, Jacek	Zabierzów Biega	Zabierzów	0:20:15.86 (05:28min/km)	0:20:23.34	+0:05:47.66
58 - M /41	M40/19	KRZYWORĄCZKA, Paweł	krzyworaczka.pl	Zielonki	0:20:29.20 (05:32min/km)	0:20:31.95	+0:05:56.27
59 - M /42	M16/5	DONIEC, Krzysztof	AZS UEK Kraków		0:20:39.27 (05:34min/km)	0:20:40.47	+0:06:04.79
60 - M /43	M12/3	CZARNECKI, Jakub	G.O.A.T. Team Michałowice	Maslomiaca	0:20:37.03 (05:34min/km)	0:20:40.65	+0:06:04.97
61 - M /44	M40/20	KULON, Grzegorz	BeFit24Team	Kraków	0:20:42.39 (05:35min/km)	0:20:44.28	+0:06:08.60
62 - K /12	K13/2	KASPRZYK, Alicja	U JĘDRUSIA SP. Z O.O. DOGOŃ NAWOJOWĄ GÓRĘ	NAWOJOWA GÓRA	0:20:42.28 (05:35min/km)	0:20:46.46	+0:06:10.78
63 - K /13	K30/4	STASZEK, Anna	AZS AWF KRAKÓW MASTERS	Zielinki	0:20:41.58 (05:35min/km)	0:20:47.62	+0:06:11.94
64 - K /14	K40/5	WINCZURA - FEKETE, Ewa	ITMBW Kraków	Gaj	0:20:49.30 (05:37min/km)	0:20:51.53	+0:06:15.85
65 - M /45	M60/1	SZUMIEC, Andrzej	Lacho Team	Kraków	0:20:50.68 (05:38min/km)	0:20:52.87	+0:06:17.19
	K40	BIELEC, Kinga	G.O.A.T. Team Michałowice	Kraków	0:20:53.00 [GPS]	0:20:53.00 [GPS]	
67 - K /15	K13/3	DUDZIAK, Maja		Kraków	0:20:51.45 (05:38min/km)	0:20:53.79	+0:06:18.11
68 - M /46	M12/4	HUNDT, David	WKS Wawel BnO	Kraków	0:20:53.62 (05:38min/km)	0:20:55.68	+0:06:20.00
69 - K /16	K40/6	PODGORSKA, Magdalena	AZS AWF KRAKÓW MASTERS	KRAKOW	0:20:53.37 (05:38min/km)	0:20:59.43	+0:06:23.75
70 - M /47	M30/8	RAJCHEL, Marek			0:20:51.24 (05:38min/km)	0:20:59.98	+0:06:24.30
71 - M /48	M12/5	RAJCHEL, Filip	FM	Śledziejowice	0:20:52.75 (05:38min/km)	0:21:02.22	+0:06:26.54
72 - M /49	M60/2	TRELA, Jacek	AZS AWF KRAKÓW MASTERS	Kraków	0:20:56.21 (05:39min/km)	0:21:02.77	+0:06:27.09
73 - M /50	M12/6	SADOWSKI, Leon	WKS Szreniawa Nowy Wiśnicz	Dąbrówka	0:21:04.12 (05:41min/km)	0:21:06.91	+0:06:31.23
74 - K /17	K13/4	KASPRZYK, Natalia	U JĘDRUSIA SP. Z O.O. DOGOŃ NAWOJOWĄ GÓRĘ	NAWOJOWA GÓRA	0:21:05.74 (05:42min/km)	0:21:10.02	+0:06:34.34
75 - K /18	K12/2	PESZT, Mira	SportWise	Kraków	0:21:14.73 (05:44min/km)	0:21:17.42	+0:06:41.74
76 - M /51	M13/8	ŁĘCKI, Bartosz			0:21:21.07 (05:46min/km)	0:21:26.46	+0:06:50.78
77 - M /52	M20/1	GAJDA, Mateusz			0:21:25.81 (05:47min/km)	0:21:31.36	+0:06:55.68
78 - M /53	M30/9	CIERLAK, Przemysław	Brzyski Tri Team	Kraków	0:21:35.31 (05:50min/km)	0:21:40.39	+0:07:04.71
79 - K /19	K40/7	DRONSZCZYK, Agnieszka	#AdamCzerwinskiTeam	Wieliczka	0:21:42.46 (05:52min/km)	0:21:45.13	+0:07:09.45
80 - M /54	M30/10	BOROWIAK, Piotr	Piotrunio Team	Kraków	0:21:42.87 (05:52min/km)	0:21:47.67	+0:07:11.99
81 - M /55	M12/7	MAGOLAN, Jan		Kobylany	0:21:42.43 (05:52min/km)	0:21:48.99	+0:07:13.31
82 - M /56	M40/21	MAGOLAN, Sławomir		KOBYLANY	0:21:44.58 (05:52min/km)	0:21:51.74	+0:07:16.06

83 - M /57	M13/9	STEFAŃCZYK, Bartosz	BeFit24Team	Kraków	0:21:47.85 (05:53min/km)	0:21:53.28	+0:07:17.60
84 - M /58	M40/22	STEFAŃCZYK, Marek	BeFit24Team	Kraków	0:21:58.65 (05:56min/km)	0:21:58.65	+0:07:22.97
85 - M /59	M12/8	LISIEWICZ , Natan		Skawina	0:22:01.85 (05:57min/km)	0:22:02.64	+0:07:26.96
86 - M /60	M50/3	MARZEC, Artur	#AdamCzerwinskiTeam	Wieliczka	0:22:00.56 (05:56min/km)	0:22:09.10	+0:07:33.42
87 - K /20	K16/1	SZYMACHA, Magdalena		Wieliczka	0:22:06.15 (05:58min/km)	0:22:10.29	+0:07:34.61
88 - K /21	K30/5	SAMKOFF, Aneta	GGs TEAM		0:22:11.02 (05:59min/km)	0:22:11.02	+0:07:35.34
89 - M /61	M16/6	BOGUSZ, Marcin		Kraków	0:22:09.34 (05:59min/km)	0:22:13.42	+0:07:37.74
90 - M /62	M12/9	DUDZIAK, Tadeusz		Kraków	0:22:14.49 (06:00min/km)	0:22:17.42	+0:07:41.74
91 - M /63	M40/23	PRZYBYŁO, Tomasz	WKS Wawel BnO	Kraków	0:22:20.86 (06:02min/km)	0:22:24.05	+0:07:48.37
92 - K /22	K13/5	KUREK, Urszula	U JĘDRUSIA SP. Z O.O. DOGOŃ NAWOJOWĄ GÓRĘ		0:22:20.63 (06:02min/km)	0:22:24.38	+0:07:48.70
93 - M /64	M60/3	MLEKO, Roman	ITMBW Kraków	Kraków	0:22:28.23 (06:04min/km)	0:22:32.36	+0:07:56.68
94 - M /65	M12/10	PRZYBYŁO, Jakub	WKS Wawel BnO	Kraków	0:22:31.16 (06:05min/km)	0:22:34.78	+0:07:59.10
95 - M /66	M40/24	FRĄCZK, Jakub		Krakow	0:22:27.80 (06:04min/km)	0:22:35.12	+0:07:59.44
	M60	OLIWA, Edward	ITMBW Kraków	Kraków	0:22:49.00 [GPS]	0:22:49.00 [GPS]	
97 - K /23	K13/6	PIENIAŻEK, Sara		Kraków	0:22:46.67 (06:09min/km)	0:22:51.20	+0:08:15.52
98 - M /67	M12/11	STASZCZYK, Wojciech		Brzesko	0:22:48.95 (06:09min/km)	0:22:55.40	+0:08:19.72
	M60	PIĄTEK, Stanisław	ITMBW Kraków	Kraków	0:22:58.00 [GPS]	0:22:58.00 [GPS]	
100 - M /68	M40/25	GEDLICZKA, Tymoteusz		Kraków	0:22:54.86 (06:11min/km)	0:23:04.90	+0:08:29.22
101 - M /69	M70/1	NOWOTNY, Marian	Niepołomice Biegają	Damienice	0:23:00.03 (06:12min/km)	0:23:07.15	+0:08:31.47
102 - M /70	M30/11	BACHNIAK, Daniel		Kraków	0:23:06.97 (06:14min/km)	0:23:15.22	+0:08:39.54
103 - K /24	K30/6	WALAŚ, Maria	WKS Wawel BnO	Kraków	0:23:18.36 (06:17min/km)	0:23:24.54	+0:08:48.86
104 - M /71	M13/10	DYKSZAK, Tymon	TS Wieliczanka Wieliczka	Wieliczka	0:23:22.34 (06:19min/km)	0:23:24.80	+0:08:49.12
	M40	CIEŚLA, Tomasz	Samolotowy Team	Raciborowice	0:23:37.00 [GPS]	0:23:37.00 [GPS]	
106 - M /72	M40/26	WOJDOWSKI, Krzysztof		Kraków	0:23:29.36 (06:20min/km)	0:23:39.78	+0:09:04.10
107 - K /25	K40/8	WIECHEĆ, Wioleta	G.O.A.T. Team Michałowice	Krakow	0:23:35.20 (06:22min/km)	0:23:42.15	+0:09:06.47
108 - K /26	K50/1	JANAS, Ewa	AZS AWF KRAKÓW MASTERS	Kraków	0:23:39.81 (06:23min/km)	0:23:46.23	+0:09:10.55
109 - M /73	M12/12	MIŚKIEWICZ, Jacek	WKS Wawel BnO	Kraków	0:23:45.95 (06:25min/km)	0:23:52.14	+0:09:16.46
110 - M /74	M13/11	URYGA, Artur	WKS Wawel BnO	Kraków	0:23:57.10 (06:28min/km)	0:24:01.99	+0:09:26.31
111 - M /75	M40/27	PIECHOTA, Roman	BeFit24Team	Kraków	0:23:59.83 (06:29min/km)	0:24:03.20	+0:09:27.52

112 - M /76	M30/12	NARTYMAU, Siarhei		Kraków	0:23:56.91 (06:28min/km)	0:24:04.44	+0:09:28.76
113 - K /27	K20/3	GAJDA, Anna	AZS UEK Kraków	Kraków	0:24:00.79 (06:29min/km)	0:24:06.35	+0:09:30.67
114 - K /28	K13/7	HEBDA, Julia	KS Kościelec Chrzanów	Chrzanów	0:24:09.79 (06:31min/km)	0:24:13.73	+0:09:38.05
115 - K /29	K40/9	MACH, Wioleta	Zabierzów Biega	Zabierzów	0:24:17.96 (06:34min/km)	0:24:17.96	+0:09:42.28
116 - M /77	M12/13	PARZYCH, Jakub			0:24:16.46 (06:33min/km)	0:24:21.45	+0:09:45.77
117 - M /78	M30/13	DĄBROWSKI, Marek	G.O.A.T. Team Michałowice		0:24:26.81 (06:36min/km)	0:24:30.99	+0:09:55.31
118 - K /30	K12/3	WALAŚ, Olga	WKS Wawel BnO	Kraków	0:24:50.93 (06:42min/km)	0:24:54.45	+0:10:18.77
119 - K /31	K40/10	ZIELIŃSKA-KACZOR, Katarzyna		Cholerzyn	0:25:03.97 (06:46min/km)	0:25:13.41	+0:10:37.73
120 - K /32	K13/8	RYCHŁOWSKA, Julia	KS Kościelec Chrzanów	Chrzanów	0:25:09.25 (06:47min/km)	0:25:13.65	+0:10:37.97
121 - M /79	M13/12	DEDA, Bartosz	KS Kościelec Chrzanów	Chrzanów	0:25:09.41 (06:47min/km)	0:25:19.40	+0:10:43.72
122 - K /33	K12/4	OSIADACZ, Julia	Trenuj w Krakowie	Kraków	0:25:16.92 (06:49min/km)	0:25:20.39	+0:10:44.71
123 - K /34	K30/7	ZIÓŁKOWSKA, Monika		Kraków	0:25:19.15 (06:50min/km)	0:25:27.53	+0:10:51.85
124 - K /35	K12/5	PRZYBYŁO, Julia	WKS Wawel BnO	Kraków	0:25:24.20 (06:51min/km)	0:25:29.72	+0:10:54.04
125 - M /80	M60/4	DYŁĄG, Zbigniew	#AdamCzerwińskiTeam	Kraków	0:25:20.17 (06:50min/km)	0:25:29.86	+0:10:54.18
126 - K /36	K12/6	SZKLARCZYK, Aniela		Kraków	0:25:27.92 (06:52min/km)	0:25:33.65	+0:10:57.97
127 - M /81	M70/2	KOPTA, Jerzy	BMW Biegamy Mimo Wszystko	Kraków	0:25:32.11 (06:54min/km)	0:25:39.43	+0:11:03.75
128 - K /37	K13/9	PORĘBSKA, Anita	BeFit24Team		0:25:49.94 (06:58min/km)	0:25:49.94	+0:11:14.26
129 - K /38	K12/7	SZKLARCZYK, Urszula		Kraków	0:25:50.08 (06:58min/km)	0:25:55.72	+0:11:20.04
130 - K /39	K12/8	TUSZYŃSKA, Hanna		Krakow	0:25:55.46 (07:00min/km)	0:26:04.17	+0:11:28.49
131 - M /82	M70/3	LEŚNIAK, Marian	AZS AWF KRAKÓW MASTERS	Kraków	0:26:06.88 (07:03min/km)	0:26:13.71	+0:11:38.03
132 - K /40	K40/11	MAJCHRZAK-ŚCIBOR, Karolina	G.O.A.T. Team Michałowice	Masłomiąca	0:26:22.06 (07:07min/km)	0:26:27.01	+0:11:51.33
133 - K /41	K40/12	TRZYNA, Barbara	G.O.A.T. Team Michałowice	Kraków	0:26:22.68 (07:07min/km)	0:26:29.46	+0:11:53.78
134 - K /42	K40/13	URBAŃSKA-KULON, Katarzyna	BeFit24Team	Kraków	0:26:30.44 (07:09min/km)	0:26:35.38	+0:11:59.70
135 - M /83	M13/13	GAWIN, Jan	BeFit24Team	Więckowice	0:26:44.60 (07:13min/km)	0:26:45.67	+0:12:09.99
136 - M /84	M40/28	DEDA, Przemysław	KS Kościelec Chrzanów	Chrzanów	0:26:46.44 (07:14min/km)	0:26:56.06	+0:12:20.38
137 - K /43	K12/9	WALAŚ, Emilia	WKS Wawel BnO	Kraków	0:26:53.08 (07:15min/km)	0:26:58.67	+0:12:22.99
138 - K /44	K50/2	DYŁĄG, Iwona	G.O.A.T. Team Michałowice		0:26:51.98 (07:15min/km)	0:26:59.82	+0:12:24.14
139 - K /45	K30/8	NIGBOROWICZ, Aneta	G.O.A.T. Team Michałowice	Kraków	0:26:52.32 (07:15min/km)	0:26:59.87	+0:12:24.19
140 - M /85	M12/14	DRONSZCZYK, Zbigniew	#AdamCzerwinskiTeam	Wieliczka	0:27:12.90 (07:21min/km)	0:27:16.02	+0:12:40.34
141 - K /46	K13/10	RYLL, Zofia	BeFit24Team	Kraków	0:27:12.76 (07:21min/km)	0:27:16.25	+0:12:40.57
142 - K /47	K13/11	PIECHOTA, Hanna	BeFit24Team	Kraków	0:27:13.42 (07:21min/km)	0:27:16.57	+0:12:40.89
143 - K /48	K13/12	PALMI, Julia		Wieliczka	0:27:22.55 (07:23min/km)	0:27:34.50	+0:12:58.82

144 - K /49	K12/10	WACHACKA, Sonia	Wachacyy Team	Kraków	0:27:53.94 (07:32min/km)	0:28:00.56	+0:13:24.88
145 - K /50	K40/14	ŚLIWA, Sylwia	WKS Wawel BnO	Kraków	0:27:49.55 (07:31min/km)	0:28:02.99	+0:13:27.31
146 - K /51	K50/3	POLEWKA, Beata			0:28:42.99 (07:45min/km)	0:28:49.94	+0:14:14.26
	K40	WOŹNIAK-DRABEK , Monika	BeFit24Team	Kraków	0:28:56.00 [GPS]	0:28:56.00 [GPS]	
	K30	PUSTUŁ, Anna	BeFit24Team	Giebułtów	0:28:57.00 [GPS]	0:28:57.00 [GPS]	
149 - M /86	M40/29	ŚLIWKA, Piotr	# Na_kole	Kraków	0:28:51.11 (07:47min/km)	0:28:58.73	+0:14:23.05
150 - M /87	M12/15	PIÓRKOWSKI, Michał	UKS Lider Siercza	Wieliczka	0:29:17.38 (07:54min/km)	0:29:20.92	+0:14:45.24
151 - K /52	K12/11	PRYTKOVA, Aleksandra		Kraków	0:29:18.83 (07:55min/km)	0:29:23.90	+0:14:48.22
152 - K /53	K60/1	MARCHEWKA, Maria		Czernichów	0:29:18.00 (07:55min/km)	0:29:25.79	+0:14:50.11
153 - M /88	M80/1	GRABKA, Stanisław		Kraków	0:29:22.13 (07:56min/km)	0:29:30.26	+0:14:54.58
154 - M /89	M60/5	MASŁYK, Jan	TIMjmaslyk	Kraków	0:29:39.23 (08:00min/km)	0:29:44.62	+0:15:08.94
155 - M /90	M16/7	JASICA, Paweł	AZS UEK Kraków	Kraków	0:18:15.26 (04:56min/km)	0:30:33.36	+0:15:57.68
156 - M /91	M12/16	FILICIAK, Stanisław	AZS AWF KRAKÓW MASTERS	Kraków	0:30:43.14 (08:18min/km)	0:30:53.95	+0:16:18.27
157 - K /54	K40/15	FILICIAK, Justyna	AZS AWF KRAKÓW MASTERS	Kraków	0:31:09.54 (08:25min/km)	0:31:19.63	+0:16:43.95
158 - M /92	M12/17	MISKIEWICZ, Adam	WKS Wawel BnO	Kraków	0:31:18.64 (08:27min/km)	0:31:30.49	+0:16:54.81
159 - K /55	K30/9	BODZIOCH-MARCZEWSKA, Katarzyna	Bronowice też Biegają	Kraków	0:31:31.13 (08:31min/km)	0:31:40.86	+0:17:05.18
160 - K /56	K60/2	ZIÓŁKO, Jadwiga			0:32:27.57 (08:46min/km)	0:32:33.76	+0:17:58.08
161 - M /93	M70/4	ZIÓŁKO , Jan			0:32:30.01 (08:47min/km)	0:32:39.27	+0:18:03.59
162 - M /94	M40/30	CZAPLA, Przemysław			0:34:00.99 (09:11min/km)	0:34:19.77	+0:19:44.09
163 - K /57	K13/13	MARCZEWSKA, Agata	Bronowice też Biegają	Kraków	0:36:05.48 (09:45min/km)	0:36:15.73	+0:21:40.05
164 - K /58	K13/14	CZAPLA, Julia			0:35:54.93 (09:42min/km)	0:36:17.51	+0:21:41.83
165 - K /59	K50/4	ZIELIŃSKA, Agnieszka	G.O.A.T. Team Michałowice	Masłomiąca	0:36:29.07 (09:51min/km)	0:36:34.90	+0:21:59.22
166 - M /95	M20/2	ZIĘBA, Kuba	AZS UEK Kraków	Kraków	0:37:12.43 (10:03min/km)	0:37:12.43	+0:22:36.75
167 - K /60	K20/4	MŁYNARSKA, Zofia	AZS UEK Kraków	Kraków	0:25:05.39 (06:46min/km)	0:37:22.78	+0:22:47.10
168 - K /61	K12/12	KACZOR, Anna		Cholerzyn	0:41:47.19 (11:17min/km)	0:41:56.79	+0:27:21.11
169 - M /96	M12/18	URYGA, Adam	WKS Wawel BnO		0:51:16.70 (13:51min/km)	0:51:28.80	+0:36:53.12
170 - M /97	M12/19	HILAROWICZ, Artur			0:51:34.48 (13:56min/km)	0:51:39.00	+0:37:03.32
171 - M /98	M90/1	STACHOW, Jan		Kraków	0:57:06.57 (15:26min/km)	0:57:15.86	+0:42:40.18



# Grand Prix Krakowa w Biegach Górskich 2023/2024 - E3 - Bieg Noworoczny

Kraków, 2024-01-07 - Wyniki

NW

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	OPEN-M/1	ORDZOWIAŁY, Piotr	NIWA OSIELEC	OSIELEC	0:22:07.97 (05:58min/km)	0:22:07.97	+0:00:00.00
2 - M/2	OPEN-M/2	MISZTAL, Grzegorz	Pruszyński Sport Team	Sułkowice	0:25:03.50 (06:46min/km)	0:25:03.66	+0:02:55.69
3 - M/3	OPEN-M/3	KABATA, Jarosław	NORDIC SPORT 2021	Tarnowskie Góry	0:25:37.77 (06:55min/km)	0:25:37.77	+0:03:29.80
4 - K/1	OPEN-K/1	MAŚLANKA, Iwona	NORDIC SPORT 2021	Śmigiel	0:25:43.38 (06:57min/km)	0:25:43.57	+0:03:35.60
5 - K/2	OPEN-K/2	ZIMNICKA, Lidia		Michałowice	0:26:02.92 (07:02min/km)	0:26:03.48	+0:03:55.51
6 - K/3	OPEN-K/3	KNAPCZYK-KANIA, Gabriela	NORDIC SPORT 2021	Bieńkówka	0:26:05.20 (07:03min/km)	0:26:05.24	+0:03:57.27
7 - M/4	OPEN-M/4	HAMIK, Rafał	RUNAWAYS	Bieruń	0:26:38.58 (07:12min/km)	0:26:39.63	+0:04:31.66
8 - M/5	OPEN-M/5	KRZYWORĄCZKA, Piotr	BMW Biegamy Mimo Wszystko	Kraków	0:28:09.84 (07:36min/km)	0:28:11.01	+0:06:03.04
9 - K/4	OPEN-K/4	PASIŃSKA-SKOWRON, Sylwia	Pruszyński Sport Team	Szczodrkowice	0:28:40.88 (07:45min/km)	0:28:41.61	+0:06:33.64
10 - M/6	OPEN-M/6	KANIA, Adam	NORDIC SPORT 2021	Bieńkówka	0:29:07.19 (07:52min/km)	0:29:08.36	+0:07:00.39
11 - M/7	OPEN-M/7	TYCZEWSKI, Jacek	Lux Torpeda Malopolska	Gliwice	0:29:37.01 (08:00min/km)	0:29:38.59	+0:07:30.62
12 - K/5	OPEN-K/5	WOJDOWSKA, Małgorzata		Kraków	0:30:13.59 (08:10min/km)	0:30:14.64	+0:08:06.67
13 - K/6	OPEN-K/6	WERCHOWIECKA-PARDYGAŁ, Karolina		Kraków	0:30:14.49 (08:10min/km)	0:30:17.81	+0:08:09.84
14 - K/7	OPEN-K/7	CIURA, Anna	ITMBW Kraków	Kraków	0:30:20.28 (08:11min/km)	0:30:24.61	+0:08:16.64
15 - M/8	OPEN-M/8	MARCHEWKA, Krzysztof		Czernichów	0:30:51.77 (08:20min/km)	0:30:54.44	+0:08:46.47
16 - M/9	OPEN-M/9	BALIŚ, Andrzej		Kraków	0:31:34.93 (08:32min/km)	0:31:35.64	+0:09:27.67
17 - K/8	OPEN-K/8	TYCZEWSKA, Paulina	Lux Torpeda Malopolska	Kraków	0:31:51.56 (08:36min/km)	0:31:52.14	+0:09:44.17
18 - M/10	OPEN-M/10	SUDER, Grzegorz		Kraków	0:31:58.48 (08:38min/km)	0:32:01.92	+0:09:53.95
19 - K/9	OPEN-K/9	DURAS, Izabela		Świątyniki Górne	0:32:44.63 (08:50min/km)	0:32:48.05	+0:10:40.08
20 - K/10	OPEN-K/10	WALCZYK, Iwona		Kraków	0:32:45.14 (08:51min/km)	0:32:48.76	+0:10:40.79
21 - K/11	OPEN-K/11	WROTNY-KIKLICA, Magdalena	Samolotowy Team	Kraków	0:34:15.98 (09:15min/km)	0:34:16.94	+0:12:08.97
22 - K/12	OPEN-K/12	BROSZKIEWICZ, Barbara	DEAF RUNNING TEAM	Kraków	0:34:33.64 (09:20min/km)	0:34:35.36	+0:12:27.39

23 - K /13	OPEN- K/13	WILK, Iwona	NORDIC SPORT 2021	Katowice	0:34:35.93 (09:21min/km)	0:34:37.49	+0:12:29.52
24 - M /11	OPEN- M/11	GIERGUN, Władysław	DEAF RUNNING TEAM	Kraków	0:37:22.72 (10:06min/km)	0:37:25.78	+0:15:17.81
25 - M /12	OPEN- M/12	MUSIAŁ, Witold	FitVit	Kraków	0:37:57.90 (10:15min/km)	0:38:16.90	+0:16:08.93
26 - K /14	OPEN- K/14	DĄBROWSKA, Małgorzata	G.O.A.T. Team Michałowice		0:40:33.21 (10:57min/km)	0:40:35.81	+0:18:27.84
27 - K /15	OPEN- K/15	BOGUSZ, Ewa		Kraków	0:40:45.42 (11:00min/km)	0:40:47.16	+0:18:39.19
28 - K /16	OPEN- K/16	PIECZARKOWSKA, Roma		Kraków	0:40:59.11 (11:04min/km)	0:41:01.48	+0:18:53.51
29 - K /17	OPEN- K/17	HALSKA, Aleksandra		Bielsko-Biała	0:42:10.44 (11:23min/km)	0:42:10.44	+0:20:02.47
30 - K /18	OPEN- K/18	NOWAK, Barbara			0:45:26.14 (12:16min/km)	0:45:28.91	+0:23:20.94



# Grand Prix Krakowa w Biegach Górskich 2023/2024 - E3 - Bieg Noworoczny

Kraków, 2024-01-07 - Wyniki

## 5,7km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M30/1	KACZMAREK, Michał	Centrum Zdrowia Biegacza Kraków	Kraków	0:25:23.59 (04:27min/km)	0:25:23.59	+0:00:00.00
2 - M/2	M30/2	FILICIAK, Michał	AZS AWF KRAKÓW MASTERS	Kraków	0:25:29.32 (04:28min/km)	0:25:29.38	+0:00:05.79
3 - M/3	M16/1	PACHNIK, Antoni			0:26:32.16 (04:39min/km)	0:26:32.16	+0:01:08.57
4 - M/4	M30/3	WIELOSIK, Marcin	Visegrad Maraton Rytro	Kadcza	0:26:52.25 (04:42min/km)	0:26:53.39	+0:01:29.80
5 - M/5	M30/4	JESIOŁOWSKI, Michał	AZS AWF KRAKÓW MASTERS	Zielonki	0:26:59.83 (04:44min/km)	0:27:01.31	+0:01:37.72
6 - M/6	M30/5	PIOTROWSKI, Tomasz	#nastepnykrokteam	Krakow	0:28:20.23 (04:58min/km)	0:28:20.23	+0:02:56.64
7 - M/7	M40/1	KIEŁT, Andrzej	#AdamCzerwinskiTeam		0:28:17.26 (04:57min/km)	0:28:23.75	+0:03:00.16
8 - M/8	M30/6	MARKOWICZ, Szymon		Krosno	0:28:44.67 (05:02min/km)	0:28:46.32	+0:03:22.73
9 - M/9	M50/1	ZAJĄC, Piotr	Klub Biegowy Kruk gmina Skrzyszów	ŁĘKAWICA / TARNÓW	0:28:47.09 (05:03min/km)	0:28:47.09	+0:03:23.50
10 - M/10	M40/2	BANIAK, Marcin	G.O.A.T. Team Michałowice	Michałowice	0:28:47.67 (05:03min/km)	0:28:50.53	+0:03:26.94
11 - K/1	K40/1	CADER, Agnieszka	Zabierzów Biega	Zabierzów	0:28:57.30 (05:04min/km)	0:28:57.30	+0:03:33.71
12 - M/11	M30/7	JANIK, Sławomir	AZS AWF KRAKÓW MASTERS	KRAKÓW	0:29:01.24 (05:05min/km)	0:29:03.81	+0:03:40.22
13 - M/12	M30/8	OSIADACZ, Jakub	Trenuj w Krakowie	Kraków	0:29:28.15 (05:10min/km)	0:29:28.15	+0:04:04.56
	M30	CHWALIK, Adrian	Samolotowy Team	Kraków	0:29:29.00 [GPS]	0:29:29.00 [GPS]	
15 - M/13	M20/1	KACZOR, Miłosz	AZS UEK Kraków	Kraków	0:29:44.00 (05:12min/km)	0:29:46.08	+0:04:22.49
16 - M/14	M40/3	JAWOREK, Grzegorz		Kraków	0:29:50.34 (05:14min/km)	0:29:50.34	+0:04:26.75
17 - M/15	M50/2	OPRYSZEK, Bogusław	ITMBW Kraków	Kraków	0:29:49.05 (05:13min/km)	0:29:50.72	+0:04:27.13
18 - M/16	M30/9	SKRZYPEK, Krzysztof	Run 4 Fun	Krzeczów	0:30:08.44 (05:17min/km)	0:30:11.59	+0:04:48.00
19 - M/17	M30/10	RAFA, Dominik	Ania i Chłopaki	Kraków	0:30:15.52 (05:18min/km)	0:30:15.52	+0:04:51.93
20 - M/18	M40/4	GAWIN, Krzysztof	BeFit24Team	Więckowice	0:30:22.97 (05:19min/km)	0:30:24.61	+0:05:01.02
21 - M/19	M40/5	GLEISNER, Tomasz	WOT 113 BLP	Tarnów	0:30:26.79 (05:20min/km)	0:30:26.79	+0:05:03.20
22 - M/20	M30/11	NYCZ, Marek	SBG Podbieg Nessi Team	Nowy Targ	0:30:15.53 (05:18min/km)	0:30:27.13	+0:05:03.54
23 - M/21	M30/12	KOZŁOWSKI, Jakub	Samolotowy Team	Kraków	0:30:38.00 (05:22min/km)	0:30:38.00	+0:05:14.41

	M40	KIKLICA, Artur	Samolotowy Team	Kraków	0:30:54.00 [GPS]	0:30:54.00 [GPS]	
25 - M /22	M40/6	GÓRAK, Grzegorz	Biegam bo lubię	Kraków	0:30:49.27 (05:24min/km)	0:30:54.13	+0:05:30.54
26 - K /2	K30/1	HAYDER, Kamilia	AZS AWF KRAKÓW MASTERS	Wieliczka	0:30:52.82 (05:25min/km)	0:30:54.98	+0:05:31.39
27 - K /3	K20/1	ŁODZIŃSKA, Dominika	AZS AWF KRAKÓW MASTERS	Kraków	0:30:59.98 (05:26min/km)	0:31:02.02	+0:05:38.43
28 - K /4	K30/2	GLIŃSKA, Marta		Kraków	0:31:04.09 (05:27min/km)	0:31:07.51	+0:05:43.92
29 - M /23	M40/7	MORDARSKI, Michał		Krakow	0:31:07.00 (05:27min/km)	0:31:11.63	+0:05:48.04
30 - M /24	M40/8	PARDYGAŁ, Tomasz	Trifamily.pl	Kraków	0:31:10.27 (05:28min/km)	0:31:12.36	+0:05:48.77
	M30	TKACZYK, Szymon	Samolotowy Team	Kraków	0:31:23.00 [GPS]	0:31:23.00 [GPS]	
32 - M /25	M50/3	WAĆŁAWSKI, Leszek		Zadroże	0:31:25.13 (05:30min/km)	0:31:30.64	+0:06:07.05
	M40	TARGOSZ, Michał	RUNPROGRESS Team	kraków	0:31:36.00 [GPS]	0:31:36.00 [GPS]	
34 - M /26	M40/9	POTASIEWICZ, Paweł		Kraków	0:31:40.35 (05:33min/km)	0:31:40.35	+0:06:16.76
35 - M /27	M30/13	PROSSER, Chris		Krakow	0:31:39.52 (05:33min/km)	0:31:45.45	+0:06:21.86
	M30	KIJEK, Andrzej		Pogorzycze	0:31:47.00 [GPS]	0:31:47.00 [GPS]	
	M40	DUROŃ, Marcin	Samolotowy Team	Kraków	0:31:59.00 [GPS]	0:31:59.00 [GPS]	
38 - M /28	M50/4	HUNDT, Tomasz	WKS Wawel BnO		0:32:13.30 (05:39min/km)	0:32:16.95	+0:06:53.36
39 - M /29	M40/10	PIECZONKA, Rafał			0:32:33.30 (05:42min/km)	0:32:33.30	+0:07:09.71
40 - M /30	M50/5	WYSOCKI, Marcin	Polplast biega	Skrzynka	0:32:47.99 (05:45min/km)	0:32:47.99	+0:07:24.40
41 - K /5	K30/3	KLASA, Agnieszka	Samolotowy Team	Kraków	0:33:04.60 (05:48min/km)	0:33:05.00	+0:07:41.41
42 - K /6	K16/1	KURTYCZ, Natalia	WKS Wawel BnO	Kraków	0:33:12.04 (05:49min/km)	0:33:13.25	+0:07:49.66
43 - M /31	M30/14	CZARNECKI, Grzegorz	G.O.A.T. Team Michałowice	Masłomiąca	0:33:15.71 (05:50min/km)	0:33:18.30	+0:07:54.71
44 - M /32	M50/6	GEDL, Przemysław		Kraków	0:33:24.74 (05:51min/km)	0:33:28.05	+0:08:04.46
45 - M /33	M60/1	GAŁĄŻKA, Mieczysław	ITMBW Kraków	Kraków	0:33:41.37 (05:54min/km)	0:33:45.75	+0:08:22.16
46 - M /34	M50/7	TOMCZYK, Marcin	AZS AWF KRAKÓW MASTERS	Kraków	0:33:38.71 (05:54min/km)	0:33:48.12	+0:08:24.53
47 - M /35	M16/2	ZWONEK, Rafał		Kraków	0:33:56.94 (05:57min/km)	0:34:05.10	+0:08:41.51
48 - K /7	K40/2	MALECKA-LEŃ, Patrycja		Rzeszów	0:33:58.88 (05:57min/km)	0:34:08.06	+0:08:44.47
49 - M /36	M30/15	SAŁDAN, Grzegorz	AZS AWF KRAKÓW MASTERS		0:34:07.16 (05:59min/km)	0:34:18.47	+0:08:54.88
50 - M /37	M40/11	ŚMIAŁEK, Łukasz	G.O.A.T. Team Michałowice	Michałowice	0:34:15.68 (06:00min/km)	0:34:18.84	+0:08:55.25
51 - K /8	K30/4	KOLEGOWICZ, Klaudia	BeFit24Team	kraków	0:34:21.34 (06:01min/km)	0:34:21.34	+0:08:57.75

52 - M /38	M40/12	HEBDA, Ireneusz	KS Kościelec Chrzanów	Chrzanów	0:34:24.91 (06:02min/km)	0:34:24.91	+0:09:01.32
53 - M /39	M30/16	STĘPEK, Paweł		Kraków	0:34:21.16 (06:01min/km)	0:34:26.42	+0:09:02.83
54 - M /40	M16/3	BOLECHOWSKI, Paweł	WKS Wawel BnO	Rabka-Zdrój	0:34:17.15 (06:00min/km)	0:34:32.62	+0:09:09.03
55 - M /41	M30/17	PIETRUSZKA, Marek	Run 4 Fun	Niepołomice	0:34:34.60 (06:03min/km)	0:34:34.60	+0:09:11.01
56 - M /42	M40/13	DĄBROWSKI, Mariusz	G.O.A.T. Team Michałowice	Pielgrzymowice	0:34:40.95 (06:05min/km)	0:34:43.69	+0:09:20.10
57 - K /9	K20/2	BARTUŚ, Monika	G.O.A.T. Team Michałowice		0:34:43.88 (06:05min/km)	0:34:45.86	+0:09:22.27
58 - K /10	K30/5	SEWERYN, Kinga	Unlimited Sport 2.0	Kraków	0:34:42.62 (06:05min/km)	0:34:47.90	+0:09:24.31
	M40	KRZEŚNIAK, Karol	G.O.A.T. Team Michałowice	Zagórzycze Dworskie	0:34:58.00 [GPS]	0:34:58.00 [GPS]	
60 - M /43	M20/2	WIELGAT, Mikołaj	WOT 113BLP	Tarnów	0:35:05.78 (06:09min/km)	0:35:13.83	+0:09:50.24
61 - M /44	M40/14	ZASTAWNY, Tomasz	AZS AWF KRAKÓW MASTERS	Kraków	0:35:16.49 (06:11min/km)	0:35:19.88	+0:09:56.29
62 - M /45	M60/2	NISSNER, Piotr	WKS Wawel BnO	Kraków	0:35:22.99 (06:12min/km)	0:35:28.16	+0:10:04.57
63 - M /46	M50/8	CHROMNIAK, Marcin	Lusina Projekt	Lusina	0:34:28.05 (06:02min/km)	0:35:30.57	+0:10:06.98
64 - M /47	M30/18	GAŚKA, Rafał	Boks Zabierzów Centrum Boksu	Kraków	0:35:19.67 (06:11min/km)	0:35:33.70	+0:10:10.11
	K40	BIELEC, Kinga	G.O.A.T. Team Michałowice	Kraków	0:35:37.00 [GPS]	0:35:37.00 [GPS]	
66 - M /48	M30/19	KAPUTA, Piotr		Kraków	0:35:43.08 (06:15min/km)	0:35:51.97	+0:10:28.38
67 - K /11	K16/2	MOSZKOWICZ, Julia	WKS Wawel BnO	Kraków	0:36:01.50 (06:19min/km)	0:36:02.26	+0:10:38.67
68 - M /49	M30/20	KALFAS, Tomasz		Kraków	0:35:54.74 (06:18min/km)	0:36:08.40	+0:10:44.81
69 - M /50	M40/15	SWIECH, Marcin	Elmodis	Krakow	0:36:13.57 (06:21min/km)	0:36:13.57	+0:10:49.98
70 - M /51	M40/16	DADAS, Krzysztof	Run 4 Fun	Zagórze	0:36:06.89 (06:20min/km)	0:36:13.59	+0:10:50.00
71 - K /12	K40/3	PODGORSKA, Magdalena	AZS AWF KRAKÓW MASTERS	KRAKOW	0:36:23.86 (06:23min/km)	0:36:34.07	+0:11:10.48
72 - K /13	K30/6	STASZEK, Anna	AZS AWF KRAKÓW MASTERS	Zielinki	0:36:24.45 (06:23min/km)	0:36:34.47	+0:11:10.88
73 - M /52	M60/3	TRELA, Jacek	AZS AWF KRAKÓW MASTERS	Kraków	0:36:25.27 (06:23min/km)	0:36:35.62	+0:11:12.03
74 - M /53	M30/21	GAŻA, Łukasz		Owczary	0:36:31.48 (06:24min/km)	0:36:38.11	+0:11:14.52
75 - M /54	M40/17	CIASTOŃ, Bartłomiej	Ola&Bartlo	Niepołomice	0:36:29.94 (06:24min/km)	0:36:39.18	+0:11:15.59
76 - M /55	M40/18	MROWIEC, Paweł	Heineken Kraków Running Club	Bibice	0:36:35.89 (06:25min/km)	0:36:51.98	+0:11:28.39
77 - K /14	K40/4	BARTUŚ, Joanna	G.O.A.T. Team Michałowice	Michałowice	0:37:05.10 (06:30min/km)	0:37:05.10	+0:11:41.51
78 - M /56	M50/9	PIASECKI, Leszek		Kraków	0:36:19.59 (06:22min/km)	0:37:13.57	+0:11:49.98
79 - K /15	K30/7	SADAJ, Anna	Ania i Chłopaki	Kraków	0:37:24.37 (06:33min/km)	0:37:39.44	+0:12:15.85
80 - M /57	M40/19	ŁAKOMSKI, Łukasz	rowerowanie.pl	KRAKÓW	0:37:45.03 (06:37min/km)	0:37:45.03	+0:12:21.44
81 - K /16	K30/8	GŁOGOWSKA, Sandra	BeFit24Team	Kraków	0:37:33.56 (06:35min/km)	0:37:48.85	+0:12:25.26
82 - M /58	M50/10	ŻESŁAWSKI, Wojciech	WKS Wawel BnO	Kraków	0:37:47.40 (06:37min/km)	0:37:50.57	+0:12:26.98

83 - K /17	K16/3	GARLACZ, Anna	BeFit24Team	Żarki	0:37:44.44 (06:37min/km)	0:37:54.60	+0:12:31.01
84 - K /18	K16/4	NIKOŁAJUK, Martyna			0:37:55.75 (06:39min/km)	0:38:05.31	+0:12:41.72
85 - K /19	K16/5	OLIINYK, Yelizaveta	WKS Wawel BnO	Kraków	0:38:41.61 (06:47min/km)	0:38:50.37	+0:13:26.78
86 - K /20	K30/9	BARTUŚ, Anna	G.O.A.T. Team Michałowice	Michałowice	0:38:59.99 (06:50min/km)	0:39:01.48	+0:13:37.89
	M40	CIEŚLA, Tomasz	Samolotowy Team	Raciborowice	0:39:06.00 [GPS]	0:39:06.00 [GPS]	
88 - K /21	K50/1	WARDAK, Anna		kraków	0:38:59.56 (06:50min/km)	0:39:06.57	+0:13:42.98
89 - M /59	M60/4	KRET, Jacek	LKS Górzanka Nawojowa Góra	Krzyszowice	0:38:50.20 (06:48min/km)	0:39:07.71	+0:13:44.12
90 - M /60	M40/20	WALCZAK, Przemysław	Samolotowy Team	Kraków	0:38:36.68 (06:46min/km)	0:39:14.00	+0:13:50.41
91 - M /61	M40/21	SĘK, Marek	WM Triself	Kraków	0:39:09.40 (06:52min/km)	0:39:15.29	+0:13:51.70
92 - K /22	K20/3	DUDEK, Dąbrówka	WOT 113 BLP	Kraków	0:39:14.31 (06:53min/km)	0:39:22.82	+0:13:59.23
93 - K /23	K40/5	PANKIEWICZ, Aleksandra	Samolotowy Team	Kraków	0:39:15.99 (06:53min/km)	0:39:25.35	+0:14:01.76
94 - M /62	M40/22	WALAŚ, Waldemar	WKS Wawel BnO	Kraków	0:39:08.81 (06:52min/km)	0:39:29.57	+0:14:05.98
95 - K /24	K40/6	GAWRON, Kasia	WKS Wawel BnO		0:39:19.16 (06:53min/km)	0:39:41.96	+0:14:18.37
96 - M /63	M40/23	URYGA, Sławek	WKS Wawel BnO		0:39:14.52 (06:53min/km)	0:39:51.41	+0:14:27.82
97 - M /64	M40/24	KAMIŃSKI, Janusz	ITMBW Kraków	Kraków	0:39:57.09 (07:00min/km)	0:40:05.98	+0:14:42.39
98 - M /65	M40/25	NOSAL, Norbert	Samolotowy Team	Kokotów	0:40:06.10 (07:02min/km)	0:40:06.10	+0:14:42.51
99 - M /66	M16/4	MIZERA, Radostaw			0:40:39.58 (07:08min/km)	0:40:40.56	+0:15:16.97
100 - M /67	M60/5	MLEKO, Roman	ITMBW Kraków	Kraków	0:40:37.95 (07:07min/km)	0:40:46.03	+0:15:22.44
	M30	KOPEĆ, Mariusz		Kraków	0:40:47.00 [GPS]	0:40:47.00 [GPS]	
102 - M /68	M30/22	TOPA, Michał		Kraków	0:40:48.13 (07:09min/km)	0:41:03.83	+0:15:40.24
103 - M /69	M60/6	KRYJOMSKI, Jerzy	KS Kościelec Chrzanów	Chrzanów	0:38:37.85 (06:46min/km)	0:41:05.63	+0:15:42.04
104 - K /25	K40/7	MICHALIK, Magdalena	IP GBSC Active Crew	Kraków	0:40:56.40 (07:10min/km)	0:41:12.05	+0:15:48.46
105 - K /26	K16/6	SEREDA, Daria	WKS Wawel BnO	Kraków	0:41:01.83 (07:11min/km)	0:41:15.59	+0:15:52.00
106 - K /27	K30/10	DANEL, Magdalena	Nowa Huta Team	Kraków	0:41:02.08 (07:11min/km)	0:41:17.38	+0:15:53.79
107 - M /70	M50/11	KĘDZIOR, Tomasz	onkologiaprywatnie.pl	Kraków	0:41:23.55 (07:15min/km)	0:41:35.86	+0:16:12.27
108 - M /71	M40/26	SZCZUR, Rafał			0:41:26.86 (07:16min/km)	0:41:39.70	+0:16:16.11
109 - K /28	K30/11	GRABARCZUK, Justyna	G.O.A.T. Team Michałowice	Węgrzce	0:41:47.34 (07:19min/km)	0:41:52.39	+0:16:28.80
110 - M /72	M30/23	PRZETOCKI, Bartłomiej	Kraków	Kraków	0:42:05.21 (07:23min/km)	0:42:05.21	+0:16:41.62
111 - M /73	M30/24	CIEŚLIK, Jakub		Kraków	0:41:46.44 (07:19min/km)	0:42:08.05	+0:16:44.46
112 - K /29	K50/2	DOLAŚ, Danuta	Rebellion of Free Runners	Kraków	0:42:00.96 (07:22min/km)	0:42:14.10	+0:16:50.51
113 - M /74	M30/25	KUTYBA, Marek	ITMBW Kraków	Kraków	0:41:51.56 (07:20min/km)	0:42:17.65	+0:16:54.06

114 - M /75	M40/27	SZAJEWSKI, Arkadiusz	o tak ło	Kraków	0:41:44.55 (07:19min/km)	0:42:18.06	+0:16:54.47
115 - M /76	M30/26	PADYKUŁA, Wojciech	GGs TEAM		0:42:09.87 (07:23min/km)	0:42:37.14	+0:17:13.55
116 - K /30	K20/4	KUC, Agnieszka		Jordanów	0:42:36.01 (07:28min/km)	0:42:52.34	+0:17:28.75
117 - M /77	M50/12	MACINA, Dariusz		Zakrzów	0:42:30.91 (07:27min/km)	0:42:58.01	+0:17:34.42
118 - K /31	K50/3	STERNAK, Anna		Kraków	0:43:06.92 (07:33min/km)	0:43:06.92	+0:17:43.33
119 - M /78	M40/28	GROMNY, Konrad		Krakow	0:42:43.43 (07:29min/km)	0:43:13.94	+0:17:50.35
	M60	PIĄTEK, Stanisław	ITMBW Kraków	Kraków	0:43:21.00 [GPS]	0:43:21.00 [GPS]	
121 - M /79	M70/1	NOWOTNY , Marian	Niepołomice Biegają	Damienice	0:43:25.86 (07:37min/km)	0:43:43.19	+0:18:19.60
122 - K /32	K40/8	ŚWIERCZYŃSKA, Gabriela		Kraków	0:43:34.74 (07:38min/km)	0:43:55.36	+0:18:31.77
123 - M /80	M60/7	PRZELASKOWSKI, Krzysztof		Krakow	0:43:56.59 (07:42min/km)	0:44:08.12	+0:18:44.53
124 - K /33	K16/7	GROMNA, Hanna		Kraków	0:43:41.28 (07:39min/km)	0:44:11.40	+0:18:47.81
125 - K /34	K30/12	ZARĘBSKA, Ewa		Kraków	0:43:53.90 (07:42min/km)	0:44:12.43	+0:18:48.84
126 - M /81	M50/13	FORYTEK, Józef	WKS Wawel BnO	Kraków	0:44:15.98 (07:45min/km)	0:44:26.79	+0:19:03.20
127 - K /35	K30/13	GZYL, Justyna	G.O.A.T. Team Michałowice	Michałowice	0:44:23.88 (07:47min/km)	0:44:27.81	+0:19:04.22
128 - K /36	K40/9	ZAJĄC, Aneta	G.O.A.T. Team Michałowice		0:44:25.00 (07:47min/km)	0:44:29.63	+0:19:06.04
129 - M /82	M40/29	KWASNY, Andrzej	Samolotowy Team	Krakow	0:44:30.43 (07:48min/km)	0:44:39.52	+0:19:15.93
130 - K /37	K40/10	GROMNA, Ola		Kraków	0:44:11.10 (07:45min/km)	0:44:41.67	+0:19:18.08
131 - M /83	M40/30	ROZMUS, Grzegorz	MSM	Krzeszowice	0:44:25.36 (07:47min/km)	0:44:42.69	+0:19:19.10
132 - M /84	M20/3	MICHAŁ, Łempa	Interregio	Tuchów	0:45:02.78 (07:54min/km)	0:45:17.37	+0:19:53.78
133 - K /38	K40/11	MAGDALENA , Piątek	Interregio	Tuchów	0:45:06.77 (07:54min/km)	0:45:20.62	+0:19:57.03
134 - K /39	K40/12	SOŁEK-KOWALSKA, Ewa	Interregio	Kraków	0:45:06.75 (07:54min/km)	0:45:20.68	+0:19:57.09
135 - K /40	K40/13	DĄBROWSKA, Katarzyna	G.O.A.T. Team Michałowice	Pielgrzymowice	0:45:22.57 (07:57min/km)	0:45:28.13	+0:20:04.54
136 - K /41	K40/14	GURGUL, Dorota	Aromat Nóg	Kraków	0:45:30.81 (07:59min/km)	0:45:45.14	+0:20:21.55
137 - M /85	M70/2	CEKIERA, Antoni	combex	Kraków	0:45:29.00 (07:58min/km)	0:45:52.91	+0:20:29.32
138 - K /42	K40/15	WASILEWSKA, Agnieszka	Aromat Nóg	Krakow	0:46:06.04 (08:05min/km)	0:46:20.52	+0:20:56.93
139 - M /86	M30/27	WOJAKOWSKI, Piotr	Beer Bros Runners	Jarosław	0:45:58.86 (08:04min/km)	0:46:29.40	+0:21:05.81
140 - M /87	M40/31	WOSZCZYŃSKI , Paweł	Remusbiega	Luborzycza	0:46:12.17 (08:06min/km)	0:46:37.67	+0:21:14.08
141 - M /88	M30/28	MOCNY, Michał	OPP Kraków	Kraków	0:46:35.98 (08:10min/km)	0:46:52.27	+0:21:28.68
142 - M /89	M40/32	MENDIZABAL, Marcelo		Krakow	0:46:23.11 (08:08min/km)	0:46:52.92	+0:21:29.33
	K16	DZIEDZIC, Aleksandra		Kraków	0:46:55.00 [GPS]	0:46:55.00 [GPS]	
144 - M /90	M50/14	PUDEŁEK, Paweł			0:47:05.99 (08:15min/km)	0:47:11.94	+0:21:48.35

145 - K /43	K40/16	PSZONKA, Iwona				0:47:21.87 (08:18min/km)	0:47:21.87	+0:21:58.28
146 - K /44	K40/17	MAREK- PUDEŁEK, Małgorzata				0:47:25.05 (08:19min/km)	0:47:46.46	+0:22:22.87
147 - K /45	K30/14	AUGUSTYN, Sara	Heineken Kraków Running Club	Kraków		0:47:46.29 (08:22min/km)	0:48:12.78	+0:22:49.19
148 - M /91	M60/8	MARCINEK, Wojciech	Trailrun	Kraków		0:47:52.04 (08:23min/km)	0:48:31.74	+0:23:08.15
149 - M /92	M30/29	STAŃCZYK, Bartłomiej		Kraków		0:48:46.65 (08:33min/km)	0:49:05.32	+0:23:41.73
150 - M /93	M30/30	BOICHENIUK, Andrii		Kraków		0:49:40.26 (08:42min/km)	0:50:12.28	+0:24:48.69
151 - K /46	K50/4	MOSSOCZY, Agnieszka	AgusiaBBBB	Krakow		0:50:39.14 (08:53min/km)	0:51:13.91	+0:25:50.32
152 - K /47	K30/15	KWASNY, Monika	Samolotowy Team	Krakow		0:51:21.05 (09:00min/km)	0:51:30.32	+0:26:06.73
153 - K /48	K50/5	KOWALCZYK, Joanna	Niezzeszony	Kraków		0:51:23.29 (09:00min/km)	0:51:34.63	+0:26:11.04
154 - K /49	K20/5	KSIAŻEK, Marlena				0:51:23.18 (09:00min/km)	0:51:42.42	+0:26:18.83
	K50	OLEJNIK, Monika	Big5	Kraków		0:52:27.00 [GPS]	0:52:27.00 [GPS]	
	K30	HRYNCZYSZYN-WITEK, Olga		Burów		0:53:22.00 [GPS]	0:53:22.00 [GPS]	
157 - M /94	M40/33	GRZYWNA, Piotr		Kraków		0:48:38.99 (08:32min/km)	0:53:27.68	+0:28:04.09
158 - K /50	K30/16	PISULIŃSKA, Ewa				0:53:11.48 (09:19min/km)	0:53:30.98	+0:28:07.39
159 - K /51	K60/1	BALCER-DEJWOREK , Jadwiga		Miechów		0:53:50.41 (09:26min/km)	0:54:03.37	+0:28:39.78
160 - K /52	K20/6	SZAREK, Kinga		Kraków		0:54:35.67 (09:34min/km)	0:54:52.69	+0:29:29.10
161 - K /53	K40/18	ZAWALSKA, Ewa		Kraków		0:55:11.44 (09:40min/km)	0:55:44.49	+0:30:20.90
162 - K /54	K60/2	KŁOSIŃSKA, Katarzyna	DEAF RUNNING TEAM	Kraków		0:55:48.82 (09:47min/km)	0:56:04.23	+0:30:40.64
163 - M /95	M16/5	WOLIŃSKI, Damian	Zespół Szkół im. JPii w Niepołomicach			0:39:28.30 (06:55min/km)	1:01:02.53	+0:35:38.94
	M40	LATOS, Paweł		Kraków		1:01:51.00 [GPS]	1:01:51.00 [GPS]	
	K20	RYCZEK, Karolina		Rudawa		1:09:30.00 [GPS]	1:09:30.00 [GPS]	
166 - K /55	K50/6	SZEWCZYK, Katarzyna		Kraków		1:02:52.34 (11:01min/km)	1:12:34.32	+0:47:10.73
167 - K /56	K30/17	MAGOCSY, Justyna	ASICS Frontrunner	Kraków		1:20:39.62 (14:09min/km)	1:21:09.46	+0:55:45.87



# Grand Prix Krakowa w Biegach Górskich 2023/2024 - E3 - Bieg Noworoczny

Kraków, 2024-01-07 - Wyniki

## 11,6km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M30/1	ŻÓŁTEK, Grzegorz	Non Stop Trail	spytkowice	0:50:57.83 (04:23min/km)	0:50:57.83	+0:00:00.00
2 - M/2	M40/1	KOCZWARA, Tomasz	Centrum Zdrowia Biegacza Kraków	Radomysl Wielki	0:51:37.19 (04:27min/km)	0:51:38.67	+0:00:40.84
3 - M/3	M20/1	KUBASZCZYK, Kamil		Rajcza	0:52:43.99 (04:32min/km)	0:52:45.47	+0:01:47.64
	M30	KACZMAREK, Michał	Centrum Zdrowia Biegacza Kraków		0:53:40.00 [GPS]	0:53:40.00 [GPS]	
5 - M/4	M30/2	OŚWIĘCIMKA, Rafał	ITMBW Kraków	Kraków	0:53:56.85 (04:39min/km)	0:53:58.78	+0:03:00.95
6 - M/5	M40/2	MIKA, Artur	Miki Team	Kraków	0:54:30.30 (04:41min/km)	0:54:32.11	+0:03:34.28
7 - M/6	M20/2	ŚCIESZKA, Piotr		Kraków	0:54:32.71 (04:42min/km)	0:54:35.69	+0:03:37.86
8 - M/7	M40/3	KRUSZEC, Andrzej	www.pizzanumerouno.pl	Kraków	0:54:42.03 (04:42min/km)	0:54:43.81	+0:03:45.98
9 - M/8	M30/3	KOZIOŁ, Kamil	G.O.A.T. Team Michałowice	Michałowice	0:54:52.00 (04:43min/km)	0:54:52.00	+0:03:54.17
10 - M/9	M30/4	SUŁEK, Adam		Bielsko-Biała	0:54:51.89 (04:43min/km)	0:54:53.72	+0:03:55.89
11 - M/10	M30/5	VALLEJO, Eduardo	Jacekbiega Running Team	Krakow	0:55:01.70 (04:44min/km)	0:55:03.63	+0:04:05.80
12 - M/11	M30/6	NOWAK, Paweł	TriWise	Kraków	0:55:15.37 (04:45min/km)	0:55:18.54	+0:04:20.71
13 - M/12	M50/1	TRENER, Dariusz		Kraków	0:55:27.26 (04:46min/km)	0:55:27.26	+0:04:29.43
14 - K/1	K30/1	PAPROCKA, Urszula	Nowa Huta Team	Kraków	0:56:00.87 (04:49min/km)	0:56:00.87	+0:05:03.04
15 - M/13	M40/4	BUCZYŃSKI, Adam	Non Stop Trail	Kraków	0:56:14.31 (04:50min/km)	0:56:16.08	+0:05:18.25
16 - M/14	M30/7	HALAGARDA, Krzysztof	IP GBSC Active Crew	Kraków	0:56:43.83 (04:53min/km)	0:56:43.83	+0:05:46.00
17 - M/15	M40/5	MORMUL, Przemek	Bronowice też Biegają	Krakow	0:56:41.84 (04:53min/km)	0:56:44.15	+0:05:46.32
18 - M/16	M40/6	ZABEL, Robert	WKS Wawel Kraków	Poznań	0:56:43.20 (04:53min/km)	0:56:45.14	+0:05:47.31
19 - M/17	M40/7	HALLIER, Julien	#lescoqsrnners	Kraków	0:56:54.80 (04:54min/km)	0:56:54.80	+0:05:56.97
20 - M/18	M50/2	ADAMEK, Dariusz	#AdamCzerwinskiTeam	Kraków	0:56:56.07 (04:54min/km)	0:57:02.48	+0:06:04.65
21 - M/19	M30/8	SKIBA, Maciej	Kingrunner ULTRA	Krynica Zdrój	0:57:10.58 (04:55min/km)	0:57:14.99	+0:06:17.16
22 - M/20	M20/3	LIŚKIEWICZ, Hubert	My Endurance Coaching	Michałów	0:57:13.29 (04:55min/km)	0:57:19.69	+0:06:21.86
23 - M/21	M30/9	ŚLIWA, Grzegorz	AZS AWF KRAKÓW MASTERS	Kraków	0:57:30.79 (04:57min/km)	0:57:33.51	+0:06:35.68
24 - M/22	M20/4	ZARĘBA, Łukasz		Rzeszów	0:57:36.60 (04:57min/km)	0:57:38.08	+0:06:40.25

25 - M /23	M30/10	TKACZYK, Szymon	Samolotowy Team	Kraków	0:57:37.68 (04:58min/km)	0:57:41.70	+0:06:43.87
26 - M /24	M20/5	POKRYWKA, Robert	brak	Poznań	0:57:46.66 (04:58min/km)	0:57:50.85	+0:06:53.02
27 - M /25	M30/11	SZYBILSKI, Daniel	DareDevils Triathlon Team	Michałowice	0:57:53.36 (04:59min/km)	0:57:57.20	+0:06:59.37
28 - M /26	M40/8	KRÓL, Maciej		Kraków	0:57:57.08 (04:59min/km)	0:57:59.18	+0:07:01.35
29 - M /27	M40/9	BORSZOWSKI, Zbigniew	Zabierzów Biega	Łazy	0:58:05.03 (05:00min/km)	0:58:05.03	+0:07:07.20
30 - K /2	K20/1	BYRSKA, Sylwia	WM TRISELF	Wadowice	0:58:20.80 (05:01min/km)	0:58:23.15	+0:07:25.32
31 - M /28	M40/10	JANCZEWSKI, Marek		Wieliczka	0:58:50.15 (05:04min/km)	0:58:54.51	+0:07:56.68
32 - K /3	K30/2	PALYHA, Kateryna	AZS AWF KRAKÓW MASTERS	Bucza	0:59:04.70 (05:05min/km)	0:59:07.71	+0:08:09.88
33 - M /29	M40/11	DWORNIK, Maciek	Warczące Szprychy	Kraków	0:59:01.59 (05:05min/km)	0:59:09.10	+0:08:11.27
34 - M /30	M50/3	BUŁKA, Łukasz		Kraków	0:59:55.90 (05:10min/km)	0:59:55.90	+0:08:58.07
35 - M /31	M30/12	ARISMENDI, Daniel		Krakow	0:59:55.87 (05:09min/km)	1:00:06.11	+0:09:08.28
36 - M /32	M40/12	WŁOSTOWSKI, Marek	Vege Runners	Kraków	1:00:03.63 (05:10min/km)	1:00:18.65	+0:09:20.82
37 - M /33	M40/13	KUPIEC, Marcin	Run 4 Fun	Kłaj	1:00:34.23 (05:13min/km)	1:00:38.20	+0:09:40.37
38 - M /34	M20/6	OŻANA, Piotr			1:00:53.34 (05:14min/km)	1:00:53.34	+0:09:55.51
39 - M /35	M40/14	BUJOCZEK, Leszek	AZS AWF KRAKÓW MASTERS	Kraków	1:00:49.87 (05:14min/km)	1:00:54.35	+0:09:56.52
40 - M /36	M30/13	MICHALSKI, Szymon	Runonline.pl Team	Kraków	1:01:00.52 (05:15min/km)	1:01:00.52	+0:10:02.69
41 - M /37	M50/4	ZADARNOWSKI, Dariusz	ITMBW Kraków		1:00:58.77 (05:15min/km)	1:01:01.79	+0:10:03.96
42 - K /4	K40/1	SUDOŁ, Magdalena	AZS AWF KRAKÓW MASTERS	Kraków	1:00:54.76 (05:15min/km)	1:01:03.24	+0:10:05.41
43 - M /38	M40/15	TYNIEC, Marek		Kraków	1:00:59.51 (05:15min/km)	1:01:03.91	+0:10:06.08
44 - M /39	M40/16	STARZEC, Adam	Samolotowy Team	Kraków	1:01:09.15 (05:16min/km)	1:01:09.15	+0:10:11.32
45 - M /40	M30/14	LEMPART, Kacper	SD Team	Kraków	1:01:15.32 (05:16min/km)	1:01:17.99	+0:10:20.16
	M40	GAWIN, Krzysztof	BeFit24Team	Więckowice	1:01:30.00 [GPS]	1:01:30.00 [GPS]	
47 - K /5	K20/2	ZIELIŃSKA, Kinga	#AdamCzerwinskiTeam	Kłaj	1:01:32.01 (05:18min/km)	1:01:34.29	+0:10:36.46
48 - M /41	M30/15	CHWALIK, Adrian	Samolotowy Team	Kraków	1:01:31.56 (05:18min/km)	1:01:36.77	+0:10:38.94
49 - M /42	M30/16	KULETA, Patryk		Kraków	1:01:37.07 (05:18min/km)	1:01:40.57	+0:10:42.74
50 - M /43	M30/17	CIERPIAŁEK, Jakub	#AdamCzerwinskiTeam	Wadowice	1:01:44.92 (05:19min/km)	1:01:47.59	+0:10:49.76
51 - M /44	M20/7	TRYVASHKEVICH, Yauhen			1:01:50.10 (05:19min/km)	1:01:52.32	+0:10:54.49
52 - M /45	M40/17	SŁOWIKOWSKI, Paweł	ITMBW Kraków	Kraków	1:01:49.87 (05:19min/km)	1:01:53.56	+0:10:55.73
53 - M /46	M40/18	IDZI, Piotr	Warczące Szprychy	Kraków	1:01:56.17 (05:20min/km)	1:02:04.55	+0:11:06.72
54 - M /47	M30/18	POPIEL, Andrzej	popsmart.pl	Kraków	1:02:03.81 (05:21min/km)	1:02:05.85	+0:11:08.02
55 - M /48	M30/19	ŁYPIK, Jakub	ITMBW Kraków	Kraków	1:02:10.50 (05:21min/km)	1:02:13.71	+0:11:15.88
56 - M /49	M40/19	CZAPLAK, Tomasz		Łuczyce	1:02:11.54 (05:21min/km)	1:02:15.84	+0:11:18.01

57 - M /50	M40/20	TARGOSZ, Michał	RUNPROGRESS Team		1:02:18.95 (05:22min/km)	1:02:18.95	+0:11:21.12
58 - K /6	K20/3	SIERŻĘGA, Agnieszka		Kraków	1:02:18.38 (05:22min/km)	1:02:24.74	+0:11:26.91
59 - K /7	K40/2	LUTY-LEGUTKO, Anna	#AdamCzerwińskiTeam		1:02:27.44 (05:23min/km)	1:02:27.44	+0:11:29.61
60 - M /51	M20/8	PUCUŁA, Mateusz		Chrzanów	1:02:25.42 (05:22min/km)	1:02:29.24	+0:11:31.41
61 - M /52	M20/9	KRZANOWSKI, Jan		Kraków	1:02:43.79 (05:24min/km)	1:02:47.89	+0:11:50.06
62 - M /53	M40/21	DUROŃ, Marcin	Samolotowy Team	Kraków	1:03:03.39 (05:26min/km)	1:03:07.69	+0:12:09.86
63 - M /54	M30/20	JOŃCZYK, Jakub		Kraków	1:03:07.01 (05:26min/km)	1:03:11.17	+0:12:13.34
64 - M /55	M40/22	NIEDŹWIADEK, Piotr	#AdamCzerwinskiTeam	Kraków	1:03:12.46 (05:26min/km)	1:03:12.46	+0:12:14.63
65 - M /56	M30/21	TABIŚ, Szymon		Kraków	1:03:13.91 (05:27min/km)	1:03:13.91	+0:12:16.08
66 - M /57	M20/10	SZYMACHA, Maciej		Wieliczka	1:03:14.27 (05:27min/km)	1:03:20.03	+0:12:22.20
67 - M /58	M40/23	PESZT, Marek	SportWise	Kraków	1:03:13.68 (05:27min/km)	1:03:21.50	+0:12:23.67
68 - M /59	M50/5	FRANCUZ, Konrad	Vege Runners	MOGILANY	1:03:17.50 (05:27min/km)	1:03:24.60	+0:12:26.77
69 - M /60	M30/22	SOSIŃSKI, Michał		Kraków	1:03:19.20 (05:27min/km)	1:03:31.21	+0:12:33.38
70 - M /61	M40/24	CZAPCZYŃSKI, Cezary	Niepołomice Biegają	Niepołomice	1:03:38.99 (05:29min/km)	1:03:58.06	+0:13:00.23
71 - M /62	M30/23	SOWA, Wojciech			1:04:01.83 (05:31min/km)	1:04:01.83	+0:13:04.00
72 - M /63	M30/24	KMITA, Krzysztof		Kraków	1:03:59.81 (05:31min/km)	1:04:06.94	+0:13:09.11
73 - M /64	M20/11	MAJ, Patryk	AZS AWF KRAKÓW MASTERS	Kraków	1:03:58.39 (05:30min/km)	1:04:09.47	+0:13:11.64
74 - K /8	K30/3	SOBCZYK, Barbara		Kraków	1:04:17.05 (05:32min/km)	1:04:19.09	+0:13:21.26
75 - M /65	M30/25	SOBULA, Karol	Z Gorki	Kraków	1:04:03.07 (05:31min/km)	1:04:19.52	+0:13:21.69
76 - M /66	M40/25	POLAKIEWICZ, Dariusz			1:04:20.83 (05:32min/km)	1:04:20.83	+0:13:23.00
77 - M /67	M50/6	PIASECKI, Rafał	TriWise	Wieliczka	1:04:16.84 (05:32min/km)	1:04:22.89	+0:13:25.06
78 - M /68	M40/26	BURDA, Sebastian		Wygieźzów	1:04:19.85 (05:32min/km)	1:04:23.86	+0:13:26.03
79 - M /69	M30/26	GUZIK, Łukasz	Go Aktiv!	Łysokanie	1:04:35.66 (05:34min/km)	1:04:46.47	+0:13:48.64
80 - K /9	K30/4	HODUN, Yevheniia	Samolotowy Team	Krakow	1:04:46.47 (05:35min/km)	1:04:51.10	+0:13:53.27
81 - M /70	M30/27	KOPIEĆ, Kamil	G.O.A.T. Team Michałowice		1:04:58.27 (05:36min/km)	1:04:58.27	+0:14:00.44
82 - M /71	M30/28	KOWALSKI , Adam	G.O.A.T. Team Michałowice	Węgrzce	1:05:15.26 (05:37min/km)	1:05:15.26	+0:14:17.43
83 - K /10	K40/3	PŁAZIAK-KOWALSKA, Magdalena	2K	Libertów	1:05:16.97 (05:37min/km)	1:05:23.94	+0:14:26.11
84 - M /72	M40/27	SZLEMP, Paweł	Samolotowy Team	Krakow	1:05:29.42 (05:38min/km)	1:05:33.86	+0:14:36.03
85 - M /73	M40/28	STASZEK, Łukasz	Samolotowy Team	Krakow	1:05:46.98 (05:40min/km)	1:05:52.67	+0:14:54.84
86 - K /11	K30/5	DOBRZAŃSKA, Marta	AZS AWF KRAKÓW MASTERS	Kraków	1:05:54.25 (05:40min/km)	1:05:59.45	+0:15:01.62
87 - M /74	M50/7	SIWIECKI, Tomasz		Tomaszowice	1:06:09.70 (05:42min/km)	1:06:14.18	+0:15:16.35
88 - M /75	M40/29	BULKA, Tomek	G.O.A.T. Team Michałowice	Kraków	1:06:08.79 (05:42min/km)	1:06:25.40	+0:15:27.57

89 - M /76	M40/30	GRABOWSKI, Mariusz	#AdamCzerwińskiTeam	Kraków	1:06:29.83 (05:43min/km)	1:06:37.87	+0:15:40.04
	M30	CZARNECKI, Grzegorz	G.O.A.T. Team Michałowice	Masłomiąca	1:07:26.00 [GPS]	1:07:26.00 [GPS]	
91 - M /77	M20/12	ROBIN, Antoine		KRAKÓW	1:07:26.40 (05:48min/km)	1:07:26.40	+0:16:28.57
92 - M /78	M40/31	PIETRZYK, Przemysław	Studio Grafrez	Skawina	1:07:51.21 (05:50min/km)	1:07:58.63	+0:17:00.80
93 - K /12	K30/6	ŁUSZCZAK, Anna	Lemon Team	Kraków	1:08:02.69 (05:51min/km)	1:08:08.42	+0:17:10.59
94 - M /79	M40/32	MOSTOVY, Volodymyr	WM Triself	Kraków	1:08:00.53 (05:51min/km)	1:08:13.44	+0:17:15.61
95 - M /80	M50/8	BAK, Artur	Elitarny Klub Geriatryczny	Kraków	1:08:04.38 (05:52min/km)	1:08:16.92	+0:17:19.09
96 - M /81	M30/29	BARADZIEJ, Jakub		Kraków	1:08:26.28 (05:53min/km)	1:08:26.28	+0:17:28.45
97 - M /82	M40/33	GACEK, Michał	NajGac	CHOLERZYN	1:08:16.65 (05:53min/km)	1:08:27.86	+0:17:30.03
98 - M /83	M40/34	KACZOR, Pawel	Cholerzyn RUN	Liszki	1:08:22.21 (05:53min/km)	1:08:33.13	+0:17:35.30
99 - M /84	M40/35	WIERZBICKI, Piotr	Goń się!	Kraków	1:08:17.96 (05:53min/km)	1:08:34.79	+0:17:36.96
100 - M /85	M30/30	DYRCZ, Dominik	Samolotowy Team	Kraków	1:08:41.16 (05:55min/km)	1:08:48.21	+0:17:50.38
101 - K /13	K30/7	KAWIK BARTOSIK, Anna	Black Hat Ultra	Kraków	1:08:46.09 (05:55min/km)	1:08:58.01	+0:18:00.18
102 - M /86	M40/36	KULAWIK, Bartek		Kraków	1:08:58.83 (05:56min/km)	1:08:58.83	+0:18:01.00
103 - M /87	M30/31	OLEJARNIK, Łukasz	ITMBW Kraków	Kraków	1:09:01.00 (05:56min/km)	1:09:01.00	+0:18:03.17
104 - M /88	M30/32	KSIAŻEK, Kacper			1:08:47.69 (05:55min/km)	1:09:01.75	+0:18:03.92
105 - M /89	M50/9	KISIELEWSKI, Piotr	Compass bikeBoard	Kraków	1:09:04.71 (05:57min/km)	1:09:09.91	+0:18:12.08
106 - M /90	M30/33	ŁASKOWSKI, Piotr	BeFit24Team	Kraków	1:08:50.59 (05:56min/km)	1:09:11.55	+0:18:13.72
107 - M /91	M30/34	MAJ, Aleksander		Kraków	1:09:16.10 (05:58min/km)	1:09:16.10	+0:18:18.27
108 - M /92	M50/10	KUNZ, Tomasz		Kraków	1:09:25.10 (05:59min/km)	1:09:25.10	+0:18:27.27
109 - K /14	K30/8	JANČZYK, Ewa			1:09:26.61 (05:59min/km)	1:09:32.50	+0:18:34.67
110 - M /93	M30/35	PORĘBA, Mateusz		Kraków	1:09:44.15 (06:00min/km)	1:09:44.15	+0:18:46.32
111 - M /94	M20/13	JADCZAK, Tomasz	Nokia Kraków	Kraków	1:09:31.25 (05:59min/km)	1:09:44.33	+0:18:46.50
	M40	DOMIN, Tomasz	Bronowice też Biegają	Krakow	1:09:49.00 [GPS]	1:09:49.00 [GPS]	
113 - M /95	M30/36	ZIÓŁEK, Marcin			1:09:50.28 (06:01min/km)	1:09:59.63	+0:19:01.80
114 - M /96	M30/37	PACIOREK, Michał			1:10:12.57 (06:03min/km)	1:10:12.57	+0:19:14.74
115 - M /97	M40/37	PRZYBYŁOWSKI, Piotr		Kraków	1:10:02.35 (06:02min/km)	1:10:13.89	+0:19:16.06
116 - M /98	M40/38	MAŚLANKA, Łukasz	Skawina Biega	Wielkie Drogi	1:10:05.74 (06:02min/km)	1:10:23.90	+0:19:26.07
117 - M /99	M40/39	ŻUROWSKI, Paweł	Samolotowy Team	Kraków Małopolskie	1:10:22.37 (06:04min/km)	1:10:29.57	+0:19:31.74
118 - K /15	K20/4	LECH, Judyta	ITMBW Kraków	Kraków	1:10:27.40 (06:04min/km)	1:10:35.77	+0:19:37.94

119 - M /100	M40/40	ZĄBCZYK , Jakub		Kraków	1:10:12.10 (06:03min/km)	1:10:37.11	+0:19:39.28
120 - M /101	M40/41	FIDELUS, Jacek	WCHSZT	BRZESKO	1:10:14.32 (06:03min/km)	1:10:39.32	+0:19:41.49
121 - M /102	M30/38	BURDZIK, Wojciech	ITMBW Kraków	Kraków	1:10:36.62 (06:05min/km)	1:10:40.91	+0:19:43.08
122 - K /16	K30/9	KUKUŁA, Karolina		Kraków	1:10:43.40 (06:05min/km)	1:10:43.40	+0:19:45.57
123 - M /103	M30/39	KOWALSKI, Michał	POLKAS TriWise	Kraków	1:07:24.17 (05:48min/km)	1:10:49.84	+0:19:52.01
124 - M /104	M50/11	ROGOZIK , Bogusław	Samolotowy Team	Krzysztoforzyce	1:10:49.96 (06:06min/km)	1:10:56.04	+0:19:58.21
125 - M /105	M40/42	KUKUŁKA, Bogdan		Brzesko	1:10:49.47 (06:06min/km)	1:10:58.24	+0:20:00.41
126 - K /17	K40/4	BUCENKO, Joanna		BOCHNIA	1:11:03.72 (06:07min/km)	1:11:13.27	+0:20:15.44
127 - K /18	K30/10	PAZDYKA, Agata	Run 4 Fun	Kraków	1:11:11.54 (06:08min/km)	1:11:18.42	+0:20:20.59
128 - M /106	M30/40	ŻUREK , Michał	OCR TEAM BYDLAKI	Wieliczka	1:11:35.03 (06:10min/km)	1:11:39.19	+0:20:41.36
129 - M /107	M40/43	GÓRSKI, Michał	Giebułtów ciśnie	Giebułtów	1:11:23.14 (06:09min/km)	1:11:40.96	+0:20:43.13
130 - M /108	M40/44	SIWIŃSKI, Jacek		Kraków	1:11:27.96 (06:09min/km)	1:11:43.68	+0:20:45.85
131 - K /19	K30/11	KUBACKA, Karolina	Niepołomice Biegaja	Niepołomice	1:12:01.39 (06:12min/km)	1:12:06.94	+0:21:09.11
132 - M /109	M40/45	SKRZYŃSKI, Jan	#AdamCzerwinskiTeam	Wieliczka	1:12:05.38 (06:12min/km)	1:12:13.22	+0:21:15.39
133 - K /20	K40/5	WYSZYŃSKA-TYNIEC, Marianna		Kraków	1:12:12.23 (06:13min/km)	1:12:14.93	+0:21:17.10
	M40	GALOS, Adam	BeFit24Team	Kraków	1:12:28.00 [GPS]	1:12:28.00 [GPS]	
135 - M /110	M60/1	SZUMIEC , Andrzej	Lacho Team	Kraków	1:12:32.02 (06:15min/km)	1:12:38.84	+0:21:41.01
136 - K /21	K30/12	TUCHOŁKA, Marta			1:12:40.57 (06:15min/km)	1:12:40.57	+0:21:42.74
137 - M /111	M40/46	KACA, Tomasz		Olkusz	1:12:31.83 (06:15min/km)	1:12:51.26	+0:21:53.43
138 - K /22	K40/6	FORNALIK, Barbara	Dalin Myślenice	Krzyszkwice	1:12:40.70 (06:15min/km)	1:13:02.52	+0:22:04.69

139 - M /112	M40/47	LIKH, Iurii		Kraków	1:13:04.93 (06:18min/km)	1:13:15.90	+0:22:18.07
140 - K /23	K40/7	BIELEC, Kinga	G.O.A.T. Team Michałowice		1:13:21.28 (06:19min/km)	1:13:25.49	+0:22:27.66
141 - K /24	K30/13	CIASTOŃ, Katarzyna		Kraków	1:13:35.68 (06:20min/km)	1:13:44.59	+0:22:46.76
142 - M /113	M40/48	PULSAKOWSKI, Rafał		Kraków	1:13:42.36 (06:21min/km)	1:13:58.17	+0:23:00.34
143 - M /114	M30/41	PAŁKA, Piotr		Kraków	1:13:54.16 (06:22min/km)	1:14:05.14	+0:23:07.31
144 - K /25	K30/14	SZCZEPAŃSKA, Edyta	Barska 4	Kraków	1:14:00.62 (06:22min/km)	1:14:11.94	+0:23:14.11
145 - M /115	M40/49	GRACJASZ, Marcin	Sułowski Team	Wadowice	1:13:49.30 (06:21min/km)	1:14:12.84	+0:23:15.01
146 - M /116	M50/12	NOSAL, Sławomir	Grupa Skromnych Biegaczy	Tarnów	1:14:13.99 (06:23min/km)	1:14:22.19	+0:23:24.36
147 - M /117	M40/50	WŁODARCZYK, Piotr	Towarzystwo Turystyczne AKS Polonia Warszawa	Kraków	1:14:01.81 (06:22min/km)	1:14:22.80	+0:23:24.97
	M50	TOMCZYK, Marcin	AZS AWF KRAKÓW MASTERS	Kraków	1:14:23.00 [GPS]	1:14:23.00 [GPS]	
149 - M /118	M40/51	PIŁAT , Piotr		Kraków	1:14:24.39 (06:24min/km)	1:14:32.91	+0:23:35.08
150 - M /119	M40/52	MONIOWSKI, Mariusz	ITMBW Kraków	Rząska	1:14:28.90 (06:25min/km)	1:14:40.15	+0:23:42.32
151 - K /26	K40/8	NIEDUŻAK , Marta		Kraków	1:14:42.30 (06:26min/km)	1:14:42.30	+0:23:44.47
152 - K /27	K20/5	WINDAK, Agnieszka	Jem Klopsa	Wieliczka	1:14:28.47 (06:25min/km)	1:14:49.42	+0:23:51.59
153 - M /120	M30/42	BURCZYK, Kamil	Warczące Szprychy		1:14:32.74 (06:25min/km)	1:14:50.46	+0:23:52.63
154 - M /121	M60/2	KOWALIK, Jan	Centrum Zdrowia Biegacza Kraków	Kraków	1:14:46.68 (06:26min/km)	1:14:52.78	+0:23:54.95
155 - M /122	M40/53	LIPIEŃ, Jakub	Irondragon Triathlon	Zielonki	1:15:15.08 (06:29min/km)	1:15:15.08	+0:24:17.25
156 - M /123	M20/14	PIASECKI, Daniel		Kraków	1:15:06.26 (06:28min/km)	1:15:16.95	+0:24:19.12
157 - M /124	M30/43	ZAWACKI, Marcin		Kraków	1:15:07.35 (06:28min/km)	1:15:19.80	+0:24:21.97

158 - M /125	M40/54	PEC, Waldemar Pec		Krakow	1:15:12.13 (06:28min/km)	1:15:22.14	+0:24:24.31
159 - M /126	M30/44	MISIAREK, Michał	Runtime Error	Kraków	1:15:03.32 (06:28min/km)	1:15:22.61	+0:24:24.78
160 - K /28	K30/15	MOSTOVA, Olga	WM Triself	Kraków	1:15:10.61 (06:28min/km)	1:15:24.06	+0:24:26.23
161 - K /29	K40/9	TARADAJ, Paulina	Lacho Team	Kraków	1:15:11.63 (06:28min/km)	1:15:24.66	+0:24:26.83
162 - M /127	M30/45	AKYLZHANOV, Olzhas	Unlimited Sport 2.0	Krakow	1:15:06.74 (06:28min/km)	1:15:41.14	+0:24:43.31
163 - M /128	M40/55	SZCZEPAŃSKI, Sebastian	Kopytko	Kopytówka	1:15:18.59 (06:29min/km)	1:15:41.73	+0:24:43.90
164 - M /129	M50/13	SZPAK, Sławomir		Krakow	1:15:25.64 (06:30min/km)	1:15:42.46	+0:24:44.63
165 - M /130	M50/14	KORDYL, Waldemar	AZS AWF KRAKÓW MASTERS	Kraków	1:15:31.39 (06:30min/km)	1:15:44.87	+0:24:47.04
166 - M /131	M40/56	STAŃCZUK, Mariusz	POLAR TEAM	Kraków	1:15:29.87 (06:30min/km)	1:15:49.40	+0:24:51.57
167 - M /132	M40/57	WAWRO, Jakub		Kraków	1:15:39.62 (06:31min/km)	1:15:54.08	+0:24:56.25
168 - M /133	M40/58	BARTOSIK, Michał	M-TEAM MICHAŁ BARTOSIK	Chrzanów	1:15:37.84 (06:31min/km)	1:15:55.89	+0:24:58.06
169 - M /134	M40/59	PRYTKOV, Valery		Kraków	1:15:43.03 (06:31min/km)	1:15:59.26	+0:25:01.43
170 - M /135	M40/60	KUCAŁA, Łukasz	AZS AWF KRAKÓW MASTERS	Węgrzce	1:15:47.45 (06:32min/km)	1:16:00.33	+0:25:02.50
171 - M /136	M40/61	JURECKI, Ryszard	#AdamCzerwinskiTeam	Wieliczka	1:15:50.66 (06:32min/km)	1:16:05.74	+0:25:07.91
172 - K /30	K30/16	MARCINEK, Małgorzata	Trailrun	Kraków	1:15:44.95 (06:31min/km)	1:16:07.31	+0:25:09.48
173 - M /137	M40/62	POLISHCHUK, Vadym		Kraków	1:16:09.17 (06:33min/km)	1:16:17.26	+0:25:19.43
174 - M /138	M40/63	PORĘBSKI, Kacper	Kraków Airport Running Team	Kraków	1:16:09.36 (06:33min/km)	1:16:17.36	+0:25:19.53
175 - M /139	M50/15	NIEDBALIK, Grzegorz		Kraków	1:16:02.72 (06:33min/km)	1:16:21.66	+0:25:23.83
176 - K /31	K30/17	KHALUKHAIIEVA , Maryna	Samolotowy Team	Krakow	1:16:24.07 (06:35min/km)	1:16:24.07	+0:25:26.24

177 - M /140	M20/15	KLIMCZAK, Sebastian		Kraków	1:15:07.37 (06:28min/km)	1:16:24.37	+0:25:26.54
178 - M /141	M40/64	ROGOWIEC, Bartosz		Kraków	1:16:04.76 (06:33min/km)	1:16:27.01	+0:25:29.18
179 - M /142	M50/16	ROGASCH, Stanisław	BBL KRAKÓW	Kraków	1:16:02.49 (06:33min/km)	1:16:29.86	+0:25:32.03
180 - K /32	K20/6	POGODA, Kinga	UKS Kometa Gliwice	Gliwice	1:16:17.42 (06:34min/km)	1:16:32.50	+0:25:34.67
181 - M /143	M50/17	SIWAK, Jerzy	Samolotowy Team	Kraków	1:16:23.41 (06:35min/km)	1:16:33.67	+0:25:35.84
182 - M /144	M50/18	GRATKA, Mirosław	*****	Kojszówka	1:16:26.39 (06:35min/km)	1:16:34.94	+0:25:37.11
183 - K /33	K20/7	LEŚNIAK, Matylda			1:16:21.13 (06:34min/km)	1:16:36.86	+0:25:39.03
184 - M /145	M40/65	KSIĄŻEK, Grzegorz	ITMBW Kraków	Kraków	1:16:26.06 (06:35min/km)	1:16:37.89	+0:25:40.06
	K40	DZIUBIŃSKA, Ela	AZS AWF KRAKÓW MASTERS		1:16:38.00 [GPS]	1:16:38.00 [GPS]	
186 - M /146	M20/16	PEREK, Mikołaj		Kraków	1:16:22.70 (06:35min/km)	1:16:47.27	+0:25:49.44
187 - K /34	K20/8	WATARZYSZYN, Marzena	ACCENTURE	Kraków	1:16:32.98 (06:35min/km)	1:16:49.35	+0:25:51.52
188 - M /147	M20/17	SOSIN, Dawid	ACCENTURE	Kraków	1:16:36.89 (06:36min/km)	1:16:54.23	+0:25:56.40
189 - M /148	M30/46	TOROŃ, Maciej		Kraków	1:17:01.56 (06:38min/km)	1:17:22.74	+0:26:24.91
190 - M /149	M40/66	AUGUSTYN, Marcin		Kraków	1:17:38.26 (06:41min/km)	1:17:50.09	+0:26:52.26
191 - M /150	M40/67	DYREK, Marcin		Kraków	1:17:35.48 (06:41min/km)	1:17:53.33	+0:26:55.50
192 - K /35	K40/10	STRUŚ, Katarzyna	KKM Kaloryfer	Kraków	1:17:48.12 (06:42min/km)	1:17:55.77	+0:26:57.94
193 - K /36	K20/9	SEREDA, Olha	WKS Wawel BnO		1:18:17.23 (06:44min/km)	1:18:30.81	+0:27:32.98
194 - M /151	M40/68	WISNIOWSKI, Grzegorz	Mikrob Gallery Team	katowice	1:17:59.57 (06:43min/km)	1:18:43.35	+0:27:45.52
195 - M /152	M30/47	JELTEMA, Bastin	Jeltema Sport WM Triself	Krakow	1:18:22.21 (06:45min/km)	1:18:45.87	+0:27:48.04

196 - M /153	M50/19	ZADWORNY, Ireneusz		Kraków	1:18:46.50 (06:47min/km)	1:18:46.50	+0:27:48.67
197 - M /154	M40/69	WAWRO, Szymon		Krakow	1:18:27.33 (06:45min/km)	1:18:48.28	+0:27:50.45
198 - M /155	M50/20	MURYN, Bartłomiej			1:18:16.82 (06:44min/km)	1:18:50.08	+0:27:52.25
199 - K /37	K50/1	BODŻĘTA, Dorota	Psychoterapia	Krzyszowice	1:18:28.42 (06:45min/km)	1:18:50.69	+0:27:52.86
200 - K /38	K30/18	KULAK-OKÓLSKA, Nina	KAY-MAX	Kraków	1:18:50.97 (06:47min/km)	1:18:50.97	+0:27:53.14
201 - M /156	M30/48	SCHABOWSKI, Tomasz		Kraków	1:18:27.56 (06:45min/km)	1:18:51.59	+0:27:53.76
202 - M /157	M30/49	KWINTA, Maciej		Kraków	1:19:03.84 (06:48min/km)	1:19:19.47	+0:28:21.64
203 - M /158	M50/21	LIGĘZA, Witold			1:19:25.40 (06:50min/km)	1:19:25.40	+0:28:27.57
204 - M /159	M40/70	PAPROCKI, Marcin	AZS AWF KRAKÓW MASTERS	Kraków	1:19:33.95 (06:51min/km)	1:19:43.85	+0:28:46.02
205 - M /160	M40/71	PŁONKA, Sebastian			1:19:26.91 (06:50min/km)	1:19:45.70	+0:28:47.87
206 - M /161	M50/22	WACHNICKI, Jan		Opole	1:19:30.27 (06:51min/km)	1:19:46.05	+0:28:48.22
207 - K /39	K20/10	ANTOSIK, Natalia	G.O.A.T. Team Michałowice	Sułkowice	1:19:56.42 (06:53min/km)	1:20:01.47	+0:29:03.64
208 - K /40	K50/2	LIGĘZA, Joanna			1:19:55.60 (06:53min/km)	1:20:06.16	+0:29:08.33
209 - K /41	K20/11	SKORUPA, Maja	LKS Górzanka Nawojowa Góra		1:19:48.42 (06:52min/km)	1:20:06.90	+0:29:09.07
	M60	OLIWA, Edward	ITMBW Kraków	Kraków	1:20:15.00 [GPS]	1:20:15.00 [GPS]	
211 - M /162	M30/50	KOWALCZYK, Damian	Socios Wiśła	Kraków	1:20:00.45 (06:53min/km)	1:20:20.43	+0:29:22.60
212 - K /42	K40/11	KOWALUNAS-BEM, Olga	LPP Team	Kraków	1:20:12.34 (06:54min/km)	1:20:27.20	+0:29:29.37
213 - K /43	K40/12	WILK-ZALEŚNA , Aneta		Chobot	1:20:10.47 (06:54min/km)	1:20:32.64	+0:29:34.81
214 - K /44	K40/13	JAROŃ , Magdalena		Kraków	1:20:33.43 (06:56min/km)	1:20:33.43	+0:29:35.60
215 - M /163	M40/72	SWOLKIEŃ, Michał	WM Triself	Tomaszowice	1:20:40.00 (06:57min/km)	1:20:40.00	+0:29:42.17
216 - M /164	M50/23	LISOWSKI, Paweł	Klub Biegacza RTV EURO AGD	Wieliczka	1:20:24.59 (06:55min/km)	1:20:40.29	+0:29:42.46

217 - M /165	M50/24	DANIELAK, Roman		Zielonki	1:20:26.22 (06:56min/km)	1:20:48.11	+0:29:50.28
218 - K /45	K40/14	WOŹNIAK, Gabriela		Szczecin	1:20:27.00 (06:56min/km)	1:20:49.92	+0:29:52.09
219 - M /166	M40/73	BUDZIŃSKI, Maciej		Kraków	1:20:57.81 (06:58min/km)	1:20:57.81	+0:29:59.98
220 - M /167	M40/74	GOLL, Michał		Kraków	1:20:39.09 (06:57min/km)	1:20:58.13	+0:30:00.30
221 - K /46	K30/19	KRAWCZYK KOSEK, Ania	Samolotowy Team	Kraków	1:20:38.78 (06:57min/km)	1:21:00.75	+0:30:02.92
222 - M /168	M30/51	MĘDŁOWSKI, Patryk		Kraków	1:20:51.34 (06:58min/km)	1:21:00.78	+0:30:02.95
223 - K /47	K40/15	RYBA, Maria			1:20:48.71 (06:58min/km)	1:21:13.51	+0:30:15.68
224 - M /169	M50/25	KOSTOGRYS, Piotr		Kraków	1:21:26.01 (07:01min/km)	1:21:26.01	+0:30:28.18
225 - K /48	K20/12	KRÓLIKOWSKA, Agnieszka	GGs TEAM		1:21:05.86 (06:59min/km)	1:21:33.20	+0:30:35.37
226 - K /49	K30/20	DWORNIK, Małgorzata	Warczące Szprychy	Kraków	1:21:37.81 (07:02min/km)	1:21:56.13	+0:30:58.30
227 - M /170	M30/52	BANAŚ, Mateusz	ITMBW Kraków	Katowice	1:21:56.53 (07:03min/km)	1:21:56.53	+0:30:58.70
228 - M /171	M40/75	POMYKALA, Michal	Doleć Radom	Krakow	1:22:02.06 (07:04min/km)	1:22:02.06	+0:31:04.23
229 - M /172	M30/53	RAJCHEL, Marek	FM	Śledziejowice	1:21:41.96 (07:02min/km)	1:22:04.98	+0:31:07.15
230 - K /50	K40/16	KORZENIOWSKA, Korzeniowska	Niepołomice Biegają	KRAKÓW	1:21:58.11 (07:03min/km)	1:22:11.25	+0:31:13.42
231 - K /51	K40/17	MACHEJ, Marzena		Kraków	1:21:54.35 (07:03min/km)	1:22:14.71	+0:31:16.88
232 - K /52	K40/18	TARNAWSKA, Anna	UKS Lider Siercza	Wieliczka	1:21:58.22 (07:03min/km)	1:22:20.32	+0:31:22.49
233 - M /173	M30/54	FALKIEWICZ, Arkadiusz	Night Runners	Kraków	1:22:12.56 (07:05min/km)	1:22:25.39	+0:31:27.56
234 - K /53	K40/19	PERŁOWSKA-GOZDEK, Anna		Kraków	1:22:10.02 (07:05min/km)	1:22:28.21	+0:31:30.38
235 - K /54	K30/21	BUDZYN, Dominika		krakow	1:22:08.35 (07:04min/km)	1:22:28.97	+0:31:31.14
236 - K /55	K30/22	KUCHARSKA, Monika	TriJet Team	Kraków	1:22:14.92 (07:05min/km)	1:22:32.94	+0:31:35.11
237 - M /174	M50/26	WIJAS, Mariusz		Kraków	1:22:13.69 (07:05min/km)	1:22:34.11	+0:31:36.28
238 - K /56	K20/13	SUMIEC-SZYFNER, Katarzyna	Zabiegani Mielec	Kraków	1:22:21.96 (07:06min/km)	1:22:37.16	+0:31:39.33
239 - K /57	K30/23	BURCZYK, Agnieszka	Warczące Szprychy	Krakow	1:22:20.88 (07:05min/km)	1:22:38.00	+0:31:40.17

240 - M /175	M50/27	OKSIUTYCZ, Marek		Kraków	1:22:23.66 (07:06min/km)	1:22:42.96	+0:31:45.13
241 - M /176	M40/76	LIGĘZA, Jarosław	Unlimited 2.0	Kraków	1:22:52.09 (07:08min/km)	1:22:52.09	+0:31:54.26
242 - M /177	M40/77	KUDŁA, Grzegorz	OCR TEAM BYDLAKI	Wieliczka	1:22:46.13 (07:08min/km)	1:23:00.90	+0:32:03.07
243 - M /178	M20/18	RĄPAŁA, Jakub		Kraków	1:22:59.97 (07:09min/km)	1:23:14.34	+0:32:16.51
244 - M /179	M30/55	LEŚNIAK, Jacek	Akademia Sportu i Rozrywki ASIR	Kraków	1:23:13.55 (07:10min/km)	1:23:29.73	+0:32:31.90
245 - K /58	K30/24	MACIEJCZYK, Joanna	ITMBW Kraków	Kraków	1:23:30.82 (07:11min/km)	1:23:43.13	+0:32:45.30
246 - M /180	M30/56	PARTYKA, Gabriel		Kraków	1:23:39.30 (07:12min/km)	1:24:02.99	+0:33:05.16
247 - M /181	M50/28	LASKOWSKI, Dariusz	Niepołomice Biegają	Kraków	1:24:08.57 (07:15min/km)	1:24:24.97	+0:33:27.14
248 - M /182	M40/78	KUMOREK, Zbyszek	Niepołomice Biegają	Kraków	1:24:20.74 (07:16min/km)	1:24:37.07	+0:33:39.24
249 - M /183	M40/79	WOJDYŁA, Krzysztof		Kraków	1:24:36.24 (07:17min/km)	1:24:57.56	+0:33:59.73
250 - M /184	M40/80	RYBA, Bartłomiej			1:25:15.25 (07:20min/km)	1:25:15.25	+0:34:17.42
251 - K /59	K30/25	ZBARASHCHUK, levgeniya	ACCENTURE	Kraków	1:25:28.53 (07:22min/km)	1:25:40.61	+0:34:42.78
252 - K /60	K30/26	MAJCHER, Monika			1:25:21.47 (07:21min/km)	1:25:47.55	+0:34:49.72
253 - M /185	M40/81	OBRAŁ, Łukasz	prawo-porady.pl	Kraków	1:25:42.96 (07:23min/km)	1:26:02.81	+0:35:04.98
	K40	REJEWSKA, Eliza	WM Triself	Kraków	1:26:36.00 [GPS]	1:26:36.00 [GPS]	
255 - M /186	M40/82	MROZEK, Przemysław Mrozek	Warczące Szprychy	Cieszyn	1:26:18.62 (07:26min/km)	1:26:36.97	+0:35:39.14
256 - M /187	M30/57	ŁACINA, Kamil	CHCIAŁEM SE POBIEGAĆ	Kraków	1:26:36.66 (07:27min/km)	1:26:59.43	+0:36:01.60
257 - K /61	K30/27	VOINALOVYCH , Yuliiia	Bronowice też Biegają	Kraków	1:27:02.82 (07:30min/km)	1:27:14.38	+0:36:16.55
258 - M /188	M30/58	MAZURKIEWICZ, Wojciech	WM Triself	Kraków	1:27:40.88 (07:33min/km)	1:28:05.92	+0:37:08.09

259 - K /62	K40/20	MÓL , Monika	Bronowice też Biegają	Kraków	1:27:59.32 (07:35min/km)	1:28:10.07	+0:37:12.24
260 - K /63	K30/28	KUKLEWICZ, Barbara	WM Triself	Kraków	1:29:42.76 (07:44min/km)	1:30:09.34	+0:39:11.51
261 - M /189	M70/1	NAZIM, Tadeusz	KKM Kaloryfer	Skawina	1:33:32.09 (08:03min/km)	1:33:49.11	+0:42:51.28
262 - M /190	M40/83	DEWERA, Łukasz		Karniowice	1:33:20.90 (08:02min/km)	1:33:52.44	+0:42:54.61
263 - M /191	M30/59	STUKAN, Szymon	UKS Kometa Gliwice	Gliwice	1:33:58.31 (08:06min/km)	1:33:58.31	+0:43:00.48
264 - M /192	M60/3	GRACZYK, Roman	Krzysiek Pomaga Pomagać	Liszki	1:34:56.49 (08:11min/km)	1:35:21.96	+0:44:24.13
	M30	KOMISARCZUK, Arkadiusz		Kraków	1:35:24.00 [GPS]	1:35:24.00 [GPS]	
266 - K /64	K30/29	BOROWIAK, Kasia	FitPark Team	Kraków	1:35:42.37 (08:15min/km)	1:35:47.06	+0:44:49.23
267 - K /65	K30/30	MAĆKOWIAK, Maria		Kraków	1:35:30.11 (08:13min/km)	1:35:51.27	+0:44:53.44
268 - M /193	M40/84	ROSKE, Fabian			1:37:21.25 (08:23min/km)	1:37:44.05	+0:46:46.22
269 - K /66	K50/3	ATROSZCZYK, Aleksandra	Psychoterapia	Krzyszowice	1:37:49.22 (08:25min/km)	1:38:12.73	+0:47:14.90
270 - M /194	M30/60	WOLIŃSKI, Marek	Poranny Patrol	Kraków	1:33:41.71 (08:04min/km)	1:38:55.71	+0:47:57.88
271 - M /195	M50/29	RICOUR, Patrice	Les Coqs Runners	Kraków	1:40:15.69 (08:38min/km)	1:40:33.60	+0:49:35.77
	K40	JUSZCZYK, Małgorzata	Niepołomice Biegają		1:43:10.00 [GPS]	1:43:10.00 [GPS]	
273 - K /67	K30/31	PELZ, Zuzanna		Kraków	1:43:04.63 (08:53min/km)	1:43:16.08	+0:52:18.25
274 - K /68	K40/21	DZIURZYŃSKA, Ulka	Vege Runners	Kraków	1:43:19.13 (08:54min/km)	1:43:38.86	+0:52:41.03
275 - M /196	M50/30	SOWA, Grzegorz	#KubaPiechTeam	Kraków	1:43:14.36 (08:54min/km)	1:43:41.66	+0:52:43.83
276 - K /69	K30/32	GRYMEK, Dagmara	BeFit24Team	Krakow	1:44:01.53 (08:58min/km)	1:44:17.71	+0:53:19.88
277 - M /197	M30/61	DEPOWSKI, Patryk	A game	KRAKÓW	1:44:01.01 (08:58min/km)	1:44:27.11	+0:53:29.28
278 - K /70	K40/22	TRYJEFACZKA, Paulina	FitVit	Niepolomice	1:46:02.96 (09:08min/km)	1:46:23.24	+0:55:25.41
279 - K /71	K70/1	PRYMAKOWSKA, Barbara	UKS Wrocław Żórawina	Tarnów	1:48:11.47 (09:19min/km)	1:48:12.06	+0:57:14.23
280 - M /198	M40/85	JANUSZ, Tomasz	Bronowice też Biegają	Kraków	1:55:23.80 (09:56min/km)	1:55:23.80	+1:04:25.97

K40

SOJKA, Małgorzata

Niepołomice Biegają

1:58:27.00 [GPS]

1:58:27.00  
[GPS]



# Grand Prix Krakowa w Biegach Górskich 2023/2024 - E3 - Bieg Noworoczny

Kraków, 2024-01-07 - Wyniki

## 23km

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M30/1	SKUPIEŃ, Tomasz	WM Triself		1:44:17.81 (04:32min/km)	1:44:18.16	+0:00:00.00
2 - M/2	M30/2	ŁUŻNY, Bartłomiej	Truda Boys 91	Kraków	1:47:07.94 (04:39min/km)	1:47:08.54	+0:02:50.38
3 - M/3	M30/3	HARRIS, Douglas	Truda Boys 91	Sidzina	1:50:02.05 (04:47min/km)	1:50:02.05	+0:05:43.89
4 - M/4	M30/4	CZARNOTA, Tomasz	#AdamCzerwinskiTeam	Kraków	1:50:35.38 (04:48min/km)	1:50:36.22	+0:06:18.06
5 - M/5	M30/5	MICHALSKI, Janusz	TriWise	Kraków	1:56:16.27 (05:03min/km)	1:56:17.33	+0:11:59.17
	M20	BODURKA, Krzysztof	Centrum Zdrowia Biegacza Kraków		1:57:43.00 [GPS]	1:57:43.00 [GPS]	
7 - M/6	M30/6	BULANDA, Damian	BRYGADA BESKIDÓW	Nowy sącz	1:59:05.08 (05:10min/km)	1:59:07.02	+0:14:48.86
8 - M/7	M40/1	MICHNO, Tomasz	Lacho Team	Kraków	2:01:22.35 (05:16min/km)	2:01:26.49	+0:17:08.33
9 - M/8	M50/1	MAJCHER, Piotr	BW Biegacze Wymiatacze	Kraków	2:02:00.15 (05:18min/km)	2:02:01.27	+0:17:43.11
10 - M/9	M30/7	SENKOWSKI, Jakub	Truda Boys 91	Kraków	2:02:16.19 (05:18min/km)	2:02:19.08	+0:18:00.92
11 - M/10	M40/2	DARCHUK, Oleksandr	Trifamily.pl		2:03:32.39 (05:22min/km)	2:03:34.88	+0:19:16.72
12 - M/11	M30/8	DUDA, Konrad		Kraków	2:04:18.67 (05:24min/km)	2:04:21.35	+0:20:03.19
13 - M/12	M40/3	MORAWA, Mateusz	Lacho Team	Kraków	2:04:27.74 (05:24min/km)	2:04:31.48	+0:20:13.32
14 - M/13	M40/4	MUCHA, Piotr		Kraków	2:04:55.29 (05:25min/km)	2:04:58.62	+0:20:40.46
15 - M/14	M30/9	KĘPIŃSKI, Maciej	Skawina Biega	Skawina	2:05:00.21 (05:26min/km)	2:05:02.81	+0:20:44.65
16 - K/1	K20/1	TKACZYK, Aleksandra	Samolotowy Team	Kraków	2:05:38.01 (05:27min/km)	2:05:40.49	+0:21:22.33
17 - M/15	M40/5	GURGUL, Sebastian	Aromat Nóg	Krakow	2:07:04.42 (05:31min/km)	2:07:07.52	+0:22:49.36
18 - K/2	K30/1	BOCHENEK, Magdalena	G.O.A.T. Team Michałowice	Michałowice	2:08:02.76 (05:34min/km)	2:08:04.75	+0:23:46.59
19 - M/16	M30/10	BOROWSKI, Łukasz	Dalin Myślenice	PCIM	2:09:12.16 (05:37min/km)	2:09:16.45	+0:24:58.29
20 - K/3	K40/1	GÓRALIK, Sylwia	AZS AWF KRAKÓW MASTERS	Myślenice	2:09:29.05 (05:37min/km)	2:09:30.25	+0:25:12.09
21 - M/17	M50/2	LENCZOWSKI, Jakub	PO-MOCNI	Kraków	2:10:13.74 (05:39min/km)	2:10:18.38	+0:26:00.22
22 - M/18	M30/11	KUCHARSKI, Kamil	TriJet Team	Kraków	2:10:50.07 (05:41min/km)	2:10:55.25	+0:26:37.09
23 - M/19	M40/6	BAR, Bartosz	#AdamCzerwinskiTeam	Chorągwica	2:11:02.02 (05:41min/km)	2:11:05.67	+0:26:47.51
24 - M/20	M30/12	PIWOWARCZYK, Dominik	Ericsson RunTime	Kraków	1:55:49.37 (05:02min/km)	2:11:59.65	+0:27:41.49

25 - M /21	M40/7	KAZIMIERCZAK, Andrzej		Kraków	2:12:11.42 (05:44min/km)	2:12:17.23	+0:27:59.07
26 - M /22	M30/13	RZASA, Piotr	Go Aktiv!	Krakow	2:12:53.44 (05:46min/km)	2:12:53.44	+0:28:35.28
27 - M /23	M40/8	KOBIAŁKA, Łukasz	My Endurance Team	Strumiany	2:13:33.24 (05:48min/km)	2:13:36.26	+0:29:18.10
28 - M /24	M30/14	JAGODZIŃSKI, Karol	OSPRO OCR	Nowa Wola	2:13:53.98 (05:49min/km)	2:13:53.98	+0:29:35.82
29 - M /25	M40/9	POLAK, Łukasz	Samolotowy Team	Kraków	2:13:54.99 (05:49min/km)	2:14:04.07	+0:29:45.91
30 - M /26	M50/3	RADZIK, Jerzy	Niepołomice Biegaja	Niepołomice	2:14:30.77 (05:50min/km)	2:14:35.51	+0:30:17.35
31 - M /27	M40/10	OBERWAN, Marek	panfotograf.eu	Kraków	2:15:03.55 (05:52min/km)	2:15:08.49	+0:30:50.33
32 - M /28	M40/11	NOWACKI, Paweł		Kraków	2:15:08.13 (05:52min/km)	2:15:09.89	+0:30:51.73
33 - M /29	M30/15	MALISSARD, Jean		Krakow	2:16:13.86 (05:55min/km)	2:16:19.70	+0:32:01.54
34 - M /30	M30/16	GAMROT, Filip	Samolotowy Team	Kraków	2:16:20.41 (05:55min/km)	2:16:22.11	+0:32:03.95
35 - M /31	M20/1	KRUK, Tymoteusz	GGs TEAM		2:16:40.70 (05:56min/km)	2:16:46.77	+0:32:28.61
36 - M /32	M40/12	PÓŁCHŁOPEK, Przemysław		Kraków	2:17:09.17 (05:57min/km)	2:17:13.39	+0:32:55.23
37 - M /33	M30/17	JUSZCZYK, Łukasz	Niepołomice Biegaja	Mała Wleś	2:17:12.82 (05:57min/km)	2:17:17.96	+0:32:59.80
38 - K /4	K30/2	TATAREK-KONIK, Agnieszka		Czeladź	2:17:23.88 (05:58min/km)	2:17:26.96	+0:33:08.80
39 - M /34	M30/18	STACHOŃ, Radosław	Run 4 Fun	Bochnia	2:17:36.89 (05:59min/km)	2:17:39.07	+0:33:20.91
40 - M /35	M30/19	BORKOWSKI, Paweł		Wola Batorska	2:18:14.97 (06:00min/km)	2:18:27.22	+0:34:09.06
41 - M /36	M40/13	BIES, Grzegorz		Kraków	2:18:58.01 (06:02min/km)	2:18:59.68	+0:34:41.52
42 - M /37	M40/14	OLEJKO, Michał	Eveo	Kraków	2:19:00.97 (06:02min/km)	2:19:08.52	+0:34:50.36
43 - M /38	M30/20	WNEK, Marek		Kraków	2:19:55.17 (06:05min/km)	2:19:59.86	+0:35:41.70
44 - M /39	M40/15	DOBRZAŃSKI, Tomasz	ITMBW Kraków	Kraków	2:20:12.84 (06:05min/km)	2:20:14.30	+0:35:56.14
	M40	DZIEDZIC, Krzysztof	runningperformance.com.pl	Kraków	2:20:42.00 [GPS]	2:20:42.00 [GPS]	
46 - M /40	M20/2	BAJDA, Artur		Kraków	2:20:48.03 (06:07min/km)	2:20:48.03	+0:36:29.87
47 - M /41	M40/16	MACH, Krzysztof	Zabierzów Biega	Zabierzów	2:21:13.89 (06:08min/km)	2:21:15.85	+0:36:57.69
	M20	RYCZEK, Sebastian		Rudawa	2:21:59.00 [GPS]	2:21:59.00 [GPS]	
49 - M /42	M40/17	ŁĘTEK, Tomasz	Biegającą Krowa	Kraków	2:22:26.70 (06:11min/km)	2:22:37.84	+0:38:19.68
50 - M /43	M30/21	LELITO, Piotr		Modlniczka	2:22:50.47 (06:12min/km)	2:22:57.51	+0:38:39.35
51 - K /5	K40/2	KURANT, Elena	BW Biegacze Wymiatacze	Kraków	2:23:05.80 (06:13min/km)	2:23:08.42	+0:38:50.26
52 - M /44	M40/18	GRABSKI, Konrad	Niepołomice Biegaja	Niepołomice	2:23:29.75 (06:14min/km)	2:23:36.26	+0:39:18.10
53 - M /45	M40/19	MOŻEJKO, Artur	Niepołomice Biegaja	Niepołomice	2:24:14.26 (06:16min/km)	2:24:19.57	+0:40:01.41
54 - M /46	M40/20	DAVÌ, Paolo			2:24:58.37 (06:18min/km)	2:25:06.83	+0:40:48.67
55 - M /47	M50/4	SOSNOWSKI, Roman	Lacho Team	Kraków	2:25:09.14 (06:18min/km)	2:25:14.60	+0:40:56.44

56 - M /48	M30/22	WALCZAK, Waldemar		Zielonki	2:26:05.57 (06:21min/km)	2:26:13.86	+0:41:55.70
57 - M /49	M50/5	NOWAK, Marek		KARNIOWICE	2:27:45.53 (06:25min/km)	2:27:49.53	+0:43:31.37
58 - M /50	M40/21	HILLER , Artur		Wieliczka	2:29:05.66 (06:28min/km)	2:29:05.66	+0:44:47.50
59 - M /51	M30/23	GURGUL, Mateusz	Aromat Nóg	Kraków	2:29:20.08 (06:29min/km)	2:29:23.54	+0:45:05.38
60 - M /52	M40/22	FEDORCZAK, Jacek	ACCENTURE	Kraków	2:29:43.34 (06:30min/km)	2:29:45.33	+0:45:27.17
61 - K /6	K30/3	RYŻYŃSKA, Paulina		Wieliczka	2:31:20.93 (06:34min/km)	2:31:25.96	+0:47:07.80
62 - M /53	M40/23	WOJTALA, Bartłomiej	Uwaga na Dziada!	Kraków	2:31:25.34 (06:35min/km)	2:31:34.08	+0:47:15.92
63 - M /54	M30/24	GRUSZCZYŃSKI, Stanisław		Gliwice	2:31:35.48 (06:35min/km)	2:31:35.48	+0:47:17.32
64 - M /55	M40/24	HOPEK, Tomasz	AZS AWF KRAKÓW MASTERS	Kraków	2:32:11.17 (06:37min/km)	2:32:20.62	+0:48:02.46
65 - M /56	M40/25	DĄBROWSKI, Mirosław	AZS AWF KRAKÓW MASTERS	Kraków	2:32:20.09 (06:37min/km)	2:32:29.10	+0:48:10.94
66 - M /57	M40/26	BIAŁKA, Rafał	G.O.A.T. Team Michałowice	Małomiąca	2:32:43.97 (06:38min/km)	2:32:46.38	+0:48:28.22
67 - M /58	M40/27	BORKOWSKI, Piotr	Borkomet	Chorzów	2:32:41.02 (06:38min/km)	2:32:49.81	+0:48:31.65
68 - M /59	M50/6	MOSZKOWICZ, Paweł			2:33:47.91 (06:41min/km)	2:34:06.67	+0:49:48.51
69 - K /7	K40/3	SZNAJDER, Joanna	G.O.A.T. Team Michałowice	Michałowice	2:34:12.37 (06:42min/km)	2:34:16.00	+0:49:57.84
70 - M /60	M40/28	JARMUŻEK, Marcin		Kraków	2:34:22.13 (06:42min/km)	2:34:32.14	+0:50:13.98
71 - M /61	M40/29	KLEIN, Michał	MisiaqBiega	Kraków	2:34:33.51 (06:43min/km)	2:34:33.51	+0:50:15.35
72 - M /62	M30/25	MLEKO, Michał	ITMBW Kraków	Kraków	2:34:40.54 (06:43min/km)	2:34:46.48	+0:50:28.32
73 - K /8	K30/4	JEDLIŃSKA, Małgorzata	Heineken Kraków Running Club	Kraków	2:35:05.74 (06:44min/km)	2:35:05.74	+0:50:47.58
74 - K /9	K50/1	SZLIFIŃSKA-NOWAK, Anna		Karniowice	2:35:10.34 (06:44min/km)	2:35:15.20	+0:50:57.04
75 - M /63	M50/7	GINALSKI, Paweł	Sidor Team	Dąbrowa Górnicza	2:35:46.31 (06:46min/km)	2:35:58.10	+0:51:39.94
76 - M /64	M30/26	MARECIK, Dawid			2:35:48.43 (06:46min/km)	2:36:01.70	+0:51:43.54
77 - K /10	K30/5	PAWEŁEK , Paulina		Kraków	2:35:54.78 (06:46min/km)	2:36:05.46	+0:51:47.30
78 - M /65	M40/30	TENCZYŃSKI, Andrzej		Kraków	2:37:23.96 (06:50min/km)	2:37:32.06	+0:53:13.90
79 - K /11	K40/4	MARECKA, Zofia	RUNPROGRESS Team	Kraków	2:37:35.12 (06:51min/km)	2:37:46.94	+0:53:28.78
80 - M /66	M40/31	KLOCH, Dawid	Mediaflex	Węgrzce Wielkie	2:37:48.00 (06:51min/km)	2:37:48.00	+0:53:29.84
81 - M /67	M40/32	WYSOCKI, Rafał	KKM Kaloryfer	Kraków	2:38:04.33 (06:52min/km)	2:38:13.21	+0:53:55.05
82 - M /68	M40/33	SZNAJDER, Rafal	G.O.A.T. Team Michałowice	Michałowice	2:38:06.61 (06:52min/km)	2:38:18.08	+0:53:59.92
83 - M /69	M20/3	OLSZEWSKI, Mateusz	Go Aptiv!	Kraków	2:38:24.50 (06:53min/km)	2:38:30.36	+0:54:12.20
84 - M /70	M40/34	POPEŁAWSKI, Przemysław	Seboradin Team	Kraków	2:38:43.33 (06:54min/km)	2:38:43.33	+0:54:25.17
85 - M /71	M40/35	PASELA, Jerzy		Kraków	2:39:35.40 (06:56min/km)	2:39:46.50	+0:55:28.34
86 - M /72	M40/36	MAŚSIOR, Wojciech		Zawada	2:39:38.11 (06:56min/km)	2:39:50.75	+0:55:32.59
87 - M /73	M50/8	WALCZYK, Roman	Water Knights	Kraków	2:40:27.97 (06:58min/km)	2:40:32.03	+0:56:13.87

88 - M /74	M40/37	LESIAK, Filip				2:40:39.30 (06:59min/km)	2:40:46.75	+0:56:28.59
89 - K /12	K40/5	MUSIAŁ, Anna	Niepołomice Biegaja	Kraków		2:40:52.13 (06:59min/km)	2:40:59.46	+0:56:41.30
90 - M /75	M30/27	BEŁZAK, Filip	TriJet Team	Kraków		2:41:01.79 (07:00min/km)	2:41:13.14	+0:56:54.98
91 - M /76	M40/38	PILCH, Wojciech	Czerwiński Team			2:41:21.33 (07:00min/km)	2:41:33.80	+0:57:15.64
92 - M /77	M50/9	LALEWICZ, Artur	G.O.A.T. Team Michałowice	Masłomiąca		2:42:09.70 (07:03min/km)	2:42:12.64	+0:57:54.48
93 - K /13	K30/6	MAGRYAN, Jadwiga				2:42:32.14 (07:04min/km)	2:42:32.14	+0:58:13.98
94 - M /78	M40/39	KOSMALA, Przemek	MarcinSwiercTeam	Krakow		2:44:11.04 (07:08min/km)	2:44:20.27	+1:00:02.11
95 - K /14	K40/6	GOTKIEWICZ-CICHOŃ, Edyta		Kraków		2:45:05.47 (07:10min/km)	2:45:12.83	+1:00:54.67
96 - M /79	M30/28	TIČINOVIĆ, Daniel	Błękitna XVII	Kraków		2:46:18.67 (07:13min/km)	2:46:21.19	+1:02:03.03
97 - M /80	M30/29	CIEMIĘGA, Tomasz		Czeladź		2:46:26.32 (07:14min/km)	2:46:36.28	+1:02:18.12
98 - M /81	M30/30	WARSZAWIAK, Paweł		Wieliczka		2:46:26.72 (07:14min/km)	2:46:41.86	+1:02:23.70
99 - M /82	M40/40	MADEJ, Grzegorz		Kraków		2:51:14.98 (07:26min/km)	2:51:14.98	+1:06:56.82
100 - M /83	M40/41	STOLARZ, Grzegorz	Niepołomice Biegaja	Zabawa		2:51:13.94 (07:26min/km)	2:51:21.18	+1:07:03.02
101 - M /84	M50/10	DURAS, Andrzej		Świątniki Górne		2:52:03.38 (07:28min/km)	2:52:10.45	+1:07:52.29
102 - K /15	K40/7	MADEJ, Anna	PTG SOKÓŁ ŚWIAT PRACY Tarnów	Tarnów		2:52:57.30 (07:31min/km)	2:53:05.11	+1:08:46.95
103 - K /16	K40/8	PAGACZ, Joanna		Kraków		2:53:17.49 (07:32min/km)	2:53:25.37	+1:09:07.21
104 - M /85	M40/42	PENA, Aleksander		Wrząsowice		2:55:25.75 (07:37min/km)	2:55:36.38	+1:11:18.22
105 - K /17	K40/9	SZEWCZYK, Monika	KKM Kaloryfer	Kraków		2:56:09.07 (07:39min/km)	2:56:17.33	+1:11:59.17
106 - K /18	K50/2	SZURA, Anetta		Rzeszów		2:59:00.23 (07:46min/km)	2:59:07.11	+1:14:48.95
107 - K /19	K30/7	SZOZDA , Katarzyna	Sprintex Team	Kraków		2:59:13.39 (07:47min/km)	2:59:13.39	+1:14:55.23
108 - M /86	M40/43	DOMORADZKI, Łukasz				2:59:38.35 (07:48min/km)	2:59:51.49	+1:15:33.33
109 - M /87	M40/44	DZIUBA, Marcin		Kraków		2:57:43.97 (07:43min/km)	3:01:43.66	+1:17:25.50
110 - M /88	M40/45	SZCZEPANIK , Grzegorz	FreeMan	Kraków		3:01:34.88 (07:53min/km)	3:01:49.17	+1:17:31.01
111 - K /20	K30/8	PIECZARKOWSKA-MRÓZ, Zuzanna	KKM Kaloryfer	Kraków		3:02:43.79 (07:56min/km)	3:02:53.90	+1:18:35.74
112 - M /89	M30/31	KRUCZEK, Paweł	CWCR OZ w Krakowie	Kraków		3:03:04.99 (07:57min/km)	3:03:18.59	+1:19:00.43
113 - M /90	M50/11	TYLIBA, Ireneusz	Jura TEAM	Przeginia		3:04:04.91 (08:00min/km)	3:04:18.00	+1:19:59.84
114 - M /91	M40/46	KUREK, Jan	JURA TEAM	Krzyszowice		3:06:45.85 (08:07min/km)	3:06:59.80	+1:22:41.64
115 - M /92	M40/47	CHOMENTOWSKI, Przemysław	Na Bombe	Kraków		3:09:23.06 (08:14min/km)	3:09:33.33	+1:25:15.17
116 - K /21	K40/10	HOŁDA, Justyna				3:09:35.92 (08:14min/km)	3:09:52.81	+1:25:34.65
117 - K /22	K30/9	BRYŚ , Jadwiga		Kraków		3:10:45.81 (08:17min/km)	3:10:56.44	+1:26:38.28
118 - K /23	K50/3	ZARĘBA, Jolanta		Rzeszów		3:11:24.87 (08:19min/km)	3:11:34.99	+1:27:16.83
119 - M /93	M30/32	CHWASTOWSKI, Filip		Kraków		3:12:21.54 (08:21min/km)	3:13:47.61	+1:29:29.45

120 - M /94	M40/48	GAWLIK, Andrzej		Kraków	3:23:37.68 (08:51min/km)	3:23:47.25	+1:39:29.09
121 - K /24	K50/4	KŁOPOTOWSKA SOSNA, Kaśka	Unlimited Sport 2.0	Kraków	3:28:01.11 (09:02min/km)	3:28:09.05	+1:43:50.89
122 - M /95	M40/49	JANICKI, Patryk	Poranny Patrol	Kraków	3:38:02.29 (09:28min/km)	3:38:39.90	+1:54:21.74
123 - K /25	K20/2	DWORAK, Ewa			3:48:36.67 (09:56min/km)	3:48:51.99	+2:04:33.83
124 - M /96	M50/12	KASPEREK, Tomasz		Kraków	4:32:29.81 (11:50min/km)	4:32:29.81	+2:48:11.65
	M40	SUSZ, Artur		Kraków	DNF	DNF	
	M30	NOWAK, Krzysztof	#AdamCzerwinskiTeam	Kraków	DNF	DNF	



# Grand Prix Krakowa w Biegach Górskich 2023/2024 - E3 - Bieg Noworoczny

Kraków, 2024-01-07 - Wyniki

## Ultra

#	Kat./Cat.	Nazwisko, imię	Klub	Miasto	Netto	Czas	Strata
1 - M/1	M40/1	GRZĄDZIEL, Dominik	ATTIQ TEAM	Dzieskanowice	2:52:18.79 (04:55min/km)	2:52:20.15	+0:00:00.00
2 - M/2	M40/2	WÓJCIK, Paweł	Klub Biegacza AZS UEK	Krakow	3:11:42.34 (05:28min/km)	3:11:44.12	+0:19:23.97
3 - M/3	M30/1	KUDŁAK, Paweł	Centrum Zdrowia Biegacza Kraków	Kraków	3:14:16.80 (05:33min/km)	3:14:21.30	+0:22:01.15
4 - M/4	M40/3	SZCZUREK, Dominik	Samolotowy Team	Myślenice	3:15:00.89 (05:34min/km)	3:15:02.65	+0:22:42.50
5 - M/5	M50/1	ŚCIESZKA, Wojciech	13 elt Kraków-Balice	Kraków	3:22:28.63 (05:47min/km)	3:22:31.84	+0:30:11.69
6 - M/6	M30/2	AGIEJCZYK, Wojciech		Kraków	3:26:30.65 (05:54min/km)	3:26:35.82	+0:34:15.67
7 - M/7	M40/4	SWAŁDEK, Konrad	G.O.A.T. Team Michałowice	Kraków	3:27:08.18 (05:55min/km)	3:27:14.90	+0:34:54.75
8 - M/8	M40/5	ZDĄBŁARZ, Marcin		Pogorzycze	3:31:41.60 (06:02min/km)	3:31:47.12	+0:39:26.97
9 - M/9	M50/2	KIJANKA, Artur		Zielonki	3:34:02.79 (06:06min/km)	3:34:06.89	+0:41:46.74
10 - M/10	M20/1	SUCHORA, Kacper	ITMBW Kraków	Kraśnik	3:38:46.07 (06:15min/km)	3:38:49.02	+0:46:28.87
11 - M/11	M40/6	SMOLEŃ, Piotr		Kraków	3:47:38.86 (06:30min/km)	3:47:53.04	+0:55:32.89
12 - M/12	M60/1	BUCZEK, Jerzy	Unlimited Sport 2.0	Kraków	3:49:53.97 (06:34min/km)	3:49:53.97	+0:57:33.82
13 - M/13	M30/3	KUREK, Michał		Kraków	3:52:28.05 (06:38min/km)	3:52:28.05	+1:00:07.90
14 - M/14	M30/4	WIERCINIŃSKI, Mateusz		DĄBROWA GÓRNICZA	3:53:59.37 (06:41min/km)	3:54:07.25	+1:01:47.10
15 - M/15	M30/5	GÖTZ, Jakub		Czajowice	3:57:01.75 (06:46min/km)	3:57:08.07	+1:04:47.92
16 - K/1	K30/1	SIUDA, Magdalena		Libiąż	4:02:06.41 (06:55min/km)	4:02:08.34	+1:09:48.19
17 - M/16	M40/7	KRYSTYAN, Tomasz		kraków	4:03:10.48 (06:56min/km)	4:03:15.78	+1:10:55.63
18 - M/17	M30/6	KĘDZIAK, Adrian	Rozbiegani	Dąbrowa Górnicza	4:03:45.71 (06:57min/km)	4:03:53.76	+1:11:33.61
19 - M/18	M50/3	NOWAK, Robert	Poranny Patrol	Rząska	4:05:12.62 (07:00min/km)	4:05:18.79	+1:12:58.64
20 - M/19	M40/8	HOŁDA, Jerzy	Holdasy	Kraków	4:06:32.33 (07:02min/km)	4:06:37.84	+1:14:17.69
21 - K/2	K30/2	KLAJA, Kasia			4:07:00.06 (07:03min/km)	4:07:06.16	+1:14:46.01
22 - M/20	M50/4	MUSZYŃSKI, Maciej	MM Power Koliber Team	Kraków	4:11:19.85 (07:10min/km)	4:11:28.82	+1:19:08.67
23 - M/21	M40/9	KOWALEWSKI, Bartosz	Alleluja i do przodu	Kraków	4:14:42.36 (07:16min/km)	4:14:49.57	+1:22:29.42

24 - K /3	K40/1	SOWA-LEWANDOWSKA, Katarzyna	UKS Lider Siercza Technikam	Wieliczka	4:16:54.61 (07:20min/km)	4:17:09.18	+1:24:49.03
25 - M /22	M40/10	SALIK, Stanisław		Wieliczka	4:28:39.23 (07:40min/km)	4:28:52.98	+1:36:32.83
26 - M /23	M60/2	KŁEMBUKOWSKI, Piotr	MM Power Koliber Team	Kraków	4:31:32.02 (07:45min/km)	4:31:42.15	+1:39:22.00
27 - M /24	M40/11	BOGUSZ, Bartosz		Kraków	4:33:42.80 (07:49min/km)	4:33:53.29	+1:41:33.14
28 - M /25	M50/5	ŚWIERCZYŃSKI, Tomasz		Kraków	4:42:20.74 (08:04min/km)	4:42:31.70	+1:50:11.55
29 - M /26	M60/3	KAMIŃSKI, Krzysztof			4:43:48.13 (08:06min/km)	4:43:49.78	+1:51:29.63
30 - K /4	K40/2	PRAGNAÇA, Milena	Poranny Patrol	Kraków	4:44:25.41 (08:07min/km)	4:44:32.06	+1:52:11.91
31 - M /27	M40/12	BUŁAWA, Grzegorz		Gliwice	4:51:36.43 (08:19min/km)	4:51:40.80	+1:59:20.65
32 - M /28	M50/6	YAKOVENKO, Andriy	KM Running Club	Kyiv	4:55:48.31 (08:27min/km)	4:55:55.14	+2:03:34.99
	K40	BARAN, Marta	Jura Team	Jerzmanowice	DNF	DNF	